## Message from Michael



As we continue to be locked down and our activities curtailed, I believe we are all experiencing a level of stress in lives that at our age we could well do without. Peace and tranquility sound like a couple of good alternatives. Be that as it may, I think we are also suffering from Zoom 'burnout'! It's simply not the same communicating virtually and trying to keep a smile on your face in front of large group of people. To help us stay engaged or even awake, I would like to change up the tone of our monthly meetings. If any of you have ideas as to how we might do that, no matter how 'far out', please share them with me.

At the last BEC I announced that I had invited a few members to form an Ad Hoc committee spear headed by Little SIR Sam Beret, to explore the issue of broadening our membership base especially by looking into our Branch make up as to whether it reflects our local communities or not. They will get back to us before the end of this year and we will share their findings and suggestions with you.

In a recent SIR State survey in response to the question "What makes SIR membership of interest to you?" the overwhelming response was "I was lonely." The second highest response was "My spouse/partner recommended it." In seven variables, Activities were rated last!

The BEC takes place at 8:30 AM on the Monday morning of the monthly SIR 'Lunch' meeting (09/20). You are all welcome to attend. If you are interested, please let Neil Schmidt know and he will send you the Zoom link.
Blessings to you all and stay safe.

## Michael




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Please email or call any BEC member if you have any questions/news regarding branch activities or members


## 2020 SIR Branch 116 Directors



Gary Boswell


Roger
Craig


Al
Farbman

## 2020 Activity Chairmen

Activity

- Bocce
- Book Group 1
- Book Group 2
- Book Exchange
- Bridge
- Computer \& Tech
- Dine-O-SIR
- Duplicate Bridge
- Fishing
- Golf-18 Hole
- Golf-9 Hole
- Golf - Carmel
- Golf - Carson City
- Mexican Train
- Parties
- Pickleball
- Poker
- Saturday Tours
- \$ums in Retirement
- Travel
- Wine-O-SIR


## A Thank You to all Br. 116 SIR Who Volunteer to be Leaders

| Some Other SIR Area 16 Activities |  |  |
| :--- | :--- | ---: |
| Apple User Group | Dick Macy (Br.171) | $376-1180$ |
| Astronomy | Bill Hunter (Br.8) | $947-6947$ |
| Bowling | Dan Weller (Br. 8) | $935-5510$ |
| Digital Photo. | Bill Phelon (Br.8) | $254-8338$ |
| Pocket Pool | Jerry White (Br.8) | $944-9068$ |
| Tennis | Ralph Thornicraft (174) | $376-8140$ |

Asst. Chairman
Chairman John Riordan Joel White Jim Seven Rich Black Alan Pope John Fraser Jon Dickson Neil Schmidt Alex Lutkus Conrad Robertson Harry Sherinian Bernie Wroblewski
Dick Chaffee
Jim Barstow
Tim Hubbard Richard Madden Marty Katz Ed Solomon Lou Sandor
Greg Hughes
Ben Smith
TBD
Lou Meylan
Steve Bort
Dick Kauffman Bob Wolf Phil Goff
Team Members Tom Henry Terry Miller
Jim Johnson
D. Mclaughry JJ, Harris, Eller Oberle, Harris Alex Lutkus

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David Harris


Fred Wachowicz


Jerry Hicks

## 2020 Support Chairmen

RAMP Department Heads:

- Recruitment
- Activities
- Member Relations
- Publicity

Support Chairmen:

- Audit Committee
- Nominating Committee
- Sunshine Committee

Luncheon Support:

- Attendance
- Audio Visual
- Chaplain Committee
- Greeters Committee
- Raffle Committee
- Speakers Committee
- Storytellers Committee
- Cash Collection

Recruitment Committee

- Recruiting
- Guest Packet
- Guest Follow-up
- Guest Statistics
- Sponsor Program
- New Member Orientation
- New Member Packet


## Membership

- Member Relations
- Membership Secretary
- Membership Roster
- Awards/Recognition

Publicity

- Publicity
- Newsletter Editor
- Internal Communications

Don Schroeder
Fred Wachowicz
Tom O'Brien
Jim McCormick
Ron Armijo
Jerry Hicks
Matt Arena
Mike Scheneider
Neil Schmidt
Terry Sherman
Terry Grummitt
Ben Bryce
Sam Beret/ Al Farbman
Mac Mcloughlin
Ron Banducci

