



# The Chanticleer

New 159 website - [www.branch159.sirinc2.org](http://www.branch159.sirinc2.org)  
 Program : Kelly Krikorian, Cancer Center

Date September 13, 2019

Place Pardini's Restaurant  
2257 W. Shaw Avenue

Social Hour 11:00 AM

Luncheon: 12 Noon

\$16 per person

## Activities Calendar for SEPTEMBER

Date	Event	Contact
SEP 2,9,16,23,30	Whitmer's Warriors Golf	Steve Chase
SEP 14	Model Railroading	Robert Sexton
SEP 5,11,19,26	SIR Golf	Duke Marshall
SEP 18	Dine Out Night	Alex Ramirez
SEP 3,10,17,24	SIRS Bowling	Duke Marshall
SEP 3, 17	SIR Bridge	Vic Froehmer
SEP 13 [ <b>FRIDAY</b> ]	SIRs Luncheon	Ron Travis (RSVP)
SEP 10	History Roundtable	Gary Lemaster
SEP 4,11,18,25	9 Hole Golf	Charlie Barrett
SEP 13,27	Pinochle	Duke Marshall
SEP 11	Cigar Aficionado	Lee Moy 2PM
SEP 4,18	Horseshoes	Rich Lewis
SEP 10	Poker	Vic Froehmer
SEP 13	Book Exchange	Paul Gabrielson
SEP 8 [Roger Rocka]	Entertainment	Lee Moy
SEP 25	Bicycles Ft. Washington	Lee Moy

### CHECKLIST – 2019 LUNCH DATES

September 2019	<b>Friday Sep 13</b>
October 2019	Thursday Oct 10
November 2019	Thursday Nov 14
December 219	Thursday Dec 12 – <b>CHRISTMAS LUNCH SIT DOWN</b>

### HUMOR

When computing, whatever happens, behave as though you meant it to happen.

The first place to look for information is in the section of the manual where you least expect to find it.

When the going gets tough, upgrade.

He who laughs last probably made a back-up.

**The Mission of Sons In Retirement is to improve the lives of our Members through fun activities and events while creating friends for life.**



### ENJOY THE DAY—YOU’VE EARNED IT

This is the time of the year to really enjoy the valley weather—cooler mornings and evenings and lower daytime temperatures.

Review the list of activities, above, and see which of the outdoor activities you have avoided because of the hot, hot weather. You can now enjoy these activities without burning up. Get up, get out and enjoy the activities, but more importantly enjoy the fellowship by participating with our other members.



**Thank you Dell for stepping up and filling in for me at the last BEC meeting and the luncheon. I heard he did a great job, and I was not even missed 😊 Again, thank you for a job well done.**

Election of your 2020 Officers is complete and we have a great group to lead us forward. Congratulations to all, especially to **Brian Nicholson—Treasurer; David Barredo and Tom Simpson—Directors**. All three are new to your Board. This is the type of involvement we need to help keep your branch fresh with new ideas and relevant to the changes that will be experienced in the years ahead.

A special thank you to the Nominating Committee headed up by Reg Rosander for for seeking out and bringing forth new “blood”. Reg, thank you for 2 years serving as Chairman of this committee—I knew we could count on you.

As Dell informed you in his newsletter, we just returned from the SIR Annual meeting in Rocklin and the following is a brief review of the meeting:

- 1—Election of State Officers for 2020. Ed Benson was elected as State President for an unprecedented second term.
- 2—Approved Bylaw changes. The Policy and Procedure committee has done an excellent job of streamlining the bylaws making them much easier to understand and follow.
- 3—Review of the budget showing actual, to date, being in line with projections, however, with declining overall 2019 membership (-3.14%) and increased costs, they are projecting a \$1.00 per member state assessment increase for 2020. Currently \$6.00 per member goes from each branch to state.
- 4—A presentation by Dr. Ritchie-UCSF discussing “Improving Longevity” through interaction with others by belonging to organizations such as SIR.
- 5—Three themes were presented and discussed to get members involved to improve longevity and enjoy membership in SIR—Physical engagement; Mental engagement and Social engagement.
- 6—Updates presented for State sponsored golf, bowling, bocce and help from the State to improve the programs.
- 7—The Best Branch Awards. Your branch was presented a “**Best Branch Award**” for **2018**. Only 11 branches of the 114 branches in SIR received this special recognition. **Mike Rumley**—thank you for your excellent leadership.

**Enjoy the holiday with family and friends and remember, schools are back in session, so be extra careful as you drive around our cities. Kids being kids means it is up to us to be vigilant and help them be safe.**



**DON'T FORGET—SEPTEMBER LUNCH IS FRIDAY, FRIDAY, FRIDAY SEPTEMBER 13.**

DID I MENTION LUNCH IN SEPTEMBER IS ON **FRIDAY SEPT 13** AND NOT THE USUAL THURSDAY. PLEASE MARK YOUR CALENDAR OR LET YOUR WIFE OR SIGNIFICANT OTHER KNOW TO REMIND YOU.

**BE A FRIEND AND BRING A FRIEND TO LUNCH**

**RICH LEWIS [BIR SIR]**

Since our big sir was out of town at the August luncheon I did the BEC and the luncheon. It turned out to be fun, I know now what to expect next year. Don't know if everyone knows that our big sir injured his right rotator cuff on his cruise to Alaska, so please wish him a speedy recovery.

