



SIR Branch 116

Newsletter

February 2022

Enhancing the lives of our members through fun activities, luncheons and events while making Friends for Life

Message from Fred

Hello to all in what we used to call the Dark Ages in college. It's that period of time when it's too cold and wet for outdoor fun when you are sequestered in a dormitory situation. Now we call those the **good ole days!**



A special thank you to **David Harris** who has offered to serve as our Member Relations Chairman for 2022. This is the department within our branch that works to help and insure that we are doing the right things in our Branch to properly serve our membership.

Our Branch Leadership Team met on the 28th of Jan to determine whether or not to hold a February Luncheon at Boundary Oaks and concluded that it would not make sense to do so given the current Omicron numbers CC County.

The numbers are definitely on a downward trend now but the overall volume of covid cases remains at a high level.

A team is being assigned to recommend an objective, measurable criteria for returning to our Monthly Boundary Oaks Luncheon Meetings so that we can resume at first opportunity.

Additionally, we are also formulating an alternative plan to hold outdoor monthly luncheon meetings in lieu of indoor.

Lastly, it is likely that booster shots will become required for restaurants in the short term. Therefore we are now collecting your voluntary updated vaccine cards with the booster so that we don't become hostage to this eventuality. Forward them to Kevin Donahue at kevinjdona-hue@comcast.net.

On a financial note you may recall that prior to covid we had annual dues in the amount of \$25.00 to support branch operations. At that time we subsidized the monthly luncheon for \$2.30 per person. Our 2022 budget reduces annual dues to \$10.00 and members will be asked to pay the total cost of lunch which is \$31.00. Boundary's lunch price was only increased by \$3.70 this year which is more than reasonable given restaurant increases across the board. Their fee supports an extra meeting room, bar service and staff for the event.

And as always we look forward to a year filled with fun and friendship in the months ahead.

Fred Wachowicz, Big SIR

Next Meeting

**Feb. 21 @ Boundary
Oak1, 10:30 AM**

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There will be no
in-person Branch
luncheon at Bound-
ary Oak in Feb.

Trampas Topics

2022 SIR Branch 116 Officers



Big SIR
Fred
Wachowicz



Little SIR
Roger
Craig



Treasurer
Alan
Fitzgerald



Asst.Treas.
David
Ferm



Asst.Treas.
Al
Satake



Secretary
Paul
Ramacciotti



Asst. Sec.
Alan
Pope

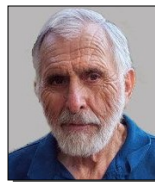


Member.Sec.
Phil
Goff

2022 SIR Branch 116 Directors



Don
Benioff



Sam
Beret



Kevin
Donahue



Al
Farbman



Darrell
McLaughry



Dave
Williams

2022 Support Chairmen

RAMP Department Heads:

- Recruitment Don Schroeder
- Activities Mike Ward
- Member Relations David C. Harris
- Publicity Allan Farbman

Branch Support Chairmen:

- Audit Committee Ron Armijo
- Nominating Committee Michael Barrington
- Sunshine Committee Matt Arena
- Computer Support Neil Schmidt/Phil Goff
- Webmaster Neil Schmidt/Phil Goff
- Newsletter Editor Neil Schmidt
- New Member Orientation Dave Williams
- Membership Roster Prep George Pryhuber

Diversity Support Team

- Team Leader Fred Wachowicz
- Team Member Sam Beret
- Team Member Terry Sherman
- Team Member Al Satake
- Team Member Jerry Hicks
- Team Member Jim McCormick
- Team Advisor Lee Moy

Luncheon Support Team:

- Attendance Mike Scheneider
- Audio Visual Neil Schmidt
- Chaplain Committee Terry Sherman
- Greeters Committee Terry Grummitt
- Raffle Committee Ben Bryce
- Storytellers Committee Mac McLoughlin/F. Schafer

Speakers Committee

- Team Member James Dawe
- Team Member Allan Farbman
- Team Member Paul Freitas
- Team Member Roger Craig

