



SIR Branch 116 Trampas Topics Newsletter August, 2018

Next Meeting: 11:30 am
Monday, August 20, 2018
Boundary Oak, 3800 Valley
Vista Rd., Walnut Creek

A Nonprofit Public Benefit Organization for Men Enjoying Active Retirement

Sayings of 2018 Big Sir Marty Katz

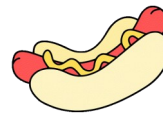
Hello Branch 116. I hope this newsletter finds each and everyone of you doing well, safe and happy.



As you read this Big SIR Sayings. I am in London playing golf and taking Senior Golf Lessons. I can't tell you how the trip was. But, I was on a night time walking tour of Jack the Ripper. I believe I will see you all at the next meeting. My saving grace is I am not a woman of the night. I will have played 4 rounds of golf, walked where the Beatles have walked, been on the London Ferris wheel and have told some jokes to the guard of Buckingham Palace. I believe I made them laugh. I am sure it will be a wonderful trip.

I would like to thank each and every one of you for your support and cooperation in making our new Seating Format, I believe a success. I sincerely hope you all are pleased.

August, we will have a fun Country Buffett. Chicken, dogs, hamburgers, corn on the cobb, potato salad, caesar salad and warm home made cookies. I hope you all will enjoy this fun meal.



Also, this **August meeting is Hawaiian Shirt Day.**

Golfers, don't forget to sign up for the Reno Golf Outing. Our past Honorable Big Sir Paul Ramacciotti has put together a wonderful time of golf, drink and Prime Rib.

Aloha and Cheerio

Marty Katz, Big SIR



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PLEASE CALL 322-1318
or email to
luncheon116@gmail.com
by the Monday prior to
the meeting to cancel your
standing reservation or to
bring a guest.

2018 SIR Branch 116 Officers & Directors



Big SIR
Marty Katz
484-0122



Little SIR
Jerry Hicks
945-7465



Secretary
Fred Schafer
648-4199



Assist.Secretary
Dave Williams
216-6048



Treasurer
Jim Nickels
210-1512



Asst.Treasurer 1
Bob Shader
939-8421



Asst.Treasurer 2
Al Satake
254-9589



Member.Sec.
Phil Goff
831-3692



Director
Norm Alberts
837-4074



Director
Peter Coggiola
820-1518



Director
David Harris
672-5543



Director
Al Hutchko
827-9130



Director
Paul Ramacciotti
229-2564



Director
Harry Sherinian
846-7067

2018 Activity Chairmen

- | | |
|-----------------------|-------------------|
| • Book Group | Rich Black |
| • Book Exchange | John Fraser |
| • " " | Dick Kauffman |
| • Bridge | Jon Dickson |
| • Computer & Tech. | Neil Schmidt |
| • Dine-O-SIR | Alex Lutkus |
| • Duplicate Bridge | Conrad Robertson |
| • Fishing | Harry Sherinian |
| • Golf-18 Hole | Bernie Wroblewski |
| • " " Asst. | Jim Johnson |
| • Golf-9 Hole | Dick Chaffee |
| • " " Asst. | Darrell McLaughry |
| • " " Asst. | Skip Berkson |
| • Golf - Reno | Paul Ramacciotti |
| • Golf - Carmel | Jim Barstow |
| • Hiking & Walking | Joel White |
| • " " Asst. | John Riordan |
| • Mexican Train | Richard Madden |
| • " " Asst. | Alex Lutkus |
| • Parties | J. Christopherson |
| • Poker | Lou Sandor |
| • \$ums in Retirement | Ben Smith |
| • Walking Tours | Alan Fitzgerald |
| • " " Asst. | Greg Hughes |
| • Wine Appreciation | Lou Meylan |

Some Other SIR Area 16 Activities

Apple User Grp.	Dick Macy (Br.171)	376-1180
Astronomy	Bill Hunter (Br.8)	947-6947
Bocce	Bob Barnes (Br.8)	686-0106
Bowling	Dan Weller (Br. 8)	935-5510
Digital Photo.	Bill Phelon (Br.8)	254-8338
Pocket Pool	Jerry White (Br.8)	944-9068
Tennis	Ralph Thornicraft (174)	376-8140

2018 Support Chairmen

RAMP Committees (or Chairmen or Departments)

- | | |
|--------------------|----------------|
| • Recruitment | Skip Berkson |
| • Activities | Norm Alberts |
| • Member Relations | Bob Donohue |
| • Publicity | Allan Chasnoff |

2018 Support Chairmen:

- | | |
|------------------------|------------------|
| • Audit Committee | Ron Armijo |
| • Nominating Committee | Paul Ramacciotti |
| • Sunshine Committee | Matt Arena |
| • Travel Committee | Don Murray |

Luncheon Support:

- | | |
|--------------------------|------------------|
| • Attendance | Kevin Donohue |
| • Audio Visual | Neil Schmidt |
| • Chaplain Committee | Art Donaldson |
| • Greeters Committee | Paul Ramacciotti |
| • Interviewer | Max Foust |
| • Raffle Committee | Don Schroeder |
| • Speakers Committee | Jerry Hicks |
| • Storytellers Committee | Pete Coggiola |

Membership Relations Committee

- | | |
|---------------------|-----------------|
| • Computer Support | Neil Schmidt |
| • Email Contact | Phil Goff |
| • Membership Roster | George Pryhuber |

