

SENIOR TIMES

SIR
SOCIAL ACTIVITIES FOR MEN

"OUR MISSION IS TO IMPROVE THE LIVES OF OUR MEMBERS THROUGH FUN ACTIVITIES AND EVENTS WHILE MAKING FRIENDS FOR LIFE"

MAY 2025 Newsletter - Turlock Branch #143

**FIND US ON FACEBOOK: SIR #143 - Also Find Us on the
WEB: sirinc2.org/branch143**



**PLEASE FIND
BELOW OUR
QR CODE.**

The way it works if you don't know already, take your cell phone, open your camera app and take a picture of the QR code. If you have a QR code reader app you simply open your QR code reader on your cell phone and hold it over the QR code and your cell phone will open the SIR BRANCH 143 WEBSITE.



Message From The Big Sir...

Hello Gentlemen,

Here we are already rolling into May! Happy Mother's Day to all our lovely ladies! May has arrived and it's time to enjoy the best our SIR group has to offer. May gives us a perfect excuse to get out, stay active, and enjoy what we do best: having fun, staying connected, and maybe engaging in a little friendly competition while we're at it. Whether you're swinging clubs, rolling strikes, tossing bocce or just enjoying a great meal and great conversation, there's something for everyone this month!



Bowling – Let's hit the lanes. (see Tom Mickelson) Bowling leagues start back up in September. WE need a Turlock contingent! Join us every Tuesday afternoon at 1:00 p.m. at McHenry Bowl in Modesto. Whether you're a seasoned pro or just in it for the laughs, all are welcome!

Bocce Ball – May the Best Toss Win (Mike Johnson) Join us every first and third Friday at 10:00 a.m. at the Dust Bowl for some friendly bocce battles! No experience necessary – just a

willingness to have fun and maybe argue about who's closest to the pallino. Lunch afterwards (optional).

Golf – Fore the Love of the Game (Ken Kajioka) Tee times are set, and the greens are calling. Our golf group meets on Monday mornings at 7:00 a.m., at Creekside. So, polish your clubs, practice your swing, and remember- it's not about the score, it's about the laughs (and the 19th hole).

RV Group – On the Road Again (Roger Jackson) Our RV adventurers enjoyed the trip to Jackson Rancheria. We enjoyed wine tasting at Rombauer Winery, shopping and browsing in the cute little town of Sutter Creek, great dinners in camp and a great spaghetti dinner with "blind" wine tasting. We enjoyed an outstanding dine out experience at the Lone Wolf Restaurant in Jackson Rancheria Casino, as well!

Now, we are gearing up for a September getaway to Moss Landing. If you like good friends, good views, and the great outdoors, this is your jam. **Consider joining us!**

REMEMBER SIR LUNCHEON

**11:00 am - Sir Lunch meeting Wednesday, MAY 21st -
WILL BE HELD AT BLACK BEAR DINER, doors open at 10:30.**

NOTE: When you arrive at Black Bear Diner Order your food as soon as possible. Our speaker will start at 12 noon, also please try to finish your meal by 12 noon.

Luncheon Location: BLACK BEAR DINER
3050 N. Tegner Rd., Turlock



SIR TRAVEL

Travel Chairman John Cardoza



RIVER CRUISE

**9-Days MEMPHIS
to NEW ORLEANS**

**Cruise the Lower Mississippi
in style, from Memphis to
New Orleans aboard the
180 guest American Splendor
9 Days-September 30-October 8, 2025**

- ★Roundtrip airfare from Sacramento
- ★Transfers to and from the Sacramento Airport
- ★1 night pre-cruise hotel stay at the Guest House at Graceland with free ground-transfers airport to hotel and hotel to ship
- ★Post cruise Premium New Orleans City excursion with drop off at the New Orleans Airport
- ★All meals and snacks
- ★24/7 alcohol/non-alcoholic beverages and nightly evening cocktail hour with hors d'oeuvres and top-shelf liquors
- ★Wi-Fi
- ★Prepaid gratuities
- ★Onshore featured excursions
- ★Full enrichment package with guest speakers and nightly entertainment



Price Per Person Based on
Double Occupancy

\$6655 pp to \$7900 pp

**THIS TRIP IS
WAIT LISTED**

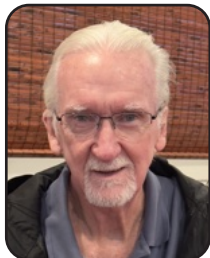
QUESTIONS? Please contact John Cardoza (209) 483-7722

SIR 143 - 2025 OFFICERS

Working For You!



Roger Jackson
Big Sir



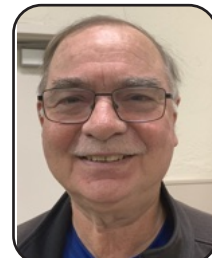
Dan Gorman
Little Sir



Greg Back
Secretary/Web Master



Rock Libby
Assistant Secretary



Leonard Zumstein
Treasurer



John Cardoza
Travel Chairman



Mike Johnson
Membership



Fred Courter
Newsletter



Vern Segars
Assistant Treasurer



Gary Toombs
Dine Out

REMEMBER
MOTHER'S DAY SUNDAY, MAY 11th



NEXT BEC MEETING

to be held at
MY GARDEN CAFE
FRIDAY MAY 23rd

Meeting Starts at 8:30am
Be there early for breakfast starting at 7:30am

SIR BRANCH #143 BOWLING EVERY TUESDAY



at McHenry Bowl
CONTACT:

Tom Mickelson
209-632-2917

Turlock SIR #143 BEC Meeting

My Garden Cafe, Turlock

April 18th 2025 - 8:30AM

Officers Present: Bob Holly, Roger Jackson, Greg Back, Leonard Zumstein, Vern Segars, Kevin Byrne, Gary Toombs, Fred Courter, John Cardoza, Mike Johnson.

