

Topics

l'rampas

SIR Branch 116 Newsletter April 2023

Enhancing the lives of our members through fun activities, luncheons and events while making Friends for Life

Message from Roger

Spring is in the air and I am sure many members are looking forward to returning to our outdoor activities. Paul Russell and Gary Boswell have

convinced me to give bocce a try. My wife's on IR for now so will be going as a single for awhile.

Marty Katz tells me plans are well underway for a Spring Fling and wants us to save the Date of May 2.

Fred Wachowicz has mailed the very important Activity Survey to all members. This is how you have a voice in our branch activities. Please respond as soon as possible.

We are close to achieving 100% of member dues. This is our only definitive way of determining actual membership. Some have confused golf dues with member dues. They are separate entities.

Dennis Snarr is busy working on a new version of Sunshine. It now appears Matt Arena will not be returning and is in an assisted living home with his wife Sarah. Our sincere best wishes to Matt and Sarah.

Dennis hopes to have a Sunshine plan ready to announce by our next luncheon.

We certainly hope nice weather will lead to increased attendance at our luncheons. If you haven't been for awhile please join us.

We miss you.

Roger Craig, Big SIR



Important Upcoming Activities

Spring Fling, May 2 (see page 7)

Dine-O-SIR "Three Brothers from China", April 20 (see page 11)

Carmel Golf Outing, May 17-18 (see page 14)

Next Meeting Apr. 17 @ Boundary Oak, 11:30 AM

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Call 925-322-1318
or email to
luncheon116@gmail.com
by the Monday
prior to the meeting
to cancel your
standing
reservation.

2023 SIR Branch Officers



Big SIR Roger Craig



Little SIR Alan Pope



Treasurer Jeff Johnson



Asst. Treas. Al Satake



Asst. Treas. Charlie Guthrie



Secretary Paul Ramacciotti



Asst. Sec. Greg Hughes



Member.Sec. Phil Goff

2023 SIR Branch Directors



Don Benioff



Gary Bonfiglio

Phil Goff



Kevin Donahue



Darrell McClaughry



Fred Wachowicz



Dave P. Williams

2023 Support Chairmen

RAMP Department Heads

Don Schroeder • Recruitment Mike Ward Activities • Member Relations Michael Barrington • Publicity Paul Russell

Branch Support Chairmen

Audit Committee Ron Armijo Fred Wachowicz Nominating Committee • Sunshine Committee Matt Arena • Computer Support Neil Schmidt/Phil Goff

• Webmaster Neil Schmidt/Phil Goff • Newsletter Editor Neil Schmidt • New Member_Orientation Dave Williams

• Membership Roster Prep

Diversity Support Team

• Team Leader Fred Wachowicz • Team Member Sam Beret • Team Member Terry Sherman • Team Member Al Satake • Team Member Jerry Hicks Team Member Michael Barrington • Team Advisor Lee Moy

Luncheon Support Team

• Attendance Mike Scheneider • Audio Visual Neil Schmidt Terry Sherman • Chaplain Committee • Greeters Committee Ramaciotti, Datzman Raffle Committee Ben Bryce Storytellers Committee Mac McLoughlin/F. Schafer

Speakers Committee

• Team Member James Dawe Team Member Allan Farbman • Team Member Paul Freitas Team Member Alan Pope

2023 Activity Chairmen

2025 Activity Chairmen					
Activity	Chairman	Asst. Chairman			
Amiable Amblers	John Riordan	Joel White			
Bocce	Paul Russell				
Book Group 1	Rich Black	Steve Bort			
Book Group 2	Scott Clark	Alan Pope			
Book Exchange	Dick Kauffman				
Bridge	Jon Dickson	Art Donaldson			
Community Service	Open	TBA			
Dine-O-SIR	Jerry Hicks				
Fishing	Harry Sherinian	Terry Miller			
Golf—18 Hole	Bernie Wroblewski	Jim Johnson			
Golf—9 Hole	Dick Chaffee	D. Mclaughry			
Golf—Treasurer	Alan Pope				
Golf—Carmel	Jim Barstow	Goff, JJ, Harris			
Golf—Clinic	Chris Doan				
Golf-Reno	Open	TBA			
Mexican Train	Richard Madden	Alex Lutkus			
Parties	Open	TBA			
Pickleball	Ed Solomon	Gary Bonfiglio			
Poker	Lou Sandor				
\$ums in Retirement	Dave Sutton, Br.8				
Travel	Open	TBA			
Walking Tours	Greg Hughes	Marty Katz			
Wine-O-SIR	Dave Havlik				

