Volume 42, Number 9

The Monthly Newsletter for SIR Branch 103

September 2025



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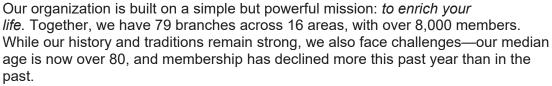
Modesto SIR Branch 103

DEDICATED to the PROMOTION of INDEPENDENCE and DIGNITY for MEN

Branch 103 Website: www.sirinc2.org/branch103

Big Sir Crows

Dear Fellow SIR Members,



We are proud to celebrate our members and leaders who keep SIR thriving. Congratulations to this year's President Award honorees: Derrick Dieter Rex (Br. 45), Ricky Kindle (Br. 143), Andy Danver (Br. 35), Lee Lamp (Br. 129), Bruce Henry (Br. 32), and Gary Brandley (Br. 23). Your dedication shows what SIR is all about—friendship, service, and staying active together.

But to continue that tradition, we must grow. The future of SIR depends on welcoming new members—especially those in their 60s and 70s, including the Baby Boomer and Gen X generations. These men are looking for what we already offer: golf, bowling, pickleball, RV trips, and the chance to make new friends. To reach them, we need to advertise, invite, and personally encourage them to join us. A phone call or invitation to an activity can make all the difference.

As members, we also have responsibilities: keeping our records and finances in order, participating in area meetings, and maintaining open communication with State SIR. Ignoring those connections weakens us, but engaging makes us stronger.

Now is the time for all of us to take action—reach out, invite a friend, and volunteer when asked. By staying active, we stay young. By welcoming others, we ensure SIR will continue to thrive for many years to come.

Thank you for your support, your participation, and your commitment to *making friends for life*.

Featured Events in September 2025: Dine out for September 17, 2025. The Fruit Yard 7948 Yosemite Blvd. Please RSVP Juan Salinas by September 12, 2025.

Music in the Plaza & Farmers Market

- Music in the Plaza: Every Friday evening through September 26 (bands like Blues Box Bayou Band, Remedy, and Rob Hill Band)—7:00 PM to 9:00 PM in downtown Modesto Downtown Modesto
- Modesto Certified Farmers Market:
 - o Thursday markets: Sep 11, Sep 18, Sep 25 (8:00 AM–1:00 PM)
 - o Saturday markets: Sep 13, Sep 20 (8:00 AM–1:00 PM)
 - o Venue: Alongside Stanislaus County Library



Big Sir Juan Salinas Branch 103

SIR Branch 103 BEC Minutes August 27, 2025

Secretary Don Rowe

Attending: Big SIR, Juan Salinas, Little Sir Fernando Gonzalez, Secretary Don Rowe, Assistant Secretary Ray Tillery, Treasurer John Santillano, Assistant Treasurer Ted Bracht. Directors: Dave Cooper, Dennis Imhoff, Lance Underwood, Dick Nelson, and Paul Bender.

Committee Representatives Present: Gary DelNero, (Sunshine)

Absent: Directors- Roger Smithand Vic Whaley, Bob Kredit Thursday Golf, and Tom Evans, Program.

Guests: Jerry Strain, and Bob Lewis.

Call to Order: Big SIR Juan Salinas, called the meeting to order at 9:29 A.M. at The Masonic Lodge, Eleven Executive Board members were present for a quorum.

Secretary: July Minutes was offered for modification. Motion to accept: Rowe, 2nd Underwood- PASSED UNANIMOUSLY.

Big SIR: NA

Little SIR: Fernando said that the State Membership Date Base transferred former Branch144 to Branch 103

Treasurer's Report: John Santillano reported that the beginning balance was \$3,653.31. Receipts: Dues, \$25.00, Sir 144 deposit-\$4,940.10, Raffle \$101.00, Advertisement (Anthony Butera)- \$10.00, Member Luncheon Purchase- \$2,025.00, total-\$7,101.10. Checks written: Postage for Newsletter- \$20.98, State SIR assessments-\$272.25, Advertisement- \$286.19, merchandise-\$248.32. Total Disbursements-\$3,081.56. Bank balance-\$7,672.85, petty cash-\$300.00, Total balance-\$7,972.85 Motion to accept: Santillano, 2nd Rowe - PASSED UNANIMOUSLY.

Membership: Bob Lewis presented an application for membership from Bruce Cramer.

Luncheon: good lunch! \$5.00 FOR THOSE WHO DO NOT EACH LUNCH.

Correspondence:

Program: Nan Su presented a slide show "Challenges with China".

Health and Safety Kerry Newmon told us it is flu season and vaccinations are available. The new covid vaccine should be ready soon.

