

# SIR BRANCH 171 June 2019

http://branch171.sirinc2.org/ A Non-Profit Public Benefit Corporation for Retired Men Devoted to the Promotion of Independence and Dignity of Retirement



# Our next meeting will be Wednesday, June 5 Holy Trinity Serbian Orthodox Church Hall

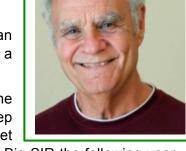
1700 School St., Moraga Social time begins at 11 Meeting begins at 11:30

# BIG SIR MESSAGE: BARRY LESKIN

My Fellow SIR 171 Members,

There is a lot going on in the club. First, some dates for the calendar:

- The June 5 meeting will feature the SirPremes. Also, it will be Hawaiian Shirt day. Wear your best (or worst) in order to have a chance to win a prize.
- Elections for the 2020 Branch Executive Committee will be held at the August 7 meeting. The slate has been filled except for a member to step up to the plate and take on the very important Little SIR role. It's easy -- get



a speaker for the club meeting each month and await your coronation as Big SIR the following year. If interested in the Little SIR role, or a Director role, contact me or a member of the Nominating team (John Haffner, Al Donner, Tim Freeman, or Ralph Blumenthal).

There are some chairman changes:

- After many years as a valued member of the Membership Committee, John Schick will be stepping down soon. Chair Stew Chalem will also be leaving the team. Thank you John and Stew for the fantastic job. And thanks to Ed Drasin for assisting as an interim membership chair until there is a permanent Membership Chair and Assistant Chair. Please contact me with your interest.
- After more than 20 years as the Sunshine Chairman, Monte Logan will be stepping down. Thank you Monte for all that you have done in that role over the years. Eric Cho will assume the Chair in June, and the reporting will likely have a name change from Sunshine.

And what else is going on?

- Our 171 financial situation and balance continues to decline each month, partly due to membership reductions and also due to a large number of signouts for each meeting. Our Treasurer, Bob Krompholz, will discuss this very important topic, and some proposals to address the situation, at our June luncheon meeting.
- There is a new SIR policy regarding Inactive membership. We will be contacting those persons who have Inactive status with 171 to discuss those changes. Will provide details to the entire club membership within the next couple of months.

We rely on you as members to recruit new Sir members. The biggest opportunity to increase membership is identifying "stay at home" men. Most are unaware of us – great meetings and activities. Al Donner provided some About-SIR cards at our last meeting. Pass them out to a prospective member. And get a free lunch for yourself when you induct a new member.

\_\_\_\_\_

Happy Memorial Day to all.

Barry Leskin, Big SIR

# LITTLE SIR MESSAGE: RICK FEND

June 5 Program

The speaker at the June 5 meeting will be *Bob Fritzky*, *President of the Moraga Chamber of Commerce*.

Bob will speak on the evolution of the Moraga Chamber of Commerce and its impact and importance not only to the Business Community, but the Community at large. The talk will give a perspective on Chambers of Commerce, especially for small communities.

Bob has been a resident of Moraga for the past 19 years, is a small business owner, is very involved in the community, and enjoys various volunteer activities.

For leisure activity Bob has been involved in road & trail running since 1976. He has completed 121 marathons (26.2 miles each) and numerous other road races during the past 43 years, and has logged over 375,000 miles during his running career.



Rick Fend, Little SIR

# **ANNOUNCEMENTS & NEWS**

# **BOCCE SEASON IS UPON US**

The very popular bocce activity is open for the season. Opening Day was May 7. The games will continue each Tuesday and Friday at 10:00, at the Moraga Commons, until late August.

# **NEW MEMBER LEWIS LIPPARD**

A warm welcome to Lewis Lippard, who was inducted at the May meeting by Laszlo Bonnyay. Lewis was born in Washington DC, attended Georgia Tech and Fordham, currently lives in Berkeley, has been married 56 years, and has a strong interest in sailing and tennis.

Please introduce yourself to Lewis, welcome him to the group, help him find a seat at a table, and answer any questions he might have.

