



## SIR BRANCH 171

October 2018

<http://branch171.sirinc2.org/>

A Non-Profit Public Benefit Corporation for Retired Men Devoted to the  
Promotion of Independence and Dignity of Retirement



**Our next meeting will be Wednesday, October 3  
Holy Trinity Serbian Orthodox Church Hall**

1700 School St., Moraga  
Social time begins at 11  
Meeting begins at 11:30

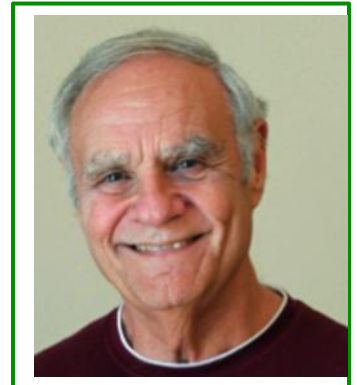
**REMINDER: The annual SIR Branch 171/174 Ladies Day  
Holiday Luncheon will be held on Wednesday, December 12.  
The sign-up form is on the last page of this newsletter and also  
attached to this newsletter mailing. SIGN UP NOW**

### **BIG SIR MESSAGE: BARRY LESKIN**

My Fellow SIR 171 Members,

The three new inductees at our September luncheon, Sal Zammitti, John Moulton, and Richard Tietz, bring our membership to 148. The SirPremes, dressed similarly for their musical theme, entertained us at the luncheon meeting and Susan Sperry gave a very interesting talk covering the background and history of the Town of Moraga

Our lunch attendance these past few months continues to be low, partially due to extended summer vacations our members have taken. We had 103 at the September luncheon, well below our commitment to our caterer of 118 – an impact on the club treasury. Please make every effort to attend the luncheons.



There have been some recent changes and in-process potential changes at the State SIRs level. One is that each Branch can make its own decision about keeping members on the “active” list. Next, if approved, the word “retirement” will be removed from our logo, as a number of potential members work part time and can still be eligible to join. We did an informal survey of the proposed new logo and changed wording, sharing it in the September Branch Newsletter. Most BEC members and others seemed Ok with this proposal. A few members expressed concern about the continued use of the rooster on the logo.

Ed Beatson, working with Frank May of Branch 174, provided an update at the September BEC meeting about our planned 171/174 Ladies Day Holiday Luncheon at St. Mary’s College on December 12. The cost will be \$ 50.00 per person and the Devil Mountain Chorus will provide the musical entertainment. The budget was approved by the BEC, including a deposit to be made by October 12. A signup form is included with this newsletter, so please complete the form and return with your payment and meal request as soon as possible. Contact information is on the form. We have always had over 200 attendees, including spouses and significant others, so plan to be part of the group at this festive event.

We look forward to our luncheon on October 3<sup>rd</sup>. Rick Fend has engaged a special speaker, Renee Lee, who will discuss the current status of medical marijuana and its legal and health care implications. More than 150 attended her session on this topic at Rossmoor. I have personally experienced its value as my wife used medical marijuana, with positive effects, dealing with her cancer for an extended period of time.

Greeters for the October 3 meeting will be John Haffner and Larry Del Santo.

*Barry Leskin, Big SIR*

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## **LITTLE SIR MESSAGE: RICK FEND**

The speaker on October 3 will be **Renee Lee**, Co-founder and President of the Rossmoor Medical Marijuana Club, which provides Education and Support within Rossmoor.

Their name describes their mission: To provide seniors with the education and support necessary to explore alternative solutions to their medical issues and to improve their quality of life.



As per their website (<https://rossmoormmc.com>) “Cannabis has been shown to impact a wide range of diseases, and learning about the recently discovered endogenous endocannabinoid system helps to explain why this is so. Cannabis is a very safe, nontoxic medicine and is available in many forms and delivery systems, both psychoactive and non-psychoactive.

It's unlikely that any free samples will be distributed; but one can hope.

*Rick Fend, Little SIR*

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## **Featured Photo of the Month**



The “Couples Dining Out” group enjoying a gathering at Russ Aubry’s home (“Aubry National Park”) on Sept. 20.

Photo courtesy of Club Photographer “Ansel” Aubry.

Check out “Ansel’s” prize winning photo of Sam Zorich on the next page.

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Please send in a photo that you would like to have considered for inclusion in the Photos of the Month section of the newsletter. These typically come from one of the SIR activities, but do not need to if there is another picture of a member or members that would be great to share in the newsletter. Send your choice to [sir171-news@comcast.net](mailto:sir171-news@comcast.net) by the 10th of each month for consideration. Please include a description of the photo. Cell phones work great, and also simplify emailing the photo.

# ANNOUNCEMENTS

## Ladies Day Holiday Luncheon

The luncheon will be held at the Saint Mary's College Soda Center on Wednesday, December 12. Please complete the signup form and mail to Frank May (address is on the form) along with a check, menu selection, and persons at your table.

The form is included on the last page of the newsletter and is also attached as a separate file with this newsletter mailing. Ed Beatson is our 171 focal point for planning and questions. Don't miss out on attending this wonderful event.

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## New Members

A warm welcome to new members Sal Ziammatti, Richard Tietz, and John Moulton, who were inducted at the September meeting.

**Sal Ziammatti** (left) was introduced and inducted by Tom Westhoff, filling in for Laszlo Bonnyay, Sal was raised in Massachusetts, lives in Moraga, has been married 59 years, has three daughters and one grand-daughter.



