

SENIOR TIMES

“OUR MISSION IS TO IMPROVE THE LIVES OF OUR MEMBERS THROUGH FUN ACTIVITIES AND EVENTS WHILE MAKING FRIENDS FOR LIFE”

SEPTEMBER 2025 Newsletter - Turlock Branch #143

FIND US ON FACEBOOK: SIR #143 - Also Find Us on the WEB: sirinc2.org/branch143

Don't forget to attend the...

**DENAIR
FARM & FAMILY
FESTIVAL**

**Saturday
September 13th -
9 to 3, Downtown
Main Street**

**To open the SIR
BRANCH 143 WEB-
SITE Click on QR
Code.**



Message From The Big Sir...

A Note from Your Leadership Team

As we step into September, we're entering the third month of the third quarter—a great time to reflect on the year so far and gear up for a strong finish. Whether it's enjoying a round of golf, bocce ball, attending luncheons, dine-outs or simply having coffee with fellow members, staying engaged helps keep our group vibrant and meaningful. And, research shows you will live longer!



In addition, use the SIR tri-fold pamphlet to give prospective members a fuller picture of who we are. It outlines our purpose, activities, and benefits of membership. Think of it as a conversation starter and a window into the friendships and fun we share.

Stay Involved – Stay Connected

Our organization thrives when members are active and engaged. Whether it's attending a monthly luncheon, participating in activities, or just calling another member to check in—your involvement makes a difference. Let's all try to reach out to one another and strengthen the bonds that make SIR special.

Support Our New Members

Welcoming new members is just the beginning—helping them get involved is what makes them stay. If you see a new face, invite them to join your table or activity group. Let's continue building a supportive and inclusive environment where every member feels valued.

Looking Ahead

Thank you all for making SIR such a rewarding experience. Let's keep the momentum going as we wrap up the third quarter of 2025. Enjoy the rest of your summer and have a safe and meaningful Labor Day.

**Stay active. Stay Healthy.
Stay connected through SIR.
Big Sir, Roger Jackson**

A Brief History of Labor Day

Labor Day, celebrated on the first Monday of September, was created to honor the contributions of American workers and the labor movement. It became a federal holiday in 1894 and has since evolved into a time of rest, celebration, and a symbolic end to summer. As we honor workers across the nation, we also recognize the value of community and camaraderie—both of which are central to our mission in SIR.

Be Ready to Share SIR with Others

Help us grow by carrying two SIR business cards in your wallet. These simple cards are a powerful way to invite someone to join our group. When you give one out, make sure to sign it—a personal touch goes a long way in encouraging someone to take the next step.

REMEMBER SIR LUNCHEON

11:00 am - Sir Lunch meeting Wednesday, SEPTEMBER 17th - WILL BE HELD AT BLACK BEAR DINER, doors open at 10:30.

NOTE: When you arrive at Black Bear Diner Order your food as soon as possible. Our speaker will start at 12 noon, also please try to finish your meal by 12 noon.

Luncheon Location: BLACK BEAR DINER
3050 N. Tegner Rd., Turlock



SIR TRAVEL

Travel Chairman John Cardoza



16 NIGHT HAWAIIAN ISLANDS CRUISE

**ABOARD THE
RUBY PRINCESS
ROUND TRIP
SAN FRANCISCO
OCTOBER 23 to
NOVEMBER 8, 2026**



PORTS OF CALL

**Hilo, Big Island/ Kahuli, Maui/ Honolulu,
Oahu/ Nawiliwili, Kauai and Ensenada, Mexico**

**BOOK BY JULY 1, 2025 and RECEIVE A
\$150 PER PERSON DISCOUNT!**



**A \$500 pp deposit
is required to
reserve a cabin.**

TOUR FEATURES:

Round Trip from Turlock and Modesto Area to Cruise Terminal in San Francisco. **16 Night HAWAIIAN ISLANDS CRUISE** aboard the **RUBY PRINCESS** including shipboard meals, entertainment and shipboard activities. Includes Port Taxes.

