



Trampas Topics

June, 2016

SIR Branch 116

Next Meeting: 11:30 am,
Monday, June 20, 2016
Elks Lodge—1475 Creekside
Dr, Walnut Creek, CA 94596

A Nonprofit Public Benefit Organization for Men Enjoying Active Retirement

Sayings of 2016 Big Sir Jim Barstow

June, the rains of winter have ended, and the emerald green hills have turned a golden brown. June is another excellent month to get out and enjoy our beautiful Bay Area.



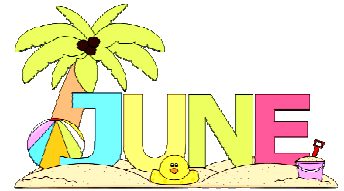
In May our annual Spring Fling event was held. SIR Jerry Christopherson and his team worked very hard organizing the event at Zio Fraedo's. It was an wonderful event, attended by a number of SIRs and their beautiful wives / significant others. Events that include our wives/significant others are very special and we always appreciate their support and attendance. The Spring Fling was also attended by an "Elvis Impersonator" who proved to be very entertaining, with the beautiful women in attendance drawing most of his attention. We all had a wonderful time.

We also enjoyed our third annual Carmel Golf Outing, attended by SIRs and their wives/significant others. I believe everyone enjoyed this Outing, in spite of the slow play experienced. The course / weather was great! If you are able, we hope you plan to attend this event next year. It is really a fun SIR outing.

I attended a recent Regional Meeting regarding "Project 2016". There is concern regarding the declining SIR Membership regional wide, and we all need to do our best to encourage our friends and neighbors to attend one of our luncheons as a guest. Hopefully, this will lead to membership in Branch 116. The theme of Project 2016 is "Friends for Life". I know I have made wonderful friends in SIR Branch 116 that will be my friends for the rest of my life, as I believe we all have. So lets do our best to increase our "Friends for Life" by recruiting new SIR Branch 116 members.

I trust you all had a wonderful Memorial Day, and took time to think of the sacrifices made by our veterans over the years. They sacrificed so much to protect this wonderful country and our freedom. Another significant day in June, is Father's Day! I am sure all you Fathers will enjoy the day and the attention. If you are lucky enough to still have your Father, let him know how much you appreciate him. At our June 20th Luncheon our Nominating Committee will announce the potential 2017 Branch 116 Officers. The election of the officers will be held at our August Luncheon. I am looking forward to seeing you all at our June 20th Luncheon.

Jim Barstow, Big SIR



Topics Index

Activities Calendar-----	3
Activity Chairman -----	5
Birthdays -----	4
Book Club -----	9
Book Exchange-----	9
Branch Officers-----	2
Bridge -----	10
Carson City Golf Outing-----	7-8
Computer & Tech.-----	4
Dine-O-SIR-----	10
Fishing -----	6
Golf -----	13-15
Hiking and Walking-----	11
Luncheon Menu (Jun.) -----	4
Luncheon Speaker (Jun.) -----	7
Membership -----	4
Mexican Train Dominos -----	10
Poker Group 2-----	9
Senior President's Award -----	4
SIR Happenings -----	9
SIR Web Addresses -----	4
Spring Fling Photos-----	12
\$ums Investment -----	5
Sunshine -----	5
Topics Submissions -----	7
Treasurer's Report -----	4
Travel-----	11
Walking Tours -----	9
Wine Appreciation-----	9

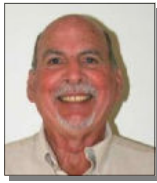
PLEASE CALL 806-8874
or send an email to
snb49@outlook.com by the
Thursday prior to the
meeting to cancel your
standing reservation or to
bring a guest.

2016 SIR Branch 116 Officers & Directors



Big SIR

Jim Barstow
938-2744



Little SIR

Paul Ramacciotti
229-2564



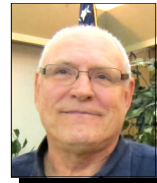
Secretary

Fred Schafer
648-4199



Assist.Secretary

Allan Chasnoff
933-6665



Treasurer

Jim Nickels
210-1512



Asst.Treasurer 1

Bob Shader
939-8421



Asst.Treasurer 2

Al Satake
254-9589



Member.Sec.

Phil Goff
831-3692



Director

Norm Alberts
837-4074



Director

Wayne Cook
933-8337



Director

Bob Donohue
513-5141



Director

Al Hutchko
827-9130



Director

Harry Sherinian
846-7067



Director

John Story
932-8826

2016 Activity Chairmen

Book Club	Rich Black	283-8376
Book Exchange	John Fraser	837-7439
" "	Dick Kauffman	838-2334
Bridge	Jon Dickson	837-1178
Candy Sales	Art Vogl	288-0488
Computer & Tech.	Neil Schmidt	948-8702
Dine-O-Sir	Ben Smith	820-5403
Duplicate Bridge	Art Donaldson	934-9391
Fishing	Harry Sherinian	846-7067
Golf-18 Hole	Al Zavatero	933-0465
" " Asst.	Carlos Xavier	947-6756
Golf-9 Hole	Dick Chaffee	932-5087
" " Asst.	Darrell McLaughry	933-1147
" " Asst.	Skip Berkson	437-1511
Golf - Carson City	Tim Hubbard	944-0742
Golf - Carmel	Jim Barstow	938-2744
Hiking & Walking	Joel White	964-0994
Mexican Train	Richard Madden	788-4223
" " Asst.	Alex Lutkus	827-2828
Parties	J. Christopherson	393-9373
Poker Group 1	Bill Harrington	935-1625
\$ums in Retirement	Ben Smith	820-5403
Walking Tours	Bernie Wroblewski	820-3274
Wine Appreciation	Jack Bevis	254-7256

