



Mission Trail Branch 35, Los Altos, California



### Zoom instructions will be emailed in advance PROGRAM

Business 12:30pm, Speaker 12:45pm

Join Zoom anytime after 12:30pm

# Dr. Maureen O'Connor, president, PAU Mental Health in the Workforce and Successful Aging



Maureen O'Connor, Ph.D., J.D. is the president of Palo Alto University (PAU) which specializes in Psychology and Counseling. Prior to joining PAU, Dr. O'Connor held multiple roles over 18 years at the City University of New York (CUNY). Dr. O'Connor completed a Ph.D. and J.D. in a dual degree program in psychology, law, and policy at the University of

Arizona. Prior to launching her academic career she clerked for the late Honorable Patricia Wald, then Chief Judge of the D.C. Circuit Court of Appeals. An American Psychological Association (APA) Fellow, she has held numerous governance roles in APA, including Chair of the Task Force on Human Rights. She has been active in the Society for the Psychological Study of Social Issues (SPSSI/APA Division 9) for many years, including serving as its President. Recent work focused on evidence-based pedagogy development for doctoral students, and on innovative mentoring strategies. Her 2019 book, *Teaching Psychology: An Evidence-Based Approach* was coauthored with Drs. Jill Grose-Fifer and Patricia Brooks. She is a member of the 39th class of the American Leadership Fellows program in Silicon Valley and serves on the Executive Committee of the Association of Independent California Colleges and Universities.

Kristel Nazzal, Ph.D., Palo Alto University

The Big Sir says...

#### "Say Goodbye"

It's been a good ride... but it's over. We were bold in



2015, as Big Sir Dan Zemanek and his Board made the decision to move from the IFES Portuguese Hall in Mountain View to the Elks Lodge in Palo Alto. The new facilities were modern, the equipment superior, the catering staff friendly, and the cost was very affordable. We have had a great seven years with lots of parking and room to support our New Member Orientation and Board meetings. Alas, that time has come to an end. The principal reason for the move is that the Elks Lodge has decided to include an increase to our luncheon price plus facility rental charges. So that means that your \$30 luncheon was going to be "significantly higher", in their words. After discussions with senior Elks management, we have agreement to hold our February 15th meeting at their facility and, as a most generous gesture, the Elks Board has approved a steep discount to \$20 for our last luncheon. So, let's plan for a lively session as we "bid adieu" to this facility.

#### "Say Hello"

After an extensive search, with suggestions from many members, followed by a thorough review by your Executive Board, we have decided to relocate to the Mountain View Community Center, 201 South Rengstorff Avenue. The Redwood Hall room has a 250-person capacity, so more than enough space for our luncheon needs. It is centrally located between the cities of Los Altos, Palo Alto, and Sunnyvale. Our luncheon process will also change as we work with a caterer used by many local organizations and recommended by several members. You will be able to individually order your (hot or cold) lunch and have it delivered to our meeting location at a very reasonable price. Ben Gikis is working with the vendor and will provide more information and instructions soon.

By now you should have received a notice regarding your annual dues. Accounting for extraordinary expenses of our move, new facility rental, and operating costs for the year, we will be increasing membership dues to \$35. Your Executive Board always strives to operate on a "break even" basis for the year and this increase ensures our budget estimate for the year meets this objective. If you compare what you are paying vs. the value you are receiving, you'll agree that you are still getting great value for your money.

Say Goodbye, Say Hello, your Branch is moving on!

# SOME ANNOUNCEMENTS



- Our membership dues for 2023 will be \$35, due by Feb 15<sup>th</sup>.
   Login to your <u>profile page on the Membership Website</u>, hit the blue 'Renew To 15 Feb 2024' button and pay by credit card!
- We cannot bring our Trail Birds' piano to our new facility in March so we are offering it to any member, church, community center or charity who want it as long as they arrange to move it before the end of February. Contact <u>Ron Nakamoto</u> if interested.
- We got great seats for the May 7<sup>th</sup> Giants' game against the Brewers. The PREMIUM seats (\$75 ea.) are in the Lower Box section 126 by the end of the 3rd base dugout. The other location is the left field lower box seats (\$30 ea.). We need to place the order by February 6 and payment is due by Feb. 15th. Contact Ben Gikis if interested.
- The lunch menu for our Feb. 15<sup>th</sup> meeting:
   Caesar Salad with Parmesan & House Made Croutons
   <u>Hot</u>: Braised short ribs, mashed potatoes, roast root vegetables
   <u>Cold</u>: Turkey & roast beef sandwiches, selected salads.
   <u>Desert</u>: German chocolate cake.