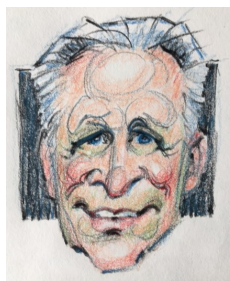
Please mark your calendars for September 13th. That's the date of our next luncheon, Friday the 13th, lucky Friday the 13th.

If you will mark your calendars for our training meeting on October 30th at Woodward park library. It's a good way to find out more about our club and you don't have to be a officer but maybe would like to find out the different positions. They're bringing people from the state SIRS to conduct part of the training.

James Noriega, Rich Lewis and I just returned from Rocklin, Thunder Valley casino and picked up some ideas that maybe our group like have like a fun day that would include a variety of events such as putting, men and women, 9 hole golf mixed teams, with a CTP for both men and women and maybe we can bring a new activity like cornhole with ribbons presented to winners at the next luncheon. Then have a cocktail hour followed by dinner. Let me know what you think and I would like to hear any suggestions from you roosters.

This would be a great way to get the ladies involved.

### BE A FRIEND AND BRING A FRIEND TO OUR NEXT LUNCHEON



Little SIR

Sons In Retirement, Inc Branch 159 Financial		
	Month:	August
Beginning Balance (Checking)		\$8,072.86
	Expenses	\$ 2,250.82
		<u>\$5,822.04</u>
	Revenues	\$ 2,125.00
Month Ending Balance (Checking)		<u>\$7,947.04</u>
Cash Reserve \$442 Included		\$ -
	TOTAL	<u>\$7,947.04</u>
Net Gain / Loss*		<b>(\$125.82)</b>

Submitted by Bruce Corwin - Treasurer



**MEMBERSHIP REPORT**  
Fresno Branch #159, Aug 8, 2019

**ALL DATA AS END OF JUL.**

**New Members Inducted:** 4Branch 159  
**Terminated:** 0 Meeting # 294th  
**Members:** 210

**YTD New Member ( 32)**      **YTD Net Membership Change (6)**      **Ref.204 on 12/31/18**

**Members to be Terminated(Transferred, Resigned, Deceased) Pending BEC Approval**

**New Members to be Inducted pending BEC Approval**  
#68-Ron Shanoian Sponsor - #149-Jerry Poochigiab

**Candidates approved by board to be “sworn in” when they attend their next Luncheon**  
#170-James Meinert    #119- Dale Samuelian  
#123-Mark Graham    #121-Robert Price

**Note**

**Respectfully Submitted by,John Crawford**

**Membership Chairman**

**NEW MEMBERS APPROVED FOR MEMBERSHIP 8-2019**

**#68- Ron Shanoian**

3366 Roberts Ave., Clovis, CA 93619

Phone: 559-731-1877 Email: ron.shanion@comcast.net



**NEW MEMBER:**  
**JOHN LEAL**

## NINE HOLE GOLF

SIRs of excellence and refinement are meeting at one of this city's finest golf establishments at the hour of nine of the clock each and every Wednesday. They choose to meet at Fresno's "Airways Golf Course" in search of reasonable, but sufficiently challenging, recreation, and jolly camaraderie among gentlemen. The assembly often includes the likes of Sir Ron Wilson, Sir Bob Kenebal, Sir James Seldon, and Sir Manuel Nieto. (Then there is this Charlie Barrett fellow. It is terribly difficult to avoid so-called "Riff-Raff", is it not?)

Gentlemen of Branch 159: if nine holes of golf from 9:30 am until around noon, (often followed by a libation or two) and all in good company, sounds of something of which you would approve, then we will see you there at nine o'clock each Wednesday of the year. Until then, gentlemen, I bid you...GOOD DAY SIR!

SIR Charles

## NEWS in the Golfing Community

In August we had a lot of heat however having an 8:00 am start allowed us to generally beat the hottest part of the day. We started the month at Ridge Creek with an individual stroke play match, which was also the second round of three to comprise the Branch championship. In flight 1 Mark Hofmann took the flight with a net of 62. Stacie Thomas took flight 2 with a net 66 in a tie break with Garry Elliott. In Flight 3 Stann Scott took it with a net 61. While Jerry Poochigian took flight with a net 64. Since not all players complete all three rounds for the Branch Championship the leaderboard can be found on the main golf page under special yearly events. Our overall net leaders are: flight 1, Mike Moyle; flight 2, Dennis Rich is tied with Bob Mattson; flight 3, Gerald Pelioian and flight 4, Bob Moore. Our overall gross leaders are: flight 1, Mike Moyle; flight 2, Dennis Rich; flight 3, Gerald Pelioian and flight 4, Bob Moore. The third and final round is scheduled for Sept. 5 at Madera Muni. Our second event of the month was at Airways where we played a 4Man2BestBall game and the team of Doug Nowlin, Carl Merz, Bill Leavitt and Ken Lindsay smoked the other 9 teams with a 36 under performance. We then moved to Pheasant Run for a 2-Man Scramble in two flights. In Flight 1 Dennis Rich and Brian Nicholson scored a net 59.4 to capture the day while Rick Pezzi and Bill Leavitt took flight 2 with a net 63.3. Moving to Dragonfly for a game of 2ManBestBall we saw Fred Martinez and Steve Hernandez took the field with a 18 under net 55 show. Our last event was an individual flighted event where each player was allowed to toss(or throw) the ball not counted as a stroke, at Riverside. Flight one was won by Mike Moyle, flight 2 by Brian Nicholson, flight 3 by Rick Pezzi and flight 4 by Steve Chase.

