

Volume 41, Number 7

The Monthly Newsletter for SIR Branch 103

July 2024



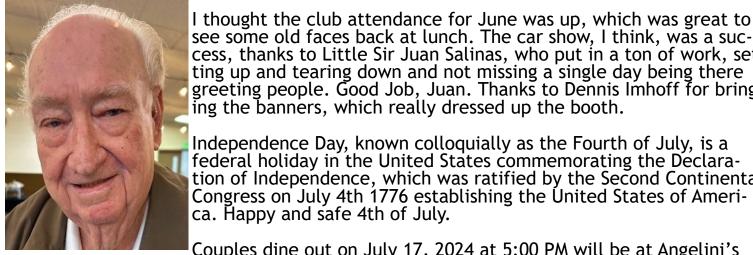
Modesto SIR Branch 103

DEDICATED to the PROMOTION of INDEPENDENCE and DIGNITY for MEN

Branch 103 Website: www.sirinc2.org/branch103

INCORPORATED

Big Sir Crows By Paul Bender



see some old faces back at lunch. The car show, I think, was a success, thanks to Little Sir Juan Salinas, who put in a ton of work, setting up and tearing down and not missing a single day being there greeting people. Good Job, Juan. Thanks to Dennis Imhoff for bringing the banners, which really dressed up the booth.

Independence Day, known colloquially as the Fourth of July, is a federal holiday in the United States commemorating the Declaration of Independence, which was ratified by the Second Continental Congress on July 4th 1776 establishing the United States of America. Happy and safe 4th of July.

Big Sir Paul Bender

Couples dine out on July 17, 2024 at 5:00 PM will be at Angelini's Italian Restaurant, 2251 Geer Road, Turlock. Hosting will be Don Rowe. Please contact him, so that he can have a count for the restaurant at phone (209) 634-0100 or email roweski@hotmail.com.

Our speaker for July will be Don Rowe on Salmon projects, which Don has been involved with for a long time.

Nominees for Branch 103 Officers and Board

These are the nominees for 2025 Branch 103 Officers: Big Sir: Juan Salinas, Little Sir: Brian Donahue, Secretary: Don Rowe, Assistant Secretary: Ray Tillery, Treasurer: Ted Bracht, Assistant Treasurer: Brian Donahue. Nominees for Directors: Lance Underwood, Dennis Imhoff, Dave Cooper, Roger Smith, Dick Nelson, Vic Whaley, and Randy Broughton

SIR Branch 103 BEC June Minutes

By Secretary Don Rowe (First Draft)

Attending: Big SIR Paul Bender, Little Sir Juan Salinas, Secretary Don Rowe, Assistant Secretary Ray Tillery, Treasurer Ted Bracht, Assistant Treasurer, Brian Donahue, Directors: Dave Cooper, Kerry Newman, Dennis Imhoff, Dick Nelson, Roger Smith, and Lance Underwood.

Absent: Jeff Chin, (newsletter) Tom Evans, (programs) John Cardoza (travel) Committee Representatives present: Bob Kredit, Thursday golf, Roger Smith, golf, Gary DelNero, sunshine

Guests:

Call to Order: Big SIR Paul Bender, called the meeting to order at 7:27 A.M. at Denny's Restaurant. All Executive Board members present for a quorum.

Reports: May 2 Minutes was offered for modification. Motion to accept with modifications: Rowe, 2nd

Tillery- PASSED UNANIMOUSLY.

Big SÍR: 1 Paul and Juan started a discussion about the State SIR Zoom meeting last Wednesday. The Acting President suggested that SIR change its logo. He also suggested changing Big Sir and Little Sir to President and Vice President. He also encouraged recruiting new members who are younger and still working, and they would not have to go to luncheons. Also, he suggested recruiting women to join. He also wants to change Branches to Charters. Reactions to these suggestions were talked about the cost of changing the logo. Some didn't mind the change in the top two officers. Another reaction was that is hoped that these suggestions remain suggestions, and that each Branch Board will determine whether to implement them.

2. Paul congratulated Juan for organizing a table at the Graffiti Car Show with Roger Smith, Paul Bend-

er, and Dave Cooper. They handed out brochures and some applications.

