

Trampas Topics

MAY, 2009

SIR Branch 116

NO MAY MEETING

Next Meeting: 11:30 am, Monday, June 16, 2009

Elks, 1475 Creekside Dr, W. Creek

A Nonprofit Public Benefit Organization for Retired Men Devoted to the Promotion of Independence and Dignity of Retirement.

Sayings of 2009 Big Sir Frank Crua

May is a special month in several ways. The weather starts warming up and the flowers are in full bloom. And we celebrate that very spe-



cial day on May 10th – Mother's Day. Please honor the mothers in your life on this special holiday.

And every May we forego our normal luncheon meeting so we can show our appreciation to our significant others at the Ladies Day Spring Luncheon. This year it will be

held on Wednesday, May 13 from 11:30 am to 3:00 pm in the Shadelands Art Center. If you have not signed up, contact Committee Chairman Robbie Robinson. Hope to see you there.

Our membership has been very busy recruiting new members. I inducted 7 new members into our branch at the April meeting. Nice work by the 6 sponsors who made the initial contacts to join us. We also distributed the new membership recruitment business size cards. I encourage you to keep them in your wallet and give one to your wife. She may know someone who wants to get their husband out of the house every once in a while.

One of the enjoyable aspects of my involvement has been the willingness of others to step up and help out when needed. Some of these special people are the officers and committee chairmen. They are the people that keep this branch going. They are listed elsewhere in the newsletter. When you see them, thank them. They deserve it!



That Sweet Old Swing!

Their swings were miraculously constructed. In the best of them, there's a hint of the 50's Ben Hogan; in the worst, an homage to the same decade's Bob Hope. In all of them, you'll see ingenious compensations for body parts that don't work quite as well as they used to. Their swings aren't uniformly pretty but they're predictably consistent and give new meaning to the term 'muscle memory'.



Topics Index

9-Hole IIII0 13
18-Hole Info 13
18-Hole Results14
18-Hole Leaders15
Activity Chairman 2
Area 2 Chairmen 2
Birthdays 6
Book Club 5
Branch Officers2
Bridge (Duplicate)9
Bridge (Luncheon) 4
Carson City Event12
Carson City Form10
Computer &
Technology Group 3
Dine-O-Sirs Dinner 9
Domer on Golf13
Fishing 7
Free Lunch 9
Golf Pay In Advance 15
Hiking and Walking 4
Membership 6
Poker Group #2 3
SIR Web Addresses 3
Spring Luncheon Event 8
State SIR Happenings 9
\$ums in Retirement11
\$ums Free Tickets12
Sunshine Report 5
Topics Editor Change 5
Treasurer's Report 4
Travel11

PLEASE CALL 806-8874
by the Thursday prior to
the meeting to
cancel your standing
reservation or
to bring a guest.

2009 SIR 116 Officers & Directors



Big SIR Frank Crua 932-0975



Little SIR Jed Daniel 551-7734



Secretary Conrad Robertson 376-6355



Assistant Secretary Matt Arena 946-0404



Treasurer Ron Armijo 945-0637



Assistant Treasurer Bob Shader 939-8421

DIRECTORS



Phil Goff 831-3692



Bob Wolf 935-5439

Max Foust

Lytton DeSilva



Bill Hemmelsbach 458-2511



Ben Smith 820-5403



Bill McCord 376-5280

#2. Ron Domer, Milt Greenstein, Marty Ratterree Ben



Art Donaldson 934-8391

2008 SIR 116 Committee Chairmen

Activities Coordinator Attendance Audit Book Club Bridge Candy Sales	Dick Socolich Jim Nachtweih Dick Thomson Rich Black Milt Greenstein Dirk Meyer	376-3090 838-7417 785-7600 283-8376 376-5589 820-6878	Membership Roster Newsletter Editor Asst. Editor (Interim) Nominating Photographers	Dick Thomson Floyd Skelton Phil Goff Art Donaldson Ken Miller John Peterson	785-7600 838-2515 831-3692 934-8391 256-9343 946-0335
Chaplain	Rotating	#I See Below	Piano	Bob Lake	837-4054
Christmas Party	Robbie Robinson	798-4276		Miles Maynard	933-8549
Computer &			Poker Group #1	Bill Harrington	935-1625
Technology Group	Phil Goff	831-3692	Poker Group #2	Bob Nilssen	837-4446
Computer Support	Dick Thomson	785-7600	Spring Party	Robbie Robinson	798-7276
Duplicate Bridge	Bob Daily	837-7080	Storytellers	Rotating	#2 See Below
Fishing	Terry Miller	686-9298	Sums In Retirement	Ben Smith	946-0404
Golf	Ron Domer	838-8320	Sunshine	Matt Arena	947-6756
Gon	Carlos Xavier	947-6756	Travel	Tom Eller	939-5897
Greeters	Tim Hubbard	944-0742	Volunteers	Bob Kinser	837-8886
E-mail Contact	Conrad Robertson	376-6355	Webmaster	Floyd Skelton	838-2515
Hiking and Walking	Joel White	964-0994	Welcoming	Dick Socolich	376-3090
Historian	Matt Arena	946-0404	#1. Doug Aalders, R	on Domer, Marty R	atterree. Lou
Host	Frank Crua	932-0975	Sandor and Ben Smit	•	
1	N4 F .	027 0222	Sandor and Ben Sini	C1 1	