# WE HAVE A NEW TRAIL TIPS EDITOR!



Firstly, I want to thank Del Fillmore for his many years of service to this Branch, editing the Trail Tips newsletter and bringing news of our extensive activities and events to all members! I will do my best to live up to Del's record of quality and interesting content!

A retired silicon engineer, I have a keen interest in four wheeling and overland driving, I love to camp out in the deserts and mountains of this beautiful state and enjoy everything Nature has to offer! I'm a runner, a budding Nature photographer and I've recently signed on to some advanced geology classes in San Jose State University. I also enjoy bocce ball and golf. Retirement is wonderful!

Pat O'Connor

### FEBRUARY 2023 ROSTER

Active Members: 331 Net Monthly Change: 0

### In Memoriam

Ed Pausa, served as Travel Chairman for many years.

See Ron Nakamoto's profile of Ed <u>here</u>.

He will be missed! R.I.P.

# **NEW MEMBERS**

Michael D. Maurier		650-384-5754
(Judith)	mma	aurier@pubpow.com
Fairmede Ave., Palo Alt	o	Information Systems
		Development
Shaun P. Millard		408-306-8070
		patiri@mac.com
Corlista Dr., San Jose	(	GE, US Army, Apple
	Golf	

# FEBRUARY ANNIVERSARIES: 10+ YRS.

Joe MacIntosh (30)	Del Fillmore (22)	Bill Nugteren (19)
Dick Wilson (19)	Don Gladstone (18)	Neal Didriksen (17)
Cal Morris (17)	Dick Morris (17)	John Lehner (16)
Dell Smith (16)	Norm Kitching (14)	Dave Ogle (14)
Doug Anderson (13)	Alan Gaudie (13)	Ben Gikis (13)
Ron Nakamoto (13)	Tom Taboada (13)	Dan Zemanek (13)
Jim Davis (11)	Frank Crossman (10)	David Gobuty (10)
Mike Jacobson (10)	Dan Schettler (10)	

# **FEBRUARY BIRTHDAYS**

Ed Austin	Peter Barba	Jerry Belden
Leland Chan	Frank Crossman	Robert David
Jim DeLong	Doug Ericsson	Mike Forster
Joe Gardner	Joe Glynn	Terry Hayes
Syd Jacobsen	Mike Kerr	Bob Martin
John McGowan	George Mednick	Jean Mordo
George O'Brien	John Ray	Arnie Satterlee
Charley Schaff	Ron Schoengold	Larry Yelowitz

# **BOOK SWAP**

TIM TOPOLE 650-793-0838 ttopole@yahoo.com



The book swap can be found at the Feb. 15<sup>th</sup> luncheon meeting. Bring a favorite book to share, grab one that catches your interest!

# **BOOK CLUB**

JERRY BELDEN 650-322-1391 jerry@gbeldenltc.com



The Book Club is an activity where most months of the year, all members read the same new book and then meet to discuss it. However, for our January meeting, because we are in our nominating and voting process for books for the coming 12 months or so, each member gave a short overview of a book they recently chose to read. For the February meeting, we will have one more month where everyone will get to discuss another book they choose. For the March meeting we will read and discuss "Dear Committee Members" (F) by Julie Schumacher.



GORDON TONG 408-242-0557 gordy6850@gmail.com



HANK BOTTINO 650-207-4320 bottinoh@comcast.net

SIR Branch 35 Biking, Second Thursday - 9th February 2023 at 11:00am. Wives, S.O.s and guests welcomed; helmets required and face masks optional but read latest CDC guidance <a href="https://example.com/here/here/">here/</a>.