SIR Branch 116 Activity Calendar

August 2018

Sun.	Monday	Tuesday	Wednesday	Thursday	Friday	Sat.
			1 9-Hole Golf (10:00@ Buchanan Fields GC)	2	3	4
5	6 18-Hole Golf (9:30@ Dublin Ranch GC)	7 Duplicate Bridge (10:00 Diablo Valley Bridge Ctr.)	8 9-Hole Golf (10:00@ Diablo Hills GC) Mexican Train (10:00@ Church of Christ, WC)	9	10 Hiking & Walking (8:15@ Panera Bread, Treat & Bancroft, WC)	11
12	13 Country Club Golf 18-Hole Golf (8:30@ Crow Canyon CC)	14 Luncheon Bridge (11:30@ Diablo CC)	15 9-Hole Golf (10:00@ Buchanan Fields GC)	16 Computer & Tech (9:30@ Elks Club)	17	18
19	20 SIR Branch 116 Meeting (11:30@ Boundary Oak)	21 18-Hole Golf (Noon@ Roosmoor CC)	22 Couples Train (10:00@ Church of Christ, WC) 9-Hole Golf (10:00@ Brentwood GC)	23 Fishing Group (8:30@ Legends-Diablo Crk)	24 Hiking & Walking (8:15@ Tilden Park trailhead, Berkeley)	25
26	27 18-Hole Golf (10:03@ Eagle Vines GC) Book Group 10:15@ Orinda Books)	28 Dine-O-SIR (6:00@ FAZ Restaurant, Danville) Luncheon Bridge (11:30@ Diablo CC)	29 9-Hole Golf (10:00@ Diablo Hills GC)	30	31	



Br. 116 Treasurer's Report

Jim Nickels, Treasurer

(bjnickels@sbcglobal.net)

	July 2018	2018 YTD
Contributions	\$ 4,710.96	\$ 42,084.69
Disbursements	\$ (4,976.74)	\$ (41,715.98)
Net (gain/(loss))	\$ (265.78)	\$ 368.71
July 31st Cash Balance		\$ 8,501.68

August Birthdays

When you see these members, wish them a Happy Birthday!

- | | |
|---------------------|--------------------|
| 1. Jim Barstow | 8. Terry Grummitt |
| 2. Steve Bort | 9. Kirk McVean |
| 3. Dick Breitwieser | 10. Don Murray |
| 4. Peter Coggiola | 11. Roger Smith |
| 5. Frank Crua | 12. Bill Turnquist |
| 6. Bob Donohue | 13. Randy Welker |
| 7. Paul Freitas | 14. Joel White |



Membership

Phil Goff

(philgoff@yahoo.com)

SIR 116 Membership Status

Total Current Membership is **204**

Active Members Resigned:

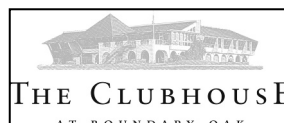
- Skip Berkson (moved out of area)
- Paul Harris (change to inactive)

Inactive Members Resigned:

- Dave Tittle (passed away 7/9/2018)

**Want a Free \$25 Lunch ?
Sponsor a New Member !**

August Lunch Menu



SIRS 116 Luncheon

August 20, 2018

Salad

Caesar Salad

Romaine Lettuce, Croutons, Shaved Parmesan
Cheese

Creamy Caesar Dressing

Potato Salad

Yukon Gold Potatoes, Celery, Onions, Egg

Entrees

Hamburgers

Hot Dogs

Herb Marinated Chicken

Extras

Corn on the Cob

Pickles

Tomatoes & Onions

Dessert

Fresh Baked Cookies

SIR Website Addresses

SIR 116 Web Site (With new design)
branch116.org

Branch 116 Golf
branch116golf.org

Computer and Technology
a2cat.sirinc2.org/

SIR Happenings State Newsletter
sirinc.org/sirhappenings

State SIR Web Site
sirinc.org/



Meeting Speaker

2018 Little SIR Jerry Hicks

Valerie Watase, PT, will be our speaker for our August 20 luncheon. Valerie is the owner/director of Lafayette Physical Therapy and will challenge us to "Be the Best You Can Be!" Taking care of your body; Maintenance and Repair.



Valerie received her physical therapy degree from Cal State Northridge. She was Director of Rehabilitation Services at the Masonic

Home for Adults for 10 years and has been a presenter on Geriatric Rehabilitation. During her 35 years of practice Valerie has worked with patients of all ages, the youngest was three months and the oldest was 108 years young. Her therapy practice includes orthopedic manual therapy, spinal problems, postural abnormalities, osteoporosis exercise design, geriatric rehabilitation, management of Parkinson's and other neurologic disorders, as well as balance and vestibular disorders.

Valerie and her husband, a California National Guard retiree, live in Clayton and they lead a very active life camping and horseback riding in the mountains with their two mules.

Luncheon Attendance: Your luncheon attendance, a very important part of our SIR membership, has been very good. You are expected to attend and pay unless you have called or emailed that you will be MIA. If you know you will be traveling or are on the sick/injured list, please calendar your notification for at least a week prior to the luncheon as a help to Kevin.

Activities: Besides our golf, probably the best of all the SIR's, we have so many fun and interesting activities. I attended our Book Club's discussion last Monday and was impressed with the discussion of "Beyond the Call". Rich Black leads a thorough recap of the monthly book selection. Sign up for the next Dine-O-Sir event on August 28 at Faz Restaurant in Danville. Dine-O-Sir is a very enjoyable dinner gathering for our spouses/partners at a good

restaurant at prices that cannot be bettered. Our activities aid in making "friends for life" so join and participate.