Don Schroeder
Don Schroeder
Don Schroeder
Phil Goff
Don Schroeder
Dave Williams
Phil Goff
Tom O'Brien
Phil Goff
George Pryhuber
Michael Barrington
Jim McCormick
Neil Schmidt
Michael Barrington

| Monthly Activities Calendar |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| October 2020 |  |  |  |  |  |  |
| Sun. | Monday | Tuesday | Wednesday | Thursday | Friday | Sat. |
|  |  |  |  | 1 | 2 <br> Pickleball <br> (8:00@WC Tennis, Heather Farms) | 3 |
| 4 | 5 <br> 18-Hole Golf (9:35@ Boundary Oak GC ) Book Group 1 (10:15@ via Zoom) | 6 | 9-Hole Golf 0:00@ Pleasanton GC) | 8 | 9 <br> Hiking \& Walking <br> (8:15@ Osage Station Park, Danville) <br> Pickleball <br> (8:00@WC Tennis, Heather Farms) | 10 |
| 11 | 12 <br> 18-Hole Golf (9:35@ Boundary Oak GC ) | 13 | 9-Hole Golf <br> 0:00@ Diablo Hills GC) | 15 <br> Computer \& Tech (9:30@ via Zoom) Book Group 2 (11:00@ via Zoom) | 16 <br> Pickleball <br> (8:00@ WC Tennis, Heather Farms) | 17 |
| 18 | 19 <br> SIR Branch 116 <br> Meeting <br> (12:00 Noon via Zoom) | 20 <br> 18-Hole Golf <br> (10:06@ Hiddenbrooke GC) | 9-Hole Golf | $22$ <br> Fishing Group (8:30@ via Zoom) | 23 <br> Hiking \& Walking <br> (8:15@ Martinez Regional Park) <br> Pickleball <br> (8:00@ WC Tennis, Heather Farms) | 24 |
| 25 | 18-Hole Golf (10:00@ Brentwood GC) Book Group 1 (10:15@ via Zoom) | 27 | 9-Hole Golf <br> 0:00@ Diablo Hills GC) | 29 | 30 <br> Pickleball <br> (8:00@ WC Tennis, Heather Farms) |  |


|  | Br. 116 Treasurer's Report <br> Alan Fitzgerald, Treasurer <br> (galan.fitzgerald@gmail.com) |  |  |  |  |
| :--- | ---: | ---: | ---: | :---: | :---: |
| September 17, 2020 |  |  |  |  |  |
|  | Sept. 2020 |  |  |  | 2020 YTD |
| Contributions | 72.22 | $\$$ | $17,634.95$ |  |  |
| Disbursements | $\$$ | $(72.22)$ | $\$$ |  |  |
| Net (gain/(loss)) | $\$$ | 0.00 | $\$ 5$ |  |  |
| $2,027.51$ |  |  |  |  |  |
| August Cash Balance |  | $\$$ | $11,873.33$ |  |  |
| Outstanding Checks | $\$$ | 0.00 |  |  |  |



## Membership <br> Phil Goff <br> (philgoff@yahoo.com)

## SIR 116 August Membership Status

Total Current Membership is 206

- New member Rich Yamanaka (Sponsor Al Satake)
- Bill Clark passed away on Aug. 29, 2020


## $\mathfrak{I n} \mathfrak{f l l e m o r i a m}$㭗illiam © Clark

July 29, 1934-Auqust 29, 2020

## Brain Teasers

1. What must you do to make the equation below true?

$$
81 \times 9=801
$$

2. There are a hundred buildings along a street. A sign maker is ordered to number the buildings from 1 to 100 . How many " 9 ' $s$ " we he need?
3. How many tickets with different points of originations and destination can be sold on a bus line that travels a loop of 25 stops?
4. All ties are red except two. All ties are blue except two. All ties are brown except two. How many ties do I have?
How well did you do? (See answers on page 9)

October Birthdays
When you see these members, wish them a Happy Birthday!

1. Urs Christen
2. Jerry Christopherson
3. Scott Clark
4. Wayne Cook
5. Jed Daniel
6. David Ferm
7. John Fraser
8. Dave Heck
9. Marty Katz
10. Carl Langhorst
11. Don Marini
12. Ken Nigro
13. Don Nix
14. Frank Portillo
15. Al Satake
16. Dick Thomson
17. Bob Wolf
18. Jerry Zampino

Sunshine Report
Matt Arena
(marena@astound.net)
SIR Bill Clark passed on AUGUST 282020 . Bill received many tributes from our members following his passing. He was a great golfing companion and was remembered for the pleasure he brought to his many friends in the Branch.

