

The Chanticleer

LUNCH: Date August 14, 2025

Place : Pardini's

2257 W. Shaw Ave.

Social Hour 11:00 AM

Luncheon: 12 Noon

\$25 per person

New 159 website - www.branch159.sirinc2.org

Program : **Marcus McMaryion, NCAA's NIL**

Activities Calendar for AUGUST

Date	Event	Contact
AUG. 4-11-18-25	Whitmer's Warriors Golf	Brian Nicholson
AUG. 7-13-21-28	SIR Golf	Brian Nicholson
AUG. 20	Dine Out Night	Hector Leyva
AUG. 6-20-27	SIRS Bowling	Duke Marshall
AUG. 14	SIRs Luncheon	Pete Openshaw
AUG. 6-13-20-27	Jim Sheldon Memorial Golf	Ron Wilson
AUG. 20	Cigars	Bob Moore

Sons In Retirement, Inc Branch 159 Financial

	Month:	Jul-25
Beginning Balance (Checking + Cash)		\$10,876.10
Expenses	\$	<u>2,967.37</u>
		\$7,908.73
Revenues		<u>\$2,615.04</u>
Month Ending Balance (Checking + Cash)		\$10,523.77
	TOTAL	<u>\$10,523.77</u>

Checking \$10,073.77 + Petty Cash \$450 = \$10,523.77

Net Gain / Loss

(\$352.33)

Submitted by Bruce Corwin - Treasurer

MESSAGE FROM THE BIG SIR

Take responsibility of your own happiness, never put it in other people's hands.

— Roy T. Bennett

- **Community and Social Connection:** Seniors prioritize staying connected with family and friends, as social isolation is a significant concern linked to health risks like dementia and depression. Activities like group outings, community center events, and volunteering are popular. For example, 60% of seniors participate in community groups or clubs, such as book clubs, religious organizations, or senior centers, to foster relationships and combat loneliness.
- **Health and Wellness Activities:** Many seniors engage in social activities centered around physical and mental health. Group exercise classes (e.g., yoga, tai chi, or water aerobics) and walking clubs are common, with 65% of seniors aged 65+ participating in regular physical activities to maintain mobility and reduce fall risks. Social wellness programs, like those offered by senior centers, also emphasize mental health through mindfulness or discussion groups.

Mike Parker
Big Sir
Branch 159



From the desk of your Little Sir

The dog days of August are upon us. Thus far the summer heat has been relative kind to us this year, hopefully this trend continues through the next two months. As I think about the upcoming month I realized there are absolute no holidays. The only significant days I am aware of are personal, my older sister will turn 80 and my wife & I will celebrate our 56th wedding anniversary. There is also one religious day this month.

To help make it through the month, make it to the luncheon on the 14th and keep playing golf. You might also join us on the bowling lanes on the 6th, 20th, or 27th. As a club we could certainly accommodate a few more activities. We need somebody to step forward and sponsor an activity, like pickle ball, corn hole or poker night. I've been in this Sir Branch since 2011 and when I joined we also had an active tennis group, bridge club and poker group.

Two factors came into play over the years since leading to the lose of these activities. First was the A,G.E. factor and the second was the covid shut down. Though many in our branch are golfers, the philosophy of the SIR organization is to have activities that keep our members active. If you are of the mind, step forward and take an active roll. This month's speaker is former Fresno State quarterback, Marcus McMaryion talking about the NCGA's NIL program.

Duke Marshall Little SIR



Marshall, Duke

The older I get, the more I understand why roosters just scream to start their day.

Being popular on Facebook is like sitting at the 'cool table' in the cafeteria of a mental hospital.

I too was once a male trapped in a female body...but then my mother gave birth.

- If only vegetables smelled as good as bacon.

. When I lost the fingers on my right hand in a freak accident, I asked the doctor if I would still be able to write with it. He said, "Probably, but I wouldn't count on it.

