



SIR BRANCH 171

January 2019

<http://branch171.sirinc2.org/>

A Non-Profit Public Benefit Corporation for Retired Men Devoted to the
Promotion of Independence and Dignity of Retirement



Our next meeting will be Wednesday, **January 8** Holy Trinity Serbian Orthodox Church Hall

1700 School St., Moraga
Social time begins at 11
Meeting begins at 11:30

REMINDER

The first meeting of 2020 will NOT be on Wednesday, January 1

The meeting will be held the following **Thursday, January 8**

Same time and place where we have all our meetings

BIG SIR MESSAGE: RICK FEND

My Fellow SIR 171 members,

Hope you had a Merry Christmas and are all having a fantastic holiday season. Best wishes for a Happy New Year, that it's all good, and that 2020 will be wonderful for you and your family.

Speaking of 2020, please remember that the January luncheon has been moved to January 8, due to our regular meeting date that falls on New Year's Day.

Our Branch YTD financial loss (end of Nov) was \$1,827. We attribute the majority of that to sign outs and no shows at our monthly luncheons. We just couldn't make ends meet when you have to pay a caterer for 110 lunches and we don't make the minimum. That's the main reason we switched caterers to one that would give us a lower minimum.

That being said...we aren't, **at this time**, going to charge an assessment or raise the meal cost to cover the 2019 loss. Only thing we are adding is a donation jar at the bar to help defray the soda, beer, wine costs, and the fee to the State ABC to enable us to serve. Even though some may call it a "tip" jar, our under-appreciated bartender George won't be able to keep any of it. BTW, tell him thanks next time you grab your refreshment.

Another order of business: Our Activities Chairman, Sam Zorich, has resigned after many years of leadership. Therefore, we need a willing individual to step up and oversee the Activities we provide. If you want to know more about what the position entails, please contact Sam or I, or is it Sam or me?

Thanks all and have a Happy New Year.

Rick Fend, Big SIR



LITTLE SIR REPORT: GRAIG CROSSLEY

We have formed a Speaker Committee that will identify and host speakers for the coming year. The team is headed by Tim Freeman and includes members Ralph Blumenthal, Tuck Coop, and Stan Holcenberg.

The information about the speaker and topic for the upcoming monthly meeting will be included in my Little SIR report and will be provided by one of the Speaker Committee members.



Tim Freeman is hosting the speaker at the January 8 meeting. The speaker and topic information follow.

January 8 Program

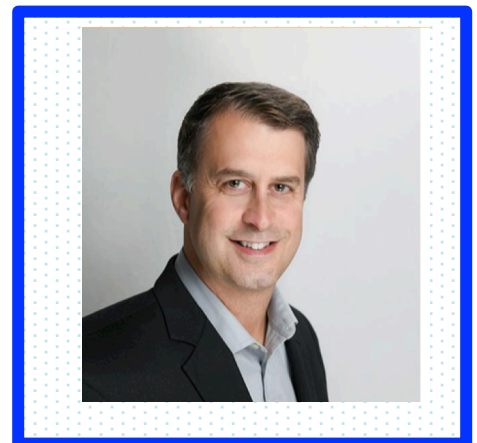
The speaker at the January 8 meeting will be **John Bettencourt**, emergency rescue pilot and first responder to the Deepwater Horizon Oil Rig Explosion. The topic:

“Deepwater Horizon – What this emergency rescue pilot learned amidst the world’s largest oil spill”

John was Pilot in Command of the second helicopter on the scene in response to the Deepwater Horizon oil rig explosion on the night of April 20, 2010. He will deliver a first hand account of the aviation response, which includes personal lessons learned from a position of vulnerability in leadership, as well as discuss successes on that fateful night.

John received the Air Medal for his performance as Pilot in Command that night. He is a leading expert in the fields of aerial search and rescue, adult learning, and leadership.

John is a 20 year military aviation veteran, serving in both the U.S. Army and Coast Guard. As a civilian he served as a Regional Director in the air ambulance industry and now is and Operations Director with Premise Health. He lives in Lafayette with his wife, son, and daughter.