Some Other SIR Area 2 Activities

Apple User Grp.	Dick Macy (Br.171)	376-1180
Astronomy	Bill Hunter (Br.8)	947-6947
Bocce	Bob Barnes (Br.8)	686-0106
Bowling	Dan Weller (Br. 8)	935-5510
Digital Photo.	Bill Phelon (Br.8)	254-8338
Pocket Pool	Jerry White (Br.8)	944-9068
Tennis	Ralph Thornicraft (174)	376-8140

2016 Support Chairmen

Activities Coord.	Jerry Kaplan	938-1037
Attendance	Sam Beret	388-6145
Audio/Visual	Neil Schmidt	948-8702
Audit	Ron Armijo	945-0637
"	Carl Langhorst	672-2541
Chaplain	(rotating)	(various)
Computer Support	Phil Goff	831-3692
	Neil Schmidt	948-8702
E-mail Contact	Phil Goff	831-3692
Greeters	Pat Bermingham	930-9477
Guitar	Paul King	938-3035
Historian	Matt Arena	946-0404
Host	Frank Crua	932-0975
Interviewer	Max Foust	827-9323
Member Relations	Bob Donohue	513-5142
Membership Roster	Dick Thomson	785-7600
Member. Secretary	Phil Goff	831-3692
Music Man	Robbie Robinson	798-4276
Newsletter Editor	Neil Schmidt	948-8702
" " Asst.	Phil Goff	831-3692
Nominating	Bob Donohue	513-5141
Photographers	Neil Schmidt	948-8702
"	Phil Goff	831-3692
"	Gary Boswell	673-3545
Public Relations	Wayne Cook	933-8337
Raffle	Don Schroeder	837-6005
Storytellers	(rotating)	(various)
Sunshine	Matt Arena	946-0404
Travel	Marty Katz	484-0122
Visitors	Bernie Wroblewski	820-3274
Volunteers	Bob Kinser	837-8886
Webmaster	Phil Goff	831-3692
Welcoming	Jerry Kaplan	938-1037

SIR Branch 116 Activity Calendar

June 2016

Sun.	Monday	Tuesday	Wednesday	Thursday	Friday	Sat.
			1 9-Hole Golf (10:00@ Buchanan Fields)	2	3	4
5	6 18-Hole Golf (9:30@ Boundary Oak GC)	7 Duplicate Bridge (10:00 Diablo Vly. Bridge Ctr)	8 9-Hole Golf (10:00@ Diablo Hills GC) Mexican Train (10:00@ Church of Christ, Walnut Creek)	9	10 Hiking & Walking (8:15@ Safe way, Moraga Shopping Ctr)	11
12	13 18-Hole Golf (9:30@ Boundary Oak GC)	14 Chicago Style Bridge (11:30@ Round Hill CC)	15 9-Hole Golf (10:00@ Buchanan Fields GC)	16	17	18
19	SIR Br. 116 Mtg. (11:30@ WC Elks Lodge)	21 18-Hole Golf (9:00@ Lake Chabot GC) Poker Group #2 (1:00@ Diablo Country Club)	22 9-Hole Golf (10:00@ Brentwood CC) \$ums Investment (8:00@ Diablo Creek GC) Dine-O-SIR (6:00@ Miraku, San Ramon)	23 Fishing Group (8:30@ Legends-Diablo Crk)	24 Hiking & Walking (8:15@ Rudgear Rd. Park & Ride)	25
26	27 18-Hole Golf (10:00@ Blue Rock-East GC) Book Group (10:15@ Orinda Books)	28 Dine-O-SIR (6:00@ Brass Door, San Ramon) Chicago Style Bridge (11:30@ Round Hill CC)	29 9-Hole Golf (10:00@ Diablo Hills GC) Dine-O-SIR (6:00@ Miraku, San Ramon)	\		



Br. 116 Treasurer's Report

Jim Nickels, Treasurer
(bjnickels@sbcglobal.net)

	May. 2016	2016 YTD
Contributions	\$ 5,347.01	\$ 30,354.05
Disbursements	\$ (4,893.87)	\$ (24,425.16)
Net (gain/(loss))	\$ 453.14	\$ 5,928.89
May 27th Cash Balance		\$ 13,664.25

June Birthdays

When you see these members, wish them a Happy Birthday!

- | | |
|--------------------|----------------------|
| 1. Arena, Matt | 12. Lutkus, Alex |
| 2. Benz, Andy | 13. McCallum, Bill |
| 3. Beret, Sam | 14. McInnis, Charlie |
| 4. Bergamini, Dick | 15. Meyer, Dirk |
| 5. Carlson, Dave | 16. Meylan, Lou |
| 6. Carter, Bob | 17. Powell, Troy |
| 7. Craig, Rog | 18. Schroeder, Don |
| 8. Donahue, Kevin | 19. Scott, Jim |
| 9. Goff, Phil | 20. Sherinian, Harry |
| 10. Hunter, Jerry | 21. Tullus, Dave |
| 11. Kaplan, Jerry | 22. Yee, Jai |



Lloyd Plank receiving the SIR Senior President's Award from Big Sir Jim Barstow

June Luncheon Menu

Half-Pound Cheeseburger Buffet
with all the trimmings and condiments
Beef Chili & Potato Salad
Dessert, Coffee, Iced Tea & Lemonade



Computer & Technology

Derek Southern & Neil Schmidt
(SIR.Area2.CAT@gmail.com)



The Area 2 Computer and Technology Group announces that there will be no meeting in June. This means our next meeting will be on **Thursday July 21, 2016** at 9:30 am at the Walnut Creek Elks Lodge, 1475 Creekside Drive – so arrive earlier to chat with friends and enjoy the coffee and cookies. We ask for a donation of \$5 to cover the cost of the hall rental, coffee and cookies -- but some months are free, so come and see if this meeting is another one of those! All SIR members and their guests (spouses included!) are welcome to attend. See you there.

