

SIR BRANCH 171 November 2018

http://branch171.sirinc2.org/ A Non-Profit Public Benefit Corporation for Retired Men Devoted to the Promotion of Independence and Dignity of Retirement



Our next meeting will be Wednesday, November 7 Holy Trinity Serbian Orthodox Church Hall

1700 School St., Moraga Social time begins at 11 Meeting begins at 11:30

REMINDER: The annual SIR Branch 171/174 Ladies Day Holiday Luncheon will be held on Wednesday, December 12. The sign-up form is on the last page of this newsletter and also attached to this newsletter mailing. SIGN UP NOW

BIG SIR MESSAGE: BARRY LESKIN

My Fellow SIR 171 Members,

It is hard to believe we are less than two months from our annual Ladies Day Holiday Luncheon, which will be held at the Saint Mary's College Soda Center on December 12. If you have not done so yet, please sign up *(the signup form is included with this newsletter mailing)*. Contact Ed Beatson, our 171 luncheon coordinator, if you have questions. Send the completed signup form to Frank May of Br. 174. Frank's mailing address is on the form.

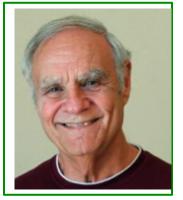
Our luncheon attendance numbers continue to be 10 - 15 below our commitment to our caterer. We plan to renegotiate our contract by December and would like to see an uptick on the attendance number, so please make every effort to attend the luncheon meetings.

We have a team headed by Al Donner to focus on developing a SIR flyer or brochure we can use for promotion to potential members. Those on the team include Al, Rick Fend, Sam Zorich, Stan Holcenberg, and Tom Lemmer. We will review the SIR brochure template and brochures from other Branches for ideas. Please pass on any suggestions you have to me or to any member of the team.

I am working with our SIRS 2019 President-Elect, Ed Benson, on developing a partnership with the world class UCSF Geriatrics Division, whose research involves improving the health and quality of life of seniors. You may recall the excellent talk they gave to our group last year. Ed and I had our first meeting at UCSF on October 12 and we may start with a brief survey early next year on items of interest to both UCSF and SIRs. Our UCSF contact, Distinguished Professor Dr. Christine Ritchie, told us the SIRs senior men's population would be an excellent source to contribute to their research. And UCSF may provide a brief monthly article for our monthly Newsletter on new insights from research that affect our members. More on this later.

Sam Zorich has been Activities Chairman for some time and would like to step down. It is a critical role for the Branch and a very rewarding position. Please let Sam or me know if you would like information about the position.

The greeters this month are Sam Zorich and Steve Kinsey. Thanks Sam and Steve.



Barry Leskin, Big SIR

LITTLE SIR MESSAGE: RICK FEND

The speaker on November 7 will be **Leah McIntosh** from HICAP (Health Insurance Counseling and Advocacy Program). The program is titled:

"What Everyone Needs to Know About Medicare -- Regardless of Your Age"

The program will include a brief Medicare overview, identify choices and timing regarding Medicare coverage, identify issues to be aware of, and alert us on how to avoid costly mistakes and possible gaps in coverage, especially for 2019.



There are many changes to the Medicare health and drug plans this year that may impact us. Some plans will no longer be available. The talk will be specific regarding the Medicare Open Enrollment Period and the plan changes for 2019.

See <u>www.cchicap.org</u> if you would like additional information prior to or after the session.

HICAP is a federal and state funded volunteer-based program. The organization was established in 1984 to provide information about the myths and realities of Medicare, private health insurance companies and, when necessary and appropriate, provide legal advice and representation. There is a HICAP-type program in every state.

Rick Fend, Little SIR

Featured Photo of the Month



BOCCE SEASON "OFFICIALLY" ENDED ON OCTOBER 9 WITH THE YEARLY GATHERING AT CAMPO DI BOCCE IN LIVERMORE. <u>Note</u>: With the good October weather, the group is playing again on Oct. 26 **OCTOBER MEETING PHOTOS & COMMENTARY** - by club photographer Russ Aubry (with intended typos)





Little Sir needs support so he brought his big brothers to learn all about Canabis How is it packaged? Blue berries, candy bars, cookies, oils, sprays, chocolate covered, cigarettes come in joints or blunts



More information? National Geographics, Time, Life, Google, GreenFlower & Roosmoor Medical Marijuana Club