On August 26th & 27th a team from branch 159 played in the NCGA 4Man2 BB finals at poppy Hills and Spyglass. The team of Doug Britton, Mike Moyle, Fred Martinez & Dennis Rich had there ups and downs and represented the branch in fine fashion . Another group of three will represent SIR Br. 159 in the NCGA Individual qualifier on Sept 3 at the San Jose Country Club, Mike Moyle, Doug Britton and Duke Marshall. If you

see the guys at the luncheon wish them luck. Remember the Branch Championship is a 48 hole total. I need to collect the perpetual trophies given out last year. If you will bring them to the Luncheon or the first couple rounds of September. In November there is an RV excursion (11th-13th) being planned to Moro Bay. How cool would it be for lots of us golfers to tie together with the RV'ers. Plenty of rooms at a reasonable price, play Moro Bay GC one day and Avila another( aiming at tee time of 10-10:30 each day), hook up for dinner at someplace like the Great American Seafood Co, gather around a fire pit sip a glass of wine and chat with your fellow SIRs in the moonlight at Moro Bay. If YOU are interested in such an outing let me or Lee Moy or Alan Barton know. August's monthly chairman will be John Briceno, 395-4330 or jabriceno72@gmail.com assisted by Rick Pezzi.

5-Sep Thurs. Madera Muni 675-3504 8:00 AM Individual

11-Sep Wed Madera CC 674-2682 8:00 AM 4Man2BB

19-Sep Thurs. Belmont CC 251-5078 8:00 AM Scramble

26-Sep Thurs. Valley Oaks 651-1441 9:30 AM 2ManBB

Duke Marshall , Golf Chair.

PS I would like to thank the person or persons responsible for the gift card and note placed in the money box and the note saying from the "golfing community at SIRs". Again THANK YOU!

DM

## **August's Best Bowling**

The new year for bowling begins September 3. Come and join the fun. On the closing day of '18-'19 season Steve Beveridge rolls a 300. If you see him at the luncheon on the 13th congratulate him for a game well played. This past month we had no one go up north for SIR tournament. At present our next planned travel is to Citrus Heights in early October. Since the start of 2019 we have

averaged over 8 bowlers per week. I say to those of you that are not making it COME ON DOWN and HAVE SOME FUN! Statistics are kept and posted to the SIR 159 website on the bowling page. We invite any and all SIR members to come join us – Tuesday afternoons, 1 PM at Bowlero Lanes (formerly Sierra Lanes) at the corner of Blackstone & Sierra. Anyone interested, please contact Duke Marshall @ 447-5388 or just show up and we will get you started. See you there.

### **DATE NAME SCORE**

**Aug 06** Hi Scratch Series Steve Beveridge 159 601

Hi Hdcp. Series Dan Pitta 159 695

Hi Scratch Game Hector Leyva 159 232

Hi Hdcp. Game Daryl Derouchey 159 236

**Aug 13** Hi Scratch Series Steve Beveridge 159 542

Hi Hdcp. Series James Noriega 159 719

Hi Scratch Game Dan Pitta 159 193

Hi Hdcp. Game Duke Marshall 159 244

**Aug 20** Hi Scratch Series Ed Beier 159 583

Hi Hdcp. Series Alan Barton 159 692

Hi Scratch Game Duke Marshall 159 219

Hi Hdcp. Game Steve Beveridge 159 233

NO TAP

**Aug 27** Hi Scratch Series/Game Steve Beveridge 159 738/300

Hi Scratch Series/Game Duke Marshall 159 697/266

Hi Scratch Series/Game Dan Pitta 159 578/204

Hi Scratch Series/Game Bill Laudig 159 540/225

## **2018-2019 Accomplishments**

Since **bowling** like all sports has its ups and downs, it is nice to look back and choosing different aspects of the game pick the very best accomplishments of all our SIR bowlers. The list below highlights these accomplishments and earned honors.

2018/19 The Year's Best from SIR 159

Hi Avg Ed Beier 205

Hi Avg 2nd Hector Leyva 189

Hi Scratch Series Ed Beier 706

Hi Scratch Series 2nd Alan Barton 646

Hi Scratch Game Duke Marshall 266

Hi Scratch Game 2nd Ed Beier 258

Hi Hdcp Series Dan Pitta 813

Hi Hdcp Series 2nd Ed Beier 799

Hi Hdcp Game Joe Huizar 311

Hi Hdcp Game 2nd Alan Barton 303

Most improved James Noriega 12 up

Most improved 2nd Joe Huizar 10 up

Most improved 3rd Ed Beier 9 up

Duke Marshall

## PINOCHLE NEWS

On August 9th with only one table in operation, Steve Chase and Carl Merz took on Bill Laudig and Duke Marshall. A set on the fifth hand propelled Steve and Carl to a ten hand victory. Again on the 23rd we had only one table in operation. This time it was Bill Laudig and Steve Chase vs Carl Merz and Duke Marshall. After a slow start Duke and Carl took a slight lead when safe driver Vic Froehmer arrived and took Carl's chair. A see-saw battle ensued came away with a victory in 12 hands. The Pinochle group meets every 2nd and 4th Fridays of the month, 1 to 3:30 pm and meet at my place for now at 3434 W Menlo, just off of Sierra & Valentine. When playing double deck partners we manage to get in one game to 500 and if we have three players single deck cut-throat to 100 allows for three games. Just about everyone comes out a winner on the month. As September nears our play dates should be the 13th & 27th. However since the 13th is the mover luncheon so we will not meet. We will resume on the 27th. We are now inviting wives and SOs to join in. We currently have 10 Sirs members in our group. More are welcome. Contact me, Duke

## HUMOR

An Old Golfer Speaks out.