**Richard Tietz** (left) was introduced and inducted by Dick Morrison. Richard was born in Oakland, grew up in Walnut Creek, Lafayette, New York, and New Orleans. He lives in Lafayette, has been married 49 years, has two sons and two grand-children.

**John Moulton** (right) was introduced and inducted by Lad Lynch. John is from San Diego, lives in Moraga, has been married 55 years, has two children and five grand-children.



Please introduce yourself to each of them, welcome them to the group, help them find a seat at a table, and answer any questions they might have.

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## IS THE SIRS Walking Group good for you?

**YES, here's proof!! --\_That is the message from Al Donner, Chair of the SIR 171 Walking Groups.** Read the following story (details about exercise are mid-way thru) AND then come out and walk with one of our stellar SIRS walking groups. Click on the link at the bottom of this page to view the article (or copy and paste into your internet browser if the link does not work for you).

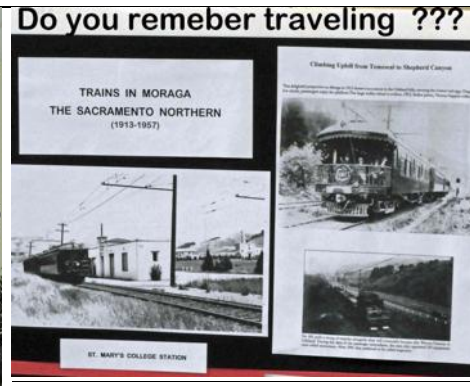
### [How Muscles Age, and How Exercise Can Slow It](#)

By Gillian Butler-Browne, Vincent Mouly, Anne Bigot, Capucine Trollet

Researchers untangle the multifarious nature of muscle aging. So far, the only reliable treatment is exercise.

[https://www.the-scientist.com/features/how-muscles-age--and-how-exercise-can-slow-it-64708?utm\\_campaign=TS\\_eTOC\\_2018&utm\\_source=hs\\_email&utm\\_medium=email&utm\\_content=65674341&\\_hsenc=p2ANqtz--SIYUVRDzBT4aZ0kDbfRyWghp8Q2wQUb-S1N7njinOKGpFvrbyVmkYEFpTo0l\\_1aCvXaTUUZOKDPHYWpZMJ9S7rGKbX2w&\\_hsmi=65674341](https://www.the-scientist.com/features/how-muscles-age--and-how-exercise-can-slow-it-64708?utm_campaign=TS_eTOC_2018&utm_source=hs_email&utm_medium=email&utm_content=65674341&_hsenc=p2ANqtz--SIYUVRDzBT4aZ0kDbfRyWghp8Q2wQUb-S1N7njinOKGpFvrbyVmkYEFpTo0l_1aCvXaTUUZOKDPHYWpZMJ9S7rGKbX2w&_hsmi=65674341)

**SEPTEMBER MEETING PHOTOS & COMMENTARY** - by club photographer Russ Aubry (with intended typos)



## OCTOBER LUNCHEON

### SEPTEMBER LUNCHEON MENU

Grilled Chicken w/mango salsa; Rice Pilaf; Fresh Roasted Vegetables  
Green Salad; Fruit Salad; Dessert

### OCTOBER BIRTHDAYS TO SIRs

**GEORGE ADRANLY – TUCK COOP – GRAIG CROSSLEY – HAL D'AMBROSIA – MIKE DONOVAN**

**KEN FISCHER – AL FOLEY – STAN HOLCENBERG – CHRIS LYNE – HERB MONTGOMERY – SAM ZORICH**

One of the above members with a birthday in October will win a free lunch if he attends the October meeting. Members whose birth month is in October, and who do not see their name in the above list, should contact the Big SIR prior to the meeting to ensure that their names are included in the drawing. **NOTE:** Members 90 years of age or more will receive a free lunch on their birth month each year, but they must notify the Big SIR prior to the meeting. Big SIR Barry Leskin can be reached at [barryleskin@gmail.com](mailto:barryleskin@gmail.com).

### GUESTS AND NEW MEMBERS

#### **\$15 Luncheon fee for first time guest**

The first time a guest attends a meeting the lunch fee is \$15. The regular luncheon fee will be charged for subsequent visits as a guest.

*If you are inviting a guest don't forget to call the hotline at 925-377-5880. Provide the name of your guest and let us know if he is a first time guest.*

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## BRANCH REPORTS

### ATTENDANCE REPORT: FRANCIS WONG

There were 103 attendees at the last meeting, which included 101 members, one speaker, and one visitor (from Br. 116). There were no guests. There were 7 no-shows (an improvement over prior months) and 39 excused sign-outs. 69% of our membership attended. Our guarantee was 118, which was 15 over our actual attendance. There were 3 inductees.