Little SIR: (see above)

Treasurer: Ted Bracht reported that the June 26 report showed the Beginning balance- \$3,574.32. Receipts: luncheon proceeds less contribution portion-\$1,260.00, Raffle-\$33.00 and Dues, \$25.00. Total receipts-\$1,318.00. Checks written- Margarito's Catering, \$1,277.16, \$179.50 to Dennis Inhoff for merchandise and banner cleaning. Total deductions \$1,456.66. Ending balance is \$3,433.66. Motion to accept: Bracht- 2nd Donahue-PASSED UNANIMOUSLY.

Membership: 1. Dave Cooper reported That we have 95 members. He also said that Brian Café applied for reinstatement. Motion: Accept Brian Café as a reinstated member-Cooper, 2nd Rowe- PASSED

UNANIMOUSLY. This would make membership 96.

Luncheon: Most thought it was good \$5.00 FOR THOSE WHO DO NOT EACH LUNCH.

Correspondence: NA Program: NA

Health and Safety: NA

Sunshine: Gary reported that Coe Barnard was at our luncheon, as well as Chuck Bommarito and Jerry North. WELCOME BACK!!

Golf: All tournament will start at 8:00.

WE NEED TO GET AN ASSISTANT FOR PAUL. Roy Bruk is working with Paul. Anyone else is also welcome.

Thursday Golf: NA Newsletter: NA Bowling: NA

Merchandising: Dennis said that getting merchandise has been a slow process

Travel: NA Computer: NA

Activities: JEFF WILL NOT BE DOING ACIVITIES AFTER DEC. WE NEED SOMEONE TO TAKE ON THAT TASK.

Phil Reed is doing pickle ball.

Couples Dine Out: Don Rowe is inviting everyone to Angelini's 2251 Geer Rd. on July 17. Contact Dine Rowe-209-634-0100 or roweski@com

Old Business: Nominations for Officers and Directors have been received.

Big Sir: Juan Salinas, Little Sir Brian Donahue Secretary, Don Rowe, Assistant Secretary Ray Tillery, Treasurer Ted Bracht, Assistant Treasurer, Brian Donahue. Directors: Lance Underwood, Dennis Imhoff, Dave Cooper, Roger Smith, Dick Nelson, Vic Whaley, and Randy Broughton.

More nominations can still be added at the next luncheon or by contacting Dick Nelson.

New Business: NA

Other: 1. Brian Donahue suggested that we look into the "Neighbors Program". Bob Kredit asked if we have any members 90 years old or older who should receive Senior Awards.

Adjournment: 8:20 AM Respectfully submitted,

Don Rowe



Branch 103 has 96 members. A member will be chosen to tell all about themselves. Dick Nelson will interview members each month. The member who Dick interviewed is Randy Broughton.

Randy is a Valley boy, born in Modesto at City Hospital. His Dad had a small dairy on Texas Avenue. Upon the death of his grandmother, they moved to her large house in Modesto, on Downey Avenue and went to Lincoln Elementary. Randy and a sister were in the last class to graduate from Lincoln. Later, he attended Modesto High. He was the center on the football team, as well as participating in FFA, achieving the highest honor of American Farmer Degree. Randy went to MJC, Cal Poly, and Fresno State with a major in Ag Mechanics.

Randy was an Ag Teacher at Turlock High for three years. He later worked for a family dairy in Salida and raised corn and hay. With the sale of the dairy in 2007, Randy went to work for West Side Hullers in Westley. "We went from processing 9 million pounds to 34 million pounds of almonds. I also supervised the building of a second huller."

"I worked for, Jack Rabbit, a Ripon company which built a self-propelled machine to chip brush and orchard trimmings. I ran five machines from Bakersfield to Chico. We'd haul the chips to co-generation plants to burn for electricity."

Randy has been married to his wife, Cindy, since 1973. They have three kids. Their son, Keith, lives in New York, and is an actor who has been in numerous off-Broadway productions, as well as working for Morgan Stanley. They also have two daughters, Heather and Melissa, with five grand kids, one of whom is active on the junior rodeo circuit.

