

SIR Branch 116 Trampas Topics

Newsletter October 2019 Next Meeting: 11:30 am Monday, Oct. 21, 2019 Boundary Oak, 3800 Valley Vista Rd., Walnut Creek

A Nonprofit Public Benefit Organization for Men Enjoying Active Retirement

Sayings of 2019 Big Sir Jerry Hicks

The State SIR annual conference was held in August at the Thunder Valley Casino and Resort, a great location. Of interest to us is a developing change



of direction and modernization of SIR. The logo has been revised with the "Sons in Retirement" removed and inserted is "Social Activities for Men." A new vision statement is "to become the best active men's organization in Northern and Central California by improving longevity through providing opportunities for physical, mental and social engage-

ment."

For us, the emphasis has transitioned to a more active life as we mature. Luncheons, although the requirement to attend a minimum of five Luncheons throughout the year still exists, are an activity equal to our many other fun activities that we offer. We should emphasize bringing guests to our activities as well as to our Luncheons. They probably will get to know our members better in the activity and better see what we have to offer. The key for SIR is to make friends for life (the social interaction) and live longer (physical and mental).

Dr. Christine Ritchie from UCSF, Division of Geriatrics, delivered an interesting talk. Among several subjects, she dealt with falls, a leading cause of <u>fatal</u> injury. Our members who have had spills this year don't have to feel alone – one in four Americans over 65 fall each year. Every 11 seconds, an older adult is treated in the emergency room for a fall and every 19 minutes, an older adult dies from a fall. Startling statistics!

What can we do about it? She offered several ideas, among them: •Have your doctor review your medications, • Make sure you are getting enough vitamin D, and • Exercise---especially muscle strengthening and balance. How much exercise? Her group advises weekly: • At least 150 minutes of moderate-intensity aerobic physical activity • Multi-component physical ~3 or more days per week. • Muscle-strengthening activities, involving major muscle groups ~2 or more days a week. So, put on your gym trunks and shoes. Along with that, join in our activities; they help you reach these goals. And bring your spouses – Dr. Ritchie's research applies to them as well.

"And in the end, it's not the years in your life that count. It's the life in your years." – Abraham Lincoln

Jerry Hicks, Big SIR



Topics Index

<u>PLEASE CALL</u> 322-1318

or email to
luncheon116@gmail.com
by the Monday prior to
the meeting to cancel your
standing reservation or to
bring a guest.

2019 SIR Branch 116 Officers



Big SIR Jerry Hicks



Little SIR Michael Barrington



Secretary Fred Schafer



Assist.Sec. Paul Ramacciotti



Treasurer Jim Nickels



Asst.Treas. 1 Bob Shader



Asst.Treas. 2 Al Satake



Member.Sec. Phil Goff

2019 SIR Branch 116 Directors



Norm Alberts



Gary Boswell



Peter Coggiola



Roger Craig



David Harris



Marty Katz

men

2019 A	ctivity Chairi
Activity	Chairman
• Bocce	Jim Seven
 Book Group 1 	Rich Black
 Book Group 2 	
 Book Exchange 	John Fraser
• Bridge	Jon Dickson
• Computer & Tech.	Neil Schmidt
 Dine-O-SIR 	Alex Lutkus
 Duplicate Bridge 	Conrad Robertson
• Fishing	Harry Sherinian
• Golf–18 Hole	Bernie Wroblewsk
 Golf−9 Hole 	Dick Chaffee
 Golf − Reno 	Paul Ramacciotti
 Golf − Carmel 	Jim Barstow
• Hiking & Walking	John Riordan
Mexican Train	Richard Madden
 Parties 	Alan Fitzgerald
 Pickleball 	Ed Solomon
 Poker 	Lou Sandor
 Saturday Tours 	Greg Hughes
, 'D	

• \$ums in Retirement Ben Smith Don Murry Lou Meylan

Steve Bort Dick Kauffman Bob Wolf Phil Goff Socolich, Katz Tom Henry Terry Miller Jim Johnson D. Mclaughry Harris, Katz II, Harris, Eller Joel White Alex Lutkus Marty Katz

Asst. Chairman

2019 Support Chairmen

RAMP Department Heads:

