



Trampas Topics

August, 2016

SIR Branch 116

Next Meeting: 11:30 am,
Monday, August 15, 2016
Elks Lodge—1475 Creekside
Dr, Walnut Creek, CA 94596

A Nonprofit Public Benefit Organization for Men Enjoying Active Retirement

Sayings of 2016 Big Sir Jim Barstow

August, and it is living up to it's reputation as one of our warmest months of the year. It is the perfect month to continue with the tradition started by our 2012



Big SIR, Neil Schmidt. **I am requesting all members wear the "loudest" Hawaiian Shirt to our Luncheon.** It will be somewhat different, and should provide us with some smiles. If you do not have a Hawaiian Shirt, you still have time to get one. I encourage you to participate.

This month we will be electing our officers and directors for 2017. SIR Bob Donohue and the nominating committee have done an excellent job of assembling well qualified candidates for us to consider. Importantly, these SIR members have stepped up so that our branch may continue to succeed and move forward into 2017. We welcome and appreciate all members who are willing to volunteer their time and effort toward keeping our branch strong.

The entry deadline for our Carson City Golf Getaway is rapidly approaching. This fun filled three day event includes Golf at two different courses, three banquets, breakfast coupons, and numerous activities besides Golf. There is plenty to do in Carson City, but perhaps most important of all, an opportunity to socialize for three days with your fellow SIRs and their Wives or Significant Others. Please join us. Friends are also welcome to participate, and perhaps this event will encourage them to join Branch 116. August 24th is the deadline for entry, but SIR Tim Hubbard and his committee would greatly appreciate you submitting your entry as soon as possible. Please don't wait until August 24th.

SIR Richard Madden is organizing a new activity. Plans are to make Mexican Train an evening event. This Mexican Train activity will be for SIRs and their wives / significant others. I wish Richard the best in organizing this event, and my wife Adzie and I will be one of the first to sign up.

Attendance at the last couple of Luncheons have been somewhat disappointing, and below our average. Please make every effort to not only attend our August Luncheon in your "loudest" Hawaiian shirt, but bring a neighbor or friend as a guest.

Continue to enjoy a great summer, and I look forward to seeing you at our August 15th Luncheon.



Jim Barstow, Big SIR



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PLEASE CALL 806-8874

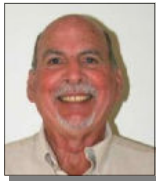
*or send an email to
snb49@outlook.com by the
Thursday prior to the
meeting to cancel your
standing reservation or to
bring a guest.*

2016 SIR Branch 116 Officers & Directors



Big SIR

Jim Barstow
938-2744



Little SIR

Paul Ramacciotti
229-2564



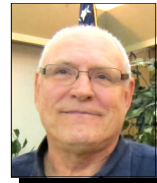
Secretary

Fred Schafer
648-4199



Assist.Secretary

Allan Chasnoff
933-6665



Treasurer

Jim Nickels
210-1512



Asst.Treasurer 1

Bob Shader
939-8421



Asst.Treasurer 2

Al Satake
254-9589



Member.Sec.

Phil Goff
831-3692



Director

Norm Alberts
837-4074



Director

Wayne Cook
933-8337



Director

Bob Donohue
513-5141



Director

Al Hutchko
827-9130



Director

Harry Sherinian
846-7067



Director

John Story
932-8826

2016 Activity Chairmen

Book Group	Rich Black	283-8376
Book Exchange	John Fraser	837-7439
" "	Dick Kauffman	838-2334
Bridge	Jon Dickson	837-1178
Computer & Tech.	Neil Schmidt	948-8702
Dine-O-Sir	Ben Smith	820-5403
Duplicate Bridge	Art Donaldson	934-9391
Fishing	Harry Sherinian	846-7067
Golf-18 Hole	Al Zavatero	933-0465
" " Asst.	Carlos Xavier	947-6756
Golf-9 Hole	Dick Chaffee	932-5087
" " Asst.	Darrell McLaughry	933-1147
" " Asst.	Skip Berkson	437-1511
Golf - Carson City	Tim Hubbard	944-0742
Golf - Carmel	Jim Barstow	938-2744
Hiking & Walking	Joel White	964-0994
Mexican Train	Richard Madden	788-4223
" " Asst.	Alex Lutkus	827-2828
Parties	J. Christopherson	393-9373
Poker Group 1	Bill Harrington	935-1625
Poker Group 2	Jerry Kaplan	938-1037
\$ums in Retirement	Ben Smith	820-5403
Walking Tours	Bernie Wroblewski	820-3274
Wine Appreciation	Jack Bevis	254-7256

Some Other SIR Area 2 Activities

Apple User Grp.	Dick Macy (Br.171)	376-1180
Astronomy	Bill Hunter (Br.8)	947-6947
Bocce	Bob Barnes (Br.8)	686-0106
Bowling	Dan Weller (Br. 8)	935-5510
Digital Photo.	Bill Phelon (Br.8)	254-8338
Pocket Pool	Jerry White (Br.8)	944-9068
Tennis	Ralph Thornicraft (174)	376-8140