Graig Crossley, Little SIR

ANNOUNCEMENTS & NEWS

SIR Bios

As per the announcement in prior newsletters, the target date to store the member bios in the protected area of the website is January 31. Please contact our “Know Your SIR Chairman”, Rich Bellows, at rich.bellows@gmail.com or by phone or text at 970-219-9254, before January 15 if you would like to update your bio or would like to opt out of having your bio stored for member access.

Ladies Day Holiday Luncheon Photos

“Ansel” Aubry once again captured photos of many of you at the luncheon. You can view these photos on the club website (www.sirinc2.org/branch171/) within the “Newsletter” popdown. They are accessed next to “December 2019” in the folder called “SIR Holiday Luncheon 2019 Photos”.

For those of you that need a fast path to view the photos, click on the following link or cut-and-paste into your favorite web browser – www.sirinc2.org/branch171/photos

Contact Russ Aubry (touchless@darkersun.com) if you would like high resolution versions of the photos. Reference the photo(s) you want by row number (1 – 13) and column number (1 – 3).

Historical Adventures Outing

The busy Historical Adventures team of Ken Fisher and Jim Kline have set up another tour for our members. Their tours go beyond visits to historical sites and they have set up a visit to the county wide recycling plant in Pittsburg for February 26th in the morning. If you are interested in what happens to that cardboard and all those bottles, this is your chance. Contact Ken Fischer (keninmoraga@gmail.com) for additional information or to sign-up.

JANUARY LUNCHEON

JANUARY LUNCHEON MENU

Baked Beef Lasagna; Seasoned Vegetables; Garlic Bread
Fresh Fruit; Salad; Desert Cake; Lemonade; Decaf Coffee

HAPPY DECEMBER & JANUARY BIRTHDAYS TO SIRs

Since there was not a drawing at the December Ladies Day Luncheon, there will be two drawings at the January Meeting for a free lunch – one for a member with a birthday in December and the other for a member with a birthday in January. The winners must be in attendance at the meeting.

BRANCH REPORTS

ATTENDANCE REPORT: FRANCIS WONG

There is no report this month due to the Ladies Day Holiday luncheon replacing our regular meeting.

Members, if not on AR (Attendance Relief) status, need to call the SIR 171 hotline at [925-377-5880](tel:925-377-5880) before 1:00pm on the Saturday before the meeting if they will not be attending the meeting or will be bringing a guest. **FAILURE TO FOLLOW THIS PROCEDURE WILL SUBJECT THE MISSING MEMBER TO THE \$25 NO SHOW CHARGE. It is not necessary to call the HOT LINE if you have placed your name on the "Absence Notification" sheet at a prior meeting.**

Leave a message as soon as you can if the absence is due to a medical reason.

Please note: "Attendance Relief" (AR) status members need not call to be excused for lunch attendance. However, should an AR status member desire to or is able to occasionally attend a monthly lunch, he must call in to the branch hot line the Saturday preceding the lunch.

MEMBERSHIP REPORT: ED DRASIN (Chair)

<u>MEMBERSHIP</u>	
Prior Month:	145
Inductees	0
Deductions	1
Total, This Month:	144
<u>APPLICANTS AWAITING INDUCTION</u>	
	1
<u>APPLICANT LIST</u>	
	None
NOTES: There is no longer an Inactive Status or Roster. All members are shown under "Membership"; the term "Active" is dropped.	

Membership Application Forms are available at the desk at the meetings, from Ed Drasin, or on the Club website (<http://www.sirinc2.org/branch171/>). For the website, select "Application: from within the "Members" selection"

ROSTER CORRECTIONS: John Schick.

NOTE: Please contact John Schick whenever your personal information changes (i.e. email address, home address, and/or phone number) or whenever you wish a membership status change (i.e. to request status change or to resign). John Schick will in turn update the Master Roster.

TREASURER'S REPORT: Bob KROMPHOLZ

November 2019

Beginning	4,496
Receipts	2,616
Disbursements	(2,569)
Ending	4,543

Please contact Bob if you would like additional details.

WELLNESS REPORT: ERIC CHO

Branch 171

No report this month

Branch 174

No reports this month

••• Please try to contact SIR's with illnesses to offer your support and encouragement and keep them in our thoughts and prayers. A friendly call is welcome. Cards and letters are always appreciated.

*** Please contact Eric Cho by e-mail or phone if you are aware of a passing, injury, or illness of a member.

KNOW YOUR SIRs

No bios this month.

