

The Chanticleer

LUNCH: Date January 09, 2025

Place : Pardini's

2257 W. Shaw Ave.

Social Hour 11:00 AM

Luncheon: 12 Noon

\$25 per person

New 159 website - www.branch159.sirinc2.org

Program : Gary Morgan, Branch 159 Website

Activities Calendar for JANUARY

Date	Event	Contact
JAN. 6-13-20-27	Whitmer's Warriors Golf	Brian Nicholson
JAN. 2-8-16-23-30	SIR Golf	Brian Nicholson
JAN. 15	Dine Out Night	Hector Leyva
JAN.	SIRS Bowling	Duke Marshall
JAN. 09	SIRs Luncheon	Pete Openshaw
JAN. 8-15-22-29	9 Hole Golf	Charlie Barrett
JAN. 15	Cigars	Bob Moore

Sons In Retirement, Inc

Branch 159 Financial

Month: Dec-24

Beginning Balance (Checking + Cash)	\$12,267.71
Expenses	<u>\$3,185.69</u>
	\$9,082.02
Revenues	<u>\$3,295.04</u>
Month Ending Balance (Checking + Cash)	<u>\$12,377.06</u>
TOTAL	\$12,377.06

Checking \$11,927.06 + Petty Cash \$450 = \$12,377.06

Net Gain / Loss Submitted by Garry C. Elliott - Treasurer

\$109.35

MESSAGE FROM THE BIG SIR

Potential longevity markers:

The winner-a better predictor than having diabetes or heart disease, receiving a cancer diagnosis, or even how old you are-was the amount of physical activity you perform in a typical day, as measured by a wrist tracker. Forget pee speed. The message to remember is: move or die.

The study zeroed in on 3,600 subjects between the ages of 50 and 80, and SIGN UP HERE tracked them to see who died in the years following their baseline measurements. In addition to physical activity, the subjects were assessed for 14 of the best-known traditional risk factors for mortality: basic demographic information (age, gender, body mass index, race or ethnicity, educational level), lifestyle habits (alcohol consumption, smoking), preexisting medical conditions (diabetes, heart disease, congestive heart failure, stroke, cancer, mobility problems), and self-reported overall health. The best predictors for how to live longer? Physical activity, followed by age, mobility problems, self-assessed health, diabetes, and smoking. Take a moment to let that sink in: how much and how vigorously you move are more important than how old you are as a predictor of the years you've got left.

Regards as always,

Michael H Parker

BRANCH 159 BIG SIR

Mobile: 951-665-2951



Dear Guest Speakers and Supporters

On behalf of your board, I would like to express our heartfelt thanks to all the guest speakers who have so generously shared their time, knowledge, and expertise with us (Mike Whatney's "swinging the mop" has dropped my handicap by over three strokes). Your presentations have enriched our gatherings, provided invaluable insights, and contributed greatly to the success of our luncheons.

We also want to extend a special acknowledgment to Penny and Larry Childers for their exceptional contributions in recommending and arranging for such outstanding speakers. Your efforts have been instrumental in ensuring the high quality of our programs.

Additionally, we deeply appreciate the support and contributions of Rich Ransome and Teresa /John Barber. Your dedication and involvement have greatly enhanced our ability to connect with inspiring speakers and bring valuable perspectives to our audience.

Speakers:

Debra Rush - Breaking the Chains - Penny and Larry referral

Diane Phakmekhan - Big Brothers and Sisters - Penny and Larry referral

David Bower - Bricks 4 Kidz - Tessa and John Barber referral

Pastor Pete Untalon - PTSD - Penny and Larry referral

James Obler - Coin Collection (recommended by a fellow Sir) - John Hayes referral

Mike Whatney - Golf history in Fresno and some lessons - Penny and Larry referral

Gary Clemente - The mob and his father's work at going after them

Dan Taylor - Retired sports caster and author

Mark Strandriff - Beautify Fresno, actor, singer and director

John Creaney - PGA pro- Rich Ransom referral

Paul Loeffler - Voice of the Bulldogs and an inspiring face to the Honor Flights - Penny and Larry referral

Thank you all for your commitment and support. It is through the collective efforts of our community that we continue to thrive and make a meaningful impact.