Branch 159 Officers, Directors

2025 BRANCH OFFICERS

BIG SIR: Mike Parker 951-665-2951

LITTLE SIR: Duke Marshall 559-447-5388

SECRETARY: Robert Scott 559-696-2158

ASST.SECRETARY: Brett Bayley 619-507-0357

ASST.TREASURER: Keith Lovgren 559-930-0662

TREASURER: Bruce Corwin 916-934-6161

2023 BRANCH DIRECTORS

Russ Conrad [2025] 559-917-1199

Robert Ying (2025) 559-289-4548

Butch Evans (2026) 559-271-2024

Reg Salsman [2027] 559-977-6722

Pete Openshaw [2026] 559-871-5816

John Briceno [2026] 559-395-4330

2025 BRANCH SUPPORT PERSONEL

ATTENDANCE : Robert Ying 559-289-4548

CHAPLIN:

HISTORIAN: Gary Becker 559-251-7408

LIBRARIAN: Paul Gabrielson 559-269-2030

MEMBERSHIP: Russ Conrad 559-917-1199

MEMBER RELATIONS: Bob Moore 559-322-6909

NEWSLETTER: Fred Martinez 365-4123

ROOSTER: Gary Morgan 559-277-1249

SUNSHINE: John Briceno 559-395-4330

TELEPHONE CALLERS: Pete Openshaw 559-871-5816

WEB MASTER: Gary Morgan 559-277-1249

Photographer: Steve Chase 559-252-2600

Travel: Hector Leyva 559-970-3197

SIR Members

Just a reminder that we need an accurate lunch count so if you have not talked to your caller, you need to contact them or send a message to Pete Openshaw or Bruce Corwin regarding your lunch attendance. Thanks for helping us out.

Also beginning in January our lunch cost goes up to \$25 per member.

Thanks,

Bruce Corwin

7334 W. Portals Ave.

Fresno, CA 93723

916-934-6161



Fresno Branch #159

MEMBERSHIP REPORT

As of July 31, 2025
August 14th Meeting will be #364

<u>Membership Status;</u>	<u>June</u>	<u>Yearly total</u>
Members Inducted:	3	15
Terminated:	0	22
Members:		180

Members Terminated last month:

NONE

New Members Inducted at last luncheon:

Anthony Gallo ~ Sponsor ~ Jerry Thompsom

Mike Smith ~ Sponsor ~ Russ Conrad

Michael Kahl ~ Sponsor ~ Jon Ericksen

Candidates approved by board to be "sworn in" when they attend their next Luncheon

Steve Coleman ~ Sponsor ~ Jim Branton

Brent Harris ~ Sponsor ~ Bruce Corwin

New Applications for membership to be voted on by the board and inducted if present at the luncheon:

Comments: Membership Database being updated by Rich Colby.

Respectfully Submitted by: Russ Conrad -

Membership Chairman

SIR Minutes of Branch 159 Executive Committee

July 10, 2025

The meeting opened at 10:15 am at Pardini's Restaurant. BEC officers present were Big Sir Mike Parker, Little Sir Duke Marshall, Treasurer Bruce Corwin, Assistant Treasurer Keith Lovgren, Assistant Secretary Brett Bayley, and Secretary Robert Scott. Directors present were Robert Ying (2025), Butch Evans (2026), Pete Openshaw (2026), and John Briceno (2027). Robert Scott proclaimed a quorum was present (10 of 12), and Big Sir Mike Parker opened the meeting.

Next, a review of the June 2025 meeting minutes was conducted. Bruce Corwin moved that the minutes be accepted, and Brett Bayley seconded the motion. The minutes were approved. Based upon inquiries during the calls to members, we found 99 members who stated that they were planning to attend our luncheon today. Bruce Corwin ordered 90 lunches from Pardini's.

Then, our Caller Coordinator reported that we had some members with medical issues. This led to BEC members addressing the need to reinvigorate our Sunshine Committee. To resolve this situation, John Briceno volunteered to chair the committee and begin contacting members when needed.

Little Sir Duke Marshall then announced that Sean Harvey will be the speaker at our luncheon today. Sean is the son of our member Terry Byrne. He will be presenting information about crypto currency and Bitcoin.

Next, the June 2025 Monthly Cash Report (Form 28) was reviewed. Bruce Corwin reported the General Account experienced a \$104 increase primarily from our 50/50 drawing. The netcustodial amount was an increase of \$105 because luncheon income exceeded luncheon expenses. Therefore, at the end of June, there was a cash balance of \$10,876.14. Brett Bayley moved that the report be accepted, and Butch Evans seconded the motion. There was unanimous approval.

