

# TRAIL



# TIPS

Sons in Retirement, Inc.

Mission Trail Branch 35

Los Altos, California

Branch 35 web site: [www.sirinc2.org/branch35/](http://www.sirinc2.org/branch35/)

February, 2020

## – NEXT MEETING –

**3rd Wednesday, February 19, 2020**

**Elks Lodge, 4249 El Camino Real, Palo Alto**

Social Hour 11 a.m. – Lunch 11:55 a.m.

Please, **IF BRINGING A GUEST OR NOT ATTENDING!**

**CALL 650-823-0702**

or E-MAIL [sir35notify@gmail.com](mailto:sir35notify@gmail.com)

**by SATURDAY, Feb 15th (Leave name and badge #)**

## PROGRAM

**Speaker: Dr. Cutter Lindberg, Memory & Aging Center, UCSF**

**Topic: *“Early detection and diagnosis of unhealthy brain aging”***



Nearly all of us have a family member, friend or acquaintance who has experienced some form of dementia or Alzheimer's Disease. Extensive research has been underway for several years and the UCSF Memory and Aging Center is a leader among research institutions across America. Our speaker this month is Dr. Cutter Lindbergh. He will share with us

some of the results of current research including the findings about early markers we can watch for.

Dr. Lindbergh completed his undergraduate studies at Gonzaga University. He went on to earn a master's degree in psychology at the College of William and Mary and a doctoral degree in clinical psychology at the University of Georgia with specialized training in neuropsychology. He is currently pursuing advanced training in neuropsychology as a postdoctoral fellow in the Memory and Aging Center at the University of California, San Francisco. His primary clinical and research interests involve improving early detection and diagnosis of unhealthy brain aging and neurodegenerative diseases. He has won several awards for his research in this subject and has authored about 20 journal articles and book chapters.

## The Big Sir Says . . .

On January 19<sup>th</sup> there was a real “buzz” in the room as 217 (2 out of 3) members sought out friends for lunch and heard another great speaker talking about a topic which will affect our lives and those of our offsprings. Good friends enjoying each other in a collegial atmosphere!



## What is Branch 35 all about:

1. **Lunch with Friends:** Our monthly lunch program is far and away our most popular activity. Most members attend 2 out of 3. Stan Barkey has signed up an outstanding list of high quality speakers for 2020. Check out this list on our website and share it with younger friends to attract new members.
2. **Activities:** Our 15 activities attract from 10 to 50 members and their spouses. Info on them is listed on our website. I encourage you to join and participate. If you don't see an activity you'd like to join, speak to me and let's add it to the list and promote it.
3. **Events:** Over 200 members and guests attend our Holiday Party and Summer Picnic. Member volunteers make them happen. We also attend Giant and Shark games as a group. Let's expand our outings which include our partners and friends to plays, musicals, etc. Participation is key!

So keep in touch with all that is going on in Branch 35. Read this newsletter and our eMails and go to our website for full details and how to participate. And please let me know how your leadership team can make Branch 35 better for you.

**Andy**

[adanver@ix.netcom.com](mailto:adanver@ix.netcom.com)

Interested in future speakers?

Check the list at

[http://www.sirinc2.org/branch35/?page\\_id=4014](http://www.sirinc2.org/branch35/?page_id=4014)

### \$25 FEBRUARY HOT-PLATE MENU \$25

Bistro Salad with Balsamic Dressing  
Breaded Tilapia with White Chardonnay Sauce  
Carrot Mashed Potatoes and Seasonal Vegetables  
Brownies

To reserve a vegetarian meal, contact Terry Barnhart at 408-960-6674 or [terry.b2007@sbcglobal.net](mailto:terry.b2007@sbcglobal.net)

### \$25 FEBRUARY COLD-PLATE MENU \$25

Turkey, Ham, & Roast Beef Sandwiches  
Salads, Assorted Chips and Cheesecake

To reserve this meal, you must call 650-823-0702

or e-mail [sir35notify@gmail.com](mailto:sir35notify@gmail.com) by **SUNDAY, February 16th**

You may also make a permanent reservation for cold plates.

## FEBRUARY 2020 ROSTER

**Active Members: 341**      **Net Monthly Change: -5**

### NEW MEMBERS

Clod Barrera (Linda) 408-390-0599  
2215 McDonald Lane [clodbarrera@gmail.com](mailto:clodbarrera@gmail.com)  
Morgan Hill, CA 95037 IBM Corp. (Systems Storage)  
Hiking, Investments

Earl Caustin (Ellie) 408-391-4650  
3671 Louis Road [earlcaustin@gmail.com](mailto:earlcaustin@gmail.com)  
Palo Alto, CA 94303 MOSAID, Teradyne  
Computers, Travel, Hiking, Photography, Bocce, Book Club  
Astronomy, Dining-Out, Game Night, Pickleball

Dick DeLoof (Erna) 408-464-5415  
1129 Yorkshire Drive [deloof@comcast.net](mailto:deloof@comcast.net)  
Cupertino, CA 94014 Applied Signal Tech  
Travel, Hiking, Photography, Book Club, Astronomy, Fishing