With sincere appreciation,

Michael Parker/Big Sir

Dear Steve Chase and fellow volunteers:

On behalf of SIR159, I want to extend our heartfelt gratitude to you for your outstanding leadership and dedicated service as BIG SIR of SIR159. Your commitment, vision, and tireless efforts have left an indelible mark on our organization.

We also extend our deepest thanks to the fellow board members who have served alongside you. Your collaboration, dedication, and hard work have played a vital role in advancing our mission and strengthening the bonds within our community. Together, your contributions have made a lasting impact, and we are immensely grateful for your service.

As you step into the next chapter, please know that your efforts have been deeply appreciated and will be remembered as a cornerstone of our collective success.

With sincere gratitude,

Michael Parker

BIG SIR

Fellow SIRS my name is Pete Openshaw and I am the coordinator for the callers to contact members for the luncheon one of my callers has resigned so I need another member to step up to the plate to replace him. Its not too hard just a little bit frustrating trying to get hold of your members I will help you out. Anybody interested please call me at 559-871-5816 or email me at pbacup@aol.com thank you Pete Openshaw



Fresno Branch #159

MEMBERSHIP REPORT

**As of December 31, 2024
December Meeting will be #357th**

Membership Status;	December	End of December
New Members Inducted:	0	31
Terminated:	0	25
Members:		184

Members Terminated last month:

None

New Members Inducted at last luncheon:

None

Candidates approved by board to be “sworn in” when they attend their next Luncheon

None

New Applications for membership to be voted on by the board and inducted if present at the luncheon;

Ted Michel ~ Sponsor ~ Walt Plachta

Cliff Klein ~ Sponsor ~ Bob Souza

**Comments:Membership
Database being updated
by Rich Colby.**

**Respectfully Submitted
by: Russ Conrad -
Membership Chairman**

JANUARY GOLF SCHEDULE

01/02/25	Thurs.	Eagle Springs GC	9:00 AM TT	\$70.00	Individual
01/08/25	Wed.	Madera CC	9:00 AM SG	\$50.00	2ManBB
01/16/25	Thurs.	Belmont CC	9:00 AM SG	\$78.00	4Man2BB
01/23/25	Thurs.	Dragonfly GC	9:00 AM SG	\$59.00	Scramble
01/30/25	Thurs.	Riverside GC	8:30 AM SG	\$44.00	Novelty

WHITMER'S WARRIORS

Whitmer's Warriors is a group of people that play golf on Monday. Although it is officially a SIR event, it is open to anyone that wants to join us. On any given Monday we will have twenty or so players, and there is always room for more. I send out an email telling everyone where we will play and what our tee time is. If you would like to be added to my email list just email me and it will be done.

Brian Nicholson

9 HOLE GOLF

"Hey! Charlie Barrett here to remind you about how very pleasant (and inexpensive) it is to stroll (or ride) around nine holes of golf at Airways on a fall morning. It is positively charming, satisfying, and wholesomely relaxing (unless you chunk every swing like I do). "Join us! The boys moved it up to 9:30 each Wednesday morning of the year, to give us a bit more time in the clubhouse. Affordable golf with invaluable wholesomeness, a doable pace, and priceless camaraderie. "I will see you there!"

Branch 159 Officers, Directors

2024 BRANCH OFFICERS

BIG SIR: Mike Parker 951-665-2951
LITTLE SIR: Duke Marshall 559-447-5388
SECRETARY: Robert Scott 559-696-2158
ASST.SECRETARY: Brett Bayley 619-507-0357
TREASURER: Garry Elliott 559-349-5783
ASST.TREASURER: Keith Lovgren 559-930-0662

2023 BRANCH DIRECTORS

Russ Conrad [2025] 559-917-1199
Robert Ying (2025) 559-289-4548
Butch Evans (2026) 559-271-2024
Mark Isonio [2024] 559-916-1540
Jerry Brady [2024] 559-325-3049
Pete Openshaw [2026] 559-871-5816