2016 Support Chairmen

Activities Coord.	Jerry Kaplan	938-1037
Attendance	Sam Beret	388-6145
Audio/Visual	Neil Schmidt	948-8702
Audit	Ron Armijo	945-0637
"	Carl Langhorst	672-2541
Chaplain	(rotating)	(various)
Computer Support	Phil Goff	831-3692
	Neil Schmidt	948-8702
E-mail Contact	Phil Goff	831-3692
Greeters	Pat Bermingham	930-9477
Guitar	Paul King	938-3035
Historian	Matt Arena	946-0404
Host	Frank Crua	932-0975
Interviewer	Max Foust	827-9323
Member Relations	Bob Donohue	513-5142
Membership Roster	Dick Thomson	785-7600
Member. Secretary	Phil Goff	831-3692
Music Man	Robbie Robinson	798-4276
Newsletter Editor	Neil Schmidt	948-8702
" " Asst.	Phil Goff	831-3692
Nominating	Bob Donohue	513-5141
Photographers	Neil Schmidt	948-8702
"	Phil Goff	831-3692
"	Gary Boswell	673-3545
Public Relations	Wayne Cook	933-8337
Raffle	Don Schroeder	837-6005
Storytellers	(rotating)	(various)
Sunshine	Matt Arena	946-0404
Travel	Marty Katz	484-0122
Visitors	Bernie Wroblewski	820-3274
Volunteers	Bob Kinser	837-8886
Webmaster	Phil Goff	831-3692
Welcoming	Jerry Kaplan	938-1037

SIR Branch 116 Activity Calendar

August 2016

Sun.	Monday	Tuesday	Wednesday	Thursday	Friday	Sat.
	1 18-Hole Golf (9:30@ Boundary Oak GC)	2 Duplicate Bridge (10:00 First Christian Church, 3039 Willor Pass Rd, Concord)	3 9-Hole Golf (10:00@ Buchanan Fields GC)	4	5	6
7	8 18-Hole Golf (9:30@ Boundary Oak GC)	9 Luncheon Bridge (11:30@ Round Hill CC)	10 9-Hole Golf (10:00@ Diablo Hills GC) Mexican Train (10:00@ Church of Christ, WC)	11	12 Hiking & Walking (8:15@ Lafayette Moraga Trailhead at Olympic & PH Rd.)	13
14	15 <u>SIR Br. 116 Mtg.</u> (11:30 @ WC Elks Lodge)	16 18-Hole Golf (8:33@ Chardonnay GC) Poker Group #2 (1:00@ Diablo Country Club)	17 9-Hole Golf (10:00@ Buchanan Fields GC)	18 Computer & Tech (9:30@ Elks Club)	19	20
21	22 18-Hole Golf (10:00@ Blue Rock-West GC)	23 Luncheon Bridge (11:30@ Round Hill CC)	24 9-Hole Golf (10:00@ Brentwood GC)	25 Fishing Group (8:30@ Legends-Diablo Crk)	26 Hiking & Walking (8:15@ Broadway & Newell, WC)	27
28	29 18-Hole Golf (8:30@ Crow Canyon CC) Book Group 10:15@ Orinda Books)	30	31 9-Hole Golf (10:00@ Diablo Hills GC)			

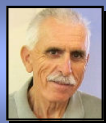


Br. 116 Treasurer's Report

Jim Nickels, Treasurer

(bjnickels@sbcglobal.net)

	July. 2016	2016 YTD
Contributions	\$ 5,591.09	\$ 38,616.15
Disbursements	\$ (6,465.77)	\$ (34,190.12)
Net (gain/(loss))	\$ (874.68)	\$ 4,426.03
July 23th Cash Balance		\$ 12,161.39



Lunch Attendance

Sam Beret

(snb49@outlook.com)

Attendance at the June 20th Meeting

Total: 175

Members: 173

Guests & Visitors: 1

Speakers: 1

Excused: 41

Un-Excused: 15

The un-excused members will be asked to pay for their missed lunch.

August Luncheon Menu

Grilled Ham Steak with Jack Daniels Sauce

Garlic Roasted Red Potatoes

Maple & Brown Sugar Carrots

Cole Slaw, Rolls & Butter

Dessert, Coffee, Iced Tea & Lemonade

August Birthdays

When you see these members, wish them a Happy Birthday!

- | | |
|----------------------|---------------------|
| 1. Barstow, Jim | 11. Johnson, Larry |
| 2. Bort, Steve | 12. McQueen, Don |
| 3. Braun, John | 13. McVean, Kirk |
| 4. Breitwieser, Dick | 14. Murray, Don |
| 5. Coggiola, Peter | 15. Smith, Roger |
| 6. Cremolini, Kent | 16. Turnquist, Bill |
| 7. Crua, Frank | 17. Walden, Herman |
| 8. Donohue, Bob | 18. Welker, Randy |
| 9. Freitas, Paul | 19. White, Joel |
| 10. Grummitt, Terry | |



Membership

Phil Goff

(philgoff@yahoo.com)

SIR 116 Membership Status

Total Current Members: 235

This Month's Inductees: 2

- Ron Banducci

- Jerry Bennett

Inactive to Active: 0

Active Members Resigned: 2

- Lytton DeSilva

- Bill Best

Active to Inactive: 0

Inactive Resigned: 0

On Inactive Status: 19

**Want a Free Lunch ?
Sponsor a New Member !**

REMINDER

To cancel your standing Luncheon reservation, please call the Luncheon Hotline (925-806-8874) or send an email to the Attendance Chairman at snb49@outlook.com no later than Thursday AM in the previous week.