Greg Gomon (Susan) 831-345-5581  
342 Bella Vista Avenue [gcgomon@gmail.com](mailto:gcgomon@gmail.com)  
Los Gatos, CA 95032 The Frame Studio  
Golf, Travel, Fishing, Hiking, Book Club, Investments, Astronomy,  
Cooking, Dancing, Game Night, Horseshoes, Pickleball, Poker,  
Pool, Stamps

Joe Gruber (Suzanne) 650-799-9049  
860 Olive Street [josephgruber@yahoo.com](mailto:josephgruber@yahoo.com)  
Menlo Park, CA 94025 San Mateo County  
Travel, Tennis, Bicycling, Book Club, Dancing, Game Night,  
Music, Stamps

Robert Manetta (Penny) 408-332-0968  
2146 Harmil Way [Manetta8.4@gmail.com](mailto:Manetta8.4@gmail.com)  
San Jose, CA 95125 Intel Corp  
Golf, Book Swap

### FEBRUARY ANNIVERSARIES: 10+ YEARS

Joe MacIntosh	27	Dell Smith	13
Del Fillmore	19	Norm Kitching	11
Bill Nugteren	16	Dave Ogle	11
Guy Thompson	16	Doug Anderson	10
Dick Wilson	16	Alan Gaudie	10
Don Gladstone	15	Ben Gikis	10
Neal Didriksen	14	Ron Nakamoto	10
Cal Morris	14	Tom Taboada	10
Dick Morris	14	Dan Zemanek	
John Lehner	13		

### FEBRUARY BIRTHDAYS

Peter Barba	Mike Forster	John McGowan
Jerry Belden	Joe Gardner	George Mednick
Leland Chan	Terry Hayes	George O'Brien
Wilson Chang	Syd Jacobsen	John Ray
Frank Crossman	Mike Kerr	Ron Reis
Jim DeLong	Duncan MacVicar	Arnie Satterlee
Chuck Dunker	Bob Martin	Ron Schoengold
Doug Ericsson	Doug McGee	Larry Yelowitz

### BOOK SWAP

TIM TOPOLE -650-793-0838  
[ttopole@yahoo.com](mailto:ttopole@yahoo.com)

**During the social hour before every luncheon, 11:00 a.m.**

Bring a few and take a few – **FREE!** After the meeting, residuals go to Friends of the Library of Los Altos.

### TRAIL BIRDS

DAVID SKURNICK 650-650-473-9263  
[daveskur@comcast.net](mailto:daveskur@comcast.net)

**Rehearsal: 2nd Wednesday, February 12, 10:00 a.m. in the Choir Room, Los Altos Methodist Church.**

**Pre-Meeting Rehearsal: February 19, 11:00 a.m., Elks Lodge.**

Parody Writers: Bob Simon, David Skurnick

Accompanist: Don Cameron

Bob Simon will write the parody for the February meeting. All are welcome to join our singing.

### TENNIS

SYD JACOBSEN 408-738-3233  
[sljacob@att.net](mailto:sljacob@att.net)

**Every Monday and Thursday, starting at 8:00 a.m. at the Rinconada Park Courts** – Located on Hopkins Avenue, off Newell near Embarcadero Road, Palo Alto. We play a relaxed doubles spin in open format. Sirs and non-Sirs alike are welcome.

### DINING IN

ALAN GAUDIE 650-964-6510  
[alangaudie@yahoo.com](mailto:alangaudie@yahoo.com)

This activity is groups of couples who meet, eat, and share friendship on a bimonthly basis in a member's home. It has grown to 19 members who are organized into four groups. Contact me if you may be interested, we have periodic events to test the interest and, hopefully, start new groups or find people who would like to substitute. And we do have fun !

### BRIDGE

MARK LEVI 650-305-9132  
[mlevi@comcast.net](mailto:mlevi@comcast.net)

**Bridge Players?? Looking for a game??**

SIR has one! We meet twice a month on the 2<sup>nd</sup> and 4<sup>th</sup> Wednesday afternoons from 1:00 to 3:00 PM. We're looking for a few more players. We play at participant's homes mostly in the Los Altos area. It is a friendly game, not too serious, but we're all improving our game as we go. If you're interested, give me a call or drop me an email. Mark Levi, Chair.

### BIKING

JIM LUNT 408-252-6804  
[jamesdlunt@yahoo.com](mailto:jamesdlunt@yahoo.com)

**2nd Thursday— February 13, 2020, 11:00 AM**

**Wives and guests welcome Rain cancels ride; Helmet mandatory Coyote Creek Trail (South San Jose)**

**Ride:** We will ride the Coyote Creek Trail starting from the Wyndham Garden Hotel at 399 Silicon Valley Rd, San Jose. The ride will be about 6 miles to the Coyote Creek Golf Course. We will go past the golf course another 3 miles to a model airplane launching site, then double back to the golf course club house for lunch. After lunch we will ride back to the hotel parking lot for a total of 18 flat miles, round trip. For those who want a shorter ride, they may omit the ride to the airplane site, thus reducing the round trip to 6 miles.