I want to acknowledge PAST BIG SIR Neil Schmidt, BIG SIR Micheal Barrington and SIR Dennis Snarr for their efforts to honor SIR Bill Clark at the funeral as well as providing the Certificate of Remembrance for the Clark family. Take good care of yourselves.
Hoping for some good news when we return to our luncheons.


Our Pickleball group is back to playing every Friday, now from 8:00 to 9:30 am, at Heather Farm Tennis Center.

Until further notice we are only allowed to play "skinny" singles which is less running around on the court.


## Meeting Speaker

Little SIR Sam Beret
(snb49@Outlook.com)
I hope all of our members and their families are doing well.

On Monday October 19, 2020, we will have a "virtual lunch" meeting via Zoom. Fire Chief Paige Meyer will be our luncheon speaker. He will discuss San Ramon Valley Fire District operations and challenges faced by firefighters in general with wildfires and other natural disasters. Paige Meyer was appointed as the San Ramon Valley Fire Protection District's Fire Chief on March 18, 2013 and serves as the Chief Executive Officer and the high-est-ranking officer in the Fire District. In addition, Chief Meyer currently serves on the East Bay Regional Communications System Authority Board of Directors, is Board President Elect of Leadership San Ramon Valley and a member of the Police and Fire Fallen Heroes scholarship committee. He is also the current President of both the Contra Costa County Executive Fire Chiefs Association and the Contra Costa County Chiefs Association. Chief Meyer was appointed as an Honorary Air Force Commander with the Travis Air Force Base in 2018.

Chief Meyer began his public safety career in 1992 as a volunteer Firefighter and later as a Public Safety Officer, with the city of Sunnyvale. He then became a member of the City of Vallejo Fire Department, where he progressed through the ranks of Firefighter, Engineer, Captain, Battalion Chief and Fire Chief. He holds a Bachelor of Arts Degree in Public Administration from California State University at Chico as well as an Associate's Degree in Fire Science from Butte College.

This will be a presentation via Zoom video platform and Zoom meeting details will be announced later.

Although our SIR 116 luncheons are suspended due to shelter-in-place, we are continuing with our tradition of celebrating member birthdays. The birthday-raffle winner will be announced at our October meeting.

Congratulations to all of our previous winners and they can claim their free lunch vouchers when we start meeting in person again.


The next Zoom SIR Area 16 Computer \& Technology (CAT) Group meeting will be Thursday, October 15th starting at 9:30 AM (The Zoom "Doors" will be open at 9:15 AM so come a little early to chat with friends).

In October the Computer \& Technology group is going to have the second of a 2-part CAT series on "Television Entertainment". Last month we learned from Phil Goff about "Broadcast vs. Internet TV" and in October Neil Schmidt is going to be discussing smart TV's, streaming devices, streaming sites and how to find good programming. Members will also be asked to contribute their favorite sites and programs.

There is a tremendous amount of television programming available beyond your standard cable or satellite service. Numerous interesting documentaries, Academy Award movies, classic movies, TV series, etc. are available via Internet streaming. In addition, some of these services are free.

To attend the Zoom meeting, individuals need to sign-up for the CAT's mailing list. A few days before the meeting, a Zoom web link that is needed to connect will be sent to members on the mailing list.


# Activity Chair <br> Fred Wachowicz \& Mike Ward (fredwach@pacbell.net) 



This Covid anti-activity device is looking a bit like a Precor Treadmill.

But wait, we are in fact adopting a new activity which is a Monthly Travel Arm Chair Zoom Meeting.

We will feature various travel related arm chair topics for full day, 2-3 day, or 1-2 week National/ International travel trips. Remember Bay Area Backroads and the Arm Chair Cruise Radio Show in the 1950s?

These arm chair cruises will of course turn into real travel events of interests to our members once the aforementioned treadmill ceases to operate.

Get your name into Mike Ward or Fred Wachowicz to be included in this new approach to travel planning.

Our travel planning group will finalize the plans and recommendations for BEC approval this month and we will then schedule a great travel speaker for our kickoff Arm Chair Meeting.
Of course, Pickle, Golf (18 hole and 9 hole), Fishing, Book Clubs 1 and 2, Amiable Amblers, and Saturday Walking Tours have been back in operation along with a bit of online Bridge to boot.
A Continuing Caveat to all, please continue to observe all of our County and State Covid requirements to keep us healthy during these times.