We had a power outage at our house this morning and my PC, laptop, TV, DVD, iPad and my new surround sound music system were all shut down.

Then I discovered that my mobile phone battery was dead.

To top it off it was raining outside, so I couldn't play golf.

I went into the kitchen to make coffee and then I remembered that this also needs power, so I sat and talked with my wife for a couple of hours.

She seems like a nice person.

## Thoughts On Golf

- \* Golf balls are like eggs ~ they're white. They're sold by the dozen .... and a week later you have to buy more.
- \* A pro-shop gets its name from the fact that you have to have the income of a professional golfer to buy anything in there.
- \* It's amazing how a golfer who never helps out around the house will replace his divots, repair his ball marks, and rake his sand traps.

## Branch 159 Officers, Directors

### 2019 BRANCH OFFICERS

BIG SIR: Rich Lewis 559-392-9950  
LITTLE SIR: Dell Kerns 559-277-3971  
SECRETARY: Vic Froehmer 559-270-4354  
ASST. SECRETARY: Carl Merz 559-875-2088  
TREASURER: Bruce Corwin 559-375-1689  
ASST. TREASURER: Brett Bayley 619-507-0357

### 2019 BRANCH DIRECTORS

Roger Deal (HLM) 559-297-7022  
Duke Marshall (2019) 559-447-5388  
Stuart Poytress (2019) 559-298-4323  
Gary Morgan (2020) 559-277-1249  
Ron Wilson (2020) 559-960-8294  
Steve Chase (2021) 559-252-2600  
:  
Pete Openshaw (2021) 559-674-7211

### 2019 BRANCH SUPPORT PERSONEL

ATTENDANCE CHAIRMAN: Ken Lindsay 559-284-6486  
CHAPLIN: Charles Barrett 559-439-8388  
HISTORIAN: Gary Becker 559-251-7408  
LIBRARIAN: Paul Gabrielson 559-269-2030  
MEMBERSHIP CHAIRMAN: John Crawford 559-779-2484  
MEMBER RELATIONS: Bob Moore 559-322-6909  
NEWSLETTER: Fred Martinez 559-432-1864  
ROOSTER: Gary Morgan 559-277-1249  
SUNSHINE: Charles Barrett 559-439-8388  
TELEPHONE CALLERS: Ron Travis 559-322-1898  
WEB MASTER: Gary Morgan 559-277-1249



Picture of 2020 SIR 159 officers.



**SIR Birthdays for September 2019**

Nickname First Last

Charlie Amasalian  
Philip Angelillo  
Rod Ashley  
Gary Becker  
MARTY Martin Beza Jr  
Harry Buchaklian  
Bruce Corwin  
Ray Ensher  
Butch Bruce Evans  
Nick Fierro  
Steve Esteban Hernandez  
Gilbert Matossian  
Carl Merz  
BILL William Ranells  
Bob Robert Rathburn  
Javier Rodriguez  
Reg Salsman  
Bob Robert Scott  
Gary Smith  
Lynn Streit  
Clark Thompson  
Mel Melvin Welch  
Robert Ying

**SIR ANNIVERSARIES FOR SEPTEMBER 2019**

Wife Nickname First Last

Earlene Rod Ashley  
Diana David Barredo  
Cindy Steve Stephen Beveridge  
Janna Doug Britton  
Kathleen Bernie Bernard Cargle  
Dorothea George Gianopulos  
Sue Dana Kahler  
Fran Harry Kutumian  
Rindy Gary Lemaster  
Vernita Earl Medeiros  
Gaila Jerry Gerald Peloian  
Debbie John Shertenlieb  
Mary Bill William Valk

**HUMOR**

\* When you stop to think about it, did you ever notice that it's a lot easier to get up at 6:00 a.m. to play golf than at 10:00 to mow the yard or go to church?

- Golf is by far the ultimate love / hate relationship. Sometimes it seems as though your cup runneth and moveth over.

**HUMOR**

\* It takes longer to learn good golf than it does brain surgery. On the other hand, you seldom get to ride around on a cart, drink beer and eat hot dogs while performing brain surgery.

\* A good drive on the 18th hole has stopped many a golfer from giving up the game.

\* Water hazards are no walk in the park for fish, turtles, frogs or alligators either.



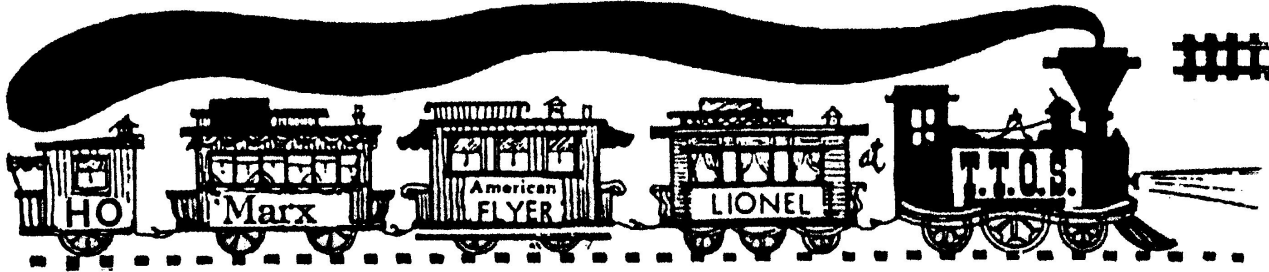
**Little Sir Del Kerns presents Gary Morgan the ROOSTER OF THE WALK award.**