Many of the excused absences and no-shows have not met the requirement to attend six of every twelve meetings, as per the policy below. All of us need to be attentive of this requirement so we meet our minimums as well as adhere to the requirement of the club. And please call the hotline if you will be unable to attend a meeting. **FAILURE TO CALL THE HOTLINE TO SIGN OUT WILL RESULT IN A \$25 CHARGE.**

**PLEASE KEEP IN MIND THE SIR REQUIREMENT TO ATTEND SIX LUNCHEONS OF THE LAST TWELVE.**

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**PLEASE CALL THE SIR 171 "HOT LINE" at 925-377-5880 BEFORE 1:00PM ON THE SATURDAY BEFORE THE MEETING IF YOU WILL NOT BE ATTENDING THE MEETING OR IF YOU ARE BRINGING A GUEST. FAILURE TO FOLLOW THIS PROCEDURE WILL SUBJECT THE MISSING MEMBER TO THE \$25 NO SHOW CHARGE.** It is not necessary to call the HOT LINE if you have placed your name on the "Absence Notification" sheet at a prior meeting. Leave a message as soon as you can if the absence is due to a medical reason. **Please note:** If you are requesting a SIR membership status change, contact Stew Chalem, Membership Chair (377-0698) rather than calling the SIR 171 HOT LINE.

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**TREASURER'S REPORT: Bob Krompholz**

**AUGUST 2018**

Beginning	7,535
Receipts	2,815
Disbursements	(2,860)
Ending	7,490

Please contact Bob if you would like additional details.

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**MEMBERSHIP REPORT: STEW CHALEM**  
JOHN SCHICK

**ACTIVE**

Prior Month: 148

Inductees

- 1 Sal Zammitti (#142), Sponsor, Laszlo Bonnyay (#21)
- 1 John Moulton (#20), Sponsor, Lad Lynch (#91)
- 1 Bert Yee (#30), Sponsor, Larry Monin (#99), NOTE: Eric Cho will introduce Bert in Larry's absence
- 1 Richard Tietz (#9), Sponsor, Dick Morrison (#29)

From Inactive: None

Deductions

- (1) Warren Ehrhardt (#53), To Inactive
- (1) Milt Bruzzone (#106), To Inactive
- (1) Bob Reynolds (#141), Resigned - Moved to Boston Area
- (1) Bob Frazer (#126), Resigned - Joining Rossmoor Branch

**Total, This Month: 148**

**INACTIVE**

Prior Month: 29

Additions:

- 1 Warren Ehrhardt (#53), Illness
- 1 Milt Bruzzone (#106), Illness - anticipates about six months

Deductions

**Total, This Month: 31**

**APPLICATIONS AWAITING INDUCTION (This Meeting)**

Sal Zammitti (#142), Sponsor, Laszlo Bonnyay (#21)  
John Moulton (#20), Sponsor, Lad Lynch (#91)  
Bert Yee (#30), Sponsor, Larry Monin (#99)  
Richard Tietz (#9), Sponsor, Dick Morrison (#29)

**APPLICANT LIST**

Bob Schwab (former member), Sponsor, Karl Droese (#108) - Business activities will delay rejoining until after first of year

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**NOTE:** Bert Yee induction did not occur at the September meeting

Membership Application Forms are always available at the desk at the meetings, or from Stew Chalem.

**ROSTER CORRECTIONS: STEW CHALEM**

**NOTE:** Please contact Stew Chalem whenever your personal information changes (i.e. email address, home address, and/or phone number) or whenever you wish a membership status change (i.e. to request inactive status or to resign). Stew will in turn update the master Roster.

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**SUNSHINE REPORT: MONTE LOGAN**

**Branch 171**

- It is sad to report the passing of **SIR Dan Baker**. He passed away on June 21 at the age of 98. Dan joined Br. 171 in 2010 and resigned for medical reasons in March this year. Up to his resignation he was, for several years, the oldest active member of our branch. **Dan Baker's obituary from the Sept. 9th Sunday East Bay Times is located on page 15 of this newsletter.** It is also available via cutting and pasting the following link into your internet browser – <https://www.legacy.com/obituaries/eastbaytimes/obituary.aspx?n=daniel-wirt-baker&pid=190154656> There is no mention of a Funeral or Memorial Service.
- I want to thank **SIR Tom Marnane** again for his Chaplin services at **SIR John Mossman's** Memorial Service on Sept. 1st. The family really appreciated it.

**Branch 174**

- It is sad to report the passing of **SIR Mark Niemela** on Saturday, Sept. 15th. He was at home with his family. Mark has been a member of Branch 174 since his induction in 2015. He was very active in Branch 174 golf group. Information regarding services has not been announced.
  - **SIR Phil Brooks** is undergoing chemotherapy. **Past Big SIR Bill Sumner** continues with his treatments. **SIR Bob Hickman** is recovering from a heart attack. **SIRs Walt Sasser and Mark Niemela** are also quite ill."
- Please try to contact SIR's with illnesses to offer your support and encouragement and keep them in our thoughts and prayers. A friendly call is welcome. Cards and letters are always appreciated. If you are aware of an ill SIR, please let Monte Logan know by e-mail or phone.

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**KNOW YOUR SIRs**

There are no bio's this month

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**Know Your SIR is edited by Dave Humm** [dmh2@silcon.com](mailto:dmh2@silcon.com) 376-5895. We would like to have all of our members, who wish to do so, be included in this directory. Please write down the salient points of your life (1/2 page) and provide it to Dave (via e-mail if possible). It will then be written up in a future newsletter. Dave has copies of all past "Know Your SIR" reports. Access to them is available via e-mail; or a hard copy can be had for the cost of printing.

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**BRANCH 171 NEWSLETTER:** Editor **STAN HOLCENBERG**. The deadline for receipt of Newsletter material by the Editor is the 15<sup>th</sup> of the month. E-mail to [sir171-news@comcast.net](mailto:sir171-news@comcast.net) is preferred.

