

Volume 41, Number 9

The Monthly Newsletter for SIR Branch 103

September 2024



Modesto SIR Branch 103

DEDICATED to the PROMOTION of INDEPENDENCE and DIGNITY for MEN

For many, the month of September signals the end of summer, the beginning of Autumn, and the start of a new school year. Two major holidays are Labor and Patriot Day. How can we forget the terrorist attack on the Trade Center which we refer to as 9-ll, where so many innocent people lost their lives. That was one of the most terrifying events that happened in my lifetime. The other two were the bombing of Pearl Harbor and the end of World War 2 be-

Branch 103 Website: www.sirinc2.org/branch103

INCORPORATED

Big Sir Crows By Paul Bender

cause my dad was coming home from serving in the Army.



We do have more than Labor and Patriot Day. September is the Hispanic Heritage, National Recovery and National Suicide Prevention month.

Big Sir Paul Bender

Do not forget we have a Couples' Dine Out on September 18, 2024. This month we will be dining at La Parrilla Mexican Restaurant, 3401 Oakdale Road, Modesto at 5:00 PM. If you want to attend please call Jeff Chin at (209) 602-3912 or email at jefferygaryc@msn.com.

Also, SIR League Bowling starts this month check with Jeff Chin. We bowl on Tuesday afternoons at 1:00 PM at McHenry Bowl.

We have not got a confirmation on a speaker for September, but Tom is working on it

Hope to see you all at the luncheon on the 25th of September.

Newly Elected Branch 103 Officers for 2025

Big Sir: Juan Salinas, Little Sir: Brian Donahue, Secretary: Don Rowe, Assistant Secretary: Ray Tillery, Treasurer: Ted Bracht, Assistant Treasurer: Brian Donahue. Directors: Lance Underwood, Dennis Imhoff, Dave Cooper, Roger Smith, Dick Nelson, Vic Whaley, and Past President: Paul Bender.

SIR Branch 103 BEC August Minutes

By Director Don Rowe (First Draft)

Attending: Big SIR Paul Bender, Little Sir Juan Salinas, Secretary Don Rowe, Assistant Secretary Ray Tillery, Treasurer Ted Bracht, Assistant Directors: Dave Cooper, Kerry Newman, Dennis Imhoff, and Lance Underwood.

Absent: Treasurer, Brian Donahue, Directors Dick Nelson and Roger Smith, Jeff Chin, (newsletter) Tom Evans, (programs) John Cardoza, (travel) Bob Kredit, (Thursday golf), and Gary DelNero, (Sunshine)

Committee Representatives present: None

Guests: None

Call to Order: Big SIR Paul Bender, called the meeting to order at 7:30 A.M. at Denny's Restaurant. All Executive Board members present for a quorum.

Reports: June 28 Minutes was offered for modification. Motion to accept with modifications: Rowe,

2nd Tillery- PASSED UNANIMOUSLY.

Big SIR: 1. Paul said that we had 54 members at our luncheon. We have 95 members, good for 55% attendance! 2. Paul started a discussion about our Ladies Day luncheon in December.

Little SIR: Juan brought ideas about the raffle for December.

Treasurer: Ted Bracht reported that the August 29 report showed the Beginning balance- \$3,187.25 Receipts: luncheon proceeds less contribution portion-\$1,230.00, Raffle-\$40.00, donations for lunch,\$30.00, and Dues, \$25.00. Total receipts-\$1,335.50. Checks written- Margarito's Catering, \$1,257.08, \$30.00 to Bob Kredit for certificate frames. Total deductions \$1,257.08. Ending balance is \$3,265.67. Motion to accept: Bracht- 2nd Rowe-PASSED UNANIMOUSLY.

Membership: Dave Cooper reported that we have 95 members.

Luncheon: Most thought the food was good \$5.00 FOR THOSE WHO DO NOT EACH LUNCH.

Correspondence: NA

Program: NA

Health and Safety: Kerry said that the new covid vaccine is available locally. Also, be aware- West Nile virus is around us!

Sunshine: NA

Golf: All tournaments will start at 8:00 AM. WE NEED TO GET AN ASSISTANT FOR PAUL. Roy Bruk is working with Paul. Anyone else is also welcome.

