



SIR BRANCH 171 September 2019

<http://branch171.sirinc2.org/>

A Non-Profit Public Benefit Corporation for Retired Men Devoted to the
Promotion of Independence and Dignity of Retirement



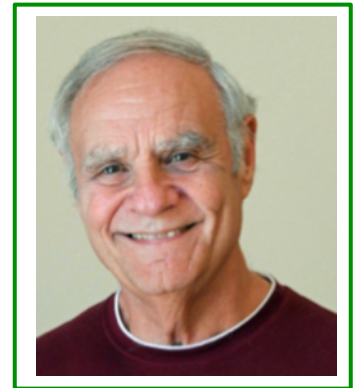
Our next meeting will be Wednesday, **Sept. 4** Holy Trinity Serbian Orthodox Church Hall

1700 School St., Moraga
Social time begins at 11
Meeting begins at 11:30

BIG SIR MESSAGE: BARRY LESKIN

ELECTIONS Elections were held at the last meeting for the Branch 171 leadership team for 2020. Officers elected: Big SIR -- Rick Fend; Secretary -- Mike Donovan; Treasurer -- Bob Krompholz; Asst. Secretary -- Al Donner; Asst. Treasurer -- Hal D'Ambrogia. Directors Elected: Laszlo Bonnyay; Eric Cho; Barry Leskin; Chris Lyne; Tom Westhoff. Congratulations to all.

SIR ANNUAL MEETING The meeting this year was held during August at Thunder Bay. I will report back to you on the key items covered. Dr. Christine Ritchie of UCSF shared the results of the recent senior men's survey, a fantastic partnership between SIR & the UCSF Division of Geriatrics.



SURVEY I thank all of you that participated in the senior men's survey. There was an excellent response by the members of SIR: 2,426 surveys completed from the 8,792 SIR members that received it. Average age of the submitters was 76 – 80. One of the largest surveys of senior men. Fantastic! Here are some results from the survey:

- 88% have advanced directives. 68% have shared with their doctors.
- We exercise. 19% exercise 11 or more hours each week; 44% exercise 6 – 10 hours each week; only 37% exercise less than 6 hours per week
- A low number of us had recent falls.

SIR member results were way above the national average. A tribute to the type of members that belong to SIR and participate in SIR activities. Other areas covered in the survey:

- Approximately 50% have long term care insurance
- A dementia perspective was provided
- We want to learn about diet/nutrition, exercise, memory loss prevention, and pain management options from aging specialists.

SPEAKERS Sheriff Livingston gave a great talk last month. We will have another excellent speaker at our September meeting and it should be a lot of fun. The new Director of the Lindsay Wildlife Experience will be here along with a "special" guest. Read about it in Little SIR Rick's article on the next page of the newsletter. And, planning ahead, we will have the the UC Athletic Director at our October meeting.

CLUB FINANCES Over the past few months we have been writing about the club's financial situation. The issue -- the cash in our account has been decreasing each month, primarily the result of low attendance at our luncheons. We have asked for your feedback and to provide opinions to our Treasurer, Bob Krompholz, and continue to ask. Bob will present some potential courses of action at our September luncheon in order to strengthen our financial situation.

KNOW YOUR SIR Thank you to Dave Humm for chairing the "Know Your SIR" role for ten years. Lots of great bios collected by Dave. Dave will be leaving the "Know Your SIR" position next month and we need a replacement. Please see the writeup in "Announcements & News" for information on the position.

Barry Leskin, Big SIR

LITTLE SIR MESSAGE: RICK FEND

September 4 Program

The speaker at the September 4 meeting will be Lindsay Wildlife Executive Director **Dr. Carlos de la Rosa**. The topic:

"Wildlife ER: Addressing the effects and the causes of wildlife injuries"

Dr. Carlos de la Rosa will explore the ways wildlife and humans interact and the methods that Lindsay employs to minimize negative interactions and enhance the relationship with nature. Using state-of-the-art science, both in the Wildlife Hospital as well as in nature, the Lindsay vets, educators, animal handlers, volunteers, and scientists are approaching wildlife challenges from many angles, seeking a renewed relationship with our precious and unique wildlife.

There will also be a special guest – their white-tailed kite, Dragon! Lindsay Wildlife acquired the white-tailed kite in 2017, the first time in their 62-year history that this species had ever been at Lindsay.

The Lindsay Wildlife Experience has been treating injured wildlife in the East Bay region for more than six decades. Over 100,000 animals belonging to over 640 different species have gone through Lindsay's Emergency Room to be triaged, treated, rehabilitated, and in the best scenarios, successfully released back to their original habitat.