**Directions:** The Wyndham Garden Hotel is located south of San Jose, one block east of Highway 101 and just north of the Highway 101/ 85 interchange. The directions are the same whether coming on Highway 101 or 85: Take the Bernal Rd. exit. Turn left on Bernal Rd., which becomes Silicon Valley Blvd after crossing under 101. Turn left on Rue Ferrari Rd., the service road next to the hotel, and park in the hotel parking lot behind the furthest hotel building on the right.

**To ride or for info, contact me (see above), or Gordon Tong at (408) 242-0557 [gordy6850@gmail.com](mailto:gordy6850@gmail.com)**



## Member Profile

RON NAKAMOTO 408-440-2330  
ron.nakamoto@yahoo.com

This monthly article highlights one of our branch members. We hope that you enjoy knowing a little more about your fellow members and the interesting life they have had. If you have someone you would like to nominate or if you would like to help author an article, please email [ron.nakamoto@yahoo.com](mailto:ron.nakamoto@yahoo.com).

### Phil Vanderwerf



"I enjoy playing golf with my fellow seniors and try to play as many times as possible! Often, as we banter during our round, I've been asked, 'So what did you do for a living?' I respond with; 'Along with the two airplanes I owned, I did drugs!' It is always fun to see their reactions. Once I clarify that my airplanes were a hobby and that the drugs were linked to my career in the pharmaceutical industry, I am again accepted as just another law-abiding Sir!

"Born in New Jersey to a Dutch immigrant father and a pastor's daughter, I've had the unique experience of growing up in a small conservative town called Prospect Park. My mother was a teacher, until five kids came along. My father worked for Allied Chemical as a draftsman. The town was populated with Dutch Reformed Churches, bakeries and Christian schools on every street. I enjoyed a secure, easy childhood where all questions of right and wrong, good and bad were answered with '... work hard, speak English, and go to church twice on Sunday'. I attended the local, small Eastern Christian High School, loved music and played the saxophone as part of the school band. What got me in trouble was starting a rock band and then having the nerve to play, 'When the Saints Come Marching In' right after Chapel. The Calvinist ministers and devoted teachers frowned on this music but my band and I were a hit with the girls. I did letter in both tennis and track.

"My college options were limited since my father had died of cancer while I was a Junior in high school. My father worked in a building next to the chemical smokestacks that spewed toxic fumes every day. No one knew to avoid breathing the polluted air back then. He along with a number of his fellow employees contracted leukemia and died.

"Of course, without my father and a mother with five children, money for college was an issue, but I was determined enough, searched and found Calvin College, a small college in Michigan which was rated good academically with an affordable tuition. I worked summers delivering bakery products to tourist resorts in the Catskill mountains and was able to save the money I needed. I still remember the attic in an old boarding house that I shared with six other guys and one bathroom. Talk about having to time your visits!

"My dual majors of History and Economics didn't specifically prepare me for any career, but I became fascinated with flying in my junior year when I met a fellow student whose father had a small plane. From that point on my dream was to be a commercial airline pilot. So, upon graduating, I took any job I could find to fund my private pilot training to include delivering Gerber Baby food to grocery stores. After about a year of ground school and flight training, I obtained my private pilot license. Now I was ready to go to United Airlines to enroll in their commercial pilot program. Every moment was exciting as I got closer to realize my dream job until I took the comprehensive physical and found out that I was slightly red/green color blind, an absolute no-no for pilots. I was devastated and to add insult to injury did not have a Plan B.

"As life would have it, a friend I knew told me about a job opening in the Pharmaceutical business. I applied with a New York company called Lederle Labs, interviewed and got the job. The position was for a "Detail-person" who was - and still is the person you see in the doctor's office with a bag of literature and samples trying to convince the doctor to prescribe his drug

versus the competitors. This was in the early 70's and they were paying a whopping \$7,000 dollars a year, with a company car and a full expense account! As a single guy, I felt like the richest person on the planet. In addition, while I worked, the company paid for my night schooling. I earned my MBA in Economics with a specialty in the pharmaceutical business from Fairleigh Dickenson University. The curriculum for this MBA was somewhat unique as many of the drug firms were in New Jersey and, for example, the CFO for Pfizer taught the finance course.

"Around this time, my sister happened to set me up with a blind date. I knocked on the door and this gorgeous girl in a bra and panties answered the door. I said, 'Grace?' 'No,' she said, 'that's my little sister!' Well Grace turned out to be just as gorgeous, fun and smart. She was just going off to college and was a bit young (18). Our first date was memorable as I picked her up at her home, which her parents also used as a home for unwed mothers. She went off to college and we fell in love, albeit long distance and wed the next year when she was an older 19. We have been happily married for some 51 years now with two children, Nancy and Brian. After the kids grew up, Grace got her degree and has been teaching for the last twenty years.