STATEROOMS & PRICES:

**OCEAN VIEW \$3750 PP DBL. -
BALCONY BB \$4790 PP DBL -
MINI-SUITE MB \$6055 PP DBL**



QUESTIONS? Please contact John Cardoza (209) 483-7722

SIR 143 - 2025 OFFICERS

Working For You!



Roger Jackson
Big Sir



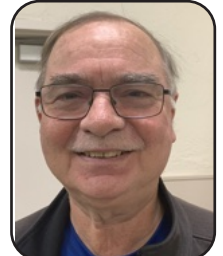
Dan Gorman
Little Sir



Greg Back
Secretary/Web Master



Rock Libby
Assistant Secretary



Leonard Zumstein
Treasurer



John Cardoza
Travel Chairman



Mike Johnson
Membership



Fred Courter
Newsletter



Vern Segars
Assistant Treasurer



Gary Toombs
Dine Out

ELECTED OFFICERS for 2026

Election of officers took place at the August luncheon meeting. The following 2026 officers have been elected to serve and are endorsed by the SIR BRANCH #143 BEC

Big SIR – Dan Gorman
 Little SIR – Ken Gomes
 Secretary – Rock Libby
 Assistant Secretary – Greg Back
 Treasurer – Leonard Zumstein
 Director 1 – Roger Jackson
 Director 2 – Kevin Byrne
 Director 3 – Fred Courter
 Director 4 – John Cardoza
 Director 5 – Mike Johnson
 Director 6 – Bob Holly

Respectively,
 Bob Holly
 Chairman - Nominating Committee

NEXT BEC MEETING

to be held at
MY GARDEN CAFE
FRIDAY SEPT. 19th

Meeting Starts at 8:30am
 Be there early for breakfast starting at 7:30am

SIR BRANCH #143 BOWLING EVERY TUESDAY



at McHenry Bowl
 CONTACT:
Tom Mickelson
 209-632-2917

Turlock SIR #143 BEC Meeting

My Garden Cafe, Turlock

AUGUST 22, 2025 - 8:30AM

Officers Present: Bob Holly, Greg Back, Leonard Zumstein, Kevin Byrne, Gary Toombs, Fred Courter, John Cardoza, Mike Johnson, Dan Gorman.

Members/Guests Present: Rick Kindle, Ken Gomes, Ken Kajioka, Anthony Butera.

Quorum: Secretary Greg Back reported that a quorum is present.

Minutes from Previous Meeting: Motion to accept the minutes as published in the newsletter by Gary Toombs and seconded by Bob Holly. Motion carried unanimously.

Treasurer Report: Treasurer Leonard Zumstein reviewed Form 28 from last month and reported –

Checking = \$4,612.05
Cash on hand = \$250.00
Receipts = \$130.00
Expenditures = \$718.43

Expenditures included \$250.25 State Sir assessment, \$379.32 to Rick Kindle for new banner and Turlock Farmers Market recruiting expenses, \$24.10 to Fred Courter for newsletter printing/postage expenses, \$31.20 to Greg Back for Constant Contact subscription, \$20.00 for guest speaker lunch and \$33.56 for new bank checks.

New expenses were submitted for reimbursement: Dan Gorman \$17.97 for guest speaker lunch, Rick Kindle \$60.96 for Turlock Farmers Market/Misc, and Fred Courter \$24.70 for postage/printing expenses. Motion to approve by Bob Holly with second by Fred Courter. Motion carried unanimously.

Membership Report: Chairman Mike Johnson reported that we had 32 at the August luncheon meeting (28 members, 3 guests and 1 speaker). Our newest members Ken Borrelli and Kevin Kollmeyer were formally inducted.

Committee Reports

Bocce Ball: Chairman Mike Johnson reported that 4 members attended the last outing and that Dust Bowl management told us that we can start as early as 9am if we want.

Golf: Chairman Ken Kajioka reported that golf (9 or 18 holes) is every Thursday at Creekside in Modesto or 9 holes at River Oaks in Ceres.