*Rick Fend,
Little SIR*



ANNOUNCEMENTS & NEWS

New Member

A warm welcome to new member, Jorge Escobar, who was inducted at the August meeting by Ian Baird. Jorge was born and raised in Mexico City, joined Crocker National Bank as an International Banking Officer in 1978, and moved on to Bank of America and UBS Financial Services. Jorge is recently retired, is a member of the Commonwealth Club and Orinda Hiking Club, has been married to Nadia for 44 years, has two children and three grand-children, and lives in Orinda.

Please introduce yourself to Jorge, welcome him to the group, help him find a seat at a table, and answer any questions he might have.



Know Your SIR

Dave Humm has been collecting bios from our members for ten years, but will be leaving the “Know Your SIR” Chairman role during September. A fantastic job, Dave. Thanks so much.

We need someone to fill the role. A great and rewarding way to meet new members and to capture information to introduce those members to the rest of the club.

Here are the Know Your SIR Chairman duties:

1. Welcome the new member. Recommend personal contact.
2. Request a two to three paragraph bio from the new member. Suggested coverage includes where born/grew up, college education, military service, summary of work history, marriage & children, hobbies and anything else the member would like to include.
3. Follow up on bio request, if necessary.
4. Edit the bio as needed and submit to the Newsletter Editor with copy to Big SIR.
5. Inform the new member and his sponsor that the bio will be published in the Newsletter.
6. Thank the member.

Dave will be available to assist during the transition. Contact Big SIR Barry with your interest.

Historical Adventures Outing

On September 25 the group will tour the Central Sanitary Water Treatment Facility in Marintez. This tour should be very interesting from an engineering and technical aspects perspective given the complicated nature of water treatment today as in the past.

The tour will be at 10:30am, will last about an hour and a half, and there is no cost. Spouses and guests are welcome. Those who are interested can go to lunch afterwards. Bringing a guest to an outing like this is a great way to introduce a prospective member to the club.

Signup at the September meeting or contact Ken Fischer at keninmoraga@gmail.com

Ladies Day Holiday Luncheon

Not too early to mark your calendars for our annual Ladies Day Holiday Luncheon. It will be held on December 18. Details and signup information will be available in a future mailing.

AUGUST MEETING PHOTOS & COMMENTARY



Now this is how a Board Meeting should be run



I Just Can't Wait to be King



Rick, as King you'd better learn how to keep AI awake



No, I am not planning to join the Walking Group. I walk on the Golf course



Neal came all the way from Danville to check us out



No, I am not Tom Marnane. But I am the Chaplain



Did the Sheriff really say he was going to check me out??



Glad I came to the meeting to get this great coffee mug, but



Glad I got a game in before the meeting



After you pick my number we'll get to your talk



Nope, I am not the Sheriff



Yes, we are getting you a frame for the SIR certificate

SEPTEMBER LUNCHEON

LUNCHEON MENU

Chicken Breast Marsala; Rice Pilaf; Garlic Broccoli & Carrots
Green Salad; Seasonal Fresh Fruit Salad; Dessert

AUGUST SIRS BIRTHDAYS

Ed Beatson – Ralph Blumenthal – Mike Brodsky – David Byrens – Michael Chinn – Robert Church

Jerry Compton – Al Donner – Ken Haley – Chuck Healy – George Henrich – Bob Krompholz

Lew Lippard – Monte Logan – Frank Moria – Rich Sauve – Sal Zammitti

One of the above members with a birthday in September will win a free lunch if he attends the September meeting. Members whose birth month is in September, and who do not see their name in the above list, should contact the Big SIR prior to the meeting to ensure that their names are included in the drawing. **NOTE:** Members 90 years of age or more will receive a free lunch on their birth month each year, but they must notify the Big SIR prior to the meeting. Big SIR Barry Leskin can be reached at barryleskin@gmail.com.

GUESTS AND NEW MEMBERS

\$15 Luncheon fee for first time guest

The first time a guest attends a meeting the lunch fee is \$15. The regular luncheon fee of \$25 will be charged for subsequent visits as a guest.

BRANCH REPORTS

ATTENDANCE REPORT: FRANCIS WONG

There were 98 attendees at the last meeting, which included 94 members, the speaker, one visitor (speaker's assistant) and two guests. There were 12 no-shows and 31 excused sign-outs (*plus 11 AR members*). There was one inductee.

64% of our membership attended, which includes the 11 AR members.