"Dine-O-SIR" Dinner Group

Alex Lutkus

(alutkus@yahoo.com)

Hot August nights will find us dinning on **Tuesday, August 28th** at the fabulous FAZ RESTAURANT in Danville, CA (600 Hartz Ave). At 6 pm social hour begins with a no host bar. Socialize with your friends and other guests until 6:45 pm, when we will be seated at tables of eight to partake in our Mediterranean inspired dinner within the ambiance of the beautifully landscaped outdoor patio surrounded by a grove of majestic redwood trees.

For the nominal cost of \$38 per person (tax & tip included) the dining enjoyment begins with the FAZ famous Passion Plate, then dinner salad, following with three choices of an entree (Kubideh Kabob, Chicken Marsala or 1/2 Rack of Lamb). New York Style Cheese Cake will be served for dessert along with your choice of coffee or tea. So don't miss out on one of the most memorable of evenings you will have this summer- fill out the reservation form (see the next page) and make out your check to: "SIR Branch 116 Dining and mail them both to Alex Lutkus, 4054 Castlewood Court, Concord, CA 94518.

If necessary, Alex can be contacted by e-mail: alutkus@yahoo.com or by phone: 827-2828. By the way, there is plenty of free parking on the restaurant's grounds.

State 'SIR Happenings'

Enjoy reading *SIR Happenings* and find out about all the fun things that are going on throughout our organization. You can easily find Happenings on the SIR State Website located at:

sirinc.org/sirhappenings



Meeting Attendance

Kevin Donahue

(luncheon116@gmail.com)

July 16, 2018 Meeting Attendance

Active Members:	204
Guests/Visitors:	3
Transfers & Inductees:	0
Speakers:	1
Members Excused:	36
Excused due to long term illness:	2
Members NOT excused:	13
Total Attendance:	157
% of Active Members in Attendance	75%

Members not excused will be asked to pay for their missed lunch.



SIR Fishing Group

Harry Sherinian

(h.sherinian@comcast.net)

All SIR members and guests are welcome, and indeed encouraged, to participate in fishing trips as well as attend the monthly meetings. Next meeting will be **Thursday, August 23rd**, in the Legend Sports Bar and Grill at the Diablo Creek Golf Course at 4050 Port Chicago Highway in Concord. Meeting starts at 8:30am, come early. Contact Harry Sherinian Branch 116 Coordinator, 510-207-7067.

SALMON, best salmon year in a long time. Bob Stein, Brion Beetz, Carl Moyer, and Ralieg Davis all limited on party boats. Rich Fiscina took Paul Dubow and Brion on his boat for nice salmon and a big halibut. Ron Lew, Carl Moyer, Brion Beetz, Ray Pixton, and Bob Stein all got salmon, rockfish and ling cod on private boats. Mario Moratorio got rockfish and ling cod on a rough trip to the Farallon Islands. Mike Corker and Tom Kostik joined by Harry Sherinian continue to catch lots of black bass in the delta. Pedro Contreras and Steve Paulick went down to Mexico on a boat from San Diego for lots of yellowtail and tuna. Ernie Wong finished a good year for shad up the rivers. Local reservoirs quit planting catfish, to the dismay of



Hiking & Walking

Joel White

(zpz2mrz@gmail.com)

The **Friday July 13** (another lucky day) walk led by Dennis Snarr met at Arbolado Park in Walnut Creek and walked west and then north along the Contra Costa Canal trail. Rich Black and Donna Argenbright, Art and Mary Alice Donaldson, David and Colleen Geary, Dan and Andrea Green, Essie Naddaf, John Riordan, Richard and Aase White, Joel and Susan White, and Bob Wolf all enjoyed post walk pleasantries at Denica's.

July 27 walk led by Rich Black started on a surprisingly crisp July morning. The following people walked the Lafayette-Moraga Trail from Pleasant Hill Road to Stanley Middle School and back: Art and Mary Alice Donaldson, Dan Green, Richard and Donna Black, Essie Naddaf, Gail and John Riordan, Aase and Richard White. Although Essie Naddaf was not able to join the group for coffee and conversation at Starbucks afterwards, Andrea Green was there to make sure the group got a table. Both the walk and the coffee were most enjoyable. •

The **Friday August 10** walk will be led by past big sir Art Donaldson. Please meet at the Panera Bread in Countrywood Shopping center, corner of Treat and Bancroft in Walnut Creek at 8:15am. Please RSVP to Art: dnldsn@sbcglobal.net.

John Riordan will lead the **Friday August 24** walk, meeting at 8:15am at the Tilden Park trail head in Berkley. Post walk convocation will be at Gepetto's in Orinda. Please RSVP to John: gcriordan@comcast.net.

All walks are with or without significant others. The significant other/spouse is also invited to participate even when the member is unable. Also, members and/or spouses are invited to join the post walk convocation even if they are unable to participate is a particular walk.

Anyone, including those from other SIR branches, wishing to join this mellow group, or to be added to the e-mail contact list, should contact Joel White (zpz2mrz@gmail.com, 925-964-0994)



Sunshine Report

Matt Arena

(marena@astound.net)

SIR **Don Stedman** passed at the age of 90. He had not been with us in recent years because of his failing hearing. Don contributed many hours to charitable work. In 2003 he was honored nationally as Chevron's #1 volunteer.