Travel: Chairman John Cardoza reported 4 couples have signed up for the Hawaii cruise next year. John is also researching possible day trip to Yosemite National Park. Bob Holly suggested having a picnic at a local park.

RV: Wagon Master Roger Jackson was not present, no report.

Dine Out/Other Activities: Chairman Gary Toombs reported that 36 attended the dine out at Vito's. Gary is targeting another dine out for October 9 at Alfonso's Mexican Grill in Ceres.

Recruitment & Publicity: Chairman Rick Kindle discussed the list of prospects obtained at the last Turlock Farmer's Market recruiting event. Volunteers are needed to help make follow up phone calls to the new prospects. The next recruiting event will be at the Denair Farm and Family Festival on September 13.

Old Business: Little SIR Dan Gorman reviewed the schedule of branch operations. Form 20 with our new 2026 branch officers to be submitted/updated on line by Secretary Greg Back.

Our venue for this year's Christmas Luncheon has closed unexpectedly. Covenant Village is available to host the lunch on our regular meeting day. Motion to approve the venue change pending approval of the final costs by Greg Back with second by Gary Toombs. The motion was carried with one dissenting vote by Dan Gorman. Roger Jackson will follow up with Covenant Village to make the final arrangements.

Election of 2026 Branch Officers was held at the August membership meeting/luncheon. The new 2026 branch officers are:

Big SIR – Dan Gorman

Little SIR – Ken Gomes

Secretary – Rock Libby

Assistant Secretary – Greg Back

Treasurer – Leonard Zumstein

Directors – Roger Jackson, Kevin Byrne, Fred Courter, John Cardoza, Mike Johnson, Bob Holly

New Business: Area 18 representative Anthony Butera presented details of the new Area 18 membership recruiting contest. Each branch would contribute \$50 and the member who recruits the most new members during the year receiving the \$150 prize. Motion by Greg Back to contribute \$50 from our branch with a second by Gary Toombs. Motion carried unanimously.

Anthony also discussed the next Area 18 meeting being held on September 12 at the Old Mill Café in Modesto.

Ken Kajioka discussed an upcoming event at the Sierra Rep – "Million Dollar Quartet Christmas." Ken made a motion to approve as an official SIR event and up to \$150 to reserve a block of tickets. Motion seconded by Bob Holly. Motion carried unanimously.

Bob Holly brought up the possible need to adjust the amount of our annual membership dues. Discussion will continue at the next BEC meeting.

Rick Kindle discussed the need for an official branch chaplain. Kim Castro agreed to take on that role as well as Sunshine Chairman. Motion to approve by Greg Back with a second by Mike Johnson. The motion was carried unanimously.

Motion to Adjourn: Motion by John Cardoza and seconded by Bob Holly. Motion carried and meeting adjourned at 9:40am.

Minutes respectfully submitted by Secretary Greg Back.



What's Happening at the SIR #143



Newest Member:
Kim Castro
Sunshine & Branch Chaplain

Thank you for stepping up to be our Chaplain. Our

Board met last month and unanimously supported your appointment to Branch Chaplain and Sunshine Director. Rock Libby has been filling in as Sunshine Director and as we discussed this function fits in nicely with being the Chaplain. Rock writes notes and sends cards to seriously sick members or recovering surgery, etc.

Distinguished Service

Awarded to
JOHN CARDOZA
TRAVEL CHAIRMAN
at the
AUGUST Luncheon.

(below) Presenting the award to John were Rick Kindle on left & Dan Gorman on right.