NOVEMBER LUNCHEON

NOVEMBER LUNCHEON MENU

Roast Turkey Breast; Mashed Potatoes; Gravy; Green Bean Casserole Green Salad; Fruit Salad; Dessert

NOVEMBER BIRTHDAYS TO SIRs

MARTY AUFHAUSER - BRUCE BERMAN - GARY BORRELLI - FRANK COMPRELLI

RICK FEND – CLAIR HOTTEN – GARY LANSMAN – LAD LYNCH – DICK MORRISON

JOHN MOULTON - TOME PETERSON - TIM SMIGIELSKI - LARRY THOMPSON - RICHARD VANCE

One of the above members with a birthday in November will win a free lunch if he attends the November meeting. Members whose birth month is in November, and who do not see their name in the above list, should contact the Big SIR prior to the meeting to ensure that their names are included in the drawing. <u>NOTE</u>: Members 90 years of age or more will receive a free lunch on their birth month each year, but they must notify the Big SIR prior to the meeting. Big SIR Barry Leskin can be reached at <u>barryleskin@gmail.com</u>.

GUESTS AND NEW MEMBERS

\$15 Luncheon fee for first time guest

The first time a guest attends a meeting the lunch fee is \$15. The regular luncheon fee will be charged for subsequent visits as a guest.

If you are inviting a guest don't forget to call the hotline at 925-377-5880. Provide the name of your guest and let us know if he is a first time guest.

BRANCH REPORTS

ATTENDANCE REPORT: FRANCIS WONG

There were 98 attendees at the last meeting, which included 91 members, one speaker, five guests, and one visitor (from Br. 174). There were 11 no-shows 41 excused sign-outs. 64% of our membership attended. Our guarantee was 118, which was 20 over our actual attendance. There were no inductees.

Many of the excused absences and no-shows have not met the requirement to attend six of every twelve meetings, as per the policy below. All of us need to be attentive of this requirement so we meet our minimums as well as adhere to the requirement of the club. And please call the hotline if you will be unable to attend a meeting. FAILURE TO CALL THE HOTLINE TO SIGN OUT WILL RESULT IN A \$25 CHARGE.

PLEASE KEEP IN MIND THE SIR REQUIREMENT TO ATTEND SIX LUNCHEONS OF THE LAST TWELVE.

PLEASE CALL THE SIR 171 "HOT LINE" at <u>925-377-5880</u> BEFORE 1:00PM ON THE SATURDAY BEFORE THE MEEETING IF YOU WILL NOT BE ATTENDING THE MEETING OR IF YOU ARE BRINGING A GUEST. FAILURE TO FOLLOW THIS PROCEDURE WILL SUBJECT THE MISSING MEMBER TO THE \$25 NO SHOW CHARGE. It is not necessary to call the HOT LINE if you have placed your name on the "Absence Notification" sheet at a prior meeting. Leave a message as soon as you can if the absence is due to a medical reason. <u>Please note</u>: If you are requesting a SIR membership status change, contact Stew Chalem, Membership Chair (377-0698) rather than calling the SIR 171 HOT LINE.

TREASURER'S REPORT: Bob Krompholz

SEPTEMBER 2018			
Beginning	7,490		
Receipts	2,565		
Disbursements	(2,728)		
Ending	7,327		

Please contact Bob if you would like additional details.

MEMBERSHIP REPORT: STEW CHALEM

JOHN SCHICK

ACTIVE Prior Month: Inductees	147 None				
From Inactive:	None				
Deductions	(1) (1) (1)	Ed Atwood (#32), to Inactive, Health Lloyd Pera (#130), to Inactive, Health Ray Horton (#42 - Honorary Life Member), Resigned, I Ken Forman (#109). Resigned, Moved			
Total, This Month:	<u>143</u>				
INACTIVE					
Prior Month:	31				
Additions:	1	Ed Atwood (#32), Health			
	1	Lloyd Pera (#130), Health			
Deductions	None				
Total, This Month:	<u>33</u>				
APPLICATIONS AWAITING INDUCTION (This Meeting) None					
APPLICANT LIST Bob Schwab (former member), Sponsor, Karl Droese (#108) Business activities will delay rejoinng until after first of year. Bert Yee, Sponsor, Larry Monin (#99) Has taken a full time job; wants to defer hs induction to "a later date."					

Membership Application Forms are always available at the desk at the meetings, or from Stew Chalem.

ROSTER CORRECTIONS: STEW CHALEM

NOTE: Please contact Stew Chalem whenever your personal information changes (i.e. email address, home address, and/or phone number) or whenever you wish a membership status change (i.e. to request inactive status or to resign). Stew will in turn update the master Roster.