2022 Activity Chairmen

Activity	Chairman	Asst. Chairman
• Amiable Amblers	John Riordan	Joel White
• Bocce	Paul Russell	Harry Sherinian
• Book Group 1	Rich Black	Steve Bort
• Book Group 2	Scott Clark	Alan Pope
• Book Exchange	John Fraser	Dick Kauffma
• Bridge	Jon Dickson	Bob Wolf
• Computer & Tech.	Neil Schmidt	Phil Goff
• Dine-O-SIR	Alex Lutkus	Marty Katz
• Duplicate Bridge	Conrad Robertson	Tom Henry
• Fishing	Harry Sherinian	Terry Miller
• Golf—18 Hole	Bernie Wroblewski	Jim Johnson
• Golf—9 Hole	Dick Chaffee	D. McLaughry
• Golf—Treasurer	Alan Pope	
• Golf—Carmel	Jim Barstow	JJ, Harris, Eller
• Golf—Carson City	David Harris	Harry Oberle
• Golf—Clinic	Chris Doan	Jeff Johnson
• Mexican Train	Richard Madden	Alex Lutkus
• Parties	Marty Katz	
• Pickleball	Ed Solomon	Gary Bonfiglio
• Poker	Lou Sandor	
• Saturday Tours	Greg Hughes	
• \$ums in Retirement	Ben Smith	
• Travel	Jeff Johnson	
• Wine-O-SIR	Lou Meylan	

**A Thank You to all Br. 116 SIR Who
Volunteer to be Leaders**

Some Other SIR Area 16 Activities

Apple User Group	Dick Macy (Br.171)	376-1180
Astronomy	Bill Hunter (Br.8)	947-6947
Bowling	Dan Weller (Br. 8)	935-5510
Digital Photo.	Bill Phelon (Br.8)	254-8338
Pocket Pool	Jerry White (Br.8)	944-9068
Tennis	Ralph Thornicraft (174)	376-8140

Monthly Activities Calendar

February 2022

Sun.	Monday	Tuesday	Wednesday	Thursday	Friday	Sat.
		1	2 9-Hole Golf (10:00@ Pleasanton GC)	3	4 Pickleball (9:30@ WC Tennis, Heather Farms)	5
6	7 18-Hole Golf (9:35@ Boundary Oak)	8 Bridge (10:00@ Diablo Country Club)	9 9-Hole Golf (10:00@ Diablo Hills GC) Mexican Train (10:00@ Church of Christ, WC)	10	11 Amiable Amblers (8:15@ Arbolado Park) Pickleball (9:30@ WC Tennis, Heather Farms)	12
13 Super Bowl	14  18-Hole Golf (9:35@ Boundary Oak)	15	16 9-Hole Golf (10:00@ Buchanan Fields GC)	17 Book Group 2 (11:00 via Zoom)	18 Pickleball (9:30@ WC Tennis, Heather Farms)	19 Golf Clinic
20	21 SIR Br. 116 Meeting (11:30 via Zoom)	22 18-Hole Golf (9:30@ Blue Rock East) Bridge (10:00@ Diablo Country Club)	23 9-Hole Golf (10:00@ Dublin Ranch GC) \$ums Investment (1:30 via Zoom)	24 Fishing Group (8:30 via Zoom)	25 Amiable Amblers (8:15@ Heather Park Swim Ctr.) Pickleball (9:30@ WC Tennis, Heather Farms)	26
27	28 18-Hole Golf (10:00@ Dublin Ranch) Book Group 1 (10:15 via Zoom)					



Branch Administration



Branch Membership

Phil Goff, Membership Chairman

Total Current Membership: 195

- | | | |
|-------------------|----------|---------------|
| • Bergamini, Dick | Resigned | Passed away |
| • Fucik, Jack | Resigned | Moved to Reno |
| • Henrickson, Ron | Resigned | Health issues |

Trampas Topics Submissions



We need your contributions and suggestions for Trampas Topics. Please send photos, news items, SIR activities, and Letters to the Editor:

Neil Schmidt, Trampas Topics Editor

trampastopics@gmail.com

February Birthdays

When you see these members, wish them a Happy Birthday!