TWO NEW MEMBERS INDUCTED INTO BRANCH 143

On left - Dan Gorman, presenting two new members:
Ken Borrelli
and Kevin Kollmeyer.
on the right is Rick Kindle, assisting





SIR FIELD TRIPS

Jackson Rancheria RV Park



11407 Dalton Road, Jackson,
CA 95642
Deadline to book is
March 1, 2026

**Sunday, April 26 – Friday,
May 1, 2026**

1. Call to make your reservation:
(800) 822-9466
Mention you are with SIRS2026
2. Once you have confirmed your
reservation Call or text Roger, RV Chairman

209-658-2673 or Email: rogjaxn@me.com

3. IMPORTANT:
Reservations are transferrable:

Please call Roger before cancelling
10 rigs = a 15% group discount



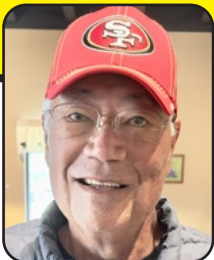
SIR RV TRIP MOSS LANDING KOA

September 21-24, 2025

7905 Sandholdt Rd, Moss Landing, ca 95039



CALL LIZ TO BOOK YOUR STAY
(831) 633-6800



GOLF

**Chairman
Ken Kajioaka**

SIR AREA 18 GOLF SCHEDULE 2025

MO	DATE	DAY	TIME	HOST	COURSE	GF	CART	PRIZE	TOT	REMARKS
Sep	2	Tue	8:00 SG	103B	Creekside	\$27	\$20	\$9	\$56	Carts Optional
	8	Mon	8:00 SG	144	Atwater	\$50		\$9	\$59	Carts Included
	15	Mon	8:00 SG	103A				\$9	\$9	
	22	Mon	8:00 SG	103B	Dryden	\$25	\$20	\$9	\$54	Carts Optional
	29	Mon	8:00 SG	144	Swenson	\$45		\$9	\$54	Carts Included
Oct	6	Mon	8:00 SG	ALL	Creekside	\$27	\$20	\$9	\$56	Carts Optional
	13	Mon	8:00 SG	103A	Castle Oaks	\$49		\$9	\$58	Carts Included
	20	Mon	8:00 SG	103B	Tracy GC	\$50		\$9	\$59	Carts Included
	27	Mon	8:00 SG	144	Dryden	\$25	\$20	\$9	\$54	Carts Optional

Every Thursday we will have Golf at Creekside Golf Course 9 hole or 18 hole, contact Ken Kajioaka for more info or to sign-up.

REMINDER: When you sign-up for golf it also means you will attend 50% of the luncheons Every Third Wednesday.

Speaker for month of SEPTEMBER will be

Dr. Edward Erickson, PhD

Born in Berkeley, California. Grew up in Riverside California and attended the University of California Riverside:

+ BA Economics 1965

+ MA Economics 1966

+ PhD Economics USC 1970

Professor of Economics C.S.U. Stanislaus 1970-2025. Taught:

Economics Principles

Macroeconomic Theory

Money and Banking

Urban Economics

His hobbies are gardening and collecting old

money. Addicted to reading The Wall Street Journal.

His **CONCERN** is having people understand how the economy works. Evaluate issues with critical thinking: that is what are causes vs. effects of changes.

Dr. Erickson celebrated his 40-year anniversary at Stanislaus State in May 2010.



DENAIR FARM & FAMILY FESTIVAL



We could use some volunteers at our Booth at the Denair Farmers Market and Family Festival on Saturday, September 13, 9-3 but we set up at 8:00am.



BIRTHDAYS IN SEPTEMBER

Dan Adams, Brent Bohlender, Ken Gomes, Charles Newsome, John Perez, Gary Toombs

ANNIVERSARIES IN SEPTEMBER

Michael Johnson, Leslie Austin, Melvin Padgett, Ernie Scheuber, Fred Courter, Ed Darrimon, Curt Green, Ken Gomes, Charles Newsome, Phil Franco, Ladd Hackler





IT'S DINE-IN-DINE OUT TIME

Center Street Grill

Thursday, October 9th - 5:30 Drinks - 6:00 Dinner

On Center Street Downtown Turlock, we have been there before.

Call Gary Toombs to confirm 209-604-8406



THE WINE LINE

By Russ Winton

Wine Investigation for Novices and Oenophiles (W.I.N.O.)