# **IDENTITY THEFT DOCUMENT – PRESENTED AT MAY 1 MEETING**

We had a very informative program on Identity Theft and Cyber Crime at the May 1 meeting. Many of you have asked for a copy of the presentation. It is attached to this newsletter mailing



# MAY MEETING PHOTOS & COMMENTARY – by fill-in photographer Stan Holcenberg



# JUNE LUNCHEON

# LUNCHEON MENU

Salmon with fresh pineapple salsa; rice pilaf Green Salad; Seasonal Fresh Fruit Salad; Dessert

## JUNE SIRS BIRTHDAYS

George Barron – Jerry Borrmann – Lew Edwards – Jack Flanagan – Dan Friedman

Bill Hughes -- Charles Kezerian – Bill Korn – Lauri Lehtin – Tom Lenz – Paul Ratto

Mack Riddle -- Tom Roberts – Harold Scates – Al Simonsen – Ed Zuber

One of the above members with a birthday in June will win a free lunch if he attends the June meeting. Members whose birth month is in June, and who do not see their name in the above list, should contact the Big SIR prior to the meeting to ensure that their names are included in the drawing. <u>NOTE</u>: Members 90 years of age or more will receive a free lunch on their birth month each year, but they must notify the Big SIR prior to the meeting. Big SIR Barry Leskin can be reached at <u>barryleskin@gmail.com</u>.

# **GUESTS AND NEW MEMBERS**

## \$15 Luncheon fee for first time guest

The first time a guest attends a meeting the lunch fee is \$15. The regular luncheon fee of \$25 will be charged for subsequent visits as a quest.

# **BRANCH REPORTS**

## ATTENDANCE REPORT: FRANCIS WONG

There were 90 attendees at the last meeting, which included 87 members, one speaker, one visitor and one guest. There was one inductee. There were 17 no-shows and 37 excused sign-outs.

# ONLY 62% of our membership attended, way below our 70% target !!!

PLEASE CALL THE SIR 171 "HOT LINE" at <u>925-377-5880</u> BEFORE 1:00PM ON THE SATURDAY BEFORE THE MEEETING IF YOU WILL NOT BE ATTENDING THE MEETING OR IF YOU ARE BRINGING A GUEST. FAILURE TO FOLLOW THIS PROCEDURE WILL SUBJECT THE MISSING MEMBER TO THE \$25 NO SHOW CHARGE. It is not necessary to call the HOT LINE if you have placed your name on the "Absence Notification" sheet at a prior meeting. Leave a message as soon as you can if the absence is due to a medical reason. <u>Please note</u>: If you are requesting a SIR membership status change, contact Stew Chalem, Membership Chair (<u>377-0698</u>) rather than calling the SIR 171 HOT LINE.

# MEMBERSHIP REPORT: STEW CHALEM (Chair)

JOHN SCHICK (Assistant Chair) ED DRASIN (Interim Member - Reporting)

| <u>ACTIVE</u><br>Prior Month:<br>Inductees<br>From Inactive:               | 141<br>1 Lewis Lippard (#68), Sponsor, Laszlo Bonnyay (#21)<br>None |
|--|---|
| Deductions Total, This Month:  | (1) Brad Wait (#90), Resigned, Illness<br><u>141</u>                |
| INACTIVE<br>Prior Month:<br>Additions:<br>Deductions<br>Total, This Month: | 33<br>None<br><u>33</u>   |

**Membership Application Forms** are available at the desk at the meetings, from Stew Chalem, or on the Club website (<u>http://www.sirinc2.org/branch171/</u>). For the website, select "Application: from within the "Members" selection"

# **ROSTER CORRECTIONS:** John Schick.

**NOTE:** Please contact John Schick whenever your personal information changes (i.e. email address, home address, and/or phone number) or whenever you wish a membership status change (i.e. to request status change or to resign). John Schick will in turn update the Master Roster.

