



# SIR Branch 116 Newsletter July 2022

*Enhancing the lives of our members through fun activities, luncheons and events while making Friends for Life*

## Message from Fred

Summer Activities have now eclipsed our struggles to get beyond covid's Spring charge.



June featured two Dine-O-SIR dinners at Massimo's in Walnut Creek while Golf, Bocce, Pickle Ball, Golf lessons, Book Clubs, Wine-O-SIRs, Bridge, Fishing, Poker, Pay it Forward (community service), Saturday Tours, and Amiable Amblers, and Mexican Train are all rolling along with a full head of steam.

If you are not yet a member of these groups give the chairman call to get yourself on his notification list.

This month Paul Russel and Rob Lemmo joined our Publicity Team to assist Al Farbman prepare and distribute Branch Publicity Materials. Thank you Paul and Rob.

We are still in need of an Assistant Treasurer who would graduate to full Treasurer in 2023.

Our July Boundary Oaks meeting is on schedule for July 18th and our speaker will be Paul Ruff who is an experienced San Francisco Harbor Pilot. This promises to be a most interesting as well as timely presentation in today's supply chain environment.

We ask you to advise us on the Luncheon Line when you are unable to attend but **the important thing is that you join us to catch up with friends.** Don't forget that we are obligated to cover the cost of lunch for late cancellations after Thursday prior to the luncheon.

We fell a few members short of 100 participants at our June meeting which is the minimum required on our lunch contract with Boundary.

The Telephone Number is **925-322-1318** and the e-mail address is **[luncheon116@gmail.com](mailto:luncheon116@gmail.com)**

Don't forget about annual dues if you haven't yet mailed a check to Alan Fitzgerald or used our on-line shopping cart on our web site. This year's tariff is nominal at \$10.00 dollars to cover branch insurance as well as other operational needs.

See you on July 18th if not before at one of our activities.

*Fred Wachowicz, Big SIR*

**Next Meeting**  
**July 18 @ Boundary**  
**Oak, 11:30 AM**

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**Call 925-322-1318**  
**or email to**  
**[luncheon116@gmail.com](mailto:luncheon116@gmail.com)**  
**by the Monday**  
**prior to the meeting**  
**to cancel your**  
**standing**  
**reservation.**

Trampas Topics

## 2022 SIR Branch 116 Officers



**Big SIR**  
Fred  
Wachowicz



**Little SIR**  
Roger  
Craig



**Treasurer**  
Alan  
Fitzgerald



**Asst. Treas.**  
Al  
Satake



**Secretary**  
Paul  
Ramacciotti



**Asst. Sec.**  
Alan  
Pope

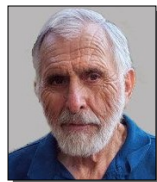


**Member. Sec.**  
Phil  
Goff

## 2022 SIR Branch 116 Directors



Don  
Benioff



Sam  
Beret



Kevin  
Donahue



Al  
Farbmman



Darrell  
McClaughry



Dave  
Williams

## 2022 Support Chairmen

### RAMP Department Heads:

- |                    |                 |
|--------------------|-----------------|
| • Recruitment      | Don Schroeder   |
| • Activities       | Mike Ward       |
| • Member Relations | David C. Harris |
| • Publicity        | Allan Farbmman  |

### Branch Support Chairmen:

- |                              |                        |
|------------------------------|------------------------|
| • Audit Committee            | Ron Armijo             |
| • Nominating Committee       | Michael Barrington     |
| • Sunshine Committee         | Matt Arena             |
| • Computer Support           | Neil Schmidt/Phil Goff |
| • Webmaster                  | Neil Schmidt/Phil Goff |
| • Newsletter Editor          | Neil Schmidt           |
| • New Member Orientation     | Dave Williams          |
| • Membership Roster Prep     | Phil Goff              |
| • Compliance Officer (COVID) | Kevin Donahue          |

### Diversity Support Team

- |                |                    |
|----------------|--------------------|
| • Team Leader  | Fred Wachowicz     |
| • Team Member  | Sam Beret          |
| • Team Member  | Terry Sherman      |
| • Team Member  | Al Satake          |
| • Team Member  | Jerry Hicks        |
| • Team Member  | Michael Barrington |
| • Team Advisor | Lee Moy            |