**Little Sir Del Kerns presents Speaker award to NaNa Su**



**Little Sir Del Kerns presents Senior President Certificate to Mike Kilijian.**



## Central California Model Railroad and Historical Society, Inc.

AN IRS 501(C)(3) CHARITABLE ORGANIZATION

Presents

# ***Clovis/Fresno 3rd Annual Toy Train Show***

Featuring

- OPERATING "O", "S", "HO", & "N" SCALE SIZE TRAIN LAYOUTS
- KIDS 12 and under FREE RAFFLE FOR A NEW "HO" TRAIN SET
- OTHER RAFFLE DRAWINGS AND TOY TRAIN ITEMS FOR SALE

**SATURDAY, SEPTEMBER 14, 2019 >< 9:30 AM - 3:30 PM**

**Clovis Senior Center >< 850 Fourth Street >< Clovis, CA 93612**

**FREE PARKING**

ADMISSION: \$3.00 per person      \$1.00 Seniors 62 & older  
Children 12 years of age and under are FREE with a paid adult.

**FOR INFORMATION CONTACT:**

**JOE BENCIVENGO e-mail [bencivengjoseph@att.net](mailto:bencivengjoseph@att.net) - 559-298-5854**

**CHUCK BROUGH - e-mail (preferred) [aheybro@comcast.net](mailto:aheybro@comcast.net) - 559-250-7789**

Vendor Tables are available for \$25.00

All items to be offered for sale must be train or railroad related



## **The SIR September Date Night**

Wednesday, September 18<sup>th</sup>, 2019

Happy Hour 5:00 – 6:00

Dinner 6:00

Yosemite Falls Café

Banquet Room

4020 N Cedar

Granite Park between Dakota and Ashlan

The separate checks will include the gratuity.

Please let us know if you plan to join us for this fun evening by one of the following ways. Please leave your name and phone number and don't forget to also leave the name of your guest.

1. Sign up at the SIR luncheon on 9/13
2. Email to Alex at [losramz@comcast.net](mailto:losramz@comcast.net) before 9/13
3. Telephone or text to Alex's cell # (559) 977-3400 before 9/13

Thank you, Alex and Patty Ramirez

# Yosemite Falls Cafe

## The Starters

Ask for our free grilled(Torridos)Jalapenos or our Caliente Salsa(Extra Hot Salsa)



### Blue Steak Bites

Tender chunks of tenderloin steak with blue cheese on top of Focaccia bread and topped with our wine reduction sauce \$15.99

### Ranch Masher Potato Skins

Potato skin, cheese, bacon, green onions, Ranch dressing. \$9.99

### Carne Asada or Chile Verde Nachos

A heap of fresh tortilla chips topped with beans, tomatoes, onions, sour cream, olives, jalapenos, fresh salsa, guacamole, jack and cheddar cheese and your choice of Carne Asada or Chile Verde. \$14.99 includes meat

### Salmon Bites

Hand cut salmon, pan seared and on top of focaccia bread and drizzled with a delicious sauce. \$13.99



### Breaded Calamari

Served with chipotle and Ranch. \$11.99

### Breaded Zucchini

Served with ranch dressing. \$9.99

### Mozzarella Sticks

\$9.99

### Sante Fe Chicken Rolls(4)

Served with Ranch, Chipotle and sweet chile dipping sauce. \$11.29



### Oysters in a half shell.

1/2 Doz. \$12.99 - 1Doz. \$24

Freshly Shucked or Grilled with garlic butter.



### Seared Ahi



Pan seared, served with a medley of vegetables, pink ginger marinated in rice vinegar and avocado slices. Served with a ginger dipping sauce. \$10.99



### YFC Sampler

Mozzarella Sticks, Santa Fe Rolls, Wings, Masher Skins, Tempura Zucchini, Onion Rings and Spicy Green beans. \$16.99

### Chicken Strips

Crispy strips of tender chicken breast cooked to a golden brown. Served with tangy BBQ sauce and Ranch. \$9.99

### Buffalo Wings( boneless or bone in)

Hot, Hot, Hot!! Spicy chicken wings served with celery and carrot sticks and Ranch dressing for dipping. \$10.49



### Homemade Taquitos Supreme

5 beef taquitos with salsa, cheese, guacamole, sourcream. \$10.99



### Spicy Green Beans

Battered in spicy seasonings and fried to a crispy brown, Delicious! with Chipotle & Ranch for dipping. \$9.99

## Exciting New Dinners

### Hand Cut Steaks & Seafood

All our dinners include either homemade soup or salad and your choice of baked potato (after 4p.m.), mashed potatoes, rice pilaf, seasoned fries, coleslaw, or homemade chili. Plus, fresh steamed vegetables and Focaccia bread.(Excluded \*\*\*) Substitute: Sweet Potato Fries, Tater Tots or Spicy Greenbeans \$1.00

## Yosemite Falls Steaks

### USDA Chioce

Rib eye Steak(12oz.) \$24.99



### Petite Sizzlin Steak(8oz.)

Grilled New York steak served over sizzling vegetables and a special reduction sauce. \$13.99

### BBQ Trio Feast

Pork Ribs, Tri-Tip & Chicken \$19.99



### Slow Smoked Tri-Tip \$15.99

### Petite House Steak (8oz. Teres Major Cut)

Tenderlion(Teres Major cut) steak with sautéed mushrooms and wine reduction sauce. \$13.99

### St. Louis Style Pork Ribs 1/2 Rack

Slow cooked till "fall off the bone" tender then finished on the flame. \$17.99( Full Rack add \$5)