Members, if not on AR (Attendance Relief) status, need to call the SIR 171 hotline at [925-377-5880](tel:925-377-5880) before 1:00pm on the Saturday before the meeting if they will not be attending the meeting or will be bringing a guest. **FAILURE TO FOLLOW THIS PROCEDURE WILL SUBJECT THE MISSING MEMBER TO THE \$25 NO SHOW CHARGE. It is not necessary to call the HOT LINE if you have placed your name on the "Absence Notification" sheet at a prior meeting.**

Leave a message as soon as you can if the absence is due to a medical reason.

Please note: "Attendance Relief" (AR) status members need not call to be excused for lunch attendance. However, should an AR status member desire to or is able to occasionally attend a monthly lunch, he must call in to the branch hot line the Saturday preceding the lunch.

MEMBERSHIP REPORT: ED DRASIN (Chair)
 JOHN SCHICK (Assistant Chair)

Prior Month:	147								
Inductees	1	Jorge Escobar #43							
Deductions	(2)	Stew Chalem #46, deceased; Paul Ratto #66 resigned -- moved out of area.							
Total, This Month:	146								
APPROVALS TODAY									
		Jorge Escobar #43 -- sponsor Ian Baird #194							
APPLICANTS AWAITING INDUCTION									
		None							
APPLICANT LIST									
		None							

Membership Application Forms are available at the desk at the meetings, from Ed Drasin, or on the Club website (<http://www.sirinc2.org/branch171/>). For the website, select "Application: from within the "Members" selection"

ROSTER CORRECTIONS: John Schick.

NOTE: Please contact John Schick whenever your personal information changes (i.e. email address, home address, and/or phone number) or whenever you wish a membership status change (i.e. to request status change or to resign). John Schick will in turn update the Master Roster.

TREASURER'S REPORT: Bob KROMPHOLZ

July 2019

Beginning	5,160
Receipts	2,270
Disbursements	(2,692)
Ending	4,738

Please contact Bob if you would like additional details.

WELLNESS REPORT: ERIC CHO

Branch 171

- Jim Frane, who had been on Inactive status last year, passed away on July 27. Funeral services were private
- Eric reminds us that Wellness is staying active, both physically and socially.

Branch 174 (from Br 174 Chair Mark Mahoney)

- Nick Huntley in undergoing dialysis treatment
- Bill Comley is suffering from kidney failure

•••Please try to contact SIR's with illnesses to offer your support and encouragement and keep them in our thoughts and prayers. A friendly call is welcome. Cards and letters are always appreciated. If you are aware of an ill SIR, please inform Eric Cho by e-mail or phone.

KNOW YOUR SIRs

Rich Bellows

Rich was born and raised in Southern California. After meeting his future wife, Michelle, in Colorado, he moved there in 1977. They were married in 1980, and raised their three children in Fort Collins, CO. They moved in 2013 to Richmond, VA to be near Michelle's mother, who needed help.

Moving west to Orinda was a decision they made to be much nearer to their children and grandchildren. Their oldest child, John, now lives with his family in Los Angeles. Their middle daughter, Beth, lives with her husband in Denver, and their youngest daughter, Anne, lives with her family in Oakland. Now that they have relocated to Orinda, they are much nearer to all of their children, and especially their grandchildren (2 in Oakland and 2 in LA).

Rich enjoys being active in community volunteer projects, and was a 15 year member of Kiwanis in CO. He feels very fortunate to have found the great Moraga Kiwanis club that offers many opportunities for community service and friendship. He was a Red Cross volunteer blood driver in VA, and continues doing that here with a regular weekly shift. Rich and Michelle have been Meals on Wheels drivers for 20 years, and they do that now for the Contra Costa County chapter.

Rich enjoys being outdoors and especially hiking, biking, and running. He's a volunteer docent at Mt. Diablo State Park, and also really enjoys hiking with the SIR walking group. Rich says it has been very nice to meet such a great group of men, and to be introduced to such a bounty of beautiful walks in this area.

So far walking is the only SIR group he's connected with but with all the activities going on, Rich hopes to get involved in more ways in the future. He's interested in learning more about the local plants that grow in this great climate especially our fruit trees. He would like to discuss the growing of fruit and nut trees or any of the others areas he's involved in with other SIR members.

Rich Sauve

Rich Sauve (pronounced SO-VAY) was born in Buffalo, New York. He moved to Santa Cruz, CA, in 1962. He attended UCLA where he earned a BS degree in engineering. During his career, Rich has worked for several large public and private transportation firms. With several partners, he started a Transportation consulting firm in 1979 and has been with that firm for 31 years, primarily as the President. He retired in 2010.

He moved to Moraga in 1984. Rich and his wife have three grown daughters and 3 young grandchildren. They all live in the Bay Area.

He has joined the SIR walking group and the book club. Among Rich's other interests include model trains and he belongs to a large train club in Crockett.