Thursday Golf: NA Newsletter: NA

Bowling: SIR Bowling League will begin September 3 at McHenry Bowl, Modesto at 1:00 PM.

Merchandising: Dennis said that two vests have arrived. Please pick them up at the next luncheon.

Travel: See information in the newsletter.

Computer: NA

Activities: JEFF WILL NOT BE DOING ACIVITIES AFTER DEC. WE NEED SOMEONE TO TAKE ON THAT TASK.

Phil Reed is doing pickle ball. Dine Out: Couples' Dine Out will be on September 18, 2024 at La Parrilla Restaurant, 3401 Oakdale Road, Modesto at 5:00 PM. Contact Jeff Chin if you would like to attend.

Old Business: NA

New Business: Election results- Big Sir: Juan Salinas, Little Sir Brian Donahue Secretary, Don Rowe, Assistant Secretary Ray Tillery, Treasurer Ted Bracht, Assistant Treasurer, Brian Donahue. Directors: Lance Underwood, Dennis Imhoff, Dave Cooper, Roger Smith, Dick Nelson, and Vic Whaley.

Other: Kerry Newman wanted to thank all those who sent cards or called to see how his wife and he were doing with their surgeries.

Adjournment: 8:17 AM

Respectfully submitted,

Don Rowe

GOLF



All payments for golf must be made by 6:00 PM Wednesday before the Monday Tournament. There will be NO payments at the golf course. Mail all checks to Roger Smith, 3612

Incline Ct., Riverbank, CA 95367-3123. Make all checks to SIRs Golf. Write on the bottom of the check the date of the tournament and the course. All fees, golf and cart fees must be paid with check.

Tue. Sept 3-Dryden, 8:00, \$33 (cart opt. \$20)

Host 144

Mon. Sept 9-Swenson, 8:00, \$49 (cart incl) Host 103A

Mon. Sept 16-Dryden, 8:00, \$33 (cart opt. \$20) Host 103B

Mon. Sept 23-Manteca Year End Tournament,

8:00, \$40 (cart incl)

Mon. Sept 30-Creekside, 8:00, \$35 (cart opt.

\$20) Host 144

Mon. Oct 7-Castle Oaks, 8:00, \$58 (cart incl.)

Host 103A

Mon. Oct 14-Tracy CC, 8:00, \$59 (cart incl.)

Host 103B

Mon. Oct 21-Dryden, 8:00, \$33 (cart opt. \$20)

Host 144

Mon. Oct 28-Manteca, 8:00, \$49 (cart incl.) Host 103A

Mon. Nov 4-Dry Creek, 8:00, \$53 (cart incl.) Host 103B

Mon. Nov 11-Dryden, 8:00, \$33 (cart opt. \$20)

Host 144

Mon. Nov 18-Swenson, 8:00, \$49 (cart incl.)

Host 103A

Mon. Nov 25-Creekside, 8:00, \$35 (cart opt.

\$20) Host 103B

Creekside Golf

Creekside Golf is an activity that was created by Bob Kredit and Don Reed. This is now a SIR sponsored event. This is a weekly event held at Creekside Golf Course on Thursday mornings. Tee times are first come, first serve, and requests must be made by email or message to Bob Kredit at 6:00 pm the prior Wednesday to the golf tee time. You must have a tee time before coming to the course.



League Bowls Tuesdays at 1 p.m. McHenry Bowl, 3700 McHenry Ave., Modesto

The SIR Bowling League is beginning a new season on Tuesday, September 3, 2024. There are 10 teams in the league with representatives from Branches 103, 143, and 144. If you would like to bowl, come down to McHenry Bowl and we will find a team for you.



The Pickleball Activity is be scheduled the first and third Fridays of every month at the courts at Beyer Park at 9:00 am. Please come out and give it a try. There will be experienced players to help introduce you to the game. All the equipment will be provided. All members and their spouses are invited.

Branch 103 General Membership Luncheon

September 25, 2024 10:30 am - 1:00 pm Masonic Temple 800 Rose Ave. Modesto, CA Luncheon Price \$25.00



The September Couples' Dine Out will be on September 18, 2024 at La Parrilla Mexican Restaurant, 3401 Oakdale Rd., Modesto at 5:00 PM. If you would like to attend, please call Jeff Chin at (209) 602-3912 or at jefferygaryc@msn.com.