### Liver & Onions

Liver topped with sautéed onions and bacon. \$15.99

### 1/2 Pound Country Fried Steak

Homestyle with country gravy. \$15.99

### Pork Chop Dinner

Two center cut seasoned grilled pork chops. \$15.99

### Chile Verde Dinner

Spicy pork simmered in a green sauce. Served with rice, beans and tortillas. \$15.99



## Seafood

### Fish N Chips...All you can eat on Friday \$17.99

### Seafood Platter

2 Beer battered Cod, 2 breaded shrimp, Salmon, Calmari and 6 sautéed shrimp scampi. \$19.99

### Shrimp Dinner

Eight breaded shrimp served with a zesty cocktail sauce. \$16.99

### Fish & Chips Dinner \$16.99

### Sole Almondine

Grilled and basted with lemon butter and topped with toasted almonds. \$16.99



### Pan Seared Salmon with Dill Butter

A Delicious salmon filet seared to perfection and topped with our creamy dill butter sauce. \$18.99

## Falls Perfect Pastas

All our pasta choices include either homemade soup or salad and Focaccia Bread



### Salmon over Angel hair Pasta

Pan seared Salmon with Alfredo Sauce and a creamy roasted tomato sauce and grilled asparagus sauce. \$15.99

### Blacken Chicken Pasta

Tender chicken breast, Bow Tie pasta with Alfredo Sauce, smoked bacon, sun dried tomatoes, mushrooms, tossed in a creamy parmesan sauce. \$15.99



### Spaghetti with Meat Sauce \$12.99

## A la Carte

### Wet Verde Burrito

Served with Spanish rice & beans. \$13.99

### Chile Verde Bowl

Spanish Rice, beans, cheese and sour cream. \$12.99

### Teriyaki Chicken Bowl

Pilaf rice with Chinese Vegetables. \$12.99

## Senior Lunches & Dinners

### Senior Lunches ...\$10.99

### Grilled Ham & Cheese

Choice of soup, salad, fries or coleslaw.

### Hamburger

Choice of soup, salad, fries or coleslaw.

### Hot Turkey

Mashed potatoes and fresh vegetables.

### Grown up Grilled Cheese

Grilled Parmesan sourdough filled with Jack & Cheddar cheese, tomatoes, Avocado and grilled onions.

### Senior Chinese Chicken Salad

### Rueben Sandwich

Choice of soup, salad, fries or coleslaw

### Turkey Avocado on Focaccia

Avocado, lettuce, tomato and cilantro aioli.

### BLT

Choice of soup, salad, fries or coleslaw

### Senior Dinners

### Seasoned Grilled Chicken \$11.99

### St. Louis Pork Ribs \$14.99

### Pork Chop Dinner \$11.99(One 5oz. Pork Chop)

### Liver, Bacon & Onions \$11.99

### Fish Dinner \$11.99

### Country Fried Steak \$11.99

### Roasted Tri-Tip \$12.99

### Shrimp Dinner \$12.99

### Sole Almondine \$11.99

### House New New Steak \$12.99

(Petite 8oz.) with mushrooms and wine reduction sauce.

### Salmon Dinner \$13.99

### Spaghetti with Meat Sauce \$11.99

## Fresh Exciting Salads

All our salads are made with the freshest ingredients and served with Foccacia bread (unless otherwise noted\*\*\*)

### Salmon Salad

Pan seared salmon on top of chopped romaine greens roasted corn, Jack cheese, bacon, sweet jalapeño and red bell pepper strips, tortilla strips and tossed in our creamy Ancho Cilantro Dressing. \$17.99

### BBQ Chicken Salad

A barbecued chicken breast served on top of crisp greens, Cheddar and Jack cheese, diced tomato, roasted corn, shoestring onion straws and avocado. Served with a Ranch BBQ dressing. \$13.99/ Small \$12.49

### Bowl of Soup and Salad Combo

Bowl of home made soup or chili and a dinner salad, with two slices of Foccacia bread. \$9.99

### Chinese Chicken Salad

Tender grilled chicken breast, fresh greens, red cabbage, carrots, toasted almonds, mandarin oranges, edamame and crispy wontons. Tossed with sesame seed dressing. \$13.99/Small \$12.49

### Apple Pecan Chicken Salad

Grilled chicken, mixed greens, diced tomatoes, diced fresh apples, cranberries, caramelized pecans, Jack & Feta cheese. Served with sesame balsamic dressing. \$13.99/Small \$12.49

### Carne Asada Taco Salad

Seasoned carne asada accompanied with a crisp tostada shell, filled with fresh greens, avocado, tomatoes, grilled onions, bells, roasted corn, olives, jack and cheddar cheese. Served with a Ranch Salsa. (no bread) \$14.99

### Sierra Madre Chicken Salad

Grilled chicken with chopped romaine greens, roasted corn, diced tomatoes, jack cheese, bacon, sweet jalapeño strips, tortilla strips and tossed in our Creamy Ancho Cilantro dressing. \$13.99 Small \$12.49

### Crispy Chicken Salad

Crispy Chicken tenders, hard boiled egg, tomatoes, avocados, Cheddar and Jack cheese, bacon and onions. Served with honey mustard dressing. \$13.99/Small \$12.49

## Handmade Burgers

All our burgers are 1/2 lb. Certified Beef. Flame-broiled to order. Served with your choice of seasoned fries, green salad, coleslaw, or soup. Substitute Plant burger or turkey Patty Substitute: Sweet Potato Fries, New Tater Tots or Spicy Greenbeans: \$1.00