- | | |
|-----------------|----------------------|
| 1. Ron Armijo | 11. Sheldon Lawrence |
| 2. Norm Azevedo | 12. Harry Oberle III |
| 3. Jon Dickson | 13. Ed O'Rourke |
| 4. Cliff Egan | 14. Richard Rossland |
| 5. Max Foust | 15. Fred Schafer |
| 6. Dan Green | 16. Mike Schneider |
| 7. Mike Howard | 17. Jeff Smith |
| 8. Jeff Johnson | 18. Curtis Trenor |
| 9. Pete Kallas | 19. Ernie Wong |
| 10. Tom King | 20. Rich Yamanaka |

In Memoriam

Richard F. Bergamini

June 24, 1931 - January 4, 2022

SIR Web Addresses

SIR 116 Web Site

branch116.org

Branch 116 Golf

branch116golf.org

Branch 116 Shopping Cart

sons-in-retirement-las-trampas-br-116.square.site

Area 16 Computer and Technology

sirinc2.org/a16cat/

SIR Happenings State Newsletter

sirinc.org/newsletters/



Sunshine

Matt Arena

SIR **Dick Bergamini** passed on JANUARY 4, 2022. Dick was a loyal and faithful member of our Branch. Dick will be missed by his many friends.

Past Big SIR **Robbie Robinson** unfortunately contracted the Omicron virus. When I last talked to his wife Nancy she advised that Robbie was making progress. Because of the quarantine he was not able to see visitors.

A Friendship founded on business is better than a business founded on friendship.

John D. Rockefelle



SIR HAPPENINGS

Checkout the new and improved State SIR Happenings Newsletter. With a new editor the newsletter February 2021 has been radically expanded with lots of information about fun things that are going on in our branches.

You can find it at: <https://sirinc.org/newsletters>

Branch 116 Financials



Treasury Report

Alan Fitzgerald, Treasurer

Branch 116 Financials

The 2022 budget was approved at the January 17th BEC meeting. The budget contains an Annual Dues of \$10.00 per member.

Pay by Credit Card:

- Select "Shopping Cart" button on the first page of our Branch Website (branch116.org)
- Select "Annual Dues" and check out

If paying by Check:

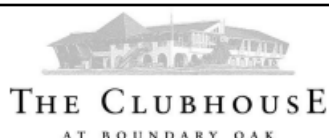
- Make the Checks Payable to: SIR Branch 116
- Mail checks to:

Alan Fitzgerald, Branch Treasurer

1805 Wales Dr., Walnut Creek, CA 94595

The lunch costs for 2022 is \$31.00 per person. Boundary charges the Branch \$31.00 which includes the meal, taxes, service charge and use of the facilities. This is only a \$3.70 increase over the past two years at Boundary.

The 2021 audit is currently in progress. We are behind schedule this year due to scheduling issues of the committee and I was exposed to Covid and self-quarantined. I was tested at a CCC site recently and the results were negative.



SIR 116 Luncheon

March 21, 2022

Salad

Irish Garden Green Salad

Mixed Lettuce, Cucumber, Tomato, Hard Boiled Egg
Lemon-Herb Vinaigrette

Entrees

Classic Braised & Glazed Corned Beef

Cabbage, Boiled Carrots & Potatoes
Whole Grain Mustard Sauce

Or

Seared Salmon Cakes

Lemon Herb Cous Cous, Seasonal Vegetables
Remoulade Sauce

Or

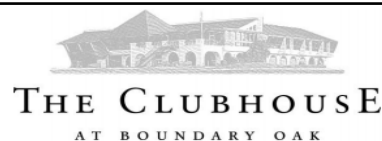
Vegetarian Option

Dessert

Carrot Cake

Caramelized Pineapple Sauce

March Luncheon Menu



SIR 116 Luncheon

March 21, 2022

Salad

Irish Garden Green Salad

Mixed Lettuce, Cucumber, Tomato, Hard Boiled Egg
Lemon-Herb Vinaigrette

Entrees

Classic Braised & Glazed Corned Beef

Cabbage, Boiled Carrots & Potatoes
Whole Grain Mustard Sauce

Or

Seared Salmon Cakes

Lemon Herb Cous Cous, Seasonal Vegetables
Remoulade Sauce

Or

Vegetarian Option

Dessert

Carrot Cake

Caramelized Pineapple Sauce

Luncheon Speaker

Speaker for February Meeting via Zoom "Financial Forecast for 2022" by Mathew Weaver

Mathew Weaver will be discussing Financial Forecast for 2022 and related subjects. Matt is a financial advisor for LPL Financial, a division of Fremont Bank

Matt has served as an advisor for FB Investment Services, A Division of Fremont Bank since October of 2015, but is not new to the investment and risk management industry. He has served institutions and individuals since 2003 and in the Bay Area community since 2006 with his CFA and eventually obtaining his licenses in 2015. Matt has served as an

educator, teaching investments and risk management at the graduate level for the University of San Francisco.

