

Topica

# SIR Branch 116

#### Newsletter October 2022

Enhancing the lives of our members through fun activities, luncheons and events while making Friends for Life

#### **Message from Fred**

**The Party is on!** It's our annual **Holiday Party** including spouses & partners on DEC 14<sup>th</sup>. Check out the flyer on page 8 in this newsletter with all

the details and get your reservation in early. We have capacity for 200 with only 8 per table. Great entertainment is on tap for a wonderful holiday evening.

The Dine-O-SIR are holding another grand dinner event on October 27th at La Fontaine in Walnut Creek. The meal includes both Italian and French selections with a touch of Mediterranean and Asian flare. Reserve now for this one has limited seating available.

Our BEC took a look at offering various vaccine inoculations at our October luncheon; however, we concluded that most of our members have already received their vaccinations of interest and that the logistics of setting up the service would take over 3 hours to administer the effort so we decided not to move forward with the option. A special thanks to Alan Pope for assembling the information to consider this option.

On an administrative matter please don't forget that we are obligated to cover the cost of lunch for late cancellations after Thursday (at 10:00 am) prior to the Monday Luncheon because after that time we are obligated to cover the cost of lunch for the number of attendees that we have submitted in the final count to Boundary.

To cancel, use the telephone luncheon hotline number (925-322-1318) or via the luncheon e-mail address is <a href="mailto:luncheon116@gmail.com">luncheon116@gmail.com</a>

The covid story continues to improve as reported cases continue to drop and Contra Costa County has taken steps to reduce various testing guidelines established in the past. Additionally, our State SIR Organization has now retired the SIR State Protocol requiring both waivers and proof of vaccination effective 22 August.

Our membership is currently at 183 which means that we have lost 22 members since the onset of covid. Don't forget to invite your friends and colleagues who may be interested in SIR membership to a future luncheon. We are reviewing other possible steps that we can take to increase our membership.

See you on Oct 17th if not before at one of our activities.

Fred Wachowicz, Big SIR

Next Meeting Oct. 17 @ Boundary Oak, 11:30 AM

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Call 925-322-1318
or email to
luncheon116@gmail.com
by the Monday
prior to the meeting
to cancel your
standing
reservation.

#### 2022 SIR Branch 116 Officers



**Big SIR** Fred Wachowicz



Little SIR Roger Craig



Treasurer Alan **Fitzgerald** 



Asst.Treas. Al Satake



Secretary Paul Ramacciotti



Asst. Sec. Alan Pope



Member.Sec. Phil Goff

#### **Branch 116 Directors**



Don Benioff



Sam Beret



Kevin Donahue



A1 Farbman



Darrell McClaughry



Dave Williams

#### 2022 Support Chairmen

#### **RAMP Department Heads:**

Don Schroeder • Recruitment Activities Mike Ward • Member Relations David C. Harris • Publicity Allan Farbman

**Branch Support Chairmen:** • Audit Committee Ron Armijo Nominating Committee Michael Barrington Sunshine Committee Matt Arena Computer Support Neil Schmidt/Phil Goff Webmaster Neil Schmidt/Phil Goff • Newsletter Editor Neil Schmidt Dave Williams • New Member Orientation • Membership Roster Prep Phil Goff • Compliance Officer (COVID) Kevin Donahue

#### **Diversity Support Team**

• Team Leader Fred Wachowicz Team Member Sam Beret Team Member Terry Sherman Team Member Al Satake Team Member Jerry Hicks Team Member Michael Barrington Team Advisor Lee Moy

#### **Luncheon Support Team:**

• Attendance Mike Scheneider • Audio Visual Neil Schmidt Chaplain Committee Terry Sherman Greeters Committee Ramaciotti, Grummitt Raffle Committee Ben Bryce Storytellers Committee Mac McLoughlin/F. Schafer **Speakers Committee** 

