

Volume 41, Number 6

The Monthly Newsletter for SIR Branch 103

Big Sir Crows By Paul Bender

June 2024



INCORPORATED



Hope everyone had a great Holiday weekend, now we start June Graduations and how could we forget American Graffiti Car shows and parade. Branch 103, thanks to Little Sir Juan Salinas, will be having a booth at the car show on MJC West Campus trying to let people know what Sirs is all about and try to get some new members June 7th - 9th.

Branch 103 Website: www.sirinc2.org/branch103

Modesto SIR Branch 103

DEDICATED to the PROMOTION of INDEPENDENCE and DIGNITY for MEN

June 14th is Flag Day. The first national Flag Day was celebrated on June 14th, 1916, following a proclamation by President Woodrow Wilson. It also led to a celebration the following year, but national celebrations were sporadic. In 1949, President Harry Truman signed a bill into law making Flag Day an official annual national observance.

It was great to see some old faces at our May luncheon and hope to see more in June

Our speaker for June is going to be John Cardoza on travel. It should be interesting.

Couples' Dine Out is going to be at B J's at the mall on June 19th. Please contact Juan Salinas as soon as possible, so that he can give them a count. (209) 605-6762 or Juangolfnut@yahoo.com.

We are still looking for ideas to make our club more enjoyable so if you have any suggestions please let us know. We are trying to make it fun to attend meetings and enjoy the activities that we have, including bowling, golf, couples dine out and the ladies luncheon.

SIR Branch 103 BEC May Minutes

By Secretary Don Rowe (First Draft)

Attending: Big SIR Paul Bender, Little Sir Juan Salinas, Secretary Don Rowe, Assistant Secretary Ray Tillery, Treasurer Ted Bracht, Assistant Treasurer, Brian Donahue, Directors: Dave Cooper, Kerry Newman, Dennis Imhoff, Dick Nelson, and Lance Underwood.

Absent: Coe Barnard, Roger Smith, and Jeff Chin, (newsletter) Tom Evans, (programs) John Cardoza (travel) Bob Kredit, Thursday golf

Committee Representatives present:

Guests:

Call to Order: Big SIR Paul Bender, called the meeting to order at 7:30 A.M. at Denny's. There were 11 Executive Board members present for a quorum.

Reports: April 26 Minutes was offered for modification. Motion to accept with modifications: Tillery, 2nd Rowe- PASSED UNANIMOUSLY.

Big SIR: 1. Had more people attend luncheon. 2. Area 18 meeting- all branches are having problems with Luncheon attendance. 3. Nominating committee needs to recruit members for officers and directors.

Little SIR: 1. Juan also attended the Area 18 meeting. He said that some of the suggestions were taking out ads, using stamps that have a bar code with Branch's information. We could also make videos for recruiting.

Treasurer: Ted Bracht reported that the May 22 report showed the Beginning balance- \$3,512.26. Re-

ceipts: luncheon proceeds less contribution portion- \$1,220.00, Raffle- \$44.00. Total receipts-\$1,264.00. Checks written- Margarito's Catering, \$1,202.04. Total deductions \$1,202.04. Ending bal-ance is \$3,574.32. Motion to accept: Bracht- 2nd Donahough-PASSED UNANIMOUSLY.

Membership: 1. Dave Cooper reported we have several members participating in activities, golf and bowling, that do not go to our monthly luncheon meeting. A discussion was begun about what to do to encourage them to attend. The Board went through the list and decided to drop several who are either gone or have other needs. As a result, we dropped to 98 members.

Motion: The 6 members on the list will receive a letter asking them to attend at least 6 luncheons each year, per State SIR rules. If they don't, they will be dropped from our Branch. They will be unable to participate in our activities. Cooper 2nd Bracht- PASSED UNANIMOUSLY

Luncheon: Ran out of raviolis, but otherwise, pretty good. \$5.00 FOR THOSE WHO DO NOT EACH LUNCH.

Correspondence: The State SIR is considering changes in the membership rules.

Program: NA

Health and Safety: NA

Sunshine: Gary reported that Coe Barnard is still dealing with Shingles and cancer.

Golf: All tournament will start at 8:00 AM.

WE NEED TO GET AN ASSISTANT FOR PAUL. Coe Barnard is working with Paul. Anyone else is also welcome.

Thursday Golf: NA

Newsletter: NA

Bowling: NA

Merchandising: Dennis is looking for vendors for our SIR pins.

Travel: Cruises are listed in Newsletter.

Computer: NA

Activities: We need someone to become Activities Chairman. Please contact Paul if you would like to volunteer. Phil Reed is doing pickle ball.

Couples Dine Out: Dine will be announced. Juan is talking to BJ'S. Contact Juan Salinas-209-605-6762 or Juangolfnuts@yahoo.com.