"Our daughter Nancy is now 49 living in San Jose with three wonderful sons. Our son Brian started life on the wild side, embracing the Grateful Dead, taking drugs, and running off with a girl named 'Sunflower'. We made the tough decision to cut him off and hope he would hit bottom and call home to come back. He finally did and I flew to Pittsburg, to a broken-down house with no heat. I fixed his old jeep and we drove cross country to San Diego. So started his detox program with strict rules involving a regimen of counselling, exercise, diet and no parties. It worked, principally because he wanted it to. One day, he came along with me to an Instrument Flying class taught by an Air Force Flight Controller. He was fascinated by what they did and how they executed their jobs so much so that he immediately decided to join the Air Force. His career, over the last twenty years, has gone from becoming a certified Air Traffic Controller ('OK but too boring') to a Combat Air Traffic Controller for the Joint Special Forces Command. He has recently 're-upped' for five more years and is senior enough (Master Sargent) to supervise the missions rather than 'jump in' the dangerous stuff. I can't say enough about the wonderful Special Forces Community. (Special Forces is comprised of Navy Seals, Army Green Berets, elite from the other armed forces and is used for non-conventional missions around the world.) These men and women are the most unassuming, well trained, lethal, good family people I have ever met.

"My career progressed through the "pharmaceutical ranks" to Marketing Director of Cardiovascular Products at Merck Pharmaceuticals. Later, a big break came with an offer to be a Senior Director at Abbott Labs in Chicago. I eventually moved on to become Vice President, Marketing for Schering Plough Pharmaceuticals back in New Jersey. I made a big decision there to accept an overseas position running the operations for the Schering Plough subsidiary in Milan Italy. I was fortunate enough to lead the Italian subsidiary to three of its highest sales years ever and one day got a call from a US headhunter looking for a COO in a small (I mean 4 person small) start-up in Redwood City called SciClone Pharmaceuticals. SciClone owned the marketing rights to a drug to treat hepatitis B and C in Asia, an area where hepatitis is still at epidemic levels. I took the job and was able to help grow



1968 – The beginning of a great Journey

the business and hire key medical and marketing staff to the point where we were able to take the company public. My experience with similar drugs was a critical factor towards convincing investment firms to fund the offering through a multi-country 'road show' towards a successful IPO. After four long years of building up the company, I decided to retire at the ripe old age of fifty. (I had promised myself that if I lived to 50 (my dad died at 49) I would live every year after that as an outright gift and live it to the fullest). So, for the next twelve years Grace and I travelled worldwide, buying and flying airplanes, sailing and living in various homes around the country. We eventually settled down as 'gentlemen farmers' on an Avocado ranch we purchased in the hills of San Diego. It was a challenge and even fun to try to break even with the many challenges that face a small farmer. Eventually we decided to sell the farm rather than continue to compete against the cheaper avocados from South America and the drought and high wind conditions that had become the norm.

"We were now unencumbered again and decided to live with our grandchildren in San Jose. The days are now filled with grandparent duties helping babysit and cooking for the tribe. I do a lot of the cooking because both my daughter and Grace work, teaching at the Bowman school in Palo Alto, a school my daughter helped start some twenty years ago!

"I really look forward to our golf tournaments every Monday and Thursday as well as bowling on Tuesdays. The friendships and comradery that SIR provides have made my life very enjoyable. Thank you, fellow Sirs!"

*(Editor's note: Phil loves to compete, is quite athletic, and is one of the branch's best golfers and bowlers. He seems to possess another gear when there is some skin in the game. He used to be consistently awful chipping around the green but adapted to using the "Texas wedge" (golf slang term for using your putter off the green) to get his ball close to the hole. This adaptation was one of the key contributors to his winning the Four Ball Match Play Championship for 2019 along with his buddy Joe Cioni.)*

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## HIKING

DELL SMITH 650-968-5006  
dellinmolly@sbcglobal.net

### Friday, February 28, 2020 - Location to be Determined

#### Wives and guests are welcome

A location will be determined based upon suggestions from members and considering expected weather on hike day. Hikes are typically on moderate trails for about 5-7 miles. We hike in nearby hillside parks and open space preserves usually within a driving distance of 25 miles. Hikes start at the trailhead at 10:00AM. Bring water, a trail lunch, hiking shoes and clothing for weather conditions. Our January 24 hike was at Mt. Umunhum. There were 19 hikers, led by Peter Thurston. Thank you, Peter.

**Contact me by phone or email** if you would like to attend this hike, and if you have a suggestion as to a location. I will send out an email about February 22, detailing the selected location. If you have not been receiving the hiking emails and would like to be included, let me know and I will add you to my list.