 Recruitment 	Don Schroeder
 Activities 	Fred Wachowicz
 Member Relations 	Sam Beret
 Publicity 	Jim McCormick
Support Chairmen:	
 Audit Committee 	Ron Armijo
 Nominating Committee 	Marty Katz

Lun

 Nominating Committee 	Marty Katz
 Sunshine Committee 	Matt Arena
Luncheon Support:	
 Attendance 	B. Chaney & J. Flessner
 Audio Visual 	Neil Schmidt
 Chaplain Committee 	Doug Aalders
 Greeters Committee 	Terry Grummitt
 Raffle Committee 	Ben Bryce
 Speakers Committee 	Michael Barrington
 Storytellers Committee 	Mac Mcloughlin
Recruitment Committee	
 Guest Packet 	TBA
 New Member Orientation 	Dave Williams
 Recruitment Materials 	TBA
• Letters	TBA
Membership Relations Committee	

A Thank You to all Br. 116 SIR Who Volunteer to be Leaders

Some Other SIR Area 16 Activities

Apple User Grp.	Dick Macy (Br.171)	376-1180
Astronomy	Bill Hunter (Br.8)	947-6947
Bowling	Dan Weller (Br. 8)	935-5510
Digital Photo.	Bill Phelon (Br.8)	254-8338
Pocket Pool	Jerry White (Br.8)	944-9068
Tennis	Ralph Thornicraft (174)	376-8140

Outreach

• Slideshow Presentations

Letters	10/1
Membership Relations Committee	
 Membership Secretary 	Phil Goff
 Computer Support 	Neil Schmidt
 Membership Roster 	George Pryhuber
 Webmaster 	Phil Goff
 Awards/Recognitions 	TBA
 Sponsor Program 	TBA
 Letters 	TBA
Publicity Committee	
 Newsletter Editor 	Neil Schmidt
 Internal Communications 	TBA

TBA

Neil Schmidt

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Travel

Wine-O-SIR

SIR Branch 116 Activity Calendar

October 2019

Sun.	Monday	Tuesday	Wednesday	Thursday	Friday	Sat.
	18-Hole Golf (9:30@ Blue Rock East GC)	Duplicate Bridge (10:00 Diablo Valley Bridge Ctr.)	9-Hole Golf (10:00@ Buchanan Fields GC)	3	Pickleball (8:00@ WC Tennis, Heather Farms)	5
6	7 18-Hole Golf (9:32@ Franklin Canyon GC)	Luncheon Bridge (10:00 Diablo CC)	9 9-Hole Golf (10:00@ Diablo Hills GC) Mexican Train Dominos (10:00@ Church of Christ, WC)	10	Hiking & Walking (8:15@ Alamo Trail Head, Stone Valley Rd.) Pickleball (8:00@ WC Tennis, Heather Farms)	12
13	SIR Br.116 Meeting (11:30@ Boundary Oak)	18-Hole Golf (1:00@ Rossmoor CC) Dine-O-SIR Oktoberfest (6:00@ Boundary Oak)	9-Hole Golf (10:00@ Buchanan Fields) \$ums Investment (8:00@ Diablo Creek GC)	Computer & Tech (9:30@ Elks Club)	Pickleball (8:00@ WC Tennis, Heather Farms)	19
20	18-Hole Golf (9:00@ Tilden Park GC)	Luncheon Bridge (11:30@ Diablo CC) 18-Hole Golf (1:00@ Rossmoor CC)	9-Hole Golf (10:00@ Brentwood CC)	Fishing Group (8:30@ Legends-Diablo Crk)	25 Hiking & Walking (8:15@ Pleasant Hill Rd & Olympic Trail Head) Pickleball (8:00@ WC Tennis, Heather Farms)	26
27	18-Hole Golf (GBD@ Oakhurst CC) Book Group (10:15@ Orinda Books)	"Ladies Day" Bridge (11:30@ Diablo CC)	9-Hole Golf (10:00@ ???)	31 Halloween	Pickleball (8:00@ WC Tennis, Heather Farms)	



Br. 116 Treasurer's Report Jim Nickels, Treasurer (bjnickels@sbcglobal.net)

	Aug	ust 2019	20	019 YTD
Contributions	\$	5,780.84	\$	49,722.46
Disbursements	\$	(5,557.34)	\$	(50,064.16)
Net (gain/(loss))	\$	223.50	\$	(341.70)
August 31st Cash	Balanc	e	\$	7,759.59

October Birthdays

When you see these members, wish them a Happy Birthday!