SUNSHINE REPORT: MONTE LOGAN

Branch 171

- It is sad to report the passing of **SIR Bill Howard** in September. He joined Br. 171 in the year 2000 and remained on the active list until his passing at age 92.
- It is sad to report the passing of SIR Warren Ehrhardt, who passed away on October 11. He joined Branch 171 in 2010. His wife Marie passed away six days later. Their Memorial Service was held on October 24. Cut and paste the following link for their obituary notice -https://www.legacy.com/obituaries/eastbaytimes/obituary.aspx?page=lifestory&pid=190554646
- SIR Tom Lenz is recovering from a triple by-pass heart operation. We wish him the best in recovery.
- SIR's Jack Flanagan and Robert Church have medical complications and we wish them the best in getting well.

Branch 174

Good news. No illnesses reported.

••• Please try to contact SIR's with illnesses to offer your support and encouragement and keep them in our thoughts and prayers. A friendly call is welcome. Cards and letters are always appreciated. If you are aware of an ill SIR, please let Monte Logan know by e-mail or phone.

KNOW YOUR SIRs

Sal Zammitti

Sal Zammitti has been a Moraga resident since 1971. He and his wife, Lucille, have 3 daughters and one granddaughter. He was born in the Boston area to children of Sicilian and Polish immigrants. After attending Boston's Northeastern University, he worked as a commercial diver on the East Coast in the 1960s, becoming a Certified Instructor in 1962. He then joined the retail world.

Sal lived in the Boston area, Miami, Florida and Federal Way, Washington before purchasing Bamboo Reef scuba stores in San Francisco. During his over 50-year career in the scuba industry he made many lasting contributions to the diving community, having personally certified over 2000 scuba divers and being one of the first divers on the Andrea Doria after it sank in 1958.



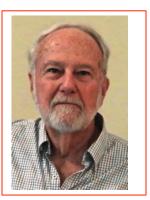
He has been diving in the Philippines, Papua New Guinea, Galapagos Islands, Australia, Indonesia, Cocos Islands, Fiji, Maldives, Alaska and throughout the Caribbean. Some of his favorite dives are along the California coast. He will tell you "I am down to about 50 dives a year" these days.

Sal is an avid scuba diver, skier, gardener, bocce player and recently dominoes player with SIRS.

John H. Moulton

John was born and grew up in San Diego and attended San Diego State College. While still in San Diego he signed on to the Bank of America's training program and worked in a number of their personal banking branches. Over the following years he evolved into corporate and real estate banking with a number of banks and was transferred to San Francisco. As a consultant/receiver, John managed troubled loans, liquidated assets and testified in litigation.

Maridel and John have been married 55 years. They have two children and five grandchildren who they love chasing around the world.



John's hobbies include hiking, wine tasting, canoeing, and hoping to learn bocce.

Know Your SIR is edited by Dave Humm dmh2@silcon.com 376-5895. We would like to have all of our members, who wish to do so, be included in this directory. Please write down the salient points of your life (1/2 page) and provide it to Dave (via e-mail if possible). It will then be written up in a future newsletter. Dave has copies of all past "Know Your SIR" reports. Access to them is available via e-mail; or a hard copy can be had for the cost of printing.

BRANCH 171 NEWSLETTER: Editor STAN HOLCENBERG. The deadline for receipt of Newsletter material by the Editor is the 15th of the month. E-mail to sir171-news@comcast.net is preferred.

Also enjoy reading SIR Happenings, our State Newsletter, and find out about all the fun things that are going on throughout our organization. You can find the most recent edition of SIR Happenings on our SIR State website -click on the following link, or cut and paste the link into your browser to view -- www.sirinc.org/sirhappenings/ Some very interesting articles highlighting news of interest from other SIR branches including several of our branches in Area 2. Send comments and article to jlsabo2@comcast.net or HappeningsEditor@gmail.com

BRANCH ACTIVITIES (BRANCHES 171 & 174)

ACTIVITY LIST (items in blue are informational; items in red have updated information)

Apple Users Activity	Astronomy
Barbershop Harmony	Big Hikers
Bocce Ball	Book Club
Bowling	Bridge
Computers and Technology	Couples Dining Out
Dominoes	Fishing
Golf	Historical Adventures
Investment Group	Pinochle
Poker	Stamp Club
Senior Strollers	Table Pool
Tennis	Travel
Walking	Wine Tasting

ACTIVITIES CHAIRMAN: SAM ZORICH (BR. 171)



The Activity Chairman's role is to keep in close contact with each of the chairmen of the branch activities in order to understand what they are doing and how things are going, to determine if they are planning any special activities that they want to communicate to the rest of the Branch, and to determine if there is anything special that requires assistance. Also, the Chair keeps in communication with the other branches in the area to determine if there are additional activity announcements that should be made to our branch.