SIR **Dave Tittle** passed this past month and was admired for his Dental practice in Pleasant Hill. Dave swam for the 1948 University of Michigan NCAA championship team holding the record for the 300 yard relay.

SIR **John Chappell** passed after many years as a member of our Branch. John enjoyed his many friends and will be missed.

SIR **Lloyd Plank** now lives in senior housing in Sacramento. He tells me he is on new medication for his cancer but has also developed an infection which is slow in healing. He is going to spend a month in his condo in Sun Valley, Idaho and is looking forward to this break. Lloyd is approaching 92 1/2 years and sounds very upbeat.

SIR **Tim Dorr** is headed to San Ramon for some rehab in a senior facility. His spirits are good and he sends his regards.

SIR **Jerry Bennett** was at Kaiser Hospital. So far I have not gotten an update on Jerry. I will follow up by our next meeting.

SIT WITH YOUR ARM AROUND A KID AND READ. IT WILL NOT ONLY TEACH THEM TO READ BUT IT KEEPS THE FAMILY STRONG

Barbara Bush

In Memoriam
Don Stedman
1928 – June 17, 2018



Bridge

Jon Dickson

(still26@sbcglobal.net)

SIR's bridge meets every 2nd and 4th Tuesdays of the month for lunch & bridge at Diablo Country Club. If you have any interest in playing bridge, please join us for the afternoon. Play is Chicago Style, changing partners every 4 hands, with small prizes for the high total scores. Very relaxed and low key!

We usually have 5 or 6 tables for the game and you get to meet & play with a whole new group of SIR's. Do join us for bridge!

There is also a duplicate game every first Tuesday of the month at the Bridge Center in Concord. Contact Conrad Robertson for details on this game.



Wine Appreciation Group

Lou Meylan

(loumeylan@hotmail.com)

The Wine Appreciation Group meets on the fourth Thursday, every other month, from 4PM to 6PM. We meet at member homes on a rotating basis. Our last gathering was on July 26 and the next one will be on September 27. If you would like to attend RSVP to Jon Dickson at 925-837-1178 or email still26@sbcglobal.net.

In Memoriam
John Howard Chappell
July 19, 1929 - July 5, 2018

In Memoriam
David Sherman Tittle
Sept. 3, 1927 - July 9, 2018



Br. 116 Book Group

Rich Black

(blackrw41@comcast.net)

The Book Group met on Monday July 23, 2018 to discuss "Beyond the Call" by Lee Trimble and Jeremy Dronfield. Robert Trimble was a WW II Army Air Corps bomber pilot who had completed his twenty-five missions in 1945 and then "volunteered" to assist American POW's liberated, sort of, by the Soviets in Germany and Poland. He was able to assist over 500 American and allied former POWs who received little support, and occasionally outright hostility, from the Red army pressing on toward Berlin. Lee Trimble, Roberts son, was able to learn of his father's exploits only when his father was near death at the age of 90.

Jerry Zampino, who unfortunately was not able to attend the meeting, recommended the book and Rich Black led the discussion with Mac McLoughlin, John Kopchik, Bob Wolf, Tim Tinnes, Richard White, Steve Bort, Joel White, Dick Kaufman, Art Donaldson, Larry Heaton, John Riordan, Jerry Hicks and Jerry Christopherson.

Most found the book an introduction to a part of WW II history with which they were entirely unfamiliar as well as a most heroic story so the group awarded it 4.0 stars.

The group agreed to meet again on **August 27** to discuss "Killers of the Flower Moon" by David Gramm.

The Book Group meets at 10:15 am at Orinda Books, 276 Village Square, in Orinda.



Book Exchange

John Fraser & Dick Kauffman

(wokeagle@aol.com & rkkauffman@gmail.com)



The book exchange is located in the room opposite the bar. There is a wide variety to choose from and we encourage you to take what you might enjoy and by the same token donate books that you have enjoyed. This is all on the honor system and we encourage your participation. Please give some thought to join our book club, an interesting book every month and a fun discussions



Poker

Lou Sandor

(lsandor@astound.net)

Contact Lou Sandor at 925-944-1634 or lsandor@astound.net if you are interested in joining the Poker group

"Stranded on an Island" Joke

A man is stranded on a deserted island for 10 years. One day he notices a speck on the horizon, and he watches intently as it draws near. "It can't be a boat," he thinks. "It can't be a fish." Suddenly, a beautiful woman emerges from the sea wearing scuba gear and a wet suit.

"Hi there!" she says.

The man is amazed. "But... but... how did you get here?"

"Never mind," says the woman as she unzips the left pocket of her wet suit and hands the man a cigarette.

"Wow, this is terrific! I haven't had a smoke in 10 years!"

"Enjoy!" says the woman as she unzips the right pocket of her wet suit and gives the man a flask of whiskey.

"I can't believe it! This tastes so good!"

Next the woman starts to unzip the long zipper that runs down the front of her wet suit. "Now I've got something you must really want bad."

"What!" he says, "Don't tell me you've got a deck of cards in there too!"