Know Your SIR is edited by Rich Bellows. Rich captures bios from new members and they are published in a future newsletter. If you have been a member for awhile, did not have your bio published, and wish to have it published, please contact Rich. Please write down the salient points of your life (1/2 page).

BRANCH 171 NEWSLETTER: Editor **STAN HOLCENBERG.** The deadline for receipt of Newsletter material by the Editor is the 15th of the month. E-mail to sir171-news@comcast.net is prefer.

Also enjoy reading SIR Happenings, our State Newsletter, and find out about all the fun things that are going on throughout our organization. You can find the most recent edition of SIR Happenings on our SIR State website -- click on the following link, or cut and paste the link into your browser to view -- www.sirinc.org/sirhappenings/ Some very interesting articles highlighting news of interest from other SIR branches including several of our branches in Area 2. Send comments and article to jlsabo2@comcast.net or HappeningsEditor@gmail.com

BRANCH ACTIVITIES (BRANCHES 171 & 174)

ACTIVITY LIST *(items in blue are informational; items in red have updated information)*

Apple Users Activity	Astronomy
Barbershop Harmony	Bocce Ball
Book Club	Bowling
Bridge – Social	Bridge – ACBL Duplicate
Computers & Technology	Couples Dining Out
Dominos	Fishing
Golf – 18 Holes	Golf – 9 Holer
Historical Adventures	Investment Group
Pinochle	Poker
Stamp Club	Table Pool
Tennis	Travel
Walking – Original Group	Walking – Senior Strollers
Walking – Big Hikers	Wine Tasting

ACTIVITIES CHAIRMAN: (OPEN)



The Activity Chairman's role is to keep in close contact with each of the chairmen of the branch activities in order to understand what they are doing and how things are going, to determine if they are planning any special activities that they want to communicate to the rest of the Branch, and to determine if there is anything special that requires assistance. Also, the Chair keeps in communication with the other branches in the area to determine if there are additional activity announcements that should be made to our branch.

The Chair is always looking for suggestions for additional activities (e.g. Chess, Cooking, Current Events Discussions, etc etc), and is the focal point to communicate with if you would like to chair any of the open activity groups.

APPLE USERS ACTIVITY: **STAN HOLCENBERG** (Br. 171)
JOE TRACY (BR. 174)



Meetings are held bi-monthly on the 4th Monday of odd number months from 10:00 a.m. to noon. [The next meeting will be held on Monday, January 27.](#)

The meetings are held in the conference room of the Contra Costa County District 2 Supervisor's Office at 3338 Mt. Diablo Blvd., Lafayette, adjacent to the fire station and across from El Charro restaurant. Enter through the left side door at top of steps.

The meetings focus on Apple/Mac computers, iPhones, iPads, and other Apple devices. Meetings include a roundtable on products, applications, rumors, issues, problems, and Q & A. Special discussions will occur after major product announcements and developer conferences.

Novices and advanced users are welcomed. Come and be a part of the group.

ASTRONOMY: (OPEN) Br. 171
GEORGE COBB (Br. 174)
BILL HUNTER (Area 16 - Br. 8)



[We meet the second Monday of each month](#) in the Tilden Room at the Concord Hilton Hotel on Diamond Boulevard. Our meetings commence at 1:30. Please join us for an entertaining meeting. All are welcome. Call or e-mail George (GECBlue@aol.com) for details and further information.

BARBERSHOP HARMONY: **BRAD DEWEY** (Br. 171)
RICK AVATERO (Br. 174)



The SIRpremes are a barbershop octet, composed of members from both 171 and 174, that sing songs in four-part harmony. By having two people on each part, the problems caused by absences are greatly reduced – obviously. The group’s self-determined purpose has been to periodically add a little variety to the monthly luncheon meetings of Branches 171 and 174.

The group meets every Tuesday at 3:00 pm at Brad Dewey’s. Contact Brad Dewey, Sam Zorich, or Rick Avatero for additional information.

BOCCE BALL: **STEVE PATTON** Br. 171
ED PROTIVA (Br. 174)



PLEASE NOTE: The last day of Bocce for the year was the October 29 gathering at Campo De Bocce in Livermore. Games will begin again in the spring of 2020.