Know Your SIR is edited by Dave Humm dmh2@silcon.com 376-5895. We would like to have all of our members, who wish to do so, be included in this directory. Please write down the salient points of your life (1/2 page) and provide it to Dave (via e-mail if possible). It will then be written up in a future newsletter. Dave has copies of all past "Know Your SIR" reports. Access to them is available via e-mail; or a hard copy can be had for the cost of printing.

BRANCH 171 NEWSLETTER: Editor **STAN HOLCENBERG**. The deadline for receipt of Newsletter material by the Editor is the 15th of the month. E-mail to sir171-news@comcast.net is preferred

Also enjoy reading SIR Happenings, our State Newsletter, and find out about all the fun things that are going on throughout our organization. You can find the most recent edition of SIR Happenings on our SIR State website -- click on the following link, or cut and paste the link into your browser to view -- www.sirinc.org/sirhappenings/ Some very interesting articles highlighting news of interest from other SIR branches including several of our branches in Area 2. Send comments and article to jlsabo2@comcast.net or HappeningsEditor@gmail.com

BRANCH ACTIVITIES (BRANCHES 171 & 174)

ACTIVITY LIST

Apple Users Activity	Astronomy
Barbershop Harmony	Bocce Ball
Book Club	Bowling
Bridge – Social	Bridge – ACBL Duplicate
Computers & Technology	Couples Dining Out
Dominos	Fishing
Golf – 18 Holes	Golf – 9 Holer
Historical Adventures	Investment Group
Pinochle	Poker
Stamp Club	Table Pool
Tennis	Travel
Walking – Original Group	Walking – Senior Strollers
Walking – Big Hikers	Wine Tasting

ACTIVITIES CHAIRMAN: SAM ZORICH (BR. 171)



The Activity Chairman's role is to keep in close contact with each of the chairmen of the branch activities in order to understand what they are doing and how things are going, to determine if they are planning any special activities that they want to communicate to the rest of the Branch, and to determine if there is anything special that requires assistance. Also, the Chair keeps in communication with the other branches in the area to determine if there are additional activity announcements that should be made to our branch.

The Chair is always looking for suggestions for additional activities (e.g. Chess, Cooking, Current Events Discussions, etc etc), and is the focal point to communicate with if you would like to chair any of the open activity groups.

APPLE USERS ACTIVITY: STAN HOLCENBERG (Br. 171 Co-Chair)
JOE TRACY (BR. 174)



Meetings are held bi-monthly on the 4th Monday of odd number months from 10:00 a.m. to noon. The next meeting will be on Sept. 23. The meetings are held in the conference room of the Contra Costa County District 2 Supervisor's Office at 3338 Mt. Diablo Blvd., Lafayette, adjacent to the fire station and across from El Charro restaurant. Enter through the left side door at top of steps.

The meetings focus on Apple/Mac computers, iPhones, iPads, and other Apple devices. Meetings include a roundtable on products, applications, rumors, issues, problems, and Q & A. Special discussions will occur after major product announcements and developer conferences.

Novices and advanced users are welcomed. Come and be a part of the group.

ASTRONOMY: (OPEN) Br. 171
GEORGE COBB (Br. 174)
BILL HUNTER (Area 16 - Br. 8)



We meet the second Monday of each month in the Tilden Room at the Concord Hilton Hotel on Diamond Boulevard. Our meetings commence at 1:30. Please join us for an entertaining meeting. All are welcome. Call or e-mail George (GECBlue@aol.com) for details and further information.

BARBERSHOP HARMONY: **BRAD DEWEY (Br. 171)**
RICK AVATERO (Br. 174)



The SIRpremes are a barbershop octet, composed of members from both 171 and 174, that sing songs in four-part harmony. By having two people on each part, the problems caused by absences are greatly reduced – obviously. The group's self-determined purpose has been to periodically add a little variety to the monthly luncheon meetings of Branches 171 and 174.

The group meets every Tuesday at 3:00 pm at Brad Dewey's. Contact Brad Dewey, Sam Zorich, or Rick Avatero for additional information.

BOCCE BALL: STEVE PATTON Br. 171
ED PROTIVA (Br. 174)



Bocce is played every Tuesday and Friday thru the summer. The group meets at 10 am, just beyond the bandstand at the Moraga Commons, located at the corner of Moraga Road & St Mary's Rd (next to the bandstand). The cost is all of \$2; the game is really easy to learn and is great fun, including a lot of good chat. You can be a part of this great group of guys, and can play on either or both days.

The Bocce game consists of 4 players on each court, creating 2 teams of 2 members each. Each team has one player at each end of the court. It is quite easy to learn.