#### Coyote Creek Trail (South San Jose)

Ride: We will ride the scenic Coyote Creek Trail starting from the Wyndham Garden Hotel at 399 Silicon Valley Rd, San Jose. The ride will be about 6 miles to the Coyote Creek Golf Course. We will ride past the golf course for another 4 miles to the Anderson Visitor Center at the end of trail, then back to the golf course club house for lunch. After lunch we will ride back to the hotel parking lot for a total of 20 miles. For those who want a shorter ride, they can stop at the golf course restaurant, for a round trip of 12 miles.

Footnote: With the heavy rains this month, the Coyote Creek Trail may be muddy or not fit for bike riding so I will ride the trail next week. If sections of the Coyote Creek Trail are blocked, I may change the ride and send out a revised ride notice. Please stay tuned as we approach 9th February 2023.

The objectives of the monthly rides are to promote fellowship, share experiences, exercise and above all, have FUN! All a rider needs is a bike (or e-bike) and a helmet. Rain will cancel the planned SIR ride. We ask that all riders exhibit a positive attitude, exercise good judgment when riding such as maintaining a safe distance between riders, obey all traffic signs, stop lights, etc. There will be a designated lead rider and a sweeper (or last rider) to ensure that all riders stay on course.

# WINE FINDERS

ALAN GAUDIE 650-964-6510 alangaudie@yahoo.com RUSS AYRES 650-776-6391 rrayres3@hotmail.com



This activity is for couples who want to have fun and meet new people. We gather at the home of a host couple to blind taste and grade wines and share appetizers. Contact either Alan or Russ to join or for more information.



JOHN TUCKER 408-655-5435 tuckerjg6@gmail.com



For January we planned to hike the Monte Bello/Black Mountain Loop Trail in the Monte Bello Open Space Preserve, but it rained.

For February we will be hiking the Coal Mine Ridge Nature Preserve in Portola Valley, taking the Arroyo, Old Spanish and Toyon Trails. This is approximately a 4.6 mile trail with a 900 foot elevation change. This is a moderately challenging route for anyone in reasonable health. Let me know if you are interested and I will add you to the emails I will be send out with more information.

We encourage bringing a spouse, S.O. or friend. There are many opportunities to socialize and make new friends as we walk. Pack a trail lunch and we will stop at a scenic spot to eat and enjoy nature. Normally our hikes are between 5 and 6 miles with up to a 1500 foot

elevation gain. We normally hike on the 4th Friday of the month. If you wish to join us please email John Tucker.

# **BOCCE BALL**

ED AUSTIN – PLAYER DEV'T

650-468-5341 austinv@aol.com JOHN RICHARDSON 650-996-7787 ilr@rcgc.com

NORM PASS – SCHEDULE & CANCELLATIONS 408-737-7639 normpass@sbcglobal.net



#### Every Friday, 10:00 a.m. to noon. Guests are welcome.

Location: Bocce Ball Courts at the Los Altos Community Center, 97 Hillview Ave., Los Altos (off San Antonio Road), 650-947-2790. Ample parking in front. The Bocce Ball courts are in the left rear of the site as you face the front entrance of the Center.

After over a month of rain and court surface disruption, we hope to be back to playing again in early February. Thanks to Peter Thurston for updating the sign-up chart so all who wish to play can sign in on the form for each upcoming Friday date. The form is available by each Thursday for sign-in with your password.

We are looking forward to once again enjoying our time together on the courts.

# **BOWLING**

BOB TAGGART 650-321-2654 cbtaggart@earthlink.net

DOUG ANDERSON 415-407-4000 marktinti@aol.com



PRIZES: ALAN GAUDIE

Every Tuesday, 1:00 p.m. (for a couple hours), at Homestead Bowl, Homestead & Stelling, in Cupertino.

We are open for additional bowlers AND we are co-ed, so check for interest with your wife or significant other. Call Bob or Doug if you have any questions..