2008 SIR Area 2 (Interbranch) Committee Chairmen

Smith

827-9323

254-5289

Bowling	Lloyd West (Branch 19)	228-9037	Publicity	Walt Schick (Branch 8)	934-0656
Computer and	Co-Derek Southern (Br. 8)	253-1646	Table Pool	Bill Weinberg (Branch 146)	682-0962
Technology	Co-Phil Goff (Branch 116)	820-3573	Rubber Bridge	Fred Bolton (Branch 146)	932-1580
Fishing	Craig Walton (Branch 8)	937-4876	Speakers Bureau	John Roebuck (Branch 19)	685-8764
Golf	Jim Willey (Branch 19)	689-3199	Sums Retiremnt	Dave Munson (Branch 171)	377-585 I

Interviewer

Membership



Computer & Technology Group

Derek Southern and Phil Goff



Meetings of the Area 2 Computer and Technology Group are held the 3rd Thursday of each month (except June and December) from 9:00 to 11:00 a.m., at the Walnut Creek Elks Lodge, 1475 Creekside Drive. Whether you are a beginner or a seasoned user, we try to offer something for everyone (including coffee & pastries). All SIR members and their guests are welcome.

On May 21st, Gene Barlow will present a live "Webinar" on the topic of "Backing Up Your Hard Drive" using Acronis True Image Home 2009. The Webinar will provide you with an active view of his presentation, you will see his software products demonstrated live and you can ask questions, receiving live answers. Gene represents Acronis Software and runs their User Group program. He has been a presenter to the User Group Community for the past 25 years. Phil Goff is a user of this product and will keep Gene honest! This presentation will not be posted on our website, but to learn more go to www.ugr.com Gene's web site, for more information.

A drive imaging program like Acronis True Image

Poker Group #2

Bob Nilssen



Poker Group #2 plays on the 3rd Tuesday of the month at Diablo Country Club in Diablo, from 1-4 p.m. It's a small stakes game, and socializing with fellow SIR members the primary purpose.



If you would like to join us call Bob Nilssen at 837-4446 or send an e-mail to Bob at:: nilssen@aol.com to become a member of the group.

commonly your system drive, but it works equally well for imaging data files. Imaging programs differ from simple data backup programs in that they can backup the Windows Operating System itself and all the application programs . You can use the backup image to recover from system failures, spyware infections, viruses, installations gone wrong or any of the dozens of other things that can seriously mess up your PC.

Restoring from an image only takes a few minutes, while a full Windows re-install can take many hours or even days when you take into account re-installing application programs. That's why some experts recommend the system drive of every PC should be imaged regularly using a reliable imaging program.

Following the Webinar, Dick Curry will lead an informative Computer Q&A session.

For more information and copies of our prior presentations visit our web site at:

http://www.sir-web.org/computer

SIR Website Addresses

SIR 116 Web Site

http://www.sir-web.org/116-web/

Branch 116 Golf

— http://www.sir-web.org/116-golf/

Trampas Topics

http://www.sir-web.org/trampas/

Computer and Technology

http://www.sir-web.org/computer/

SIR Happenings State Newsletter

www.sirinc.org/sirhappenings

State SIR Web Site

http://www.sirinc.org/



Luncheon Bridge

Milt Greenstein, Chairman

On April 14, 26 men gathered at Round Hill C.C. for lunch and Bridge. Top scorer today was Bill Sullivan with 5,540 points. Second place went to Jai Yee (5,380), followed by Ron Wolberg (5,350), Lou Sandor (4,900) and Milt Greenstein (4,720). Small slams were made by Jai Yee / Marv DeHeus, Lou Sandor / Norm Schoenfeld and Bill Sullivan / Ron Wolberg.

On April 23rd, 52 Sirs and their 'significant others' attended a Branch 116 sponsored Ladies Day Lunch and Bridge event at Diablo C.C. Everyone said they had a great time, excellent lunch and fun bridge. (Notice I did not say great bridge.) Our winners today were Ben and Helen Yeraka with 5,980 points. Second place was taken by Bob and Margaret Stithem (5,090), followed by Monte and Helene Hall (4,680), Edna Nebinger and Yolande Smith (4,490) and Jack and Dorothy Butler (4,110). Small slams were made by Dennis and Renee Ross, Ben and Helen Yeraka and Edna Nebinger and Yolande Smith. We actually had players from 4 other Sir branches joining us for this event, so this was almost a whole Area 2 event. Our next Ladies Day event will be on October 20.

The lunch / bridge group met again on April 28th at the Diablo C.C. with 24 men in attendance . After lunch, they sat down to three hours of bridge.