Trappy birdicay:		
1. Urs Christen	1. Carl Langhorst	
2. Jerry Christopherson	9. Dan Lawrence	
3. Wayne Cook	10. Don Marini	
4. Jed Daniel	11. Frank Portillo	
5. David Ferm	12. Al Satake	
6. John Fraser	13. Dick Thomson	
7. Dave Heck	14. Bob Wolf	
8. Marty Katz	15. Jerry Zampino	



Meeting Attendance Brent Chaney & Jim Flessner (luncheon116@gmail.com)



August 19, 2019 Meeting Attendance

Active Members:	211
Guests/Visitors:	2
Transfers & Inductees:	3
Speakers:	1
Members Excused:	62
Excused due to long term illness:	6
Members NOT excused:	12
Total Attendance:	140
% of Active Members in Attendance	65%

Members not excused will be asked to pay for their missed lunch.

October Lunch Menu



THE CLUBHOUSE

SIRS 116 Luncheon October 21, 2019

Salad

Ambrosia Salad Butter Lettuce, Grapes, Whipped Cream, Melon, Pineapple, Maraschino Cherries

Entrees

BBQ Pork Ribs

Baked Beans, Sautéed Corn Or

Mango Glazed Mahi Mahi

Rice Pilaf & Seasonal Vegetables, Chardonnay Caper Butter Sauce

Vegetarian

Stuffed Sweet Potatoes

Wild Mushroom Ragout, Seasonal Vegetables, Red Pepper Caulis

Dessert

Chocolate Supreme Cake

Moist Chocolate Cake, Chocolate Ganache Raspberry Sauce



Membership Phil Goff

(philgoff@yahoo.com)

SIR 116 Membership Status

Total Current Membership is 211

New Members

- Leo Vardas (Sponsor Dick Savage)
- Jamie Watson (Sponsor Art Donaldson)
- Darrel Dummett (Sponsor Fred Savage)



Meeting Speaker Little SIR Michael Barrington (majb7016@gmail.com)

Trampas Topics Submissions



We need your contributions and suggestions for Trampas Topics. Please send photos, news items, SIR activities, and Letters to the Editor:

Neil Schmidt, Trampas Topics Editor trampastopics@gmail.com



Poker Lou Sandor (lsandor@astound.net)

Contact Lou Sandor at 925-944-1634 or Isandor@astound.net if you are interested in joining the Poker group

New Branch 116 Members





Sunshine Report
Matt Arena
(marena@astound.net)

In Memoriam Paul R. Harris

February 25, 1923 - September 2, 2019

State 'SIR Happenings'

Enjoy reading *SIR Happenings* and find out about all the fun things that are going on throughout our organization. You can easily find Happenings on the SIR State Website located at:

sirinc.org/sirhappenings

SIR Website Addresses

SIR 116 Web Site (With new design) branch116.org

Branch 116 Golf branch116golf.org

Computer and Technology
https://sirinc2.org/a16cat/
SIR Happenings State Newsletter
sirinc.org/sirhappenings

State SIR Web Site sirinc.org/



"Dine-O-SIR" Dinner Group Alex Lutkus (alutkus@yahoo.com)

In August, the Dine-O-SIR Dinner Group had two fantastic evenings of socializing and dining at the Brass Door Restaurant in San Ramon with 110 guests in attendance.

Our next, and final dinner event for the year, is planned for Tuesday, October 15, starting at 6 PM, in the new TAPHOUSE located at Boundary Oak Golf Course in Walnut Creek. The cost, including tax and tip, is only \$32. This will be a fun and frolic evening, celebrating Oktoberfest with a variety of no host biers, wines and other spirits along with a buffet of Bavarian delights including various sausages, chicken schnitzel, sauerkraut, salads, desserts, etc. for your dining pleasure. See the signup form below...