#### STANDINGS - WEEK #5 - WINTER 2023

1<sup>ST</sup> PLACE – TIE - Fred Emmenegger, Doug Anderson, Ron Nakamoto, Perry Brown

1ST PLACE - TIE - Wes Fisher, Jim Holman, Don Haythronewhite

3RD PLACE - Brian Lin, Stan Barkey, Jay Jonekait

4<sup>TH</sup> PLACE – TIE - Nancy Jones, Ken Jones, Gerry Cooley, Bob Garten

4<sup>TH</sup> PLACE - TIE - Bob Feigelson, Tim Eastham, Marc Haberman

6<sup>TH</sup> PLACE – Bob Feigelson, Tim Eastham, Bob Taggart, Marc Haberman

7<sup>TH</sup> PLACE - Ranney Thayer, Alan Gaudie, Jerry Ososkie

8<sup>TH</sup> PLACE - Peter Wong, Rick McColloch, Larry Low, Arnie Satterlee

Bowling Season High Scores (1-17-23)					
Scratch Series		Scratch Game			
1st	Jay Jonekait (577)	1st	Bob Taggart (217)		
2nd	Larry Low (563)	2nd	Stan Barkey (211)		
3rd	Perry Brown (455)	3rd	D Haythronewhite (202)		
Handicap Series			Handicap Game		
1st	Marc Haberman (715)	1st	Brian Lin (271)		
2nd	Jim Holman (700)	2nd	Jerry Ososkie (253)		
3rd	Arnie Satterlee (661)	3rd	Peter Wong (251)		



BEN KUCKENS 650-400-0353 bengk@att.net



The Chess group meets on Wednesdays 9am to 1pm at the Los Altos Civic Center, 97 Hillview Avenue, Los Altos, in the senior center room. All are welcome to come and play non-competitive friendly games of chess (no time clocks). All levels of players are welcome. Ben and a few others are available to play on many other days, dates and times are flexible. If interested, contact Ben.



BRUCE KARNEY 650-964-3567 bkarney@comcast.net

LES MILES 408-528-5473 Impomi@yahoo.com

LARRY LOW 408-533-2651 llow1721@gmail.com



#### Mother Nature Has the Round of the Month



Mother Nature dominated January's golf scene. While many will chastise her slow pace of play -- 18 days to complete her epic round -- and even though she doesn't have an official handicap index, Mother Nature defeated all comers.

There is some uncertainty about her exact score, but I believe that she finished 10 under – as in burying local golf courses under 10 inches of rain!

#### **Fixtures for the Coming Month**

SIGN-UP with John Gerich by Febru	ary 10 for the following:				
Poppy Ridge (PPR) (Cart)	Thu Mar 2	10:00	\$65		
	Garten 408-253-5860 xonon1(at)comcast.net / Hall				
Wente Vineyards (WNT) (Cart,Range)	Mon Mar 6	10:00	\$89		
Double Points	Schutz 408-313-6	852 pschutz(at)como	ast.net / Squellati		
Shoreline (SHL)	Thu Mar 9	9:30	\$39		
	Jones 650-492-	1461 crusingken(at)g	mail.com / Holman		
Cinnabar Hills (CBH) (Cart,Prize)	Mon Mar 13	11:00	\$96		
	Nakamoto 408-440-23	30 Ronandelaine(at)	comcast.net / Miles		
San Jose Muni (SJM)	Thu Mar 16	9:30	\$42		
	Jones 650-49	2-1461 crusingken(a	t)gmail.com / Asrat		
Dublin Ranch (DRN) (Cart)	Mon Mar 20	9:30	\$41		
4 Man 2 Best Ball	Weberg 408-205-9120 cweberg1(at)gmail.com / P Wong				
Blue Rock East (BRE) (Cart)	Thu Mar 23	10:00	\$44		
	Gikis 650-948-9523	gikisben(at)yahoo.co	m / ** Need ATC **		
Bayonet (Cart)	Mon Mar 27	10:00	\$90		
	O'Meara 408-506-4714 om	nearatimo(at)gmail.co	m / ** Need ATC **		
Silver Creek (SCR) (Cart,Range)	Thu Mar 30	10:00	\$115		
	McGrath 408-307-8056	richard.mcgrath(at)ya	ahoo.com / Holman		

#### No Tournament Results to Report

The deadline for this column expired before the first tournament of the year was held at Los Lagos.