Also enjoy reading SIR Happenings, our State Newsletter, and find out about all the fun things that are going on throughout our organization. You can find the most recent edition of SIR Happenings on our SIR State website -- click on the following link, or cut and paste the link into your browser to view -- [www.sirinc.org/sirhappenings/](http://www.sirinc.org/sirhappenings/) Some very interesting articles highlighting news of interest from other SIR branches including several of our branches in Area 2. Send comments and article to [jlsabo2@comcast.net](mailto:jlsabo2@comcast.net) or [HappeningsEditor@gmail.com](mailto:HappeningsEditor@gmail.com)

## **BRANCH ACTIVITIES (BRANCHES 171 & 174)**

**ACTIVITY LIST** (items in blue are informational; items in red have updated information)

<b>Apple Users Activity</b>	<b>Astronomy</b>
<b>Barbershop Harmony</b>	<b>Big Hikers</b>
<b>Bocce Ball</b>	<b>Book Club</b>
<b>Bowling</b>	<b>Bridge</b>
<b>Computers and Technology</b>	<b>Couples Dining Out</b>
<b>Dominoes</b>	<b>Fishing</b>
<b>Golf</b>	<b>Historical Adventures</b>
<b>Investment Group</b>	<b>Pinochle</b>
<b>Poker</b>	<b>Stamp Club</b>
<b>Senior Strollers</b>	<b>Table Pool</b>
<b>Tennis</b>	<b>Travel</b>
<b>Walking</b>	<b>Wine Tasting</b>

**ACTIVITIES CHAIRMAN: SAM ZORICH** (BR. 171)



The Activity Chairman's role is to keep in close contact with each of the chairmen of the branch activities in order to understand what they are doing and how things are going, to determine if they are planning any special activities that they want to communicate to the rest of the Branch, and to determine if there is anything special that requires assistance. Also, the Chair keeps in communication with the other branches in the area to determine if there are additional activity announcements that should be made to our branch.

The Chair is always looking for suggestions for additional activities (e.g. Chess, Cooking, Current Events Discussions, etc etc), and is the focal point to communicate with if you would like to chair any of the open activity groups.

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**APPLE USERS ACTIVITY: DICK MACY** (Br. 171)  
**JOE TRACY** (BR. 174)



Meetings are held bi-monthly on the 4th Monday of odd number months from 10:00 a.m. to noon. **Our next meeting will be held November 26.** The meetings are held in the conference room of the Contra Costa County District 2 Supervisor's Office at 3338 Mt. Diablo Blvd., Lafayette, adjacent to the fire station and across from El Charro restaurant. Enter through the left side door at top of steps.

The meetings focus on Apple/Mac computers, iPhones, iPads, and other Apple devices. Meetings include a roundtable on products, applications, rumors, issues, problems, and Q & A. Special discussions will occur after major product announcements and developer conferences.

Novices and advanced users are welcomed. Come and be a part of the group..

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**ASTRONOMY:** (OPEN) Br. 171  
**GEORGE COBB** (Br. 174)  
**BILL HUNTER** (Area 16 - Br. 8)



**We meet the second Monday of each month** in the Tilden Room at the Concord Hilton Hotel on Diamond Boulevard. Our meetings commence at 1:30. Please join us for an entertaining meeting. All are welcome. Call or e-mail George ([GECBlue@aol.com](mailto:GECBlue@aol.com)) for details and further information.

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**BARBERSHOP HARMONY: BRAD DEWEY** (Br. 171)  
**RON LEIKER** (Br. 174)



The SIRpremes are a barbershop octet, composed of members from both 171 and 174, that sing songs in four-part harmony. By having two people on each part, the problems caused by absences are greatly reduced – obviously. The group's self-determined purpose has been to periodically add a little variety to the monthly luncheon meetings of Branches 171 and 174.

**The group meets every Tuesday at 3:00 pm at Brad Dewey's.** Contact Brad Dewey, Sam Zorich, or Ron Leiker for additional information.

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**The SIRpremes are in need of new blood!**

This activity has been in existence for a number of years; however, recently, we have lost many of our members. We are a barbershop octet that sings songs in four-part harmony. Notwithstanding, there is great interest by those remaining in our group to continue this very enjoyable and rewarding activity. All parts are open, but another tenor would be delightful. So, if you are with Branch 171 or Branch 174 and have any interest or any questions regarding our group, please give Brad Dewey (Branch 171) at 376-3349 or Ron Leiker (Branch 174) at 376-3884 a call for information.

**BIG HIKERS: AL DONNER (Br. 171)**



One of three SIRS walking groups, the Big Hikers aims to engage SIRS who want some longer and stronger routes than our two around-town walking groups. The "**Big Hikers**" offer opportunities to do some hikes more than 3 miles in length and sometimes do a little more elevation. They can be further afield, Mt. Diablo or other regional parks, such as Vasco Caves. The Big Hikers operate on a varied schedule, trying to do a couple hikes each month. They go to interesting places as the spirit moves us. Contact Al Donner (to get the on the Big Hikers notice list. If you want a slower pace, try either the WALKING or the SENIOR STROLLERS group. **BIG HIKER walks are scheduled periodically.**

**BOCCE BALL: STEVE PATTON Br. 171  
ED PROTIVA (Br. 174)**



**BOCCE PLAY IS OPEN FOR THE SEASON**

Wee are happy to announce that Steve Patton has assumed the 171 coordinator role for this very popular activity.