Some Other SIR Area 16 Activities

Apple User Group	Dick Macy (Br.171)	376-1180
Astronomy	Bill Hunter (Br.8)	947-6947
Bowling	Dan Weller (Br. 8)	935-5510
Digital Photo.	Bill Phelon (Br.8)	254-8338
Pocket Pool	Jerry White (Br.8)	944-9068
Tennis	Ralph Thornicraft (174)	376-8140

Monthly Activities Calendar

April 2023

Sun	Monday	Tuesday	Wednesday	Thursday	Friday	Sat
						1
2	3 18-Hole Golf (9:40@ Boundary Oak)	4	9-Hole Golf (10:00@ Pleasanton GC)	6	7 Amiable Amblers (9:00@ TBD) Pickleball (8:00@ WC Tennis, Heather Farms)	8
9	18-Hole Golf (9:40@ Boundary Oak)	Luncheon Bridge (10:30@ The Brass Door, San Ramon)	9-Hole Golf (10:00@ Diablo Hills GC) Mexican Train (10:00@ Church of Christ, WC)	Bocce (10:00@ Clayton Courts)	Amiable Amblers (9:00@ TBD) Pickleball (8:00@ WC Tennis, Heather Farms)	15
Walking Tour 91	SIR Branch 116 Meeting (11:30@ Boundary Oak)	18-Hole Golf (10:00@ Las Positas)	9-Hole Golf (10:00@ Buchanan Fields GC)	Book Group 20 (11:00@ Ygnacio Valley Library) Bocce (10:00@ Clayton Courts) Dine-O-SIR (5:45@ 3 Bros China)	Amiable Amblers (9:00@ TBD) Pickleball (8:00@ WC Tennis, Heather Farms)	22
23	24 18-Hole Golf (10:00@ Diablo Creek) Book Group 1 (10:15@ Orinda Books)	Luncheon Bridge (10:30@ The Brass Door, San Ramon)	9-Hole Golf (10:00@ Dublin Ranch) \$ums Investment (1:30 via Zoom)	27 Fishing Group (8:30@ Diablo Creek GC) Bocce (10:00@ Clayton Courts)	Amiable Amblers (9:00@ TBD) Pickleball (8:00@ WC Tennis, Heather Farms)	29

Branch Administration



Branch Membership

Phil Goff, Membership Chairman

Total Membership is 186

Dan Renke New Member

Sponsor is Jeff Johnson

David R Williams Resigned

Passed away on 3/1/2023

April Birthdays

When you see these members, wish them a Happy Birthday!

1	т 1	D	- 1	
1.	LVI	e B	uc	kert

8. Mac McLoughlin

2. Dick Chaffee

9. Alan Pope

3. Jim Clizbe

10.Dan Renke

4. Denny Giambastiani

11.Bob Romero

5. Bill Hemmelsbach

12.Ben Smith

6. Dave LaDue

13. Marsh Stashyn

7. Richard Madden



Treasury Report

Jeff Johnson, Treasurer

March 20, 2023					
Beg Bal 2023			\$	10,996.81	
Contributions	\$	9,024.48	\$	26,265.15	
Disbursements	\$	(8,670.08	\$	(24,175.38)	
Net (gain/loss)	\$	345.40	\$	2,089.77	
March Cash Balance		\$	13,086.58		

SIR Web Addresses

SIR 116 Web Site

branch116.org

Branch 116 Golf

branch116golf.org

Branch 116 Shopping Cart

sons-in-retirement-las-trampas-br-116.square.site

SIR Happenings State Newsletter sirinc.org/newsletters/



SIR HAPPENINGS

Checkout the new and improved State SIR Happenings Newsletter. With a new editor the newsletter February 2021 has been radically expanded with lots of information about fun things that are going on in our branches.