Trampas Topics Submissions



We need your contributions and suggestions for Trampas Topics. Please send photos, news items, SIR activities, and Letters to the Editor:

Neil Schmidt, Trampas Topics Editor
trampastopics@gmail.com



Walking Tours

Alan Fitzgerald

(galan.fitzgerald@gmail.com)

July 21st Saturday Walking Tour to Bonsai Gardens at Lake Merritt

This outing got off to a rough start with the closure of CA-24 at Orinda. It took Diane and I about an hour and a half to get through the traffic and road block. We arrived at 11:30 (hour late) and found some of our members (10 made it) at the Garden. The Gardens are spectacular, well worth the effort it took to get there. The volunteer we met was great. He gave us background information on the Garden and the Bonsai Trees. He let us enter the work area where people were working on their Bonsai plants. This is one spot you should put on



Computer & Technology

Neil Schmidt

(SIR.Area2.CAT@gmail.com)

The Area 16 Computer and Technology Group meetings are fun and informative where we discuss applications for computers and technology. At each meeting we have a presentation on a topic covering everything from antivirus programs, ways to back up your data, digital photography, genealogy research, smart phones and many other topics. It's a great way to learn about new technology and to also get answers to your computer questions or problems.

Our next meeting at the Walnut Creek Elks Lodge will be on **Thursday, August 16, 2018** starting at 9:30 am. Come early for coffee, goodies, and chat. The August presentation topic will be "Smartphone Photography" by Neil Schmidt. Smartphone photography has become so popular that smartphones now account for 85% of all photos taken worldwide. Neil will discuss interesting techniques for creatively using today's modern smartphone cameras, as well as techniques for editing, organizing, protecting and sharing your smartphone photos.

We ask for a donation of \$5 to cover the cost of the hall rental, coffee and cookies. All SIR members and their guests (spouses included!) are welcome to attend. See you there...





SIR BRANCH 116
2018 RENO GOLF GETAWAY
SEPTEMBER 5-6-7, 2018



Sept. 6 - Lakeridge Golf Course 8:45 AM Start
Sept 7 - Summerset Country Club 10:00 AM Shotgun

Staying at the Silver Legacy

Golfer..... \$465.00 Double Occupancy (QQ)
Golfer..... \$627.00 Single Occupancy (K)
Non-Golfer... \$325.00 Double Occupancy (QQ)
Non-Golfer... \$487.00 Single Occupancy (K)

Staying at Circus Circus

Golfer..... \$430.00 Double Occupancy (QQ)
Golfer..... \$555.00 Single Occupancy (K)
Non-Golfer... \$290.00 Double Occupancy (QQ)
Non-Golfer... \$415.00 Single Occupancy (K)

Includes:

3 Nights Deluxe Lodging, 36 Holes of Golf (with cart and range balls)
Golf Balls, \$25 each person food coupons,
Raffle prizes, Golf Prize Money, Gaming and Bar Coupons
Sept. 5 - No-Host Reception,
Sept. 7 - Sit Down Prime Rib Dinner

Non-Golfers: Enjoy what the "Biggest Little City in the World" has to offer: Shopping, Gambling, Live Shows, Great Restaurants, Museums and more...

Entry Deadline: August 10, 2018

Please Complete the form and circle your selections

Silver Legacy or Circus Circus

1. Name: _____ Golfer Non-Golfer Smoking: Y or N

2. Name: _____ Golfer Non-Golfer Smoking: Y or N

Golfer's NCGA GHIN # 1. _____ 2. _____

Enclosed is my check for \$ _____ to cover my reservation

Please make checks payable to SIR Branch 116 Golf

Your e-mail address _____

Mail Checks to: Paul Ramacciotti, 436 Ridgeview Drive, Pleasant Hill, CA 94523

For questions: e-mail Paul at dagobuildr@comcast.net or call 925.207.3762



"Mexican Train" Dominos

Richard Madden

(maddenram@sbcglobal.net)

"Mexican Train" is a domino game which uses a set of Double Twelve Dominoes. From 2 to 8 can play. Each player draws 11 to 15 dominoes. The number of dominoes each player draws depends on the number of players. The object of the game is to play all your dominoes. When you draw your hand you set it up so that the adjacent dominoes match. During the play of a round there are things that can derail your train so that you cannot play. This can make the game very interesting and a lot of FUN!

We had seven players. Our winner was Bob Wolf who was a FIRST TIME WINNER in June. He has gotten the hang of how the game plays. Will he be a three-peat in August? Kirk McVean with 250 was the only other player that was below 300 points. The rest of the field, Alex Lutkus-318, Richard Madden-421, Gary Bonfiglio-530 and Robbie Robinson-579, were also rans.

We meet at 10:00 AM on the second Wednesday of the month, except when we have conflicts, at the Church of Christ located at 500 Minert Road, Walnut Creek. Our next meeting is on August 8th.

Couple Train will meet on **August 22nd**.

I will be sending out notices. Let me know if you would like to be put on our list.



Bob Testa lining up a challenging golf shot at Canyon Lakes Golf Club 4th Hole .

18-Hole Golf Announcement

Crow Canyon Country Club

Our Branch will be the guests of Branch 128 at Crow Canyon on Monday, August 13. Shotgun start time is 8:30 am. Cost is \$45.

This is the annual tournament we have participated in over the last several years. It provides us with the opportunity to play at a private country club as well as meet fellow SIRS. It also is an outing where we are encouraged to invite friends who may not be members of SIRS.

The signup cutoff date for Crow Canyon will be Friday, August 3. This is because our Branch is allotted only 48 slots, as is Branch 128, and the head count needs to be tied down early on.