The Chair is always looking for suggestions for additional activities (e.g. Chess, Cooking, Current Events Discussions, etc etc), and is the focal point to communicate with if you would like to chair any of the open activity groups.

APPLE USERS ACTIVITY: DICK MACY (Br. 171)

JOE TRACY (BR. 174)



Meetings are held bi-monthly on the 4th Monday of odd number months from 10:00 a.m. to noon. Our next meeting will be held November 26. The meetings are held in the conference room of the Contra Costa County District 2 Supervisor's Office at 3338 Mt. Diablo Blvd., Lafayette, adjacent to the fire station and across from El Charro restaurant. Enter through the left side door at top of steps.

The meetings focus on Apple/Mac computers, iPhones, iPads, and other Apple devices. Meetings include a roundtable on products, applications, rumors, issues, problems, and Q & A. Special discussions will occur after major product announcements and developer conferences.

Novices and advanced users are welcomed. Come and be a part of the group.

ASTRONOMY:



(OPEN) Br. 171 GEORGE COBB (Br. 174) BILL HUNTER (Area 16 - Br. 8)

We meet the **second Monday of each month** in the Tilden Room at the Concord Hilton Hotel on Diamond Boulevard. Our meetings commence at 1:30. Please join us for an entertaining meeting. All are welcome. Call or e-mail George (<u>GECBlue@aol.com</u>) for details and further information.

BARBERSHOP HARMONY: BRAD DEWEY (Br. 171) RON LEIKER (Br. 174)



The SIRpremes are a barbershop octet, composed of members from both 171 and 174, that sing songs in four-part harmony. By having two people on each part, the problems caused by absences are greatly reduced – obviously. The group's self-determined purpose has been to periodically add a little variety to the monthly luncheon meetings of Branches 171 and 174.

The group meets every Tuesday at 3:00 pm at Brad Dewey's. Contact Brad Dewey, Sam Zorich, or Ron Leiker for additional information.

The SIRpremes are in need of new blood!

This activity has been in existence for a number of years; however, recently, we have lost many of our members. We are a barbershop octet that sings songs in four-part harmony. Notwithstanding, there is great interest by those remaining in our group to continue this very enjoyable and rewarding activity. All parts are open, but another tenor would be delightful. So, if you are with Branch 171 or Branch 174 and have any interest or any questions regarding our group, please give Brad Dewey (Branch 171) at 376-3349 or Ron Leiker (Branch 174) at 376-3884 a call for information.

BIG HIKERS: AL DONNER (Br. 171)



One of three SIRS walking groups, the Big Hikers aims to engage SIRS who want some longer and stronger routes than our two around-town walking groups. The "**Big Hikers**" offer opportunities to do some hikes more than 3 miles in length and sometimes do a little more elevation. They can be further afield, Mt. Diablo or other regional parks, such as Vasco Caves. The Big Hikers operate on a varied schedule, trying to do a couple hikes each month. They go to interesting places as the spirit moves us. Contact Al Donner (to get the on the Big Hikers notice list. If you want a slower pace, try either the WALKING or the SENIOR STROLLERS group. BIG HIKER walks are scheduled periodically.

BOCCE BALL: STEVE PATTON Br. 171 ED PROTIVA (Br. 174)



BOCCE PLAY IS CLOSED FOR THE SEASON.

WILL BEGIN NEXT APRIL OR MAY

When in season, Bocce is played every Tuesday and Friday. The group meets at 10 am, just beyond the bandstand at the Moraga Commons, located at the corner of Moraga Road & St Mary's Rd (next to the bandstand). The cost is all of \$2; the game is really easy to learn and is great fun, including a lot of good chat. You can be a part of this great group of guys, and can play on either or both days.

The Bocce game consists of 4 players on each court, creating 2 teams of 2 members each. Each team has one player at each end of the court. It is quite easy to learn.

BOOK CLUB:



BOB KROMPHOLZ (Br 171 co-chair) **AL DESSAYER** (Br 171 co-chair)

The group develops a twelve month calendar of agreed upon book selections with each member hosting a book review where we will discuss his book. An attempt is made to vary the selections to include the latest best sellers as well as some classics and non fiction.