During the season Bocce is played every Tuesday and Friday. The group meets at 10 am, just beyond the bandstand at the Moraga Commons, located at the corner of Moraga Road & St Mary’s Rd (next to the bandstand). The cost is all of \$2; the game is really easy to learn and is great fun, including a lot of good chat. You can be a part of this great group of guys, and can play on either or both days.

The Bocce game consists of 4 players on each court, creating 2 teams of 2 members each. Each team has one player at each end of the court. It is quite easy to learn.



In preparation for 2020..... For those of you that don’t know what this shot is, it is called a Casino

BOOK CLUB: **BOB KROMPHOLZ** (Br 171 co-chair)
AL DESSAYER (Br 171 co-chair)



The group develops a twelve month calendar of agreed upon book selections with each member hosting a book review where we will discuss his book. An attempt is made to vary the selections to include the latest best sellers as well as some classics and non fiction.

Each member selects a book he has read or would like to read and suggests it to other members, who will then read the book and be ready for discussion at subsequent meetings. This is a great way not only to diversify your reading enjoyment, but also to discuss your comments and ideas with other intelligent, curious, cerebral fellows like yourself.

Book reviews are usually scheduled on the last Wednesday of the month @ 7-8pm. There are currently 12 members of the club. Contact Bob or Al if you are interested in joining.

BOWLING: (OPEN) Br. 171
AREA 2: MIKE CROFF (Area)



Area 2 Tournament and league bowling is held at Clayton Valley Bowl every Wednesday. Be there at 9:30 am. More members are welcome. Call for more information.

BRIDGE -- SOCIAL: **JOHN SCHICK** (Br. 171)
MIKE COX (representing Br. 174)



The group meets at the Moraga Hacienda on the second and fourth Tuesdays of each month. Please arrive by 9:50 am. Play starts promptly at 10:00 am. Bring \$5 and a bag lunch. Call John for further information.

Over the years attrition has taken its toll, so at this time we are looking for new players. If you have ever played bridge in your life or are still playing, please consider joining us, regardless of what level you play at.

We play for fun and though we may give advice, we never criticize. Some of us play conventions, many play mostly basic bridge. Please contact John Schick if you are interested and we will get you signed up. (see *Organization chart for contact information*).

If transportation is an issue, let us know and, if possible, we can arrange rides. The group meets at the Moraga Hacienda on the second and fourth Tuesdays of each month. Please arrive by 9:50 am. Play starts promptly at 10:00 am. Bring \$5 and a bag lunch. Call John for further information.

BRIDGE – ACBL DUPLICATE (OPEN) Br. 171

TOM HENRY (Br. 174 & Area 16)



Area 16 duplicate bridge is held on the 1st Tuesday of each month at the Contra Costa Bridge Center, 3039 Willow Pass Rd, Concord. Guests of SIR members are welcomed. Registration is at 9:15am; lesson at 9:30am; game at 10:00am and finishes by 2:00pm.

This activity is fully sanctioned by the American Contract Bridge League and, as such, ACBL Master Points will be awarded to the top three pairs

COMPUTERS & TECHNOLOGY: (OPEN) Br. 171

Dick Curry Br. 174

NEIL SCHMIDT (Area - Br 116)



The Area 16 Computer and Technology Group meetings are fun and informative where the group discusses applications for computers and technology. At each meeting there is a presentation on a topic covering everything from antivirus programs, ways to back up your data, digital photography, genealogy research, smart phones and many other topics. It's a great way to learn about new technology and to also get answers to your computer questions or problems.

Meetings of the Area 16 Computer and Technology Group are held the 3rd Thursday of each month (except June and December) from 9:30 to 11:30 a.m., at the Walnut Creek Elks Lodge, 1475

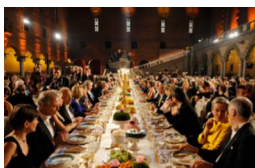
Creekside Drive.

Our next meeting will be held on January 16. Our presentation topic for the January meeting will be “Using VPN for Security” by Frank May. A VPN (Virtual Private Network) is a piece of software that keeps your internet activity private and secure. It stops Internet Service Providers (ISPs) and authorities from tracking what you do online. It also protects you from hackers looking to intercept your traffic. No matter your web browsing habits, or where you're using the internet from, a VPN is a powerful solution to stay private and secure online.