Hiking & Walking John Riordan & Joel White (gcriordan@com, zpz2mrz@gmail.com)

Octoberfest Buffet

at

The TAPHOUSE, Boundary Oak G.C., Tuesday October 15, 2019

NAME:	EMAIL	
NAME:	NO. ATTENDING:	x \$32=\$

Please make check to: SIR Branch 116 Dining
Mail to: Dick Socolich, 416 Kingsford Dr., Moraga CA 94556
Call or e-mail Dick if you have questions. 925-376-3090 – dsoc1954@gmail.com



Br. 116 Book Group 1 Rich Black

(blackrw41@comcast.net)



Bridge

Jon Dickson (still26@sbcglobal.net)

All bridge playing members and other bridge playing men are welcome to play bridge the 2nd and 4th Tuesdays of the month at Diablo Country Club. Lunch and bridge starting at 9:30 AM. Please do join us.

Our semi-annual LADIES DAY BRIDGE day will be the 5th Tuesday of October this year on Tuesday, **October 29th**, lunch & bridge at Diablo Country Club, starting at 11:30 AM. Find a partner, male or female, and join the bridge session. We play Chicago Style bridge and you keep your same partner all day.

There is also a duplicate bridge game at the Bridge Center in Concord on the 1st Tuesday of the month headed by Conrad Robertson, that is open to all. Partners are assigned each game.

Do join your fellow SIR's in bridge games.



Walking Tours Greg Hughes (greghughes505@gmail.com)



Computer & Technology Neil Schmidt

(SIR.Area2.CAT@gmail.com)

The next meeting of the SIR Area 16 Computer and Technology Group will be on Thursday, October 17th at the Walnut Creek Elks Lodge (1475 Creekside Dr., WC) starting at 9:30 am. SIR from all branches and their guests, including spouses, are welcome and invited to attend. Plan to come a little early and for coffee, goodies and to chat.

October presentation topic will be "Organizing Your Photos" by Neil Schmidt. What do you do with all your photos? Most of us have a large collection of old slides and prints and, with today's smartphones, we now have a massive collection of new digital images. Neil will explore several different techniques for managing your entire photo collection.

Checkout our CAT website at "a2cat.sirinc2.org" for a list of past presentations. Note that we ask for a \$5 donation to cover the cost of the hall rental, coffee and cookies. We look forward to seeing you on October 17th.



SIR Fishing Group Harry Sherinian (h.sherinian@comcast.net)



"Mexican Train" Dominos Richard Madden (maddenram@sbcglobal.net)

Α



Wine-O-SIR

Lou Meylan
(loumeylan@hotmail.com)

Want a Free \$25 Lunch? Sponsor a New Member!

\$ums Investment Group

Tom Henry (Branch 174)

(tomh925@icloud.com)



Parties

Alan Fitzgerald

(galan.fitzgerald@gmail.com)

Holiday Christmas Party

December 11th is the date for our Christmas/ Holiday Dinner/Dance Party for 2019. The program will be a little different this year: 5:00 to 6:00 social hour with an ice breaker for the ladies; 6:00 to 7:00 will be welcome, Branch Business, Entertainment, Santa and Raffles; Dinner at 7:00 until around 8:00 and Dancing until 10:00. The Committee is still working on the details and hope to see as many of you and your significant other at the party. Registration deadline is December 2nd.



Bocce

Jim Seven

(jseven1@me.com)

If you are interested in playing (or just learning about) Bocce, contact the new Branch 116 activity leader Jim Seven.



Pickleball

Ed Solomon

(edsolomon@gmail.com)

Let's Play PICKLEBALL, every Friday 8 to 9 am, @ Walnut Creek Tennis at Heather Farms. We have the paddles and balls, try to wear tennis sneakers & bring water. Have 12 SIR's signed up. \$5 per player. It's a FUN hour as we all learn together!! No need to rsvp, just show up!! Ed Solomon (415) 215-2684.



Book Exchange John Fraser & Dick Kauffman (wokeagle@aol.com & rkkauffman@gmail.com)



Everyone is invited to take advantage of the book exchange in the rear of the dining room, a wide variety of topics, fiction and non fiction. Spring Cleaning? Bring books that you have enjoyed, they are always welcome. We do need help in moving the books our of Boundary Oaks, just grab a box. I would be big help



SIR BRANCH 116 – WALNUT CREEK

HOLIDAY PARTY DINNER DANCE!