A charter member of the Salida Rotary since 2000, Randy recently joined Sirs two years ago with some of his friends. "I've earned the name Sand Bagger by some of my esteemed colleagues." (Editorial note: He has been very high on the money list.) "I have really enjoyed playing golf with my fellow Sirs. I look forward to playing every week."

This year Randy was nominated as a Director of Branch 103.

GOLF



All payments for golf must be made by 6:00 PM Wednesday before the Monday Tournament. There will be NO payments at the golf course. Mail all checks to Roger Smith, 3612

Incline Ct., Riverbank, CA 95367-3123. Make all checks to SIRs Golf. Write on the bottom of the check the date of the tournament and the course. All fees, golf and cart fees must be paid with check.

Mon. July 8-Castle Oaks, 8:00, \$58 (cart incl) Host 103Å

Mon. July 15-Creekside, 8:00, \$34 (cart opt. \$20)

Host 103B

Mon. July 22-Swenson, 8:00, \$49 (cart incl) Host

Mon. July 29-Elkhorn, 8:00, \$53 (cart incl) Host

Mon. Aug 5-Manteca, 8:00, \$49 (cart incl) Host 103B

Mon. Aug 12-Dryden, 8:00, \$32 (cart opt. \$20)

Host 144

Mon. Aug 19-Atwater, 8:00, \$54 (cart incl) Host 103A

Mon. Aug 26-Creekside, 8:00, \$34 (cart opt. \$20)

Host 103B

Tue. Sept 3-Dryden, 8:00, \$33 (cart opt. \$20)

Host 144

Mon. Sept 9-Swenson, 8:00, \$49 (cart incl) Host 103A

Mon. Sept 16-Dryden, 8:00, \$33 (cart opt. \$20)

Host 103B Mon. Sept 23-Manteca Year End Tournament,

8:00, \$40 (cart incl) **Mon. Sept 30-Creekside**, 8:00, \$35 (cart opt. \$20)

Host 144

Creekside Golf

Creekside Golf is an activity that was created by Bob Kredit and Don Reed. This is **now** a SIR sponsored event. This is a weekly event held at Creekside Golf Course on Thursday mornings. Tee times are first come, first serve, and requests must be made by email or message to Bob Kredit at 6:00 pm the prior Wednesday to the golf tee time. You must have a tee time before coming to the course.

Bowling

League Bowls Tuesdays at 1 p.m.

McHenry Bowl, 3700 McHenry Ave., Modesto

The SIR Bowling League is taking a break during the summer. There are summer leagues available if you would like to bowl. Contact McHenry Bowl for times. The SIR Bowling League will begin after Labor Day in September.





The Pickleball Activity is be scheduled the first and third Fridays of every month at the courts at Beyer Park at 9:00 am. Please come out and give it a try. There will be experienced players to help introduce you to the game. All the equipment will be provided. All members and their spouses are invited.

Branch 103 General Membership Luncheon

July 24, 2024 10:30 am - 1:00 pm Masonic Temple 800 Rose Ave. Modesto, CA Luncheon Price \$25.00

Couples Dine Out

The July Couples Dine Out will be on July 17, 2024 at Angelini's Italian Restaurant at 5:00 PM. If you would like to attend, please call Don Rowe at (209) 634-0100 or at roweski@hotmail.com.



Clark Pearson	7/07/1944	80 Yrs. Old
Oscar Cherry	7/09/1934	90 Yrs. Old
Max Stowers	7/14/1939	85 Yrs. Old
Rey Cabusas	7/16/1945	79 Yrs. Old
Dennis Imhoff	7/17/1944	80 Yrs. Old
Randy Broughton	7/17/1952	72 Yrs. Old
Jeff Chin	7/24/1953	71 Yrs. Old
Brian Donahue	7/24/1957	67 Yrs. Old
Leo Havener	7/26/1937	87 Yrs. Old



LADIES' DINE-OUT

The Ladies' Dine-Out will be at Sizzler, 3416 Dale Rd. Modesto on July 25 at 11:30 AM. No reservations required.