Raney Thayer's Photo of the Hikers at Pfleger Estate

## TRAVEL

LARRY GARDNER 650-776-1970

[larry\\_gardner@xanda.com](mailto:larry_gardner@xanda.com)

### SEE THE FEBRUARY TRAVEL BULLETIN ON THE WEBSITE.

<https://www.visitorscoverage.com/blog/top-10-travel-tips-for-seniors/>

## BOCCE BALL

NORM PASS – SCHEDULE/

CANCELLATIONS 408-737-7639;

[normpass@sbcglobal.net](mailto:normpass@sbcglobal.net)

FRED SCHWALBACH – PLAYER

DEVELOPMENT 408-257-9713;

[fpschwalbach@aol.com](mailto:fpschwalbach@aol.com)

JOHN RICHARDSON - SUPPORT

650-996-7787; [jlrrcgc.com](mailto:jlrrcgc.com)

**Every Friday, 10:00 am to noon. Wives and guests are welcome.**

**Location: The two Bocce Courts in Cuesta Park, Mountain View accessed from Cuesta Drive, using the turnoff and park entrance at Menalto Dr. Parking is near the tennis courts and restrooms. The Bocce Courts are next to the lawn area by the parking lot.**

### Upcoming Spring 2020 University Club of Palo Alto Bocce Ball League

(Semi-Annual Tournament): Registration has started and ends Monday March 9; League Play is March 17 - April 16 (for five to seven weeks depending on number of teams signed up) followed by the Playoffs: quarter finals, semifinals, finals. Team signups are with Co-Captains Peter Thurston and John Richardson, including payment of charge for food and beverage services (\$95/team member). We have requested Wednesday starting at 6:30 pm, but we could be assigned to Tuesday or Thursday on the schedule with the same start time. Sir Branch 35 Teams have been the winners of this tournament twice in the last several years.

### Status of Reconstruction of Los Altos Senior Center-- site of new Bocce Ball courts:

From the photo below, as of Jan. 10, 2020, all structures at the Los Altos site on Hillview Ave. had been demolished, piles of dirt are on the site along with earth moving equipment, and some cement foundations have been poured. Sites project updates are available at the web site: [LosAltosCA.Gov/CommunityCenter](http://LosAltosCA.Gov/CommunityCenter); a live video view is shown at: [info@techcam.net](http://info@techcam.net); information: 650-469-3389.



**MOVIE REVIEWS -** The following are movies that Jim Quillinan and Peggy actually saw. There are other films that may be worse, but they did not subject themselves to them.

The Ten Worst of 2019 (#1 being the worst)		The Ten Best of 2019	
1	The Beach Bum	1	1917
2	Destroyer	2	Just Mercy
3	Glass	3	JoJo Rabbit
4	Wine Country	4	The Farewell
5	Uncut Gems	5	Little Women
6	Men in Black: International	6	The Biggest Little Farm
7	Angel Has Fallen	7	Ford v. Ferrari
8	Rambo: Last Blood	8	Bombshell
9	Gemini Man	9	5B
10	Terminator: Dark Fate	10	Harriet



**BOWLING**

BOB TAGGART 650-321-2654  
 cbtaggart@earthlink.net  
 DOUG ANDERSON 415-407-4000  
 marktinti@aol.com Prizes: Alan Gaudie

**Every Tuesday, 1:00 p.m., at Homestead Lanes, Homestead & Stelling, in Cupertino.** The top two teams will be "battling" it out during the last three weeks of the Fall Session while only 1 ½ games separate 3<sup>rd</sup> through 6<sup>th</sup> place. Come join us. The cost is only \$15 each week.

**FALL SESSION – WEEK #13**

<b>1<sup>ST</sup> PLACE</b> – Ruth Ososkie, Ken Jones, Jerry Ososkie, Phil Vanderwerf
<b>2<sup>ND</sup> PLACE</b> – Al Delfino, Harold Kaye, Arnie Satterlee, Joe Enos
<b>3<sup>RD</sup> PLACE</b> – Rick McColloch, Doug Anderson, Gerry Bennett, Tim Eastham
<b>3<sup>RD</sup> PLACE</b> – Nancy Jones, Michael Ibarra, Alan Gaudie, Jay Jonekait
<b>5<sup>TH</sup> PLACE -TIE</b> – Patti Shaffer, Gerry Shebar, Bob Taggart, Larry Low
<b>5<sup>TH</sup> PLACE -TIE</b> – Ranney Thayer, Mark Castro, Rich McGrath, Gabriel Ibarra
<b>7<sup>TH</sup> PLACE</b> – Joe Geist, Jim Holman, Gerry Cooley, John Faucett
<b>8<sup>TH</sup> PLACE</b> – Les Fisher, Fred Emmenegger, Ron Nakamoto, Bob Garten

**HERE ARE THE LEADERS – WEEK #13**

<b>HIGH SERIES - SCRATCH</b>	<b>HIGH GAME - SCRATCH</b>
1st – Jay Jonekait: 567	1st – Joe Enos: 201
2nd – Gabriel Ibarra: 506	2nd – Phil Vanderwerf: 199
3rd – Bob Garten: 471	3rd – Bob Taggart: 184
<b>HIGH HANDICAP SERIES</b>	<b>HIGH HANDICAP GAME</b>
1st – Joe Geist: 628	1st – Arnie Satterlee: 243
2nd – Rick McColloch: 619	2nd – Ruth Ososkie: 233
3rd – Ranney Thayer: 609	3rd – Jim Holman: 223