#### The Rules Corner

As always, **Bruce Karney** tees up the questions and **Joe Cioni** provides the answers.

With all the recent rain I thought some rules clarifications about water and mud would be appropriate. Also, check out this video of high surf interrupting a round of golf in Monterey!

**Situation #1:** What is the definition of "casual water," and what relief can be taken from it?

**The Ruling:** What was once called casual water is now called "temporary water" and is one of the four defined Abnormal Course Conditions. Temporary Water is defined as "Any temporary accumulation of water on the surface of the ground (such as puddles from rain or irrigation or an overflow from a body of water) that (1) Is not in a penalty area, and (2) can be seen before or after the player takes a stance (without pressing down excessively with their feet).

It is not enough for the ground to be merely wet, muddy or soft or for the water to be momentarily visible as the player steps on the ground; an accumulation of water must remain present either before or after the stance is taken.

#### Special cases:

- Dew and frost are not 'temporary water'
- Manufactured Ice is an obstruction
- Snow and natural ice (other than frost) are either loose impediments or, when on the ground, temporary water, at the player's option



**Situation #2:** If the ball is not in temporary water, but the golfer would have to stand in temporary water to play it, can he take relief?

**The Ruling:** A player always can get relief from an Abnormal Course Condition if it affects the ball or his stance.

**Situation #3:** Is any relief available when there is temporary water between a ball on the green and the hole?

**The Ruling:** Rule 16.1d - If a player's ball is on the putting green and there is interference by an abnormal course condition on the course, the player may take free relief by placing the original ball or another ball on the spot of the nearest point of complete relief, using the procedures for replacing a ball under Rules .14.2b(2) and 14.2e.



The nearest point of complete relief must be either on the putting green or in the general area.

If there is no such nearest point of complete relief, the player may still take this free relief by using the point of maximum available relief as the reference point, which must be either on the putting green or in the general area.

**Situation #4:** When a Nicklaus player gives his ball a six-inch "bump," may he also clean it?

**The Ruling:** Since there is nothing in the rules which allow a 6-inch bump, there is no definitive answer. It is up to the Committee. However, since this is not allowed by the Rules of Golf, then any other liberties taken appear to be moot. But if there is a lift, clean and place rule in effect that day, then, yes, he can clean the ball, as can Palmer players.



MOVIES

JIM QUILLINAN jvquill@pacbell.net



#### A Man Called Otto.

Tom Hanks turns in another bravura performance as a grumpy old man, Otto. Otto singlehandedly enforces the local traffic and parking rules along his private street. Otto has been recently widowed and sees no point in living especially with all of the scofflaws visiting his street. When all seems lost, a young family moves onto his street. The Hispanic mom, Marisol, is a quick wit who embraces life and is the opposite of Otto. She is full of exuberance and optimism. Marisol cracks Otto's crusty exterior and a friendship slowly develops. The film is touching as we really get to know the characters and their dilemmas. It will make you laugh and then make you cry as life plays out. The story is entertaining as the cast all turn in exceptional performances. Rated PG-13 for mature thematic material involving suicide attempts, and language. In Theatres. It is a Peggy's Pick. We saw the film in Sydney, Australia in a theatre with a dedicated lounge providing full bar and food service just to this showing - the Aussies know how to do it.