LADIES' DINE-OUT

The Ladies' Dine-Out will be at Javi's Mexican Restaurant, 1225 Standiford Ave., Modesto on September 26 at 11:30 AM. No reservations required.



The Commemorative Air Force Central California Valley Squadron holds fund-raising meals twice a month. A Second Saturday Pancake Breakfast and a Fourth Saturday Lunch. The breakfast time is 7:30 am to 11:00 am. The lunch time is 11:30 am to 1:00 pm. The cost is \$10 per person for breakfast and \$13 for lunch. No reservations required. The meals are served at the hangar 1-S at 700 Tioga Dr., Modesto. The breakfast will be on September 14, 2024 and the lunch will be on September 28, 2024.



Joe Savage 9/07/1942 82 Yrs. Old Marvin VanMiddendorp 9/21/1955 69 Yrs. Old Manuel Andrade 9/27/1967 57 Yrs. Old

Merchandise

There is a navy blue jacket (XXL) available for purchase at the Merchandise table during the luncheon. It was ordered, but never claimed by anyone.

2024 SIR BRANCH 103 OFFICERS

Big Sir—Paul Bender
Little Sir-Juan Salinas
Secretary-Don Rowe
Assist. Sec.-Ray Tillery
Treasurer-Ted Bracht
Assist. Treas.-Brian Donahue
Director-Dick Nelson
Director-Ray Tillery
Director-Ray Tillery
Director-Roger Smith
Director-Kerry Newman
Director-Dave Cooper
Director-Lance Underwood



Joe Stackhouse had hernia surgery. Our thoughts and prayers are with him in a speedy recovery. Your editor of our monthly SIR's newsletter, Jeff Chin, is going through some serious medical issues dealing with

the possibility of cancer. He is in with diagnosis from several doctors. Our thoughts that they find a rapid cure and all will come out ok.

Health and Safety

By Kerry Newman

Getting vaccinated against COVID-19 has many benefits. <u>According to the Centers for Disease Control and Prevention (CDC)</u>, the COVID-19 vaccines available in the United States are safe and effective at protecting people from getting seriously ill, being hospitalized, and dying. Here are some of the benefits of getting vaccinated against COVID-19:

<u>Prevents serious illness</u>: COVID-19 vaccines are effective at preventing serious illness, hospitalization, and death i.

A safer way to build protection: Getting vaccinated is a safer and more reliable way to build protection than getting sick with COVID-19.

Offers added protection: COVID-19 vaccines can offer added protection to people who had COVID-19, including protection against being hospitalized from a new infection 1.

It's important to note that getting vaccinated not only protects you but also helps protect others around you. By getting vaccinated, you can help reduce the spread of COVID-19 and protect those who can't be vaccinated and those for whom the vaccine is less effective, such as children under 12 and people with certain medical conditions .

Bring a book, take one!

Earl Glenn is using the new book cabinet to display selec-

tions. You are encouraged to bring in your used books and take something back to read.

There are usually some interesting and entertaining books available.

Branch 103 Website

www.sirinc2.org/branch103



ARRANGED BY ALAMO WORLD TRAVEL FOR SIRS AREA 18, BRANCH 143 & FRIENDS



16 NIGHT PANAMA CANAL CRUISE ABOARD THE CORAL PRINCESS

SAILING FROM SAN FRANCISCO TO FT. LAUDERDALE JANUARY 20-FEBRUARY 5, 2025

PORTS OF CALL

Puerto Vallarta, Mexico/ Puerto Quetzal, Guatemala/ Puntarenas, Costa Rica/ Fuerto Amador, Panama/ Full Transit through the historic locks and Cartagena, Columbia

THE CORAL PRINCESS



Add the Princess Plus Package for \$960 per person Includes: Beverage package, WiFi, Crew appreciation, Premium desserts (2 per day), Fitness classes (2 per cruise) and unlimited Juice Bar, 2 Casual Dining meals per guest, Room service delivery

ESCORTED BY JOHN CARDOZA (209) 483-7722 cell







There is a married SIR member from Turlock who wants to go on this cruise and needs someone to share a room. His wife doesn't want to go. If interested, call John Cardoza at (209) 483-7722.