SIR Branch 116 Treasurer's Report Ron Armijo, Treasurer

April 2009		2009 YTD
Contributions	\$5,962.00	\$17,310.66
Disbursements	<u>-(4,769.77)</u>	-(16,629.01)
*Net (gain/loss)	\$1,192.23	\$681.65

Our high scorer for this session was Ali Aghaie-pour with 5,270 points ,followed by Tony Rohrs with 5,160. In third place was Dick Chaffee with 5,080, then Warren Westrup (4,900) and Jim Nachtweih (4,380), a low scoring day. Only one small slam was made today by the team of Dick Chaffee / Jim Nachtweih.

Hiking & Walking By Art Donaldson



Amiable Amblers May Announcements

The Friday Amiable Amblers walk for May 8th will be led by Joel White at 8:15AM. Amblers will enjoy the same scenic walk as the men enjoy monthly around Lafayette reservoir. Access is off Mt Diablo Blvd in Lafayette and can be reached from any of the Lafayette exits off Hwy 24. Be sure to bring 4-5 quarters for the parking meters. The walk to make the 2.75 mile circuit usually takes the regulars 47-50 minutes. Since this walk has a few hills, some may wish to do an out and back rather than the circle, or alternatively, we can just take a little longer on the walk so all may complete the circle of the reservoir which is beautiful this time of year.

The walk on **Friday the 22nd** will also be led by Joel and will depart at **8:15 AM** from the **Macy's parking lot** at the corner of Newell and Broadway in Walnut Creek.

The **fourth Monday** is Memorial Day. There will be no walk this day. However the book club has scheduled its "May" meeting for **Monday June 1**, so the regular Lafayette reservoir walk will occur at **8:15 AM** on that date.

Anyone wishing to be added to the e-mail reminder list should contact Joel White 964-0994 or zpz2mrz@yahoo.com.



Sunshine Report Matt Arena

This is the shortest report of the year which bodes well for our many members who are enjoying good health.

Past Big Sir Art Miller was operated at John Muir Hospital Concord Campus. The surgeon removed the large toe on his right foot .The operation was successful .He is using a wheel chair which is somewhat confining but he is doing very well and will have follow up HBO THERAPY (hyperbaric oxygenation) to complete the healing.

He will now do his dialysis on one day and the next day he will receive HBO. As usual Art has the spirit of a lion and he keeps trucking.

Dan Pope continues treatment at Stone Brook and is making progress. He welcomes visitors and phone calls. 915.689.7358.

Gene Power likewise enjoys your visits and cards and calls. 925.672.6761

Ed Regalia should be on your list to call. 925.934.6313

Frank Schofield would appreciate a card or a call. 925.937.4668

Keep up the good work in taking care of yourselves.

We'll visit again in June. If in the mean time you learn of a member who should get some SUN-SHINE call the HOTLINE 925.806.8874



Lunch Attendance Jim Nachtweih

Attendance at the April 20th meeting totaled 203 persons..This includes 185 members,3 visitors,1 speaker, and 14 guests...There were 45 excused members and 14 un- excused members..The unexcused members will be asked to pay for their missed lunch...



Trampas Topics Editor Stepping Aside

This will my last edition as Editor of the SIR Branch 116 Trampas Topics newsletter. Coming from a family of daily newspaper employees this has been a particularly rewarding experience.

Thanks to Big Sir's Art Donaldson and Frank Crua for the opportunity and to former Trampas Topics Editor Phil Goff for getting me started as Editor.

Special thanks also to all the Topics contributors who made it newsworthy and an activity resource.

Floyd Skelton, Trampas Topics Editor



Rich Black

A Double Feature

The SIR 116 Book group discussed "Don't Sweat the Small Stuff" and "The Limits of Power" at 10:15 AM Monday, April 27, 2009 at Orinda Books. Members of the group found that numerous suggestions from the first book resonated with them. Opinions were more divergent on the second. Some felt that author Bacevich was on the right track and was reaching a wide audience with his assertions. Others felt that he did little to substantiate his points and that his conclusions were both poorly expressed and erroneous. Al Reynolds, Lytton DeSilva, Jim Scott, Monte Hall, Art Donaldson, Jack Butler, Richard Black and Bob Daily contributed to the discussion.

The Group will not meet in May. It will next discuss "Physics for Future Presidents" by Richard Muller on Monday June 1 and then discuss "Ponzi's Scheme" by Mitchell Zuckoff on June 21. Both meetings will be at Orinda Books at 10:15 AM.

Membership

Lytton DeSilva



SIR 116 Membership Status

Total Current Members — 246
This Month's Inductees — 7
Those in Interview Stage — 6
Total in Process — 9
On Inactive Status — 36
Left the Branch — 1
C. Jim Saavedra—Transfer to 142

April New Members

Waiting to be Installed -0



Wayne Smith

116 Southwind Drive Pleasant Hill, CA 94623 925-228-5232 Attorney wvrsmith@yahoo.com

Sponsor - Robert Donahue - #169



Pete Streich

(Wife – Jane)
641 Rock Oak Road
Walnut Creek, CA 94598
939-5978
Chrysler & Ryko Mfg
jjstreich@astound.net
Sponsor – Carlos Xavier — 010