#### Missing.

This is about a 90% great movie that derails at the denouement. It is a mystery drama that uses modern technology to unravel the mystery. If you think you are a computer power user, this film will show you a thing or two. Grace (Nia Long) disappears in Colombia while on vacation with her new boyfriend. June (Storm Reid), Grace's teenage daughter, tries to locate her mother in Colombia using her computer. She runs into international red tape with local police and the FBI are of little use. June is in Los Angeles and uses the latest technology to try and locate her mom. She is even able to locate people on the ground to help. The technology is astonishing and keeps us amazed and what she is able to do. The sleuthing turns up all sorts of secrets that unravel June's view of her mother and her life. It keeps us on the edge of our seats. As the film reaches its climax, the story turns mundane, reminiscent of the Perils of Pauline but with computers. The performance of Storm Reid as June is noteworthy. Rated PG-13 for some strong violence, language, teen drinking, and thematic material. In Theatres.

#### Women Talking.

This is a brilliantly written story about the plight of women in a repressive religious cult that also has universal meaning. The real travesty is that it is based on actual events in a Mennonite community in Bolivia. The women of the community have been repeatedly, brutally raped by the men. The religious leaders require the women to forgive the men and move on. While the men are away attempting to bail out the just arrested rapists, the women unite and appoint a committee of their members to decide on a course of action: Do nothing; Stay and fight; Or leave. The film follows these women trying to reconcile the vicious reality of rape with their faith. Different views are brought up and analyzed. Horrible stories are recounted. The purposefully uneducated women try to think of a future away from the only community they know. Their interactions are erudite and

inspiring. They make their decision and execute it well. Rated PG-13 for mature thematic content including sexual assault, bloody images, and some strong language. In Theatres. It is a Peggy's Pick.

### MOVIE AND MUSIC HISTORY

RON NAKAMOTO
RONANDELAINE@COMCAST.NET



There are few constants in life. Turbulence, ever changing, "as time goes by" are phrases we typically cast to describe a period we lived through. When you encounter the Rock of Gibraltar on your maiden trip to the Mediterranean Sea you remember the moment. On subsequent trips, your memories flood back to that time. It has become one of those constants in time for you, forever more. Movies and Music elicit those same moments for all of us, constants of where we were and what we were doing when we first saw or heard it. This monthly article recalls the bits of movie and music history keyed to the month of its release.

Movie: The African Queen



It was 1951 and maverick producer Sam Spiegel approached the equally eccentric director John Huston with the idea of making an independent movie together. Huston suggested that they adapt C. S. Forester's 1935 novel "The African Queen". The rights to the book were cheap and Huston was keen on getting away from Hollywood to film on location — an unusual concept at that time.

Spiegel contacted Humphrey Bogart who was very happy to star. Bogart made

his big breakthrough ten years earlier in Huston's "The Maltese Falcon" and the two had become great friends and regular collaborators. Bogart suggested inviting Katharine Hepburn to costar even though he had never worked with her before.

The cast, crew and Bogart's wife, Lauren Bacall, soon found themselves filming in Uganda and Congo under extreme conditions. They were faced with deadly wildlife, snakes and crocodiles but some of the worst threats were the insidious company of mosquitos and other poisonous bugs. One Friday afternoon the shoot was invaded by two vast columns of soldier ants, Huston exclaimed, "We prepared against the expected lions, hippos, buffalo and snakes but we are defeated by ants half an inch long."

Bogart instantly hated Africa while Hepburn was in her element. Bogie complained about everything from the heat to the food, He said, "While I was griping, Katie was in her glory. She couldn't pass a fern or berry without wanting to know its pedigree and insisted on getting the Latin name for everything she saw walking, swimming, flying or crawling."

Worse still, almost everyone began to fall ill with various tropical diseases including dysentery. Only Bogart and Huston remained unscathed, which both claimed was due to their whisky drinking. "Nothing bites me. A solid wall of whisky keeps insects at bay," said Bogart while Huston added, "Anything that bites me soon drops dead, so I am safe." Katharine Hepburn was not so lucky and found

herself filming scenes with a hidden bucket nearby as she frequently needed to be sick between takes.

Regardless of all the hardship, a masterpiece eventually emerged. The film opened in 1951 to favorable reviews. Bogart won his first Oscar, Hepburn received her fifth Best Actress nomination, and Huston his seventh for writing or directing.