The following agenda item concerned the membership reports. Brett Bayley explained that today would be the 363rd meeting of SIR Branch 159. He stated during June we inducted two new members while losing none. Therefore, at the end of June, we had 177 members. The report also indicated that 5 new applicants would be accepted for membership at the approval of the Membership Report. The Form 27 report indicated that 48% of our membership attended our June luncheon, and we had four guests. Bruce Corwin moved that the membership reports be approved, and Keith Lovgren seconded the motion. The motion passed unanimously.

At the conclusion of the discussion about the membership reports, it was reported that a few of our new members had not paid the membership assessment of \$25. Our Big Sir will contact the sponsors of these new members to rectify this situation. It was indicated that the payment from new members joining us from September through the end of each year would include the following year.

The only old business topic concerned the status of our KVPR advertising program. The ad was published for two months for a total cost of \$1,200. At this time, we are not aware of any new members that came to us through the advertisement. It was then suggested that we consider increasing our use of social media to find new members. Keith Lovgren volunteered to pursue how we might focus our Facetime activities.

The first new business item involved the Lifetime Achievement Awards for members who have reached the age of 90 and 95. It was reported that the awards are prepared and ready for distribution at our luncheon.

The second new business item involved the Nominating Committee Report. The committee has identified a slate of officers and directors for 2026. In addition, the Membership Chairman will become a member of the Branch Executive Committee. The slate will be presented to our Branch 159 members at our August meeting.

The present proposal is:

SIR Minutes of Branch 159 Executive Committee

July 10, 2025

Officers

Big Sir Duke Marshall

Little Sir Keith Lovgren

Secretary Robert Scott

Assistant Secretary Brett Bayley

Treasurer Bruce Corwin

Assistant Treasurer Brian Nicholson

Membership Chairman Russ Conrad

Directors

Director 2026 Butch Evans

Director 2026 Pete Openshaw

Director 2027 Reg Salsman

Director 2027 John Briceno

Director 2028 Bob Price

Director 2028 John Shertenlieb

The next business item involved service appreciation awards. A Service Distinction Award and a Doing My Part pin will be presented to Paul Gabrielson at today's luncheon.

The last topic on the agenda was an announcement by our Area Representative, Bruce Corwin. Bruce announced that he had been the Area 19 representative for four years. Since he has additional state SIR responsibilities, he feels a new Area 19 Representative is needed. Therefore, we need to find an Area 19 Area Representative before the end of the year.

At this point, a short discussion began about the need to recognize our member who sponsors the greatest number of new members each year. It seems we have done this in the past, but it has not been given recently. Rich Colby will work with Russ Conrad to begin collecting this information for 2025.

Microphone time at our meeting today will include Brian Nicholson, Fred Martinez, Bruce Corwin, and Duke Marshall.

There being no other business, the meeting was adjourned at 11:03 am.

Secretaries Robert Scott and Brett Bayley

- I woke up this morning determined to drink less, eat right, and exercise. But that was four hours ago when I was younger and full of hope.

The biggest joke on mankind is that computers have begun asking humans to prove they aren't a robot.

When a kid says "Daddy, I want Mommy" that's the kid version of "I'd like to speak to your supervisor"

- It's weird being the same age as old people.

Just once, I want a username and password prompt to say "CLOSE ENOUGH".

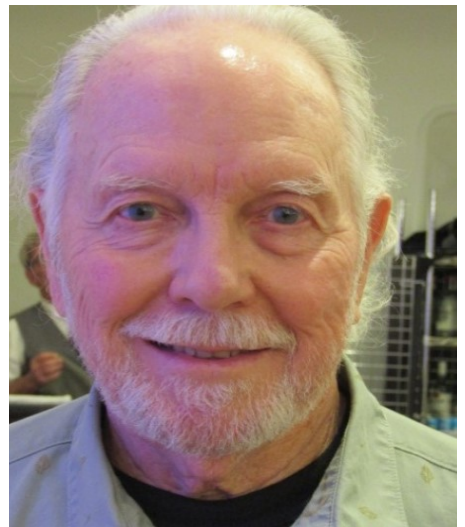
- Last night the internet stopped working so I spent a few hours with my family. They seem like good people.
- We celebrated last night with a couple of adult beverages Metamucil and Ensure.
- You know you are getting old when friends with benefits means having someone who can drive at night.
- Weight loss goal: To be able to clip my toenails and breathe at the same time.
- Some of my friends exercise every day. Meanwhile I am watching a show I don't like because the remote fell on the floor