2024 BRANCH SUPPORT PERSONEL

ATTENDANCE : Robert Ying 559-289-4548
CHAPLIN: Charles Barrett 559-439-8338
HISTORIAN: Gary Becker 559-251-7408
LIBRARIAN: Paul Gabrielson 559-269-2030
MEMBERSHIP: Russ Conrad 559-917-1199
MEMBER RELATIONS: Bob Moore 559-322-6909
NEWSLETTER: Fred Martinez 365-4123
ROOSTER: Gary Morgan 559-277-1249
SUNSHINE: Charles Barrett 559-439-8388
TELEPHONE CALLERS: Pete Openshaw 559-871-5816
WEB MASTER: Gary Morgan 559-277-1249

SIR Members

Just a reminder that we need an accurate lunch count so if you have not talked to your caller, you need to contact them or send a message to Pete Openshaw or Bruce Corwin regarding your lunch attendance. Thanks for helping us out.

Also beginning in January our lunch cost goes up to \$25 per member.

Thanks,

Bruce Corwin
7334 W. Portals Ave.

SIR 159 MEMBER ASSESSMENT
FOR 2025 >>>>> **\$25.00**

Make Check Payable to
“SIR 159” , Due By Dec 31st

Please Bring Check to Next
Meeting or Mail to:

Garry Elliott

5474 E. Washington

Fresno CA 93727-3365

NEWS from Your Golfing Community

GOLF DUES ARE PAST DUE AFTER DECEMBER 31ST- \$55 PAYABLE TO "SIR159 GOLF".

Contact Brian Nicholson or Roger McCoy if you wish to continue as a member and have not paid.

HOLIDAY CUP RESULTS

WINNER OF THE LOW GROSS IS RAY GARCIA WITH A TWO ROUND TOTAL OF 161

WINNER OF THE LOW NET IS HARRY WHITE WITH A TWO ROUND TOTAL OF 141

On Thursday, December 5th, in foggy cold conditions, we started the month at Belmont CC with 31 golfers for ChaChaCha event. The team of **Jon Eriksen, Steve Kelly, Keith Lovgren, and Gerard Garoian** won by one stroke with a net 141. The closest to the pin on Hole # 2 was **Bob Matson** at 2 feet 9 inches and on #13 **Rick Moss** was closest at 10 inches. The low gross for the day of 80 was shot by **Jon Eriksen**.

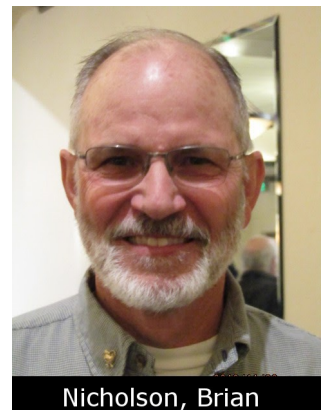
On Wednesday, December 11th, on another foggy and cold day we were at Dragonfly GC with 38 golfers playing an individually flighted event. In Flight A (from the white tees) **Roger McCoy** won by 8 strokes with a net 69. In Flight B from the gold tees **Daniel Cowherd** won by 5 strokes with a net 68. In Flight C, also from the gold tees, **Gary Lemaster** won by 4 strokes with a net 71. In Flight D from the gold tees **Bob Rathburn** won by 2 strokes with a net 73. The closest to the pin on #3 was **Fred Martinez** at 5 feet 7 inches and on #12 **Stuart Poytress** was closest at 10 feet 4 inches. The low gross for the day from the white tees was **Ray Garcia** with an 81. The low gross for the day from the gold tees was **Daniel Cowherd** with a score of 82.

On Thursday, December 19th, for the first round of the Holiday Cup were at Riverside GC on a cold 55 degree day to begin with 37 golfers for a 2ManBB event. The team of **Bob Bacome and Bruce Peters** won by 1 stroke over three other teams with a net score of 60. The closest to the pin on # 5 was **Bill Scharbach** at 4 feet 8 inches and on Hole #11 **Larry Henricksen** was closest at 4 feet 2 inches. The low gross for the day of 77 was shot by **Ray Garcia**.