Rossmoor Country Club

Our Branch will be guests at Rossmoor on Tuesday, August 21. Shotgun start is scheduled for 12:00 noon. Cost is \$54.

We have also been to Rossmoor over the last several years. We will be limited to a lesser number of slots at Rossmoor due to the availability of golf carts. I believe the number of players will be 24 max.

Those who typically play in our Branch's 9-Hole Group are encouraged to participate at both Crow Canyon and Rossmoor.

You can always contact our Branch Golf Chairperson, Bernie Wroblewski, at (925) 820-3274 with any questions.

\$ums Investment Group

Tom Henry (Branch 174)

(tomh925@icloud.com)

After our last meeting was on May 23 about Elder Abuse, we'll be taking the summer off.. Next meeting after that will be on **Wed, Sep 26**.



SIR Travel

Don Murray

(dmurray721@comcast.net)

September 3-13: Alaska Inside Passage: 11 day Grand Princess Cruise starting in SF With ports of call at Skagway, Ketchikan, Juneau, Glacier Bay National Park and Victoria, BC .Includes R/t transfers to SF Pier, Luggage Handling for One Suitcase per person, Govt ,Port Taxes, Porter Gratuities and Pre-Trip Orientation. Price from \$2265 Inside to \$3235 Balcony per person. Contact Roy Newman #45 530 755-3713 roy.newman@comcast.net

Sep 8, 2018: Colorado Train Trip. 7- day trip with stops at the US Airforce academy, Pikes Peak, Garden of the Gods, Colorado National Monument and Colorado Museum. Cost \$3035 and includes 15 meals, R/T Air, home pickup and back, professional tour manager, Larry Yarberry, Br 8, 925-890-9245.

Sep 13-23, 2018: Alaska Inside Passage. 11-day Grand Princess Cruise starting in SF with ports of call at Juneau, Skagway, Glacier Bay, Ketchikan and Victoria B.C. Trip includes R/T transfer, Gratuities, Shipboard credit, and Photo. Cost \$1899.00 to \$3249 depending on cabin. Tom Molinari, Br 147, 707-762-1880. stmolinari@sbcglobal.net

Sep 17-25, 2018: The BIG E. The largest fair on the East Coast. Fall colors, culture, history, entertainment, shopping, food and drink. Highlights include Eastern States Exhibition, Storowton Village, Springfield Museum, Dr Seuss Sculpture Garden, Big E Circus and Parade, Ben and Jerry Factory, Lunch at Trapp Family Lodge, Quechee Gorge Loon Gondola ride, Portland City Tour and Lighthouse Lovers Cruise. Trip includes R/T air, accommodations, deluxe motor coach, Meals, admission fees, gratuities. all taxes, and driver, step on guide fees. Lee Suess, Br 96, 408-309-1480.

Sept 20 – 27 2018 Islands of New England: Eight-day escorted tour. Highlights – Providence, Newport, Boston, Cranberry Bog, Plymouth Plantation, Cape Cod, Martha's Vineyard, Lobster Dinner, Provincetown, Hyannis, Nantucket. Br. 38 Escorted by Bill Rodman 408 274-4521 or Alan Patmore 408

867-4197 Cost: \$3349 pp dbl occupancy Covered are air taxes & fees/surcharges, hotel transfers, gratuities & R/T air fare from SFO & transfer to/from airport. Please note: Spots of this trip are guaranteed only until March 13, 2018

Oct 21-31-2018: Crystal Mozart River Cruise. Enjoy Europe's majesty and history of the scenic Wachau Valley, An Austrian wonderland. Stops include Durnstein, Melk, Bratislava, Budapest and Vienna. Prices start at \$6485 for deluxe stateroom with large picture window. Crystal's complimentary services includes butler, gratuities, unlimited refreshments, free internet, port charges, and transfers. Larry Martinson, Br 114, 408528-0746 or Jim Stoner, 408-238-8458.

Oct 24 – Nov 2, 2018: Tastes and Sounds of the South 3 Nights Nashville, 2 Nights Memphis, 1 Night Natchez, 3 Nights New Orleans. Price \$3595.00 per person. Price includes all transportation, all gratuities, hand-picked Insider Experiences, plus other First Class Travel highlights. Contact: Bill Stires Br. #143 (209) 544-2684

Nov 5 -13, 2018 Branson, MO Bentonville, Arkansas and Beyond Wine, Dine and Yacht with Branson entertainers and see beautiful scenery and historic sites of Northwest Arkansas. Price includes home pick-up, professional tour guide, round-trip air fare and transfers, 8 night deluxe hotel accommodations, and more./ Cost: \$2935 per person dbl occupancy – \$3470 Single. Br 141 Co-escorts: Brian Serpa 408 227-7658 & Rollo Parsons 408 268-5245

Some SIR Travel

SIR Area 16 web site has many other travel opportunities. Check them out at: <http://area2.sirinc2.org/>





SIR Branch 116 Golf

By Bernie Wroblewski, Golf Chairman
(bbwroblewski@comcast.net)

We have an active golf organization consisting of 18-hole and 9-hole groups. A small annual donation is required to play in either group.

The 18-hole group plays once a week in a Tournament format with play alternating between local courses and courses that may be 10 to 50 miles away.

In addition to the Tournament format, Special Events such as Match Play, Best Ball, Scramble, and others are also periodically scheduled.

Those playing in the 18-hole group must be members of the Northern California Golf Association (NCGA) and establish a handicap index. You may join the NCGA through our SIR club or through another club.

