

TRAIL



TIPS

Sons in Retirement, Inc.

Mission Trail Branch 35

Los Altos, California

Branch 35 web site: www.sirinc2.org/branch35/

September 2020

– NEXT MEETING –

3rd Wednesday, September 16, 2020

Social Time 11:45am

Business 12:30pm, Speaker 12:45pm

VIA ZOOM MEETING

Zoom instructions will be sent via email before the meeting.

PROGRAM

Speaker: *Capt. Zach Perron, Palo Alto Police Dept.*

Topic: *"Avoiding Becoming the Victim of Scams"*



Palo Alto Police Department Captain Zach Perron will be our speaker for September. His topic is "Avoiding Becoming the Victim of Scams" and he has agreed to respond to any questions or concerns about policing issues. As usual, spouses and guests are welcome to watch this Zoom meeting to learn how to protect ourselves from those who would like to take advantage of us.

Zach is a native of Palo Alto, a Stanford grad and a graduate of the Naval Postgraduate School.

He has worked for the Palo Alto Police Department in one capacity or another since 1994. He currently oversees detectives, traffic, special operations, and animal control. He previously handled all aspects of the department's social media presence from 2012 to 2018 and has become a national authority on the use of social media in public safety activity. His master's theses, published in 2016, was a detailed case study analysis that shows the quantifiable benefit to police agencies of two-way engagement on social media.



The Big Sir Says . . .

Friends Having Fun with Friends



In August, Little Sir Stan Barkey and I attended the SIR State Annual Meeting and learned that the state board has hired a market communications company to help raise our visibility among mature active men.

The goal is to make SIR recognized as the preeminent senior men's organization in Northern California. The firm's research reaffirmed what we know: **we are friends living locally and having fun together at lunches, events, and activities.**

First there was the pandemic, then the heat and now the fires and smoke. Yet, we are still getting together and having fun. Last month, members lead seven small social groups Zooming before our August meeting. I sent an email invitation to members to join one of these focused-topic gatherings. **We had 80 members participate:** Bocce Ball (12), Buying an EV (8), Movies (7), Photography (4), Vegetable Gardening (5), Trail Birds (5), "Fabian Wayfarers" (Ford Aerospace/Loral alumni) (15) and Random Branch Breakouts (24). All attendees agreed to Zoom again next month before the branch meeting.

With the Investment Group holding its first Zoom meeting we now have a large number of groups Zooming at least once a month. Are you getting together at one of these fun sessions? **If you would like to hold one of your own small social gatherings promoted using Branch 35 eMail,** send me an eMail and our team will help you set it up and promote it.

128 members and 21 guests/visitors attended our August branch meeting to hear Ivar Satero discuss the past, present and future of the SFO. We are now archiving our talks. **If you would like to see one of our past presentations go to our website (www.sirinc2.org/branch35/),** on the banner click on "Luncheons" and select "List of Our Speakers". Many of you may want to hear again Dr. Edward Karpman's popular talk "Sex and the Senior Male".

Remember friends remember friends in trying times. Zoom with other branch 35 members in small social gatherings for conversation and fun. eMail me if you would like to lead one of these groups or update me on how you are doing. Until then...

Stay Healthy, Stay Safe, Stay at a Physical Distance from Others,

Andy

650-906-3747 (mobile)

adanver@ix.netcom.com

SEPTEMBER 2020 ROSTER

Active Members: 334

Net Monthly Change: 0

SEPTEMBER ANNIVERSARIES: 10+ YEARS

Bob Simon	21	Mike Hurley	12
Peter Barba	19	Carl Clemm	11
Art Hammar	15	Rod Hall	11
Larry Dike	14	Ron Lau	11
Jon Saxe	14	Neil Miotto	10
Wayne Dexter	13	Pete Pierron	10
Pete Peterson	13		

SEPTEMBER BIRTHDAYS

Brian Beattie	Tony Guichard, MD	Steve Rosenblum
Lou Becker	Jim Harvey	Greg Ross
Bob Booth	Miles Johnson	Freddie Schwalbach
Eric Butte	Bob Jones	Dick Siemon
Gerry Cooley	Harold Kaye	Art Strosberg
Rick Crego	Stu Kennedy	Tom Taboada
Tom Dehaan	Ron Nakamoto	John Tucker
Jim Dunaway	Bill Patterson	Van Van Hauser
Gil Eakins	Herb Petersen	Jim White
Mickey Ellingson	Pete Pierron	James Yoshida
Chris Goodman		

August Virtual Branch Meeting Drawings

August Birthday: Mark Temme
Zoom Attendee Award: Dick Wolden

HIKING

DELL SMITH 650-968-5006
dellnmolly@sbcglobal.net

There will be no SIR hike September.