## TREASURER'S REPORT: Bob Krompholz

April 2019

| Beginning     | 5,630   |
|---------------|---------|
| Receipts      | 2,455   |
| Disbursements | (2,776) |
| Ending        | 5,309   |

Please contact Bob if you would like additional details.

# **<u>SUNSHINE REPORT</u>: MONTE LOGAN** (retiring from the role this month) **ERIC CHO** (new Chair)

# Branch 171

- SIR Stewart Chalem -- it was great to see current Membership Chairman Stew at the last meeting.
- SIR Chuck Healy -- is making progress after his surgery and is now at home.
- SIR Clay Claussen -- suffered a stroke.
- SIR Tom Smigielski -- is recovering from open heart surgery.

We also keep the following SIR's in our thoughts and prayers, and look forward to their continued healing and return to good health: SIR Laurie Lehtin SIR Gene Bell SIR Tom Keele

## Branch 174

No reports.

•••Please try to contact SIR's with illnesses to offer your support and encouragement and keep them in our thoughts and prayers. A friendly call is welcome. Cards and letters are always appreciated. If you are aware of an ill SIR, please inform our new chair Eric Cho by e-mail or phone.

# KNOW YOUR SIRs

No bios this month

*Know Your SIR is edited by Dave Humm* <u>dmh2@silcon.com</u> 376-5895. We would like to have all of our members, who wish to do so, be included in this directory. Please write down the salient points of your life (1/2 page) and provide it to Dave (via e-mail if possible). It will then be written up in a future newsletter. Dave has copies of all past "Know Your SIR" reports. Access to them is available via e-mail; or a hard copy can be had for the cost of printing.

**BRANCH 171 NEWSLETTER:** Editor **STAN HOLCENBERG.** The deadline for receipt of Newsletter material by the Editor is the 15<sup>th</sup> of the month. E-mail to <u>sir171-news@comcast.net</u> is preferred.

Also enjoy reading SIR Happenings, our State Newsletter, and find out about all the fun things that are going on throughout our organization. You can find the most recent edition of SIR Happenings on our SIR State website -- click on the following link, or cut and paste the link into your browser to view -- <u>www.sirinc.org/sirhappenings/</u> Some very interesting articles highlighting news of interest from other SIR branches including several of our branches in Area 2. Send comments and article to <u>jlsabo2@comcast.net</u> or <u>HappeningsEditor@gmail.com</u>

# **BRANCH ACTIVITIES (BRANCHES 171 & 174)**

# ACTIVITY LIST

| Apple Users Activity              |
|-----------------------------------|
| <b>Barbershop Harmony</b>         |
| Book Club                         |
| Bridge – Social                   |
| <b>Computers &amp; Technology</b> |
| Dominos                           |
| Golf – 18 Holes                   |
| Historical Adventures             |
| Pinochle                          |
| Stamp Club                        |
| Tennis                            |
| Walking – Original Group          |
| Walking – Big Hikers              |

Astronomy Bocce Ball Bowling Bridge – ACBL Duplicate Couples Dining Out Fishing Golf – 9 Holer Investment Group Poker Table Pool Travel Walking – Senior Strollers Wine Tasting

# ACTIVITIES CHAIRMAN: SAM ZORICH (BR. 171)



The Activity Chairman's role is to keep in close contact with each of the chairmen of the branch activities in order to understand what they are doing and how things are going, to determine if they are planning any special activities that they want to communicate to the rest of the Branch, and to determine if there is anything special that requires assistance. Also, the Chair keeps in communication with the other branches in the area to determine if there are additional activity announcements that should be made to our branch.

The Chair is always looking for suggestions for additional activities (e.g. Chess, Cooking, Current Events Discussions, etc etc), and is the focal point to communicate with if you would like to chair any of the open activity groups.

# APPLE USERS ACTIVITY: DICK MACY (Br. 171)





**Meetings are held bi-monthly on the 4th Monday of odd number months** from 10:00 a.m. to noon. There will not be a meeting will be in May. The next meeting will be on July 22. The meetings are held in the conference room of the Contra Costa County District 2 Supervisor's Office at 3338 Mt. Diablo Blvd., Lafayette, adjacent to the fire station and across from El Charro restaurant. Enter through the left side door at top of steps.