Old Business:

New Business:

Other:

Adjournment: 8:20 AM Respectfully submitted,

Don Rowe

ALL ABOUT ME

Branch 103 has 98 members. A member will be chosen to tell all about themselves. Dick Nelson will interview members each month. The member who Dick interviewed is Dave Cooper.

Dave Cooper was the middle child in a family of six. His Dad was a pharmacist who worked hard to support his family. Dave's Mom died when he was six. Dave helped his father at the pharmacy. He did not have time for a lot of things. However he did play the trumpet in high school. He had a favorite aunt who helped develop his love of music. In summers he would go to church choir camps. His older brother and sister moved to California to go to school and get their Ph.Ds and encouraged Dave to finish high school in the Bay Area. Dave went to Oakland Tech which was an excellent school, as well as a cultural eye opener, which was much more diverse than Abilene, Texas.

After graduation from high school, he went back to Abilene to help his Dad, working several shifts a day driving a delivery truck, in order to get money to go to college. He returned to California and enrolled at San Francisco State majoring in biology. (San Francisco State was headed by S.I. Hayakawa during a time of tremendous campus unrest. We might have to prod Mr. Cooper bit further for some of his campus memories.)

Dave was drafted in 1964 and readily adapted to Army Life. He was called into his commander's office and given a choice of Old Guard in Washington D.C., which handled many ceremonial functions, including guarding the Tomb of the Unknown Soldier, or going to Germany with the Third Infantry Division. Dave went to Germany and in an unusual twist of fate, tried out and was accepted into the Division Glee Club which did concerts all over Germany and Europe. Dave toured his whole stint in Germany. "I went all over the Europe to military installations. We were supposed to have a tour with the Red Army Glee Club which was canceled. We had a month off in the summer. I read Rise and Fall of the Third Reich and I would go to the some of the towns mentioned in the book."

I was stationed in Wurzburg. One day, a young man drowned at one of the public pools. He was pulled out of the pool, no one knew how to give CPR. I gave him CPR for very long time and eventually he came to. I followed up on him at the hospital and met a young German nurse whom I started to date. She invited me over to her home for lunch one day and warned about her father. He was tall, blond, blue eyed, very stiff. He had been a former SS Officer. He would not make eye contact the whole time during lunch.

I graduated from San Francisco State and got my credential in 1971. Jobs at that time were hard to find. I was hired by Jim Enochs to teach Jr. High at Mark Twain. I was the Assistant Principal at Beyer for six years and Principal at Modesto High from 1989-1999. I retired in 2006 from the District Office.

Dave has been a participant with the Modesto Performing Arts in over 15 productions. His favorites were My Fair Lady, Music Man, and Oklahoma . Since retiring, he has been a Hospice Visitor. He is a member of the First Five Commission . This group is tasked with the distribution of money from the state tobacco tax which comes back to Modesto designated for programs which support kids 0-5 years old.

Dave met his wife, Suzanne, while working at Beyer High school, and she was the president of the PTA. They have two children, Aimee, a retired high school teacher, and Stefan, who lives in Norway and is professional musician.



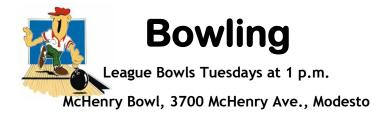
All payments for golf must be made by 6:00 PM Wednesday before the Monday Tournament. There will be NO payments at the golf course. Mail all checks to Roger Smith, 3612

Incline Ct., Riverbank, CA 95367-3123. Make all checks to SIRs Golf. Write on the bottom of the check the date of the tournament and the course. All fees, golf and cart fees must be paid with check.

Mon. June 3-Elkhorn, 8:00, \$53 (cart incl) Host 144 Mon. June 10-Creekside, 8:00,\$34 (cart opt. \$20) Host 144 Mon. June 17-Manteca, 8:00, \$49 (cart incl) Host 103A Mon. June 24-Dry Creek, 8:00, \$53 (cart incl) Host 103B Mon. July 1-Dryden, 8:00, \$32 (cart opt. \$20) Host 144 Mon. July 8-Castle Oaks, 8:00, \$58 (cart incl) Host 103Å Mon. July 15-Creekside, 8:00, \$34 (cart opt. \$20) Host 103B Mon. July 22-Swenson, 8:00, \$49 (cart incl) Host 144 Mon. July 29-Elkhorn, 8:00, \$53 (cart incl) Host 103A Mon. Aug 5-Manteca, 8:00, \$49 (cart incl) Host 103B Mon. Aug 12-Dryden, 8:00, \$32 (cart opt. \$20) Host 144 Mon. Aug 19-Atwater, 8:00, \$54 (cart incl) Host 103A Mon. Aug 26-Creekside, 8:00, \$34 (cart opt. \$20) Host 103B

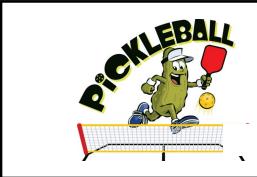
Creekside Golf

Creekside Golf is an activity that was created by Bob Kredit and Don Reed. This is **now** a SIR sponsored event. This is a weekly event held at Creekside Golf Course on Thursday mornings. Tee times are first come, first serve, and requests must be made by email or message to Bob Kredit at 6:00 pm the prior Wednesday to the golf tee time. You must have a tee time before coming to the course.