SIR Website Addresses

SIR 116 Web Site

branch116.org

Branch 116 Golf

branch116golf.org

Trampas Topics

branch116.org/trampas/

Computer and Technology

a2cat.sirinc2.org/

SIR Happenings State Newsletter

sirinc.org/sirhappenings

State SIR Web Site

sirinc.org/



Sunshine Report

Matt Arena

(marena@astound.net)

SIR **Larry Johnson** has been working very hard to recover from his stroke. He continues his exercises and finds that his balance is improving.

SIR **Roger Colton** has been battling bone marrow disease for a long while. He continues with his chemo and is using a walker at home to get movement in his muscles. He needs to keep up his activity to prevent atrophy.

SIR **Tim Dorr** surprised me this week by showing up at the grocery with his wife Kathy. Kathy was recovering from a hip replacement and both were using walkers and canes to do their shopping. You can never tell when good people pop up in your lives.

SIR **Will Schnieder** who left the branch last year for health reasons sounded wonderful on the phone today. Will is using a drug OPDIVO to treat his cancer with no side effects. He had a bad experience with a chemo treatment 6 months ago which had to be stopped because of the reaction to the drug. He gets in a mile walk every day but other than being fatigued occasionally is doing OK

SIR **Don Acomo** who is a very active outdoorsman is dealing with post operative pain from back surgery. He is able to get out and do some walking but he surely misses his gardening.

"YOU CAN OBSERVE A LOT
BY JUST WATCHING"

...Yogi Berra...



New Branch 116 Members



Sponsor Sam Beret with
new member Jerry Bennet



New member Ron Banducci with
sponsor Ron Armijo

\$ums Investment Group

Tom Henry (Branch 174)

(tomh925@icloud.com)

We'll be taking a break and not meeting in July and August. Watch this space for info about our meeting on **September 28**.

Chair: Tom Henry Branch 174
(tomhenry925@gmail.com)

Co-Chair: Dave Sutton Branch 8
(davesutn@yahoo.com)



SIR Fishing Group

Harry Sherinian

(h.sherinian@comcast.net)

All SIR members and guests are welcome, and indeed encouraged, to participate in fishing trips as well as attend the monthly meetings. Next meeting will be **Thursday, August 25th**, at the Legend Sports Bar and Grill at the Diablo Creek Golf Course at 4050 Port Chicago Highway in Concord. Meeting starts at 8:30am, but a lot of us get there early for some breakfast and time to swap stories about our latest fish outings.

Lee Clark caught his first halibut on a party boat in the bay. Pedro Contreras caught yellowtail and a big grouper on an 8 day trip from San Diego. Ernie Wong, who is a Shad fisherman extraordinaire has caught and released over 443 Shad, mostly on the Yuba River. He does love that Shad fishing. Richard Bal, Ed Dijkman, Romano Gnusti, Pete Gates, Tom Boltz, Steve Lofton, and Karl Droese brought home salmon and halibut from Alaska. Harry Sherinian tried his luck up in the high country (7500 Ft.) east of Fresno at Courtwright Reservoir. The scenery was beautiful and the lake was full of water but the fishing was tough and he only caught a few. Mike Corker still continues to catch Black Bass in the Delta up in the Discovery Bay area. Closer to home the fishing has been dismal. Constant wind and unruly ocean kept us all at home. I believe the salmon fishing will be superb when the ocean calms.

We will be very busy this summer fishing for: catfish, striped bass, black bass, crappie, bluegill, sturgeon, crawfish, trout, crab, salmon, halibut, ling cod, and rock fish. We live in a fishermen's paradise.

For further information about our fishing club, please contact Paul Dubow, Big Fish (415-495-6504) or Harry Sherinian, Branch 116 Fishing Coordinator, (925-846-7067)

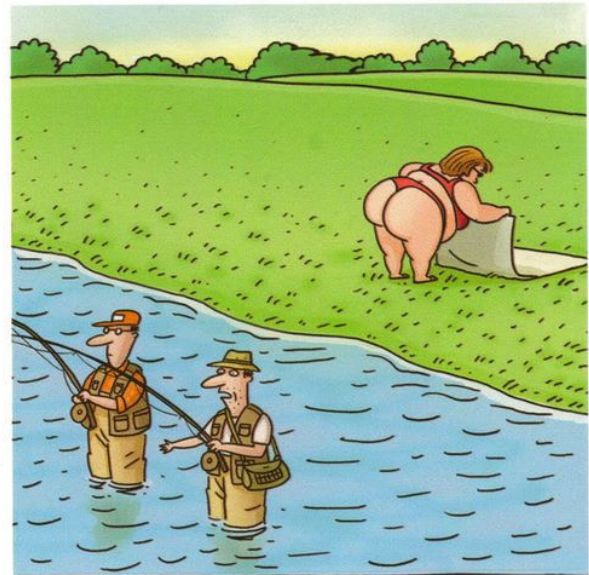
Fishing Tales

Gone Fishing

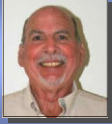
Alex had a terrible day fishing on the lake, sitting in the blazing sun all day without catching a single one. On his way home, he stopped at the fishmonger and ordered four rainbow trout. He told the fishmonger, 'Pick four large ones out and throw them at me, will you?'