The meetings focus on Apple/Mac computers, iPhones, iPads, and other Apple devices. Meetings include a roundtable on products, applications, rumors, issues, problems, and Q & A. Special discussions will occur after major product announcements and developer conferences.

Novices and advanced users are welcomed. Come and be a part of the group.

# ASTRONOMY:

(OPEN) Br. 171 GEORGE COBB (Br. 174) BILL HUNTER (Area 16 - Br. 8)



We meet the **second Monday of each month** in the Tilden Room at the Concord Hilton Hotel on Diamond Boulevard. Our meetings commence at 1:30. Please join us for an entertaining meeting. All are welcome. Call or e-mail George (<u>GECBlue@aol.com</u>) for details and further information.

#### BARBERSHOP HARMONY: BRAD DEWEY (Br. 171) RICK AVATERO (Br. 174)



The SIRpremes are a barbershop octet, composed of members from both 171 and 174, that sing songs in four-part harmony. By having two people on each part, the problems caused by absences are greatly reduced – obviously. The group's self-determined purpose has been to periodically add a little variety to the monthly luncheon meetings of Branches 171 and 174.

Rick Avatero for additional information.

## BOCCE BALL: STEVE PATTON Br. 171 ED PROTIVA (Br. 174)



# BOCCE SEASON OPENED TUESDAY, MAY 7 AT THE COMMONS

Bocce is played every Tuesday and Friday. The group meets at 10 am, just beyond the bandstand at the Moraga Commons, located at the corner of Moraga Road & St Mary's Rd (next to the bandstand). The cost is all of \$2; the game is really easy to learn and is great fun, including a lot of good chat. You can be a part of this great group of guys, and can play on either or both days.

The Bocce game consists of 4 players on each court, creating 2 teams of 2 members each. Each team has one player at each end of the court. It is quite easy to learn.

## BOOK CLUB:

BOB KROMPHOLZ (Br 171 co-chair) AL DESSAYER (Br 171 co-chair)

The group develops a twelve month calendar of agreed upon book selections with each member hosting a book review where we will discuss his book. An attempt is made to vary the selections to include the latest best sellers as well as some classics and non fiction.

Each member selects a book he has read or would like to read and suggests it to other members, who will then read the book and be ready for discussion at subsequent meetings. This is a great way not only to diversify your reading enjoyment, but also to discuss your comments and ideas with other intelligent, curious, cerebral fellows like yourself.

Book reviews are usually scheduled on the **last Wednesday of the month** @ 7-8pm. There are currently 12 members of the club. Contact Bob or Al if you are interested in joining.

## BOWLING:

(OPEN) Br. 171 AREA 2: MIKE CROPF (Area)



Area 2 Tournament and league bowling is held at Clayton Valley Bowl **every Wednesday**. Be there at 9:30 am. More members are welcome. Call for more information.

# BRIDGE -- SOCIAL: JOHN SCHICK (Br. 171)



The group meets at the Moraga Hacienda on the **second and fourth Tuesdays of each month**. Please arrive by 9:50 am. Play starts promptly at **10:00 am**. Bring \$5 and a bag lunch. Call John for further information

Over the years attrition has taken its toll, so at this time we are looking for new players. If you have ever played bridge in your life or are still playing, please consider joining us, regardless of what level you play at.

We play for fun and though we may give advice, we never criticize. Some of us play conventions, many play mostly basic bridge. Please contact John Schick if you are interested and we will get you signed up. (see *Organization chart for contact information*).

If transportation is an issue, let us know and, if possible, we can arrange rides. The group meets at the Moraga Hacienda on the second and fourth Tuesdays of each month. Please arrive by 9:50 am. Play starts promptly at 10:00 am. Bring \$5 and a bag lunch. Call John for further information.