You can find it at: https://sirinc.org/newsletters

REMINDER

All members have a standing reservation for each luncheon. Call 925-322-1318 or email to luncheon116@gmail.com

by the Monday prior to the meeting to cancel your standing reservation.

Trampas Topics Submissions



We need your contributions and suggestions for Trampas Topics. Please send photos, news items, SIR activities, and Letters to the Editor:

Neil Schmidt, Trampas Topics Editor

trampastopics@gmail.com

April Luncheon Speaker

Speaker for April Meeting

Mike Waufle: "Experiences as an NFL defensive line coach"



Little SIR Report Allan Pope

It was great to see so many members at the March luncheon! Our speaker, Alan Fitzgerald showed pictures, videos, and gave an entertaining presentation about his and Diane's adventure in the Antarctic. A few of us may have been convinced to take a cruise there one day.

Please set aside May 2 for the Spring Fling!

Our April speaker will be Mike Waufle speaking to us about his experiences as an NFL defensive line coach.

Mike was a football coach in the National Football League (NFL) from 1998 to 2017, finishing his career as the defensive line coach of the Buffalo Bills. Over his twenty years of coaching his teams compiled a cumulative win/loss record of 164-155-1.

Speaker Mike Waufle's Bio

Mike Waufle (born June 27, 1954) is a former American football coach who most recently served as the defensive line coach for the Buffalo Bills of the National Football League (NFL).[1] Waufle served as defensive line coach for the Oakland Raiders from 1998 to 2003 and coached in Super Bowl XXXVII after the 2002 season. Waufle coached primarily single gap 4 man defensive lines in 4-3 Defenses. He was the defensive line coach for the New York Giants from 2004 to 2009, and the defensive lines he coached were a strength of the team. He won Super Bowl XLII in 2007; in that game the defensive line's

performance is generally credited with being a decisive factor. The defensive line of the Giants during the Superbowl sacked Tom Brady 5 times, leaving little time for Patriots receivers to get downfield before defensive linemen reached Brady. Holding the Patriots historically high scoring offense to 14 points the Giants defeated the previous undefeated New England Patriots. He returned to the Raiders in 2010 and 2011. From 2012 to 2016, he was the defensive line coach for the St. Louis / Los Angeles Rams under head coach Jeff Fisher. He coached the Buffalo Bills defensive line in 2017. Buffalo returned to the playoffs after 17 years. Waufle retired after the 2017 season.

Monday, April 17th Luncheon Menu Salad

Classic Spinach Salad

Fresh Spinach Leaves, Crumbled Bacon, Blue Cheese Crumbles, Croutons, House Vinaigrette

Entrees

Jerk Chicken

Rice Pilaf, Sautéed Vegetable Medley Orange Glaze &Pineapple Salsa

Or

Blackened Tilapia

Rice Pilaf, Sautéed Vegetable Medley Tomato Paprika Butter Sauce

Vegetarian

Stuffed Manicotti Ricotta Cheese, Squash Tomato Basil Sauce

Dessert

Lemon Coconut Cake



March Speaker Our Own SIR Alan Fitzgerald discussing his Antarctica Expedition

Branch Activities & New Member

Annual Branch Survey is Waiting for Your Response

Our annual Branch Survey is online and ready for you to let us know how our Branch is doing.

So far 57 members have responded and the information provided will help us determine what we can do to better serve our membership.

We just added an additional line in the survey to leave your name if you would like to be contacted about leadership opportunities or concerns that you would like to discuss.

If you have already completed the survey and did not have the opportunity to leave your name just drop us an e-mail at trampastopics@gmail.com and we will get in touch.



Computer Tip for SIR Br. 116 Members

Did you know that our Branch website can provide lots of useful information for members?