### Luncheon Support Team:

- |                          |                           |
|--------------------------|---------------------------|
| • Attendance             | Mike Scheneider           |
| • Audio Visual           | Neil Schmidt              |
| • Chaplain Committee     | Terry Sherman             |
| • Greeters Committee     | Ramacciotti, Grummitt     |
| • Raffle Committee       | Ben Bryce                 |
| • Storytellers Committee | Mac McLoughlin/F. Schafer |

### Speakers Committee

- |               |                |
|---------------|----------------|
| • Team Member | James Dawe     |
| • Team Member | Allan Farbmman |
| • Team Member | Paul Freitas   |
| • Team Member | Roger Craig    |

## 2022 Activity Chairmen

Activity	Chairman	Asst. Chairman
• Amiable Amblers	John Riordan	Joel White
• Bocce	Paul Russell	Bob Huck
• Book Group 1	Rich Black	Steve Bort
• Book Group 2	Scott Clark	Alan Pope
• Book Exchange	John Fraser	Dick Kauffma
• Bridge	Jon Dickson	Bob Wolf
• Community Service	Jeff Johnson	
• Computer & Tech.	Neil Schmidt	Phil Goff
• Dine-O-SIR	Alex Lutkus	Marty Katz
• Duplicate Bridge	Conrad Robertson	Tom Henry
• Fishing	Harry Sherinian	Terry Miller
• Golf—18 Hole	Bernie Wroblewski	Jim Johnson
• Golf—9 Hole	Dick Chaffee	D. McLaughry
• Golf—Treasurer	Alan Pope	
• Golf—Carmel	Jim Barstow	JJ, Harris, Eller
• Golf—Reno	David Harris	Harry Oberle
• Golf—Clinic	Chris Doan	Jeff Johnson
• Mexican Train	Richard Madden	Alex Lutkus
• Parties	Marty Katz	
• Pickleball	Ed Solomon	Gary Bonfiglio
• Poker	Lou Sandor	
• \$ums in Retirement	Ben Smith	
• Travel	Jeff Johnson	
• Wine-O-SIR	Lou Meylan	
• Walking Tours	Greg Hughes	Mike Schneider

## Some Other SIR Area 16 Activities

Apple User Group	Dick Macy (Br.171)	376-1180
Astronomy	Bill Hunter (Br.8)	947-6947
Bowling	Dan Weller (Br. 8)	935-5510
Digital Photo.	Bill Phelon (Br.8)	254-8338
Pocket Pool	Jerry White (Br.8)	944-9068
Tennis	Ralph Thornicraft (174)	376-8140

# Monthly Activities Calendar

## July 2022

Sun.	Monday	Tuesday	Wednesday	Thursday	Friday	Sat.
					<b>1</b> <b>Amiable Amblers</b> (8:15@ Stone Valley Rd. W) <b>Pickleball</b> (8:00@ WC Tennis, Heather Farms)	<b>2</b>
<b>3</b>	<b>4</b> 	<b>5</b>	<b>6</b> <b>9-Hole Golf</b> (10:00@ Diablo Hills GC)	<b>7</b> <b>Bocce</b> (10:00@ Clayton Courts)	<b>8</b> <b>Amiable Amblers</b> (8:15@ Moraga Commons) <b>Pickleball</b> (8:00@ WC Tennis, Heather Farms)	<b>9</b>
<b>10</b>	<b>11</b> <b>18-Hole Golf</b> (9:40@ Boundary Oak GC)	<b>12</b> <b>Luncheon Bridge</b> (10:00@ Diablo Creek GC)	<b>13</b> <b>9-Hole Golf</b> (10:00@ Pleasanton GC) <b>Mexican Train</b> (10:00@ Church of Christ)	<b>14</b> <b>Book Group 2</b> (11:00 AM via Zoom)	<b>15</b> <b>Amiable Amblers</b> (8:15@ Heather Farms Pool) <b>Pickleball</b> (8:00@ WC Tennis, Heather Farms)	<b>16</b>
<b>17</b>	<b>18</b> <b>SIR Br. 116 Meeting</b> (11:30@ Boundary Oak)	<b>19</b> <b>18-Hole Golf</b> (10:02@ Paradise Valley GC)	<b>20</b> <b>9-Hole Golf</b> (10:00@ Buchanan Fields)	<b>21</b> <b>Bocce</b> (10:00@ Clayton Courts)	<b>22</b> <b>Amiable Amblers</b> (8:15@ Lafayette Reservoir) <b>Pickleball</b> (8:00@ WC Tennis, Heather Farms)	<b>23</b> Walking Tour
<b>24</b>	<b>25</b> <b>18-Hole Golf</b> (10:00@ Poppy Ridge GC) <b>Book Group 1</b> (10:15 AM Walnut Creek Civic Park)	<b>26</b> <b>Luncheon Bridge</b> (10:00@ Diablo Creek GC) <b>Community Service</b> ( )	<b>27</b> <b>9-Hole Golf</b> (10:00@ Diablo Hills GC) <b>\$ums Investment</b> (1:30 PM via Zoom)	<b>28</b> <b>Fishing Group</b> (8:30@ Diablo Creek) <b>Wine-O-SIR</b> (4:00@ Dave Havlik House)	<b>29</b> <b>Amiable Amblers</b> (8:15@ TBD) <b>Pickleball</b> (8:00@ WC Tennis, Heather Farms)	<b>30</b>