Each member selects a book he has read or would like to read and suggests it to other members, who will then read the book and be ready for discussion at subsequent meetings. This is a great way not only to diversify your reading enjoyment, but also to discuss your comments and ideas with other intelligent, curious, cerebral fellows like yourself.

Book reviews are usually scheduled on the **last Wednesday of the month** @ 7-8pm. There are currently 12 members of the club. Contact Bob or AI if you are interested in joining.

BOWLING:

(OPEN) Br. 171 AREA 2: MIKE CROPF (Area)



Area 2 Tournament and league bowling is held at Clayton Valley Bowl **every Wednesday**. Be there at 9:30 am. More members are welcome. Call for more information.



The group meets at the Moraga Hacienda on the **second and fourth Tuesdays of each month**. Please arrive by 9:50 am. Play starts promptly at **10:00 am**. Bring \$5 and a bag lunch. Call John for further information.

URGENT --- Over the years attrition has taken its toll, so at this time we are looking for new players. If you have ever played bridge in your life or are still playing, please consider joining us, regardless of what level you play at.

We play for fun and though we may give advice, we never criticize. Some of us play conventions, many play mostly basic bridge. Please contact John Schick if you are interested and we will get you signed up. (see *Organization chart for contact information*).

If transportation is an issue, let us know and, if possible, we can arrange rides. The group meets at the Moraga Hacienda on the second and fourth Tuesdays of each month. Please arrive by 9:50 am. Play starts promptly at 10:00 am. Bring \$5 and a bag lunch. Call John for further information.

COMPUTERS & TECHNOLOGY: (OPEN) Br. 171

NEIL SCHMIDT (Area - Br 116)



The Area 16 Computer and Technology Group meetings are fun and informative where we discuss applications for computers and technology. At each meeting we have a presentation on a topic covering everything from antivirus programs, ways to back up your data, digital photography, genealogy research, smart phones and many other topics. It's a great way to learn about new technology and to also get answers to your computer questions or problems.

The next meeting of the Area 16 Computer and Technology Group will be at the Walnut Creek Elks Lodge on Thursday November 15 starting at 9:30 am.

The November presentation topic will be "Photoshop Elements-2019 and Another Photo Editing Option". Barry Brown, our resident Photoshop expert, will demonstrate some of the exciting new photo editing features now available with this PC based program. New features available in Version 2019, as advertised by Adobe, include "Adobe's Sensei" that automates photo editing, precise selection made effortlessly, and stunning creations, etc. Barry will also demonstrate another, lower cost, photo editing option to Photoshop Elements.

Presentation notes should be available on the CAT Web page (<u>a2cat.sirinc2.org</u>) several days prior to the meeting. We look forward to seeing you around 9:15 AM, Thursday September 20.. We ask for a donation of \$5 to cover the cost of the hall rental, coffee and cookies. See you there.

Information about the group, including current and past presentations, is available on the SIR Area 2 Computes and Technology website -- http://a2cat.sirinc2.org/ Make sure you are on the CAT mailing list by sending an e-mail

request to: sir.area2.cat@gmail.com

COUPLES DINING OUT SAM ZORICH (Br. 171)



The next dinner will be held at the newly opened La Finestra Restaurant in Moraga. It will be arranged by Tom Wersthoff. Date to be determined.

The group dines out every other month at a fine location in the East Bay. Planning for the venue rotates among the various members of the group.

DOMINOES TOM WESTHOFF (BR 171)

The SIR 171 Domino group meets every Thursday at Moraga Royale from 1:00pm – 3:00pm. Contact Tom Westhoff for further information.

FISHING: KARL DROESE (Br. 171) HARRY SHERINIAN (Area 16)



All SIR members and guests are welcome and encouraged to participate in fishing trips as well as attend the monthly meetings. Next meeting will be Thursday, November 22nd at the Legends Sports Bar and Grill at the Diablo Creek Golf Course at 4050 Port Chicago Highway in Concord, starting at 8:30am. You can order breakfast and have it served in the meeting room.

Whether you fly fish, spin fish, troll or bait fish there will be events of interest. If you are new to fishing or are interested in trying a different type of fishing we have experienced and knowledgeable members happy to share their expertise, and even their equipment. With over 100 events scheduled throughout the year, some type of fishing is available almost every week.