# BRIDGE – ACBL DUPLICATE

DUPLICATE BRIDGE

Area 16 duplicate bridge is held on the 1st Tuesday of each month at the American Contract Bridge Center (First Christian Church Fellowship Hall), 3039 Willow Pass Rd, Concord (phone: 925-935-2273). Guests of SIR members are welcomed.

Games are played at the Contra Costa Bridge Center; 3039 Willow Pass Road in Concord. Registration begins @ 9:15AM; a lesson with Ravi Bhalla begins @ 9:30AM; play starts at 10:00AM and finishes before 2:00PM. Reservations are required. If you wish to play please contact Tom Henry [bridgewiz612@gmail.com]

This activity is fully sanctioned by the American Contract Bridge League and, as such, ACBL Master Points will be awarded to the top three pairs

## COMPUTERS & TECHNOLOGY: (OPEN) Br. 171

Dick Curry Br. 174 NEIL SCHMIDT (Area - Br 116)

(OPEN) Br. 171

**TOM HENRY** (Br. 174 & Area 16)



The Area 16 Computer and Technology Group meetings are fun and informative where we discuss applications for computers and technology. At each meeting we have a presentation on a topic covering everything from antivirus programs, ways to back up your data, digital photography, genealogy research, smart phones and many other topics. It's a great way to learn about new technology and to also get answers to your computer questions or problems.

The next meeting of the SIR Area 16 Computer and Technology Group will be Thursday, May 16<sup>th</sup> at the Walnut Creek Elks Lodge (1475 Creekside Dr., WC) starting at 9:30 am. SIR from

all branches and their guests, including spouses, are welcome and invited to attend. Plan to come a little early and for coffee, goodies and to chat.

The presentation topic for the May meeting will be "*What to Do with Your Photos*" by Nick Bowles. Nick will be discussing ideas for organizing your photos, editing them, creating slideshows and albums, making movies, etc. He will also demonstrate how he shares his photo projects with not only friends and relatives, but with others.

Presentation notes should be available on the CAT Web page (<u>https://sirinc2.org/a16cat/</u>) several days prior to the meeting. We look forward to seeing you around 9:15 AM, Thursday September 20.. We ask for a donation of \$5 to cover the cost of the hall rental, coffee and cookies. See you there.

·

Information about the group, including current and past presentations, is available on the SIR Area 2 Computes and Technology website -- <u>https://sirinc2.org/a16cat/</u> Make sure you are on the CAT mailing list by sending an e-mail request to: <u>sir.area2.cat@gmail.com</u>

# COUPLES DINING OUT SAM ZORICH (Br. 171)



Seven couples enjoyed their friendship and good food at the Moraga Country Club in May. Lew Edwards will host the next dinner gathering, which will be on Wednesday. July 10 at La Finestra in Moraga.

The group dines out every other month at a fine location in the East Bay. Planning for the venue rotates among the various members of the group.

## DOMINOES TOM WESTHOFF (BR 171)

The SIR 171 Domino group meets every Thursday at Moraga Royale from 1:00pm – 3:00pm. Contact Tom Westhoff for further information.

## FISHING: KARL DROESE (Br. 171) HARRY SHERINIAN (Area 16)



All SIR members and guests are welcome and encouraged to participate in fishing trips as well as attend the monthly meetings. Next meeting will be Thursday, May 23rd at the Legends Sports Bar and Grill at the Diablo Creek Golf Course at 4050 Port Chicago Highway in Concord, starting at 8:30am. You can order breakfast and have it served in the meeting room.

Whether you fly fish, spin fish, troll or bait fish there will be events of interest. If you are new to fishing or are interested in trying a different type of fishing we have experienced and knowledgeable members happy to share their expertise, and even their equipment. With over 100 events scheduled throughout the year, some type of fishing is available almost every week.

**April Results:** Trout fishing at local reservoirs was very productive . Several members fished for sturgeon on the Delta with a couple of nice ones caught. Trips to the Bay and Delta produced many stripers.