On the day after Christmas, Thursday, December 26th, we were at Madera Muni GC for the final round of the Holiday Cup with 36 golfers for a 4Man2BB event. For a time it was very cold with temperature in the 40's a wind blowing. The team of **Jim Ely, Loren Lebaron, and Bob Mattson** won over two other teams in a tie breaker with a net 131. The closest to the pin on #6 was **Bid Wallace** at just 8 inches and on #15 **Gary Lemaster** was closest at 7 feet 8 inches. The low gross of the day of 78 was shot by an **Eddie Espinoza**.

Brian Nicholson

SIR 159 Golf Chairman



Nicholson, Brian

Dine Out Night

Hector Leyva is chair for Dine Out Night for 2025. Help make it a success. This is an opportunity to involve fellow members and include your sweetie or significant other.

Dine out is monthly between January and November of the year. We need a chair for each month and duties are as follows:

1. Sign up for desired month
2. Find a restaurant
3. Third Wednesday of the month
4. Monthly attendance has been between 30-40 people
5. Ask for individual checks (singles or couples) with gratuities included
6. Social hour is 5:00 pm with Dinner at 5:30 pm
7. Prefer a venue with full bar or option for Beer & Wine
8. Sign-up sheet to be brought to monthly luncheon
9. Flyer or information of Dine Out venue to be emailed to Fred Martinez between the 23-27th of the month to be put in the monthly Chanticleer Newsletter.

Fred Martinez ajm7pc@hotmail.com

mobile 559-365-4123

Dine Out Chairman

Hector Leyva

hecramsey@sbcglobal.net

mobile or text 559-970-3197

The 2025 golf dues are now payable. The amount due is \$55 and your check should be made payable to "SIR 159 GOLF". You can mail the check to Roger McCoy. His address is: 1514 W Tenaya

Fresno CA 93711

Or give your check to me or Roger at the next golf outing or at the SIR luncheon in November.

Thank you,

Brian Nicholson

DATE NIGHT RESTAURANT POSSIBILITIES

YOSEMITE FALLS	BLACKSTONE	225-6800
SHANGHI	BLACKSTONE & GRIFFITH	221-0227
OLD SPAGHETTI FACTORY	EAST SHAW	222-1066
ANDIAMO'S	SHAW IN CLOVIS	298-3196
SANTA FE BASQUE	MAROA	226-7499
RED LOBSTER	EAST SHAW	221-9495
MARIE CALENDARS	SHAW	271-0148
COLTON'S	SHAW IN CLOVIS	721-6655
JAVIER'S	EAST KINGS CANYON	252-4511
SEQUOIA BREWING	OLIVE IN TOWER	264-5521
DICICCO'S	ANYWHERE	
ELBOW ROOM	WEST SHAW	221-1747
COSMOPOLITAN	VENTURA- CONVENTION CTR.	266-8662
CATTLEMAN'S	WEST SHAW	896-8450
TAHOE JOE'S	CEDAR	299-9740
TEXAS ROADHOUSE	WEST SHAW	274-1100
OVIDIO'S	WEST BULLARD	435-1396
TOLEDO'S	SHAW IN CLOVIS	298-0290
SHEPHERDS INN	SANTA FE -FRESNO	266-2228
DOG HOUSE GRILL	EAST SHAW	294-9920
YARD HOUSE	EL CAMINO AVE	261-2165
HUNAN CHINESE	CEDAR	297-0336
YOSHINO	BLACKSTONE	431-2205
PHOENICIAN GARDEN	HERNDON	261-2747
ARK MEDITERRANIAN	CHAMPLAIN DR.	840-0018
FLEMING'S	SHAW	222-5823

Lazy DOG
EAT. DRINK.



SIR 159 Dine Out—January 15, 2025—

Arrive 5:30 pm—HOSTED BY BRUCE & IDA CORWIN

**—Reservations call 916-934-6161 or email us at
corwinbj@sbcglobal.net**

Villaggio Shopping Center

**Lazy Dog Restaurant & Bar
7965 N. Blackstone Ave.**

Name email Phone

CRUISE 2025 INFORMATION

4-day Baja Mexico: Catalina, Ensenada

Only \$50 pp will hold spot

4 days on Carnival Firenze—135,156 tons.