The presentation topic will be announced in the next newsletter, so 'watch this space'

**Want a Free Lunch ?
Sponsor a New Member !**

SIR Website Addresses

SIR 116 Web Site
branch116.org

Branch 116 Golf
branch116golf.org

Trampas Topics
branch116.org/trampas/

Computer and Technology
a2cat.sirinc2.org/

SIR Happenings State Newsletter
sirinc.org/sirhappenings

State SIR Web Site
sirinc.org/



Sunshine Report

Matt Arena
(marena@astound.net)

SIR Joe Collins will be AWOL from our next meeting while he is taking chemo treatments. We look forward to seeing us soon at our luncheons.

SIR Don DeGraf is still dealing with back pain. He tells me he get some relief from hot compresses. Back pain can truly slow you down . Hope you feel better soon.

SIR Roger Colton has not improved according to his wife Laurie. He has been dealing with poor health for almost a year . Here is hoping that Roger will see some improvement in the not too distant future.

SIR Oscar Kirkorian was dealing with a fractured vertebrae which is improving. This past week he fell and injured his groin. His wife Marilyn tells me that he continues to improve and looks forward to getting together with his bridge pals.

SIR Tim Dorr is using a walker to give him some stability. He assures me he is improving and wished that this was all behind him.

SIR Larry Johnson reports that he is still coping with the aftermath of his stroke. He continues to go to the gym to keep up his strength. Larry is a very athletic warrior and keeps hoping for a turnaround in his health.

SIR Carl Cline was having trouble with his voice following his stroke which his wife Karen tells me is improving. Carl has been very faithful with his therapy. He does his best to attend as many events as possible.

"DON'T CRY BECAUSE IT'S OVER. SMILE BECAUSE IT HAPPENED. "

DR. SEUSS



Activity Chairman

Jerry Christopherson
(jchris161k@aol.com)

Thanks & Looking for Ideas

The Party Committee.....Gary Boswell, Darrell McClaughry, Jim Nachtweih, Lou Sandor and Jerry Christopherson....

All of us wish to thank those who joined us for this years Spring Fling. We hope you had a good time. Also checkout the photos of everybody having fun on page 12 of this issue of the *Trampas Topics*.

Believe it or not, we're already starting on the Christmas Dinner Dance! Please give us feedback on how we can do better and any ideas for future possible venues.

\$ums Investment Group

Tom Henry (Branch 174)
(tomh925@icloud.com)

The Area 2 \$UMS Investment Group will meet on **Wednesday June 22** at Legends Restaurant at the Diablo Creek Golf Course. The course is located just north of Hwy 4 on Port Chicago Hwy. We meet at 8:00 AM and finish at 9:30.

The speaker will be SIRs member David Munson of Branch 174. His topic will be "Investment Resources for the Individual Investor."

Dave spent 33 years in international banking with assignments in Istanbul, Tokyo, London and Honolulu. Primarily developing relationships with non-US residents and high net worth individuals, he traveled extensively in Asia and the South Pacific. He will be discussing investment resources for picking stocks that can be held over time (say 2-4 years) rather than for short term trading.

The Legends opens at 7:00 AM. Come early and have a leisurely breakfast with your colleagues prior to the meeting. Bring a prospective SIR.

Chair: Tom Henry Br. 174 tomhenry925@gmail.com
Co-Chair: Dave Sutton Br. 8 davesutn@yahoo.com



SIR Fishing Group

Harry Sherinian

(h.sherinian@comcast.net)

All SIR members and guests are welcome, and indeed encouraged, to participate in fishing trips as well as attend the monthly meetings. Next meeting will be **Thursday, June 23rd**, at the Legend Sports Bar and Grill at the Diablo Creek Golf Course at 4050 Port Chicago Highway in Concord. Meeting starts at 8:30am but a lot of us get there about 7:45 or so for breakfast and a time to trade fishing stories.

We will be very busy this summer fishing for: catfish, striped bass, black bass, crappie, bluegill, sturgeon, crawfish, trout, crab, salmon, halibut, ling cod, and rock fish. We live in a fishermen's paradise.

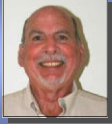
25 of us feasted on rock fish, ling cod, and Cabazon at Carl Moyer's back yard spring fish fry. This event is held twice a year. Pete Gates led a crew of Tom Boltz, Joe Karg, and Rich Fiscina on a charter to New Hogan for stripers. Everybody got their limit to 8 lbs. on a lovely spring day. Karl Droese, Dick Thomson, and others fished for stripers in the delta with limited success. Tom Kostik, our striped specialist, has his boat in the hospital, and we are

all grieving. He did get out with Mike Corker and bothered some black bass. Mike released a big sturgeon on another outing. Harry Sherinian and Terry Miller worked Lake McSwain for sadness and sorrow, but a beautiful day in the sun. Paul Dubow caught yellow tailed snappers in the seas from Florida. He, Joe Gillis, and Carl Moyer caught trout from the shore at San Pablo Reservoir after being skunked that morning fishing from a boat. Carl limited out there the following week, but when he returned with Ray Pixton the trout refused to bite. Reggie Fromm and Gene Shulting caught a few from shore there. Ernie Wong and Don Mittelstaedt fly fished Pyramid Lake. Ernie hooked 51 fish but only landed 28. Don hooked 17 and landed 11. Pyramid Lake has become somewhat of a hot spot for fishing lately.