Keep your calendars open for the fourth Friday in future months. Whenever SIR activities can resume, we will schedule a hike. In the meantime, we are continuing the fourth Wednesday Zoom session hosted by Peter Thurston.

SIR Hikers Coffee

Wednesday, September 23 • 11:00am – 12:00pm

To Join Zoom Meeting - Click this link:

<https://us02web.zoom.us/j/84771246495?pwd=dVg1MGhhR3B4M01KeWg2RXJ4MFhsZz09>

Or enter this information into your Zoom client program or app:

Meeting ID: 847 7124 6495

Password: 016390

Dial In on Phone: +1 669 900 9128

TENNIS

SYD JACOBSEN 408-738-3233
sljacob@att.net

SIR Tennis remains cancelled until Santa Clara County opens courts for doubles play.

DINING IN

ALAN GAUDIE 650-964-6510
alangaudie@yahoo.com

There will be no Dining In activities until the COVID-19 restrictions are revised.

BOCCE BALL

NORM PASS – SCHEDULE/
CANCELLATIONS 408-737-7639;
normpass@sbcglobal.net

FRED SCHWALBACH – PLAYER
DEVELOPMENT 408-257-9713;
fpschwalbach@aol.com
JOHN RICHARDSON - SUPPORT
650-996-7787; jlr@rcgc.com

After discussion back and forth, and as an outcome of the **SIR Br35 Bocce Ball Coffee Zoom meeting on August 19** hosted by Peter Thurston just before the monthly Branch meeting, the Bocce player guidelines for reducing risk while playing with shared equipment were further refined compared to safe play guidelines for Bocce developed by another non-SIR group, the CCA, Indianapolis, IN. Our lead for these refinements has been Sir Ron Schoengold, who is a consultant in the biomedical products field and is involved currently with a company developing a fast response Covid-19 test. Also, Ron has provided us with a risk calculation algorithm for estimating a person's likelihood to acquire Covid-19—based on age and a brief profile of basic health conditions.

In these uncertain times, player participation at Cuesta Park in Mountain View and at Saratoga is still reduced from what we normally experience. We look forward to a more robust participation level in the fall as the air conditions clarify and our confidence in how to play Bocce with practical safety conditions develops.

RECOGNITIONS

SIR Branch 35 members **Frank Crossman, Mike Kerr, and Peter Thurston** received **Letters of Appreciation** from SIR State President, Ed Benson *for their efforts in providing Technical Support for SIR's first ZOOM Annual and Town Meetings*. They were part of a group of ten Zoom support specialists that enabled Big Sirs, Little Sirs, and State Officers to be electronically registered and badged into the Annual Meeting. Using Zoom, the Meeting quorum was established and voting was held; and during the Town Meeting, participants asked questions in an interactive manner. All of the complex Zoom processes occurred flawlessly thanks to Branch 35's support.

BOWLING

BOB TAGGART 650-321-2654
cbtaggart@earthlink.net
DOUG ANDERSON 415-407-4000
marktinti@aol.com

Prizes: Alan Gaudie

Bowling is postponed until we receive an OK from SIR - and when Homestead Bowl reopens – which NOW may be after the first of next year. They are making repairs to lanes and allowing individual bowlers but no league bowling yet.

If this changes, all the league bowlers and SIR Branch 35 will be notified.

TRAVEL

LARRY GARDNER 650-776-1970
larry_gardner@xanda.com

SEE THE SEPTEMBER TRAVEL BULLETIN ON THE WEBSITE

Also, see the article from the SJ Mercury on the Branch 35 website under Travel Activity titled "Pandemic shaping way air travel works."

Stay healthy and safe until we can again travel the world.