**GIANTS BASEBALL**

**San Francisco Giants on Sunday, April 5<sup>th</sup>  
 against the Los Angeles Dodgers**

1. Tickets are still available
2. April 5 game has been changed to 5 pm to accommodate ESPN
3. Tickets also available for April 26 vs Washington Nationals and for May 17 vs Atlanta Braves --same price \$50/ticket for Lower Box seats

*Ben Gikis, Special Activities*

**INVESTMENTS**

JIM DUNAWAY 408-255-9244  
 jedandled@sbcglobal

SIR Financial Investment Group will meet on Wednesday, February 5 at 1:00 PM at Los Altos Branch of First Republic Bank on San Antonio Road. Please bring information on a couple of investments which you either own or have on your watch list and which you would recommend. Also a couple of our members have asked if we would repeat something we did at one of our first meetings and that is to tell through what brokerage house or other entity we do our investing and are we happy with what they do for us.

**GOLF**

JOE CIONI, GOLF CHAIRMAN  
 516-448-6721, jacioni@yahoo.com

**GOLF RESULTS****Enos and Davis Shoot the Rounds of the Month**

The Round of the Month celebrates the best "over/under" score. On Jan. 2 **James Davis** and **Joe Enos** each posted a net 54 at Deep Cliff. That's 4.9 strokes under the course rating. Congratulations, gentlemen!

**SIGN-UP for the following by Friday, February 14th with John Gerich, 650-969-6679, jgerich@juno.com**

<b>Pajaro (PAJ) (Prize)</b>	Thu Mar 5	9:30	\$41
Mattson 650-949-3739 donmattson(at)yahoo.com/ Davis			
<b>Wente Vineyards (WNT) (Cart,Range)</b>	Mon Mar 9	10:00	\$75
Lau 408-730-9115 ronwjau@gmail.com/ Vanderwerf			
<b>Shoreline (SHL)</b>	Thu Mar 12	10:00	\$36
Scardino 650-743-6819 stanscardino(at)yahoo.com/ Schutz			
<b>Cinnabar Hills (CBH) (Cart,Prize)</b>	Mon Mar 16	10:00	\$71
Taboada 925-785-4318 ttaboada(at)earthlink.net/ Hall			
<b>Bayonet (BYN) (Cart,Range)</b>	Thu Mar 19	9:30	\$90
Gikis 650-948-9523 gikisben(at)yahoo.com/ Spindt			
<b>Callippe Preserve (CPR) (Cart,Meal)</b>	Mon Mar 23	10:36	\$55
<b>Poppy Ridge (PPR) (Cart)</b>	Thu Mar 26	TBD	TBD
Garten 408-253-5860 xonon1(at)comcast.net/ Newton			
<b>Santa Teresa (SNT) (Cart)</b>	Mon Mar 30	10:00	\$71
Nakamoto 408-440-2330 Ronandela(at)comcast.net/ Hall			

Deep Cliff Eclectic Round 3			Jan. 2, 2020		
Palmer Flight	Net	Prize	Nicklaus Flight	Net	Prize
Davis James	54	\$25	Enos Joe	54	\$18
Pattison Rich	59	\$19	Narva Jim	57	\$12
Barkey Stan	60	\$14	Wong Peter	61	\$7
Cioni Joe	60	\$9			
Closest-to-pin	Dist.	Prize	Closest-to-pin	Dist.	Prize
Jonekait Jay	13' 7"	\$2	No CTP Winners		
Im Sam	13' 9"	\$1			
Scardino Stan (extra)	16' 7"	\$1			
Barkey Stan (extra)	28' 4"	\$1			
Low Gross: James Davis 69					

Deep Cliff Eclectic Final Results			Dec. 2019 – Jan. 2020		
Palmer Flt. 1	Net	\$	Palmer Flt. 2	Net	\$
Davis Jim	48	\$18	Pattison Rich	48	\$18
Vanderwerf P	50	\$14	Nakamoto R	48	\$14
Garten Bob	50	\$10	Scardino Stan	51	\$10
Jones Ken	50	\$5	Baughar Larry	54	\$5
			Cooley Gerald	53	\$7

Sunnyvale			Jan. 6, 2020		
Palmer Flt. 1	Net	\$	Palmer Flt. 2	Net	\$
Jonekait Jay	72	\$18	Galli John	71	\$18
Garten Bob	74	\$14	Metheany B	72	\$14
Jones Ken	74	\$10	Barkey Stan	76	\$10
Rittweger J	74	\$5	Scardino Stan	79	\$5
			Wong Peter	77	\$7
Closest-to-pin Dist.	\$		Closest-to-pin Dist.	\$	
Rittweger J	29'11"	\$2	Barkey Stan	22'7"	\$2
Jonekait J	37'3"	\$1			
			Enos Joe	20'3"	\$2
			Mattson Don	31'7"	\$1
Low Gross: Jay Jonekait, John Rittweger and Joe Cioni tied at 86					