**James Dawe** • Team Member Team Member Allan Farbman Team Member Paul Freitas • Team Member Roger Craig

#### 2022 Activity Chairmen

| <u></u>                                  |                   | <u>-</u>          |
|--|-------------------|-------------------|
| Activity                                 | Chairman          | Asst. Chairman    |
| <ul> <li>Amiable Amblers</li> </ul>      | John Riordan      | Joel White        |
| <ul> <li>Bocce</li> </ul>                | Paul Russell      | Bob Huck          |
| <ul> <li>Book Group 1</li> </ul>         | Rich Black        | Steve Bort        |
| <ul> <li>Book Group 2</li> </ul>         | Scott Clark       | Alan Pope         |
| <ul> <li>Book Exchange</li> </ul>        | John Fraser       | Dick Kauffma      |
| • Bridge                                 | Jon Dickson       | Art Donaldson     |
| <ul> <li>Community Service</li> </ul>    | Jeff Johnson      |                   |
| <ul> <li>Computer &amp; Tech.</li> </ul> | Neil Schmidt      | Phil Goff         |
| <ul> <li>Dine-O-SIR</li> </ul>           | Alex Lutkus       | Marty Katz        |
| <ul> <li>Duplicate Bridge</li> </ul>     | Conrad Robertson  | Tom Henry         |
| <ul> <li>Fishing</li> </ul>              | Harry Sherinian   | Terry Miller      |
| <ul> <li>Golf−18 Hole</li> </ul>         | Bernie Wroblewski | Jim Johnson       |
| <ul> <li>Golf—9 Hole</li> </ul>          | Dick Chaffee      | D. Mclaughry      |
| <ul> <li>Golf—Treasurer</li> </ul>       | Alan Pope         |                   |
| <ul> <li>Golf—Carmel</li> </ul>          | Jim Barstow       | JJ, Harris, Eller |
| <ul> <li>Golf—Clinic</li> </ul>          | Chris Doan        | Jeff Johnson      |
| <ul> <li>Mexican Train</li> </ul>        | Richard Madden    | Alex Lutkus       |
| <ul> <li>Parties</li> </ul>              | Marty Katz        |                   |
| <ul> <li>Pickleball</li> </ul>           | Ed Solomon        | Gary Bonfiglio    |
| <ul> <li>Poker</li> </ul>                | Lou Sandor        |                   |
| <ul> <li>\$ums in Retirement</li> </ul>  | Ben Smith         |                   |
| <ul> <li>Travel</li> </ul>               | Jeff Johnson      |                   |
| <ul> <li>Wine-O-SIR</li> </ul>           | Lou Meylan        |                   |
| <ul> <li>Walking Tours</li> </ul>        | Greg Hughes       | Mike Schneider    |
|  |                   | Mike Schneider    |

#### Some Other SIR Area 16 Activities

| Apple Hear Cross Diels Magy (Pr. 171)  | 76-1180 |
|--|---------|
| Apple User Group Dick Macy (Br.171) 32 | 70-1100 |
| Astronomy Bill Hunter (Br.8) 94        | 47-6947 |
| Bowling Dan Weller (Br. 8) 93          | 35-5510 |
| Digital Photo. Bill Phelon (Br.8)      | 54-8338 |
| Pocket Pool Jerry White (Br.8) 94      | 44-9068 |
| Tennis Ralph Thornicraft (174) 35      | 76-8140 |