Some examples include:

- Next Luncheon Meeting date, time & speaker
- Weblink to our Shopping Cart
- Links to the Golf website
- Our latest (and past) newsletters
- Member photos
- Branch Roster with the latest new members (password protected)
- Etc

The web address for the Branch website is:

www.branch116.org

Make this web address one of your browser "favorites" so you can quickly access all important SIR information

Better yet, add an app accessing all this information to your smartphone screen. Do you know how to do this? Come to our April Luncheon and find out.



New Member Dan Renke (Sponsor Jeff Johnson)



Spring Fling



Singles and Couples Welcome Tuesday May 2, 2023

Social hour at 11:00 Lunch at 11:45 AM



The Clubhouse at Boundary Oak, Walnut Creek

Lunch Menu

Three Bean Salad Garbanzo, Kidney & Green Beans on a bed of Lettuce Julienned Onion, Italian Vinaigrette

Entrée Choices:

Smoked Paprika Chicken Breast

Bone in Chicken Breast, Herb Roasted Potatoes, Sautéed Vegetable Medley Wild Mushroom Sauce

Or

Potato Crusted Cod

Confetti Rice Pilaf, Sautéed Vegetable Medley Lemon Chive Butter Sauce

Vegetarian

Chef's Choice

Dessert:

Tres Leches Cake Whipped Cream

Tea or Coffee served post Lunch

No Host Bar, CC accepted at Bar, Corkage \$15.00

	The Clubhouse at Boundary Oak, Walnut Creek Must be received no later than April 19, 2023
Name:	Entrée:
Name:	Entrée:
	Number of Attendees @ \$52 = \$

Payment by: Branch 116 Shopping Cart- https://sons-in-retirement-las-trampas-br-116.square.site/ or Check to SIR Branch 116, c/o Alan Fitzgerald, 1805 Wales Dr. Walnut Creek, 94595

Additional Information call Marty Katz @ 925-484-0122



Fishing Harry Sherinian

SIR members and guests are welcome, and indeed encouraged, to participate in fishing trips as well as attend the monthly meetings. Contacts are Big Fish, Bob Lively 925-383-5193 and Harry Sherinian, Branch 116 Fishing Coordinator, 925-846-7067. Next meeting will be at the Legends restaurant at the Diablo Creek golf course on Port Chicago Highway and Highway 4 on Thursday, **April 27th** at 8:30am. Come early.

Oh lord, didn't it rain!!! And then the wind blew. Fishing was very limited, but Stan Wong, Bob Lively, Mike Corker, Mike Browne, Brion Beetz, and

Carl Moyer caught trout at Contra Loma Reservoir. Mike Corker added a catfish to the catch. He and Tom Kostik caught a few stripers in the delta. Some of us tried for halibut, Ron Lew caught one. After the 15th party boats have been getting a halibut a rod in the bay. With our salmon season cancelled altogether, and rockfish delayed till summer, our spring is very limited. The good news is that the reservoirs will be full and there will be lots of water in the rivers and streams. The one thing about fishermen is that they think positive when it comes to fishing.



Bocce Paul Russell

Our season will kick off this year on April 13th (assuming all goes well), and will wrap up on Oct 26th. We'll play Bocce every other Thursday beginning no later than 10:00am and finish no later than Noon.

The courts we'll be playing on are the Clayton Bocce Ball courts which are located at the corner of Main St. and Oak St. in downtown Clayton next to Skippolinis pizza parlor. There is plenty of parking either across the street or in front of Skippolinis Pizza.

If those lots are full, you can go around behind Skippolinis and there is parking in the back next to Subway. Anyone interested in thinking about playing this year can contact me at peruz@att.net or call me at (925) 207-0784. This is an activity that includes both men and women, so your spouse or significant other is always welcome.



Sunshine Matt Arena

The Sunshine report has been temporarily suspended because Matt is on his own Sunshine list. Everyone is wishing him a speedy recovery.