BOOK CLUB: BOB KROMPHOLZ (Br 171 co-chair)
AL DESSAYER (Br 171 co-chair)



The group develops a twelve month calendar of agreed upon book selections with each member hosting a book review where we will discuss his book. An attempt is made to vary the selections to include the latest best sellers as well as some classics and non fiction.

Each member selects a book he has read or would like to read and suggests it to other members, who will then read the book and be ready for discussion at subsequent meetings. This is a great way not only to diversify your reading enjoyment, but also to discuss your comments and ideas with other intelligent, curious, cerebral fellows like yourself.

Book reviews are usually scheduled on the last Wednesday of the month @ 7-8pm. There are currently 12 members of the club. Contact Bob or Al if you are interested in joining.

BOWLING: (OPEN) Br. 171
AREA 2: MIKE CROPF (Area)



Area 2 Tournament and league bowling is held at Clayton Valley Bowl every Wednesday. Be there at 9:30 am. More members are welcome. Call for more information.

BRIDGE -- SOCIAL: JOHN SCHICK (Br. 171)



The group meets at the Moraga Hacienda on the second and fourth Tuesdays of each month. Please arrive by 9:50 am. Play starts promptly at 10:00 am. Bring \$5 and a bag lunch. Call John for further information

BRIDGE – ACBL DUPLICATE (OPEN) Br. 171

TOM HENRY (Br. 174 & Area 16)



Area 16 duplicate bridge is held on the 1st Tuesday of each month at the American Contract Bridge Center (First Christian Church Fellowship Hall), 3039 Willow Pass Rd, Concord (phone: 925-935-2273). Guests of SIR members are welcomed.

Games are played at the Contra Costa Bridge Center; 3039 Willow Pass Road in Concord. Registration begins @ 9:15AM; a lesson with Ravi Bhalla begins @ 9:30AM; play starts at 10:00AM and finishes before 2:00PM. **Reservations are required.** If you wish to play please contact Tom Henry [bridgewiz612@gmail.com]

This activity is fully sanctioned by the American Contract Bridge League and, as such, ACBL Master Points will be awarded to the top three pairs

COMPUTERS & TECHNOLOGY: (OPEN) Br. 171
Dick Curry Br. 174
NEIL SCHMIDT (Area - Br 116)



The Area 16 Computer and Technology Group meetings are fun and informative where the group discusses applications for computers and technology. At each meeting there is a presentation on a topic covering everything from antivirus programs, ways to back up your data, digital photography, genealogy research, smart phones and many other topics. It's a great way to learn about new technology and to also get answers to your computer questions or problems.

NOTE: [There will not be a meeting in September.](#) [The next scheduled meeting will be on Thursday, October 19.](#) Presentation notes are typically available on the web page several days prior to the meeting.

Information about the group, including current and past presentations, is available on the SIR Area 2 Computes and Technology website -- <https://sirinc2.org/a16cat/> Make sure you are on the CAT mailing list by sending an e-mail request to: sir.area2.cat@gmail.com

COUPLES DINING OUT SAM ZORICH (Br. 171)



There were 12 couples at the La Finestra gathering in Moraga on July 10. The group celebrated Russ Aubry's big #85. His wife Annette made a delicious carrot cake for dessert.

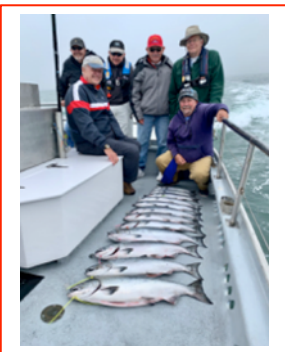
[The group dines out every other month](#) at a fine location in the East Bay. Planning for the venue rotates among the various members of the group.

[The next gathering is in September – date and venue TBD.](#) Karl Droese is in charge.

DOMINOES TOM WESTHOFF (BR 171)

The SIR 171 [Domino group meets every Thursday](#) at Moraga Royale from 1:00pm – 3:00pm. Contact Tom Westhoff for further information.

FISHING: KARL DROESE (Br. 171) **HARRY SHERINIAN** (Area 16)



All SIR members and guests are welcome and encouraged to participate in fishing trips as well as attend the monthly meetings. Next meeting will be Thursday, September 26 at the Legends Sports Bar and Grill at the Diablo Creek Golf Course at 4050 Port Chicago Highway in Concord, starting at 8:30am. You can order breakfast and have it served in the meeting room.

Whether you fly fish, spin fish, troll or bait fish there will be events of interest. If you are new to fishing or are interested in trying a different type of fishing we have experienced and knowledgeable members happy to share their expertise, and even their equipment. With over 100 events scheduled throughout the year, some type of fishing is available almost every week.