## **Monthly Activities Calendar**

#### October 2022

| Sun. | Monday   | Tuesday  | Wednesday  | Thursday  | Friday   | Sat. |
|------|--|--|--|---|--|------|
|      |  |  |  |   |  | 1    |
| 2    | 18-Hole Golf<br>(9:40@ Boundary Oak GC )<br>Book Group 1<br>10:15@ Orinda Books  | 4  | 5<br>9-Hole Golf<br>(10:00@ Pleasanton GC)   | 6   | 7 Amiable Ambers (9:00@ Martinez Bocce Courts) Pickleball (8:00@ WC Tennis, Heather Farms) | 8    |
| 9    | 18-Hole Golf<br>(9:40@ Boundary Oak GC)  | Luncheon Bridge (10:30@ The Brass Door, San Ramon) | 9-Hole Golf<br>(10:00@ Diablo Hills GC)<br>Mexican Train<br>(10:00@ Church of Christ,<br>WC) | Bocce (10:00@ Clayton Courts)   | Amiable Ambers (9:00@ To be determined) Pickleball (8:00@ WC Tennis, Heather Farms)        | 15   |
| 16   | SIR Br. 116 Meeting (11:30@ Boundary Oak)  | 18-Hole Golf<br>(10:50@ Poppy Ridge GC)            | 9-Hole Golf<br>(10:00@ Buchanan Fields)  | Book Group 2 (11:00@ Arbolado Park)   | Amiable Ambers (9:00@ Olympic Blvd. Staging) Pickleball (8:00@ WC Tennis, Heather Farms)   | 22   |
| 23   | 18-Hole Golf<br>(10:00@ Diablo Creek GC)   | Luncheon Bridge (10:30@ The Brass Door, San Ramon) | 9-Hole Golf (10:00@ Dublin Ranch GC) \$ums Investment (1:30 via Zoom)                        | Dine-O-SIR (6:00@ La Fontaine, WC) Fishing Group (8:30@ via Zoom) Bocce (10:00@ Clayton Courts) | Amiable Ambers (9:00@ Lafayette Reservoir) Pickleball (8:00@ WC Tennis, Heather Farms)     | 29   |
| 30   | 18-Hole Golf<br>(10:03@ Chardonnay GC)<br>Book Group 1<br>(10:15@ Oridnda Books) |  |  |   |  |      |



#### **Branch Administration**



#### **Branch Membership**

Phil Goff, Membership Chairman

#### Total Current Membership: 183

| <ul> <li>Doug Waterman</li> </ul> | Resigned |
|-----------------------------------|----------|
| <ul> <li>Jim Dugan</li> </ul>     | Resigned |
| <ul> <li>Tom King</li> </ul>      | Resigned |
| <ul> <li>Lonny Randall</li> </ul> | Resigned |
| <ul> <li>Don Murray</li> </ul>    | Resigned |
| <ul> <li>Jeff Smith</li> </ul>    | Resigned |
| <ul> <li>Frank Crua</li> </ul>    | Resigned |
| <ul> <li>Andy Myhr</li> </ul>     | Resigned |
| <ul> <li>Curtis Trenor</li> </ul> | Resigned |
|                                   |          |



#### **Treasury Report**

Alan Fitzgerald, Treasurer

| September 27, 2002 |    |            |    |             |
|--------------------|----|------------|----|-------------|
|                    |    |            |    | 2022 YTD    |
| Contributions      | \$ | 3,259.00   | \$ | 62,745.98   |
| Disbursements      | \$ | (3,866.00) | \$ | (62,173.79) |
| Net (gain/(loss))  | \$ | (607.00)   | \$ | 572.19      |
|                    |    |            |    |             |
| July Cash Balance  |    |            | \$ | 10,381.16   |
| Outstanding Checks |    |            | \$ | 0.00        |
| Bank Acct Balance  |    |            | \$ | 10,381.16   |

#### **October Birthdays**

When you see these members, wish them a Happy Birthday!

|    | тарру т              | muiday:            |
|----|----------------------|--------------------|
| 1. | Urs Christen         | 10. Carl Langhorst |
| 2. | Jerry Christopherson | 11. Dan Lawrence   |
| 3. | Scott Clark          | 12. Don Marini     |
| 4. | Wayne Cook           | 13. Don Nix        |
| 5. | Jed Daniel           | 14. Frank Portillo |
| 6. | Bill Foulds          | 15. Al Satake      |
| 7. | John Fraser          | 16. Dick Thomson   |
| 8. | Dave Heck            | 17. Jerry Zampino  |
| 9. | Marty Katz           |                    |

#### **SIR Web Addresses**

SIR 116 Web Site branch116.org

Branch 116 Golf branch116golf.org

**Branch 116 Shopping Cart** 

sons-in-retirement-las-trampas-br-116.square.site

Area 16 Computer and Technology

sirinc2.org/a16cat/

SIR Happenings State Newsletter <a href="mailto:sirinc.org/newsletters/">sirinc.org/newsletters/</a>

#### **Trampas Topics Submissions**



We need your contributions and suggestions for Trampas Topics. Please send photos, news items, SIR activities, and Letters to the Editor:

Neil Schmidt, Trampas Topics Editor <a href="mailto:trampastopics@gmail.com">trampastopics@gmail.com</a>



### **September Luncheon Meeting**

#### **Speaker for October Meeting**

#### Author Steven Burchik and Photographs of "A Year in Vietnam"

Vietnam veteran, Steven Burchik, served as a sergeant in the role of a forward observer with a mortar platoon as part of the Army's1st Infantry Division from June 68 to June 69. While deployed he brought his personal camera to record their daily



activities. He sent more than 4,000 photographs home to his wife.