Matt holds a Bachelor of Science degree from Belhaven University in business administration. He holds the Chartered Financial Analyst® (CFA®) designation, a globally recognized, graduate level investment credential that is issued by the CFA Institute. Matt is FINRA Series 7 and 63 registered through LPL Financial and is licensed with the California Dept. of Insurance.

Branch Administration



Little SIR Report

Roger Craig

The beat goes on. The difficult decision to forego an in person meeting in February was deemed necessary.

There will be a Zoom meeting and we are hoping for an excellent turnout.

There are still plenty of SIR activities in place and we encourage all SIR members to checkout their preferred activity with Mike Ward who can give you their latest status.

Kevin Donahue recommends we provide him with an updated copy of our vax card in the likely event we will eventually have to prove we are boosted.

I am certain we all look forward to the day we can return to pre-COVID times. Be assured ,with your help, SIR will weather this storm and continue to be a viable source of great activities and good fellowship

Pay Your 2022 SIR Branch 116 Dues Now!

The SIR Branch 116 annual dues for 2022 are \$10 (What a great price!) and can be paid either through our Branch Shopping Cart system or by sending a check to our Treasurer Alan Fitzgerald (see page 5 for more info on sending a check.)

A button link to the Branch Shopping Cart system can be found on the home page of our Branch website (branch116.org). Try it—It is similar to ordering things on Amazon.

Branch 116 COVID Protocols (1/17/2022)

A- Adherence to State SIR and State and County and Federal COVID-19 Guidelines

SIR Branch 116 shall continue to require all Attendees participating in SIR activities to comply with all then-current federal, state, county and/or municipality requirements related to COVID-19 protection, such as but not limited to wearing masks and social distancing. This activity must not be prohibited by an applicable order of the State, County or Municipal public health department.

B- Vaccination Requirement

Beginning May 1, 2021 and until further notice to the contrary, SIR Branch 116 shall require branch members, visiting SIR members from other branches, guest speakers, guests, spouses/significant others ("Attendees") to be fully vaccinated as defined by the CDC.

To ensure compliance with the requirements of item above, SIR Branch 116 shall require Attendees to

show the original, a copy, or photo (in hardcopy or via a phone) of their vaccination record cards. SIR

Branch 116 shall maintain an updated list of members who have submitted proof of vaccination and use it to check them in for branch activities involving any indoor components. SIR Branch 116 will not require members who are on the vaccinated list to show proof of vaccination thereafter.

C- Waiver Requirement

Branch 116 shall require all Attendees attending SIR indoor or outdoor activities, to execute a Branch 116 waiver prior to allowing them to attend such activities. Such waiver need only be executed once by a member and the waiver shall then apply to all branch activities henceforth. The branch shall maintain the originals of executed waivers for inspection by State SIR representatives

Branch 116 Member Relations



Member Relations

David Harris

SIR January and February Anniversaries

We will like to recognize those members who have been with SIR Branch 116 for 15 or more years. Each month, we will list the members who have an anniversary with SIR.

Here are the January and February Anniversaries:

January 2022

<u>Name</u>	<u>Years with SIR</u>	<u>Date Joined SIR</u>
Pete Kallas	23	01/18/1999
Carlos Xavier	22	01/17/2000
Andy Benz	22	01/17/2000
Jim Videle	21	01/15/2001

Phil Goff	20	01/21/2002
Lou Sandor	20	01/21/2002
Jim Clizbe	18	01/19/2004
Darrell McClaughry	18	01/19/2004
Dan Green	16	01/16/2006
Carl Langhorst	15	01/15/2007

February 2022

<u>Name</u>	<u>Years with SIR</u>	<u>Date Joined SIR</u>
Bob Loder	26	02/19/1996
Tom Eller	19	02/17/2003
George Kohut	17	02/21/2005

Branch Activities



Activities Report

Mike Ward, Activities Head

EXISTING ACTIVITIES

Our Branch 116 currently has a total of 24 Indoor and Outdoor Activities that have been established. Currently we have a total of approx. 12 Activities that are Open and available for your use. If you have an interest in participating in any of the open activities, please check this month's News letter calendar for the date and time. Also call or email the ACTIVITY LEADER to confirm your attendance.