Norm Jokerst



Mel Williams

(Wife – Nancy)
3113 Cafeto Dr.
Walbut Creek, CA 94598
932-5013
Chevron Overseas
nanjokerst@mac.com
Sponsor – Matt Arena – 258

(Wife – Ann)
4254 Henning Dr.
Concord, CA 94521
Mel's Flooring
bergwill@sbcglobal.net
Sponsor – Lonny Randall – 144

April New Members



Tom Dunne

(Wife – Elizabeth)
1050 Camino Verde Cir.
Walnut Creek, CA 94597
743-4177
Walnut Creek, City Manager
creekers2@aol.com
Sponsor – Dick Thomson—134



Dick Kauffman

(Wife – Tina)
1644 Las Trampas Road
Alamo, CA 94507
838-2334
Kaiser Aluminum
rkkauffman@sbcglobal.net
Sponsor – Carlos Xavier — 010



Walter Kawecki

(Wife – Loni)
756 Barton Way
Benecia, CA 94510
707-748-1249
Oakland Housing Authority
2kawecki@comcast.net
Sponsor – Paul King – 217

May Birthdays

When you see these members, wish them a Happy Birthday!

Aalders, Dudley
Allen, Russell B.
Cannon, Lawrence S.
Conroy, Thomas P.
Deisem, Harley A.
Diehl, Joseph L.
Gilliam, Charles E.
Grant, Walter
Grivas, Plato
Hatton, Douglas F.
Hicks, Gerald F.
Kinser, Robert W.

Kohut, George B.
Maclay, John C.
McClaughry, Darrell L.
Miller, W. Arthur
Robinson, Thomas
Rohrs, Anthony C.
Seaton, Don
Serafino, Albert L.
Singleton, Robert R.
Watanabe, Bob
Zavattero, Albert A.



SIR Fishing Group

Terry Miller

All SIR members and guests are welcome and, indeed, encouraged to participate in fishing trips as well as attend the monthly meetings. Next meeting will be Thursday, May 28th, at the Legend Sports Bar and Grill at the Diablo Creek Golf Course at 4050 Port Chicago Highway in Concord. Meeting starts at 8:30. Guest speaker will be Carl Moyer



Terry Miller displays a fine Halibut caught on a very rainy day from the Berkeley Marina

addressing the various techniques for jigging metal spoons.

Once again, weather kept us away from the fish. Wind and rain were downright mean to us. For example, Terry Miller and Carl Moyer braved the elements from the Berkeley Marina and managed to catch 3 halibut in one hour and 15 minutes, with thoughts of a big day, when the deluge enveloped them. They bore a striking resemblance to drowned rats when reaching shore. The halibut was delicious, however. Joe Peterson and Lloyd West enjoyed a nicer day on the Sacramento River catching 3 keeper stripers and releasing a big sturgeon. Paul Dubow, Carl Moyer, Karl Droese, and Romano Gnusti had unusually lovely weather on a foray to the trout pond at Lake Commanche. Paul got the only fish, but continues to suffer

derision for using pink and purple power bait. Indeed!!!! Sal Costanza fished with his granddaughter from the Martinez Marina ostensibly for stripers and sturgeon, only to find her enthralled with her catch of a small flounder. Paul Dubow and Carl Moyer were also delighted when Paul caught a nice 5 lb striper and then a strong 57 inch sturgeon on two trips to the Sacramento River. Howard Berkman is still smiling after landing a 59 inch sturgeon while fishing with Carl. That fish leaped high in the air several times, once close enough to get Carl wet. Don Mittelstaedt fought the wind in his float tube and fly rod at Salt Springs, but managed to catch two very big largemouth bass. On another adventure to three different lakes in the Burney area Don landed some nice trout between

We will be very busy in the future with trout fishing in the Eastern Sierras; tuna and bill fish in Mexico, a long range ocean foray from San Diego, delta fishing for striped bass and sturgeon, trout fishing in our local lakes, and several party boat trips for halibut and rockfish to also include those who rarely fish but would like to try. If you haven't been fishing in a while, but might like to test drive an adventure, come on down to our next meeting, For further information, please contact Craig Walton (Big Fish) (925-937-4876;)Terry Miller, Branch 116 Fishing Coordinator, (925-686-9298);) or Joe Peterson (Treasurer/Secretary)(916-777-5363.)



Carl Moyer reeling in a fine sturgeon visible just under the surface on the Sacramento River

NEW SIR BRANCH 116 SPRING LUNCHEON



WEDNESDAY,
MAY 13, 11:30AM
SHADELANDS ART
CENTER
Corner of Wiget and
Ygnacio Valley



BY POPULAR DEMAND, AND AS A RESULT OF THE ECONOMY, WE HAVE MADE ADJUSTMENTS TO THE LUNCHEON

ENTERTAINMENT IS NOW PROVIDED BY YGNACIO VALLEY HIGH SCHOOL JAZZ BAND AND CHORALE ENSEMBLE



THE LUNCH MENU WILL BE:

LEMON CAPER CHICKEN or

VEGETABLE LASAGNA

SALAD AND DESSERT

RED & WHITE WINE WILL BE SERVED WITH LUNCH

Coffee, tea, beer, or cold drinks will also be available



Price: \$30 per person

Please indicate your entrées & Checks only please, payable to "SIR Branch 116"
Contact Robbie Robinson (925) 798-4276
if you want to attend.