Michael Kahl



Tony Gallo



Mike Smith

NEW MEMBERS

August Birthdays		
First	Nickname	Last
Dwaine		Chambers
Gary		Clemente
Jimmy		Ely
Jon		Eriksen
Eddie	Double E	Espinoza Jr.
Ron		Garcia
Robert	Bob	Hudson
Perry		Huffman
Mike		Kilijian
Robert	Bob	Knebel
Russell		Manfredo
Dennis		Martin
Ted	Teddy	Michel
Peter		Openshaw
Thomas	Tom	Simpson
John		Volkman
Harry		White
Ronald	Ron	Wilson

August Wedding Anniversaries			
Wife	First	Nickname	Last
Deborah	Brett		Bayley
Berdie	Ed		Beier
Lillian	Harry		Buchaklian
Dianne	Bill		DeMarinis
Mary	Paul		Gabrielson
Monica	Dana		Hamparzoomian
Patty	Joseph	Joe	Huizar
Sue	Mike		Kilijian
Nancy	Bill		Leavitt
Janis	Joseph	Duke	Marshall
Joyce	Gary		McCrea
Lisa	Kenny		Melkonian
Tami	Ted	Teddy	Michel
Jean	Brian		Nicholson
Charlene	Dale		Samuelian
Jodi	John		Volkman
Denise	Steve		Whitehead

There's a fine line between a numerator and a denominator. Only a fraction of people will find this funny.

Reading gives us someplace to go when we have to stay where we are.

I have many hidden talents. I just wish I could remember where I hid them.

My idea of a Super Bowl is a toilet that cleans itself• There's a fine line between a numerator and a denominator. Only a fraction of people will find this funny.

Reading gives us someplace to go when we have to stay where we are.

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My idea of a Super Bowl is a toilet that cleans itself

Apparently exercise helps you with decision-making. It's true. I went for a run this morning and decided I'm never going again

AUGUST GOLF SCHEDULE

08/07/25	Thurs.	Madera Muni GC	8:00 AM SG	\$48.00	Individual
08/13/25	WED.	Madera G&CC	8:30 AM SG	\$50.00	4Man2BB
08/21/25	Thurs.	Sunnyside CC	8:00 AM SG	\$88.00	2ManBB
08/28/25	Thurs.	Belmont CC	9:00 AM SG	\$78.00	4Man2BB

WHITMER'S WARRIORS

This is golf as you would like it, a true warm-up round for the Thursday tournament, or just a fun round of golf. If you hit a bad drive and want a do over, that's fine. If you want to try that putt again, fine. If you don't want to keep score, that's okay too.

Whitmer's Warriors is open to everyone, SIR member or not. If you would like to play with us, just show up. We rotate play between Riverside, Madera Muni, and Airways golf courses as need be.

On Fridays, usually, I send out an email to those on my email list telling where we will be playing and our tee time for the following Monday. To be put on our email list just contact me and it will be done.

Whitmer's Warriors is named in honor of Jim Whitmer who first organized the outings. If you are playing at Riverside golf course you may notice a bench at the 15th tee with a plaque mentioning Jim and his Warriors.