Member Profile

RON NAKAMOTO 408-440-2330
ron.nakamoto@yahoo.com

This monthly article highlights one of our branch members. We hope that you enjoy knowing a little more about your fellow members and the interesting life they have had. If you have someone you would like to nominate or if you would like to help author an article, please email ron.nakamoto@yahoo.com.

PETER BARBA



My Barba ancestors came to America from Baden, Germany near the Black Forest to Pennsylvania Dutch country near Bethlehem, PA in the early 1800's. My genealogy investigation discovered that he was a machinist and at one time managed the largest pump in a zinc mine near Hellertown, Pennsylvania. My

great-grandfather was a machinist, my grandfather and father were all mechanical engineers so guess what profession I chose? Here is my story.

I was born in New Haven, Connecticut where my father was working for Vacuum Oil Company. When I was four, we moved to Webster Groves Missouri (a suburb of St. Louis) where my father joined my mother's family grocery business. When I was thirteen, my grandfather passed away and I inherited his dark room which stimulated my life-long hobby and love of photography. I attended Webster Groves High School where I was a school photographer, president of the school camera club and photo editor of the high school yearbook. I was quite athletic, loved running and lettered in track as a "miler". I was also active in boy scouts and became an Eagle Scout inspired by my dad who was also an Eagle Scout. Some of my favorite times were camping in the foothills of the Ozarks.

My grandfather, my father, and now I chose to attend and graduate from Lehigh University, each with a BS in Mechanical Engineering. As a freshman, I enrolled in Air Force ROTC until my senior year when the Air Force priorities changed to only accept aviators. Unfortunately, I did not qualify as I wore glasses, so I was dropped from the program. I was able to finish my senior year with a deferment from the draft. After graduation, I applied for US Navy Officer Candidate School and was accepted for the 1955 class at Newport, Rhode Island.

After being commissioned as an Ensign I was sent to Damage Control school in Philadelphia, then to radar school at Great Lakes Naval Station near Chicago. While there, I spent a weekend travelling to St. Louis to marry my fiancée and brought my bride back to Great Lakes. After the Great Lakes school, I was assigned to the Aircraft Carrier USS Lexington CVA 16, stationed in San Diego. I drove to San Diego with my new wife where she finished her college degree while my ship was operating in the Western Pacific.

When I reported to the Lexington I was assigned as Division Officer for the Repair Division in the Engineering Department. My division had about 120 sailors in 3 shops. My men were shipfitters, pipefitters and carpenters. The responsibilities of the division were to repair the flight deck after crashes and to be sure the ships plumbing was

functioning. Repair of the teak decks occurred quite frequently. After three years I finished my required active duty and left as a Lt JG. I remained in the reserve another six years leaving with the rank of Lieutenant (*Editor's note: The Navy is unique in the titles they assign their officers. Lieutenant JG is a Captain and a Navy Captain is a Colonel in their sister services*).

I decided to move to Albuquerque, New Mexico where I worked at Sandia Corporation. I loved New Mexico for its breathtaking high deserts, outdoor camping and of course skiing. While there I worked on classified programs and learned Fortran programming to code my mathematical models. I used an IBM 704 series computer which was used at Eniwetok Atoll for nuclear tests during 1950s. I heard that when Sandia got the computer back, they had to clear it of sand and sand crabs from the Atoll. I earned my master's degree from the University of New Mexico and subsequently moved to Stanford to continue my graduate studies in Mechanical and Aerospace engineering. By this time, we had two children, a boy and a girl.

After completing my PhD thesis on "Passive Attitude Stabilization of Earth Satellites" I joined Philco-Ford because they built satellites and had a need for my expertise. My work was in dynamics and control of spacecraft where I created computer programs that are still in use today. I was a board member of the prestigious American Institute of Aeronautics & Astronautics Association where I shared my expertise on Guidance, Control and Dynamics with the world community. I wrote and published several papers on the subject to include, "Satellite attitude acquisition by momentum transfer" in 1976 and "Reorientation maneuver for spinning spacecraft" in 1991. I was privileged to work with Dr Robert Barry and Dr Bill Young both pioneers in the growth and maturation of space satellite science. (*Editor's note: Dr Barry was a SIR member who has since passed on. Dr Young is your current Attendance Chairman.*) A few of the satellite systems I worked on were the GOES weather satellites and Intelsat global communications satellites. (*Editor's note: Satellites as spaceborne objects required attitude control to orient it in space. Early satellites used spin-stabilization to perform this function. A significant amount of math modelling was used in simulations and operational control of the orbiting satellites. As the science improved these math models evolved to more sophisticated and complex models from single to dual-spin and now to three axis attitude and articulation systems. Dr.'s Barba, Young, Barry(deceased), and probably others in our member ranks played key roles in maturing the nation's space satellite knowledge.*)