The photos were stored in a closet until he was asked to share some of them with a high school English class. This led to many more requests and eventually he authored a book, "Compass and a Camera, A year in Vietnam", which won a Silver Medal at the INDEPENDENT PUBLISHER AWARDS in New York in 2015. His latest book, "Focus on Vietnam", was launched on Veterans Day 2016.

His talk will include a slide presentation of some of his most memorable photos.

#### **Luncheon Menu**

Monday, October 17, 2022

#### <u>Salad</u> GORGONZOLA SALAD

Baby Field Greens, Julienned Pears, Blue Cheese, Candied Nuts, Champagne Vinaigrette

#### Entrées

#### **BBQ BEEF BRISKET**

Slow Braised Beef, Garlic Mashed Potatoes, Seasonal Vegetables, Barbecue Sauce

Or

#### SESAME CRUSTED PACIFIC DORY

Confetti Rice Pilaf, Seasonal Vegetables, Tomato Butter Sauce

Or

**VEGETARIAN OPTION** 

Dessert
BAILEYS IRISH CREAM CAKE
Whipped Cream



September Luncheon Speaker our own Dr. Paul Freitas speaking about seaborn adventures & expeditions in the Arctic & Antarctica

#### **REMINDER**

All members have a standing reservation for each luncheon. Call 925-322-1318 or email to luncheon116@gmail.com by the Monday prior to the meeting to cancel your standing reservation.



#### **Dine-O-SIR**

**Alex Lutkus** 

The Dine-O-Sir Committee has ended the 2022 year of dining events on a very high note with the engagement of the La Fontaine restaurant in Walnut Creek on Thursday, October 27. Three delicious options are offered for your selection of an entree. The affair begins at 6 pm for the social hour and the sit down dinner will commence at 7 pm.

Tables of 6 or 8 persons will allow the maximum of 70 attendees to comfortably participate. Make your reservations quickly to avoid the waiting list. Details and sign-up information are contained in the flyer shown on the following page 7.

# How to Order Two Different Meals Choices with our Shopping Cart System

- Launch Shopping Cart System via button on Branch website home page (branch116.org)
- 2. Select 1st meal from "Meal Choice" dropdown and hit "Attend" button to save selection into your shopping cart
- 3. Select 2nd meal from "Meal Choice" dropdown and hit "Attend" button to save this selection into your shopping cart
- 4. Select Shopping Cart icon on top right of screen to checkout

Note: Also see the guide on our website via "Member Info" —> "Meal Choices" tab/button



Tasty chicken entrée at September Luncheon (New Chef = Excellent food)



#### SIR HAPPENINGS

Checkout the new and improved State SIR Happenings Newsletter. With a new editor the newsletter February 2021 has been radically expanded with lots of information about fun things that are going on in our branches.

You can find it at: <a href="https://sirinc.org/newsletters">https://sirinc.org/newsletters</a>

#### **\$ums Investment**

Dave Sutton (Br. 8)

We will again join Branch 128's (San Ramon) Investment Group Zoom meeting on **Wed October 26** at 1:30 PM.

Topic to be announced.

Email Dave Sutton at <u>davesutn@comcast.net</u> to be included.

#### **Dine-O-SIR**

Branch 116 October Event to enjoy together at

# La Fontaine

1375 North Broadway, Walnut Creek

Cost \$50 per person inclusive

Thursday, October 27. Social hour at 6:00. Dinner at 7:00 PM Special price Red and White Wines and Cocktails; Corkage \$20

#### **Dinner Menu**

Salad: Spring Mix Salad

**Entrée Choices:** 

Mushroom Truffle Ravioli Almond Crusted Sole Pork Tenderloin Filet

Dessert: Profiterol
Tea or Coffee served post dinner

Parking: Broadway Parking Garage across street; private Duncan Street Garage higher cost