Los Lagos Eclectic Round 1			Jan. 9, 2020		
Palmer Flt. 1	Net	\$	Palmer Flt. 2	Net	\$
Lau Ron	65	\$24	Barkey Stan	75	\$24
Garten Bob	72	\$18	Metheany B	75	\$18
McGrath Rich	74	\$12	Pattison Rich	76	\$12
Vanderwerf	74	\$8	Squellati Dave	77	\$8
			Gikis Ben	76	\$8
Closest-to-pin Dist.	\$		Closest-to-pin Dist.	\$	
Garten Bob	2'3"	\$2	Wilson Dick	10'0"	\$2
McGrath Rich	4'11"	\$1	Barkey Stan	14'6"	\$1
Goodman(xtra)	5'2"	\$1			
Lau Ron(xtra)	6'4"	\$1			
Low Gross: Ron Lau 79					

Coyote Creek Valley Course				Jan. 13, 2020				
Palmer Flt. 1	Net	\$	Palmer Flt. 2	Net	\$	Nicklaus Flt.	Net	\$
Wilson Dick	68	\$21	Metheany B	63	\$21	Gikis Ben	65	\$18
Jones Ken	68	\$16	Schutz Paul	67	\$16	Wong Peter	72	\$14
Miles Les	68	\$10	Nakamoto R	71	\$10	Narva Jim	72	\$10
McGrath Rich	69	\$5	Hall Bill	72	\$5			
Closest-to-pin Dist.		\$	Closest-to-pin Dist.		\$	Closest-to-pin Dist.		\$
McGrath Rich	16'2"	\$2	Hall Bill	2'4"	\$2	Gikis Ben	20'11"	\$2
Jonekait Jay	52'8"	\$1	Nakamoto R	4'7"	\$1	Wong Peter	36'4"	\$1
Low Gross: Richard McGrath 79								

Spring Valley			Jan. 23, 2020					
Palmer Flt. 1	Net	\$	Palmer Flt. 2	Net	\$	Nicklaus Flt.	Net	\$
Lau Ron	68	\$18	Metheany B	68	\$18	Lau Peter	71	\$18
Vanderwerf P	71	\$14	Barnhart T	70	\$14	Wong Peter	71	\$14
Jones Ken	73	\$10	Danver Andy	70	\$10	O'Meara Tim	73	\$10
Nakamoto R	76	\$5	Barkey Stan	72	\$5			
Closest-to-pin Dist.		\$	Closest-to-pin Dist.		\$	Closest-to-pin Dist.		\$
Wilson Dick	3'11"	\$2	Danver Andy	30'1"	\$2	Lau Peter	5'0"	\$2
Lau Ron	29'3"	\$1	Galli John	44'9"	\$1	Kalsi Balbir	26'5"	\$1
Low Gross: Ron Lau 86								

Los Lagos Eclectic Round 2						Jan. 20, 2020		
Palmer Flt. 1	Net	\$	Palmer Flt. 2	Net	\$	Nicklaus Flt.	Net	\$
Jonekait Jay	67	\$22	Barkey Stan	64	\$22	Cooley Gerald	69	\$22
Low Larry	71	\$16	Metheany B	72	\$16	Im Sam	72	\$16
Jones Ken	72	\$12	Nakamoto R	74	\$12	Ray John	74	\$12
Miles Les	74	\$7	Danver Andy	77	\$7	Wong Peter	75	\$7
Closest-to-pin Dist.		\$	Closest-to-pin Dist.		\$	Closest-to-pin Dist.		\$
Jones Ken	7'6"	\$2	Grace Ron	27'2"	\$2	Holman Jim	7'3"	\$2
Garten Bob	18'11"	\$1				Cooley Gerald	7'4"	\$1
Miles L (xtra)	21'0"	\$1						
Low Gross: Jay Jonekait 80								

### MEMBER PROFILE OPEN CALL FOR 2020 CANDIDATES

The purpose of the Member Profile articles in our Trail Tips Newsletter is to provide a little more background on a fellow member's history, experience and hobbies. Every single one of us is unique and has a story to tell. Whether the member had an interesting work history, met or worked with someone famous, travelled to some exotic destination or did something to benefit society, we would like to know. The articles serve as an icebreaker, for members to meet and have a conversation with other members. Another benefit of the articles is the member can now share a portion of his personal history with his children, grandchildren and friends. If you are interested in getting profiled sooner rather than later, please send me your interest and we can start the process. It is easy and painless, after all, who knows more about you than you?