GOLF – 18 HOLES: GENE BELL (Br. 171)
BILL WADSWORTH (Br. 174)



The outings in September will be at Lake Chabot on Sept. 9, Paradise Valley on Sept. 23, and Poppy Ridge on Sept. 30. Check out our website at www.sirlamorindagolf.com and join the fun group.

The SIR 171/174 golf website includes the membership application, a list of current members, the 2019 schedule, the results of prior events, and other pertinent information for members and prospective members.

GOLF – 9 – HOLER: TIM FREEMAN (BR. 171)



For those that don't want to play 18 holes, or want to play a shorter course on occasions, there is a 9 hole group that meets each Friday morning at Diablo Hills Golf Course in Walnut Creek. Tim Freeman coordinates this and sends out a note to all members on his interested party list each week, a few days before the game, to see who is interested in playing. Lunch follows at the Diablo Hills clubhouse. Contact Tim (timfre@comcast.net) if you would like to be added to the interested party list.

HISTORICAL ADVENTURES: JIM KLINE (Br 171 co-chair)
KEN FISCHER (Br 171 co-chair)



[Central Sanitary Water Treatment Tour](#)

The Historical Adventures Committee has arranged for a tour of the Central Sanitary Water Treatment Facility in Martinez on **Wednesday, September 25 at 10:30**. There is no cost. This should be a very interesting hour and half given the complicated nature of water treatment today compared to the past. Signup at the September meeting or contact Ken Fischer at

keninmoraga@gmail.com

The group focuses on highly popular and educational tours. The Lawrence Livermore National Laboratory, Port Chicago National Memorial, Computer History Museum, and Oakland Aviation Museum are some of the sites that have been included in the past.

Please inform Jim or Ken if you have requests or suggestions for additional adventures.

INVESTMENT GROUP: (OPEN) Br. 171
TOM HENRY (Br. 174)
DAVID SUTTON (Br-8)



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\$UMS in Retirement meets next on **Wed August 28 at 8 AM** at the Legends Restaurant at Diablo Creek Golf Course on Port Chicago Highway, Concord, just north of Hwy 4.

The presenter will be Mike Frazier of Bedell, Frazier Investment Counselors in Walnut Creek. Mike will talk on the conflicting signals from the bond market about a possible recession.

The Legends opens at 7 AM. Come early and have a leisurely breakfast with your colleagues prior to the meeting. Ladies are welcome.

We ask that everyone donate \$2 each month to cover expenses. We pay the restaurant \$40 each time in lieu of tips and rent. If everyone pays, we break even with 20 attendees. But not everyone pays and we're going in the hole. Please remember the donation box.

If you regularly have breakfast at Legends, ask the cashier for a Legends card. Once you're signed up, you get \$5 off your bill every time you get up to \$100.

Information about the group, including past and current presentations, is available on the \$UMS website -- <http://a2sums.sirinc2.org/> ___

POKER: OPEN) Br. 171
DICK MEDEL (Br. 174) & BILL WIEGMANN (Br. 174)



Our low-stakes poker group meets the **fourth Wednesday of each month** from 12:30 to 4:30pm. We meet at various locations. To join us please contact Dick or Bill for information.

**STAMP and COIN GROUP: LARRY BEANS (Br. 171) STAMPS
BRUCE BERMAN (BR 171) COINS**



We usually meet on the Friday following the Branch 171 monthly meeting at 9:30 am. The group meets at Larry Beans' home at 20 Carr Drive in Moraga. Please call Larry questions and a possible change of meeting schedule.

**TABLE POOL: (OPEN) Br. 171
AREA 16: BILL WEINBERG**



We usually have three or four pool games going when we meet each Monday at 11:30 am at Masse's – 2721 North Main in Walnut Creek. The cost is \$5.00 for as long as you want to play. We also have SIR members from other branches joining us and we usually play about 2 hours but not everyone stays for the final curtain. Haven't played in years? Come join us. All SIRs are welcome.

**TENNIS: (OPEN) (Br. 171)
RALPH THORNICROFT (Br. 174)**



The Tennis Group plays at St. Mary's College every Tuesday and Thursday. Times vary between 8:00am and 8:30am, depending on the weather. Players are at varying skill levels, mostly around the 3.0 range. Members' wives are invited to join us, so let them know they are welcome. Call Jim or Ralph for information.