Lastly, as reported last month and based on input from our membership we are planning to hold a Grand Celebration Luncheon similar to the Spring Fling when Covid retires into the past.

> Want a Free $\$ 25$ Lunch ?
> Sponsor a New Member!

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## Bridge

Jon Dickson
(still26@sbcglobal.net)
Diablo Country Club was contacted last week and they are still closed to all. They have promised to contact us as soon as they are opening and we can start again to play bridge, have lunch there, on 2nd and 4th Tuesdays of the month. I am sue they are as anxious to have us there as we are to resume playing bridge.
As soon as they give us a positive word, you will receive an announcement.

## Duplicate Bridge

Not sure when (or if) duplicate bridge will restart. Even with masks, the majority of players do not want to expose themselves to that environment.


## Walking Tours <br> Greg Hughes <br> (greghughes505@gmail.com)

In our 2020 Walking Tour plan we were originally scheduled to do Downtown Walnut Creek in September, and the Tracy based Amazon Fulfillment Center in October. Unfortunately, BOTH TOUR PROVIDERS CANCELLED THEIR TOURS. We will not be able to reschedule our tours until the Tour Providers return to normal production. We are evaluating other tours having "outside venues" and "short driving distances." Another way to do this is to seek out tours with facilities that are still open for business. Unfortunately, it is difficult to plan for a Walking Tour when we are unsure of the future COVID 19 environment. If we successfully identify a logical Walking Tour venue, we will announce the details in next month's newsletter.

As always, please feel free to send your questions and Walking Tour suggestions to Greg (greghughes505@gmail.com).

0SIR Fishing Group

Harry Sherinian (h.sherinian@comcast.net)

All SIR members and guests are welcome, and indeed encouraged, to participate in fishing trips as well as attend the monthly meetings. Contacts are Big Fish, Ron Lew 925-550-4166 or Branch 116 Fishing Coordinator, Harry Sherinian, 925-846-7067. Next meeting will be through ZOOM on Thursday October 22nd at 8:30am.

Because our activity happens outdoors, we have been able to pursue our passion, observing all the COVID limitations. Salmon fishing on the ocean is dwindling to completion. Many of us caught salmon in the last month, but fewer than before. Rock fishing on the ocean has filled the gap, and the fishing group has enjoyed two adventures recently with great success. A dozen of us have filled sacks with rock fish and ling cod weighing nearly 50 lbs . Our local lakes are still too warm for trout planting, and crab fishing on the ocean is not scheduled to start till the first Saturday in November. But, Tom Kostik, Harry Sherinian, Terry Miller, Stan Wong, and Mike Corker have been getting some stripers and black bass in the delta.


SIR Branch 116 BEC (Branch Executive Board) meeting via Zoom on September 17th

If you want to attend one of the Zoom BEC meetings that are held at 8:30 AM on the same day as our Luncheon Speaker Meetings, contact Neil Schmidt to get on the Zoom mailing list.


## Trampas Topics Submissions



Always checkout the SIR Happenings State Newsletter at:
sirinc.org/sirhappenings
It contains some interesting SIR reading material.

| Br. 116 Book Group 1 |
| :---: | :---: |
| Rich Black |

Book Group \#1 will meet next on Monday, October 5 at 10:15 am, to discuss "The Radetzky March" by Joseph Roth. It is the custom of Book Group \#1 to meet at 10:15 am at Orinda Books, 276 Village Square, in Orinda but in all probability this meeting will again be conducted on the Zoom on-line platform on that date at that time. The Convener will notify members ahead of time if an in-person meeting consistent with BEC guidelines can be conducted. Prospective new members should contact Richard Black at Blackrw41@comcast.net Book Group \#1 will not meet on September 28 because of Yom Kippur.

Book Group \#1 will discuss "The Accidental President" by A.J. Baime on October 26, no doubt by Zoom.

Book Group \#1 will not discuss "The Fifth Risk" by Michael Lewis as previously planned because it runs contrary to one of the Three SIR's probations: No religion, No politics and No Fund Raising. A New Title for November 23 will be picked at the October 5 meeting.