'Why do you want me to throw them at you?' Asked the salesman?' So that I am able to tell my wife, in all honesty, that I caught them.' said Alex.

'Okay, but I suggest that you take the salmon.' Why's that? 'Because your wife came in earlier today and said that if you came by, I should tell you to take salmon. That's what she'd like for supper tonight', replied the fishmonger with a grin.



"That's odd... the fish were biting like mad a minute ago, and now it's like they've completely lost their appetite."



Luncheon Speaker

By Little Sir Paul Ramacciotti
(dagobuildr@comcast.net)

August Luncheon Guest Speaker: Tom Madden, Farmers Insurance.

Biography: Mr. Madden started his business career in sales with a major foods company. He held positions of Sales Representative, Account Manager, Sales Manager, National Sales Coordinator, and Director of Training. From there he was recruited by a health and beauty company as Vice President, Human Resources and subsequently started a consulting firm that specialized in Human Resources to include employee benefits and other insurance needs. Mr. Madden has a Masters in Clinical Psychology from Pepperdine University and has written a thesis on Accelerated Learning techniques which eventually was published into two books. Mr. Madden holds property/casualty, securities, health and life insurance licenses and has operated a Farmers Insurance Agency in Lafayette since 2003.

Topic: **10 Common Misunderstandings about Homeowner's Insurance.** Mr. Madden's presentation will cover the 10 key areas that are commonly misunderstood, mistakenly covered, or completely



Eagle Valley Golf Course
(One of the two courses to be played at the Carson City Golf Getaway)

CARSON CITY GOLF GETAWAY 2016

The entry deadline for the Carson City Golf Getaway (September 7, 8 & 9) is fast approaching, so get your check and entry form in because this is one event you do not want to miss. For your convenience the entry form is on page 8 and also on the Branch golf web site (<http://branch116golf.org/schedules-signups/othertournaments/>).

Past participants consider this to be the best golfing event of the year. The golf courses (2 rounds with cart) are excellent, the food is great (3 banquets), the cocktails are hosted and over \$1,200 in free raffle prizes.

The non-golfing ladies have a bridge and/or Mexican Train event, or they can play Mexican Train one day and golf the next; plus there are lots of sights to visit in the area and shopping galore at expansive shopping centers. All (except gambling & shopping) are inclusive for one very reasonable price. The socializing at the banquets and cocktail parties make this outing a really fun event.

Remember guests are more than welcome so invite them to join you in Carson City. We hope to see you there in September. A fun time is guaranteed and who knows you might get lucky if you enjoy gambling in the Casino.

Monday, August 15 is the last SIR luncheon prior to the deadline (Aug 24) for signing up and bringing your check. We have a specific deadline with the hotels in order to get enough rooms, so it would be greatly appreciated if you can get your check in within the next 2 weeks.

If you have any questions please contact Tim Hubbard at 944-0742 or by e-mail at tthubbs@astound.net.

SIR BRANCH 116

2016 CARSON CITY GOLF GETAWAY

SEPTEMBER 7-8-9, 2016



Sept. 8 at Dayton Valley 8:30 Shotgun
 Sept. 9 at Eagle Valley West (Men) 8:00 Shotgun
 Sept. 9 at Eagle Valley East (Ladies) 8:00 Tees

36 holes of golf, including cart



Staying at Hardman House

Includes continental breakfast

Golfer\$387.00 Double Occupancy

Non-Golfer\$277.00 Dbl Occupancy

Single\$486.00

Staying at City Center Motel

Golfer\$356.00 Double Occupancy

Non-Golfer\$245.00 Dbl Occupancy

Single\$401.00

ALSO INCLUDES:

Open bar and buffet dinner all 3 nights

Golf balls, tee prize and raffle prizes

Food, gaming and bar coupons

Prize money of \$15.00 collected upon arrival

Entry deadline is August 24



Mail to: **Tim Hubbard**
1744 Carriage Drive
Walnut Creek, CA 94598



Non-Golfers!!

*Ladies Bridge, Mexican Train & other Games are
being planned*

Please indicate your interest below**

Please complete the form and circle your selections

Hardman House or City Center Motel

1. Name: _____ Golfer Non-Golfer **

2. Name: _____ Golfer Non-Golfer **

Golfer's NCGA GHIN # 1. _____ 2. _____

Enclosed is my check for \$ _____ to cover my reservation

Please make checks payable to ***SIR Branch 116 Golf***

Your e-mail address: _____

** I'm Interested in Playing Bridge & Other Games – One Day or Both Days (circle choice)

For Questions: e-mail Tim at tthubbs@astound.net
 or call (925) 944-0742



Wine Appreciation Group

Jack Bevis

(jackb435@comcast.net)

Our next wine event will be on July 28th just after the deadline for this issue of Trampas Topics. Read about it in the following issue

We meet every other month on the last Thursday at a members home. The host plans the wine and food and supplies it. He is reimbursed by the group.