# Branch Administration



## Branch Membership

Phil Goff, Membership Chairman

Total Current Membership: **193**

- Merle Eaton      New Member,  
sponsor is Don Benioff
- Jim Nickels      Resigned.
- Salem Attiga      Resigned.
- Rick Parker      Resigned.



## Treasury Report

Alan Fitzgerald, Treasurer

June 4, 2022		
	June-2022	2022 YTD
Contributions	\$ 5,292.97	\$ 43,203.73
Disbursements	\$ (5,012.56)	\$ 39,502.23
Net (gain/(loss))	\$ 280.41	\$ 3,701.50
July Cash Balance		\$ 13,510.47
Outstanding Checks		\$ 0.00
Bank Acct Balance		\$ 13,510.47

The use of Credit Card as a payment method has been very successful. The period of January 1 to June 15<sup>th</sup> has seen \$27,254.50 in net sales from the "Shopping Cart". Without the use of the Shopping Cart checks would have been written, collected, and processed. If you haven't used the Shopping Cart, try it. It's being used for Golf Events including Hole-in-One insurance, Lunch payments, Dine-O-Sir, and Annual dues.



## SIR HAPPENINGS

Checkout the new and improved State SIR Happenings Newsletter. With a new editor the newsletter February 2021 has been radically expanded with lots of information about fun things that are going on in our branches.

You can find it at: <https://sirinc.org/newsletters>

## July Birthdays

*When you see these members, wish them a Happy Birthday!*

- |                       |                       |
|-----------------------|-----------------------|
| 1. Michael Barrington | 10. Brad Lee          |
| 2. Don Benioff        | 11. Jack Minicucci    |
| 3. Gary Boswell       | 12. Tom O'Brien       |
| 4. Steve Cherepy      | 13. Hal Redsun        |
| 5. Dick Frankel       | 14. Tim Tinnes        |
| 6. Garrett Girvan     | 15. Chuck Vanoncini   |
| 7. Al Hutchko         | 16. Bob Vetro         |
| 8. Doug Janes         | 17. Jim Videle        |
| 9. Paul King          | 18. Bernie Wroblewski |

**Want a Free \$31 Lunch?  
Sponsor a New Member !**

## Trampas Topics Submissions



We need your contributions and suggestions for Trampas Topics. Please send photos, news items, SIR activities, and Letters to the Editor:

Neil Schmidt, Trampas Topics Editor

[trampastopics@gmail.com](mailto:trampastopics@gmail.com)

## SIR Web Addresses

**SIR 116 Web Site**  
[branch116.org](http://branch116.org)

**Branch 116 Golf**  
[branch116golf.org](http://branch116golf.org)

**Branch 116 Shopping Cart**  
[sons-in-retirement-las-trampas-br-116.square.site](http://sons-in-retirement-las-trampas-br-116.square.site)

**Area 16 Computer and Technology**  
[sirinc2.org/a16cat/](http://sirinc2.org/a16cat/)

**SIR Happenings State Newsletter**  
[sirinc.org/newsletters/](http://sirinc.org/newsletters/)



# June Luncheon Speaker

Speaker for July Meeting  
"SF Bar Pilot Paul Ruff"

## July Menu

### SIR 116 Luncheon

July 18th, 2022

#### Salad

Mixed Greens Salad

Cherry Tomatoes, Cucumber, Watermelon Radish &  
Crumbled Goat Cheese with Balsamic Vinaigrette

#### Entrees

##### **Roast Pork Loin**

Peach Compote

Country Style Roasted Potatoes & Seasonal Vegetables

Or

##### **Baked Cod**

Peach Compote Country Style Roasted Potatoes & Seasonal  
Vegetables

Or

##### **Vegetarian Option**

#### Dessert

##### **Amaretto Cheesecake**

Mixed Berry Sauce



June Luncheon Speaker Contra Costa Water  
District VP Ernesto Avila and  
Public Information Specialist Mimi Mehaouchi

## Branch Administration



### Little SIR Report

Roger Craig

Our June luncheon fell a few members short of our required number. Nevertheless, it was a good turnout and bodes well for future luncheons. June vacations and lingering Covid concerns impacted attendance. Hopefully, we have turned the corner and can look forward to maximum attendance in the future.