NEW ACTIVITIES

We have TWO (2) new activities that we will be opening in February. The NEW ACTIVITIES ARE:

- TRAVEL (DOMESTIC AND FOREIGN)
- COMMUNITY ACTIVITIES (pay it forward)

Jeff Johnson has agreed to kick off these new activities. Please read Jeff's articles concerning these new activities on Page 9 of the Newsletter.

OTHER POSSIBLE NEW ACTIVITIES FOR 2022

- COOKING
- CPR TRAINING
- THEATER/OPERA
- WINE/BEER MAKING
- BOWING
- STOCK INVESTING
- TABLE TOP TENNIS
- PHOTOGRAPHY

If any Branch members have an interest in participating or becoming an Activity Leader in any of the above listed POSSIBLE NEW ACTIVITIES, please call or email me at (510) 734-9863 or Michael.Ward64@comcast.net. (SECOND REQUEST)

A THANK YOU TO ALL THE CURRENT ACTIVITIES LEADERS AND THOSE WHO VOLUNTEER TO BE NEW LEADERS IN THE FUTURE.



Walking Tours

Greg Hughes

MEEK MANSION - MARCH 26

On MARCH 26, 2022, the Saturday Walking Tours Activity will visit the Meek Mansion historical site in Hayward. The tour will be conducted by Caroline Sandoval, Outreach and Educational Manager, Hayward Area Historical Society. The Mansion was built in 1869 by William Meek, one of the first pioneers of commercial agriculture in Alameda County. When he built the mansion he had planted over 3000 acres of cherry, apricot, plum, and almond orchards at that site.

Ms. Sandoval is an excellent and very qualified speaker, and we anticipate that everyone will greatly enjoy her presentation. The tour will begin at 10:15 at the Mansion's front steps. Please anticipate her tour will run 60+ minutes. There is a \$150

donation which will be shared equally by participants. We plan to limit the event to 20 participants and the cost should be \$7.50 per person.

This is a Hayward City Recreational Park and it has full bath room facilities.

The Mansion has wheelchair access for the FIRST FLOOR ONLY. We understand that the majority of the tour will be conducted on this floor.

We expect all participants to be fully Covid compliant as it is defined by the CCD for that date. Participants should be prepared to wear masks.

After the tour the participants will meet for lunch in a local restaurant. Will decide on a final venue when we get closer to the March 26 date. Please contact Greg Hughes or Mike Schneider for more info.

Branch Activities

TWO NEW ACTIVITIES!



Community Service

Jeff Johnson

PAY-IT-FORWARD – Community Service –
A new activity was approved – to provide volunteer activities to not-for-profits in our area. It is envisioned to be one-time events in such venues as:

- Sorting food - Solano/Contra Costa Food Bank,
- Preparing food boxes - Salvation Army,
- Serving meals during Thanksgiving and Christmas holidays - Bay Area Rescue Mission,
- Adopt-a-Highway (clean-up twice per year) – CALTRANS; they will put our logo on the sign – good publicity, and

- any other volunteer opportunities the committee identifies.

Chapter members are invited to join the Pay-It-Forward Activity Committee. Volunteer opportunities will be identified by the committee membership and leaders will be assigned to each volunteer activity. None of the activities envisioned will constitute endorsement of the benefactor and no monetary contributions or support will be made under this activity. If you are interested in joining the committee or being a volunteer, please contact Jeff Johnson – 415-652-4840 – jeffjohnson9000@att.net.



Travel

Jeff Johnson

Yes, it is time to travel...even with the ever-changing Covid situation people who are vaccinated, traveling with others who are vaccinated, with tour groups that require vaccinations and other safety measures are traveling and tours are filling. Here are some of the travel opportunities available to SIR members:

- **Holland tulip festival** tour featuring Mackinac island's grand hotel May 12 -19, 2022 price: \$3,895 per person double occupancy.
- **Top of Switzerland and Oberammergau**, Germany and the passion play. August 27 – September 7, 2022, price: \$4,725 per person double occupancy, land only.
- **Alaska land & sea** 8-day cruise, May 23 June 4th. 2022. Price: \$2,995 per person double occupancy, including air fare.

- **Columbia and snake river cruise** 8 nights, May 12, 2022, prices range from \$5,600 per person double occupancy.
- **Classic New England** land tour, September 29-October 7, 2022. \$3,950 per person double occupancy.
- **Autumn in the Northeast** - cruise aboard the crystal serenity Quebec City to New York City, 8 Nights October 5-13, 2022. \$4,898 per person double occupancy, including air fare.