I have always been an active person and remain so today. As I mentioned earlier, I lettered in track in high school and continue to run throughout my life. I've run in three marathons and several 10K races. I never had particularly fast times, but I loved running races such as the Bay to Breakers.

After my kids graduated from High School and my marriage had ended; at 50, I discovered windsurfing which was at that time, in its infancy. I had always enjoyed sailing and windsurfing provided a wonderful way to get on the water without great set up



Sailing at Coyote Point

time or expense. In order to increase my proficiency on sailboards I joined Fleet 18 which held weekly races in Foster City. (*Editor's note: Fleet 18 is a group dedicated to the promotion of windsurfing regattas in the SF Bay Area.*) Also, to improve my ability I participated in a 100-mile race through the British Virgin Islands which increased my skill level so that I was comfortable windsailing in the San Francisco Bay and under the Golden Gate Bridge.

I took up skiing when I moved to Albuquerque and I was an active skier for many years. My most memorable run was down Corbett's Couloir at Jackson Hole. Alas, I gave up the sport recently because it was time.

I met my second wife Sherry Dyce at the Stanford Singles Club. She was a mathematician, so we instantly hit it off and after a year of courtship we married. We enjoy travelling and have made many bike or bike and barge trips to various regions in Europe. The barge would



Biking in Friedrichshafen Germany

drop us off at a river city and we would bicycle, sightsee, dine and get picked up at the dock of another city along the route. The 30-60-mile bicycle trip was a great way to experience the country and cultures as many of the European civilizations concentrated near their water highways.

On my wife's 80th birthday we spent a wonderful night in Paris, FR and were on our dual tandem bicycle along the Moselle River between Metz and the Rhone river. Sherry was not feeling well so we went to the local hospital where she was diagnosed with an advanced case of pancreatic cancer. We endured the shock travelling back to our home where she died three weeks later. We were married for some 25 years.

I joined SIR in 2001 and noticed an absence of a bike group so I started one and mapped several trails which are still used by the group today. The current Activity chair is Jim Lunt and they go out monthly to various trails in and around the area. After starting the bike group, I was elected to the board of directors and later served as the Membership Director for two terms. While still on the board I inherited the job of producing the Holiday Party for six years. Moving to where the need was, I served as the Membership Roster publisher and editor for the next five years. I participated with Jim Dinkey, John Goldsborough, and Bill Young in setting up the name badge system that we currently use. I am always promoting SIR and have sponsored more than 30 new members. I was made an Honorary Life Member in 2011. It was a complete surprise and an honor to have been nominated and awarded the position.

I will end with a bit of trivia by mentioning the Bill Young's in my life. There was the Bill Young that sponsored me at SIR and there is the Dr. Bill Young that I sponsored when he retired from Loral. My

sponsored Bill and I go way back, serving on the USS Lexington and later as employees at Ford Aerospace Corporation. I conclude by saying that I've always operated with a philosophy that if you see a need, treat it as an opportunity and "do it".

Coffee with the Boys

During our "shelter in place" time, Zoom has become a sort of social lifeline for many of us. I have set up a recurring weekly time for Coffee with the Boys on Zoom to stay in touch with several of my SIR friends. We just check in like we would if we were car-pooling to a golf outing or having a cup of coffee at Starbucks. We share projects we are working on around the house, books we are reading, movies we are watching or opinions we want to share. All it takes is one of us to sign on to Zoom and schedule the meeting. Invitations are sent to anyone you want to invite. Included in the invitation is a link. When it is time to join the meeting, participants just click on the link and they are connected to the meeting. This can be done through a computer or smartphone. If the call is less than 40 minutes, it is free. Try it and stay in touch with your fellow Sirs.