For more information contact Jack Bevis at jackb435@comcast.net or 925-254-73256.

The Bottle of Wine Parable

Huang Chan was a very rich man who was deliberately tough on his farmhand, Wong. Huang Chan gave Wong a bottle and said, "Buy me a bottle of wine."

Wong, the poor farmhand enquired "How can I buy you wine with no money at all?"

Huang Chan replied disdainfully, "Anyone can buy wine with money. It takes real skill to buy wine without money."

Time elapsed and Wong eventually returned farmhand returned with the empty bottle. He handed the bottle to Huang Chan and murmured, "Enjoy the wine, please."

Staring at the empty bottle with some dismay, Huang asked, "There is no wine, how can I enjoy this?"

Wong replied to Huang Chan, with a straight face, "Anyone can enjoy wine if there is some. It takes real skill to enjoy wine when there is none."

Huang Chan made a choking sound but was unable to utter a word.



Br. 116 Book Group

Rich Black

(blackrw41@comcast.net)

"Matterhorn: A Novel of the Vietnam War" by Karl Marlantes

The Bookgroup will meet on Monday, 25 July, 2016 to discuss "Matterhorn" and will report on the discussion in the September Trampas Topics.

On **Monday, 22 August** the group will again meet to discuss "Empire of the Summer Moon: Quanah Parker and the Rise and Fall of the Comanches, the Most Powerful Indian Tribe in American History by S.C Gwynne.

Meetings are at 10:15 at Orinda Books in Orinda, California.



Computer & Technology

Derek Southern & Neil Schmidt

(SIR.Area2.CAT@gmail.com)



The Area 2 Computer and Technology Group announces that our next meeting will be at the Walnut Creek Elks Lodge on **Thursday, August 18, 2016 at 9:30 am**. Sirs from all branches and their guests are welcome and invited to attend.

Evan Corstophine will be discussing "Serious Security & Identity Threats." This is a subject of continuing importance to everyone as hackers are ceaselessly developing new threats to our Web connected devices.

Arrive earlier to chat with friends and enjoy the coffee and cookies., Thursday August 18, 2015, at the Walnut Creek Elks Lodge, 1475 Creekside Drive. We ask for a donation of \$5 to cover the cost of the hall rental, coffee and cookies -- but some months are free, so come and see if this meeting is another one of those! All SIR members and their guests (spouses included!) are welcome to attend. See you there.



Bridge

Jon Dickson

(still26@sbcglobal.net)

All bridge players are welcome to join us on the **2nd and 4th Tuesdays** of each month for Chicago Style bridge with Lunch and bridge at Round Hill Country Club. Starts at 11:30 AM.

We usually have 5 or 6 tables, with prizes for the top 4 to 6 scores. Slams of any kind have been few and far between these past weeks after our record setting 6 slams on one day. Everything averages out in the long run! If you play bridge and want to spend a fun afternoon with your fellow SIR's, join us at Round Hill CC on Tuesday.



Walking Tours

Bernie Wroblewski

(bbwroblewski@comcast.net)

We will attempt to set up a Branch 116 walking tour for late August. Those on the walking tour e-mail list will be notified as soon as details have been finalized. Hopefully by the August luncheon meeting an announcement can be made to the Branch 116 membership.



"Mexican Train" Dominos

Richard Madden

(maddenram@sbcglobal.net)

"Mexican Train" is a domino game which uses a set of Double Twelve Dominoes. From 2 to 8 can play. Each player draws 11 to 15 dominoes. The number of dominoes each player draws depends on the number of players. The object of the game is to play all your dominoes. When you draw your hand you set it up so that the adjacent dominoes match. During the play of a round there are things that can derail your train so that you cannot play. This can make the game very interesting and a lot of FUN!

We had eight players at the July meeting. Harry Sherinian was our winner with a score of 197 and still has the lowest average score at 239.3. Low score wins.

We meet at 10:00 AM on the second Wednesday of each month at the Church of Christ located at 500 Minert Road, Walnut Creek.

We hope to see you on August. We are planning to start an evening group that will include the ladies.

You can contact Richard Madden, maddenram@sbcglobal.net or 925.788.4223



Trampas Topics Submissions



We need your contributions and suggestions for Trampas Topics. Please send photos, news items, SIR activities, and Letters to the Editor to:

Neil Schmidt, Trampas Topics Editor
trampastopics@gmail.com



SIR Travel

By Marty Katz, Travel Chairman
(mctkatz@pacbell.net)



Enjoy your travels where ever they may take you...

Sep 13-26, 2016: Essence of the Elbe: Berlin to Prague. 13 day river cruise tour aboard the M/S River Allegro, a privately owned 90 passenger ship exclusively for American Travelers. Ports of call include Prague, Dresden, Meissen, Torgau, Wittenberg, Magdeburg and Berlin. Trip includes 2 night hotel stay in Prague and 3 nights in Berlin, 29 meals, 10 exclusive tours with headsets, transfers, port charges, gratuities for local guides, motor-coach drivers and a dedicated Program Director. Cost \$3595 to \$4195 depending on Cabin. Contact **Ken Richter**, Br. 146, 925-689-6217.