With so many trips being canceled in the past 18 months, many trips are already sold out and taking wait lists.

For more information, contact Jeff Johnson 415-652-4840 of jeffjohnson9000@att.net.

Branch Activities

\$ums Investment

Tom Henry (Br. 174)

We will again join Branch 128's (San Ramon) Investment Group for their Zoom meeting- on Wed February 23 at 1:30 PM.

Topic to be announced.

A Zoom invitation will be sent out later for those on the email list. Email Dave Sutton to be included.

(davesutn@comcast.net)

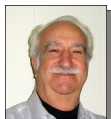


Dine-O-SIR

Alex Lutkus

Regretfully, plans for a future Dine-O-SIR event are being held in abeyance until such time as the very

contagious variant, "omicron", ceases to be a threat.



Fishing

Harry Sherinian

All SIR members and guests are welcome, and indeed encouraged, to participate in fishing trips as well as attend the monthly meetings. Contacts are Big Fish, Bob Lively 925-383-5193 and Branch 116 Fishing Coordinator, Harry Sherinian, 925-846-7067. Next meeting will be at the Legends restaurant at the Diablo Creek golf course on Port Chicago Highway and Highway 4 on **Thursday, February 24th** at 8:30am.

Get crabby. Upon our ocean blue, from now till rock fishing opens (date unknown) crab fishing is in vogue. Brion Beetz and Stan Wong have had their fill of crab meat. Crabbing is slowing down but will probably continue to early March. I say probably

because so many of our fishing rules are decided a month or week before the actual dates. Rockfish and salmon opening dates have changed each year. Meanwhile we have hopes for a good year for trout in our local lakes now that we have water in them. San Pablo reservoir will reopen in early February and that has been a successful location. Sturgeon fishing is slow for us, party boats with magic roe do fairly well, but we have not shared in their success. Striper fishing in the delta is slow but Stan Wong, Harry Sherinian, and Tom Kostik have had some success. Chuck Vanoncini and sons enjoyed a guided trip for trout on the upper Sacramento river and did very well.



Bocce

Paul Russell

We are going to try to start playing Bocce in April this year, but I'd like to get an idea of who would be interested in playing. It will be on Thursday again beginning at ten o'clock and could last for either 2 or 3 hours. If you are interested, please let me know

your name and the name of your wife / significant other at peruz@att.net . We would like to get about 4 teams of 6 to 8 people.

Thank you very much.

Branch Activities



Book Group 1

Rich Black

Book Group #1 met on Monday, January 31, 2022 by Zoom unless unseasonably clear weather allows us to meet in Arbolado Park (lower parking lot) to discuss "The Spy and the Traitor" by Ben Macintyre. Prospective new members who wish to join our +/- one-hour discussion (not a class) should contact Richard Black at Blackrw41@comcast.net

Book Group #1 will also meet on Monday, **February 28** to discuss "A Shot to Save the World" by Zuckerman. This also will be a 10:15 meeting, no doubt by Zoom.

Book Group #1 last met on January 3 to discuss "The Presidents Club" by Gibbs and Duffy which described in depth how former Presidents from

Herbert Hoover to George W. Bush worked together to support the incumbent president. Richard Black and Steve Bort led the discussion with Mike Schneider, Richard White, Joel White, Dick Kaufman, Richard Rossland, John Riordan, Garret Girvan, Mac McLoughlan, Tim Tinnes and Art Donaldson. Most of us were surprised at how much we learned more about the Presidents who had served during our lifetimes and awarded the book 4.2 stars.



Book Group 2

Scott Clark

Book Club 2 met via Zoom on January 20 to discuss Eat the Buddha by Barbara Demick. Seven members were in attendance. We rated the book 3.6 out of 4

First question some may ask, are Buddha's edible? The answer is yes, some are made of flour and butter and thus are edible.

The book spans decades of modern Tibetan & Chinese history, as told through the private lives of Demick's subjects, among them a princess whose family is wiped out during the Cultural Revolution, a young Tibetan nomad who becomes radicalized, an upwardly mobile entrepreneur who falls in love

with a Chinese woman, a poet and intellectual who risks everything to voice his resistance, and a Tibetan schoolgirl forced to choose between family and the elusive lure of Chinese money. The book provides unique insight into Tibet's life under Communist rule.