Our June luncheon speaker was Vice President Ernesto Avila of the Contra Costa Water District. It

was a timely topic and Mr. Avila answered many water concerns of members.

It is still our wish to stay with standing reservations as we return to normalcy.

Wishing you and yours a safe and happy 4th of July.

# Branch Administration



## Member Relations

David Harris

### SIR July Anniversaries

We recognize the members of SIR Branch 116 each month who have an anniversary with SIR.

<u>Name</u>	<u>Years with SIR</u>	<u>Date Joined SIR</u>
Frank Crua	27	07/17/1995
Jerry Kaplan	20	07/15/2002
Jerry Hicks	19	07/21/2003
Alex Lutkus	19	07/21/2003
Ron Radakovich	19	07/21/2003
Al Zavattero	17	07/18/2005
Max Foust	16	07/17/2006
Terry Sherman	15	07/16/2007
Wayne Cook	12	07/19/2010
Hal Redsun	12	07/19/2010

Nick Bowles	11	07/18/2011
Dick Conger	11	07/18/2011
Brent Chaney	10	07/16/2012
John Maerzke	10	07/16/2012
Don Schroeder	10	07/16/2012
Ernie Wong	10	07/16/2012
Roger Craig	9	07/15/2013
Greg Hughes	8	07/21/2014
John Hughes	8	07/21/2014
Don Murray	7	07/20/2015
Ron Banducci	6	07/18/2016
Al Farbman	5	07/17/2017
Don Marini	5	07/17/2017
Mike Howard	3	07/15/2019
Jack Minicucci	2	07/20/2020



## Sunshine

Matt Arena

SIR **Jerry Christopherson** reports that he is doing very well from his shoulder injury. Jerry has been seen by his physical therapist and estimates he will be at the end of his treatments in about a month. He will need his doctor's OK to drive so we should see Jerry at luncheon in the next 1 to 2 months.

SIR **Joel White** is continuing to improve from his surgery. He would like to get the recovery behind him but he continues to be patient . He is in good spirits and looks forward to join us for lunch .

SIR **Norm Jokerst** was in good spirits when I saw him last week.He has a care giver following his stroke. We said hello and he returned to his home. We hope you are doing well Norm.

WHEN EVERYTHING IS GOING AGAINST YOU,  
REMEMBER THAT THE AIRPLANE TAKES OFF  
AGAINST THE WIND; NOT WITH IT.

HENRY FORD

### Important Luncheon Notice!

We will be continuing to use our normal "Standing Reservation" system for Boundary Oak luncheons. That means: **Everyone is expected to attend the luncheon unless we are notified via the luncheon hotline number or via email at least one week**

**prior to the meeting.** Individual who forget to notify and don't show up will be billed for the luncheon. Use one of these two options to opt out:

- 1.Call luncheon hotline at: 925-322-1318
- 2.Send an email to: luncheon116@gmail.com

# Branch Activities



## Amiable Amblers

John Riordan

June walkers included Richard Black & Donna Arganbright, Steve Bort, Art & Mary Alice Donaldson, Al Farbman, Dick Frankel, Paul & Anna Freitas, David & Colleen Geary, Essie Naddaf, and John & Gail Riordan. On June 3 we walked the Lafayette-Moraga Regional Trail from the Olympic Blvd Staging Area, followed by a post-walk gathering at Starbucks. On June 10 we walked the Iron Horse Trail from the Rudgear Rd Park-and-Ride, followed by a post-walk gathering at Sunrise Bistro. On June 17 we walked the Ygnacio Canal Trail from the Countrywood Shopping Center, followed by a post-walk gathering at Panera Bread. The June 24 walk was cancelled.