The SIR Bowling League is taking a break during the summer. There are summer leagues available if you would like to bowl. Contact McHenry Bowl for times. The SIR Bowling League will begin after Labor Day in September.





The Pickleball Activity is be scheduled the first and third Fridays of every month at the courts at Beyer Park at 9:00 am. Please come out and give it a try. There will be experienced players to help introduce you to the game. All the equipment will be provided. All members and their spouses are invited.

Branch 103 General Membership Luncheon

June 26, 2024 10:30 am - 1:00 pm Masonic Temple 800 Rose Ave. Modesto, CA Luncheon Price \$25.00

Couples Dine Out

The April Couples Dine Out will be on June 19, 2024 at BJ's Restaurant and Brewhouse, 3401 Dale Rd., Modesto at 5:00 PM. If you would like to attend, please call Juan Salinas at (209)605-6762 or at juangolfnut@yahoo.com.



LADIES' DINE-OUT

The Ladies' Dine-Out will be at Dynasty Restaurant, 3500 Coffee Rd., Modesto on June 27 at 11:30 AM. No reservations required.



COMMEMORATIVE AIR FORCE

The Commemorative Air Force Central California Valley Squadron holds fund-raising meals twice a month. A Second Saturday Pancake Breakfast and a Fourth Saturday Lunch. The breakfast time is 7:30 am to 11:00 am. The lunch time is 11:30 am to 1:00 pm. The cost is \$10 per person for breakfast and \$13 for lunch. No reservations required. The meals are served at the hangar 1-S at 700 Tioga Dr., Modesto. The breakfast will be on June 8, 2024 and the lunch will be on June 22, 2024.



Todd Brandt	6/01/1966	58 Yrs. Old
Don Stevenson	6/02/1950	74 Yrs. Old
Gary Coonce	6/11/1965	59 Yrs. Old
Martin Oertwig	6/15/1946	78 Yrs. Old
William Dague	6/18/1940	84 Yrs. Old
Claude Ham	6/19/1940	84 Yrs. Old
Ken Lindsay	6/22/1960	64 Yrs. Old
Dick Nelson	6/23/1947	77 Yrs. Old
Vic Whaley	6/29/1953	71 Yrs. Old

2024 SIR BRANCH 103 OFFICERS

Big Sir—Paul Bender Little Sir-Juan Salinas Secretary-Don Rowe Assist. Sec.-Ray Tillery Treasurer-Ted Bracht Assist. Treas.-Brian Donahue Director-Dick Nelson Director-Ray Tillery Director-Ray Tillery Director-Roger Smith Director-Kerry Newman Director-Dave Cooper Director-Lance Underwood

Sunshine By Gary Del Nero

Sunshine report: Coe Bernard is going through treatments, I believe, from a tumor. Our thoughts and prayers are with him during his treatments, Jim Bickner's wife has had shoulder surgery and is on the mend. Our thoughts are with her and Jim in the recovery. Gary Del Nero Sunshine 103

Health and Safety

By Kerry Newman

Getting vaccinated against COVID-19 has many benefits. <u>According to the Centers for Disease Con-</u> <u>trol and Prevention (CDC)</u>, the COVID-19 vaccines available in the United States are safe and effec-<u>tive at protecting people from getting seriously ill, being hospitalized, and dying</u>. Here are some of the benefits of getting vaccinated against COVID-19:

<u>Prevents serious illness:</u> COVID-19 vaccines are effective at preventing serious illness, hospitalization, and death ¹.

<u>A safer way to build protection: Getting vaccinated is a safer and more reliable way to build pro-</u> tection than getting sick with COVID-19¹.

Offers added protection: COVID-19 vaccines can offer added protection to people who had COVID-19, including protection against being hospitalized from a new infection ¹.

It's important to note that getting vaccinated not only protects you but also helps protect others around you. By getting vaccinated, you can help reduce the spread of COVID-19 and protect those who can't be vaccinated and those for whom the vaccine is less effective, such as children under 12 and people with certain medical conditions.



Bring a book, take one!

Earl Glenn is using the new book cabinet to display selections. You are encouraged to bring in your used books and take something back to read.

There are usually some interesting and entertaining books available.