Book Exchange
Dick Kauffman

The Book Exchange is thriving. Many books are coming in and many books are going out. For those of you not familiar with the Book Exchange, we provide a free exchange of books with no paperwork and no hassle. Bring a book and take a book or take a book and bring a book to the next luncheon. That's it!

In Memoriam

Dave R. Williams

November 9, 1949—March 1, 2023



Book Group 1 Rich Black

Book Group #1 will discuss the following books at Orinda Books at 10.15 on the following dates

- Monday, April 24..." Apeirogon" by Colum McCann
- Monday, May 22..." The Extraordinary Life of Sam Hall" by Robert Dugoni
- Monday, June 26..." Sapiens" by Yuval Harari

Book Group #1 met on Monday, March 27 at Orinda Books to discuss "The World Played Chess" by Robert Dugoni. The book combines the battle journal of a Marine in Viet Nam, a coming of age story of a young man in Burlingame eleven years later and the fatherhood issues of the same man with his teen age son in 2016. And so Group 1 talked of our Viet Nam experience, our own late adolescence and the fatherhood journey. In the end we had a lot of praise for Dugoni's skill as a novelist and awarded the book 4.1 stars.

We read the book because Book Group #2 rated it highly. Richard Black led the discussion with Nick Bowles, Jim Flessner, Garret Girvan, Dick Kauffman, Mac McLaughlin, Todd Berman, Steve Bort, Mike Schneider, Tim Tinnes, Richard White, Paul Freitas, Larry Setren, Art Donaldson, and John Riordan.

The group gave each member Monday morning staff at Orinda Books a Starbucks card and a box of cookies for hosting us so graciously.

New members are always welcome. It's a discussion, not a class. If possible, contact Rich Black at Blackrw41@comcast net ahead of time.



Book Group 1 at their March Meeting



Bridge Jon Dickson

As Covid-19 fades into the past, our number of players is increasing. I encourage all members of SIR's, and even those not officially members, to join us for a bridge session. Play is relaxed, fun, and a chance to chat with other SIR's..

Play is on every 2nd and 4th Tuesday of the month. It is LUNCH & BRIDGE at The Brass Door restaurant in San Ramon. Join us at 10:30 AM for bridge. Contact Jon Dickson for more information.



Dine-O-SIR Jerry Hicks



Three Brothers from China

Brothers arrived from Hong Kong in 1992 and began tasty and popular Chinese cuisine. Ivan Li has developed delicious banquet menu in their private banquet room with round family table for ten. On Thursday, April 20th, we will begin with social adjustment and conversations at 5:45 PM, dining

served at 6:30 with the starter of War Wonton soup.

Look at the flyer included for the information and menu for \$40 per/person inclusive (page 11). Then send ASAP for your reservation and payment by check or by our "shopping cart". We're looking for sixty hungry diners for another great evening. Bring guests who desire to join other fun activities and with Dine-O-SIR.

Your Committee brought 2023 with enjoyable dining presentations: January at Lone Tree Brunch, February Maguey Mexican Dinner, and now Three Brothers by: Jerry Hicks, Bob Donohue, Tom Eller, Larry Heaton, Mike Yale.

Senior Jokes

An old man shuffled slowly into an ice cream parlor and pulled himself gently, painfully, up onto a stool... After catching his breath, he ordered a banana split. The waitress asked kindly, 'Crushed nuts?' 'No,' he replied, 'Arthritis.'

You know you're getting old when the candles cost more than the cake. – Bob Hope

A woman on the phone to her friend: "I feel like my body has gotten totally out of shape, so I got my doctor's permission to join a fitness club and start exercising.... I decided to take an aerobics class for seniors. I bent, twisted, gyrated, jumped up and down, and perspired for an hour. But, by the time I got my leotards on, the class was over."

The good thing about having a bad memory is that jokes can be funny more than once.

You know you're getting old when the rocking chair feels like a roller coaster.

Older people shouldn't eat healthy food. They need all the preservatives they can get.

What is grandpa's bedtime?

One hour after falling asleep on his rocking chair.