The Commemorative Air Force Central California Valley Squadron holds fund-raising meals twice a month. A Second Saturday Pancake Breakfast and a Fourth Saturday Lunch. The breakfast time is 7:30 am to 11:00 am. The lunch time is 11:30 am to 1:00 pm. The cost is \$10 per person for breakfast and \$13 for lunch. No reservations required. The meals are served at the hangar 1-S at 700 Tioga Dr., Modesto. The breakfast will be on July 13, 2024 and the lunch will be on July 27, 2024.

2024 SIR BRANCH 103 OFFICERS

Big Sir—Paul Bender
Little Sir-Juan Salinas
Secretary-Don Rowe
Assist. Sec.-Ray Tillery
Treasurer-Ted Bracht
Assist. Treas.-Brian Donahue
Director-Dick Nelson
Director-Ray Tillery
Director-Ray Tillery
Director-Roger Smith
Director-Kerry Newman
Director-Dave Cooper
Director-Lance Underwood



Sunshine report: Three notables at our luncheon: Jerry North was in attendance, he is doing better. I talked with him extensively on Thursday at our golf. He said going through treatment for two years

now can get into golfing etc. Great to have him back. Chuck Bommarito, also in attendance and is fighting some cancer. He said just came from radiation treatment, so our thoughts and prayers are with him. And last, Coe Barnard has had some heart issues. When I gave my glad report, he was in the house, and we gave him a warm applause and acceptance he was here. A fitting tribute to him. Gary Del Nero Sunshine 103

Health and Safety

By Kerry Newman

Getting vaccinated against COVID-19 has many benefits. According to the Centers for Disease Control and Prevention (CDC), the COVID-19 vaccines available in the United States are safe and effective at protecting people from getting seriously ill, being hospitalized, and dying. Here are some of the benefits of getting vaccinated against COVID-19:

Prevents serious illness: COVID-19 vaccines are effective at preventing serious illness, hospitalization, and death 1.

A safer way to build protection: Getting vaccinated is a safer and more reliable way to build protection than getting sick with COVID-19 1.

Offers added protection: COVID-19 vaccines can offer added protection to people who had COVID-19, including protection against being hospitalized from a new infection.

It's important to note that getting vaccinated not only protects you but also helps protect others around you. By getting vaccinated, you can help reduce the spread of COVID-19 and protect those who can't be vaccinated and those for whom the vaccine is less effective, such as children under 12 and people with certain medical conditions.

Bring a book, take one!

Earl Glenn is using the new book cabinet to display selec-

tions. You are encouraged to bring in your used books and take something back to

There are usually some interesting and entertaining books available.

Branch 103 Website

www.sirinc2.org/branch103



ARRANGED BY ALAMO WORLD TRAVEL FOR SIRS AREA 18, BRANCH 143 & FRIENDS



16 NIGHT PANAMA CANAL CRUISE ABOARD THE CORAL PRINCESS

SAILING FROM SAN FRANCISCO TO FT. LAUDERDALE JANUARY 20-FEBRUARY 5, 2025

PORTS OF CALL

Puerto Vallarta, Mexico/ Puerto Quetzal, Guatemala/ Puntarenas, Costa Rica/ Fuerto Amador, Panama/ Full Transit through the historic locks and Cartagena, Columbia

THE CORAL PRINCESS



Add the Princess Plus Package for \$960 per person Includes: Beverage package, WiFi, Crew appreciation, Premium desserts (2 per day), Fitness classes (2 per cruise) and unlimited Juice Bar, 2 Casual Dining meals per guest, Room service delivery

ESCORTED BY JOHN CARDOZA (209) 483-7722 cell







There is a married SIR member from Turlock who wants to go on this cruise and needs someone to share a room. His wife doesn't want to go. If interested, call John Cardoza at (209) 483-7722.