Foursomes in both the 18-hole and 9-hole groups are arranged so that players can meet and enjoy playing with most, if not all, the other players in the branch.

All our events are listed in the Trampas Topics and on our web site at branch116.org/116-golf. Join up with us and enjoy outings with a great bunch of guys at some great courses with reasonable prices.



Nine Hole Info

Dick Chaffee, 9-Hole Chairman
(rwchaffee@sbcglobal.net)

SIR 116 9-Hole Golf Club membership is open to all Branch members and guests regardless of your golfing ability. We play every Wednesday starting at 10:00am. We rotate playing Buchanan Fields-Concord, Diablo Hills-Walnut Creek, and other 9 hole courses in the area.

The 9 Hole Golf Club is organized into a single flight. The weekly Champion is the player with the lowest net score. The weekly Champion is awarded 3 points, 2nd place 2 and 3rd place 1. The 2016 Champion will be the golfer with the highest point total.

In December, we will again hold our 9 Hole Golf Championship Tournament. The Tournament will be 3 rounds of golf. One round at each of the courses we play. The Tournament Champion will be the golfer with lowest net total for 2 rounds. If a participant plays all 3 rounds, he can choose which 2 rounds will count.

Latest SIR 116 Golf Info Available on Our Golf Web Site

The Golf Website is: branch116golf.org

Please bookmark it in your "Favorites" list of websites to access information on the following:

- 2018 Golf Schedule: Dates, times, and courses as well as detailed information on costs, payment information, deadlines, and special event facts.
- 18-Hole Pairings: Shows captains, teams, start-

ing times & handicaps for next event.

- 18-Hole Leaders and Results: Shows results from recent events and leaders in each group.
- Paid-In-Advance Sign-Ups: Shows checks that have been received for the next 3-4 pre-paid outings.
- Boundary Oak Sign-Ups: Shows who has signed-up for the next two Boundary Oak sessions.

August 9-Hole Schedule

Date	Time	Location	Organizer
Wed. 01	10:00	Buchanan Fields	Dick Chaffee
Wed. 08	10:00	Diablo Hills	D.McClaughry
Wed. 15	10:00	Buchanan Fields	Dick Chaffee
Wed. 22	10:00	Brentwood	Skip Berkson
Wed. 29	10:00	Diablo Hills	S.McClaughry

August 18-Hole Schedule

Date	Time	Location	Organizer
Mon. 06	9:30	Dublin Ranch	Greg Hughes
Mon. 13	8:30	Crow Canyon	Greg Hughes
Tues. 21	Noon	Rossmoor	Greg Hughes
Mon. 27	10:03	Eagle Vines	Greg Hughes

18-Hole Results

Canyon Lakes, Mon, Jul 23, 2018

Wayne Cook, Official Scorer

<u>Flight 1</u>			<u>Flight 2</u>			<u>Flight 3</u>			<u>Flight 4</u>		
1st Mel Williams	62	3	Tie 1st Harry Oberle	64	3	1st Richard Madden	72	3	1st Conrad Robertson	63	3
Tie 2nd Jim Barstow	67	2	Tie 1st Al Zavattero	64	3	2nd Al Hutchko	76	2	2nd Wayne Cook	69	2
Tie 2nd Phil Goff	67	2	3rd Bernie Wroblewski	66	1	Tie 3rd Dave Carlson	77	1	3rd Bill Hemmelsbach	70	1
						Tie 3rd Terry Sherman	77	1			
<u>Low Gross</u>			<u>Low Gross</u>			<u>Low Gross</u>			<u>Low Gross</u>		
Mel Williams	81		Harry Oberle	86		Richard Madden	96		Conrad Robertson	102	
			Al Zavattero	86							
<u>Closest-to #5</u>			<u>Closest-to #5</u>			<u>Closest-to #5</u>			<u>Closest-to #5</u>		
Jim Barstow			Harry Oberle			Dave Carlson			Bill Hemmelsbach		

Rooster Run, Tue, Jul 17-2018

Jim Johnson, Official Scorer

<u>Flight 1</u>			<u>Flight 2</u>			<u>Flight 3</u>			<u>Flight 4</u>		
1st Phil Goff	66	3	1st Harry Oberle	70	3	1st Dave Carlson	77	3	1st Fred Schafer	76	3
2nd Jim Johnson	68	2	2nd Bernie Wroblewski	75	2	2nd Richard Madden	79	2	2nd Robbie Robinson	79	2
Tie 3rd Jim Barstow	70	1				3rd Al Hutchko	80	1	3rd Conrad Robertson	81	1
Tie 3rd Mel Williams	70	1									
<u>Low Gross</u>			<u>Low Gross</u>			<u>Low Gross</u>			<u>Low Gross</u>		
Phil Goff	82		Harry Oberle	91		Richard Madden	101		Fred Schafer	109	
<u>Closest-to #15</u>			<u>Closest-to #15</u>			<u>Closest-to #15</u>			<u>Closest-to #15</u>		
Jim Johnson			Bernie Wroblewski						Robbie Robinson		