Explore Morgan Hill's Vibrant Food and Wine Scene

More than 50 years ago, the Navigator and I discovered the beauty of the Santa Clara Valley. The lush green vineyards, colorful fruit stands and family wineries, mostly Italian, that offered free tastings and shady areas for picnics. We took many day trips in our VW bug, as gas was about 29.9 cents per gallon. We could make it there from the Big Valley in about 85 minutes. We sometimes camped in the Madonna County Park or the Uvas Canyon County Park. We have great memories of those times. Today, Santa Clara Valley offers a 30-mile Wine Trail that features 25 award winning, pet-friendly wineries, with 25+ cool picnic areas. We decided maybe it was time to revisit the Valley.

Santa Clara Valley AVA

In 1989, the Valley was declared an American Viticultural Area. The AVA has 2 sub appellations, Pacheco Pass AVA and the San Ysidro District AVA. It includes Santa Clara, San Benito and Alameda counties. More than 4,500 acres are planted in vines with 50 bonded wineries.

Lightpost Winery, located in Morgan Hill, is a boutique winery which sources grapes from the best vineyards on the Central Coast. Well respected in the industry, winemaker Christian Roguenant and co-wine-maker Sofia Fedotova believe that wine makes itself in the vineyard, by constant monitoring. In the 2023 Sunset Wine Competition, their four entries won 2 Gold and 2 Double Gold Medals. Yes, we loved their Pinots Noirs.

Guglielmo Winery hosted an exclusive Wine and Chocolate Pairing in celebrating their 100th Anniversary and boy did we luck out! Family owned, their extensive wine list includes two whites, one Rose', four sparkling and sixteen reds, mostly Italian varietals. The crowd was mostly their wine clubbers, a few cute dogs, live music, smooth wines and luscious chocolates. Their Reserve Merlot and Barbera were our top picks. Congratulations to the Guglielmo Winery and Cheers to the next 100 years!

P & V Winery on Dougherty Avenue is owned by Paul and Vicki Kermoyan. Their winery sits on seven acres of Primitivo vines and produces about 500 cases. The small backyard stage is perfect for music on weekends. From shaded tables you have the option of ordering wine flights or by the glass/bottle or their special Sangria. The vibe here is, go ahead and kick your shoes off, stay the afternoon, dance or just relax. Excellent wines, smooth music and friendly hosts made our visit perfect. The Estate Primitivo Rose' and the Clarksburg Syrah were top-notch.

Downtown Morgan Hill

This town rocks! The Downtown Improvement District has more than 20 restaurants, most with outdoor dining, great parking, live music, wine tasting, open-air markets, monthly festivals and right down the middle of Monterey Road is a row of trees covered with lights. It's like it's Christmas year-round

We arrived on a Friday before lunch. We walked through the downtown, window shopping and reading posted menus. We decided on Craft Roots for lunch which offered a 100% plant based menu. Wait....Vegan? Yes, it was delicious and the place was packed. After, we headed to Lightpost Winery and then to our centrally located LaQuinta Hotel. After a much needed nap, on to Bubbles & Brew for dinner and live music. The patio was full and diners were eating or drinking or singing "Mustang Sally", along with the band. The menu is a variety of delicious share-ables. We had a mushroom flat bread, a pear salad, a bottle of local Pinot Noir and all was well.

If you visit, don't forget the Morgan Hill Farmer's Market on Saturday, 9:30am -11:30am on Depot Street. You can talk to the growers, smell the flowers, taste the fruit and listen to live bluegrass music over a cup of locally ground coffee. Later we drove to Lawson's Bakery for more coffee and brunch. We ordered two sandwiches, both delicious but way too big! OK, maybe we shouldn't have ordered the loaded tater-tots. The next spot was the Guglielmo Winery for the Wine & Chocolate Pairing and then on to P & V Winery to relax, taste and listen to more live music. We had dinner at MOHI Farm with its farm-to-table concept with seasonal menus. We shared a mushroom soup, caesar salad, bacon and blue hamburger and a terrific Leal Pinot Noir.