Our next meeting is **Thursday, February 17**, to discuss A Year in the Life of William Shakespeare: 1599. The author is James Shapiro. All are welcome to join. Please contact Alan Pope to be included in the Zoom invitation.

Branch Activities



Amiable Amblers

John Riordan

We started the year with a cool, sunny walk on January 14 along the Nimitz Trail from Inspiration Point in Tilden Park. The views of green hills, San Francisco, and the Golden Gate were spectacular. Walkers included Richard Black & Donna Arganbright, Dick Frankel, Paul & Anna Freitas, Essie Naddaf, John & Gail Riordan, and Tom Welte. We had a great turnout for the January 28 walk along the Iron Horse Trail in Alamo. Walkers included Richard Black & Donna Arganbright, Art Donaldson, Dick Frankel, David & Colleen Geary, Dan Green, Essie Naddaf, John & Gail Riordan, and Joel & Susan White.

The **February 11** walk will commence at 8:15 in the lower parking lot of Arbolado Park. We will walk

north along the Ygnacio Canal Trail. The **February 25** walk will commence at 8:15 in the parking lot for the Heather Farm Swim Center. We will walk north and then proceed east along the Contra Costa Canal Trail. RSVP to jriordan730@gmail.com.

These walks are for individuals or couples, as spouses and significant others are encouraged to participate. The significant other/spouse is also invited to participate even when the member is unable to. SIR members, including those from other branches, wishing to join this mellow group or to be added to the email contact list should contact me at jriordan730@gmail.com or 925-284-3394. Also contact me if you wish to be removed from the list for future emails.



Pickelball

Ed Solomon

Join us every Friday at the Walnut Creek Tennis Center in Heather Farm from 8 to 9:30 am. Beginners welcome. We reserve two courts every week. All you need are tennis sneakers, shorts preferred, sun screen, & we have extra paddles.

Pickleball is a fun sport for all ages that combine many elements of tennis, badminton, & ping-pong, played on badminton sized court. The rules are simple and the game is easy for beginners to learn.



Bridge

John Dickson

We are continuing to have our 2nd & 4th Tuesdays of each month lunch & bridge at Diablo Country club, starting at 10:00 AM. For those who were not with us on January 11th, Diablo raised the cost of lunch (this is called Inflation) so cost will be \$35 for the day. We welcome all those who like to play bridge. We WILL NOT have our usual April LA-DIES DAY this spring because of Omicron haz-

ards. It is tough to get men out for our regular bridge sessions so don't want to try to lure ladies out for bridge.

I hope everyone had a fun New year Celebration as we all can celebrate still being alive and vertical to see year 2022.

SIR Golf



SIR Golf
Bernie Wroblewski, Golf Chairman

The Golf Website is: branch116golf.org

Please bookmark it in your "Favorites" list of websites to access information on the following:

- Annual Golf Schedule: Dates, times, and courses as well as detailed information on costs, payment information, deadlines, and special event facts.
- 18-Hole Pairings: Shows captains, teams, starting times & handicaps for next event.
- 18-Hole Leaders and Results: Shows results from recent events and leaders in each group.
- Paid-In-Advance Sign-Ups: Shows checks that have been received for the next 3-4 pre-paid outings.
- Boundary Oak Sign-Ups: Shows who has signed-up for the next two Boundary Oak sessions.



Just missed it!

Davy Harris with an "almost"!

A hole in one is rare. It is usually made on par three holes. Hole in one on a par four is more difficult than landing on the moon. At Canyon Lakes on the 207 yard, par four Davy took out his driver, hit it toward the green which has circling three quarters around it with hazard lake, and a small green which tilted toward the water and with sand hazard in front. We knew it was a terrific shot for Davy and arrived at the green to found that part of the ball was over the hole. Unbelievable! And congratulations for a dream of life! Golf is fun!