**TRAVEL: (OPEN) Br 171
JOE TRACY Br 174)
TOM MOLINARI (Area 16), stmolinari@sbcglobal.net**



Trips currently scheduled in 2019 and sponsored by our SIRs Area 16 follow:

Aug 23-Sep3, 2019: 12 Day Land and Sea Scenic Alaska Adventure. 4-day pre-cruise Denali Tour followed by an 8-day cruise from Anchorage to Vancouver on the Crystal Symphony. Ports of call include Seward, Hubbard Glacier, Juneau, Skagway, Ketchikan, and Tracy Arms Glacier. Cost of \$5250 to \$6425 now includes everything. Milt Smith, Br 146, 925-285-2897

The quarterly **State SIR Happenings** travel web page at <http://www.sirinc.org/Travel.pdf> offers additional SIR travel options. There are upcoming tours to:

Aug 23 – Sept 9, 2019 Princess Cruise Iceland and Norway on the Pacific Princess
September 7-22 2019 Taste of Biordeaux

Be sure to check these tours out !!

Contact Tom Molinari to add trips to the list (*contact information is contained in the link above*).

WALKING: *There are three walking groups. There is a group for each of us based on our needs and abilities*

WALKING – ORIGINAL GROUP

AL DONNER (Br. 171)
LYLE DECK (Br. 174)



If you feel left out of something good, come join the group. Just show up across from the Serbian Church by **9 am any Tuesday** and you are good to go. No initiation fees, hazing or other sophomoric rituals, just walking and talking and coffee after. The group walks for about three miles. And if you want a slower pace, try the SENIOR STROLLERS group. If you want to try a faster pace, try the BIG HIKERS group

WALKING -- SENIOR STROLLERS: (OPEN) (Br 171) Al Donner oversees the activity.



Meets **every Wednesday at 9:15 AM** for a casual slower-paced, shorter distance, level-land, sidewalk group of walkers. No plans ahead. Just meet in front of SiSi's at 9:15 every Wednesday morning to walk and then have coffee.

If you want a longer walk, try the WALKING group. For an even longer walk, with some elevation, try the BIG HIKERS group.

WALKING -- BIG HIKERS: **AL DONNER** (Br. 171)



One of three SIRS walking groups, the Big Hikers aims to engage SIRS who want some longer and stronger routes than our two around-town walking groups. The **"Big Hikers"** offer opportunities to do some hikes more than 3 miles in length and sometimes do a little more elevation. They can be further afield, Mt. Diablo or other regional parks, such as Vasco Caves. The Big Hikers operate on a varied schedule, trying to do a couple hikes each month. They go to interesting places as the spirit moves us. Contact Al Donner (to get the on the Big Hikers notice list. If you want a slower pace, try either the WALKING or the SENIOR STROLLERS group. **BIG HIKER walks are scheduled periodically.**

WINE TASTING: **GENE BELL** (Br. 171)
JON LEUTENEKER (Br. 174)



There are now two wine tasting groups. Both are couples events and normally held in-home starting about 7:00 p.m. with a cost per person averaging about \$15. Jon Leuteneker is chairman of the group that meets on the **second Tuesday of each month** - this group has a full roster. Gene Bell is chairman of the group that meets on the **third Tuesday of each month** - membership in this group

Activity Calendar -- September 2019

	Monday	Tuesday	Wednesday	Thursday	Friday
Apple Users Activity	23-Jul				
Astronomy	2nd Monday of month				
Barbershop Harmony		Every Tuesday of month			
Bocce Ball		Each Tuesday			Each Friday
Book Club			Last Wednesday of month		
Bowling			Every Wednesday of month		
Bridge		2nd & 4th Tuesday of month			
Bridge - ACBL Duplicate		First Tuesday of month			
Computers and Technology				No Sept. mtg 10/19/2019	
Couples Dining Out	September (date TBD)				
Dominoes				Every Thursday of month	
Fishing				4th Thursday of month	
Golf	Sept. 9, 23, & 30				
Golf - 9 Holers					Each Friday
Historical Adventures	Sept. 25				
Investment Group			Aug. 28		
Poker			4th Wednesday of month		
Stamp & Coin Club					First Friday after Club Meeting
Table Pool	Every Month of month				
Tennis		Every Tuesday of month		Every Thursday of month	
Travel	No meetings scheduled. Only trips. See newsletter section				
Walking - Original Group		Every Tuesday of month			
Walking -- Senior Strollers			Every Wednesday of month		
Walking -- Big Hikers	As scheduled				
Wine Tasting		2nd & 3rd Tuesday of month			

SIR ORGANIZATION 2019 (08-20-19)

STATE PRESIDENT Ed BENSON
STATE VICE PRESIDENT DICK DEVOE
REGION 5 DIRECTOR BILL HOLLY
AREA 16 GOVERNOR WALT BUSENIUS

SIR Inc. Website: www.sirinc.org
Area 16 Website: area2.sirinc2.org/
Branch 171 Website: www.sirinc2.org/branch171/