Our next meeting will be **Thursday, June 23rd**, at the Legend Sports Bar and Grill at the Diablo Creek Golf Course at 4050 Port Chicago Highway in Concord. Meeting starts at 8:30 am. For further information, please contact Paul Dubow, Big Fish (415-495-6504); Harry Sherinian, Branch 116 Coordinator, (925-846-7067); or Barry Rauchle, Treasurer/Secretary, (925-400-3729.)



SIR looking satisfied at the Spring Fish Fry



Luncheon Speaker

By Little Sir Paul Ramacciotti
(dagobuildr@comcast.net)

SIRS Luncheon - June 20th, guest speaker - Phil Shannon

Mr. Shannon is a Certified Risk Management Consultant who has been with LegalShield for over 30 years. He and his company help mitigate and reduce the risk associated with the Number One crime in America - identity theft. Identity theft has been the number one consumer complaint to the FTC for the past twelve years and surpassed drug trafficking as the number one crime in America in 2007. The FTC states there is a new victim of Identity theft every two seconds and there is no end in site.

Mr. Shannon will explain what steps can be taken to help, but more importantly debunk some of the myths associated with this crime and help people understand the grave concerns all individuals and companies need to be aware of that are much more important than credit card issues or financial institutions with breeches. He will try and help traverse the very confusing programs currently available to consumers.

Mr. Shannon is a long time resident of the Bay Area. In addition to his many years with LegalShield, he has also been a navigator in the Air Force and had a very successful career as a high school teacher at Amos Alonzo Stagg High School in Stockton.

Trampas Topics Submissions



We need your contributions and suggestions for Trampas Topics. Please send photos, news items, SIR activities, and Letters to the Editor to:

Neil Schmidt, Trampas Topics Editor
trampastopics@gmail.com

CARSON CITY GOLF GETAWAY 2016

This 3 day event is one you don't want to miss. It has something for everyone who likes to golf, eat out, attend cocktail parties, play bridge, sightsee, shop or gamble. **The cost is all inclusive for:**

- two rounds of golf, with cart, on two courses (Dayton Valley & Eagle Valley)
- three nights lodging at a choice of motels, one with continental breakfast
- three banquets - includes wine on the table and **preceded by an open bar**
- ladies bridge, Mexican train either 1 day (& play golf the other) or both days
- free raffle prizes with a total value over \$1,200
- coupon books for cocktails, food and gaming at the Nugget Casino
- a tee gift and a sleeve of balls for each golfer

This year's Getaway will be September 8-9-10

Friends, relatives and all SIRs are welcome. Ladies, especially, have a wonderful time even if they don't golf. There are beautiful shopping centers close by and lots of things to do and see in the Carson City, Virginia City, Reno and Tahoe areas.

The "Entry form" is on page 12 of this issue of the *Trampas Topics* and is also available on the Branch Golf Web Site. Early sign-ups would be greatly appreciated as it gives us the opportunity to get more motel rooms should it become necessary. If you sign up early we will not hold your check for any length of time as we deposit them frequently.

If you have questions or would like more information please contact Tim Hubbard at (925) 944-0742 or e-mail at tthubbs@astound.net. We are looking forward to seeing you in Carson City in September where a "fun time" is guaranteed.



SIR BRANCH 116

2015 CARSON CITY GOLF GETAWAY

SEPTEMBER 7-8-9, 2016



Sept. 8 at Dayton Valley 8:30 Shotgun
 Sept. 9 at Eagle Valley West (Men) 8:00 Shotgun
 Sept. 9 at Eagle Valley East (Ladies) 8:00 Tees

36 holes of golf, including cart



Staying at Hardman House

Includes continental breakfast

Golfer\$387.00 Double Occupancy
 Non-Golfer\$277.00 Dbl Occupancy
 Single\$486.00

Staying at City Center Motel

Golfer\$356.00 Double Occupancy
 Non-Golfer\$245.00 Dbl Occupancy
 Single\$401.00

ALSO INCLUDES:

Open bar and buffet dinner all 3 nights
 Golf balls, tee prize and raffle prizes
 Food, gaming and bar coupons

Prize money of \$15.00 collected upon arrival

Entry deadline is August 24



Mail to: **Tim Hubbard**
1744 Carriage Drive
Walnut Creek, CA 94598



Non-Golfers!!

*Ladies Bridge, Mexican Train & other Games
are being planned*

Please indicate your interest below**

Please complete the form and circle your selections

Hardman House or City Center Motel

1. Name: _____ Golfer Non-Golfer **

2. Name: _____ Golfer Non-Golfer **

Golfer's NCGA GHIN # 1. _____ 2. _____

Enclosed is my check for \$ _____ to cover my reservation

Please make checks payable to **SIR Branch 116 Golf**

Your e-mail address: _____

** I'm Interested in Playing Bridge & Other Games – One Day or Both Days (circle choice)

For Questions: e-mail Tim at tthubbs@astound.net
 or call (925) 944-0742



Book Exchange

John Fraser & Dick Kauffman

(wokeagle@aol.com & rkkauffman@gmail.com)



Book Exchange

Do you have any good books that you have already read just sitting on your shelves at home gathering dust? Why not bring one or two of those books to the SIRS Luncheon and exchange them for another book or two that you have not read?