#### La Fontaine in Walnut Creek, October 27, 2022

Must be received no later than October 19, 2022

| Name: | Entrée:                          |  |  |
|-------|----------------------------------|--|--|
| Name: | Entrée:                          |  |  |
|       | Number f Attendees @ \$50.00: \$ |  |  |

Payment by: **Branch 116 Shopping Cart**- **Shopping Cart** 

or

Send check to **SIR Branch 116 Dining**, c/o 74 Amberwood Lane, Walnut Creek, CA 94598 Call Jerry if you have questions at 925-360-0447 or jerryhicks@astound.net



#### SIR Branch 116 Wednesday, December 14th



# Holiday Party

#### Boundary Oak, 3800 Valley Vista Rd, Walnut Creek

No host bar Social Hour will start at 5:30 PM and Dinner will be served at 6:30 PM House red/white wine @ \$5/glass or \$20/bottle; bar well drinks @ \$5.00, corkage \$15 Entertainment by Tony de Grassi followed by DJ for dancing (7:30 pm to 10:00 pm)

Cost, just \$60.00 per person, tax, tip, and raffle ticket included, sign up early as maximum seats at 200

(Golf cart pick up provided from/to parking lots)

#### Dinner Menu

|                            | Diffici Wella   |
|----------------------------|---|
| Sunburst Salad: with       | kes, Spring Rolls, and Citrus Marinated Prawns with mango and chili glaze h baby greens, seasonal berries, oranges, gorgonzola cheese & poppy seed dressing 1. Seared Marinated Bistro Fillet with caramelized shallot au jus |
|                            | 2. Herb & Potato Crusted Chicken Breast   |
| <b>Dessert:</b> Tiramisu ( | 3. Butter Nut Squash Ravioli with Brown Butter & Sun Dried Cranberries<br>Served with coffee, decaf or tea)   |
| (cut)                      | (cut  |
|                            | Reservation (Deadline December 1st)   |
| NAME:                      |   |
| Entrée Selection:          | Steak Chicken Vegetarian  |
| NAME:                      | <del></del>   |
| Entrée Selection:          | Steak Chicken Vegetarian  |
| E-Mail                     | No. Attending: x \$60 = \$  |
|                            | Branch 116 Shopping Cart System (use "Shopping Cart" button on our Branch website or, pay by check, (make check to: SIR Branch 116 and mail your reservation/check to:  |

at <u>branch116.org</u>) or, pay by check, (make check to: SIR Branch 116 and mail your reservation/check to: David LaDue, 4399 N. Sugar Maple Ct., Concord, CA 94521) Call or e-mail David if you have questions.

925-915-0964 <u>alpine49er@gmail.com</u>

**Process:** Sign in at registration table and pick up envelope with name tag, table tags, dinner selection, and raffle tickets. For table selection arrive early and place table tags provided at desired table.

#### **Branch Administration**



#### **Member Relations**

**David Harris** 

#### **SIR September Anniversaries**

We recognize the members of SIR Branch 116 each month who have an anniversary with SIR.

| <u>Name</u>   | Years with SIR | Date Joined SIR |
|---------------|----------------|-----------------|
| Urs Christen  | 28             | 10/09/1994      |
| Al Hutchko    | 25             | 10/20/1997      |
| Tim Hubbard   | 24             | 10/19/1998      |
| Allen Leschot | 24             | 10/19/1998      |
| Jed Daniel    | 22             | 10/16/2000      |

| Bill Hemmelsbach   | 21 | 10/15/2001 |
|--------------------|----|------------|
| Tim Tinnes         | 20 | 10/21/2002 |
| Harry Sherinian    | 16 | 10/16/2006 |
| Gary Bonfiglio     | 12 | 10/18/2010 |
| Michael Barrington | 7  | 10/15/2015 |
| Jeff Johnson       | 7  | 10/15/2015 |
| Bob Anderson       | 7  | 10/19/2015 |
| Steve Croshal      | 5  | 10/16/2017 |
| Curtis Trenor      | 5  | 10/16/2017 |
| Tony de Grassi     | 3  | 10/21/2019 |
|                    |    |            |



#### Sunshine Matt Arena

SIR **Marv DeHeus** will attend our luncheons on an occasional basis since he is now using an electric scooter. Marv is hosting the next bridge event at his residence in Clayton. He wants very much to stay in the loop with his fellow SIRS.