"By the time a man is wise enough to watch his step, he's too old to go anywhere." – Billy Crystal

Dine-O-SIR

Branch 116 April, 2023, Event enjoy together at



Three Brothers from China

2001 Contra Costa Boulevard, Pleasant Hill

Cost \$40.00 per person inclusive

<u>Thursday, April 20, 2023</u>. Social Hour at <u>5:45</u>, Dinner at <u>6:30</u> PM Special price Red and White Wines, Beers, and Beverages; Corkage \$15

Dinner Menu

Starter: Wor Wonton Soup Tables (for 10) Banquet: Honey Walnut Prawns *Kung Pao Chicken *Szechuan Beef Sweet and sour Pork Chow Mein Beef Fried Rice Vegetable

Parking: Adequate shopping center parking

Payment by: Branch 116 Shopping Cart- SIR Branch 116 ShoppingCart (square.site), or Check to SIR Branch 116 Dining, c/o 74 Amberwood Lane, Walnut Creek, CA 94598 Call Jerry if you have questions at 925-360-0447 or jerryhicks@astound.net



Walking Tours Greg Hughes

On April 16, 2023, the WalkingTour group will visit the Frank Lloyd Wright Buehler Estate in Orinda. Specifically, we will visit the site on SUNDAY, April 16 at 1:00. The cost is \$25 PER PERSON.

Here is a link to their website, <u>//www.</u> thebuehlerestate.com/.

After the Buehler Estate the group will go to the Saint Mary's College Museum. The museum is staging a traveling exhibit of 31 graphic prints created by renowned American artist Jacob Lawrence (1917-

2000). There is no entrance fee for this exhibit, but they will probably have a voluntary collection jar. Here is their website. //www.stmarys-ca.edu/museum-art/exhibitions

After Saint Mary's the group will meet for cocktails at the Fourth Bore, Orinda.

If you want to participate please let me know by Sunday, April 9.

Many thanks, Greg (925) 998-5650



















Wright Buehler Estate in Orinda (April 16th Walking Tour)



Wine-O-SIR Dave Havlik

Mike and Sharon Schneider hosted the WINE-O-SIRS in March at Lou and Carole Meylan's home. The group was treated to a tour of New Zealand Sauvignon Blanc and Pinot Noir wines, along with stories of Mike and Sharon's recent trip there.

The next WINE-O-SIRS event will be on May 25th at Jon Dickson's home.





March Wine-O-SIR Hosts Mike & Sharon Schneider at Lou & Carole Meylan's House



Book Group 2 Scott Clark

Book Club 2 members met March 16 to discuss Damascus Station by David McCloskey. Ten members where in attendance. We rated the book 3 out 5.

Damascus Station is a spy thriller written by a ex-CIA employee that takes place in Syria. After the disappearance and murder of an American spy, CIA case officer Sam travels to Paris to recruit a Syrian woman, Miriam, who knows the ins and outs of the Syrian Palace. She agrees to work for America and he teaches her the trade. They develop a strong connection and become romantically involved. Thus the story follows the American attempt to find the Syria responsible for an American agent's murder and the forbidden relationship between Sam and Miriam.

What most of us liked about this book is the author's detailed explanation re the art of spying and how it is conducted, the ins and outs so to speak. What we did not like about the book was the confusing amount of characters and some very poor and inconsistent editing.

The next meeting of Book Club 2 will be **Thursday**, **April 20** at the Ygnacio Valley Library, time to be determined. We will discuss Horse by Geraldine Brooks. All are invited to attend. Contact Scott Clark for information, 925-998-4553.



Golf Clinic Chris Doan

The SIR Golf Clinic is quite fortunate to have a very good, dedicated pro (Pete Asselin) who teaches at Diablo Creek Golf Course. The clinic is offered on Saturdays only due to Pete's schedule constraints. One hour group sessions are offered for \$30. Spouses are welcomed to participate in the Clinic offerings.

Please take a moment to email me (cdoan99@gmail. com) if you are interested in taking advantage of future offerings. In addition, please let me know what aspects of the game you are interested in. Our

approach to date has focused on tuning golf skills, for both the physical and mental sides of the game.