Join us for Pickleball every Friday, from 8 AM to 9:30 AM at Walnut Creek Tennis at Heather Farm Br. 116 Book Group 2

Alan Pope
(pope451@gmail.com
Book Group 2 met by teleconference on Thursday, September 17, to discuss "A Gentleman in Moscow" by Amor Towles. This is a very good book recommended by the group. The author's style, character development, and placement in the time right after the Bolshevik revolution, make it interesting and easy to read. The "gentleman" is a former aristocrat in Russia, Count Alexander Ilyich Rostov, sentenced to live the rest of his life in the Hotel Metropol in Moscow for writing an incomprehensible poem that the ruling Bolsheviks determined to be a threat to society. The book describes, among many other matters, how the people who once provided services for the Count and other Metropol guests, the chef, seamstress, bartender and concierge, became the Count's friends, confidants and equals. The group gave "A Gentleman in Moscow" an average rating of 4.5 out of 5 .

The next Book Club 2 meeting will be on Thursday, October 15, at 11 am by videoconference using the Zoom app. The group will discuss, "An Army at Dawn" by Rick Atkinson. This is the story of the Allied invasion of North Africa in 1942-1943. After "An Army at Dawn", Book Club 2 will read "The Pillars of the Earth" by Ken Follett. We welcome anyone who is interested in either of these books to join us.

Limitations of Broadcast TV Signals?

- All programming is offered at a set time
- Must use a DVR to watch at a different time
- Must have a coaxial cable connected to TV to receive the signal

Broadcast TV signals are not transmitted wirelessly!

- There are some devices to transmit TV signal wirelessly but they are expensive and not widely available - AT\&T tried to offer these devices but wasn't popular

Phil Goff talking about "Broadcast vs. Internet TV" at the September 17th Computer \& Tech Zoom meeting.

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# Amiable Amblers <br> John Riordan \& Joel White (jriordan730@gmail.com) 

The September 11 walk was cancelled because of unhealthy smoke levels. John Riordan led the September 25 walk along the Lafayette-Moraga Regional Trail. Other walkers included Richard and Donna Black, Art and Mary Alice Donaldson, Paul and Anna Freitas, Dan and Andrea Green, Fred and Diane McBreen, Joel and Susan White, and Richard and Aase White.

The October 9 walk will begin at $8: 15$ in the Osage Station Park north parking lot off Brookside Drive in Danville. We will walk south along the Iron Horse Trail.

The October 23 walk will begin at $8: 15$ in the Martinez Regional Shoreline. Details of the meeting place are TBD and will emailed a week in advance to those on the Amblers mailing list.

John Riordan will lead both walks. RSVP to him at jriordan730@gmail.com . Call his cell phone 925-391 -5749 if you are running late.
These walks are for individuals or couples, as spouses and significant others are encouraged to participate. The significant other/spouse is also invited to participate even when the member is unable to. SIR members, including those from other branches, wishing to join this mellow group or to be added to the email contact list should contact John Riordan at jriordan730@gmail.com or 925-2843394.

## BRAIN TEASER ANSWERS

1. Turn the page upside down, it will read $108=6 \times 18$
2. He will need twenty " 9 s ".
3. At each stop, passengers can buy a ticket for any of the 24 remaining stops. Therefore, the number of tickets will be $25 \times 24=$ 600.
4. Three: one red, one blue, and one brown

## New 18-Hole Golf Signup System

There are now two Golf sign-up options:
Option A: Sign up online and send check

- Use Golf webpage signup box
- Send your check to: SIR BRANCH 116 GOLF, PO Box 683, Lafayette, CA 94549-0683
- If your name does not appear on the tournament list after a couple of days, resubmit
Option B: Pay via credit card (includes signup)
- Use SIR Br. 116 Shopping Cart website (The web link is on Golf's "Paid-in-Advance Signup" webpage)
- Select tournaments and pay via credit card
- The event signup is automatic via the Shopping Cart system (You don't need to use Golf's sign up box)


Kevin Donahue scores the 4th hole-in-one in Br . 116 Nine Hole Golf history. On Wednesday, September 23, Kevin fired his hole-in-one on the 105 yard third hole at Diablo Hills.

## SIR Br. 116 Shopping Cart System



## How to Use

- Use web link on Golf's "Paid-in-Advance" or on Branch 116's "Member Info" web pages
- Select a golfing event you want to play
- "Add to Cart" (You can add multiple events)
- Go to "Checkout"
- Fill-in your "Details" (name, CC number, etc.)
- Review \& "Submit" order
- You'll receive a confirmation email of purchase Just like buying something from Amazon...