Sunshine: Gary's report was given at the luncheon.

Golf: NA

NEED TO GET AN ASSISTANT FOR PAUL.

Thursday Golf: Juan reported that it is going great!

Newsletter: Bob Lewis said that the newsletter is a work in progress.

Bowling: Bob Lewis reported that it will start Sept. 2.

Merchandising: NA

Travel: John spoke about a cruise to Hawaii next year.

Activities: Lance Underwood suggested attending an MJC football game. A reminder that wives and

family may participate.

Dine Out. To be determined.

Old Business:

New Business: Election results: Big Sir: Fernando Gonzalez; Little Sir: Ray Tillery; Treasurer: John Santillano; Assistant Treasurer: Glen Carrington; Secretary: Don Rowe; **Assistant Secretary: OPEN**. Directors: Dave Cooper, Ted Bracht, Bob Lewis, Jerry Strain, and Dennis Imhoff.

Area 18 (Branches Modesto, Turlock, and Stockton) is holding a competition for recruitment of new members from Sept. 30, 2025, to June 28, 2026. The member who recruits the most members, will receive \$150. Each Branch is asked to donate \$50 Motion: Branch103 will donate \$50 for the competition-Motion to accept: Gonzalez, 2nd Btacht- PASSED UNANIMOUSLY.

Other: The next BEC meeting will be at 9:30 AM September 24th at The Masonic Lodge

Adjournment: 10:02AM

Respectfully submitted, Don Rowe

GOLF



All payments for golf must be made by 6:00 PM Wednesday before the Monday Tournament. There will be NO payments at the golf course. Mail all checks to Roger Smith, 3612

Incline Ct., Riverbank, CA 95367-3123. Make all checks to SIRs Golf. Write on the bottom of the check the date of the tournament and the course. All fees, golf and cart fees must be paid with check.

Mon. Sept 8-Atwater, 8:00, \$59 (cart incl.) Host 103C

Mon. Sept 15-River Oaks, 8:00, \$34 (cart opt. \$10) Host 103A

Mon. Sept 22-Dryden, 8:00, \$36 (cart opt. \$20) Host 103B

Mon. Sept 29-Swenson, 8:00, \$54 (cart

incl.) Host 103C Mon. Oct 6-Creekside, 8:00, \$37 (cart opt. \$20) Host All

Mon. Oct 13-Castle Oaks, 8:00, \$58 (cart incl.) Host 103A

Mon. Oct 20-Tracy GC, 8:00, \$59 (cart incl.) Host 103B

Mon. Oct 27-Dryden, 8:00, \$55 (cart opt. \$20) Host103C

Mon. Nov 3-Micke Grove 8:00, \$62 (cart opt. \$20) Host 103A

Mon. Nov 10- Pheasant Run 8:00, \$64 (cart incl.) Host 103B

Creekside Golf

Creekside Golf is an activity that was created by Bob Kredit and Don Reed. This is now a SIR sponsored event. This is a weekly event held at Creekside Golf Course on Thursday mornings.

Tee times are first come, first serve, and requests must be made by email or message to Bob Kredit at 6:00 pm the prior Wednesday to the golf tee time. You must have a tee time before coming to the course.

Sunshine Report

By Gary Del Nero



Here's the Sunshine Report for September.

Lots going on: update on two with Ray Canada's son still in Stanford Hospital in treatment for cancer, going to be a long road ahead per Ray. Our prayers are with him and family, Kerry Newman went in for a procedure and ended up with 2 stints put in as he said that makes 4. Kerry is at home and very glad to be with us. Reported Don Vanbuskirks wife was in hospital for respiratory issues and COVID last month. Unfortunately, she succumbed to COVID and other issues and passed. Our thoughts and prayers with him and family. Our thoughts are still with Jeff Chin and his treatments. Sunshine 103

Gary Del Nero: Phone 209 681-1100--Amos 209 605-9638 Email garydelnero73@gmail.com

GARY DEL NERO



The Pickleball Activity is be scheduled the first and third Fridays of every month at the courts at Beyer Park at 9:00 am. Please come out and give it a try. There will be experienced players to help introduce you to the game. All the equipment will be provided. All members and their spouses are invited.

Bowling September 2025

Bowling has started. There' still time to join the SIR League. McHenry Bowl, Tuesdays at 1:00 PM

The speaker for September is Marvin Jackson who will talk about "The Buffalo Soldiers"



Ad for Anthony Butera



Speaker for August was Nan Su from The Epoch Times

New Officers for 2026: Big Sir Fernando Gonzalez, Little Sir Ray Tillery, Treasurer John Santillano, Asst Treasurer: Open, Secretary Don Rowe and Asst. Secretary Ray Tillery. Directors: Ted Bracht, Dave Cooper, Dennis Imhoff, Bob Lewis, Juan Salinas and Jerry Strain.