April Luncheon Speaker Bob Irelan's' talk "Public Relations—New Challenges, Proven Strategies" was both entertaining and very informative.

John Peterson Photo



Duplicate Bridge By Bob Daily

The Branch 116 Duplicate Bridge Group met on April 7th at the Pleasant Hill Bridge Center with 18 men playing. Jack Butler / Dick Long were the high scoring players today, coming up with a 57.29 % score (27.50 points out of a possible 48). In second place were Oscar Krikorian / Marv DeHeus at 53.13 %, and Conrad Robertson / Bob Kahl came in third with 51.04 %...

Our Duplicate Bridge is on the first Tuesday of each month played at the Bridge Center At 9:30 am in Pleasant Hill. Our next game is on May 5th. It is a game that is sanctioned by the ACBL with Master Points awarded to the winners.

We welcome new players (we'll provide a partner) and we have an excellent instructor to help both new and old players. If you are interested in playing please call Bob Daily (837-7080).

Want a Free Lunch? Sponsor a New Member!

That's right! Sponsor a new Branch 116 member in 2009 and get a free lunch. Sponsor another and , get another free lunch. No limit on this deal!

"Dine-O-Sirs" Dinner Group Ben Smith



The "Dine-O-Sir's" are on the prowl again. Their next big meeting and meal will be at Marcello's Cucina Toscana restaurant, located at 515 San Ramon Blvd., in Danville, CA 94526. We will be feasting on a fine selection of Mediterranean foods and a good time will be had all. We meet June 24 at 6:30 PM for social adjustment and dinner will be served about 7 PM. It appears that we are going to have a good attendance and reservations are taken on a first come basis. (As of press time we only have room for about 10 more couples) We invite all our SIR members and their spouses/friends to come join together in what should prove to be a fun evening, in a fine restaurant, with good food and excellent company.

We have established a Dine-O-Sir planning committee consisting of----Tom Eller, Phil Goff, Jerry Hicks, Dick Socolich and Ben Smith. Anybody who complains can instantly be appointed to join this carnivorous group.

Any Branch member who has a good idea as to where we can hold future outings should feel free to let anyone on the committee share in your knowledge.

Dinner is only \$30 inclusive of Tax and Tip. Alcoholic beverages are NO HOST. A nice selection of House wines will be available for \$20 per bottle.

We hope many SIR members/spouses/friends can come join in what should prove to be a fun evening.

State 'SIR Happenings'

Sir Happenings (our State Web Newsletter) is now in its fifth year of publishing Enjoy reading SIR Happenings, our State Newsletter, and find out about all the fun things that are gong on throughout our organization. You can easily find Happenings on the SIR State Website: www.sirinc.org/sirhappenings

SIR BRANCH 116 2009 CARSON CITY GOLF GETAWAY SEPTEMBER 9-10-11, 2009



Sept. 10 at Eagle Valley West Sept. 11 at Empire Ranch

8:00 Shotgun 9:00 Shotgun

36 holes of golf, including cart

Staying at Hardman House

Includes continental breakfast Golfer...\$337.00 Double Occupancy Non-Golfer..\$242.00 Dbl Occupancy Single ...\$436.00

Staying at the City Center Motel

Golfer...\$295.00 Double Occupancy Non-Golfer...\$200.00 Dbl Occupancy Single ... \$331.00

ALSO INCLUDES:

Open bar and buffet dinner all 3 nights Golf balls, tee prizes and raffle prizes Food, gaming, and bar coupons Prospector's Club Membership

Prize money of \$15.00 per player collected upon arrival

Entry deadline is August 20



Mail to: Tim Hubbard 1744 Carriage Drive Walnut Creek, CA 94598-1120



olfer Non-Golfer *
oner Non-Goner
olfer Non-Golfer*
er my reservation
ubbard
•

For Questions: Email Tim at tthubbs@astound.net or call (925) 944-0742

SIR Travel

By Tom Eller, Travel Chairman



Pick up brochures, forms, etc., at the travel desk at the luncheons. If we run out of these and you are



still interested in the trip, please ask your travel chairman and he will have one sent to you. Payment should be made to the travel agency arranging the event unless otherwise stated.

Local Trips

May 22-25, 2009 Sacramento Jazz Jubilee

A special invitation to Sons In Retirement to celebrate with friends the music of their era! To find out more go to: www.sacjazz.com

Contact **Iim Fusaro** for tickets or information:

Group and Tour Sales Coordinator

449 Cedar River Way, Sacramento CA 95831-2462

Phone: 916-428-5719 E-mail: jim4jazz@comcast.net *Overnight and Longer Travel*

Jun 30, 2009 Patti Page at the Grand Sierra Re-

sort. Best selling female artist of the 1950s and one of the first female artists to cross over from country music to pop, brings her silky smooth voice to the

\$ums in Retirement

David Munson



Looking ahead to future meetings we will have Mr. Ray Meadows of Berkeley Investment Advisers speak to us on 27 May. Ray manages money from his Berkeley office.