**Bocce is played every Tuesday and Friday.** The group meets at 10 am, just beyond the bandstand at the Moraga Commons, located at the corner of Moraga Road & St Mary's Rd (next to the bandstand). The cost is all of \$2; the game is really easy to learn and is great fun, including a lot of good chat. You can be a part of this great group of guys, and can play on either or both days.

The Bocce game consists of 4 players on each court, creating 2 teams of 2 members each. Each team has one player at each end of the court. It is quite easy to learn.

**BOOK CLUB: BOB KROMPHOLZ (Br 171 co-chair)  
AL DESSAYER (Br 171 co-chair)**



The group develops a twelve month calendar of agreed upon book selections with each member hosting a book review where we will discuss his book. An attempt is made to vary the selections to include the latest best sellers as well as some classics and non fiction.

Each member selects a book he has read or would like to read and suggests it to other members, who will then read the book and be ready for discussion at subsequent meetings. This is a great way not only to diversify your reading enjoyment, but also to discuss your comments and ideas with other intelligent, curious, cerebral fellows like yourself.

**Book reviews are usually scheduled on the last Wednesday of the month @ 7-8pm.** There are currently 12 members of the club. Contact Bob or Al if you are interested in joining.

**BOWLING:**

(OPEN) Br. 171  
**AREA 2: MIKE CROFF** (Area)



Area 2 Tournament and league bowling is held at Clayton Valley Bowl **every Wednesday**. Be there at 9:30 am. More members are welcome. Call for more information.

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**BRIDGE:** JOHN SCHICK (Br. 171)



The group meets at the Moraga Hacienda on the **second and fourth Tuesdays of each month**. Please arrive by 9:50 am. Play starts promptly at **10:00 am**. Bring \$5 and a bag lunch. Call John for further information.

Over the years attrition has taken its toll, so at this time we are looking for new players. If you have ever played bridge in your life or are still playing, please consider joining us, regardless of what level you play at.

We play for fun and though we may give advice, we never criticize. Some of us play conventions, many play mostly basic bridge. Please contact John Schick if you are interested and we will get you signed up. (see *Organization chart for contact information*).

If transportation is an issue, let us know and, if possible, we can arrange rides. The group meets at the Moraga Hacienda on the second and fourth Tuesdays of each month. Please arrive by 9:50 am. Play starts promptly at 10:00 am. Bring \$5 and a bag lunch. Call John for further information.

**COMPUTERS & TECHNOLOGY:** (OPEN) Br. 171  
**NEIL SCHMIDT** (Area - Br 116)



The Area 16 Computer and Technology Group meetings are fun and informative where we discuss applications for computers and technology. At each meeting we have a presentation on a topic covering everything from antivirus programs, ways to back up your data, digital photography, genealogy research, smart phones and many other topics. It's a great way to learn about new technology and to also get answers to your computer questions or problems.

The **next meeting of the Area 16 Computer and Technology Group will be at the Walnut Creek Elks Lodge on Thursday October 18 starting at 9:30 am**. We will discuss ways to improve your home security with an emphasis on home networking and home automation. The presentation will be by Evan Corstorphine, the President/CEO of Portable CIO, Inc., who has made several very popular presentations to our group in the past

Presentation notes should be available on the CAT Web page ([a2cat.sirinc2.org](http://a2cat.sirinc2.org)) several days prior to the meeting. We look forward to seeing you around 9:15 AM, Thursday September 20.. We ask for a donation of \$5 to cover the cost of the hall rental, coffee and cookies. See you there.

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Information about the group, including current and past presentations, is available on the SIR Area 2 Computers and Technology website -- <http://a2cat.sirinc2.org/> Make sure you are on the CAT mailing list by sending an e-mail request to: [sir.area2.cat@gmail.com](mailto:sir.area2.cat@gmail.com)

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**COUPLES DINING OUT SAM ZORICH** (Br. 171)



A dinner was held on **September 20th** hosted by Russ and Annette Aubry at their home.

**The group dines out every other month** at a fine location in the East Bay. Planning for the venue rotates among the various members of the group.

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The SIR 171 [Domino group meets every Thursday](#) at Moraga Royale from 1:00pm – 3:00pm. Contact Tom Westhoff for further information.

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**FISHING: KARL DROESE (Br. 171) HARRY SHERINIAN (Area 16)**



All SIR members and guests are welcome and encouraged to participate in fishing trips as well as attend the monthly meetings. Next meeting will be Thursday, October 25th at the Legends Sports Bar and Grill at the Diablo Creek Golf Course at 4050 Port Chicago Highway in Concord, starting at 8:30am. You can order breakfast and have it served in the meeting room.

Whether you fly fish, spin fish, troll or bait fish there will be events of interest. If you are new to fishing or are interested in trying a different type of fishing we have experienced and knowledgeable members happy to share their expertise, and even their equipment. With over 100 events scheduled throughout the year, some type of fishing is available almost every week.

**September results:** The best salmon season in many years is winding down but fish are still being caught. This year's results for fishing out the Gate have been awesome. The salmon are now headed up the rivers to spawn and those fishing the Feather and Sacramento Rivers are scoring. Karl Droese, Jack Waddell, Barry Rauchle and Gordon Linebaugh all caught nice ones on the Feather. Three others had a very successful trip on the Upper Sacramento catching and releasing many wild rainbow trout. Tom Kostik caught stripers and black bass in the Delta and Salmon on the Klamath. Three members caught ling cod and rockfish out the Gate.