Boundary Oak, Mon, Jul 9, 2018

Marty Katz, Official Scorer

<u>Flight 1</u>			<u>Flight 2</u>			<u>Flight 3</u>			<u>Flight 4</u>		
1st Jerry Hicks	65	3	Tie 1st Harry Oberle	68	3	1st Kirk McVean	68	3	1st Wayne Cook	64	3
2nd Jim McCormick	69	2	Tie 1st Al Zavattero	68	3	2nd Bob Testa	69	2	2nd Matt Arena	66	2
3rd Bill McCord	70	1	3rd Tom O'Brien	69	1	3rd Terry Grummitt	70	1	3rd Jerry Christopherson	70	1
<u>Low Gross</u>			<u>Low Gross</u>			<u>Low Gross</u>			<u>Low Gross</u>		
Jerry Hicks	83		Harry Oberle	90		Terry Grummitt	97		Wayne Cook	100	
			Al Zavattero	90							
<u>Closest-to #2</u>			<u>Closest-to #2</u>			<u>Closest-to #2</u>			<u>Closest-to #2</u>		
Don Benioff			Charles McInnis			Kirk McVean			Fred Schafer		

Boundary Oak, July 2, 2018

Harry Oberle, Official Scorer

Two Man Six Shooter Tournament

First place with a combined net score of 52: Carlos Xavier & Bob Testa

Second place was a tie, both with a 53: Hank McDermott & Art Vogl
Phil Goff & Conrad Robertson

2018 Second Half Leaders (as of Canyon Lakes, Mon, July 23, 2018)

<u>FLIGHT 1</u>		<u>FLIGHT 2</u>		<u>FLIGHT 3</u>		<u>FLIGHT 4</u>	
<u>Name</u>	<u>Pts</u>	<u>Name</u>	<u>Pts</u>	<u>Name</u>	<u>Pts</u>	<u>Name</u>	<u>Pts</u>
Phil Goff	5	Harry Oberle	9	Richard Madden	5	Wayne Cook	5
Mel Williams	4	Al Zavattero	6	Dave Carlson	4	Conrad Robertson	4
Jerry Hicks	3	Bernie Wroblewski	3	Kirk McVean	3	Fred Schafer	3
Jim Barstow	3	Tom O'Brien	1	Al Hutchko	3	Matt Arena	2
Jim McCormick	2			Bob Testa	2	Robbie Robinson	2
Jim Johnson	2			Terry Grummitt	1	Jerry Christopherson	1
Bill McCord	1			Terry Sherman	1	Bill Hemmelsbach	1

2018 First Half Winners (June 25, 2018)

<u>Name</u>	<u>Pts</u>	<u>Name</u>	<u>Pts</u>	<u>Name</u>	<u>Pts</u>	<u>Name</u>	<u>Pts</u>
Jim Barstow	28	Don Schroeder	25	Al Hutchko	40	Wayne Cook	24

Golf Hotline: The Golf Telephone Hotline can be reached at 925-906-5355.

You may leave a message to register for 9-Hole & 18-Hole tournaments, cancel a previous registration, make special requests for pairings, ask to be added to a waiting list after the deadline and check to see if a tournament has been cancelled due to inclement weather or other reasons.

- If you are registering for Boundary Oak, please indicate whether you are Walking or Riding.
- If you are registering for Paid-in-Advance tournaments, please mail your check prior to the deadline to SIR Branch 116 Golf, P. O. Box 683, Lafayette, CA 94549-0683.

Electronic Signups and Cancellations

Please note that you may also signup for Boundary Oak & Paid-in-Advance tournaments on this website. Simply navigate to 18-Hole Group/Schedules & Signups and choose either Boundary Oak or Paid-in-Advance. You may cancel a previous signup either by using the telephone hotline or by sending an email to branch116golf@gmail.com.

18-Hole Pay In Advance Deadlines

<u>Event Date</u>	<u>Location</u>	<u>Deadline</u>	<u>Amount</u>
August 27	Eagle Vines GC	Aug. 20	\$47
September 18	Metropolitan	Sept. 6	\$36
September 24	Redwood Canyon	Sept. 15	\$37
October 16	Paradise Valley	Oct. 6	\$45

Send checks made out to SIR Branch 116 Golf, PO Box 683, Lafayette, CA 94549-0683



RETURN TO: Neil Schmidt
2231 San Miguel Dr.
Walnut Creek, CA
94596-5805

Sons In Retirement: A non profit Organization for Men Enjoying Active Retirement

Rules of Attendance & Membership for SIR Branch 116

RULE 100. A member shall be notified in writing and/or telephone by his Branch of the pending termination of his membership should he be responsible for any of the following:

- Miss three (3) consecutive regular luncheon meetings without having been excused by contacting the designated Branch Attendance person prior to the meeting date.
- Did not attend one-half of the regular luncheon meetings within the previous twelve consecutive month period. NOTE: Excused meetings cannot be included to achieve the minimum attendance.
- All legitimate alternatives to termination shall be explored. The member's response may suggest an alternative to termination such as inactive status.

RULE 101. Certification of attendance by a member at another Branch meeting will be considered as a credit to his attendance record. Individual Branches may limit the number of make-ups during a 12-month period.

Non Responsibility Declaration

RULE 345: All activities arranged for or by, Sons In Retirement, Incorporated, and its Branches, are for the convenience and pleasure of the members and their guests who desire to participate. Sons In Retirement, Incorporated, and its Branches do not assume any responsibility for the well being or safety of the participants or their property, in any matters pertaining to said activities.

Checks for Trips

Trips of 2 days and 1 night or less may be made payable to the Branch conducting the trip. Trips in excess of 1 night must be made payable to the travel agency involved.