On 24 June we will have Mr. Mike Rekasis of UBS Walnut Creek office. Mike is an expert on financial derivatives and he will cover this interesting though controversial topic in depth for us. Look forward to seeing everyone at these meetings.

The monthly economic report will be posted to the \$ums website http://sir-web.org/sums soon.

Grand Sierra. The trip includes deluxe Motorcoach, overnight accommodations at the Grand Sierra Resort, Casino stop with bonus \$6 food credit, \$5 cash Tickets to Patti Page in the Grand Sierra Showroom, Baggage handling and driver tip. Cost \$142.00 per person. Contact Bob Spellman, @934-8428

Aug 8-23, 2009 Romantic Rhine & Moselle Rivers.

Explore Holland's colorful capital as you cruise through Amsterdam's enchanting canals. Sail past oust Laorelei rock and through the dramatic Rhine Gorge on this 14-night cruise from Amsterdam to Basel on board Avalon Waterway's brand new ship, the MS Affinity. Trip includes all meals on board, round trip airfare and airport transfers. Port charges, air taxes, driver tips are also included. Cost runs from \$6270 to \$8669 depending on stateroom. Contact Ken Richter @ 925-689-6217.

Sep 13-25, 2009 The Essence of Ireland. What separates Ireland from its neighbors is the arresting beauty of the land, the turbulent history and the broad smile that welcomes your arrival. This 13 day trip covers Belfast, Londonderry, Westport, Galway, Killarney, and Dublin. The trip cost is \$3780 per person and includes: daily breakfast, nightly hosted dinner, coach driver, guides, baggage handling airfare and transfers, Plus gratuities. Contact Bob Hagler Branch 8 @ 925-934-8428.

Sep 24, 2009 Highlights of South Africa. On this comprehensive 19 day trip you'll discover the cultural and natural wonders of South Africa. The trip will take you to Johannesburg, Kruger National Park, Swaziland, Zululand, Wilderness, and Cape Town with optional trips to Pilanesberg National Park for a big five bush safari and Victoria Falls. Cost of the trip is \$4795 per person which includes all airfares, 17 night hotel stay, 32 meals, and 13 sightseeing tours. Space is limited so contact Bob Spellman to make reservations @ 925-934-9428

2009 Carson City Golf Event News



Tim Hubbard

September 9, 10 & 11

If you like to golf, have a drink or two, dine out, maybe gamble a bit and/or have a lady that likes to do the same, or if she would prefer to play bridge with the other ladies, shop, sight see or just socialize, this is the event for you. The cost is very reasonable and is all exclusive (3 nights lodging, 2 rounds of golf with cart, 3 combination hosted cocktail parties and banquets, raffle prizes galore, gambling if you feel lucky, coupon books for free meals at the Nugget plus golf balls and tee prizes. The evening events are held at the Nugget. Both motels are within easy walking distance from the Nugget.

We'll play golf on the 10th and 11th at two different courses and there will be a ladies bridge event one or both days. Ladies can golf one day and play bridge the other day if they prefer. There is also a dance floor and live music at the Nugget, if you and your lady enjoy dancing.

We would greatly appreciate your signing up as early as possible, by mid to late June. We need to determine the number of attendees earlier this year as there will be people attending from Branch 8. Priority will be given to Branch 116 attendees. We will be depositing checks within a week of receipt which means they will not be outstanding very long.

Hope to see you in Carson City!

Trampas Topics Contributors Please Note e-mail Address

Please send articles to: trampastopics@gmail.com
The reason this is important is to establish that all of your contributions arrive at a single e-mail address. This will ease the collection of items, help insure we don't miss important information, and allow editors access to the data when needed.

\$ums Special SIR Free Conference Tickets

David Munson

Many of you \$ums attendees may recall in September 2007 we had Mr. Bud Leedom, Publisher, California Stock Report as a speaker. His focus is on California companies and which among them are good investment opportunities.

Bud contacted me last week regarding an investment conference he is conducting on 11 June 2009 at the Hyatt Regency-San Francisco Airport. The conference will feature management presentations on leading Bay Area and Silicon Valley companies. Admission also includes a luncheon. Companies who have confirmed presentations are: Cisco Systems, VMWare and AutoDesk. For further information on the conference you can go to Bud's web site at www.CaliforniaStocks.com.

Bud has offered 25 free tickets for the conference (general admission is \$50) that he will make available to \$ums In Retirement Investment Group attendees. To obtain a free ticket you must contact Bud directly rather than register through the conference web site. He can be reached at bud@californiastocks.com. When you request a ticket please use "\$ums In Retirement Investment Group" as the reference as well as giving your name. All requests should be in by 20 May. The tickets will be available at the 27 May \$ums Investment Group meeting.

He Said, She Said

He said to her . . How many men does it take to change a roll of toilet paper?

She said to him ... We don't know; it has never happened.

He said to her . . Why is it difficult to find men who are sensitive, caring and good-looking?