Your input will help us shape the next series ... if we don't have sufficient interest, however, we will take a long break and reassess next year.

With sufficient support, we will plan to start the next Clinic series in June.

FORE!

\$ums InvestmentDave Sutton (Br. 8)

We will again join Branch 128's (San Ramon) Investment Group Zoom meeting on Wed April 26 at 1:30 PM. The topic will be Banks. Email Dave Sutton at Branch 8 to be included (mailto: davesutn@comcast.net).

2023 Carmel/Monterey Golf Outing

May 17 & 18, 2023

Two Fantastic Golf Courses

Poppy Hills (May 17) - \$125/golfer Pacific Grove (May 18) - \$79/golfer

Convenient Hotel

Hilton Embassy Suites (1441 Canyon Del Rey, Seaside, CA)

\$189/room plus tax (Includes free parking, "destination" fee, breakfast & cocktail hour) Make your own reservations:



Phone: 1-800-362-2779, reference Group Code: "SIR Branch 116" or online at www.embassymonterey.com. After entering room dates, select "special rate", under group code enter "SIR" Informal Daytime Activity for Non-Golfer Women on May 17th

Banquet Dinner

May 17 - \$75/person

Garden Salad

Vegetables & Roasted Garlic Whipped Potatoes)

Grilled Vegetable Tower

(Crispy Risotto Cake Layered with Sautéed Spinach & Roasted Portobello Mushroom, with Tomato Coulis Chef's Choice of Vegetables)

Dessert

(New York Cheese Cake)

Prize Money - \$10/golfer

*** Maximum of 24 golfers so sign-up early ***

(Organic Greens, Cucumbers, Julienned Carrots & Tomatoes with Garlic Croutons) Choice of: Grilled Chicken Breast (Grilled Chicken Breast with Artichoke Mushroom Sauce & Seasonal Vegetables ad Roasted Garlic Whipped Potatoes) Grilled Tri-Tip (Finished with Peppercorn Brandy Demi Glaze & Seasonal



		•	0 1 ,
	2023 Ca i (Must be r	rmel/Montere received no later th	y Golf Outing nan April 16, 2023)
Name:		Entree:	(Chicken, Beef or Vegetaria
Name:		Entree:	
	Number of golfers:	X \$289	=
	Number of non-golfers:	X \$75	=
	Total:		=

Payment by Branch 116 Shopping Cart or via check to "SIR Branch 116 Golf", c/o Phil Goff, 2081 Pebble Dr. in Alamo, 94507



Amiable Amblers John Riordan

March walkers included new Amblers Todd Berman, Terry Fleming, and Dave LaDue, plus Richard & Donna Black, Steve Bort, Art and Mary Alice Donaldson, Al & Nancy Farbman, Dick Frankel, Paul & Anna Freitas, David & Colleen Geary, Dan Green, Essie Naddaf, and John & Gail Riordan. On March 3 we walked around the Lafayette reservoir, with a post-walk gathering at Tutu's. The March 10 walk was rained out, but we gathered nevertheless at the Black Bear Diner in Walnut Creek. Art Donaldson led the March 17 walk on the Iron Horse Trail from the Railroad Museum, with a post-walk gathering at Crumbs. On March 24 we walked along the Ygnacio Canal Trail from San Miguel Park, with a post-walk gathering at Panera Bread. Details of the March 31 walk will be reported next month.

I will be out of town most Fridays in April and need volunteers to lead the walks. The walks will start at 9:00AM, but details are TBD by the leaders. Trail and post-walk details will be communicated by email to those on the Amiable Amblers list.

These walks are for individuals or couples, as spouses and significant others are encouraged to participate. The significant other/spouse is also invited to participate even when the member is unable to. SIR members, including those from other branches, wishing to join this mellow group or to be added to the email contact list should contact me at jriordan730@gmail.com or 925-284-3394. contact me if you wish to be removed from the list for future emails.