The July walks are scheduled to commence earlier at 8:15AM rather than 9:00AM. RSVP to [jriordan730@gmail.com](mailto:jriordan730@gmail.com). The July 1 walk will gather at the trailhead on Stone Valley Rd West in Alamo and walk south along the Iron Horse Trail, with a post-walk gathering at Pete's nearby. The July 8 walk will gather at the Moraga Commons

and walk northeast along the Lafayette-Moraga Regional Trail, with a post-walk gathering at the Moraga Town Bakery and Cafe. The July 15 will gather at the Heather Farm Swim Pool parking lot and walk east along the Ignacio Canal Trail, with a post-walk gathering at Panera Bread. The July 22 walk will gather at the Lafayette Reservoir parking lot and walk the loop trail, with a post-walk gathering at Tutu's in Lafayette. The July 29 walk is to be determined.

These walks are for individuals or couples, as spouses and significant others are encouraged to participate. The significant other/spouse is also invited to participate even when the member is unable to. SIR members, including those from other branches, wishing to join this mellow group or to be added to the email contact list should contact me at [jriordan730@gmail.com](mailto:jriordan730@gmail.com) or 925-284-3394. Also contact me if you wish to be removed from the list for future emails.



## Bocce

Paul Russell

We've been having a great time at the Clayton Bocce courts this summer while playing Bocce and then a few of us normally go out to lunch after we're through. We are looking forward to the next time we'll be playing together. It occurs on the 23rd of June and every other week thereafter, at 10:00am - Noon.

We will be playing at the Clayton Bocce courts in downtown Clayton at the corner of Oak St. and Main.

We'd love to have others join us if they have the time to do so.

## \$ums Investment

Dave Sutton (Br. 8)

We will again join Branch 128's (San Ramon) Investment Group Zoom meeting on **Wed July 27 at 1:30 PM**. Topic: "Value" Stocks- What are they? and How do you find them?

Email Dave Sutton at [davesutn@comcast.net](mailto:davesutn@comcast.net) to be included.

# Branch Activities



## Community Service

Jeff Johnson

Our membership has enjoyed successful careers and now is the time to pay it back to the community. Please join this new community service activity.

On June 30th we are once again working for a morning at the Contra Costa/Solano Counties Food Bank, this time packing food boxes instead of sorting donated food. Have 10 members signed up so far and there is room for more.

On July 26th we will be working at White Pony Express in Pleasant Hill to sort and pack food donations. Starting as an unfunded grassroots effort, White Pony Express has developed into one of California's largest food rescue programs. They have delivered over 18 million pounds of fresh food that would have otherwise gone to waste.

And we have several other Community Service opportunities in the works:

- Salvation Army pending
- Adopt a Highway application in process.

We need your help for future, one-time events. Please contact Jeff Johnson ([jeffjohnson9000@att.net](mailto:jeffjohnson9000@att.net) or 415-652-4840.ed, grassroots



## Mexican Train Dominos

Rechard Madden

"Mexican Train" is a domino game which uses a set of Double Twelve Dominoes. From 2 to 8 can play. Each player draws 11 to 15 dominoes. The number of dominoes each player draws depends on the number of players. The object of the game is to play all your dominoes. When you draw your hand, you set it up so that the adjacent dominoes match. During the play of a round there are things that can derail your train so that you cannot play. This can make the game very interesting and a lot of FUN!

We had five in attendance at our June meeting. Richard Madden was low with 124 while Kirk Mc Vean was second with 206. Brent Chaney was a close third with 222. Harry Sherinian had an adjusted score of 259. He had to leave early. We wel-

comed a new player, Dave Ladue but gave him no mercy, who scored 378. He did very well as usually we have scores in the 400 -500 range. The average score for the group was very low at 243. We normally meet at 10:00 AM on the second Wednesday of each month at the Church of Christ located at 500 Minert Road, Walnut Creek. Please email me and if you would like to talk and I can give you a call. A notice will be sent out when the May plan is determined. Let me know if you would like to be put on our list.

You can contact Richard Madden, [madden-ram@sbcglobal.net](mailto:madden-ram@sbcglobal.net) or 925.788.4223.



# Branch Activities



## Walking Tours

Greg Hughes



On **Saturday, July 23**, the Walking Tour Activity will enjoy a guided tour of the downtown Walnut Creek business area. The tour will be conducted by Ms. Linda Scotting from the Walnut Creek Historical Society. Beginning at 9:00 AM at the Liberty Bell Plaza, the 90 minute walk on the City's sidewalks will bring to life the early times of downtown Walnut Creek. Participants will discover buildings that are over 100 years old and are still standing on Main Street, and they will enjoy many "who knew" moments as we learn about stories from the past.