Stan Barkey, Little Sir

BIKING

JIM LUNT 408-252-6804

jamesdlunt@yahoo.com

2nd Thursday— September 10, 2020, 11:00 AM

Wives and guests welcome; Rain cancels ride; Helmet mandatory.

PROTOCOL IN PLACE

MASK REQUIRED

Mountain View to Alviso

The Ride: NEW STARTING PLACE

Go through the entrance of Shoreline Park and on the right there soon will be the parking lot for Kite Park. Park there. We will cut across the field to the bike path. We then ride 3.5 miles on the levees and old service roads as we cross the waters north of Moffett Field. We follow the trail to downtown Alviso. continue on to the Alviso Marina parking lot and eat what we had brought. The ride is 8.5 miles one way. We will return on the same route for a roundtrip of 19 miles. There are no optional shortcuts. (There are some optional ways that have streets.) We may split up for a short distance.

Driving Directions: From the intersection of Hwy 101 and Shoreline Blvd, head north on Shoreline Blvd. Enter Shoreline Park and go to Kite Park Lot. Meet at Kite Park Lot.

To ride or for info, contact me (see above) or Gordon Tong at gordy6850@gmail.com.

Let us know if you are coming so we can wait for you (the traffic may take little time).

INVESTMENTS

JIM DUNAWAY 408-255-9244

jedandled@sbcglobal

I am trying to find someone who knows how to and is willing to run a Zoom session for us next Wednesday, September 2 at our usual meeting time of 1:00pm. If I can find somebody who is knowledgeable and willing to run the meeting we will meet at that time.. If I cannot, we will not meet in September.

Jim



JOE CIONI, GOLF CHAIRMAN
516-448-6721, jacioni@yahoo.com

SIGN-UP with John Gerich by Fri Sept 11 for the following

San Juan Oaks (SJO) (Cart)	Thu Oct 1	9:30	\$68
Gikis 650-948-9523 gikisben(at)yahoo.com / Danver			
Moffett Field (MFD)	Mon Oct 5	9:30	\$41
Barkey 408-996-3133 stanbarkey(at)gmail.com/ Hall			
Spring Hills (SPH) (Cart)	Thu Oct 8	10:00	\$35
Gikis 650-948-9523 gikisben(at)yahoo.com/ Gerich			
Los Lagos (LLS)	Mon Oct 12	9:27	\$31
O'Meara 408-251-5402 Omearatimo(at)gmail.com/ Schutz			
Crystal Springs (CSP) (Cart)	Thu Oct 15	9:30	\$45
Cioni 650-393-5711 jacioni(at)yahoo.com/ Squellati			
Wente Vineyards (WNT) (Cart,Range)	Mon Oct 19	9:30	\$84
Lau 408-730-9115 ronwjlau@gmail.com/ Goodman			
Cinnabar Hills (CBH) (Cart,Prize)	Thu Oct 22	10:00	\$81
4 Man 2 Best Ball Nakamoto 408-440-2330 Ronandelaine(at)comcast.net/ Squellati			
Shoreline (SHL)	Mon Oct 26	9:00	\$36
Mattson 650-949-3739 donmattson(at)yahoo.com/ Narva			
Blackhorse (BKH) (Cart,Range)	Thu Oct 29	9:30	\$90
O'Meara 408-251-5402 Omearatimo(at)gmail.com/ McGrath			

Rittweger Shoots the Round of the Month

On August 10 – before the smoke from the wildfires made outdoor sports more hazardous than usual -- **John Rittweger** had an outstanding round at Shoreline. Playing from the white tees he was 3.9 strokes under and won his flight by 4 strokes. Congratulations, John!

US Sales of Golf Equipment Set Record in July

(from golf.com)

Months ago, many were concerned about what exactly the coronavirus pandemic meant for golf in the near future. As it turns out, however, business is currently booming.

According to Golf Datatech, an independent market research firm, golf equipment sales had a record-breaking month in July in the United States, recording the highest sales since the company started tracking data in 1997. The company says that golf equipment, both on and off the golf course, saw \$388.6 million in total sales across the board.