Activities Scheduled for May and June: We have scheduled several SF Bay and Delta trips on member boats, and six packs for halibut, stripers and sturgeon. Other activities will include trout fishing (shore and boat) at Shadow Cliffs and at San Pablo, Lafayette, and Los Vaqueros Reservoirs; a fish fry at a member's home; Fly fishing at Pyramid Lake NV and a 4 day trip to Lake Almanor.

## <u>GOLF – 18 HOLES</u>: GENE BELL (Br. 171) BILL WADSWORTH (Br. 174)



The SIR Lamorinda Golf Club 2019 championship will be open for playing matches starting May 13th. On May 8<sup>th</sup> a drawing will be held to fill the brackets with those who have signed up. It will be held at 10:45am in the bar area prior to Branch 174's luncheon. Everyone is invited to observe two Branch 171 golfers, Steve Wright and Tuck Coop, manage the draw. Ron Leiker of Branch 174 will provide close oversight to ensure that those golfers in 171 do not get preferential treatment. If you desire to sign up, please do so by contacting Steve Wright (sirgolf94570@yahoo.com) no later than May 7th. An entry fee of \$10 must be paid prior to the tournament start date.

Our outings in May include Hiddenbrooke in Vallejo on May 13th and Callippe Preserve in Pleasanton on May 20th. In June they will be at Canyon Lakes on June 3, Tilden Park on June 10, and Lake Chabot on June 24. Join us as the weather is getting nicer all the time!

The SIR 171/174 golf website (<u>www.sirlamorindagolf.com</u>) includes the membership application, a list of current members, the 2019 schedule, the results of prior events, and other pertinent information for members and prospective members.

## **GOLF – 9 – HOLER: \_ TIM FREEMAN** (BR. 171)



For those that don't want to play 18 holes, or want to play a shorter course on occasions, there is a 9 hole group that meets each Friday morning at Diablo Hills Golf Course in Walnut Creek. Tim Freeman coordinates this and sends out a note to all members on his interested party list each week, a few days before the game, to see who is interested in playing. Lunch follows at the Diablo Hills clubhouse. Contact Tim (timfre@comcast.net) if you would like to be added to the interested party list.

#### HISTORICAL ADVENTURES: JIM KLINE (Br 171 co-chair) KEN FISCHER (Br 171 co-chair)



## HISTORICAL TOUR OF MARE ISLAND - Wednesday, May 15 at 10:00am

The Historical Adventures group has set up a tour of Mare Island. The tour will last about 2 1/2 hours and include the drydocks, flag officers' homes, museum and the chapel with its Tiffany stained glass windows. The cost is \$15. Lunch is an option afterwards.

Guests and spouses are welcome and car pools will be organized. All will meet at Mare Island at 10:00am. To sign up or for questions call Ken Fischer 925-518-3104 or email <u>keninmoraga@gmail.com</u>

The group focuses on highly popular and educational tours. The Lawrence Livermore National Laboratory, Port Chicago National Memorial, Computer History Museum, and Oakland Aviation Museum are some of the sites that have been included in the past.

Please inform Jim or Ken if you have requests or suggestions for additional adventures.

#### **INVESTMENT GROUP**:



shutterstock · 104489462

(OPEN) Br. 171 **TOM HENRY (Br. 174)** DAVID SUTTON (Br-8)

\$UMS in Retirement meets at the Legends Restaurant at Diablo Creek Golf Course on Port Chicago Highway, Concord, just north of Hwy 4.

The next following meeting will be on Wednesday May 22 at 8 AM. SPEAKER TO BE ANNOUNCED LATER. CHECK THE WEBSITE FOR FURTHER INFORMATION.

The Legends opens at 7 AM. Come early and have a leisurely breakfast with your colleagues prior to the meeting. Ladies are welcome.

BTW, we ask that everyone donate \$2 each month to cover expenses. We pay the restaurant \$40 each time in lieu of tips and rent. If everyone pays, we break even with 20 attendees. But not everyone pays and we're going in the hole. Please remember the donation box.