She said to him . . . They already have boy-friends.

He said to her . . What do you call a woman who knows where her husband is every night?

She said. . . A widow.

SIR Branch 116 Golf

By Ron Domer, Golf Chairman



We have an active golf organization consisting of 18-hole and 9-hole groups. A small annual donation is required to play in either group. The 18-hole group plays once a week in a Tourna-

Using the Golf Hotline

For Non-Pay-In Advance SIR 116 Golf Events (9-Hole and Boundary Oak 18-Hole) You may sign-up via the Branch 116 Hotline — 906-5355

Deadline for 18-Hole, the Thursday before and 9-Hole, the Sunday before.

Please indicate if you want a cart.

ment format with play alternating between local courses and courses that may be 10 to 50 miles away. Those playing in the 18-hole group must be

Nine Hole Info

Dick Chaffee, 9-Hole Chairman



SIR 116 9-Hole Golf Club membership is open to all Branch members and guests regardless of your golfing ability. We play every Wednesday starting at 10:00am. We rotate playing Buchanan Fields, Concord, Pine Meadows, Martinez and Diablo Hills, Walnut Creek.

The 9 Hole Golf Club is organized into a single flight. The weekly Champion is the player with the lowest net score. The weekly Champion is awarded 3 points, 2nd place 2 and 3rd place 1. The 2009 Champion will be the golfer with the highest point total.

In December, we will again hold our 9 Hole Golf Championship Tournament. The Tournament will be 3 rounds of golf. One round at each of the courses we play. The Tournament Champion will be the golfer with lowest <u>net</u> total for <u>2</u> rounds. If a participant plays all 3 rounds, he can choose which 2 rounds will count.

members of the Northern California Golf Association (NCGA) and establish a handicap index. You may join the NCGA through our SIR club or through another club. The 9-hole group also plays once a week and alternates play between local courses. Foursomes club. The 9-hole group also plays once a week and alternates play between local courses. Foursomes are arranged so that players can meet and enjoy playing with most, if not all, the other players in the branch. All our events are listed in our annual golf book, the Trampas Topics and on our web site at http://www.sir-web.org/116-golf. Join up with us and enjoy outings with a great bunch of guys at some great courses with reasonable prices.

May 9-Hole Schedule

Date	Time	Location	Organizer
Wed 6	10:00	Buchanan Fields	Dick Chaffee
Wed 13	10:00	Pine Meadow	Joe Ostler
Wed 20	10:00	Buchanan Fields	Dick Chaffee
Wed 27	10:15	Diablo Hills	Doug Alders



"SIRS Drink in the View at Blue Rock East"
(R to L): Tom Eller, Mel Williams and Bob Conlon
John Peterson Photo



18 Hole Results

By David Harris

Rancho	Solano —	April 27	, 2009
--------	----------	----------	--------

Rancho Solano — April 27, 2009											
Flight 1 Flight 2			Flight 3 Flight 4								
Dirk Meyer	67	3	Pat Tinguely	70	3	John Story	70	3	Chuck Gilliam	73	3
David Harris	75	2	Jerry Hunter	71	2	Troy Powell	71	2	Paul Eckels	74	2
Bill Clark	76	1	David Carlson	75	1	Conrad Robertson	75	1	Max Foust	76	1
Bill McCord	76	1	Al Hutchko	75	1				Bernie Wroblewski	76	1
			Carlos Xavier	75	1						
Low Gross			Low Gross			Low Gross			Low Gross		
Dirk Meyer	85		Pat Tinguely	90		John Story	92		Max Foust	105	
Clos	est to	: Ho	ole #5 - Mel Williams,	, Pau	l Eck	kels Hole #15 - Stai	n Low	enb	urg, John Story		
			Blue ro	ck S	prii	ngs - April 21, 200	9				
Flight 1			Flight 2			Flight 3	1		Flight 4		
Mel Williams	65	3	Dennis Ross	61	3	John Peterson	66	3	Max Foust	65	3
Lonny Randall	70	2	Robbie Robinson	62	2	John Story	68	2	Bernie Wroblewski	66	2

Silverado North—April 15, 2009

Troy Powell

Low Gross

John Story

70 1

90

Chuck Gilliam

Low Gross

Max Foust

69 1

95

64 1

80

Flight 1		Flight 2		Flight 3	<u> </u>		Flight 4				
Jerry Hicks	73	3	David Carlson	73	3	Bob Donohue	72	3	Paul Eckels	71	3
Dirk Meyer	73	3	Phil Goff	74	2	Jed Daniels	73	2	George Kohut	77	2
David Harris	74	1	Jerry Hunter	74	2	Paul King	74	1	Matt Arena	80	1
Al Zavattero	74	1							Chuck Gilliam	80	1
									Bill Hemmelsbach	80	1
Low Gross			Low Gross			Low Gross			Low Gross		
Jerry Hicks	86		David Carlson	96		Jed Daniels	99		Paul Eckels	105	
			Bob Nichols	96		Paul King	99				