Members usually arrive around 9:15 to enjoy coffee and a chat with friends and new acquaintances before the presentation. Whether you are a beginner or a seasoned user, the group tries to offer something for everyone. They ask for a donation of \$5 to cover the cost of the hall rental, coffee and pastries.

Information about the group, including current and past presentations, is available on the SIR Area 2 Computes and Technology website -- <https://sirinc2.org/a16cat/> Make sure you are on the CAT mailing list by sending an e-mail request to: sir.area2.cat@gmail.com

COUPLES DINING OUT SAM ZORICH (Br. 171)



The group dines out every other month at a fine location in the East Bay. Planning for the venue rotates among the various members of the group.

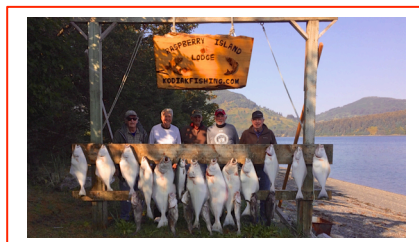
The group plans to dine at Zut ! in Berkeley on January 15. Lew Lippard will be the host for the event.

Contact Sam if you are interested in joining the group.

DOMINOES TOM WESTHOFF (BR 171)

The SIR 171 [Domino group meets every Thursday](#) at Moraga Royale from 1:00pm – 3:00pm. Contact Tom Westhoff for further information.

FISHING: KARL DROESE (Br. 171) HARRY SHERINIAN (Area 16)



All SIR members and guests are welcome and encouraged to participate in fishing trips as well as attend the monthly meetings. [The next meeting will be Thursday, January 23](#) at the Legends Sports Bar and Grill at the Diablo Creek Golf Course, 4050 Port Chicago Highway in Concord, starting at 8:30 am. You can order breakfast and have it served in the meeting room.

Whether you fly fish, spin fish, troll or bait fish there will be events of interest. If you are new to fishing or are interested in trying a different type of fishing we have experienced and knowledgeable members happy to share their expertise, and even their equipment. With over 100 events scheduled throughout the year, some type of fishing is available almost every week.

November Results: Six members had a wonderful day on a party boat out the Gate, each coming home with limits of 10 rockfish and 10 crabs. Several of our fishermen caught and released sturgeon in the Delta. Others caught numerous stripers. Trout fishing at our local lakes and reservoirs has been off to a slow start but is expected to improve. We had a large turnout for our annual Holiday dinner at Zio Fredo's.

Activities Scheduled for January and February: Several sturgeon/striper trips on member boats to various locations on the Delta and Sacramento River. several trout fishing trips to San Pablo, Lafayette, and Contra Loma reservoirs and to Shadow Cliffs; Striper fishing at Pt. Pinole Pier; the International Sportsmen's Expo in Sacramento and a fly fishing show in Pleasanton.
January Fishing Report

**GOLF – 18 HOLES: GENE BELL (Br. 171)
BILL WADSWORTH (Br. 174)**



As always come out and join the fun. Check out our website at www.sirlamorindagolf.com or contact Bill Wadsworth at 1wadsy@gmail.com. [In December the group will play at Rancho Solano on Jan. 6 and the Brentwood CC on Jan. 20.](#)

The SIR 171/174 golf website includes the membership application, a list of current members, the 2019 schedule, the results of prior events, and other pertinent information for members and prospective members.

GOLF – 9 – HOLER: TIM FREEMAN (BR. 171)



For those that don't want to play 18 holes, or want to play a shorter course on occasions, there is a 9 hole group that meets each Friday morning at Diablo Hills Golf Course in Walnut Creek. Tim Freeman coordinates this and sends out a note to all members on his interested party list each week, a few days before the game, to see who is interested in playing. Lunch follows at the Diablo Hills clubhouse. Contact Tim (timfre@comcast.net) if you would like to be added to the interested party list.

HISTORICAL ADVENTURES: JIM KLINE (Br 171 co-chair)
KEN FISCHER (Br 171 co-chair)



The group focuses on highly popular and educational tours. The Lawrence Livermore National Laboratory, Port Chicago National Memorial, Computer History Museum, and Oakland Aviation Museum are some of the sites that have been included in the past.