Information about the group, including past and current presentations, is available on the \$UMS website -- http://a2sums.sirinc2.org/

POKER:

OPEN) Br. 171 DICK MEDEL (Br. 174) & BILL WIEGMANN (Br. 174)



Our low-stakes poker group meets the **fourth Wednesday of each month from 12:30 to 4:30pm**. We meet at various locations. To join us please contact Dick or Bill for information.

# STAMP and COIN GROUP: LARRY BEANS (Br. 171) STAMPS BRUCE BERMAN (BR 171) COINS



We usually meet on the Friday following the Branch 171 monthly meeting at 9:30 am. The group meets at Larry Beans' home at 20 Carr Drive in Moraga. Please call Larry questions and a possible change of meeting schedule.

## TABLE POOL:

(OPEN) Br. 171 AREA 16: BILL WEINBERG



We usually have three or four pool games going when we meet each **Monday at 11:30 am** at Masse's – 2721 North Main in Walnut Creek. The cost is \$5.00 for as long as you want to play. We also have SIR members from other branches joining us and we usually play about 2 hours but not everyone stays for the final curtain. Haven't played in years? Come join us. All SIRs are welcome.

# TENNIS: (OPEN) (Br. 171) RALPH THORNICROFT (Br. 174)



The Tennis Group plays at St. Mary's College every Tuesday and Thursday. Times vary between 8:00am and 8:30am, depending on the weather. Players are at varying skill levels, mostly around the 3.0 range. Members' wives are invited to join us, so let them know they are welcome. Call Jim or Ralph for information.

## TRAVEL: (OPEN) Br 171 JOE TRACY Br 174) TOM MOLINARI (Area 16), <u>stmolinari@sbcglobal.net</u>



Trips currently scheduled in 2019 and sponsored by our SIRs Area 16 follow:

**June 1-18, 2019: Machu Picchu & the Galapagos**. Small ship adventure to Lima, Cazco, Machu Picchu Quito and 4 night Galapagos Cruise. Cost is \$6,995 including airfare, transfers and taxes, 38 meals, 21 small group activities, 2 local Trip Leaders, gratuities for local guides, drivers, ship crew and luggage porters. Milt Smith, Br 146, 925-285-2897.

Aug 23-Sep3, 2019: 12 Day Land and Sea Scenic Alaska Adventure. 4-day pre-cruise Denali

Tour followed by an 8-day cruise from Anchorage to Vancouver on the Crystal Symphony. Ports of call include Seward, Hubbard Glacier, Juneau, Skagway, Ketchikan, and Tracy Arms Glacier. Cost of \$5250 to \$6425 now includes everything. Milt Smith, Br 146, 925-285-2897

The quarterly **State SIR Happenings** travel web page at <u>http://www.sirinc.org/Travel.pdf</u> offers additional SIR travel options. There are upcoming tours to:

July 25 – Aug 3, 2019Alpine Swiss VillageAug 23 – Sept 9, 2019Princess Cruise Iceland and Norway on the Pacific PrincesSeptember 7-22 2019Taste of Biordeaux

Be sure to check these tours out !!

Contact Tom Molinari to add trips to the list (contact information is contained in the link above).

## WALKING: There are three walking groups. There is a group for each of us based on our needs and abilities

WALKING – ORIGINAL GROUP



AL DONNER (Br. 171) LYLE DECK (Br. 174)

If you feel left out of something good, come join the group. Just show up across from the Serbian Church by **9 am any Tuesday** and you are good to go. No initiation fees, hazing or other sophomoric rituals, just walking and talking and coffee after. The group walks for about three miles.

And if you want a slower pace, try the SENIOR STROLLERS group. If you want to try a faster pace, try the BIG HIKERS group

#### WALKING -- SENIOR STROLLERS: (OPEN) (Br 171) Al Donner oversees the activity.



Meets every **Wednesday** at 9:15 AM for a casual slower-paced, shorter distance, level-land, sidewalk group of walkers. No plans ahead. Just meet in front of SiSi's at 9:15 every Wednesday morning to walk and then have coffee.