The cost for the tour is \$10. Participants are requested to purchase a \$5 booklet containing pictures

of the buildings discussed during the tour. Couples need only to purchase one book. The Walnut Creek Historical Society normally provides these as free tours to the general public. We requested them to provide us a "private" tour for the SIRs organization. The Walking Tour participants are requested to contribute \$5 to the Historical Society for this special walk. These fees will be collected at the beginning of the walk.

If you plan to participate please send an email to Greg Hughes, [greghughes505@gmail.com](mailto:greghughes505@gmail.com). We are making lunch reservations in a downtown restaurant, participants should also let us know that you plan to attend.



## Bridge

Jon Dickson

Lunch & Bridge continues on the 2nd and 4th Tuesday of the month at Diablo Country Club. We were a bit disappointed when SIR's scheduled the Spring Fling on our bridge day, as it made many of us to make a decision on which activity to attend.

Our bridge attendance was down and I know there were 5 or 6 at bridge who would have attended the Spring Fling. Hopefully that will not happen again.

Slams are in short supply, which might be the start of the summer doldrums. I hope not! Think SLAM!



## Dine-O-SIR

Alex Lutkus

The Dine-O-SIR Dinner Group had another delectable, two night, dining event in June at Massimo Ristorante in Walnut Creek..

Our next dining event is scheduled for **August 25** at the popular Zio Fraedo's Italian Continental Restau-

rant in Pleasant Hill. The social hour will start at 6 pm followed by dinner at 6:45 pm. Sign-up quickly to avoid being placed on a waiting list.

Details of the event and reservation information may be found on the following page.

# Branch Activities

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## Branch 116 Dine-O-Sirs

Thursday, August 25, 2022 Dining Event

## Zio Fraedo's Italian Continental Restaurant

611 Gregory Lane, Pleasant Hill, CA

SOCIAL HOUR WILL START AT 6:00 PM and Dinner will be Served at 6:45 PM  
Wines (by the glass), beer and bar cocktails at \$5.00; Bottles of house wine at \$20.00  
(Corkage will be available at \$15.00)

Appetizers will be available during the cocktail hour – Fried Zucchini and Fried Mushrooms

### Dinner Menu

**SALAD: Mixed Greens with House Dressing**

**ENTREES - Choice of:**

1. Prime Rib
2. Chicken Toscana
3. Salmon

(All Entrees will include a starch and fresh vegetables)

**POST DINNER: Dessert (Chef's choice)**

Coffee or Hot Tea

**Cost, just \$52.00 per person, tax and tip included**

(cut)------(cut)

**Zio Fraedo's, Thursday, August 25, 2022**

NAME: \_\_\_\_\_

Entrée Selection: Prime Rib \_\_\_\_ Chicken Toscana \_\_\_\_ Salmon \_\_\_\_

NAME: \_\_\_\_\_

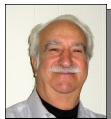
Entrée Selection: Prime Rib \_\_\_\_ Chicken Toscana \_\_\_\_ Salmon \_\_\_\_

E-Mail \_\_\_\_\_ No. Attending: \_\_\_\_ x \$52 = \$ \_\_\_\_\_

Please pay by SIR Branch 116 Shopping Cart System and avoid mailing check or reservation slip (use "Shopping Cart" button on our Branch website at [sirbranch116.org](http://sirbranch116.org)) or, if you must, by check (make check to: SIR Branch 116 and mail your reservation to: Bob Donohue, 1717 Chardonnay Lane, Brentwood, CA 94513-4252). Call or e-mail Bob if you have any questions: (925) 513-5141; [bobdonohue17@gmail.com](mailto:bobdonohue17@gmail.com)

See the following link for a guide on how to use the Shopping Cart for dining events —> [\*\*Guide\*\*](#)

# Branch Activities



## Fishing

Harry Sherinian

SIR members and guests are welcome, and indeed encouraged, to participate in fishing trips as well as attend the monthly meetings. Contacts are Big Fish, Bob Lively 925-383-5193 and Branch 116 Fishing Coordinator, Harry Sherinian, 925-846-7067. Next meeting will be at the Legends restaurant at the Diablo Creek golf course on Port Chicago Highway and Highway 4 on **Thursday, July 28th at 8:30am.**