There will be a [tour to the county wide recycling plant in Pittsburg for February 26th in the morning](#). If you are interested in what happens to that cardboard and all those bottles, this is your chance. Contact Ken (keninmoraga@gmail.com) for additional information or to sign-up.

Please inform Jim or Ken if you have requests or suggestions for additional adventures.

INVESTMENT GROUP: (OPEN) Br. 171
TOM HENRY (Br. 174)
DAVID SUTTON (Br-8)



\$UMS in Retirement meets next on the 4th Wednesday of the month at the Legends Restaurant at Diablo Creek Golf Course on Port Chicago Highway, Concord, just north of Hwy 4. [The net meeting will be on Wednesday, January 22](#). The group is back on their usual fourth Wednesday of the month schedule.

shutterstock · 104489462 The speaker on January 27 will be Andrew Parrott of |Edward Jones, who will give the group his firm's outlook on investing in the election year.

The Legends opens at 7 AM. Come early and have a leisurely breakfast with your colleagues prior to the meeting. Ladies are welcome.

We ask that everyone donate \$2 each month to cover expenses. We pay the restaurant \$40 each time in lieu of tips and rent. If everyone pays, we break even with 20 attendees. But not everyone pays and we're going in the hole. Please remember the donation box.

If you regularly have breakfast at Legends, ask the cashier for a Legends card. Once you're signed up, you get \$5 off your bill every time you get up to \$100.

Information about the group, including past and current presentations, is available on the \$UMS website -- <http://a2sums.sirinc2.org/> ___



POKER: OPEN) Br. 171
DICK MEDEL (Br. 174) & BILL WIEGMANN (Br. 174)

Our low-stakes poker group meets the [fourth Wednesday of each month](#) from 12:30 to 4:30pm. We meet at various locations. To join us please contact Dick or Bill for information.

STAMP and COIN GROUP: LARRY BEANS (Br. 171) STAMPS
BRUCE BERMAN (BR 171) COINS
DON MERSON (BR 174)



[We usually meet on the Friday following the Branch 171 monthly meeting at 9:30 am](#). The group meets at Larry Beans' home at 20 Carr Drive in Moraga. Please call Larry questions and a possible change of meeting schedule.

TABLE POOL: (OPEN) Br. 171
AREA 16: **BILL WEINBERG**



We usually have three or four pool games going when we meet [each Monday](#) at 11:30 am at Masse's – 2721 North Main in Walnut Creek. The cost is \$5.00 for as long as you want to play. We also have SIR members from other branches joining us and we usually play about 2 hours but not everyone stays for the final curtain. Haven't played in years? Come join us. All SIRs are welcome.

TENNIS: (OPEN) (Br. 171)
RALPH THORNICROFT (Br. 174)



The Tennis Group plays at St. Mary's College [every Tuesday and Thursday](#). [Times vary between 8:00am and 8:30am, depending on the weather](#). Players are at varying skill levels, mostly around the 3.0 range. Members' wives are invited to join us, so let them know they are welcome. Call Jim or Ralph for information.

TRAVEL: (OPEN) Br 171
JOE TRACY Br 174)
TOM MOLINARI (Area 16), stmolinari@sbcglobal.net

June 6, 2020, Grand Baltic Sea Voyage—Small Ship Adventure by Overseas Adventure Travel. Ports of call include This upcoming great trip to the Baltic departs June 6, 2020 and we have 9 Sirs signed up already, but there is still room for more if you act soon. 14 days from \$8,255 includes international airfare from Sacramento. 14 days from \$6,695 without international airfare. Single Supplement: \$1,395. Trip extensions available to Copenhagen and/or Stockholm from \$1,295 each. Please mention code GO-23630 when booking. Reservations & Information call 1-800-955-1925 www.oattravel.com/crb2020. For details contact Milt Smith (Br. 146) (925) 285-2897 miltsmith549@gmail.com.