April 27-May 1, 2025

Group name----SIR159 Cruise

Group Booking #R2JN99

phone # 1-866-721-3225 EXT. 70229

Inside cabin 4E Deck 6/7 = \$384.00pp

Deck 6 mid = Double occupancy Total \$ 768.00

Deck 7 Forward & AFT = Single occupancy Total \$728.19

Oceanview 6L Deck 1/2 = \$469.00pp

= Double occupancy Total \$938.00

Balcony 8B = \$552.00pp

Deck 6 mid = Double occupancy Total \$1104.00

Deck 7 Forward & AFT = Single Total \$1064.19

***Prices may vary depending on location picked

Totals include port taxes and fees

Gratuities \$ 64.00/pp

Travel Protection \$49.00 avg./pp (optional)

Nov. 15, 2024, Deposit \$50.00pp----will hold spot

Dec. 28, 2024, Due \$150.00 pp including deposit----**CAN DECLARE CABIN LOCATION ONCE \$150 pp PAID**

Feb. 11, 2025, Final payment

Early Dining

Questions or need help booking--- Hector 559-970-3197

Karyn 559-970-3198

Thanks all, Hector and Karyn Leyva

Message from SIR AREA 19 GOLF CHAIRMAN

The Sir State Team & Individual Championships are again of the open nature, so for the team anyone in the branch may form an ABCD team and enter and for the individual event a slight modification, dropping from 7 flights down to 4 using the same ABCD splits. All of the other events are open all sir members, as the Sir State tries to set up piggy back events with local branches, some of which are still a work in progress. Check periodically at the Sir State Golf home page, <https://www.sirinc2.org/golf2018/> for more information.

Duke Marshall

Sir Area 19 Chair

January Birthdays

Nickname	First	Last
Joe		Contreras
John		Crawford
Bill		DeMarinis
Gerry		Fields
Ray	Raymond	Garcia
Mike		Horsley
Gary		Kilgore
Curtis		Lane
Duke	Joseph	Marshall
Tim		McGuinn
Mike	Michael	Parker
Alex	Armando	Ramirez
Bill		Sanders
Jeff		Shahbazian

January Anniversaries

Wife	Nickname	First	Last
Sue		Alan	Barton
Sue	Bob	Robert	DeGeorge
	Bob	Robert	Hudson
Judy	Rick	Richard	Ransom

2025 STATE GOLF SCHEDULE

(TENTATIVE)

April 24-25. "Spring Fling" -Napa-- Chardonnay (Scramble)and Eagle Vines (4 man/2 BB). Cost \$80 each, \$160 total.

May 29-30 "Fun in Fairfield"—Rancho Solano and Paradise Valley. Both are 4 man/ 2 Best Ball. @ day total and prizes for winners each day. \$150 for both days, \$75 each day.

June 23-26-- RENO 2 or 3 Day (TBD)

July—Possible tournament in East Bay (Wente and 1 other)

August 6-7—Team Championship at Hiddenbrooke (ABCD Scramble). July 1 Index to qualify, current index for Team handicap. \$75/player (\$300 for the Team). Tee times on both days. Limit of 60 Teams.

September 8-12—Possibly Carson City with the "Ozzies" group.

September 24-25—"Fresno!"—details to follow.

October 3 Individual Championship-The Reserve at Spanos Park. First 112 players to register. 7 flights. September 1 Index will be used. \$75/player.

November 4-8—Monterey/Carmel Week (play 2,3 or 4 days)

Primary tournament Tues/Weds Nov 5-6 at Blackhorse and Bayonet, a 2 day event (4man, 2 Best Ball) with prizes also for winners each day. \$195 for 2 days or \$100 each day.

Monday and Thursday—optional informal outing—Pacific Grove/Crazy Horse/Poppy Hills or Monterey Pines. Further Details to follow.

Ben Gikis, State Golf Chairman 408-802-0794

gikisben@yahoo.com



Good morning to all of you Sirs out there.