Send your interest to [ron.nakamoto@yahoo.com](mailto:ron.nakamoto@yahoo.com)

#### STATE OFFICERS

State President.....	Ed Benson	925-943-7011
Vice President.....	Jim Johnson	209-536-1595
Director Region 4.....	Pat O'Keefe	831-809-5830
Governor Area 13.....	Foster Kinney	605-299-9479

#### BRANCH 35 EXECUTIVE COMMITTEE

Big Sir.....	Andy Danver	650-948-1692
Little Sir.....	Stan Barkey	408-996-3133
Secretary.....	Jim Quillinan	408-736-7332
Assistant.....	Dave Squellati	408-245-3787
Treasurer.....	Jim Narva	408-446-1160
Assistant.....	Gerry Feeney	408-515-8604
Director (Membership).....	Paul Schutz	408-313-6852
Director (Events).....	Ben Gikis	408-802-0794
Director (Publicity).....	Bob Roy	408-736-3521
Director (Nominations).....	Peter Thurston	650-776-5713
Director (Activities).....	Joe Mullen	650-941-8254
Director (Social).....	Stan Scardino	650-743-6819

#### STAFF

Attendance.....	Bill Young	650-493-1710
Audio/Visual.....	Ron Schoengold	408-309-9830
Auditing.....	Gordon Mullin	408-732-3718
Assistant.....	Syd Jacobsen	408-738-3233
Car Pools.....	Tom Taboada	408-867-4640
Historian/Photographer.....	Frank Crossman	650-493-9182
Luncheon Host.....	Terry Barnhart	408-960-6674
Luncheon Revenuer.....	Jerry Belden	650-207-6280
Medical Emergency Response Team.....	Dave Ogle	650-704-2130
Membership Data Base.....	Richard Blackborow	408-255-4066
New Member Orientation.....	Dave Ogle	650-704-2130
Membership Roster.....	Jerry Belden	650-207-6280
	Gordon Tong	408-997-0822

#### STAFF (CONTINUED)

Trail Tips Editor.....	Del Fillmore	408-739-7769
Website.....	John Ray	408-386-3573
Well and Comfort Wisher.....	Don Lintz	408-245-3332

#### ACTIVITIES CHAIRMEN

Bicycling.....	Jim Lunt	408-252-6804
Bocce Ball.....	Norm Pass	408-737-7639
	Fred Schwalbach	408-257-9713
	John Richardson	650-996-7787
Book Club.....	Jerry Belden	650-207-6280
	John Lehner	408-735-8149
Book Swap.....	Timothy Topole	650-793-0838
	Brad Metheany	408-375-7854
Bowling.....	Bob Taggart	650-321-2654
	Doug Anderson	415-407-4000
Bridge.....	Mark Levi	650-965-2786
Dining In.....	Alan Gaudie	650-964-6510
Golf.....	Joe Cioni	650-393-5711
Assistant.....	Ron Grace	408-725-1632
Hiking.....	Dell Smith	650-968-5006
Investments.....	Jim Dunaway	408-255-9244
Tennis.....	Syd Jacobsen	408-738-3233
Trail Birds.....	David Skurnick	650-473-9263
Musical Introductions.....	Bob Simon	650-948-9054
Musical Introductions.....	David Skurnick	650-473-9263
Pianist.....	Don Cameron	650-968-9103
Travel.....	Larry Gardner	650-941-7020
Assistant.....	Ed Pausa	650-324-0322
Wine Group.....	Dan Zemanek	650-810-6556

**WELL & COMFORT WISHER:** Death or illness of a fellow Sir should be reported to Don Lintz (408-245-3332 or [donlintz\(at\)comcast.net](mailto:donlintz(at)comcast.net)). He will express concerns of our Branch and communicate memorial announcements immediately among members via e-mail.

*All activities arranged for or by Sons in Retirement, Incorporated, and its Branches, are for the convenience and pleasure of its members and their guests who desire to participate. Sons in Retirement, Incorporated, and its Branches do not assume any responsibility for the well-being or safety of the participants or their property in any matters pertaining to said activities.*

## SIR Branch 35 Activities - February 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2	3 Tennis 8:00 a.m. Golf- San Jose CC Shotgun 10:30 a.m.	4 Bowling 12:50 p.m.	5	6 Tennis 8:00 a.m. Golf- Callippe Preserve Scramble 9:56 a.m.	7 Bocce Ball 10:00 a.m.	8
9	10 Tennis 8:00 a.m. Golf- Monterey Pines 9:32 a.m.	11 Bowling 12:50 p.m.	12 Trail Birds 10:00 a.m. LA Methodist Church	13 Tennis 8:00 a.m. Golf- Half Moon Bay Ocn 9:40 a.m. Biking 11:00 a.m. Coyote Creek Trail	14 Bocce Ball 10:00 a.m. 	15
16	17 Tennis 8:00 a.m. Golf- Sunnyvale 4 Club 2 Man 1BB Shotgun 9:30 a.m.	18 Bowling 12:50 p.m.	19 Social Hour 11:00 a.m. Trail Bird Rehearsal Book Swap Luncheon 11:55 a.m.	20 Tennis 8:00 a.m. Golf- Metropolitan 9:30 a.m.	21 Bocce Ball 10:00 a.m.	22
23	24 Tennis 8:00 a.m. Golf- Canyon Lakes 9:30 a.m.	25 Bowling 12:50 p.m.	26 Trail Tips Cutoff	27 Tennis 8:00 a.m. Golf- San Jose Muni 9:30 a.m.	28 Bocce Ball 10:00 a.m. Hiking 10:00 a.m. TBA	29