Brian Nicholson, bnicholson0427@gmail.com (559) 285-8928

JIM SHELDON MEMORIAL NINE HOLE GOLF

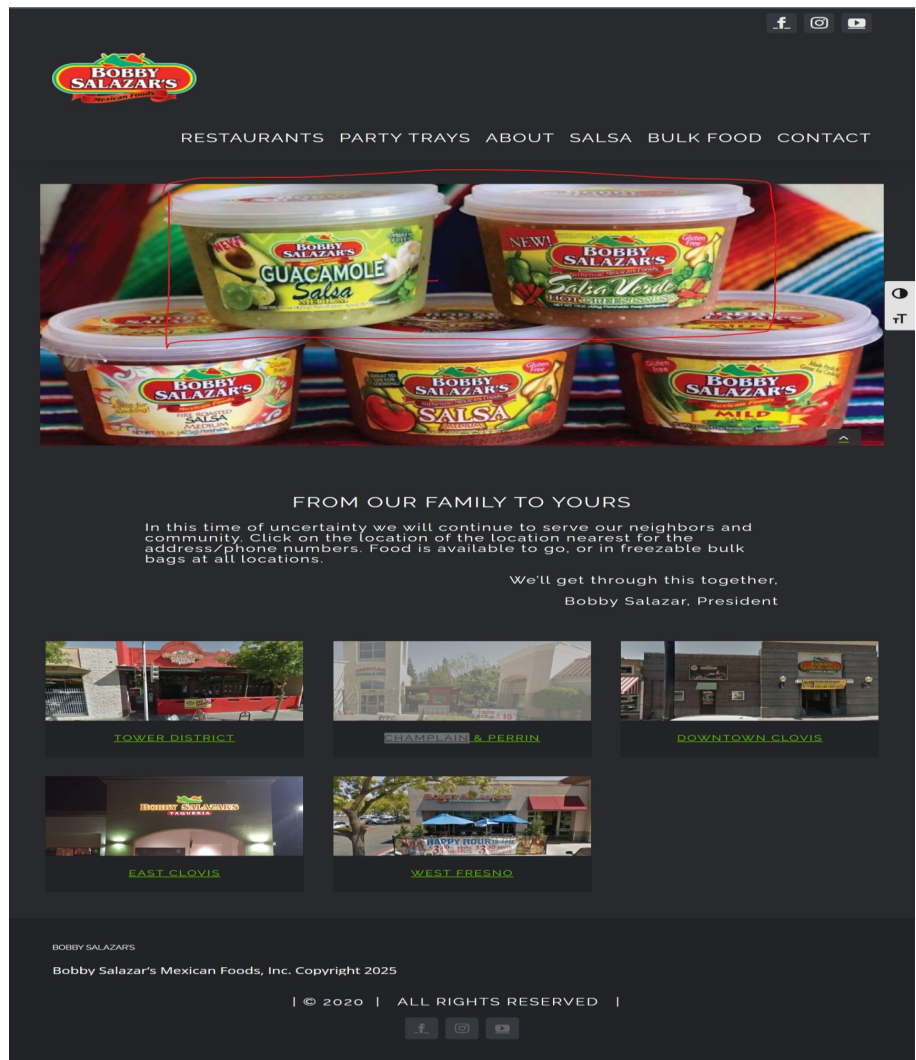
We play nine-hole golf every Wednesday at Airways GC at 10 am. Come out and join Ron Wilson and the rest of your pals for a good time. Get a cart and half a round for \$13.75. Have relaxed golf in your own way, at your own speed, and with your old pals. Good activity, good company, some good jokes and some good shots. Laugh, putt, and get some fresh air in the green grass. Start at 10 and finish by noon. Too good to pass up.

Direct questions to Ron Wilson, 559-960-8294.

SIRs Dine Out
August 20, 2025
5:00 Happy half hour
5:30 ordering

LOCATION:

Bobby Salazar's Mexican Restaurant at
1129 E Champlain Dr, Fresno,



**SIGN UP AT THE
LUNCHEON.**

Hosted by Robert and Susie Ying
yingfam6@gmail.com
559-289-4548

NEWS from Your Golfing Community

Before I begin with the month's recap, I would like to give a special thanks to the GOLF GODS for keeping the temperatures down and making the playing conditions very lovely especially in the early morning. The high temperatures on playing days were 100, 96, 96, 91, and 98.