The book exchange is free and no hassle, just bring a book and take a book or take a book and bring a book to the next luncheon.

Enjoy your reading!



Br. 116 Book Club

Rich Black

(blackrw41@comcast.net)

There being 5 Mondays in May this year, the May meeting actually occurred in May.

The discussion, led by Joel White, included active participation by Lytton DeSilva, Jim Flessner, Garret Gavin, John Kopchek, Mac McLoughin, Al Reynolds, John Riordan, and Bob Wolf. The book "Not in God's Name—Confronting Religious Violence" was as anticipated, controversial. Roughly a third viewed the book as religious in nature and inappropriate for SIRS, while the other half viewed it as historical in content with implications for current events that resulted in vigorous discussion by all. The final rating was 3.5 with one abstention (did not read book, but will now).

The next meeting is **Monday June 27**. The book is "*The Speechwriter*" by Martin Swain.



Poker Group #2

Jim Shurr

(shurrjim@astound.net)

Poker Group #2 plays on the 3rd Tuesday of the month at Diablo Country Club in Diablo, from 1-4 p.m. Low stakes, good times and fun. To play, contact Jim Shurr (925-937-9142) or Jerry Kaplan (925-938-1037) at least 24 hrs before the game.



Wine Appreciation Group

Jack Bevis

(jackb435@comcast.net)

Jon Dickson Hosted a delightful al fresco Wine Event for 19 of the group. It was May 26th at John's home in Alamo. He picked a new theme that we haven't done before; having all of the wines from the same winery. He chose to feature all of the wines of Hafner Vineyard. It is a small family owned and operated Alexander valley winery that produces small quantities

of five different wines. We tried each, all excellent, 2015 Rose, 2013 Chardonnay, 2011 Reserve Chardonnay, 2010 Next Red (Malbec) and finally a large format bottle of 2005 Cabernet Sauvignon. Jon is also a great hors d'oeuvres chef.

We meet every other month on the last Thursday of the month at a member's home from 4:00 to 6:30. The member supplies the wine and food and is reimbursed for it by the group. If interested in more information contact Jack Bevis at 925-254-7256 or jackb435@comcast.net.

The next event is scheduled for **July 28th**.



Walking Tours

Bernie Wroblewski

(bbwroblewski@comcast.net)

Walking ToursThe next Branch 116 Walking Tour will take place in July. Candidate tours are the Paramount Theater in Oakland, the John Muir House in Martinez, and Port Chicago. Details for these options are currently being explored. An announcement will be made at the June luncheon meeting once dates, and times are arranged.

State 'SIR Happenings'

Enjoy reading *SIR Happenings* and find out about all the fun things that are going on throughout our organization. You can easily find Happenings on the SIR State Website located at:

sirinc.org/sirhappenings



"Dine-O-Sir" Dinner Group

Ben Smith

(bjsssmith@aol.com)

Konnichiwa----to all the Dine-O-Sir Herd

We did not have a Dine-Out in May due to the Spring-Fling. However we are all set for a great evening enjoying some fine Japanese cuisine at the MIRAKU Restaurant located at 2416 San Ramon Valley Blvd. in San Ramon. The MIRAKU offers a unique dinning experience which we are sure all will enjoy. This Dine out event will be on two nights, **Wed. June 22 and 29**. Due to limited space we at these two nights we will be limited to 50 people each evening. The social fun time will start at 6:30 PM with dinner at 7 PM. As always we will have open seating

- To start- Soup, Dragon Roll (1 for 4), Fresh Pineapple bowl filled with chicken, Rice & Vegetables.(1 for 4) The Dragon Roll and Pineapple bowl are large and can be easily shared

Entree Selections: (Pick one) All Entree's will be grilled in a special House Marinade sauce.

- Beef Teriyaki
- Chicken Teriyaki
- Salmon Teriyaki
- Included with your Main Entree will be Tempura fried Vegetables, and Shrimp, white rice. 3 pieces of California Roll, Salad, Fresh Orange, Wasabi mustard and dipping sauce.
- Dessert- Rainbow sherbet.
- Soft drinks and Tea included with dinner.

We will enjoy special prices on alcoholic beverages- NO HOST: Warm Sake- Small-\$2, Large \$4 (Many other special Sake's are available), House wines: Red and white \$4 per glass, \$16 per bottle. Bottled wine from Chili. Beer: 3 Brands-Sapporo, Kirin, Asahi Beer- Regular bottle \$3 Large Bottle \$5.50

We look forward to having a great evening with our fellow SIR and their Ladies and guests. An e-mail and flyer will be sent to everybody with the details of this event. Send your reservations request and checks to Sir-Ben Smith- bjsssmith@aol.com or 925-820-5403

Tele. 925-820-5403 itadakimasu and arigatougozaimasu (Bon Appetite & Thank you)



"Mexican Train" Dominos

Richard Madden

(maddenram@sbcglobal.net)

"Mexican Train" is a domino game which uses a set of Double Twelve Dominoes. From 2 to 8 can play. Each player draws 11 to 15 dominoes. The number of dominoes each player draws depends on the number of players. The object of the game is to play all your dominoes. When you draw your hand you set it up so that the adjacent dominoes match. During the play of a round there are things that can derail your train so that you cannot play.