From: <a href="https://www.yoursretro.co.uk/filmblog/behind-the-scenes-of-the-african-queen">https://www.yoursretro.co.uk/filmblog/behind-the-scenes-of-the-african-queen</a>

#### **Music: Secret Love**

Secret Love is a song composed by Sammy Fain (music) and Paul Francis Webster (lyrics) for Calamity Jane, a 1953 musical film with Doris Day in the title role. Doris first heard of the song when Sammy visited the singer's home and played it for her. Doris was so moved by the song that she'd later recall "I just about fell apart".

Doris recorded the song at the Warner Brothers Recording Studio in Burbank, CA. On the day of the recording session, Doris had done her vocal exercises at her home and bicycled to the studio. Ray Heindorf, composer, and songwriter had rehearsed the studio orchestra and asked Doris to perform a practice run-through prior to recording. Doris, who had already recorded some 54 songs by this time, felt something special about this song and politely declined. Doris recalls, "When I got there, I sang the song with the orchestra for the first time ... That was the first and only take we did." ... "When I finished Ray called me into the sound booth grinning from ear to ear and said, 'That's it. You're never going to do it better."

The single of "Secret Love" was released on October 9, 1953—reached number 1 on the Top 20 survey on February 17, 1954, and was awarded the Academy Award for Best Song on March 25, 1954.

Watch this <u>YouTube</u> video of Doris Day in Calamity Jane singing her song "Secret Love".

Editors Comment: Bring back the memories, what a gorgeous person she was (inside and out)..

As Paul Harvey says, "And now, ... you know the rest of the story."

### A ROAD TRIP

PETER WONG AND JOHN RITTWEGER

Golf in January?? Road Trip!



The beginning of 2023, brought into the Bay Area a tenacious atmospheric river launching a bomb cyclone and a series of storms triggering high winds, downpours, widespread flooding, road closures and power outages. Not content to suffer the inclement weather and constant cancelling of golf tournaments, a handful of intrepid SIR 35 golfers and some of their wives, struck out on a road trip to the Coachella

Valley to share comradery, golf and culinary experiences.

Blessed with good road conditions between the storms, the trip to the Palm Springs area down the 5 (as they say in SoCal) was uneventful. Staying at resorts with reasonably priced suites, the moderate weather in the area allowed for 4 days of golfing challenges. Ben Gikis, John Rittweger, Peter Wong, Don Mattson, Max Lun, and Larry Wall drove, chipped and putted at courses

including Cathedral Canyon, Desert Falls, Terra Lago and Shadow Ridge. After the rounds the diners were treated to a Korean BBQ, Kosher-style restaurant serving generous portions of fare such as stuffed cabbage, corned beef and cabbage, homestyle meatloaf, latkes and much more. Another evening featured Vietnamese Pho. It was a good break which the travelers look forward to experience again. Hope you all can join us next time.

JOHN RITTWEGER



Our State SIR Organization publishes a quarterly bulletin highlighting SIR events, branch activities and state-wide activities. It's called **SIR Happenings**, and you can read the latest issue <u>here</u>

https://sirinc.org/newsletters/

### **FEBRUARY**

PAT O'CONNOR

Some special dates this month!

- Throughout February: Sandhill Cranes in Lodi
- February 2nd: Groundhog Day
- February 12th: Abraham Lincoln's Birthday
- February 14th: Valentine's Day
- February 21st: Mardi Gras





STATE (	OFFICERS	
State President	Richard Kindle	209-652-8608
Vice President	David Gonzales	916-587-3538
Governor Area 13	Foster Kinney	650-575-4920
Branch 35 Exec	CUTIVE COMMITTEE	
Big Sir	Ron Nakamoto	408-440-2330
Little Sir	Peter Wong	408-921-4884
Secretary	Dave Squellati	408-334-7988
Assistant	Leland Chan	510-490-5369
Treasurer	Larry Low	408-533-2651
Assistant	Jim Narva	408-930-3353
Director (Activities)	Ben Gikis	408-802-0794
Director (Membership)	Paul Schutz	408-313-6852
Director (Communications)		650-450-0332
Director (Events)	Ben Gikis	408-802-0794
Director (Technology)	Richard Blackborow	408-314-2378
Director (Nominations)	Andy Danver	650-906-3747
St	AFF	
Attendance	Bill Young	650-493-1710
Audio/Visual	Ron Schoengold	408-309-9830
Auditing		408-515-8604
Car Pools		650-492-146
Historian/Photographer		650-493-9182
Luncheon Host	,	408-594-5949
Medical Emergency Response Team		650-704-213
Membership Data Base		408-314-2378
New Member Orientation	Paul Schutz	408-313-6852