Sep 28-Oct 3, 2016: Custer State Park. Feel the thunder of pre-historic beasts as they rumble by during this fall tradition in the beautiful Black Hills. This one of a kind program also includes the Buffalo Roundup Art Festival, a buffalo steak dinner, a ride on the famous 1880 train, Rushmore, Crazy Horse and much More. Cost \$1565 or \$2065 with air. Contact **Larry Yarberry**, Br. 8, 925-890-9245.

Oct 8, 2016: Fleet Week (Blue Angels) Join us on the San Francisco Belle Paddle Wheeler the crown jewel of San Francisco Bay. There is no better vantage point to see the Air Show then on the SF Belle. Cost is \$141.00 including RT Motorcoach, Cruise aboard the Belle, Reserved seating, Hosted Hot Buffet Lunch with Beverage, Music Entertainment, Special viewing of Blue Angel Show, and Driver Gratuity. Contact **Milt Smith** Br. 146, 925-280-0328 or **John George** 408-600-4635.

See the quarterly State SIR Happenings Web Site at: sirinc.org/sirhappenings/ offers additional SIR travel options.



Book Exchange

John Fraser & Dick Kauffman
(wokeagle@aol.com & rkkauffman@gmail.com)



At each luncheon meeting, the Book Exchange has a bout 100 books for exchange.

The guidelines are simple. Bring a book and take a book or if you didn't bring one with you, take a book and bring one next meeting.



Rich Black and Art Donaldson assisting others in finding good books



Poker Group #2

Jerry Kaplan
(mgkaplan@astound.net)

Poker Group #2 plays on the 3rd Tuesday of the month at Diablo Country Club in Diablo, from 1-4 p.m. Low stakes ,good times and fun. To play, contact Jim Shurr (925-937-9142) or Jerry Kaplan (925-938-1037) at least 24 hrs before the game.



Hiking & Walking

Joel White

(zpz2mrz@yahoo.com)

On July 8 there was no walk due to so many members traveling.

We had wonderful sunny and cool conditions for the Friday, July 22 walk around the Lafayette Reservoir led by John Riordan. Participants included Richard Black and Donna Argenbright, Steve Bort, Anna and Paul Freitas, Andrea and Dan Green, and Gail Riordan. Breakfast, beverages and conversation followed at the Rising Loafer in Lafayette.

The **Friday, August 12th** walk will be led by **Richard White**. Meet at **8:15** at the Lafayette Moraga Trailhead at Olympic Blvd and Pleasant Hill Road. Please RSVP to Richard: toytrain13@comcast.net

The **Friday, August 26th** walk will be led by **Richard Black**. We will meet at the parking lot corner of Broadway and Newell in Walnut Creek. Park in the new Macy's parking lot. Please RSVP to Rich: blackrw41@comcast.net. His cell # for those lost or stuck in traffic is 925-788-1987

This Group is open to all members and spouses. Walks are on an "out and back" basis for 30 minutes in each direction, with groups walking at various paces and designed so all can return to the start at roughly the same time. We then join together for coffee and conversation at a local breakfast type establishment. Wives are invited to participate without their husbands if they so wish. Anyone wishing to be added to the e-mail reminder list should contact Joel White 964-0994 or zpz2mrz@yahoo.com.

State 'SIR Happenings'

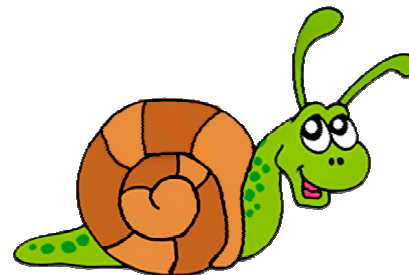
Enjoy reading *SIR Happenings* and find out about all the fun things that are going on throughout our organization. You can easily find Happenings on the SIR State Website located at:

sirinc.org/sirhappenings

Tips for Fighting Slow Play at the Golf Course

Article by Golf Expert Brent Kelley in "About Sports"

- When two players are riding in a cart, drive the cart to the first ball and drop off the first player with his choice of clubs. The second player should proceed in the cart to his ball.
- After the first player hits his stroke, he should begin walking toward the cart as the second golfer is playing.
- Use the time you spend getting to your ball to think about the next shot - the yardage, the club selection. When you reach your ball you'll need less time to figure out the shot.
- If you are unsure whether your ball has come to rest out of bounds, or may be lost, immediately hit a provisional ball so that you won't have to return to the spot to replay the shot.
- Begin reading the green and lining up putts as soon as you reach the green. Don't wait until it's your turn to putt to start the process of reading the green. Do it as soon as you reach the green so that when it's your turn you can step right up and putt.
- **Never delay making a stroke because you're having a conversation with a playing partner. Put the conversation on hold, make your stroke, then pick up the conversation again.**
- If using a cart on a cart-path-only day, take more than one club with you when you walk from the cart to your ball. Getting to the ball only to find out you don't have the right club is a huge time-waster on the golf course.