This can make the game very interesting and a lot of FUN!

We had six players at the May meeting. We had a new first time winner, Alex Lutkus. Harry Sherinian still has the lowest average score at 226.8 points but since he did not show up we think he might be protecting his lead in this category. Low score wins.

We meet at 10:00 AM on the second Wednesday of each month at the Church of Christ located at 500 Minert Road, Walnut Creek.

We hope to see you on **June 8th**.

You can contract Richard Madden, maddenram@sbcglobal.net or 925.788.4223



Bridge

Jon Dickson

(still26@sbcglobal.net)

Chicago style bridge is played every 2nd and 4th Tuesdays of the month (June 14 & 28 this month) at Round Hill CC. Lunch at 11:30 and bridge right after. All bridge players are welcome. Last Tuesday Charlie Schmidt and Art Donaldson bid and made a GRAND SLAM, the first made in many months. In fact no one could remember when the last one was made, but you must remember our memories are not as good as we once thought they were. If you play bridge, please do join us.



SIR Travel

By Marty Katz, Travel Chairman
(mctkatz@pacbell.net)



Enjoy your travels where ever they
may take you...

Some SIR Travel Opportunities on State Web

The quarterly State SIR Happenings Web Site at:
sirinc.org/sirhappenings/ offers additional SIR
travel options.

Sep 13-26, 2016: Essence of the Elbe: Berlin to Prague. 13 day river cruise tour aboard the M/S River Allegro, a privately owned 90 passenger ship exclusively for American Travelers. Ports of call include Prague, Dresden, Meissen, Torgau, Wittenberg, Magdeburg and Berlin. Trip includes 2 night hotel stay in Prague and 3 nights in Berlin, 29 meals, 10 exclusive tours with headsets, transfers, port charges, gratuities for local guides, motor-coach drivers and a dedicated Program Director. Cost \$3595 to \$4195 depending on Cabin. Contact **Ken Richter**, Br. 146, 925-689-6217.

Sep 28-Oct 3, 2016: Custer State Park. Feel the thunder of pre-historic beasts as they rumble by during this fall tradition in the beautiful Black Hills. This one of a kind program also includes the Buffalo Roundup Art Festival, a buffalo steak dinner, a ride on the famous 1880 train, Rushmore, Crazy Horse and much More. Cost \$1565 or \$2065 with air. Contact Larry Yarberry, Br. 8, 925-890-9245.

👉 REMINDER 👉

To cancel your standing Luncheon reservation, please call the Luncheon Hotline (925-806-8874) or send an email to the Attendance Chairman at snb49@outlook.com no later than Thursday AM in the previous week.



Hiking & Walking

Joel White
(zpz2mrz@yahoo.com)

The May Lucky Friday the 13th led by Joel White (happy to be back in action) met at **8:15 am** at the Railway Museum in downtown Danville. The walk started in a cool overcast but ended in warm sunshine on another beautiful day in paradise. Participants were Rich Black and Donna Argenbright, Steve Bort, Art and Mary Alice Donaldson, Paul and Anna Freitas, Dan and Andrea Green and Joel and Susan White. Coffee and conversation continued at Pascal's Patisserie.

There was no fourth Friday walk as it conflicted with Memorial Day week-end which seemed to have otherwise occupied members.

The Friday, June 10 walk, will be led by **Dan Green** and will meet at **8:15am** in front of Safeway located in the Moraga Shopping Center at Moraga Way and Moraga Road. We will walk to the EB-MUD Valle Vista Staging Area. Coffee/breakfast will be at the Ranch House Cafe (across from Safeway) on School St and Moraga Way.

Please RSVP to Dan: 925-376-7087, cell 925-408-2412, asdgreen@comcast.net

The Friday, June 24, walk will be led by Art Donaldson. Meet at 8:15 am. Meet at Rudgear Road Park and Ride at 680 and Rudgear Road and walk towards Danville. Coffee and conversation will be at Cherubini Coffee House in Alamo afterwards.

Please RSVP to Art: (925) 286-4559, dnldsn@sbcglobal.net

All walks are with or without significant others. The significant other/spouse is also invited to participate even when the member is unable. Also, members and/or spouses are invited to join the post walk convocation even if they are unable to participate in a particular walk.

Those from other sirs branches wishing to join this mellow group, or to be added to the e-mail contact list, should contact Joel White, 925-964-0994)

Spring Fling 2016 Festivities





SIR Branch 116 Golf

By Al Zavattero, Golf Chairman
(jandazav@juno.com)

We have an active golf organization consisting of 18-hole and 9-hole groups. A small annual donation is required to play in either group.

The 18-hole group plays once a week in a Tournament format with play alternating between local courses and courses that may be 10 to 50 miles away. Those playing in the 18-hole group must be members of the Northern California Golf Association (NCGA) and establish a handicap index. You may join the NCGA through our SIR club or through another club.

Foursomes in both the 18-hole and 9-hole groups are arranged so that players can meet and enjoy playing with most, if not all, the other players in the branch.

All our events are listed in the Trampas Topics and on our web site at branch116.org/116-golf. Join up with us and enjoy outings with a great bunch of guys at some great courses with reasonable prices.



Nine Hole Info

Dick Chaffee, 9-Hole Chairman
(rwchaffee@sbcglobal.net)

SIR 116 9-Hole Golf Club membership is open to all Branch members and guests regardless of your golfing ability. We play every Wednesday starting at 10:00am. We rotate playing Buchanan Fields-Concord, Diablo Hills-Walnut Creek, and other 9 hole courses in the area.