On Thursday, July 3rd, we were at Sherwood Forest GC for a two-man best ball tournament with 44 golfers. The team of **Bob Bacome** and **Harry White** won in a tie-breaker with a net 57. The closest to the pin on hole number 4 was **Bob Bacome** at 4 feet 4 inches. On whole number 16, **John Volkman** was closest at 8 feet 8 inches. The low gross of the day was a 71 shot by guest **Bob Altkoff Jr.**

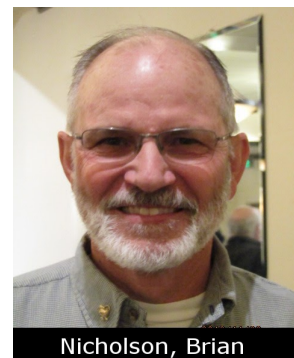
On Wednesday, July 9th, we were at Airways GC for an individual flighted tournament with 41 golfers. In Flight A, **Roger McCoy** won by 6 strokes with a net 64. In Flight B, **John Shertenlieb** won by three strokes with a net 64. In Flight C, **Bob Souza** won by two strokes with a net 66. And in Flight D **Harry White** won by one stroke with a net 59. The closest to the pin on hole #7 was **Harry White** at 8 feet 10 inches. And on hole #15, **John Shertenlieb** was closest at 10 feet even. The low gross of the day of 73 was shot by **Roger McCoy**.

On Thursday, July 17th, we were at Lemoore GC with 27 golfers for a Cha Cha Cha tournament. The team of **Russ Anderson, Gerard Garoian, Loren LeBaron and Richard Nielsen** won by 4 strokes with a net 116. Closest to the pin on whole number 4 was **Jeff Boatman** at 4 feet 11 inches. And on hole #11, **Gary Morgan** was closest at 10 feet 4 inches. The low gross of the day of 71 was shot by **Eddie Espinosa**.

On Thursday, July 24th, we were at Riverside GC with 38 golfers for a shamble event using the best 3 scores of the 4-man team. The team of **Bill Demarinis, Cliff Klein, Rick Nitschke and Bob Souza** won by 1 stroke with a net 184. Closest to the pin on hole number 5 was **Hector Leyva** at 7 feet 3 inches, and on hole #11 **Jimmy Ely** was closest at 11 feet 3 inches. The non reportable low gross of the day of 81 was shot by **Russ Anderson, Ben Martinez and Mike Moyle**.

On Thursday, July 31st, we were at Pheasant Run GC for a 4Man2BB event with 40 golfers. The team of **Russ Anderson, Bob Bacome, Dana Hamparzoomian, and Mike Gostanian** won by two strokes with a net 119. Closest to the pin on hole #4 was **Dana Hamparzoomian** at 2 feet 1 inch and on hole #17 **Roger McCoy** was closest at 2 feet 0 inches. Low gross of the day of 77 was shot by **Roger McCoy**.

Brian Nicholson SIR 159 Golf Chairman



Nicholson, Brian

Dine Out Night

Hector Leyva is chair for Dine Out Night for 2025. Help make it a success. This is an opportunity to involve fellow members and include your sweetie or significant other.

Dine out is monthly between January and November of the year. We need a chair for each month and duties are as follows:

1. Sign up for desired month
2. Find a restaurant
3. Third Wednesday of the month
4. Monthly attendance has been between 30-40 people
5. Ask for individual checks (singles or couples) with gratuities included
6. Social hour is 5:00 pm with Dinner at 5:30 pm
7. Prefer a venue with full bar or option for Beer & Wine
8. Sign-up sheet to be brought to monthly luncheon
9. Flyer or information of Dine Out venue to be emailed to Fred Martinez between the 23-27th of the month to be put in the monthly Chanticleer Newsletter.

Fred Martinez ajm7pc@hotmail.com

mobile 559-365-4123

Dine Out Chairman

Hector Leyva

hecramsey@sbcglobal.net

mobile or text 559-970-3197

I asked a millionaire how he did it, and he said:

1. Never beg for a seat when you can build your own table. Read that twice.
2. Money attracts the woman you want. Struggle attracts the woman you need.
3. Never go back to the person who cheated.
4. A man who lacks purpose will distract himself with pleasure.
5. Sit me at the table where they are talking about self-growth, money, and goals-not other people.

2025 STATE GOLF SCHEDULE

(TENTATIVE)

August 6-7—Team Championship at Hiddenbrooke (ABCD Scramble). July 1 Index to qualify, current index for Team handicap. \$75/player (\$300 for the Team). Tee times on both days. Limit of 60 Teams.