If you want a longer walk, try the WALKING group. For an even longer walk, with some elevation, try the BIG HIKERS group.

## WALKING -- BIG HIKERS: AL DONNER (Br. 171)



One of three SIRS walking groups, the Big Hikers aims to engage SIRS who want some longer and stronger routes than our two around-town walking groups. The "**Big Hikers**" offer opportunities to do some hikes more than 3 miles in length and sometimes do a little more elevation. They can be further afield, Mt. Diablo or other regional parks, such as Vasco Caves. The Big Hikers operate on a varied schedule, trying to do a couple hikes each month. They go to interesting places as the spirit moves us. Contact AI Donner (to get the on the Big Hikers notice list. If you want a slower pace, try either the WALKING or the SENIOR STROLLERS group. BIG HIKER walks are scheduled periodically.

## WINE TASTING: GENE BELL (Br. 171) JON LEUTENEKER (Br. 174)



There are now two wine tasting groups. Both are couples events and normally held inhome starting about 7:00 p.m. with a cost per person averaging about \$15. Jon Leuteneker is chairman of the group that meets on the **second Tuesday of each month** - this group has a full roster. Gene Bell is chairman of the group that meets on the **third Tuesday of each month** membership in this group

|                          | Monday   | Tuesday   | Wednesaday                  | Thursday                   | Friday                             |  |
|--------------------------|--|---|-----------------------------|----------------------------|------------------------------------|--|
|                          |  |   |                             |                            |                                    |  |
| Apple Users Activity     | 4th Monday of<br>odd months<br>next on July 22 |   |                             |                            |                                    |  |
| Astronomy                | 2nd Monday of<br>month                         |   |                             |                            |                                    |  |
| Barbershop Harmony       |  | Every Tuesday of<br>month                                 |                             |                            |                                    |  |
| Bocce Ball               |  | Each Tuesday  |                             |                            | Each Friday                        |  |
| Book Club                |  |   | Last Wednesday<br>of month  |                            |                                    |  |
| Bowling                  |  |   | Every Wednesday<br>of month |                            |                                    |  |
| Bridge                   |  | 2nd & 4th<br>Tuesday of month                             |                             |                            |                                    |  |
| Bridge - ACBL Duplicate  |  | First Tuesday of month                                    |                             |                            |                                    |  |
| Computers and Technology |  |   |                             | 16-May                     |                                    |  |
| Couples Dining Out       |  | 10-Jul  |                             |                            |                                    |  |
| Dominoes                 |  |   |                             | Every Thursday<br>of month |                                    |  |
| Fishing                  |  |   |                             | 4th Thursday of<br>month   |                                    |  |
| Golf                     | May 13 & 20<br>June 3, 10, & 24                |   |                             |                            |                                    |  |
| Golf - 9 Holers          |  |   |                             |                            | Each Friday                        |  |
| Historical Adventures    | 15-May   |   |                             |                            |                                    |  |
| Investment Group         |  |   | 4th Wednesday of<br>month   |                            |                                    |  |
| Poker                    |  |   | 4th Wednesday of<br>month   |                            |                                    |  |
| Stamp& Coin Club         |  |   |                             |                            | First Friday after<br>Club Meeting |  |
| Table Pool               | Every Month of<br>month                        |   |                             |                            |                                    |  |
| Tennis                   |  | Every Tuesday of<br>month                                 |                             | Every Thursday<br>of month |                                    |  |
| Travel                   | 1  | No meetings scheduled. Only trips. See newsletter section |                             |                            |                                    |  |
| Walking - Original Group |  | Every Tuesday of<br>month                                 |                             |                            |                                    |  |
| Walking Senior Strollers |  |   | Every Wednesday<br>of month |                            |                                    |  |
| Walking Big Hikers       |  |   | As scheduled                |                            |                                    |  |
| Wine Tasting             |  | 2nd & 3rd<br>Tuesday of month                             |                             |                            |                                    |  |