October results: Our 10th annual fish fry with Branch 8 SIRs In The Kitchen was a big success. A highlight of the month was Dick Thomson catching and releasing a 6 foot sturgeon at San Pablo Reservoir after fighting it for over two hours on light tackle. Dick also landed a 5 footer there last year and is the only member to have caught a sturgeon at this small lake. Elsewhere, one member caught a limit of salmon on a party boat out the Gate and six others caught rock fish and ling cod. Seven members caught stripers on the Delta. Chuck Vanoncini, Karl Droese and eight other members traveled to Lake Almanor where they enjoyed beautiful weather while catching rainbow trout on the first day and then traveled to Eagle Lake on the second day where everyone caught limits of the lake's unique species of trout.

Activities Scheduled for November and December: Several SF Bay and Ocean trips on private boats, party boats and six packs for stripers, halibut, rock fish and lingcod; several striper/sturgeon/black bass outings in the Delta (various locations); rainbow trout/catfish trips to San Pablo Reservoir and Shadow Cliffs (shore and boat); rainbow trout fishing at Davis Lake (fly fishing and trolling); crabbing (with traps) out the Gate; a fish fry at a member's house and our annual holiday dinner.

GOLF – 18 HOLES: GENE BELL (Br. 171) BILL WADSWORTH (Br. 174)

There is an event most Mondays. Our regular events in November are Nov. 5 at Dublin Ranch and Nov. 19 at Boundary Oaks. Informal events are on Nov. 12 at Diablo Grande and Nov. 26 at Rooster Run.

The SIR 171/174 golf website (<u>www.sirlamorindagolf.com</u>) includes the membership application, a list of current members, the 2017 schedule, the results of prior events, and other pertinent information for members and prospective members.

HISTORICAL ADVENTURES: JIM KLINE (Br 171 co-chair) KEN FISCHER (Br 171 co-chair)



The group focuses on highly popular and educational tours. The Lawrence Livermore National Laboratory, Port Chicago National Memorial, Computer History Museum, and Oakland Aviation Museum are some of the sites that have been included in the past.

Please inform Jim or Ken if you have requests or suggestions for additional adventures.

INVESTMENT GROUP:



(OPEN) Br. 171 **TOM HENRY (Br. 174)** DAVID SUTTON (Br-8)

\$UMS in Retirement meets on Wednesday Nov 14 at 8 AM (2nd Wednesday this time due to Thanksgiving) at the Legends Restaurant at Diablo Creek Golf Course on Port Chicago Highway, Concord, just north of Hwy 4. Bring a friend or your significant other.

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Our speaker will be Joan Grimes, J. D., who will speak about income tax in preparation for the first filings under the new law.

The Legends opens at 7 AM. Come early and have a leisurely breakfast with your colleagues prior to the meeting.

\$ums, the investment activity of SIR Area 2, *normally* meets on the fourth Wednesday of each month (except when it doesn't -- check \$SUMS website below to verify). The time is 8:00AM to 9:30PM. The location in the Legends Restaurant at the Diablo Creek Country Club on Port Chicago Highway 1/4 mile North of Highway 4. The Legends opens at 7 AM. Come early and have a leisurely breakfast with your colleagues prior to the meeting.

BTW, we ask that everyone donate \$2 each month to cover expenses. We pay the restaurant \$40 each time in lieu of tips and rent. If everyone pays, we break even with 20 attendees. But not everyone pays and we're going in the hole. Please remember the donation box.

Information about the group, including past and current presentations, is available on the \$UMS website -- http://a2sums.sirinc2.org/

POKER:

OPEN) Br. 171 DICK MEDEL (Br. 174) & BILL WIEGMANN (Br. 174)



Our low-stakes poker group meets the **fourth Wednesday of each month from 12:30 to 4:30pm**. We meet at various locations. To join us please contact Dick or Bill for information.

SENIOR STROLLERS: JIM COUNTRYMAN (Br 171)



Meets every **Wednesday** at 9 AM for an easy walk of less than a mile around/near the Moraga Center, generally with a stop for coffee at some point along the way. Contact Jim to get on the mailing list the starting point (which varies).

If you want a longer walk, try the WALKING group. For an even longer walk, with some elevation, try the BIG HIKERS group.

STAMP and COIN GROUP: LARRY BEANS (Br. 171) STAMPS BRUCE BERMAN (BR 171) COINS



We usually meet on the Friday following the Branch 171 monthly meeting at 9:30 am. The group meets at Larry Beans' home at 20 Carr Drive in Moraga. Please call Larry questions and a possible change of meeting schedule.