**Activities Scheduled for October and November:** Several SF Bay and Ocean trips on private boats, party boats and six packs for salmon, stripers, halibut, rock fish and lingcod; several striped/black bass outings in the Delta; rainbow trout/catfish trips to San Pablo Reservoir and Shadow Cliffs (shore and boat); rainbow trout fishing at Davis Lake (fly fishing and trolling); four days at Lake Almanor for brown and rainbow trout (trolling with guides): Two days at Pyramid Lake, NV for lahontan cutthroat trout (fly fishing, spin fishing and trolling); crabbing (with traps) out the Gate; and a fish fry at a member's house.

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**GOLF – 18 HOLES: GENE BELL (Br. 171)  
BILL WADSWORTH (Br. 174)**



We are anticipating a number of Monday outings in October. [Tilden Park in the Berkeley Hills is on 10/1](#), [Rancho Solano in Fairfield on 10/8](#) is one of our members' favorites, [Eagle Vines on 10/22](#) south of Napa is new to our schedule, and [Lone Tree in Antioch on 10/29](#) has just opened its refurbished greens. Then add to that [Chardonnay in Napa on 10/15 as a non-official event](#).

Our club championship has stalled due to travel and schedule conflicts of those members still in the hunt. However, the match play tournament should be completed by the end of October. Not only will the winner receive a beautiful glass trophy, but a new award will honor the champion plus past and all future ones. Join us by checking out our website at [www.sirlamorindagolf.com](http://www.sirlamorindagolf.com).

The 2018 SIR State Championship and Open Individual Play will take place on November 14th at the Bayonet Course in Seaside. Although none of our members are among the 70 Divisional Qualifiers that day, there will be open play for 140 players on November 13th and 70 players on November 14th. Spouse can play on day one. Contact Bill Wadsworth (see Org Chart for contact info) if you want to get a group together and reserve positions for the open play."

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**HISTORICAL ADVENTURES: JIM KLINE (Br 171 co-chair)  
KEN FISCHER (Br 171 co-chair)**



The group focuses on highly popular and educational tours. The Lawrence Livermore National Laboratory, Port Chicago National Memorial, Computer History Museum, and Oakland Aviation Museum are some of the sites that have been included in the past.

There is an upcoming outing on President Franklin Roosevelt's yacht, the **USS Potomac**, from Jack London Square. The date is [October 27th](#) and the duration of the cruise is three hours. The theme of this cruise is Creatures of San Francisco Bay. *Bring your wife -- tell her you're taking her on a cruise!*

Please inform Jim or Ken if you have requests or suggestions for additional adventures.

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**INVESTMENT GROUP:** (OPEN) Br. 171  
**TOM HENRY (Br. 174)**  
DAVID SUTTON (Br-8)



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The next meeting will be on **Wednesday, Oct. 17, at 8 AM** at Legends Restaurant at Diablo Creek Golf Course on Port Chicago Highway, Concord, just north of Hwy 4.

The speaker will be Dr. Elizabeth Laderman, Senior Outreach Economist at the Federal Reserve Bank of San Francisco. She will speak about current economic conditions, the economic outlook, and monetary policy. [This is a sought-after speaker on a very timely subject.](#)

The Legends opens at 7 AM. Come early and have a leisurely breakfast with your colleagues prior to the meeting.

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\$ums, the investment activity of SIR Area 2, *normally* meets on the fourth Wednesday of each month (check \$SUMS website below to verify). The time is 8:00AM to 9:30PM. The location in the Legends Restaurant at the Diablo Creek Country Club on Port Chicago Highway 1/4 mile North of Highway 4. The Legends opens at 7 AM. Come early and have a leisurely breakfast with your colleagues prior to the meeting.

**BTW, we ask that everyone donate \$2 each month to cover expenses.** We pay the restaurant \$40 each time in lieu of tips and rent. If everyone pays, we break even with 20 attendees. But not everyone pays and we're going in the hole. Please remember the donation box.

Information about the group, including past and current presentations, is available on the \$UMS website -- <http://a2sums.sirinc2.org/>

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**POKER:** (OPEN) Br. 171  
**DICK MEDEL (Br. 174) & BILL WIEGMANN (Br. 174)**



Our low-stakes poker group meets the **fourth Wednesday of each month from 12:30 to 4:30pm**. We meet at various locations. To join us please contact Dick or Bill for information.

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**SENIOR STROLLERS:** **JIM COUNTRYMAN (Br 171)**



Meets **every Wednesday** at 9 AM for an easy walk of less than a mile around/near the Moraga Center, generally with a stop for coffee at some point along the way. Contact Jim to get on the mailing list the starting point (which varies).

If you want a longer walk, try the WALKING group. For an even longer walk, with some elevation, try the BIG HIKERS group.

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**STAMP and COIN GROUP:** **LARRY BEANS (Br. 171) STAMPS**  
**BRUCE BERMAN (BR 171) COINS**



**We usually meet on the Friday following the Branch 171 monthly meeting at 9:30 am.** The group meets at Larry Beans' home at 20 Carr Drive in Moraga. Please call Larry questions and a possible change of meeting schedule.