SIR STATE OFFICERS

State Pres. Rich Carlston	925	324-0838
State Vice Pres. Lee Lamp	530	921-1375
Area 18 Rep. Rick Kindle		

SIR BRANCH 103 OFFICERS

SIIN DINAINCII 105 OI	I ICEINS
Big Sir Paul Bender	209 324-1793
Little Sir Juan Salinas	
Secretary Don Rowe	209 634-0100
Asst. Secretary Ray Tillery	209 499-0955
Treasurer Ted Bracht	209 573-1690
Asst. Treas. Brian Donahue	209 988-2748
Dick Nelson	209 701-8108
Dennis Imhoff	209 846-9529
Ray Tillery	209 499-0955
Kerry Newman	209 579-7747
Davé Cooper	209 578-3789
Roger Smith	
Lance Underwood	



COMMITTEE CHAIRMEN

Membership: Dave Cooper	
Assistant:	,
Member Orient.: Juan Salinas 209 605-6762	2
Public Relations: Bob Kredit209 672-0326	6
Bowling: Vern Masse 209 544-1953	,
Bowling: Jeff Chin	<u> </u>
Golf Chair: Roger Smith 209 614-8684	ļ
Golf Co-Chair: Kerry Newman209 579-7747	
Golf Co-Chair: Gerald Hott209 602-2910	
Golf Handicap: Jerry Strain 209 574-9301	
Book Exchange: Earl Glenn 209 537-7254	
Travel Area 18: John Cardoza 209 483-7722	
Merchandise Sales: Dennis Imhoff 209 846-9529	
Lunch Menu: Juan Salinas	
Computer Club: Jeffery Chin 209 602-3912	
Activity Chair	
Sunshine Chair: Gary Del Nero209-681-1100	
54.15 5	

Health & Safety: Kerry Newman...209 579-7747 Chaplain: Joe Stackhouse.........209 543-0972 Asst.Chaplain:Gary Goodman209 578-0848 Meal Tickets: Don Rowe, Roy Bruk Raffle: Roy Bruk, Jim Bickner Table Setup:Don Rowe209 634-0100 Table Setup: Jim Bickner209 522-4345 Lead Singer: Backup Singer: Gary Goodman209 578-0848 Audit Committee: Kerry Newman, Coe Barnard **Nominating Committee:** Ladies Dine Out:Barbara Webb.....209 526-6511

HONORARY LIFE MEMBERS

Bob Kredit

SENIOR HONORARY LIFE MEMBERS

Lon Loudermilk and Don Reed

NEWSLETTER EDITOR

Jeffery Chin jefferygaryc@msn.com602-3912

SIR DISCLAIMER and ATTENDANCE REQUIREMENTS

All trips and other activities arranged by and for SONS IN RETIREMENT, Inc., and its branches are for the convenience and pleasure of the members and their guests who desire to participate. Sons In Retirement, Inc. and its branches do not assume responsibility for the well-being or safety of the passengers, or their property, in any matter pertaining to said tours or other activities. Regular members missing three (3) consecutive meetings shall be notified by Form Letter 4 of their pending membership the number of palacians during a triple and their pending will be considered as a credit to the attendance record. Individual Branches may limit the number of make-ups during a twelve (12) month period.

Stanislaus Branch #103 1613 Poust Rd. Modesto, CA 95358-1084 A Non-Profit Organization



September

2024

Saturday	7	14 CAF Breakfast-Modesto Airport Hangar- 1S	21	28 CAF Lunch-Modesto Air- port Hangar-1S		
Friday	6 Pickleball-Beyer Park, Modesto	13	20 Pickleball-Beyer Park, Modesto	27 BEC Meeting		
Thursday	5 Creekside Golf	Creekside Golf	19 Creekside Golf	26 Creekside Golf Ladies Luncheon-Javi's Mexican Restaurant		
Wednesday	4	11	18 Couples' Dine Out-La Parrilla Mexican Res- taurant	25 General Membership Luncheon		
Tuesday	3 SIR Golf-Dryden	10	17	24		
Monday	2	9 SIR Golf-Swenson	16 SIR Golf-Dryden	23 SIR Golf-Manteca YET	30 SIR Golf-Creekside	
Sunday	н	ω	15	22	29	