The 9 Hole Golf Club is organized into a single flight. The weekly Champion is the player with the lowest net score. The weekly Champion is awarded 3 points, 2nd place 2 and 3rd place 1. The 2016 Champion will be the golfer with the highest point total.

In December, we will again hold our 9 Hole Golf Championship Tournament. The Tournament will be 3 rounds of golf. One round at each of the courses we play. The Tournament Champion will be the golfer with lowest net total for 2 rounds. If a participant plays all 3 rounds, he can choose which 2 rounds will count.

Latest SIR 116 Golf Info Available on Our Golf Web Site

The Golf Website address is:

branch116golf.org

Please bookmark it in your "Favorites" list of websites to access information on the following:

- 2016 Golf Schedule: Dates, times, and courses as well as detailed information on costs, payment information, deadlines, and special event facts.
- 18-Hole Pairings: Shows captains, teams,

starting times & handicaps for next event.

- 18-Hole Leaders and Results: Shows results from recent events and leaders in each group.
- Paid-In-Advance Sign-Ups: Shows checks that have been received for the next 3-4 pre-paid outings.
- Boundary Oak Sign-Ups: Shows who has signed-up for the next two Boundary Oak sessions.

June 9-Hole Schedule

Date	Time	Location	Organizer
Wed. 01	10:00	Buchanan Fields	Dick Chaffee
Wed. 08	10:00	Diablo Hills	D. McClaughry
Wed. 15	10:00	Buchanan Fields	Dick Chaffee
Wed. 22	10:00	Brentwood	Skip Berkson
Wed. 29	10:00	Diablo Hills	D. McClaughry

June 18-Hole Schedule

Date	Time	Location	Organizer
Mon. 06	9:30	Boundary Oak	Frank Crua
Mon. 11	9:30	Boundary Oak	Art Vogl
Tue. 19	9:30	Lake Chabot	C. Robertson
Mon. 25	9:30	Blue Rock East	

18-Hole Results

Hiddenbrooke, Mon, May 23, 2016
Bernie Wroblewski, Official Scorer

Flight 1				Flight 2				Flight 3				Flight 4			
1st	Hugh Duggan	70	3	Tie 1st	Harry Oberle	69	3	1st	Bob Price	66	3	1st	Greg Hughes	67	3
2nd	Neil Schmidt	72	2	Tie 1st	Al Zavattero	69	3	2nd	Jim Videle	68	2	2nd	Conrad Robertson	68	2
Tie 3rd	Jim Barstow	75	1	3rd	Dick Socolich	70	1	Tie 3rd	Bob Testa	71	1	3rd	Art Vogl	71	1
Tie 3rd	David Harris	75	1					Tie 3rd	Bernie Wroblewski	71	1				
	Low Gross				Low Gross				Low Gross				Low Gross		
	Neil Schmidt	92			Al Zavattero	88			Bob Price	93			Greg Hughes	102	
	Closest-to #15				Closest-to #15				Closest-to #15				Closest-to #15		
	Neil Schmidt				Al Zavattero				Dick Chaffee				Wayne Cook		

Paradise Valley, Mon, May 16, 2016
Frank Crua, Official Scorer

Flight 1				Flight 2				Flight 3				Flight 4			
1st	Hugh Duggan	67	3	1st	Jim Johnson	69	3	1st	Richard Madden	68	3	1st	Conrad Robertson	64	3
2nd	Jim Barstow	80	2	Tie 2nd	Jim Clizbe	71	2	2nd	Terry Grummitt	70	2	2nd	Phil Jenkins	74	2
3rd			1	Tie 2nd	Al Zavattero	71	2	3rd	Bob Testa	78	1	3rd	Jerry Christopherson	76	1
	Low Gross				Low Gross				Low Gross				Low Gross		
	Hugh Duggan	89			Jim Johnson	86			Richard Madden	93			Conrad Robertson	100	
	Closest-to #15				Closest-to #15				Closest-to #15				Closest-to #15		
	Hugh Duggan												Bill Hemmelsbach		

Boundary Oak, Mon, May 9, 2016
Bill Hemmelsbach, Official Scorer

Flight 1				Flight 2				Flight 3				Flight 4			
1st	David Harris	70	3	Tie 1st	Jim Johnson	67	3	1st	Peter Coggiola	61	3	Tie 1st	Phil Jenkins	63	3
2nd	Neil Schmidt	71	2	Tie 1st	Frank Portillo	67	3	2nd	Jerry Hunter	63	2	Tie 1st	Fred Schafer	63	3
3rd	Jerry Hicks	72	1	Tie 3rd	Dirk Meyer	68	1	3rd	Randy Welker	69	1	Tie 3rd	Jerry Christopherson	66	1
				Tie 3rd	Harry Oberle	68	1					Tie 3rd	Kevin Donahue	66	1
				Tie 3rd	Mel Williams	68	1								
	Low Gross				Low Gross				Low Gross				Low Gross		
	Jerry Hicks	85			Jim Johnson	84			Peter Coggiola	91			Phil Jenkins	96	
	Closest-to #2				Closest-to #2				Closest-to #2				Closest-to #2		
	Jim Barstow				Harry Oberle				Randy Welker				Matt Arena		