TABLE POOL:

(OPEN) Br. 171 AREA 16: BILL WEINBERG



We usually have three or four pool games going when we meet each **Monday at 11:30 am** at Masse's – 2721 North Main in Walnut Creek. The cost is \$5.00 for as long as you want to play. We also have SIR members from other branches joining us and we usually play about 2 hours but not everyone stays for the final curtain. Haven't played in years? Come join us. All SIRs are welcome.

TENNIS: JIM COUNTRYMAN (Br. 171) RALPH THORNICROFT (Br. 174)



The Tennis Group plays at St. Mary's College every Tuesday and Thursday. Times vary between 8:00am and 8:30am, depending on the weather. Players are at varying skill levels, mostly around the 3.0 range. Members' wives are invited to join us, so let them know they are welcome. Call Jim or Ralph for information.

TRAVEL: (OPEN) Br 171 JOE TRACY Br 174) TOM MOLINARI (Area 16)



Trips currently scheduled in 2018-19 and sponsored by our SIRs Area 16 follow:

May 2-13, 2019: 12 Day Cruise and Land Tour. Including a 8-day Mediterranean Cruse aboard the Crystal Serenity sailing from Athens to Rome with a one night pre-cruise stay in Athens and two night stay in Rome. Port stops include Navplion, Santorini, Valletta, Taormina and Sorrento. Cost is \$5350 to \$7595 which includes all beverages restaurants, room service, entertainment, gratuities, fitness center, and enrichment classes. Milt Smith, Br 146, 925-285-2897.

Aug 23-Sep3,2019: 12 Day Land and Sea Scenic Alaska Adventure. 4-day pre-cruise Denali Tour followed by an 8-day cruise from Anchorage to Vancouver on the Crystal Symphony. Ports of call include Seward, Hubbard Glacier, Juneau, Skagway, Ketchikan, and Tracy Arms Glacier. Cost of \$5250 to \$6425 now includes everything. Milt Smith, Br 146, 925-285-2897

Check the SIR Area 2 website for the details, cost, and contact information on additional trips. Cut and paste the following link into your internet browser -- <u>http://www.area2.sirinc2.org/Travel.pdf</u>

If you have trip information you would like to post on the area website, send the information to Tom Molinari by the 25th of the month. Only trips of at least 4 days or more in length will be listed



WALKING: AL DONNER (Br. 171) LYLE DECK (Br. 174)

If you feel left out of something good, come join the group. Just show up across from the Serbian Church by **9 am any Tuesday** and you are good to go. No initiation fees, hazing or other sophomoric rituals, just walking and talking and coffee after. The group walks for about three miles.

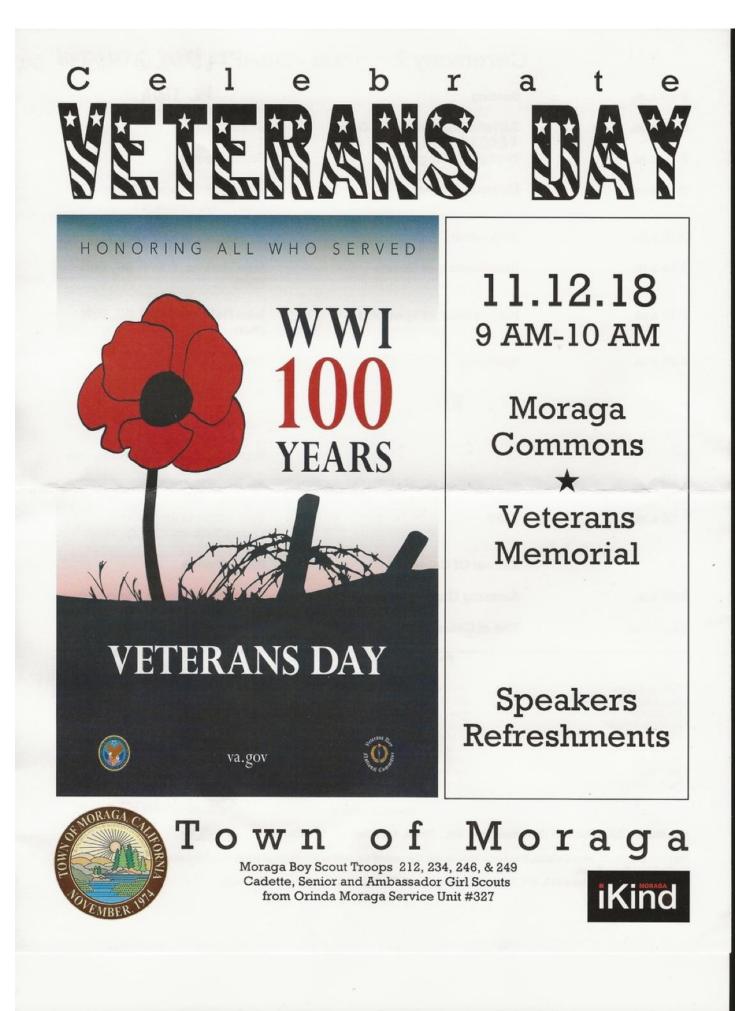
And if you want a slower pace, try the SENIOR STROLLERS group. If you want to try a faster pace, try the BIG HIKERS group.