On Sunday, we slept in and then headed to The Breakfast Club. The Bloody Marys were spot on. The food is fresh, big and yes, more 'take home' boxes which fed us the entire next week. Re-visiting Santa Clara Valley Wines along with the exciting food we tasted in Morgan Hill made for a great weekend. Could Morgan Hill become the culinary capital of the entire Valley? I think they're on the right track. Cheers!

What's On Our Table

The Spanish 2020 Siglo Roble Ribera del Duero is made entirely from Tempranillo grapes and aged for 4 months in French and American oak barrels. Aromas are of fresh red fruits with notes of vanilla. It pairs well with turkey, pork and grilled vegetables and is a steal at the G.O. for \$6.99, Cheers!

Comments? I'm on Facebook or at rgwinton@yahoo.com.

**Please Support
our Branch Sponsors**

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www.greenerynsy.com

Rigo Arteaga
Owner

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CarsEtc2010@hotmail.com

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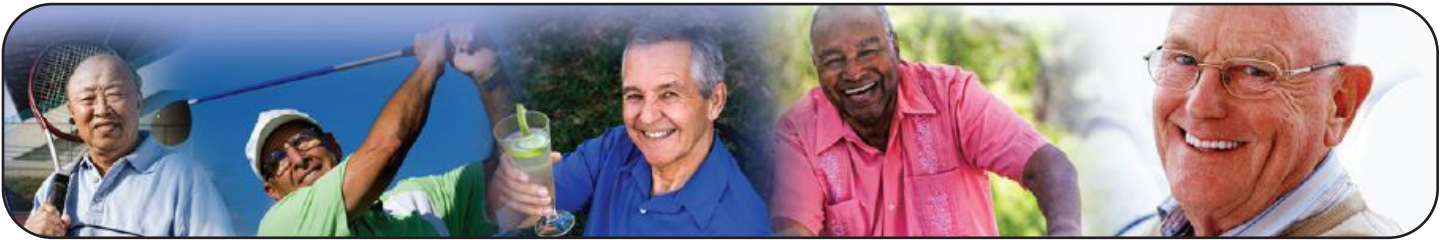
Agent

DRE #02087638

209-277-7644
kstorms@pmz.com
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3800 GEER ROAD, SUITE 105
TURLOCK, CA 95382





TURLOCK BRANCH NO. 143 OFFICERS & CHAIRMEN FOR 2025

Big Sir	Roger Jackson	658-2673
Little Sir	Dan Gorman	404-3799
Secretary	Greg Back	585-6862
Assistant Secretary	Rock Libby	634-6508
Treasurer	Leonard Zumstein	634-8878
Assistant Treasurer	Vern Segars	634-2142
Membership	Mike Johnson	613-6801
Assistant Membership/Mailing	Rick Kindle	652-8608
Recruiting	Rick Kindle	652-8608
Bowling	Tom Mickelson	632-2917
Travel Chairman	John Cardoza	483-7722
Travel Assistant	OPEN	
Golf	Ken Kajioka	602-8351
Assistant Golf	Ray Walker	606-9889
Sunshine	Kim Castro	613-5111
Newsletter Editor/Photo	Fred Courter	226-1173
Bocce Ball	Mike Johnson	613-6801
Program	Gary Potter	667-8516
Assistant Program	Ken Kajioka	602-8351
Chaplain	Kim Castro	613-5111
RV Chairman	Roger Jackson	658-2673
Assistant RV Chairman	OPEN	
Web Master	Greg Back	585-6862
Nominating Com. Chair	Bob Holly	688-2986

Directors: Kevin Byrne, Gary Toombs, Fred Courter,
John Cardoza, Mike Johnson, Bob Holly

STATE OFFICERS

State President: Richard Carlston - rich.carlston@icloud.com - 925-324-0838

State Vice President: Fred Serena - pizzanight@comcast.net - 510-489-0964

Area 18 Representative:

Anthony Butera, Anthony.btr@gmail.com, 209-988-3473