### The El Capitan Burger (Almost 2 pounds)

A huge seasoned burger patty-thick and juicy, with melted Jack, cheddar and Swiss cheese, bacon, sauteed onions, lettuce, tomatoes, pickles and mayo on a 6 inch sesame seed bun. \$16.99

### Mushroom Swiss Burger

Lettuce, tomato, pickle, grilled onion and mayo. Topped with sauteed mushrooms and Wine Reduction Sauce. \$13.99

### BBQ Burger

Basted with BBQ Sauce and topped with bacon, cheddar cheese, 2 onion rings, lettuce, pickles, tomato and mayo. \$13.99

### Ultimate Cheese Burger

Grilled 1/2 lb. burger, lettuce, tomato, onion, pickles, mayo, Jack, Cheddar and Swiss cheese. \$13.49

### Avocado Jalapeño Cheese Burger

Grilled 1/2 lb. burger, lettuce, avocado, grilled onions, tomato, jalapeños, Jack/Cheddar, Chipotle aoli and roasted salsa. \$13.49

### California Burger

Sauteed mushrooms, Jack Cheese, avocado, lettuce, tomato and mayo. \$13.49

### Chili Cheese Burger

Topped with Tri Tip Chili, red onions and cheddar cheese. \$13.49

### Sourdough Cheeseburger

Grilled parmesan sourdough topped with Jack and cheddar cheese, tomato, sauteed onions, mushrooms and mayo. \$13.49

## Yosemite Specialty Sandwiches

All sandwiches served with your choice of Tater Tots, seasoned fries, green salad, chili, coleslaw, or soup (Excluded\*\*\*).

### RIBEYE PHILLY SANDWICH

Fresh USDA choice Ribeye thinly sliced, grilled and topped with creamy Blanco and Swiss cheese, grilled onions and bell. Served on a toasted garlic butter French roll. \$13.99

### The Club (triple decker)

The original stacked with lots of ham, oven roasted turkey, bacon, lettuce, tomato and mayo. \$13.99

### Crispy Chicken Ranch Sandwich

A crispy chicken breast on a French roll with lettuce, tomatoes, Swiss and Ranch. Served with a Buffalo Ranch sauce. \$13.49

### Turkey, Bacon, Avocado, on Foccacia

Oven roasted turkey, bacon, avocado, swiss lettuce, tomato and cilantro dressing on Foccacia. \$13.99

### Hot Turkey Sandwich

Served open faced on grilled sourdough with creamy mashed potatoes, gravy and fresh steamed vegetables. \*\*\* \$13.49

### Reuben Sandwich

Corn beef, Swiss cheese, sauerkraut, 1000 Island on grilled rye. \$13.49

### Chicken, Bacon, Avocado Sandwich

Wood grilled chicken with bacon, avocado, lettuce, tomato, mayo and Jack & Cheddar cheese on a French roll. \$13.99

### Wood Smoked BBQ Tri Tip Sandwich

Sliced Tri-Tip with BBQ sauce and Au jus. Served on a toasted garlic butter French roll. \$13.99

### BLTA Sandwich

Bacon, lettuce, tomato, avocado and mayo on toasted sourdough \$12.99

### Lunch Fish & Chips

Beer battered cod, fries and coleslaw. \*\*\*\$12.99 (Now with dill tartar sauce)

### 2 Fish Mango Tacos

Sauteed cod, grilled corn tortillas, melted Jack and Cheddar cheese, salsa, cabbage, fresh Mango salsa and topped with avocado. Served with rice, beans and salsa. \*\*\* \$13.99

Cup of Soup \$4.29 Bowl of Soup \$4.99

### "Homemade Menudo"

Every Saturday & Sunday Morning. \$11.25 (We sell out every weekend)

## Hearty Soups & Homemade Chili

1/2 Sandwich with a bowl of soup or chili \$9.99  
Choice: BLT, Ham & Cheese, Turkey or Adult Grilled Cheese sandwich.

### Sourdough Bread Bowl \$11.99

(Comes with salad)

### Chili or (Clam Chowder Fri. only)

Chili - Topped with sour cream, chives and cheese.

### Clam Chowder (Fridays only) or

### Homemade Tri Tip Chili

Cup...\$4.99 Bowl...\$5.99

Chili Topped with sour cream, chives and cheese and tortilla chips on side.

## Beverages

Juices: Apple, Tomato, Cranberry or Grapefruit \$3.49 16.oz Orange or Cran-Orange Juice \$3.49 16.oz

Hot Tea \$2.99

Hot Chocolate \$2.99

Ice Tea \$2.99

Raspberry Ice Tea \$3.49

Boyd's Coffee \$2.99 Lemonade \$3.49

Strawberry Lemonade \$3.49

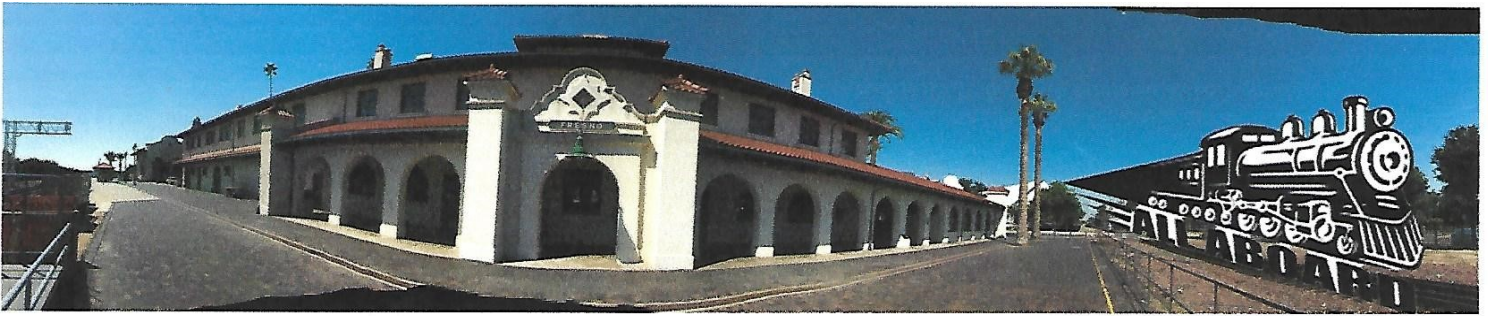
Arnold Palmer \$3.49

Milk \$2.99 16.oz.