WEDNESDAY, DECEMBER 11, 2019 – 5:00 TO 10:30 PM

The Clubhouse at Boundary Oak

3800 Valley Vista Road, Walnut Creek 94598

5:00 – 6:00 Registration and Social Hour with No Host Bar 6:00 – 7:00 Changing of the Leadership Team, Entertainment, Door Prizes 7:00 – 10:30 Dinner and Dancing

CHOICE OF ENTRÉE @ \$57 PER PERSON:

Grilled Marinated Bistro Filet, Potato Gratin, Caramelized Shallot Jus Pan Seared Salmon, Corn Coulis with Lemon, Rice Pilaf and Braised Leeks Butternut Squash Ravioli, Brown Butter & Sundried Cranberries Includes Wedge Salad, Seasonal Vegetables and NY Cheese Cake Corkage fee: \$15.00

—Holiday Party Dinner Dance – Boundary Oak – 12/11/2019
Reservations must be received NO later than December 2nd, 2019

Make checks payable to: SIR Branch 116 (Circle entrée choice)

Name: ______ Steak Fish Pasta

Steak/Fish/Pasta dinner: \$57 X _____ guests = ____

Mail checks to: Gary Boswell, 2 Rachel Ranch Court, Clayton, CA 94517-2126
I WOULD LIKE TO RESERVE A TABLE (tables of 10) WITH THE FOLLOWING:



SIR Branch 116 Golf By Bernie Wroblewski, Golf Chairman

(bbwroblewski@comcast.net)

We have an active golf organization consisting of 18-hole and 9-hole groups. A small annual donation is required to play in either group.

The 18-hole group plays once a week in a Tournament format with play alternating between local courses and courses that may be 10 to 50 miles away.

In addition to the Tournament format, Special Events such as Match Play, Best Ball, Scramble, and others are also periodically scheduled.

Those playing in the 18-hole group must be members of the Northern California Golf Association (NCGA) and establish a handicap index. You may join the NCGA through our SIR club or through another club.

Foursomes in both the 18-hole and 9-hole groups are arranged so that players can meet and enjoy playing with most, if not all, the other players in the branch.

All our events are listed in the Trampas Topics and on our web site at branch116.org/116-golf. Join up with us and enjoy outings with a great bunch of guys at some great courses with reasonable prices.



Nine Hole Info Dick Chaffee, 9-Hole Chairman (rwchaffee@sbcglobal.net)

The SIR Branch 116 Nine Hole Golf Club plays every Wednesday morning. First tee time is 10:00am. Golfers of all levels are welcome. All events are scored on a handicapped basis. An NCGA index is not required. You may use your NCGA index if you have one. If not, we will compute an index for you based on your SIR 9 hole scores. To sign up for an event, please call the SIR Branch 116 Golf Club Hot Line, 925-906-5355. State that you want to sign up for the 9 hole event on (give the date). Or, if you receive our 9 hole golf email announcements, reply to the e-mail.

Latest SIR 116 Golf Info Available on Our Golf Web Site

The Golf Website is: **branch116golf.org**

Please bookmark it in your "Favorites" list of websites to access information on the following:

- <u>2018 Golf Schedule:</u> Dates, times, and courses as well as detailed information on costs, payment information, deadlines, and special event facts. <u>18-Hole Pairings:</u> Shows captains, teams, start-
- ing times & handicaps for next event.
- <u>18-Hole Leaders and Results:</u> Shows results from recent events and leaders in each group.
- <u>Paid-In-Advance Sign-Ups:</u> Shows checks that have been received for the next 3-4 pre-paid outings.
- <u>Boundary Oak Sign-Ups:</u> Shows who has signed-up for the next two Boundary Oak sessions.