Boundary Oak - April 6, 2009

Flight 1			<u>Flight</u>	<u>2</u>		Flight 3			Flight 4		
Frank Crua	64	3	Phil Goff	67	3	John Story	63	3	Paul Eckels	58	3
Al Zavattero	67	2	Paul Kim	67	3	Jed Daniel	68	2	Max Foust	60	2
David Harris	68	1	Tom Eller	68	1	Phil Jenkins	69	1	Matt Arena	62	1
Low Gross			Low Gross			Low Gross			Low Gross		
Frank Crua	82		Paul Kim	84		John Story	85		Max Foust	89	

Page 14

Frank Crua

Low Gross

Mel Williams

70 2

83

Al Hutchko

Low Gross

Dennis Ross

2009 18 Hole Leaders

As of Paradise Valley -- March 30, 2009

By David Harris

FLIGHT 1		FLIGHT 2		FLIGHT 3	FLIGHT 3		
Crua, Frank	16	Goff, Phil	21	Donohue, Bob	19	Foust, Max	23
Randall, Lonny	14	Hunter, Jerry	13	Robertson, Conrad	18	Gilliam, Chuck	19
McCord, Bill	13	Robinson, Robbie	11	Story, John	13	Eckels, Paul	13
Harris, David	11	Carlson, David	10	Jenkins, Phil	7	Arena, Matt	9
Meyer, Dirk	11	Kim, Paul	9	Daniel, Jed	6	Vogl, Art	9
Clizbe, Jim	8	Tinguely, Pat	6	Powell, Troy	6	Hemmelsbach, Bill	7
Hicks, Jerry	6	Hutchko, Al	5	Serafino, Al	5	Wroblewski, Bernie	5
Marks, Phillip	6	Xavier, Carlos	5	Peterson, John	4	Lockwood, Frank	3
Cherepy, Steve	3	Nichols, Bob	3	Conlon, Bob	3	Armijo, Ron	2
Schmidt, Neil	3	Ross, Dennis	3	Chaffee, Dick	2	Kohut, George	2
Williams, Mel	3	Canane, John	2	Langhorst, Carl	2		
Zavattero, Al	3	Eller, Tom	2	Videle, Jim	2		
Clark, Bill	2	Socolich, Dick	2	King, Paul	1		

18-Hole Pay In Advance Deadlines

Event Date	Location	Deadline	Amount
Monday May 11	Dublin Ranch	1-May	\$38
Monday May 18	Lone Tree	8-May	\$35
Tuesday May 26	Mare Island	8-May	\$34
Monday June 8	Franklin Canyon	26-May	\$34
Tuesday June 16	Paradise Valley	4-Jun	\$44
Tuesday June 23	Diablo Creek	12-Jun	\$37
Monday June 29	Poppy Ridge	12-Jun	\$62

Send checks made out to SIR Branch 116, Golf to PO Box 3246, Walnut Creek, CA 94598-9991

Latest SIR 116 Golf Info Available on Our Golf Web Site

The Golf Website address is:

http://www.sir-web.org/116-golf

Please bookmark it in your "Favorites" list of websites to access information on the following: 2008 Golf Schedule: Dates, times, and courses as well as detailed information on costs, payment information, deadlines, and special event facts.

 18-Hole Pairings: Weekly, usually on the Friday or Saturday prior to the event, showing captains, teams, starting times, and handicaps.

- <u>18-Hole Leaders and Results:</u> Weekly, usually within a day or two of the event.
- <u>Paid-In-Advance Sign-Ups:</u> Weekly, showing checks that have been received for the next 3 or 4 pre-paid outings.
- Boundary Oak Sign-Ups: Weekly, shortly following 18-hole events, and the monthly luncheon when most signups occur. This listing will show who has signed-up for the next two Boundary Oak sessions, and whether they have indicated using a cart.



RETURN TO: Lytton DeSilva 60 Muth Drive Orinda, CA 94563-2819

Sons In Retirement: A non profit Organization for Retired Men devoted to the Promotion of Independence and Dignity of Retirement

Rules of Attendance and Membership for SIR Branch 116

RULE 100. A member may be notified in writing by his Branch of the pending termination of his membership (Rule 107) should he be responsible for any of the following:

Miss three (3) consecutive regular luncheon meetings without having been excused by contacting the designated Branch Attendance person prior to the meeting date.

<u>Did not attend one-half (5) of the regular luncheon meetings</u> within the previous twelve consecutive month period. NOTE: Excused meetings cannot be included to achieve the minimum attendance.

RULE 101. Certification of attendance by a member at another Branch meeting will be considered as a credit to his attendance record. (Maximum of 2 visits per calendar year).

Non Responsibility Declaration

RULE 345: All activities arranged for or by, Sons In Retirement, Incorporated, and its Branches, are for the convenience and pleasure of the members and their guests who desire to participate. Sons In Retirement, Incorporated, and its Branches do not assume any responsibility for the well being or safety of the participants or their property, in any matters pertaining to said activities.

Checks for Trips

Trips of 2 days and 1 night or less may be made payable to the Branch conducting the trip. Trips in excess of 1 night must be made payable to the travel agency involved.