SIR **Bill McCord** finds it difficult to join the luncheons but follows our activities in TRAMPAS TOP-ICS. He is sounding good and except for the pain (which he manages) he is looking forward to his 95th birthday next MARCH.

PAST BIG SIR **Robbie Robinson** has enjoyed visits from his friends. The church choir he has sung with

for many years paid him a visit and brought him some joy. They sang songs to entertain him. He does a lot of sleeping but he is open to visitors.

NO ACT OF KINDNESS, NO MATTER HOW SMALL, IS EVER WASTED.

**AESOP** 

In Memoriam

Norman P. Jokerst

December 5, 1029—July 17, 2022



#### Bridge Jon Dickson

ATTENTION ALL BRIDGE PLAYERS!! Our last bridge game at Diablo Country Club is/was on September 27th. Because of Diablo CC having a large renovation of their facility, we are no longer able to play there. Our new location is THE BRASS DOOR restaurant at 2154 San Ramon Valley Blvd,

San Ramon and we will start playing there on Tuesday, **October 11th**. THERE IS A NEW STARTING TIME TOO! We will now start at 10:30 AM. A cleaning person will let us in but they should have coffee ready.



# Community Service Jeff Johnson

Our membership has enjoyed successful careers and now is the time to pay it back to the community. Please join this new community service activity.

On September 23rd, we had a hearty team sorting food at the Contra Costa/Solano Food Bank. It turned out to involve some heavy lifting (literally), so we may not do that again. However, there is a wide variety of volunteer opportunities at the Food Bank for us.

We are investigating bring a team to the Bay Area Rescue Mission to serve dinner during the Thanksgiving and/or Christmas holidays. They have three feeding shifts – one for the men in their resident program, second for the mothers and children in residence and the final for anyone off the street. A rewarding experience, particularly during the holiday season.

We need suggestions of any opportunity for us to participate as a group of volunteers. We have several other Community Service opportunities in the works:

- White Pony Express.
- Salvation Army pending

We need your help for future, one-time events. Please contact Jeff Johnson (jeffjohnson9000@att.net or 415-652-4840.









# Mexican Train Dominos Richard Madden

Mexican Train" is a domino game which uses a set of Double Twelve Dominoes. From 2 to 8 can play. Each player draws 11 to 15 dominoes. The number of dominoes each player draws depends on the number of players. The object of the game is to play all your dominoes. When you draw your hand, you set it up so that the adjacent dominoes match. During the play of a round there are things that can derail your train so that you cannot play. This can make the game very interesting and a lot of FUN!

We normally meet at 10:00 AM on the second Wednesday of each month at the Church of Christ located at 500 Minert Road, Walnut Creek.

We had seven players in September. It was a close competition with Paul Freitas coming in 1st with a score of 280 and Harry Sherinian and Richard Madden scoring 283.

Please email me and if you would like to talk and I can give you a call. A notice will be sent out when the November plan is determined. Let me know if you would like to be put on our list.



#### Pickleball Ed Solomon

Join us every Friday at the Walnut Creek Tennis Center in Heather Farm from 8:00 to 9:30am. We reserve two courts every week. All you need are tennis sneakers, shorts preferred, sun screen, & we have extra paddles.

Pickleball is a fun sport for all ages that combine many elements of tennis, badminton, & ping-pong, played on badminton sized court. The rules are simple and the game is easy for beginners to learn.

Dennis Snarr, has volunteered to work with beginners interested in learning this fun game. Just call Ed at (415) 215-2684 to reserve a spot and have fun!



# Amiable Amblers John Riordan

September walkers included Richard & Donna Black, Art Donaldson, David & Colleen Geary, Dan & Andrea Green, Dick Frankel, Paul & Anna Freitas, Essie Naddaf, and John & Gail Riordan. Dan Green led the September 9 walk along the Lafayette-Moraga from the Moraga Commons. On September 16 we walked along Iron Horse trail from the Stone Valley Rd trailhead in Alamo. On September 23 we walked along the Nimitz Trail from Inspiration Point had great views of SF and the Golden Gate. The September 30 walk was planned for the Iron Horse Trail from the Railway Museum in Danville.