October 9-Hole Schedule

Date	Time	Location	Organizer
Wed. 02	10:00	Buchanan Fields	Dick Chaffee
Wed. 09	10:00	Diablo Hills	D.McClaughry
Wed. 16	10:00	Buchanan Fields	Dick Chaffee
Wed. 23	10:00	Brentwood	D.McClaughry
Wec. 30			

October 18-Hole Schedule

Date	Time	Location	Organizer
Mon. 07	9:32	Boundary Oak	Jim McCormick
Mon. 14	9:32	Boundary Oak	Jim McCormick
Tues. 22	noon	Rossmoor	Jim McCormick
Mon. 28	10:00	Napa Kennedy	Jim McCormick

18-Hole Results								
Dublin Ranch, August 26 2019 Alex Lutkus - Official Scorer								
Flight 1			Lutkus			Eliaht 4		
*	F()	Flight 2	F()	Flight 3	E7 2	Flight 4	E/	2
1st David Harris	56 3	1st Bernie Wroblewski	56 3		57 3	1st Fred Schafer	56 50	3
2nd Jim Johnson	57 2	2nd Jim Barstow	57 2		58 2	2nd Bill Hemmelsbach	59	2
3rd Don Schroeder	59 1	3rd Al Hutchko	60 1	3rd Dave Carlson	63 1	3rd Terry Sherman	60	1
Low Gross		Low Gross		Low Gross		Low Gross		
David Harris	71	Jim Barstow 77		Kevin Donahue	82	Fred Schafer	87	
Closest to #4		Closest to #4		Closest to #4		Closest to #4		
Don Schroeder		Don Benioff		Alex Lutkus		<u> </u>		
	Rancho Solano, August 20 2019							
		•	Barstow	- Official Scorer				
Flight 1		Flight 2		Flight 3		Flight 4		
1st Don Schroeder	65 3	1st Al Hutchko	67 3	1st Richard Madden	68 3	1st Bill Hemmelsbach	65	3
2nd Phil Goff	67 2	2nd Al Zavattero	68 2	2nd Alex Lutkus	69 2	2nd Greg Hughes	72	2
3rd Alan Fitzgerald	72 1	3rd Jim Barstow	69 1	3rd Kevin Donahue	70 1	3rd Fred Schafer	76	1
Low Gross		Low Gross		Low Gross		Low Gross		
Phil Goff	83	Jim Barstow	91	Kevin Donahue	97	Bill Hemmelsbach	106	
Closest to #15		Closest to #15		Closest to #15		Closest to #15		
David Harris		Al Zavattero		Terry Grummitt		Closest to #15		
David Hairis		Al Zavattelo		Terry Grummitt				
				K, August 12 2019 K-Official Scorer				
Flight 1		Flight 2		Flight 3		Flight 4		
1st Phil Goff	66 3	Tie1st Jim Barstow	65 3		65 3	Tie1st Wayne Cook	70	3
Tie 2nd Bill McCord	70 2	Tie1st Al Zavattero	65 3		66 2	Tie1st Terry Sherman	70	3
Tie 2nd Don Schroeder	70 2	Tie 3rd Alan Pope	66 1		67 1	3rd Greg Hughes	73	1
		Tie 3rd Mike Howard	66 1					
Low Gross		Low Gross		Low Gross		Low Gross		
Phil Goff	82	JIm Barstow	88	Sam Beret	94	Terry Sherman	96	
		·				•		
Closest to #2		Closest to #2		Closest to #3		Closest to #2		
Carlos Xavier		Jim Barstow		Charles McInnis				
Boundary Oak, August 5, 2019 Davis Harris - Official Scorer								
Flight 1		Flight 2		Flight 3		Flight 4		
1st David Harris	66 3	Tie1st Jim Barstow	66 3	1st Sam Beret	68 3	1st Terry Sherman	65	3
Tie 2nd Jerry Hicks	86 2	Tie1st Harry Oberle	66 3	Tie 2nd Charles McInnis	71 2	2nd Bill Hemmelsbach	68	2
Tie 2nd Jim Johnson	68 2	3rd Jim Vedele	69 1	Tie 2nd Alex Lutkus	71 2	3rd Fred Schafer	72	2
		·						
Low Gross		Low Gross		Low Gross		Low Gross		
David Harris	83	Harry Oberle	88	Sam Beret	96	Terry Sherman	100	
Closest to #2		Closest to #2		Closest to #3		Closest to #2		
Jim McCormick		Alan Pope		Charles McInnis		C100C51 10 #2		
July 1916 Colliner		mai i ope		Charles Wichills				