Dining Out Clubs Info – From Vince Sereno, Chairman, 144 Dining Clubs

As we complete our 3 groups of Dining Out in 2025, we can look forward to the proposed slate of hosts and proposed restaurants for 2026, as established during the August Dinners. A Very Special thank you to group Host & Restaurant Coordinators Kathy Norris and Hall Eubank for their excellent leadership. — Vince

2nd Tuesday Evening Club

Tuesday September 9th – Skewers
Tuesday October 14th – Javi's Mexican
For Reservations: Contact Kathy
Norris at 209-596-0416

3rd Wednesday Evening Club Wednesday September 17th The Fruit Yard 7948 Yosemite Blvd. Please RSVP Juan Salinas by September 12th 209-605-6762

4th Tuesday Evening Club: Tuesday Sept. 23rd -- Lee's Chinese Tuesday Oct. 28th—-Ciao Bella Restorante

<u>For Reservations</u> Contact Hall Eubank at: 209-649-4148

4th Thursday Evening Club:

Thursday Sept. 25th -- Strings Italian Thursday October 23rd – Mimi's Cafe For Reservations:

Contact Vince Sereno at: 209-524-9630, or Cell at: 209-552-1539

Humor — How to Walk a Human: A Dog's Guide!

Humans need exercise. If they don't get it they become "chubby". It is up to you to save them.

- 1. Allow your human to tether themselves to you. This keeps them from wandering off or running away.
- 2. Your human will probably need breaks. Be considerate and stop and sniff often.
- 3. Bark frequently. Humans have short attention spans.
- 4. When you go to the bathroom, walk away. If you have trained your human correctly, they will pick it up. Good aerobics.
- 5. Periodically drag your human as fast as you can. This is called interval training.
- 6. Do not allow your human to shorten the walk. They are being lazy. Sit in protest if you must.
- 7. Once you return home, allow your human to remove their tether, then lick their face many times. This is positive reinforcement for a job well done.

Branch 103 General Membership Luncheon

September 24, 2025 10:30 am - 1:00 pm Masonic Temple 800 Rose Ave. Modesto, CA Luncheon Price \$25.00

Couples' Dine Out

The Couples' Dine Out will be at <u>The Fruit Yard</u> on Wednesday, September 17, 2025 at 5:00 PM. If you would like to attend, please call Juan Salinas at 209-605-6762 or email at <u>juangolfnut.yahoo.com</u>. by September 12, 2025.



LADIES' DINE-OUT

The Ladies' Dine-Out will be taking some time out. Please read the upcoming newsletters to find out the next date.



The Commemorative Air Force Central California Valley Squadron holds fund-raising meals twice a month. A Second Saturday Pancake Breakfast and a Fourth Saturday Lunch. The breakfast time is 7:30 am to 11:00 am. The lunch time is 11:30 am to 1:00 pm. The cost is \$10 per person for breakfast and \$13 for lunch. No reservations required. The meals are served at hangar 1-S at 700 Tioga Dr., Modesto. The breakfast will be on September 13, 2025. The lunch will be on September 27, 2025.



Name		Date	Age
Marvin	VanMiddendorp	09/21/1955	70
Fernando	Gonzalez	09/25/1946	79
Cecil	Brown	09/10/1944	81
Joe F	Savage	09/07/1942	83
Roy	Hardison	09/05/1929	96



NEW MEMBER PROCEDURE

A prospective member will attend a luncheon with a member as a guest. During the luncheon he will be introduced to the group, and he will be given a membership application. New members will fill out the application and submit it to Dave Cooper or any board member. The application will be submitted to the Branch Executive Committee for acceptance. Upon acceptance the new member shall attend an Orientation session prior to the next meeting. At the luncheon the new member will be introduced to the membership.