BRANCH EXECUTIVE COMMITTEE (BEC)

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PAST BIG SIRs

1994 BILL TEUSCHEL	1995 DAN REGO
1996 JOHN DAHL	1997 RAY HORTON
1998 ELLIS LANGLEY	1999 CHARLIE DINES
2000 JIM SWEENEY	2001 CLAY SEALY
2002 DENNIS BROSSART	2003 BILL MUESER
2004 GENE BELL	2005 TOM KELLY
2006 DAN FLOWER	2007 BILL SUMNER
2008 FRED GEORGE	2009 JIM GIBNEY
2010 DICK MACY	2011 PHIL ARTH
2012 KARL DROESE	2013 JOHN HAFFNER
2014 SAM ZORICH	2015 TIM FREEMAN
2016 TOM MARNANE	2017 RALPH BLUMENTHAL

HONORARY LIFE MEMBER

CLAY SEALY

COMMITTEE CHAIRMEN

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ACTIVITIES CHAIRMAN – Branch 171: SAM ZORICH 376-7799 sam.zorich@gmail.com

<u>ACTIVITY</u>	<u>BR 171 COORDINATOR</u>	<u>BR 174 COORDINATOR</u>	<u>AREA 2 CHAIRMAN</u>
APPLE USERS	STAN HOLCENBERG 998-5131 sholcenb@comcast.net	JOE TRACY 954-7801 jotracy@comcast.net	
ASTRONOMY	OPEN	GEORGE COBB 200-7749 gecbblue@aol.com	BILL HUNTER 254-6281
BARBER SHOP HARMONY	BRAD DEWEY 376-3349 ebdewey@att.net	RICH ZAVATERO 682-2373 zavatero@yahoo.com	
BIG HIKERS	AL DONNER aajdonner@gmail.com		
BOCCE BALL	STEVE PATTON 510-409-2916 steven_patton@hotmail.com	ED PROTIVA 254-1631 edprotiva1@comcast.net	
BOOK CLUB	BOB KROMPHOLZ / AL DESSAYER 528-9937 / 376-7430 krompholz@comcast.net dessayer@pacbell.net		
BOWLING	OPEN		MIKE KROPF 689-1452
BRIDGE	JOHN SCHICK 376-9412 jschick@att.net	STU KNUDSEN 376-4919 svknudsen619@aol.com	ROD SPICER 935-5306
BRIDGE -- DUPLICATE		TOM HENRY 254-5724 Tomhenry925@icloud.com	
COUPLES DINING OUT	SAM ZORICH 376-7799 sam.zorich@gmail.com		
COMPUTERS & TECHNOLOGY	OPEN	DICK CURRY 376-5541 racorinda@pacbell.net	NEIL SCHMIDT np_schmidt@pacbell.net
DOMINOES	TOM WESTHOFF 276-2609 Westhoff40@comcast.net		
FISHING	KARL DROESE 376-0468 kdroese@comcast.net		HARRY SHERINIAN
GOLF – 18 HOLE	GENE BELL 284-1786 Gdbell1@comcast.net	BILL WADSWORTH 963-0442 wadsy1@aol.com	RAY WEISZ 240-0425
GOLF – 9 HOLE	TIM FREEMAN 283-5945 timfre@comcast.net		
HISTORICAL ADVENTURES	JIM KLINE / KEN FISCHER 376-4173 / 518-3104 jimjuliek@aol.com / keninmoraga@gmail.com		
INVESTMENT	OPEN	TOM HENRY 254-5724 Tomhenry925@icloud.com	DAVID SUTTON 686-0158 davesutn@comcast.net
POKER	OPEN	DICK MEDEL / BILL WIEGMAN bieg@comcast.net	376-5568 / 376-6088
SENIOR STROLLERS	OPEN		
STAMPS & COINS	LARRY BEANS / BRUCE BERMAN 376-7306 / 284-1094 larrybeans@comcast.net / kingfisher.94556@yahoo.com	JOHN ERICKSON 376-3808 whalehaven@aol.com	
TABLE POOL	OPEN		BILL WEINBERG 682-0962
TENNIS	OPEN	RALPH THORNICROFT 376-8140 grtincal@aol.com	
TRAVEL	OPEN	JOE TRACY 954-7801 jotracy@comcast.net	TOM MOLINARI stmolinari@sbcglobal.net
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WINE TASTING	GENE BELL 284-1786 Gdbell1@comcast.net	JON LEUTENEKER 376-7035 jonleuteneker@comcast.net	

BOLD – INDICATES ACTIVITY CHAIRMAN