Salmon season on the ocean was closed from June 1<sup>st</sup> to June 23<sup>rd</sup> this year. And the ocean had very low temperatures causing the rockfish to hunker down and not eat. As a result, all of us focused on the bay and halibut. The bay responded in great form, and many, many halibut have been killed and eaten. We SIR fishermen have caught more than our share. Meanwhile our local lakes have warmed to the point that no more trout are planted, and we trout fishermen have had to travel to the mountain

and foothill ponds. Stan Wong worked Lake Almanor for a few nice sized rainbows. Steve Dyer did manage to get two nice rainbows from the shore at Lake Del Valle. Ray Pixton got trout in the high sierras. AND before the salmon closure, Brion Beetz, Bob Stein, Brad Hatcher, Dave Havlik, Phil Scimonelli, and Carl Moyer managed to get limits of salmon to 25 pounds (Brad.) Meanwhile, upriver, Ernie Wong has caught and release nearly 200 shad with his fly rod! Then Mike Corker, Tom Kostik, and Ken Bellender wrestled a few black bass from the delta. Ken, Carl Moyer, and Brion Beetz did get some tasty rockfish on a private trip. The future looks promising for salmon and rockfish on the ocean. Hopefully our lakes will not disappear in the drought, and we can get catfish locally, and trout in the piney woods. Come join us!



## Pickleball

Ed Solomon

Join us every Friday at the Walnut Creek Tennis Center in Heather Farm from 8:00 to 9:30am. We reserve two courts every week. All you need are tennis sneakers, shorts preferred, sun screen, & we have extra paddles.

Pickleball is a fun sport for all ages that combine many elements of tennis, badminton, & ping-pong,

played on badminton sized court. The rules are simple and the game is easy for beginners to learn.

Dennis Snarr, has volunteered to work with beginners interested in learning this fun game. Just call Ed at (415) 215-2684 to reserve a spot and have fun!



## Wine-O-SIR

Lou Meylan

The Wine O Sirs wine tasting for July will be held **July 28th** at the home of Dave and Judy Havlik from 4 to 6pm. If you would like to attend this fun

event please RSVP directly to Dave at: [jdhavlik@sbcglobal.com](mailto:jdhavlik@sbcglobal.com) or 925-820-9767.

# Branch Activities



## Book Group 1

Rich Black

Book Group #1 will discuss the following books on the following dates:

- **Monday, July 25...** "We Are the Wounded" by Keith Wheeler
- Monday, August 22.. " The Last Green Valley" by Mark Sullivan
- Monday, September 26 "No book yet selected"

Book Group #1 continues our +/- one-hour discussion (not a class) at Orinda Books on the fourth Monday of the month at 10:15 am. Prospective new members, or guys just wanting to sit in for a session, should contact Richard Black at [Blackrw41@comcast.net](mailto:Blackrw41@comcast.net).

ERRATA: The correct rating for the previous read, "Shadow Divers" was 4.6 stars rather than 3.6 stars as reported in the June Trampas Topics. Book Group #1 editor regrets the error.

Book Group #1 just met on Monday, June 27 to dis-

cuss "The Cold Millions" by Jess Walter. Spokane Washington was the scene of the 1909 free speech strike by the "Wobblers" or the Industrial Workers of the World, and is the backdrop for Walter's novel of worker exploitation, brutal policing, union infiltration, love and assassination. The group found the initial conflict a difficult read followed by an engaging narrative as the various plot threads played out.

Richard Black led the discussion with Mike Schneider, Dick Kaufman, Richard Rossland, Jim Flessner, Art Donaldson, Garret Girvan, John Riordan, Richard White, Mac McLoughlin, Paul Freitas and John Kopchik. This book merited 3.8 stars.

Picture, including guest William Shakespeare, courtesy of Dick Kaufman.



## Book Group 2

Scott Clark

Book Club 2 met at Arbolado Park on June 16 to discuss the book, Apeirogon, by Colum McCann.

Apeirogon is defined as a shape with a countably infinite number of sides.

The book is about the friendship, love, loss, and belonging between Bassam, a Palestinian, and Rami, an Israeli. They inhabit a world of conflict that colors every aspect of their daily lives, from the roads they are allowed to drive on, to the schools their daughters, Abir & Shadar, each attend, to the checkpoints, both physical and emotional, they must negotiate. Their worlds shift irreparably after ten year old Abir is killed by a rubber bullet and thirteen year old Shadar becomes the victim of suicide

bombers. When Bassam and Rami learn of each other's stories, they recognize the loss that connects them and they attempt to use their grief as a weapon for peace.

The seven embers in attendance rated the book 4 out of 5.

The next book club 2 meeting will be **July 21, at 11 AM**, Arbolado Park, opposite the basketball courts. We will discuss "The Lincoln Highway", by Amor Towles. Whether you have read the book or not, all are welcome to come.