ARRANGED BY ALAMO WORLD TRAVEL FOR SIRS AREA 18, BRANCH 143 & FRIENDS



16 NIGHT HAWAIIAN ISLANDS CRUISE ABOARD THE RUBY PRINCESS

SAILING ROUND TRIP SAN FRANCISCO OCTOBER 23-NOVEMBER 8, 2026

PORTS OF CALL

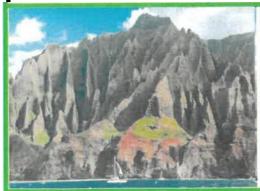
Hilo, Big Island/ Kahului, Maui/ Honolulu, Oahu Nawiliwili, Kauai and Ensenada, Mexico

THE RUBY PRINCESS



Add the Princess Plus Package for \$960 per person Includes: Beverage package, Wifi, Crew appreciation, Premium desserts (2 per day), Fitness classes (2 per cruise) and unlimited Juice Bar, 2 Casual Dining meals per guest, Room service delivery

ESCORTED BY JOHN CARDOZA (209) 483-7722 cell







SIR STATE OFFICERS

State Pres. Rich Carlston	925 324-0838
State Vice Pres. Lee Lamp	530 921-1375
Area 18 Rep. Anthony Butera	209 985-3473

SIR BRANCH 103 OFFICERS

	O:::O=::O
Big Sir Juan Salinas	209 605-6762
Little Sir Brian Donahue	
Secretary Don Rowe	209 634-0100
Asst. Secretary Ray Tillery	209 499-0955
Treasurer Ted Bracht	209 573-1690
Asst. Treas. Brian Donahue	209 988-2748
Dick Nelson	209 701-8108
Dennis Imhoff	
Ray Tillery	209 499-0955
Vic Whaley	916 509-2483
Dave Cooper	209 578-3789
Roger Smith	209 614-8684
Lance Underwood	209 681-6989
Paul Bender	209 324-1793



COMMITTEE CHAIRMEN

Membership: Dave Cooper	209 578-3789
Assistant	
Program Chair: Tom Evans	209 551-1836
Assistant:	
Member Orient.: Brian Donahue	209 988-2748
Public Relations: Bob Kredit	209 672-0326
Bowling: Vern Masse	209 544-1953
Bowling: Bob Lewis	
Golf Chair: Roger Smith	209 614-8684
Golf Co-Chair: Kerry Newman	
Golf Co-Chair: Gerald Hott	
Golf Handicap: Jerry Strain	209 574-9301
Book Exchange: Earl Glenn	
Travel Area 18: John Cardoza	
Merchandise Sales: Dennis Imhoff	209 846-9529
Lunch Menu: Juan Salinas	209 605-6762
Computer Club: Jeffery Chin	209 602-3912
Activity Chair: Lance Underwood	
Sunshine Chair: Gary Del Nero	

Health & Safety: Kerry Newman...209 579-7747 Chaplain: Dick Nelson.....209 701-8108 Asst.Chaplain: Gary Goodman209 578-0848 Meal Tickets: Don Rowe, Roy Bruk Raffle: Roy Bruk, Jim Bickner Table Setup: Don Rowe209 634-0100 Table Setup: Jim Bickner209 522-4345 Lead Singer: Backup Singer: Gary Goodman209 578-0848 Audit Committee: Kerry Newman, Coe Barnard **Nominating Committee:** Ladies Dine Out: Barbara Webb.....209 526-6511

HONORARY LIFE MEMBERS: Sam Graham, Bob Kredit and Gary Williams

STATE HONORARY LIFE MEMBER: Jerry Strain

SENIOR HONORARY LIFE MEMBER:

Don Reed

NEWSLETTER EDITOR

Bob Lewis bobalew69@msn.com......209-523-7387

SIR DISCLAIMER and ATTENDANCE REQUIREMENTS

All trips and other activities arranged by and for SONS IN RETIREMENT, Inc., and its branches are for the convenience and pleasure of the members and their guests who desire to participate. Sons In Retirement, Inc. and its branches do not assume responsibility for the well-being or safety of the passengers, or their property, in any matter pertaining to said tours or other activities. Regular members missing three (3) consecutive meetings shall be notified by Form Letter 4 of their pending membership termination. Certification of attendance at another Branch meeting will be considered as a credit to the attendance at another Branch meeting will be considered as a credit to the attendance record. Individual Branches may limit the number of make-ups during a twelve (12) month period.

SEPTEMBER

September

2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	SIR Golf Creekside SIR League Bowling	3	4 Creekside Golf	5 Pickleball- Beyer Park, Modesto	6
7	SIR Golf- Atwater	9 SIR League Bowling Dining Club- Skewers	10	11 Creekside Golf	12	CAF Breakfast- Modesto Airport Hangar 1S
14	SIR Golf- River Oaks	SIR League Bowling	Couples' Dine- Out- The Fruit Yard	18 Creekside Golf	Pickleball- Beyer Park, Modesto	20
21	SIR Golf- Dryden	SIR League Bowling Dining Club- Lee's Chinese	General Membership Luncheon	25 Creekside Golf Dining Club- Strings	26	CAF Lunch- Modesto Airport Hangar 1S
28	SIR Golf- Swenson	SIR League Bowling				