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**TABLE POOL:** (OPEN) Br. 171  
AREA 16: **BILL WEINBERG**



We usually have three or four pool games going when we meet **each Monday at 11:30 am** at Masse's – 2721 North Main in Walnut Creek. The cost is \$5.00 for as long as you want to play. We also have SIR members from other branches joining us and we usually play about 2 hours but not everyone stays for the final curtain. Haven't played in years? Come join us. All SIRs are welcome.

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**TENNIS:** JIM COUNTRYMAN (Br. 171)  
RALPH THORNICROFT (Br. 174)



The Tennis Group plays at St. Mary's College **every Tuesday and Thursday**. Times vary between **8:00am and 8:30am, depending on the weather**. Players are at varying skill levels, mostly around the 3.0 range. Members' wives are invited to join us, so let them know they are welcome. Call Jim or Ralph for information.

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**TRAVEL:** (OPEN) Br 171  
JOE TRACY Br 174)  
TOM MOLINARI (Area 16)

**Trips currently scheduled in 2018-19 and sponsored by our SIRs Area 16 follow:**

**Oct 6, 2018: Fleet Week on the San Francisco Belle.** Join fellow SIR members for a day on the Bay watching the Blue Angels perform right over your heads. Indulge in a hosted buffet lunch, as you sip on free-flowing champagne and enjoy background music from the on board D.J. Depart 11:30 and return 6:00pm. Cost \$144.00/151.00 depending on participation. Milt Smith, Br.146 925-285-2897.

**Dec 3, 2018: Luxury Bus Trip.** You will travel to Sciabica Olive Oil Co, Hilmar Cheese Factory and Duarate Farms. Just in time for Holidays, olive oil, cheese and poinsettias. Cost \$93.00. Milt Smith, Br 146, 925-285-2897.

**Dec 30, 2018-Jan 3, 2019: Tucson New Year's with Tombstone.** 5-days, 4-nights at the Westward Look Grand Resort. Cost is \$1,950 p/p d/o. Includes estimated airfare, New Year's Eve party with cocktails, dinner, & live band, farewell dinner, a day in Tombstone including admission to the Bird Cage & Boot Hill, 5 daily area tours. Joe Tracy, Br. 174, 925-954-7801.

**June 1-18, 2019: Machu Picchu & the Galapagos.** Small ship adventure to Lima, Cuzco, Machu Picchu Quito and 4 night Galapagos Cruise. Cost is \$6,995 including airfare, transfers and taxes, 38 meals, 21 small group activities, 2 local Trip Leaders, gratuities for local guides, drivers, ship crew and luggage porters. Milt Smith, Br 146, 925-285-2897.

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Check the SIR Area 2 website for the details, cost, and contact information on additional trips. Cut and paste the following link into your internet browser -- <http://www.area2.sirinc2.org/Travel.pdf>

If you have trip information you would like to post on the area website, send the information to Tom Molinari by the 25th of the month. Only trips of at least 4 days or more in length will be listed

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**WALKING:** AL DONNER (Br. 171)  
LYLE DECK (Br. 174)

If you feel left out of something good, come join the group. Just show up across from the Serbian Church by **9 am any Tuesday** and you are good to go. No initiation fees, hazing or other sophomoric rituals, just walking and talking and coffee after. The group walks for about three miles.

And if you want a slower pace, try the SENIOR STROLLERS group. If you want to try a faster pace, try the BIG HIKERS group.

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**WINE TASTING:** GENE BELL (Br. 171)  
JON LEUTENEKER (Br. 174)



There are now two wine tasting groups. Both are couples events and normally held in-home starting about 7:00 p.m. with a cost per person averaging about \$15. Jon Leuteneker is chairman of the group that meets on the **second Tuesday of each month** - this group has a full roster. Gene Bell is chairman of the group that meets on the **third Tuesday of each month** - membership in this group

## Activity Calendar -- October 2018

	Monday	Tuesday	Wednesday	Thursday	Friday
Apple Users Activity	Next meeting Nov. 26				
Astronomy	2nd Monday of month				
Barbershop Harmony		Every Tuesday of month			
Big Hikers	As scheduled				
Bocce Ball		Every Tuesday			Every Friday
Book Club			Last Wednesday of month		
Bowling			Every Wednesday of month		
Bridge		2nd & 4th Tuesday of month			
Computers and Technology				Oct. 18	
Couples Dining Out	None scheduled				
Dominoes				Every Thursday of month	
Fishing				4th Thursday of month	
Golf	Oct. 1, 8, 15, 22, & 29				
Historical Adventures	Oct. 27				
Investment Group			Oct. 17		
Poker			4th Wednesday of month		
Stamp & Coin Club					First Friday after Club Meeting
Senior Strollers			Every Wednesday of month		
Table Pool	Every Month of month				
Tennis		Every Tuesday of month		Every Thursday of month	
Travel	No meetings scheduled. Only trips				
Walking		Every Tuesday of month			
Wine Tasting		2nd & 3rd Tuesday of month			

## **Dan Baker's obituary from the September 9th East Bay Times**

Dan was the oldest member of SIR 171 for several years, prior to his resignation in March of this year.