If you have interest or questions in Book Club 2, please contact Scott Clark, 925-998-4553.





SIR Golf  
Bernie Wroblewski, Golf Chairman

## Branch 116 Golf Website

The Golf Website is: [branch116golf.org](http://branch116golf.org)

**Please bookmark it in your "Favorites" list of websites** to access information on the following:

- **Annual Golf Schedule:** Dates, times, and courses as well as detailed information on costs, payment information, deadlines, and special event facts.
- **18-Hole Pairings:** Shows captains, teams, starting times & handicaps for next event.
- **18-Hole Leaders and Results:** Shows results from recent events and leaders in each group.
- **Paid-In-Advance Sign-Ups:** Shows checks that have been received for the next 3-4 pre-paid outings.
- **Boundary Oak Sign-Ups:** Shows who has signed-up for the next two Boundary Oak sessions.

## Golf Matches—Special Events

We're closer to our finals as the Warriors have won NBA championship for Basketball. For our match for second Semi-final bracket Davy Harris and Jerry Hicks finished 18 holes even. Score card was checked, scrutinized, and audited with Jerry edging and stealing from Davy due to the second 9 holes. The final competition between Zav and Jerry will be scheduled and planning for the championship at

Boundary Oak, August 1.

Second half of our golf year has in the past held a Two-man Match Team for monthly competition. We are looking for 32 of our golfers to fill our brackets. Make now your plans.

Jerry Hicks, Committee Member

### July: 9-Hole Schedule

Date	Time	Location	Organizer
Wed. 06	10:00	Diablo Hills	D.McClaughry
Wed. 13	10:00	Pleasanton GC	Dick Chaffee
Wed. 20	10:00	Buchanan Fields	Dick Chaffee
Wed. 27	10:00	Diablo Hills	D.McClaughry

### July: 18-Hole Schedule

Date	Time	Location	Organizer
Mon. 04		No Golf	Phil Goff
Mon. 11	9:40	Boundary Oak	Greg Hughes
Tue. 19	10:02	Paradise Valley	Phil Goff
Mon. 25	10:00	Poppy Ridge	Phil Goff

## 18-Hole Pay In Advance Deadlines

<u>Event Date</u>	<u>Location</u>	<u>Deadline</u>	<u>Amount</u>
July 19	Paradise Valley	July 10	\$48
July 25	Poppy Ridge	July 13	\$58
Aug. 16	Tilden	Aug. 4	\$44
Aug. 22	San Ramon	Aug. 12	Walk \$24/Ride \$36

Sign-up for Golf via Branch 116 Shopping Cart System at: [sons-in-retirement-las-trampas-br-116.square.site](https://sons-in-retirement-las-trampas-br-116.square.site)

# SIR Golf



## Golf Clinic

Chris Doan

The SIR Golf Clinic has just completed its first year of lessons to SIR members and their spouses. The feedback and value to those who have participated has been very positive. For the months of July and August, we are planning a summer break and will resume Clinic offerings in September. If you would like to be added to the Clinic Mailing List for the 2022/2023 season or have any questions about the Clinic, please email Chris Doan at [cdo-an99@gmail.com](mailto:cdo-an99@gmail.com)



## Hole-In-One!

Congratulations to Ron Armijo who carded a hole in one on the 122 yard 3rd hole at Buchanan Fields at our June 15 SIR 9 hole golf outing.



## SAVE THE DATES- 2022 Reno Golf Outing

This year we will go back to Reno for golf. The dates will be **Tuesday Sept. 6 to Friday Sept. 9.**

We plan to play Toiyabe Golf Club and Wolf Run Golf Club.

We will arrive Tuesday, play Toiyabe on Wednesday and Wolf Run Golf Club on Thursday, and

come home on Friday. Group dinners will be on Tuesday and Thursday evenings. There will be activities for the men and woman who do not play golf. Save the dates.

There will be more details about the outing this spring. If you have any questions, contact David Harris.



# SIR Photos



**Book Group 1 at June 27th Meeting**  
(Picture, including guest William Shakespeare, courtesy of Dick Kaufman)



**Ken Soult (guest), Don Schroeder, Jack Minicucci and Bernie Wroblewski**  
at Boundary Oak's 6th Hole on June 6th



RETURN TO: Neil Schmidt  
2231 San Miguel Dr.  
Walnut Creek, CA 94596-5805

***FIRST CLASS MAIL***

**Sons In Retirement: A non profit Organization for Men Enjoying Active Retirement**