This is Duke Marshall your Area 19 golf chairman and after a few months lay-up due to a hip replacement, It looks as though I am ready to restart the monthly golf outings to courses outside our normal playing range of 1 hour. I was looking through Golf Moose and saw a 2 for 1 with cart at a course called Castle Oak in Lone, Ca. On further exploration I found it a doable 2 1/2 hour drive NE of Stockton. If there is any interest for a March outing 10th, 17th or 24th, I will take it farther and set it up. If you are interested please call 559-304-4439 or email me at DukMarshal@aol.com. BTW the picture above is one of my homeboy idols

A Joyous Christmas Luncheon

As the year comes to a close, SIR 159 had the incredible pleasure of hosting a Christmas luncheon that was graced by the presence of our wives and significant others. This event was not just a gathering; it was a celebration of the support and love that our better halves consistently bestow upon us.

I was overwhelmed with joy to see such a fantastic turnout. The room was filled with laughter, warmth, adorned in festive decor, and echoed with the spirit of the season. It was truly heartening to witness the camaraderie and joy shared amongst us.

To our beloved wives and significant others, your presence made a world of difference. Your support means everything to us. We are deeply grateful for your encouragement and for standing by us as we pursue our goals and activities. Your contributions, although sometimes unseen, are invaluable, and our success is a shared achievement. Our luncheon was a resounding success, thanks to you.

Warmest wishes for this holiday season and a prosperous New Year.

With heartfelt gratitude,

Russ Conrad, Membership Chairman







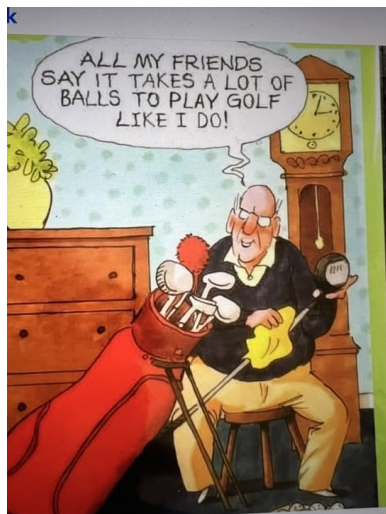
2025



Cigar Aficionado

15 January 1pm

Fig Garden



Perks of reaching 60 or being over 70 and heading towards 80!

1. Kidnappers are not very interested in you.
2. In a hostage situation you are likely to be released first.
3. No one expects you to run--anywhere.
4. People call at 8 PM and ask: "Did I wake you?"
5. People no longer view you as a hypochondriac.
6. There is nothing left to learn the hard way.
7. Things you buy now won't wear out.
8. You can eat supper at 5 PM .
9. You can live without sex but not your glasses.
10. Your supply of brain cells is finally down to manageable size.
11. You can't remember who sent you this list.
12. And you notice these are all in Big Print for your convenience.

Forward this to everyone you can remember right now! And remember, Never, under any circumstances, take a sleeping pill and a laxative on the same night!

Thoughtful quotes about old age!

"It's paradoxical that the idea of living a long life appeals to everyone, but the idea of getting old doesn't appeal to anyone."

- Andy Rooney -

"The older I get, the better I used to be."

- Professional Golfer Lee Trevino "

"Nice to be here? At my age it's nice to be anywhere"

- George Burns -

"The older I get, the more I remember things that never happened."

- Mark Twain -

"First you forget names, then you forget faces, then you forget to pull your zipper up, then forget to pull your zipper down."

- Leo Rosenberg -

"Old age is like a plane flying through a storm.

Once you are aboard, there is nothing you can do about it."

- Golda Meir -

"Old people shouldn't eat health foods.

They need all the preservatives they can get."

- Robert Orben -

"You spend 90 percent of your adult life hoping for a long rest, and the last 10 percent trying to convince the Lord that you're actually not that tired."

• Robert Brault -

"At my age, flowers scare me."

- George Burns -

"The years between 50 and 70 are the hardest. You are always being asked to do things and yet you are not decrepit enough to turn them down."

- T.S.Elliot -

"The important thing to remember is that I'm probably going to forget."

- Unknown -

"At age 20, we worry about what others think of us. At age 40, we don't care what they think of us. At age 60, we discover that they haven't been thinking of us at all."

- Ann Landers -

"We don't grow older. We grow riper."

-Pablo Picasso -