September 14-26, 2020 Imperia Splendors and OBERAMMERGAU. Tour includes home pickup, round trip airfare, professional tour manager, 19 meals, 11 nights first-class hotel, land transportation via private deluxe coach, admission to all activities indicated. Tour highlights: Munich welcome dinner, visit the famous Hofbrauhaus, Prague guided sightseeing, Hradcany Castle, Bratislava the capital of Slovakia, Budapest guided sightseeing, Danube cruise, Salzburg guided walking tour and special dinner at St. Peter Stiftskeller restaurant, Oberammergau Passion Play. Cost \$6,267 includes estimated airfare. Larry Yarberry (Br. 8) 925 890-9245 l.yarberry42@comcast.net



The quarterly **State SIR Happenings** travel web page at <http://www.sirinc.org/Travel.pdf> offers additional SIR travel options. There are upcoming tours to:

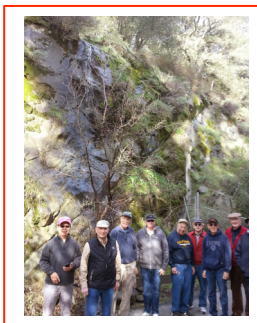
Be sure to check these tours out !!

Contact Tom Molinari to add trips to the list (*contact information is contained in the link above*).

WALKING: *There are three walking groups. There is a group for each of us based on our needs and abilities*

WALKING – ORIGINAL GROUP

AL DONNER (Br. 171)
LYLE DECK (Br. 174)



If you feel left out of something good, come join the group. Just show up across from the Serbian Church by **9 am any Tuesday** and you are good to go. No initiation fees, hazing or other sophomoric rituals, just walking and talking and coffee after. The group walks for about three miles. And if you want a slower pace, try the SENIOR STROLLERS group. If you want to try a faster pace, try the BIG HIKERS group

WALKING -- SENIOR STROLLERS: (OPEN) (Br 171) Al Donner oversees the activity.



Meets **every Wednesday at 9:15 AM** for a casual slower-paced, shorter distance, level-land, sidewalk group of walkers. No plans ahead. Just meet in front of SiSi's at 9:15 every Wednesday morning to walk and then have coffee.

If you want a longer walk, try the WALKING group. For an even longer walk, with some elevation, try the BIG HIKERS group.

WALKING -- BIG HIKERS: **AL DONNER** (Br. 171)



One of three SIRS walking groups, the Big Hikers aims to engage SIRS who want some longer and stronger routes than our two around-town walking groups. The "**Big Hikers**" offer opportunities to do some hikes more than 3 miles in length and sometimes do a little more elevation. They can be further afield, Mt. Diablo or other regional parks, such as Vasco Caves. The Big Hikers operate on a varied schedule, trying to do a couple hikes each month. They go to interesting places as the spirit moves us. Contact Al Donner (to get the on the Big Hikers notice list. If you want a slower pace, try either the WALKING or the SENIOR STROLLERS group. **BIG HIKER walks are scheduled periodically.**

WINE TASTING: GENE BELL (Br. 171)
JON LEUTENEKER (Br. 174)



There are now two wine tasting groups. Both are couples events and normally held in-home starting about 7:00 p.m. with a cost per person averaging about \$15. Jon Leuteneker is chairman of the group that meets on the **second Tuesday of each month** - this group has a full roster. Gene Bell is chairman of the group that meets on the **third Tuesday of each month** - membership in this group

Activity Calendar -- January 2020

	Monday	Tuesday	Wednesday	Thursday	Friday
Apple Users Activity	Jan. 27				
Astronomy	2nd Monday of month				
Barbershop Harmony		Every Tuesday of month			
Bocce Ball	2020 Season begins in May				
Book Club			Last Wednesday of month		
Bowling			Every Wednesday of month		
Bridge		2nd & 4th Tuesday of month			
Bridge - ACBL Duplicate		First Tuesday of month			
Computers and Technology				Jan. 16	
Couples Dining Out	Jan. 15				
Dominoes				Every Thursday of month	
Fishing				Jan 23	
Golf	Jan. 6 & 20				
Golf - 9 Holvers					Each Friday
Historical Adventures	Feb. 26				
Investment Group			Jan. 22		
Poker			4th Wednesday of month		
Stamp & Coin Club					First Friday after Club Meeting
Table Pool	Every Month of month				
Tennis		Every Tuesday of month		Every Thursday of month	
Travel	No meetings scheduled. Only trips. See newsletter section				
Walking - Original Group		Every Tuesday of month			
Walking -- Senior Strollers			Every Wednesday of month		
Walking -- Big Hikers	As scheduled				
Wine Tasting		2nd & 3rd Tuesday of month			