Boundary Oak, Mon, May 2, 2016
David Harris, Official Scorer

Flight 1				Flight 2				Flight 3				Flight 4			
1st	Hugh Duggan	69	3	1st	Wayne Smith	64	3	1st	Terry Sherman	68	3	1st	Jim Nickels	62	3
2nd	Jim Barstow	71	2	Tie 2nd	Bill Clark	66	2	Tie 2nd	Sam Beret	69	2	2nd	Art Vogl	68	2
3rd	Neil Schmidt	74	1	Tie 2nd	Don Schroeder	66	2	Tie 2nd	Jim Videle	69	2	Tie 3rd	Kevin Donahue	69	1
												Tie 3rd	Conrad Robertson	69	1
	Low Gross				Low Gross				Low Gross				Low Gross		
	Jim Barstow	90			Bill Clark	85			Jim Videle	94			Jim Nickels	96	
					Jim Johnson	85									
	Closest-to #12				Closest-to #12				Closest-to #12				Closest-to #12		
	Bill McCord				Carlos Xavier				Jim Videle				Bill Hemmelsbach		

2016 18-Hole Leader Board

First Half Leaders, January - June, 2016

As of Hiddenbrooke, Mon, May 23, 2016

FLIGHT 1		FLIGHT 2		FLIGHT 3		FLIGHT 4	
Name	Pts	Name	Pts	Name	Pts	Name	Pts
Hugh Duggan	35	Jim Johnson	20	David Carlson	16	Art Vogl	24
Jim Barstow	25	Don Schroeder	18	Bob Testa	16	Marty Katz	18
David Harris	14	Al Zavattero	15	Randy Welker	14	Fred Schafer	18
Bill McCord	12	Harry Oberle	11	Bernie Wroblewski	14	Phil Jenkins	12
Jerry Hicks	11	Phil Goff	10	Jim Videle	12	Ron Armijo	9
Neil Schmidt	7	Frank Crua	10	Pete Coggiola	10	Kevin Donahue	8
Alan Fitzgerald	6	Bill Clark	7	Al Serafino	6	Carl Langhorst	7
Michael Barrington	4	Wayne Smith	7	Terry Sherman	6	Conrad Robertson	7
Craig Elliott	3	Mel Williams	6	Dick Chaffee	3	Greg Hughes	6
		Carlos Xavier	5	Alex Lutkus	3	Matt Arena	4
		Dirk Meyer	5	John Story	3	Wayne Cook	4
		Frank Portillo	3	Terry Grummitt	3	Jim Nickels	4
		Jim Clizbe	2	Richard Madden	3	Bill Hemmelsbach	3
		Bob Donohue	1	Bob Price	3	Robbie Robinson	2
		Dick Socolich	1	Jed Daniel	2	Jerry Christopherson	2
				Sam Beret	2		
				Jerry Hunter	2		
				Mark Jordan	1		

Golf Hotline: The Golf Telephone Hotline can be reached at 925-906-5355.

You may leave a message to register for 9-Hole & 18-Hole tournaments, cancel a previous registration, make special requests for pairings, ask to be added to a waiting list after the deadline and check to see if a tournament has been cancelled due to inclement weather or other reasons.

If you are registering for Boundary Oak, please indicate whether you are Walking or Riding.

If you are registering for Paid-in-Advance tournaments, please mail your check prior to the deadline to SIR Branch 116 Golf, P. O. Box 683, Lafayette, CA 94549-0683.

Electronic Signups and Cancellations

Please note that you may also signup for Boundary Oak & Paid-in-Advance tournaments on this website. Simply navigate to 18-Hole Group/Schedules & Signups and choose either Boundary Oak or Paid-in-Advance. You may cancel a previous signup either by using the telephone hotline or by sending an email to branch116golf@gmail.com.

18-Hole Pay In Advance Deadlines

<u>Event Date</u>	<u>Location</u>	<u>Deadline</u>	<u>Amount</u>
Tuesday, June 21, 2016	Lake Chabot	June 10	\$30
Monday, June 27, 2016	Blue Rock East	June 17	\$37
Tuesday, July 19, 2016	Metropolitan	July 08	\$35
Monday, July 25	Tilden Park	July 08	\$35

Send checks made out to SIR Branch 116, Golf, PO Box 683, Lafayette, CA 94549-0683



RETURN TO: Neil Schmidt
2231 San Miguel Dr.
Walnut Creek, CA
94596-5805

Sons In Retirement: A non profit Organization for Men Enjoying Active Retirement

Rules of Attendance and Membership for SIR Branch 116

RULE 100. A member may be notified in writing by his Branch of the pending termination of his membership (Rule 107) should he be responsible for any of the following:

Miss three (3) consecutive regular luncheon meetings without having been excused by contacting the designated Branch Attendance person prior to the meeting date.

Did not attend one-half (5) of the regular luncheon meetings within the previous twelve consecutive month period. NOTE: Excused meetings cannot be included to achieve the minimum attendance.

RULE 101. Certification of attendance by a member at another Branch meeting will be considered as a credit to his attendance record. (Maximum of 2 visits per calendar year).

Non Responsibility Declaration

RULE 345: All activities arranged for or by, Sons In Retirement, Incorporated, and its Branches, are for the convenience and pleasure of the members and their guests who desire to participate. Sons In Retirement, Incorporated, and its Branches do not assume any responsibility for the well being or safety of the participants or their property, in any matters pertaining to said activities.

Checks for Trips

Trips of 2 days and 1 night or less may be made payable to the Branch conducting the trip. Trips in excess of 1 night must be made payable to the travel agency involved.