SIR Branch 116 Golf

By Al Zavattero, Golf Chairman
(jandazav@juno.com)

We have an active golf organization consisting of 18-hole and 9-hole groups. A small annual donation is required to play in either group.

The 18-hole group plays once a week in a Tournament format with play alternating between local courses and courses that may be 10 to 50 miles away. Those playing in the 18-hole group must be members of the Northern California Golf Association (NCGA) and establish a handicap index. You may join the NCGA through our SIR club or through another club.

Foursomes in both the 18-hole and 9-hole groups are arranged so that players can meet and enjoy playing with most, if not all, the other players in the branch.

All our events are listed in the Trampas Topics and on our web site at branch116.org/116-golf. Join up with us and enjoy outings with a great bunch of guys at some great courses with reasonable prices.



Nine Hole Info

Dick Chaffee, 9-Hole Chairman
(rwchaffee@sbcglobal.net)

SIR 116 9-Hole Golf Club membership is open to all Branch members and guests regardless of your golfing ability. We play every Wednesday starting at 10:00am. We rotate playing Buchanan Fields-Concord, Diablo Hills-Walnut Creek, and other 9 hole courses in the area.

The 9 Hole Golf Club is organized into a single flight. The weekly Champion is the player with the lowest net score. The weekly Champion is awarded 3 points, 2nd place 2 and 3rd place 1. The 2016 Champion will be the golfer with the highest point total.

In December, we will again hold our 9 Hole Golf Championship Tournament. The Tournament will be 3 rounds of golf. One round at each of the courses we play. The Tournament Champion will be the golfer with lowest net total for 2 rounds. If a participant plays all 3 rounds, he can choose which 2 rounds will count.

Latest SIR 116 Golf Info Available on Our Golf Web Site

The Golf Website address is:

branch116golf.org

Please bookmark it in your "Favorites" list of websites to access information on the following:

- 2016 Golf Schedule: Dates, times, and courses as well as detailed information on costs, payment information, deadlines, and special event facts.
- 18-Hole Pairings: Shows captains, teams,

starting times & handicaps for next event.

- 18-Hole Leaders and Results: Shows results from recent events and leaders in each group.
- Paid-In-Advance Sign-Ups: Shows checks that have been received for the next 3-4 pre-paid outings.
- Boundary Oak Sign-Ups: Shows who has signed-up for the next two Boundary Oak sessions.

August 9-Hole Schedule

Date	Time	Location	Organizer
Wed. 03	10:00	Buchanan Fields	Dick Chaffee
Wed. 10	10:00	Diablo Hills	D. McClaughry
Wed. 17	10:00	Buchanan Fields	Dick Chaffee
Wed. 24	10:00	Brentwood	Skip Berkson
Wed. 31	10:00	Diablo Hills	D. McClaughry

August 18-Hole Schedule

Date	Time	Location	Organizer
Wed. 01	9:30	Boundary Oak	Jim Johnson
Mon. 08	9:30	Boundary Oak	Jim Johnson
Tue. 16	8:33	Chardonnay	Jim Johnson
Mon. 22	9:30	Blue Rock Sp.-W	Jim Johnson
Mon. 29	8:30	Crow Canyon	Jim Johnson

18-Hole Results

Metropolitan, Tue, Jul 19, 2016

David Harris, Official Scorer

Flight 1				Flight 2				Flight 3				Flight 4			
1st	Alan Fitzgerald	66	3	1st	Jim Johnson	65	3	1st	David Carlson	67	3	1st	Robbie Robinson	63	3
2nd	Neil Schmidt	75	2	2nd	Mel Williams	68	2	2nd	Bernie Wroblewski	69	2	2nd	Conrad Robertson	64	2
3rd	Michael Barrington	76	1	3rd	Don Schroeder	73	1	3rd	Bob Testa	71	1	3rd	Marty Katz	70	1
Low Gross				Low Gross				Low Gross				Low Gross			
Alan Fitzgerald				Jim Johnson				Bernie Wroblewski				Conrad Robertson			
Closest-to #5				Closest-to #5				Closest-to #5				Closest-to #5			
Alan Fitzgerald												Greg Hughes			

Boundary Oak, Wed, Jul 11, 2016

Marty Katz, Official Scorer

Flight 1				Flight 2				Flight 3				Flight 4			
1st	Alan Fitzgerald	67	3	1st	Mel Williams	62	3	1st	Jerry Hunter	65	3	1st	Jim Nickels	63	3
2nd	Phil Goff	70	2	Tie 2nd	Don Schroeder	69	2	Tie 2nd	Richard Madden	67	2	Tie 2nd	Matt Arena	68	2
3rd	Neil Schmidt	74	1	Tie 2nd	Al Zattero	69	2	Tie 2nd	Jim Videle	67	2	Tie 2nd	Jerry Christopherson	68	2
Low Gross				Low Gross				Low Gross				Low Gross			
Alan Fitzgerald				Mel Williams				Jim Videle				Jim Nickels			
Closest-to #12				Closest-to #12				Closest-to #12				Closest-to #12			
David Harris				Frank Crua				Dave Carlson				Brent Chaney			