(Milk and Juices- \$1.00 refills)

Soft Drinks \$3.49

Coke, Diet Coke, Orange, Rootbeer, Sprite and Mr.Pibb



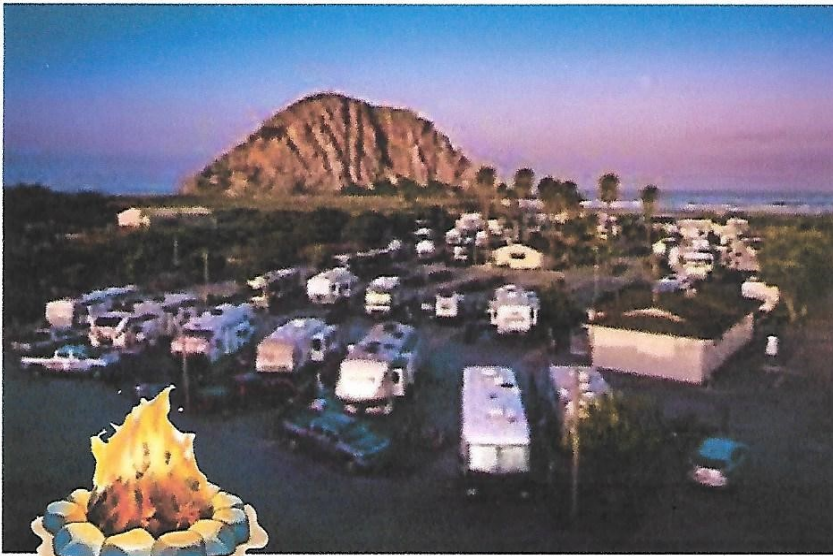
**FRESNO AMTRAK TERMINAL**  
**“SACRAMENTO, HERE I COME”**

**OCT 22, 2019-TUESDAY**

8am-9:45pm

Deadline: Sept 12, \$ 55

Q/A: [rdsexton57@gmail.com](mailto:rdsexton57@gmail.com)



RV Camping-Morro Bay Dunes

2-days Golfing:

Avila Beach GC

Morro Bay GC

Fire-side chatter-Bring wood

Fine dining

Beach

wave after wave  
 comes lapping upon the shore.

Morro Bay Dunes-Nov 11-13, 2019

Camp: [ClovisBartons@sbcglobal.net](mailto:ClovisBartons@sbcglobal.net)

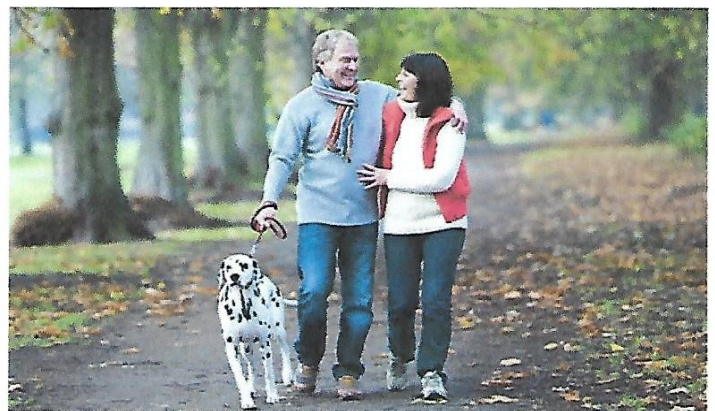
Golf: [DukMarshal@aol.com](mailto:DukMarshal@aol.com)

Here's to your Health !!

Dogs, Companions, SIR  
 Members, Friends & Family  
 Bicyclists are ALL welcome

Leisure Get-Together  
 Fresno Fresh Air for FREE

9/25/2019-9am-Railroad Park



Lee Moy, former  
 Branch 159 Director  
 AG, Travel Chairman

## CRUISE 2020



7 day Mexican Riviera:

Cabo San Lucas, Mazatlan and Puerto Vallarta

Only \$25 pp will hold spot

7 days on new ship Panorama--133,500 tons.

April 25-May 2, 2020

Group name----SIR4252020

Password-----SIR

Booking #7DWC94

phone # 1-800-227-6482 EXT. 70232 or 70229

**Inside cabin** 4E midship Deck 6 ==Total \$745.52pp

**Ocean View** 6M midship Deck 1==Total \$890.52pp

**Balcony** 8A Deck 6 aft and front ==Total \$1000.52pp

May 6th, 2019 Deposit \$25.00pp----will hold spot

Nov. 27, 2019 Due \$250.00 pp including deposit----**CAN**

**DECLARE CABIN LOCATION ONCE \$250 pp PAID**

Feb. 10, 2020 Final payment

Questions or need help booking--- Hector 559-970-3197

Thanks all, Hector and Karyn Leyva