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18-Hole Leaderboard

2019 Second Half Leaders (as of Dublin Ranch, August 26)							
FLIGHT 1		FLIGHT 2		FLIGHT 3		FLIGHT 4	
<u>Name</u>	<u>Pts</u>	<u>Name</u>	<u>Pts</u>	<u>Name</u>	<u>Pts</u>	<u>Name</u>	<u>Pts</u>
Phil Goff	8	Jim Barstow	14	Alex Lutkus	13	Bill Hemmelsbach	15
David Harris	8	Harry Oberle	8	Kevin Donahue	12	Greg Hughes	11
Alan Fitzgerald	7	Al Zavattero	8	Richard Madden	10	Terry Sherman	11
Jim Johnson	7	Bernie Wroblewski	8	Sam Beret	5	Wayne Cook	7
Jerry Hicks	6	Alan Pope	6	Ron Armijo	4	Fred Schafer	7
Bill McCord	6	Hutchko, Al	4	Jai Yee	3		
Don Schroeder	6	Don Bennioff	1	Charles McInnis	2		
Michael Barrington	3	Jim Vedele	1	Jim Clizbe	1		
Denny Giambiastini	1	Mike Howard	1	Dave Carlson	1		

Golf Hotline: The Golf Telephone Hotline can be reached at 925-906-5355.

You may leave a message to register for 9-Hole & 18-Hole tournaments, cancel a previous registration, make special requests for pairings, ask to be added to a waiting list after the deadline and check to see if a tournament has been cancelled due to inclement weather or other reasons.

- If you are registering for Boundary Oak, please indicate whether you are Walking or Riding.
- If you are registering for Paid-in-Advance tournaments, please mail your check prior to the deadline to SIR Branch 116 Golf, P. O. Box 683, Lafayette, CA 94549-0683.

Electronic Signups and Cancellations

Please note that you may also signup for Boundary Oak & Paid-in-Advance tournaments on this website. Simply navigate to 18-Hole Group/Schedules & Signups and choose either Boundary Oak or Paid-in-Advance. You may cancel a previous signup either by using the telephone hotline or by sending an email to branch116golf@gmail.com.

18-Hole Pay In Advance Deadlines

Event Date	Location	<u>Deadline</u>	<u>Amount</u>
October 22	Roosmoor	Oct. 6	\$54 Ride/\$40 Walk
October 28	Napa Kennedy	Oct. 12	\$35
November 19	Paradise Valley	Nov. 10	\$45
November 25	Franklin Canyon	Nov. 20	\$33

Send checks made out to SIR Branch 116 Golf, PO Box 683, Lafayette, CA 94549-0683



FIRST CLASS MAIL

RETURN TO: Neil Schmidt 2231 San Miguel Dr. Walnut Creek, CA 94596-5805

Sons In Retirement: A non profit Organization for Men Enjoying Active Retirement

Rules of Attendance & Membership for SIR Branch 116

RULE 100. A member shall be notified in writing and/or telephone by his Branch of the pending termination of his membership should he be responsible for any of the following:

- Miss three (3) consecutive regular luncheon meetings without having been excused by contacting the designated Branch Attendance person prior to the meeting date.
- Did not attend one-half of the regular luncheon meetings within the previous twelve consecutive month period. NOTE: Excused meetings cannot be included to achieve the minimum attendance.
- All legitimate alternatives to termination shall be explored. The member's response may suggest an alternative to termination such as inactive status.

RULE 101. Certification of attendance by a member at another Branch meeting will be considered as a credit to his attendance record. Individual Branches may limit the number of make-ups during a 12-month period.

Non Responsibility Declaration

RULE 345: All activities arranged for or by, Sons In Retirement, Incorporated, and its Branches, are for the convenience and pleasure of the members and their guests who desire to participate. Sons In Retirement, Incorporated, and its Branches do not assume any responsibility for the well being or safety of the participants or their property, in any matters pertaining to said activities.

Checks for Trips

Trips of 2 days and 1 night or less may be made payable to the Branch conducting the trip. Trips in excess of 1 night must be made payable to the travel agency involved.