Boundary Oak, Wed, Jul 6, 2016

John Story, Official Scorer

Flight 1				Flight 2				Flight 3				Flight 4			
1st	Michael Barrington	67	3	1st	Jim Johnson	70	3	1st	Randy Welker	66	3	1st	Marty Katz	66	
2nd	Alan Fitzgerald	68	2	Tie 2nd	Mel Williams	71	2	2nd	John Story	70	2	2nd	Matt Arena	72	
Tie 3rd	Jim Barstow	73	1	Tie 2nd	Carlos Xavier	71	2	3rd	Jim Videle	71	1	Tie 3rd	Wayne Cook	73	
Tie 3rd	Phil Goff	73	1									Tie 3rd	Phil Jenkins	73	
												Tie 3rd	Jim Nickels	73	
												Tie 3rd	Fred Schafer	73	
Low Gross				Low Gross				Low Gross				Low Gross			
Michael Barrington				Jim Johnson				Randy Welker				Marty Katz			
Closest-to #12				Closest-to #12				Closest-to #12				Closest-to #12			
Jim Barstow				Mel Williams				Randy Welker				Marty Katz			



2016 18-Hole Leader Board

18-Hole Leaderboard

Second Half Leaders, July - December, 2016

As of Metropolitan, Tue, Jul 19, 2016

FLIGHT 1		FLIGHT 2		FLIGHT 3		FLIGHT 4	
Name	Pts	Name	Pts	Name	Pts	Name	Pts
Alan Fitzgerald	8	Mel Williams	7	Randy Welker	3	Jim Nickels	4
Michael Barrington	4	Jim Johnson	6	Jim Videle	3	Matt Arena	4
Phil Goff	3	Don Schroeder	3	Jerry Hunter	3	Marty Katz	4
Neil Schmidt	3	Carlos Xavier	2	David Carlson	3	Robbie Robinson	3
Jim Barstow	1	Al Zavattero	2	John Story	2	Jerry Christopherson	2
				Richard Madden	2	Conrad Robertson	2
				Bernie Wroblewski	2	Wayne Cook	1
				Bob Testa	1	Phil Jenkins	1
						Fred Schafer	1

Golf Hotline: The Golf Telephone Hotline can be reached at 925-906-5355.

You may leave a message to register for 9-Hole & 18-Hole tournaments, cancel a previous registration, make special requests for pairings, ask to be added to a waiting list after the deadline and check to see if a tournament has been cancelled due to inclement weather or other reasons.

If you are registering for Boundary Oak, please indicate whether you are Walking or Riding.

If you are registering for Paid-in-Advance tournaments, please mail your check prior to the deadline to SIR Branch 116 Golf, P. O. Box 683, Lafayette, CA 94549-0683.

Electronic Signups and Cancellations

Please note that you may also signup for Boundary Oak & Paid-in-Advance tournaments on this website. Simply navigate to 18-Hole Group/Schedules & Signups and choose either Boundary Oak or Paid-in-Advance. You may cancel a previous signup either by using the telephone hotline or by sending an email to branch116golf@gmail.com.

18-Hole Pay In Advance Deadlines

<u>Event Date</u>	<u>Location</u>	<u>Deadline</u>	<u>Amount</u>
Tuesday, August 16, 2016	Chardonnay	Aug-06	\$45
Monday, August 22, 2016	Blue Rock Springs—West	Aug-15	\$37
Tuesday, August 19, 2016	Crow Canyon CC	Aug-29	\$45
Tuesday, September 20, 2016	Paradise Valley	Sep-10	\$42
Monday, September 26, 2016	Rancho Solano	Sep-17	\$42

Send checks made out to SIR Branch 116, Golf, PO Box 683, Lafayette, CA 94549-0683



RETURN TO: Neil Schmidt
2231 San Miguel Dr.
Walnut Creek, CA
94596-5805

Sons In Retirement: A non profit Organization for Men Enjoying Active Retirement

Rules of Attendance and Membership for SIR Branch 116

RULE 100. A member may be notified in writing by his Branch of the pending termination of his membership (Rule 107) should he be responsible for any of the following:

Miss three (3) consecutive regular luncheon meetings without having been excused by contacting the designated Branch Attendance person prior to the meeting date.

Did not attend one-half (5) of the regular luncheon meetings within the previous twelve consecutive month period. NOTE: Excused meetings cannot be included to achieve the minimum attendance.

RULE 101. Certification of attendance by a member at another Branch meeting will be considered as a credit to his attendance record. (Maximum of 2 visits per calendar year).

Non Responsibility Declaration

RULE 345: All activities arranged for or by, Sons In Retirement, Incorporated, and its Branches, are for the convenience and pleasure of the members and their guests who desire to participate. Sons In Retirement, Incorporated, and its Branches do not assume any responsibility for the well being or safety of the participants or their property, in any matters pertaining to said activities.

Checks for Trips

Trips of 2 days and 1 night or less may be made payable to the Branch conducting the trip. Trips in excess of 1 night must be made payable to the travel agency involved.