Mexican Train Dominos Richard Madden

Mexican Train" is a domino game which uses a set of Double Twelve Dominoes. From 2 to 8 can play. Each player draws 11 to 15 dominoes. The number of dominoes each player draws depends on the number of players. The object of the game is to play all your dominoes. When you draw your hand, you set it up so that the adjacent dominoes match. During the play of a round there are things that can derail your train so that you cannot play. This can make the game very interesting and a lot of FUN!

We normally meet at 10:00 AM on the second Wednesday of each month at the Church of Christ located at 500 Minert Road, Walnut Creek.

We have several members traveling during the first several months of 2023 so we might meet in April. It is planned to have our April Meeting at Gary Bonfiglio at 660 Quail Crest Drive, Walnut Creek at 10:00 AM **Wednesday**, **April 12th**. If you are not on our email list and would like to keep up with the latest let me know.

Please email me and if you would like to talk and I can give you a call. A notice will be sent out when the May plan is determined. Let me know if you would like to be put on our list.

can contract Richard Madden, maddenram@sbcglobal.net or 925.788.4223

Golf "Pay in Advance" Change

Beginning in April, we will no longer pay in advance Moving forward, our Branch 116 Golf web site will be by credit card for "away" golf outings. Rather, updated beginning in April to no longer offer the pay payment for "away" outings will be made at the by credit card or check options for "away" course on the day of the event, just like we do at tournaments. Signing up for "away" tournaments will Boundary Oak. The last "Pay in Advance" event will still be available through our web page, but only by be at Paradise Valley on March 27.

filling in the "Pay at the Course" box.



SIR Golf Bernie Wroblewski, Golf Chairman

The Golf Website is: branch116golf.org
Please bookmark it in your "Favorites" list of websites to access information on the following:

- Annual Golf Schedule: Dates, times, and courses as well as detailed information on costs, payment information, deadlines, and special event facts.
- <u>18-Hole Pairings:</u> Shows captains, teams, starting times & handicaps for next event.

- <u>18-Hole Leaders and Results:</u> Shows results from recent events and leaders in each group.
- <u>Paid-In-Advance Sign-Ups:</u> Shows checks that have been received for the next 3-4 pre-paid outings.

Boundary Oak Sign-Ups: Shows who has signed-up for the next two Boundary Oak sessions.

Pace of Play Reminder

We have recently added several new members to our golfing activity. Some are new to the game. Some are already aware of the importance of "pace of play". Our golf web page will soon be listing several items as reminders to enhance the pace of play...

APRIL'S READY GOLF TIP

The golfer farthest from the green normally would be the first to hit. However, if the golfer farthest from the green is not ready to hit, and another golfer, not in the line of that farthest golfer, is ready. The ready golfer should hit first. It may not appear so, but over an eighteen hole round, following this procedure can save several minutes.

April 9-Hole Schedule

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Date	Time	Location	Organizer	
Wed. 05	10:00 AM	Pleasanton GC	Marty Katz	
Wed. 12	10:00 AM	Diablo Hills	D.McClaughry	
Wed. 19	10:00 AM	Buchanan Fields	Dick Chaffee	
Wed. 26	10:00 AM	Dublin Ranch	Marty Katz	

April 18-Hole Schedule

Date	Time	Location	Organizer
Mon. 03	9:40 AM	Boundary Oak	Neil Schmidt
Mon. 10	9:40 AM	Boundary Oak	Neil Schmidt
Tue. 18	10:00 AM	Las Positas	Jim Johnson
Mon. 24	10:00 AM	Diablo Creek	Jim Johnson

18-Hole Golf Paid In Advance Deadlines

Event Date	Location	Deadline	Amount
Monday, Apr. 18	Las Positas	Apr. 11	\$53
Monday, Apr. 24	Diablo Creek	Apr. 17	\$46
May 17-18	Carmel Golf Outing	Apr. 16	\$289

Sign-up for Golf via Branch 116 Shopping Cart System at: sons-in-retirement-las-trampas-br-116.square.site