"Golf is surging through the COVID-19 pandemic, as it is a perfect outdoor social distancing recreational activity, and the retail results confirm what a lot of retailers and PGA Professionals have been feeling," said John Krzynowek, a partner at Golf Datatech, in a press release. "Hard goods have fared especially well, clear evidence that people are playing golf and spending on equipment.

"July's sales results were fantastic, considering everything that has transpired this year," Krzynowek said. "And, while golf equipment retail sales still remain down in overall year-over-year sales, we've seen significant improvement since May when they were down 31.4% year-to-date."

Laguna Seca (no prizes)			Par 71	July 30, 2020		
Palmer Flight	Net	Prize	Nicklaus Flight	Net	Prize	
Jonekait Jay	69		Narva Jim	73		
Vanderwerf Phil	73		Ogle Dave	75		
McGrath Richard	73		Wong Peter	75		
Newton Ken	77					
Low Gross: Richard McGrath 80						

Seascape (no prizes)			Par 71	Aug. 3, 2020		
Palmer Flt. 1	Net	\$	Palmer Flt. 2	Net	\$	Nicklaus Flt. Net \$
Goodman C	70		Grace Ron	72		O'Meara Tim 72
Lau Ron	73		Nakamoto R	73		Gikis Ben 75
Jonekait Jay	74		Feeney Gerry	74		Wong Peter 75
Rittweger J	75		Schutz Paul	78		Kalsi Balbir 76
Low Gross: Richard McGrath 86						

San Juan Oaks (no prizes)			Par 72 / 68	Aug. 6, 2020		
Palmer Flight	Net	Prize	Nicklaus Flight	Net	Prize	
Manetta Robert	67		Gikis Benjamin	67		
Vanderwerf Phil	68		Mattson Don	69		
Schutz Paul	70		Im Sam	71		
Goodman Chris	73					
Low Gross: Robert Manetta 76						

Shoreline (no prizes)			Par 72	Aug. 10, 2020		
Palmer Flt. 1	Net	\$	Palmer Flt. 2	Net	\$	Nicklaus Flt. Net \$
Rittweger J	66		Scardino Stan	68		Gikis Ben 70
Manetta R	70		Gerich John	70		Mattson Don 73
Goodman C	72		Grace Ron	75		Enos Joe 75
McGrath R	73		Barkey Stan	77		
Low Gross: Robert Manetta 76						

Moffett Field (no prizes)			Par 72	Aug. 13, 2020		
Palmer Flight	Net	Prize	Nicklaus Flight	Net	Prize	
Davis James	69		Im Sam	70		
Squellati David	70		Wong Peter	71		
Manetta Robert	71		Gikis Benjamin	74		
Jones Ken	73					
McGrath Richard	73					
Low Gross: Robert Manetta 76						



Beginning to use Zoom

Zoom is one of a number of web-based applications which make it easy to communicate over the internet both visually (video camera) and/or verbally (microphone). It runs on a desktop, laptop, tablet and smartphone. The bigger your display, the newer your computer and the faster your internet connection the better your experience.

There is great Zoom documentation on the internet. Zoom has lots on www.zoom.us and so does YouTube www.youtube.com (search for “How to use Zoom”). For a quick overview of Zoom functions find/click [Zoom – SUPER-EASY-GUIDE.pdf](#) which is available on the Branch 35 website.

It easiest to use Zoom if you create a FREE “Basic” account at Zoom.us which downloads the Zoom application to your device. Once you have a FREE “Basic” account you should go to your “PROFILE” and **edit your full desired name** (Joe Jones) so that others know who you are and Branch 35 can check you in as attending one of our sessions. It’s nice if you can **add a picture** that best represents you to others when your camera is turned off.

To make the Zoom screen take up your whole display click on “Full Screen” in the upper right hand corner. To return from “Full Screen” hit the ESC key.

To change how your participants appear on your display you can select “Speaker” mode (the speaker becomes dominate and everyone else is smaller and to the right side) or “Gallery Mode” (multiple participants appear in the same size with usually up to 25 per screen). To select the desired view click on the desired label in the upper right hand corner of the display. The label shows the mode you want to move to.

To best watch a presentation with Zoom make the presentation and the speaker appear side by side (you can change the size of each by sliding the divider left and right). To setup side by side click on the yellow “View Options” button on the top of your screen and towards the bottom of the now visible selections click on “Side x Side”.