September 8-12—Possibly Carson City with the “Ozzies” group.

September 24-25—“Fresno!”—details to follow.

October 3 Individual Championship-The Reserve at Spanos Park. First 112 players to register. 7 flights. September 1 Index will be used. \$75/player.

November 4-8—Monterey/Carmel Week (play 2,3 or 4 days)

Primary tournament Tues/Weds Nov 5-6 at Blackhorse and Bayonet, a 2 day event (4man, 2 Best Ball) with prizes also for winners each day. \$195 for 2 days or \$100 each day.

Monday and Thursday—optional informal outing—Pacific Grove/Crazy Horse/Poppy Hills or Monterey Pines. Further Details to follow.

Ben Gikis, State Golf Chairman 408-802-0794

gikisben@yahoo.com

For All Area 19 SIRs

Good morning to all of you Sirs out there. This is Duke Marshall your Area 19 golf chairman For the Area 19 monthly golf outing I had planned on Pajaro Valley for August 18, however I have gotten some negative feedback on the course conditions. An alternative would be a course at Stockton, Elkhorn Golf Club which has a 2 for \$74 w/cart on Golf Moose. Let me know ASAP while we still have time so please call 559-304-4439 or email me at DukMarshall@aol.com ASAP. I will be booking tee times on the 11th. Once again call, email me, or tell me at the luncheon in August. Now for the 3rd Monday of Sept., the 15th I have 3 tee times booked in my name at Poppy Ridge and once again I would open it up now because I would need comment to hold those tee times .

Duke Marshall your Area 19 golf chairman

From the Lanes in JULY

We are bowling on Wednesday starting at 1:00 PM. We would love to see more SIRs out on the lanes with us having some fun. After all for us it is a social gathering for a couple hours, a way to get out of the house and escape the honey dos. When the summer heat is upon us we are indoors where it is cool. **Plan to arrive by 12:45 for warm up time and to get set up.** When bowling we roll scratch games and a series, 3 games total.

There is also a handicapping category for each of us. We use the difference between one's average and 230. We use 230 because that is what the Sir State Bowling organization is using. Nothing like a little friendly competition between friends. We run a little poker draw on the side and might even have a drink. We pay at the Veteran's rate from \$5.42 per game. I will collect \$17 for the 3 games and at the last session of the month the bowlers with the High Scratch Series, High Scratch Game, High Handicap Series, and High Handicap Game will split the monthly pot 4 ways. We are rolling now.

September began the new scoring year. It certainly would be nice to see more bowlers on the lanes with us. Everyone can check up on us by visiting the bowling page of Sir 159's website. Follow the Bowler Icon or go to <https://www.branch159.sirinc2.org/Results/Bowling.html>. You will find up to date statistics that are posted, as well as the next bowling date & time.

Below is a short table of who had the best scores in July. Once again I invite all SIR members and guests to come join us - Wednesday, afternoons, @1 PM at Bowlero Lanes (formerly Sierra Lanes) at the corner of Blackstone & Sierra. For more info contact Duke Marshall @ 559-304-4439 or just show up and we will get you started. Hope to see you there. Our next bowling dates is Aug. 6th, 20th, and 27th.

Duke Marshall @ 559-304- 4439

July Bowling Scoring

07/02/25	High Series Scratch	Ed Beier 581/228
	High Game Scratch	Alan Barton 214
	High Series Handicap	Bob Bacome 711
	High Game Handicap	Harry White 237
07/16/25	High Series Scratch	Shane Carroll 601/244
	High Game Scratch	Ed Beier 216
	High Series Handicap	Duke Marshall 639
	High Game Handicap	Bob Bacome 659
07/23/25	High Series Scratch	Alan Barton 570
	High Game Scratch	Shane Carroll 204
	High Series Handicap	Steve Beveridge 692
	High Game Handicap	Tom Simpson 270
07/30/25	High Series Scratch	Shane Carroll 650
	High Game Scratch	Ed Beier 247
	High Series Handicap	Duke Marshall 679
	High Game Handicap	Steve Beveridge 220