### **Daniel Wirt Baker**

July 1, 1919 - June 21, 2018  
Resident of Lafayette

Daniel Wirt Baker, 98, passed away on June 21, 2018, after a short, hard fought battle against sarcoma cancer. He was born on July 1, 1919 in San Francisco, the son of Roe and Mary Baker, the third of four sons known as the "Baker Boys." He graduated from Polytechnic High and went on to City College of San Francisco and University of Nevada, where he played football, before graduating from University of California, Berkeley. He enlisted in the Navy in 1942 and completed his pre-flight training at St. Mary's College in Moraga and primary flight training in Livermore, eventually becoming a flight instructor in Opa-Locka, Florida training newly commissioned pilots to fly fighter planes and dive-bombers. In June 1944 he was assigned to the USS Intrepid and the Air Group 18 "Sunday Punchers" as a dive bomber which provided air support to invasion forces in the Philippines, Taipei and Okinawa. The Intrepid was a launch pad for the Battle of Leyte Gulf, arguably the largest battle in naval history, where his group was instrumental in sinking the second largest Japanese battleship, the Musashi, and where he scored a direct hit on the battleship Nagato. Dan also lost two planes into the sea and survived Kamikaze hits to the Intrepid on two occasions, the last one taking the lives of sixty nine crew members and pilots. In all, he was awarded the Navy Cross, three Distinguished Flying Crosses, and five Air Medals.

Upon leaving the Navy, he attended University of California Hastings College of Law and graduated in the class of 1949. While attending Hastings, Dan met his wife, Arlene, on a blind date, and they were married three months later. His love for her never diminished, describing her as "beauty itself" and "charming inside and out". They moved to Lafayette in 1952, where they had two children, Sara Kimberly (Kim) and Daniel Weston, and shared a wonderful life together for 65 years until Arlene's passing in 2012. In 1950 he formed and was a senior partner of Handler, Baker, Greene & Taylor that merged with Hanson, Bridgett of San Francisco in 1986. An accomplished lawyer, he specialized and was recognized as a national expert on intrastate and interstate transportation practices by motor carriers. He drafted legislation and testified before federal and state legislative committees, published numerous articles in trade and professional periodicals, lectured before trade organizations, seminars and university groups and published numerous authoritative studies of regulation of motor carriers in all 50 states. Dan was awarded many distinguished honors throughout his career including Lifetime Achievement, Distinguished Service and other awards from international lawyers associations. Once "retired" from Hanson Bridgett, he continued in his own private practice up until his death. This included teaching himself how to use the computer for the first time at the age of 83 and completed all his legal work and billing on his own. Dan and Arlene loved to travel, commencing every year the first week of February to the Hotel Del Coronado and then to Mexico. They traveled every year to an international lawyer's convention held throughout the U.S. and Canada and enjoyed traveling to Europe and Hawaii.

Dan's favorite things in life were his family, especially his grandchildren (he never missed a game), entertaining and being with his devoted circle of longtime friends, his garden –and his spectacular rose garden, golf, which he played until recently, and he was a voracious reader. An ardent animal lover, he was extremely devoted to the German Shepherds and cats he had throughout the years. Dan also took great pride in being the oldest member of the Lafayette Rotary and was an active participant to the end. He is preceded in death by his three brothers, Roe, George and John. He leaves behind his daughter Kim (Gary Ireton), son Dan (Laurie) and three grandchildren, Brooks, Trent and Kendall and nephews and nieces and close companion, Thelma (Tillie) Schiller. A heartfelt "Thank You" to special friends and neighbors, Linda and Ted Kurihara.

Donations may be made in Dan's name to [www.aspc.org](http://www.aspc.org), [www.lafayettecommunityfoundation.org](http://www.lafayettecommunityfoundation.org) or to the Navy's [www.safeharborfoundation.org](http://www.safeharborfoundation.org)



**SIR Branch 171 and 174  
Ladies Day Holiday Luncheon**

**WEDNESDAY, December 12, 2018.** Mark your calendars, get into your holiday mood and come along with us for another enjoyable and festive Ladies Day Luncheon at St. Mary's Soda Center. Reception with wine and conversation begins at 11:00 AM, followed by lunch at noon. We will have the Devil Mountain Chorus entertaining us with your favorite holiday songs.

Our lunch menu will feature a choice of either Braised Top Sirloin of Beef (**SB**) or Chicken Piccata with Capers (**CP**) with Garlic Mashed Potatoes, Steamed Green Beans and Baby Carrots. You'll start with a Mixed Green Salad with Thinly-Sliced Apples, Crumbled Blue Cheese, Dried Cranberries, Candied Pecans and a Dijon Vinaigrette. Dessert will be Holiday Cupcakes and Petit Fours. Wine will also be served at your table during lunch. Please submit your reservations using the form below. A vegetarian (**V**) and gluten free entrée of Sautéed Spinach and Mushrooms with Sun Dried Tomato Risotto will be available.

**RESERVATIONS MUST BE IN BY DECEMBER 3.**

This is a joint event between Lamorinda Branches 171 and 174. Your support is not only appreciated but is essential to both our Branches. Please sign up early. Last year was close to selling out. Guests are welcome.

**LADIES DAY HOLIDAY LUNCHEON RESERVATION FORM**

Cost for the luncheon remains at **\$50 per person** –Please use the reservation form below. Full table reservations for one party of 8 should be made by one person submitting checks totaling \$400 along with the preferred badge names and menu selections. Please make the checks payable to SIR Branch 174 and mail the check(s) together with this form to:

**Frank May, 12 Woodford Drive, Moraga, CA 94556.**

Branch/ SIR#	Member Badge Name	V	Menu		Guest Badge Name	V	Menu	
			SB	CP			SB	CP

**SB – Braised Top Sirloin    CP – Chicken Piccata    V - Vegetarian**