There is so much more you can do with Zoom but this will get you started. For answers to frequently asked question go to the Branch 35 website or click here [Zoom FAQs & Guidance](#).

Ageing

I changed my car horn to gunshot sounds. People get out of the way much faster now.

Gone are the days when girls used to cook like their mothers. Now they drink like their fathers.

You know that tingly little feeling you get when you really like someone? That's common sense leaving your body.

I didn't make it to the gym today. That makes five years in a row.

I decided to stop calling the bathroom the "John" and renamed it the "Jim". I feel so much better saying I went to the Jim this morning.

Old age is coming at a really bad time. When I was a child I thought "Nap Time" was a punishment. Now, as a grownup, it feels like a small vacation.

The biggest lie I tell myself is..."I don't need to write that down, I'll remember it."

I don't have gray hair; I have "wisdom highlights"! I'm just very wise.

If God wanted me to touch my toes, he would've put them on my knees.

Last year I joined a support group for procrastinators. We haven't met yet.

Why do I have to press one for English when you're just going to transfer me to someone I can't understand anyway?

Of course I talk to myself; sometimes I need expert advice.

At my age "Getting lucky" means walking into a room and remembering what I came in there for.

Actually I'm not complaining because I am a Senager. (Senior teenager) I have everything that I wanted as a teenager, only 60 years later. I don't have to go to school or work. I get an allowance every month. I have my own pad. I don't have a curfew. I have a driver's license and my own car. The people I hang around with are not scared of getting pregnant. And I don't have acne.

MOVIE REVIEWS from Jim Quillinan

Stockton on My Mind. This film is a documentary about Michael Hubbs, who in 2016 at quite young age of 26, becomes the Mayor of Stockton, CA. He is the youngest, black mayor of a major city. The documentary provides a travelogue of sorts of the mean streets of Stockton. Hubbs is from those streets. His father is in prison for life and his mother was a teenager when he was born. Hubbs has different plans and excels in school and becomes a community activist at a young age. He will escape poverty and violence and take his community with him. In 2012, after graduating from Stanford, Hubbs moves back to Stockton and at age 22 wins a seat on City Council. He champions many innovative and progressive programs to lift people out of poverty and the spiral down to crime. Michael is incredibly well spoken and has disarmed most of critics with action that works. Rated TV-14 for brief language. This is one to see and is a Peggy's Pick. Currently available on HBO.

Rebuilding Paradise. This Ron Howard documentary chronicles the 2018 fire that devastated Paradise, CA and its aftermath. Scenes of Paradise as the fire consumes the town and threatens the lives of the residents are chilling. The best part of the movie is how the town bounces back and begins to rebuild. The people of the town are highlighted as they deal with their personal loss, insurance companies and bureaucracy. Their resilience and patience are amazing. Anger flares from time to time, but the good people of the town remain focused on rebuilding and moving forward. Rated PG-13 for brief strong language. Available to reserve on Prime Video and one to see.

Love on the Spectrum. This is an Australian five-episode documentary TV series. It shadows young adults on the autism spectrum as they seek love and relationships. They explore the capricious world of dating and relationships as they seek real love. These people are all amazing. The one thing they all have in common is brutal honesty, which can be a real problem in the "typical" world. They are all bright, funny and in tune with their limitations. They can be incredibly awkward at times, but we (the audience) can't help but to root them on. They are blessed with supportive families who help them navigate the world of dating. One hopes there will be more episodes see we can see how these young folks grow in the future. Rated TV 14 for language. It is a Peggy's Pick. Streaming now on Netflix.