Membership Roster	Jerry Belden	650-207-6280
	& Gordon Tong	408-242-0557
Trail Tips Editor	Pat OConnor	408-480-0409
Website	John Ray	408-386-3573
Well and Comfort Wisher	Don Lintz	408-888-7391

#### **ACTIVITIES CHAIRMEN**

•		
	Gordon To	
	& Hank Bott	ino 650-207-4320
Bocce Ball	Gil Eak	ins 650-400-5813
	& Norm Pa	ass 408-737-7639
Book Club	Jerry Beld	len 650-207-6280
Book Swap	Timothy Top	ole . 650-793-0838
Bowling	Doug Anders	on 415-407-4000
	On-HoldMark I	
Dining In	T	BD TBD
Golf	Les M	les 408-528-5473
Hiking	John Tud	ker 408-655-5435
Investments	Jim Duna	way 650-229-4602
	Bob Bo	oth 408-307-3274
Movies	Jim Quilliı	nan 408-838-4379
Trail Birds	David Skurr	ick 650-796-5314
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WELL & COMFORT WISHER: Death or illness of a fellow Sir should be reported to Don Lintz (408-888-7391 or donlintz(at)comcast.net). He will express concerns of our Branch and communicate memorial announcements immediately among members via e-mail.

All activities arranged for or by Sons in Retirement, Incorporated, and its Branches, are for the convenience and pleasure of its members and their guests who desire to participate. Sons in Retirement, Incorporated, and its Branches do not assume any responsibility for the well-being or safety of the participants or their property in any matters pertaining to said activities.

#### SIR Branch 35 Activities - February 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
29	Golf 10:00am Poplar Creek \$44	31	1 Chess 9:00am Los Altos Community Ctr.	Golf 10:04am Callippe Preserve \$39	Bocce Ball 10:00am Los Altos Community Ctr.	4
		Bowling 1:00pm Homestead Bowl				
5	Golf 9:30am Sunnyvale \$38 Last day to reserve Giants tickets	7	8 Chess 9:00am Los Altos Community Ctr.	9 Golf 10:00am Metropolitan \$45	10 Bocce Ball 10:00am Los Altos Community Ctr.	11
		Bowling 1:00pm Homestead Bowl		Biking 11:00am Coyote Creek Trail Meet at Wyndham Garden Hotel		
12	Golf 10:00am Salinas Fairways \$37	14  Bowling 1:00pm	Last day to pay SIR dues Chess 9:00am Los Altos Community Ctr. Branch 35 Monthly Meeting In-Person at Elik's Lodge Doors open 11:00, Zoom starts 11:30	Golf 10:00am Monarch Bay \$51	Bocce Ball 10:00am Los Altos Community Ctr.	18
19	20	Homestead Bowl	Lunch 12:00pm, Business 12:30pm Speaker: Dr. Maureen O'Connor, PAU 22	23	24	25
	Golf 9:35am Coyote Creek Valley \$75	Bowling 1:00pm Homestead Bowl	Chess 9:00am Los Altos Community Ctr.	Golf 9:30am Moffett Field \$48	Bocce Ball 10:00am Los Altos Community Ctr.  Hiking 10:30am Coal Mine Ridge Nature Preserve Portola Valley	
26	Golf 10:00am Castlewood CC Hill - \$110	28  Bowling 1:00pm Homestead Bowl	1 Chess 9:00am Los Altos Community Ctr.	2 Golf 10:00am Poppy Ridge \$65	Bocce Ball 10:00am Los Altos Community Ctr.	4