WINE TASTING: GENE BELL (Br. 171) JON LEUTENEKER (Br. 174)



There are now two wine tasting groups. Both are couples events and normally held in-home starting about 7:00 p.m. with a cost per person averaging about \$15. Jon Leuteneker is chairman of the group that meets on the **second Tuesday of each month** - this group has a full roster. Gene Bell is chairman of the group that meets on the **third Tuesday of each month** - membership in this group

Activity Calendar November 2018									
	Monday	Tuesday	Wednesaday	Thursday	Friday				
Apple Users Activity	Next meeting Nov. 26								
Astronomy	2nd Monday of month								
Barbershop Harmony		Every Tuesday of month							
Big Hikers	As scheduled								
Bocce Ball	Closed fo	Closed for the season. Will begin next April or May. Thuesdays and Fridays							
Book Club			Last Wednesday of month						
Bowling			Every Wednesday of month						
Bridge		2nd & 4th Tuesday of month							
Computers and Technology				Nov. 15					
Couples Dining Out		None scheduled							
Dominoes				Every Thursday of month					
Fishing				4th Thursday of month					
Golf	Nov. 5, 12, 19, & 26								
Historical Adventures	2	None scheduled							
Investment Group			Nov. 14						
Poker			4th Wednesday of month						
Stamp& Coin Club					First Friday after Club Meeting				
Senior Strollers			Every Wednesday of month						
Table Pool	Every Month of month								
Tennis		Every Tuesday of month		Every Thursday of month					
Travel		No meetings scheduled. Only trips							
Walking		Every Tuesday of month							
Wine Tasting		2nd & 3rd Tuesday of month							





SIR Branch 171 and 174 Ladies Day Holiday Luncheon

WEDNESDAY, December 12, 2018. Mark your calendars, get into your holiday mood and come along with us for another enjoyable and festive Ladies Day Luncheon at St. Mary's Soda Center. Reception with wine and conversation begins at 11:00 AM, followed by lunch at noon. We will have the Devil Mountain Chorus entertaining us with your favorite holiday songs.

Our lunch menu will feature a choice of either Braised Top Sirloin of Beef (SB) or Chicken Piccata with Capers (CP) with Garlic Mashed Potatoes, Steamed Green Beans and Baby Carrots. You'll start with a Mixed Green Salad with Thinly-Sliced Apples, Crumbled Blue Cheese, Dried Cranberries, Candied Pecans and a Dijon Vinaigrette. Dessert will be Holiday Cupcakes and Petit Fours. Wine will also be served at your table during lunch. Please submit your reservations using the form below. A vegetarian (V) and gluten free entrée of Sauteed Spinach and Mushrooms with Sun Dried Tomato Risotto will be available.

RESERVATIONS MUST BE IN BY DECEMBER 3-

This is a joint event between Lamorinda Branches 171 and 174. Your support is not only appreciated but is essential to both our Branches. Please sign up early. Last year was close to selling out. Guests are welcome.

LADIES DAY HOLIDAY LUNCHEON RESERVATION FORM

Cost for the luncheon remains at **\$50 per person** –Please use the reservation form below. Full table reservations for one party of 8 should be made by one person submitting checks totaling \$400 along with the preferred badge names and menu selections. Please make the checks payable to SIR Branch 174 and mail the check(s) together with this form to:

Frank May, 12 Woodford Drive, Moraga, CA 94556.

Branch/	Member	Me		nu	Guest		Menu	
SIR#	Badge Name	V	SB	СР	Badge Name	V	SB	СР

SB – Braised Top Sirloin CP – Chicken Piccata V - Vegetarian