STATE OFFICERS

State President.....	Ed Benson	925-943-7011
Vice President.....	Jim Johnson	209-536-1595
Director Region 4.....	Pat O'Keefe	831-809-5830
Governor Area 13.....	Foster Kinney	605-299-9479

BRANCH 35 EXECUTIVE COMMITTEE

Big Sir.....	Andy Danver	650-906-3747
Little Sir.....	Stan Barkley	408-996-3133
Secretary.....	Jim Quillinan	408-736-7332
Assistant.....	Dave Squellati	408-245-3787
Treasurer.....	Jim Narva	408-930-3353
Assistant.....	Gerry Feeney	408-515-8604
Director (Membership).....	Paul Schutz	408-313-6852
Director (Events).....	Ben Gikis	408-802-0794
Director (Publicity).....	Bob Roy	408-736-3521
Director (Nominations).....	Peter Thurston	650-776-5713
Director (Activities).....	Jerry Belden	650-207-6280
Director (Social).....	Stan Scardino	650-743-6819

STAFF

Attendance.....	Bill Young	650-493-1710
Audio/Visual.....	Ron Schoengold	408-309-9830
Auditing.....	Gordon Mullin	408-732-3718
Assistant.....	Syd Jacobsen	408-738-3233
Car Pools.....	Tom Taboada	408-867-4640
Historian/Photographer.....	Frank Crossman	650-493-9182
Luncheon Host.....	Terry Barnhart	408-960-6674
Luncheon Revenuer.....	Jerry Belden	650-207-6280
Medical Emergency Response Team.....	Dave Ogle	650-704-2130
Membership Data Base.....	Richard Blackborow	408-255-4066
New Member Orientation.....	Dave Ogle	650-704-2130
Membership Roster.....	Jerry Belden	650-207-6280

STAFF (CONTINUED)

Trail Tips Editor.....	Del Fillmore	408-739-7769
Website.....	John Ray	408-386-3573
Well and Comfort Wisher.....	Don Lintz	408-245-3332

ACTIVITIES CHAIRMEN

Bicycling.....	Jim Lunt	408-252-6804
Bocce Ball.....	Gordon Tong	408-997-0822
Book Club.....	Gil Eakins	650-400-5813
Book Swap.....	Norm Pass	408-737-7639
Bowling.....	John Richardson	650-996-7787
Bridge.....	Jerry Belden	650-207-6280
Dining In.....	John Lehner	408-735-8149
Golf.....	Timothy Topole	650-793-0838
Hiking.....	Bob Taggart	650-321-2654
Investments.....	Doug Anderson	415-407-4000
Tennis.....	Mark Levi	650-965-2786
Trail Birds.....	Alan Gaudie	650-964-6510
Musical Introductions.....	Joe Cioni	650-393-5711
Musical Introductions.....	Dell Smith	650-968-5006
Pianist.....	Jim Dunaway	408-255-9244
Travel.....	Syd Jacobsen	408-738-3233
Wine Group.....	David Skurnick	650-473-9263
	Bob Simon	650-948-9054
	David Skurnick	650-473-9263
	Don Cameron	650-968-9103
	Larry Gardner	650-941-7020
	Dan Zemanek	650-810-6556

WELL & COMFORT WISHER: Death or illness of a fellow Sir should be reported to Don Lintz (408-245-3332 or donlintz(at)comcast.net). He will express concerns of our Branch and communicate memorial announcements immediately among members via e-mail.

All activities arranged for or by Sons in Retirement, Incorporated, and its Branches, are for the convenience and pleasure of its members and their guests who desire to participate. Sons in Retirement, Incorporated, and its Branches do not assume any responsibility for the well-being or safety of the participants or their property in any matters pertaining to said activities.

SIR Branch 35 Activities - September 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4	5
			Investments Zoom Meeting 1:00 p.m.	Golf- DeLaveaga 9:30 a.m.	Bocce Ball Per Sign-up	
6	7	8	9	10	11	12
			Golf- Dublin Ranch 4 Man 2 Best Ball 9:30 a.m.	Golf- Los Lagos 9:36 a.m. Biking 11:00 a.m. Mt. View to Alviso Ride	Bocce Ball Per Sign-up	
13	14	15	16	17	18	19
	Golf- San Ramon 9:30 a.m.		ZOOM MEETING Social Time 11:45 a.m. Business 12:30 p.m. Speaker 12:45 p.m.	Golf- Moffett 10:12 a.m.	Bocce Ball Per Sign-up	
20	21	22	23	24	25	26
	Golf- Spring Valley Shuffle the Deck 10:00 a.m.		Hiking 11:00 a.m. ZOOM COFFEE	Golf- Seascape 10:00 a.m.	Bocce Ball Per Sign-up	
27	28	29	30			
	Golf- Coyote Creek 10:05 a.m.					