Checkout



Submit Order

# SIR Branch 116 Golf <br> By Bernie Wroblewski, Golf Chairman <br> (bbwroblewski@comcast.net) 

## Boundary Oak Golf is Back

Our Branch has been reinstated at Boundary Oak beginning on September 14. Boundary Oak sign ups for Mondays, October 5, October 12, November 2 and November 7 are available on our golf web page or through our golf hotline. Play at Boundary Oak is still subject to the Covid-19 restrictions which are published on our golf web page.


Nine Hole Info
Dick Chaffee, 9 -Hole Chairman (rwchaffee@sbcglobal.net)

The SIR Branch 116 Nine Hole Golf Club plays every Wednesday morning. First tee time is 10:00am. Golfers of all levels are welcome. All events are scored on a handicapped basis. An NCGA index is not required. You may use your NCGA index if you have one. If not, we will compute an index for you based on your SIR 9 hole scores. To sign up for an event, please call the SIR Branch 116 Golf Club Hot Line, 925-906-5355. State that you want to sign up for the 9 hole event on (give the date). Or, if you receive our 9 hole golf email announcements, reply to the e-mail.

## Latest SIR 116 Golf Info Available on Our Golf Web Site

The Golf Website is: branch116golf.org
Please bookmark it in your "Favorites" list of websites to access information on the following:

- 2018 Golf Schedule: Dates, times, and courses as well as detailed information on costs, payment information, deadlines, and special event facts.

18-Hole Pairings: Shows captains, teams, starting times \& handicaps for next event.

- 18-Hole Leaders and Results: Shows results from recent events and leaders in each group.
- Paid-In-Advance Sign-Ups: Shows checks that have been received for the next 3-4 pre-paid outings.


## 18-Hole Pay In Advance Deadlines

| Event Date |  |  | Location |  | eadline |  | mount |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| October 20 |  |  | Hiddenbrooke |  | Cct. 12 |  | \$45 |
| October 26 |  |  | Brentwood |  | Oct. 16 |  | \$35 |
| November 17 |  |  | San Ramon |  | at cour | rse Ride | / Walk \$24 |
| November 30 |  |  | Rancho Solano |  | ov. 21 |  | \$45 |
| Send checks made out to SIR Branch 116 Golf, PO Box 683, Lafayette, CA 94549-0683 |  |  |  |  |  |  |  |
| October 9-Hole Schedule |  |  |  | October 18-Hole Schedule |  |  |  |
| Date | Time | Location | Organizer | Date | Time | Location | Organizer |
| Wed. 07 | 10:00 | Pleasanton GC | Marty Katz | Mon. 05 | 9:35 | Boundary Oak | Gary Boswell |
| Wed. 14 | 10:00 | Diablo Hills | D.McClaughry | Mon. 12 | 9:35 | Boundary Oak | Gary Boswell |
| Wed. 21 | 10:00 | Buchanan Fields | Dick Chaffee | Tue. 20 | 10:06 | Hiddenbrooke | Gary Boswell |
| Wed. 28 | 10:00 | Diablo Hills | D.McClaughry | Mon. 26 | 10:00 | Brentwood | Gary Boswell |

## Sons In Retirement: A non profit Organization for Men Enjoying Active Retirement

## Rules of Attendance \& Membership for SIR Branch 116

RULE 100. A member shall be notified in writing and/or telephone by his Branch of the pending termination of his membership should he be responsible for any of the following:

- Miss three (3) consecutive regular luncheon meetings without having been excused by contacting the designated Branch Attendance person prior to the meeting date.
- Did not attend one-half of the regular luncheon meetings within the previous twelve consecutive month period. NOTE: Excused meetings cannot be included to achieve the minimum attendance.
- All legitimate alternatives to termination shall be explored. The member's response may suggest an alternative to termination such as inactive status.

RULE 101. Certification of attendance by a member at another Branch meeting will be considered as a credit to his attendance record. Individual Branches may limit the number of make-ups during a 12-month period.

## Non Responsibility Declaration

RULE 345: All activities arranged for or by, Sons In Retirement, Incorporated, and its Branches, are for the convenience and pleasure of the members and their guests who desire to participate. Sons In Retirement, Incorporated, and its Branches do not assume any responsibility for the well being or safety of the participants or their property, in any matters pertaining to said activities.

## Checks for Trips

Trips of 2 days and 1 night or less may be made payable to the Branch conducting the trip. Trips in excess of 1 night must be made payable to the travel agency involved.