February: 9-Hole Schedule

Date	Time	Location	Organizer
Wed. 02	10:00	Pleasanton GC	Marty Katz
Wed. 09	10:00	Diablo Hills	D.McClaughry
Wed. 16	10:00	Buchanan Fields	Dick Chaffee
Wed. 23	10:00	Dublin Ranch	Marty Katz

February: 18-Hole Schedule

Date	Time	Location	Organizer
Mon. 07	9:40	Boundary Oak	Harry Oberle
Mon. 14	9:40	Boundary Oak	Harry Oberle
Tue. 22	9:30	Blue Rock West	Harry Oberle
Mon. 28	10:00	Dublin Ranch	Harry Oberle

18-Hole Pay In Advance Deadlines

<u>Event Date</u>	<u>Location</u>	<u>Deadline</u>	<u>Amount</u>
February 22	Blue Rock West	Feb. 14	\$39
February 28	Dublin Ranch	Feb. 22	\$36
March 22	Blue Rock East	Mar. 14	\$37
March 28	Lone Tree	Mar. 21	\$48

Sign-up for Golf via Branch 116 Shopping Cart System at: sons-in-retirement-las-trampas-br-116.square.site



Golf Clinic

Chris Doan

The Golf Clinic theme for the 1st quarter of the new year is to provide a foundation for “**generating impressive results**” in your golf game. Generally speaking, the highest leverage for improving one’s golf score is improving the short game starting with putting and working out from the green to about 50 yards. Interestingly, most individual practice is spent on the driving range with tee shots and longer fairway shots ... the short game is often overlooked or at least under considered in practice.

The first session of 2022 focused on “**Course Management**” at the end of January. Among other things, the importance of your short game was emphasized as one key to lowering your score.

The remaining three sessions in this series will focus on the green and out to about 50 yards.

The **February 19 Clinic** will be totally focused on the green where the goal should be two putts or less ... in 9 or 18 holes, your putting should account for

18 or 36 strokes maximum. This session will include reading the green, and various practice techniques to improve your average putts per game.

The **March and April Clinic** will move the focus out to about 30 yards and then 50 yards from the pin so it will include chipping from various lies and distances as well as effective bunker play. The goal of this session will be to improve your ability to move the ball as close to the pin as possible in a single stroke.

All Clinic sessions will be held at Diablo Creek Golf Course in Concord under the direction of Golf Pro Pete Asselin. The cost is \$30 and spouses are welcome to participate.

Members interested in getting involved, please contact Chris at cdoan99@gmail.com or (602) 908-0292 to be added to the Clinic mailing list.

FORE !!

Match Play Golf for February 14th

Valentine Day begins with the loving Match Play at our second weekend in February at Boundary Oak. We look forward for a fun and enjoyable golf competition within our golfers with a winner over next five months. You can win pats on the back, recogni-

tion, trophy, and remuneration. Sign up for our Match Play no later than February 7th and a payment of just \$10.00 on SIR Br. 116 Shopping Cart. Also, don’t forget flower for your spouse on Valentine Day! Bernie and JJ

Save the Dates: Sept. 6-9

2022 Golf Reno

This year we plan to go back to Reno for golf. The dates will be Tuesday **September 6 to Friday September 9**. We will arrive Tuesday, play golf on Wednesday and Thursday, and come home on Friday. Group dinners will be on Tuesday and Thurs-

day evenings. There will be activities for the men and woman who do not play golf. Save the dates.

There will be more details about the outing this spring. If you have any questions, contact David Harris.



RETURN TO: Neil Schmidt
2231 San Miguel Dr.
Walnut Creek, CA 94596-5805

FIRST CLASS MAIL

Sons In Retirement: A non profit Organization for Men Enjoying Active Retirement

Rules of Attendance & Membership for SIR Branch 116

RULE 100. A member shall be notified in writing and/or telephone by his Branch of the pending termination of his membership should he be responsible for any of the following:

- Miss three (3) consecutive regular luncheon meetings without having been excused by contacting the designated Branch Attendance person prior to the meeting date.
- Did not attend one-half of the regular luncheon meetings within the previous twelve consecutive month period. NOTE: Excused meetings cannot be included to achieve the minimum attendance.
- All legitimate alternatives to termination shall be explored. The member's response may suggest an alternative to termination such as inactive status.

RULE 101. Certification of attendance by a member at another Branch meeting will be considered as a credit to his attendance record. Individual Branches may limit the number of make-ups during a 12-month period.

Non Responsibility Declaration

RULE 345: All activities arranged for or by, Sons In Retirement, Incorporated, and its Branches, are for the convenience and pleasure of the members and their guests who desire to participate. Sons In Retirement, Incorporated, and its Branches do not assume any responsibility for the well being or safety of the participants or their property, in any matters pertaining to said activities.

Checks for Trips

Trips of 2 days and 1 night or less may be made payable to the Branch conducting the trip. Trips in excess of 1 night must be made payable to the travel agency involved.