The October walks are scheduled to commence at 9:00AM rather than 8:15AM. RSVP to <a href="mailto:jriordan730@gmail.com">jriordan730@gmail.com</a>. The October 7 walk will meet at the Martinez Bocce Courts and walk in the Martinez Regional Shoreline Park; the post-walk gathering will be at States Coffee and Bread in Martinez. The October 14 walk is to be determined. The

October 21 walk will meet at the Olympic Blvd Staging Area and walk west along the Lafayette-Moraga Trail; the post-walk gathering will be at Starbucks in Lafayette. The October 28 walk will meet at the west end of the Lafayette Reservoir parking lot and walk counter-clockwise around the lower loop trail; the post-walk gathering will be at Tutu's in Lafayette.

These walks are for individuals or couples, as spouses and significant others are encouraged to participate. The significant other/spouse is also invited to participate even when the member is unable to. SIR members, including those from other branches, wishing to join this mellow group or to be added to the email contact list should contact me at <a href="mailto:riordan730@gmail.com">riordan730@gmail.com</a> or 925-284-3394. Also contact me if you wish to be removed from the list for future emails.



Wine-O-SIR
Lou Meylan

The Wine O Sirs will be meeting the fourth Thursday, **September 22**, **2022**. Because of Thanksgiving,

our November wine tasting will be one week earlier, the third Thursday, November 17, 2022.



#### Book Group 1

Rich Black

Book Group #1 will discuss the following books on the following dates:

- Monday, October 3.. "Ragged Company" by Richard Wagamese
- Monday, October 31.. "Circe" by Madeline Miller
- Monday, December 5.. "Freezing Order" by Bill Browder

Book Group #1 continues our +/- one hour discussion at Orinda Books, normally on the fourth Monday of the month at 10:15 am however the above schedule reflects our adjustments for the Rosh Hashana and Yom Kippur holidays. Prospective new members, or guys just wanting to sit in for a session, should contact Richard Black at Blackrw41@comcast.net.

Book Group #1 just met on Monday August 22 to discuss "The Last Green Valley" by Mark Sullivan. The book illuminates the remarkable struggle of a family thrust into the chaos and destruction encompassing the German military's retreat from Russian

armies advancing through Ukraine in 1944 as part of a surprising, little known, World War II event of horse drawn wagon trains heading west referred to as the Long Trek.

From March 1944 to March 1947 the family endures military attacks, separations and prisoner camps until after braving dangers and seizing opportunities they are ultimately reunified in West Germany. The story is all the more remarkable as the author follows this very real family's continued journey to the United States and finally to the Green Valley of the Gallatin Mountains surrounding Bozeman, Montana.

Mac Mcloughlin recommended the book while Steve Bort led the discussion with Art Donaldson, Mike Schneider, Paul Freitas, Dick Kauffman and Garrett Girvan. The group was greatly impressed with the resiliency of the Martel family in surpassing unthinkable roadblocks and conditions and generally liked the author's weaving of the story. The book received a strong positive rating of 4.1 stars.



#### Golf Clinic Chris Doan

After a summer break, the Golf Clinic started again in September with a more dynamic offering for golfers of all skill levels. The Clinic will continue to be open to SIR Members and spouses or significant others.

In order to participate, you will need to be on the Clinic Register and Mailing List. If you would like to be added for the 2022/2023 season or have any questions about the Clinic, please email Chris Doan at cdoan99@gmail.com.

Two lesson topics will be offered each month. October's topics will be "Tee Shots" and also "Putting &

Sand Shots" on October 22nd. You can sign up for either or both topics. Please get on the mailing list if you think you would be interested.

We look forward to a good year of improving our golf games ... FORE!



"This is great. I've been playing miniature golf so much, I forgot how fun oversized golf is."



#### **Book Group 2**

Scott Clark

Book Club 2 met September 15 to discuss Red Sparrow by Jason Matthews.

This is a book in the grand spy tradition of John le Care. The author was a 33 year old veteran of the C.I.A. who "served in multiple overseas locations and engaged in clandestine collection of national security intelligence." Written with insider detail known only to a veteran CIA officer, the novel is packed with insider detail and brims with Matthew's life experience, including his knowledge of espionage, counterintelligence, surveillance tradecraft, spy recruitment, cyber-warfare, and covert communications.