Branch 103 Website

www.sirinc2.org/branch103



ARRANGED BY ALAMO WORLD TRAVEL FOR SIRS AREA 18, BRANCH 143 & FRIENDS



16 NIGHT PANAMA CANAL CRUISE ABOARD THE CORAL PRINCESS

SAILING FROM SAN FRANCISCO TO FT. LAUDERDALE JANUARY 20-FEBRUARY 5, 2025

PORTS OF CALL

Puerto Vallarta, Mexico/ Puerto Quetzal, Guatemala/ Puntarenas, Costa Rica/ Fuerto Amador, Panama/ Full Transit through the historic locks and Cartagena, Columbia

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Add the Princess Plus Package for \$960 per person Includes: Beverage package, WiFi, Crew appreciation, Premium desserts (2 per day), Fitness classes (2 per cruise) and unlimited Juice Bar, 2 Casual Dining meals per guest, Room service delivery

ESCORTED BY JOHN CARDOZA (209) 483-7722 cell



Call John Cardoza for more information

(209) 483-7722

SIR STATE OFFICERS

State Pres. Dale Decker	209 573-0833
State Vice Pres. Lee Lamp	530 921-1375
Area 18 Rep. Rick Kindle	209 652-8608

SIR BRANCH 103 OFFICERS

Big Sir Paul Bender	209 324-1793
Little Sir Juan Salinas	209 605-6762
Secretary Don Rowe	209 634-0100
Asst. Secretary Ray Tillery	209 499-0955
Treasurer Ted Bracht	209 573-1690
Asst. Treas. Brian Donahue	209 988-2748
Dick Nelson	
Dennis Imhoff	
Ray Tillery	
Kerry Newman	209 579-7747
Dave Cooper	
Roger Smith	209 614-8684
Lance Underwood	209 681-6989



COMMITTEE CHAIRMEN

Membership:Dave Cooper	
Program Chair:Tom Evans	209 551-1836
Assistant:	
Member Orient.:Dick Nelson	
Public Relations: Bob Kredit	
Bowling:Vern Masse	209 544-1953
Bowling: Jeff Chin	209 602-3912
Golf Chair:Roger Smith	. 209 614-8684
Golf Co-Chair: Kerry Newman	
Golf Co-Chair:Gerald Hott	
Golf Handicap: Jerry Strain	
Book Exchange:Earl Glenn	
Travel Area18: John Cardoza	
Merchandise Sales: Dennis Imhoff	
Lunch Menu:Richard Nelson	
Computer Club: Jeffery Chin	
Activity Chair	
Sunshine Chair:Gary Del Nero	209-681-1100

Health & Safety:Kerry Newman...209 579-7747 Chaplain: Joe Stackhouse......209 543-0972 Asst.Chaplain:Gary Goodman209 578-0848 Meal Tickets: Don Rowe, Roy Bruk Raffle: Roy Bruk, Jim Bickner Table Setup:Don Rowe209 634-0100 Table Setup: Jim Bickner209 522-4345 Lead Singer: Backup Singer: Gary Goodman209 578-0848 Audit Committee: Kerry Newman, Coe Barnard Nominating Committee: Ladies Dine Out:Barbara Webb.....209 526-6511

HONORARY LIFE MEMBERS

Bob Kredit

SENIOR HONORARY LIFE MEMBERS

Lon Loudermilk and Don Reed

NEWSLETTER EDITOR

SIR DISCLAIMER and ATTENDANCE REQUIREMENTS All trips and other activities arranged by and for SONS IN RETIREMENT, Inc., and its branches are for the convenience and pleasure of the members and their guests who desire to participate. Sons In Retirement, Inc. and its branches do not assume responsibility for the well-being or safety of the passengers, or their property, in any matter pertaining to said tours or other activities. Regular members missing three (3) consecutive meetings shall be notified by Form Letter 4 of their pending membership termination. Certification of attendance at another Branch meeting will be considered as a credit to the attendance record. Individual Branches may limit the number of make-ups during a twelve (12) month period.

Stanislaus Branch #103 1613 Poust Rd. Modesto, CA 95358-1084 A Non-Profit Organization

INCORPORATED







Saturday	H	8 CAF Breakfast-Modesto Airport Hangar- 1S	15	22 CAF Lunch-Modesto Airport Hangar-1S	29	
Friday		7 Pickleball-Beyer Park, Modesto	14	21 Pickleball-Beyer Park, Modesto	28 BEC Meeting	
Thursday		6 Creekside Golf	13 Creekside Golf	20 Creekside Golf	27 Creekside Golf Ladies Luncheon- Dynasty Restaurant	
Wednesday		Γ	12	19 Couples' Dine Out-BJ's Restaurant	26 General Membership Luncheon	
Tuesday		4	11	18	25	
Monday		3 SIR Golf-Elkhorn	10 SIR Golf-Creekside	17 SIR Golf-Manteca	24 SIR Golf-Dry Creek	
Sunday		7	6	16	23	30