SIR STATE OFFICERS

State Pres. Dale Decker	209	573-0833
State Vice Pres. Lee Lamp	530	921-1375
Area 18 Rep. Rick Kindle		

SIR BRANCH 103 OFFICERS

SIIL DIVALLELL 103 OI	I ICLIND
Big Sir Paul Bender	209 324-1793
Little Sir Juan Salinas	
Secretary Don Rowe	209 634-0100
Asst. Secretary Ray Tillery	209 499-0955
Treasurer Ted Bracht	
Asst. Treas. Brian Donahue	
Dick Nelson	
Dennis Imhoff	
Ray Tillery	
Kerry Newman	209 579-7747
Dave Cooper	209 578-3789
Roger Smith	209 614-8684
Lance Underwood	



COMMITTEE CHAIRMEN

Membership: Dave Cooper 209 578-3789 Assistant
Program Chair: Tom Evans 209 551-1836 Assistant:
Member Orient.: Juan Salinas 209 605-6762
Public Relations: Bob Kredit209 672-0326
Bowling: Vern Masse
Bowling: Jeff Chin
Golf Chair: Roger Smith
Golf Co-Chair: Kerry Newman209 579-7747
Golf Co-Chair: Gerald Hott209 602-2910
Golf Handicap: Jerry Strain 209 574-9301
Book Exchange: Earl Glenn
Travel Area 18: John Cardoza209 483-7722
Merchandise Sales: Dennis Imhoff 209 846-9529
Lunch Menu: Juan Salinas
Computer Club: Jeffery Chin 209 602-3912
Activity Chair
Sunshine Chair: Gary Del Nero209-681-1100

Health & Safety: Kerry Newman...209 579-7747 Chaplain: Joe Stackhouse.........209 543-0972 Asst.Chaplain:Gary Goodman209 578-0848 Meal Tickets: Don Rowe, Roy Bruk Raffle: Roy Bruk, Jim Bickner Table Setup:Don Rowe209 634-0100 Table Setup: Jim Bickner209 522-4345 Lead Singer: Backup Singer: Gary Goodman209 578-0848 Audit Committee: Kerry Newman, Coe Barnard **Nominating Committee:** Ladies Dine Out:Barbara Webb.....209 526-6511

HONORARY LIFE MEMBERS

Bob Kredit

SENIOR HONORARY LIFE MEMBERS

Lon Loudermilk and Don Reed

NEWSLETTER EDITOR

Jeffery Chin jefferygaryc@msn.com602-3912

SIR DISCLAIMER and ATTENDANCE REQUIREMENTS

All trips and other activities arranged by and for SONS IN RETIREMENT, Inc., and its branches are for the convenience and pleasure of the members and their guests who desire to participate. Sons In Retirement, Inc. and its branches do not assume responsibility for the well-being or safety of the passengers, or their property, in any matter pertaining to said tours or other activities. Regular members missing three (3) consecutive meetings shall be notified by Form Letter 4 of their pending membership the number of pales and disident pending the property of pales and disident pending the property of pales and disident pending the numbers of pales and disident pending the property of pales and disident pending the property of pales and disident pending the passengle participation of pales and disident pending the passengle participation of pales and pales and pales and pales and pales and pales are pales and pales and pales are pales and pales and pales are pales are pales and pales are pales and pales are pales and pales are pales and pales are pales are pales are pales and pales are pales are pales and pales are pales and pales are pales are pales are pales are pales are pales and pales are pa record. Individual Branches may limit the number of make-ups during a twelve (12) month period.

Stanislaus Branch #103 1613 Poust Rd. Modesto, CA 95358-1084 A Non-Profit Organization



July

Saturday	9	13 CAF Breakfast-Modesto Airport Hangar- 1S	20	27 CAF Lunch-Modesto Air- port Hangar-1S		
Friday	5 Pickleball-Beyer Park, Modesto	12	19 Pickleball-Beyer Park, Modesto	26 BEC Meeting		
Thursday	4	Creekside Golf	18 Creekside Golf	25 Creekside Golf Ladies Luncheon- Sizzler Restaurant		
Wednesday	m .	10	Couples' Dine Out- Angelini's Italian Res- taurant	24 General Membership Luncheon	31	
Tuesday	7	6	16	23	30	
Monday	SIR Golf-Dryden	8 SIR Golf-Castle Oaks	15 SIR Golf-Creekside	SIR Golf-Swenson	29 SIR Golf-Elkhorn	
Sunday		7	14	21	28	