The novel pits an ambitious, hotheaded rookie agent named Nash, against a gorgeous Russian intelligence officer named Dominika. The plot, swings convincingly between Moscow, Helsinki, Athens and Washington with Dominika, a very attractive

Soviet "sparrow" who is used to compromise a Western spy. Secret alliances are made and broken. As the novel unfolds Dominika and Nate's game reaches a deadly crossroads. Soon one of them begins a dangerous double existence in a life and death operation involving intelligence agencies from Moscow to Washington DC

We found the book well composed and very entertaining. The payoff is the ending of Red Sparrow. You will be surprised.

On a 5 point scale the members voted a 4.4 score.

Our next meeting will be on October 20 at 11 AM at Arbolado Park, Walnut Creek, near the basketball courts. We will be discussing The World Played Chess by Robert Dugoni. Whether you have read the book or not, all are invited to attend.

Questions, contact Scott Clark, 925-998-4553



Bocce

Paul Russell

BOCCE continues to be played at the Clayton courts September 29th, **October 13th and 27th** with the final match being played on November 10th. It's a fun filled 2 hours rolling the bocce balls to see who can get closest to the pallino (that's the little ball)



After our two hours have been used up, we normally adjourn to a local restaurant or bistro for lunch. It's a lot of fun and a good time is had by all.





SIR Golf Bernie Wroblewski, Golf Chairman

#### **Branch 116 Golf Website**

The Golf Website is: <a href="mailto:branch116golf.org">branch116golf.org</a>

Please bookmark it in your "Favorites" list of websites to access information on the following:

 Annual Golf Schedule: Dates, times, and courses as well as detailed information on costs, payment information, deadlines, and special event facts.

- <u>18-Hole Pairings:</u> Shows captains, teams, starting times & handicaps for next event.
- <u>18-Hole Leaders and Results:</u> Shows results from recent events and leaders in each group.
- <u>Paid-In-Advance Sign-Ups:</u> Shows checks that have been received for the next 3-4 pre-paid outings.
- <u>Boundary Oak Sign-Ups:</u> Shows who has signedup for the next two Boundary Oak sessions.



#### October: 9-Hole Schedule

| Date    | Time  | Location        | Organizer    |
|---------|-------|-----------------|--------------|
| Wed. 05 | 10:00 | Pleasanton GC   | Marty Katz   |
| Wed. 12 | 10:00 | Diablo Hills    | D.McClaughry |
| Wed. 19 | 10:00 | Buchanan Fields | Dick Chaffee |
| Wed. 26 | 10:00 | Dublin Ranch    | Marty Katz   |



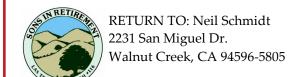
#### October: 18-Hole Schedule

| Date    | Time  | Location     | Organizer |
|---------|-------|--------------|-----------|
| Mon. 03 | 9:40  | Boundary Oak | R. Madden |
| Mon. 10 | 9:40  | Boundary Oak | R. Madden |
| Tue. 18 | 10:50 | Poppy Ridge  | R. Madden |
| Mon. 24 | 10:00 | Diablo Creek | R. Madden |
| Mon. 31 | 10:03 | Chardonnay   | R. Madden |

#### 18-Hole Pay In Advance Deadlines

|            | 5               |                 |               |  |
|------------|-----------------|-----------------|---------------|--|
| Event Date | <b>Location</b> | <u>Deadline</u> | <u>Amount</u> |  |
| Oct. 18    | Poppy Ridge     | Oct. 6          | \$58          |  |
| Oct 24     | Diablo Creek    | Oct. 14         | \$46          |  |
| Oct. 31    | Chardonnay      | Oct. 19         | \$45          |  |
| Nov. 28    | Lone Tree       | Nov. 17         | \$50          |  |

Sign-up for Golf via Branch 116 Shopping Cart System at: sons-in-retirement-las-trampas-br-116.square.site



# FIRST CLASS MAIL

Sons In Retirement: A non profit Organization for Men Enjoying Active Retirement