Members/Guests Present: Rick Kindel

Quorum: Secretary Greg Back reported that a quorum is present.

Minutes from Previous Meeting: Motion to accept the minutes as published in the newsletter by Bob Holly and seconded by Leonard Zumstein. Motion carried unanimously.

Treasurer Report: Treasurer Leonard Zumstein reviewed Form 28 from last month and reported –

Checking = \$7,521.91

Cash on hand = \$275.00

Receipts = \$2,745.00

Expenditures = \$184.60

Receipts consisted of Dues \$200.00, Castle Noz tickets \$1,485.00, State Advertising matching funds \$1,000.00, raffle \$60.00.

Expenditures consisted of printing/postage \$22.10, speaker lunch \$25.00, advertising \$137.50.

New receipts were submitted for expense reimbursements: Greg Back \$30.00 for Constant Contact subscription, Fred Courter \$24.10 for printing/postage, Rick Kindel \$200.11 for advertising.

Motion to approve these expenses by Gary Toombs with second by Bob Holly. Motion carried unanimously.

Membership Report:

Chairman Mike Johnson reported that our branch Form 65 is ready to submit. The current roster is 83 members. This month's luncheon attendance was 29 plus our speaker.

Committee Reports

Bocce Ball: Chairman Mike Johnson reported that bocce balls continues to be popular with attendance still averaging about 10 members.

Golf: Chairman Ken Kajioka was not present, no report.

Travel: Chairman John Cardoza reported that he is planning a Hawaii cruise and will be able to provide more details soon. There are several events planned that need

BEC approval to be a SIR activity. Momma Mia at the Gallo on 7/24 and the Tribute to the Beach Boys on 6/12 at the Sierra Rep. Motion to approve these activities by Mike Johnson and second by Leonard Zumstein. Motion carried unanimously.

RV: Wagon Master Roger Jackson reported that he has 6 rigs signed up for the Moss Landing RV trip in September.

Dine Out/Other Activities; Roger Jackson reported that there were 71 signed up and paid for the special dine out at Castle Noz on 5/16.

Recruitment & Publicity: Chairman Rick Kindel reported that he would like to have a SIR booth at the Turlock Farmers Market (which weekends TBD) and at the Denair Family and Farm Festival. Motion to approve as an official SIR activity by Bob Holly and second by Leonard Zumstein. Motion carried unanimously. Rick reported that SIR recruitment advertising will be appearing in the Turlock Direct publication using \$600.00 previously approved for advertising. There will also be a follow up Area 18 meeting in May to discuss other advertising/promotion options such as facebook, etc. More to follow after that meeting.

Old Business: Roger Jackson reviewed the schedule of branch operations in Dan Gorman's absence. Roger also reviewed the lunch meeting program/speakers that for the rest of the year and reported we still have several months still open and one speaker who is questionable due to a "no show" at a Modesto branch lunch. The program committee will continue to work to fill the openings for the rest of the year.

Nominating Committee Chairman Bob Holly reported that he has a full slate of officers for next year.

New Business:

Roger Jackson discussed our Christmas Luncheon meeting scheduled for the New Town Café. It was brought up that we should have an alternate location in case any problems arise with New Town Café. The BEC agreed and Roger will search for an alternative location as a backup.

Motion to Adjourn: Motion by John Cardoza and seconded by Kevin Byrne. Motion carried and meeting adjourned at 9:35am.

Minutes respectfully submitted by
Secretary Greg Back.

SIR FIELD TRIPS

THURSDAY, JUNE 12th - 2p.m.
TICKETS ARE \$30 EACH

SIR FIELD TRIP

THURSDAY, JUNE 12 TH
 2:00 P.M.
 TICKETS ARE \$30 EACH

Playing at the East Sonora Theatre, 13891 Mono Way, Sonora, CA
 1/4 mile east of The Junction Shopping Center.



Surf's up! Get ready for an unforgettable experience as we celebrate the timeless sounds of The Beach Boys. Join us for a thrilling "live show" featuring all their classic hits alongside hidden gems from their incredible catalog. Jam out to the soundtrack of an Endless Summer brought to life on the East Sonora stage. **You don't want to miss this chance to relive the magic of The Beach Boys!**

Deadline: April 16th
MAKE CHECK PAYABLE TO: KEN KAJIOKA

MAIL CHECK TO: Ken Kajioka
 2240 POLYVIEW DR.
 TURLOCK, CA. 95382



SIR RV TRIP

September 21-24, 2025

MOSS LANDING KOA

7905 Sandholdt Rd, Moss Landing, CA 95039



CALL LIZ TO BOOK YOUR STAY

831) 633-6800

RECIPES FROM OUR Jackson Rancheria Trip

Thank You to Janet Johnson

Blackberry Marbled Cheesecake Squares

CRUST

1 ½ Cps Graham cracker crumbs
 1/3 cup butter, melted
 ¼ cup granulated sugar

FILLING

16oz cream cheese, softened
 1 cup granulated sugar
 1 tsp vanilla extract
 3 large eggs
 ½ cup sour cream

BLACKBERRY SWIRL

1 cup blackberries
 ¼ cup granulated sugar
 1Tbsp water
 1 tsp cornstarch

Preheat oven to 325 degrees

Line an 8x8 baking dish with parchment paper. Com-

bine graham cracker crumbs, melted butter and sugar in a bowl. Press onto the bottom of the prepared pan. In a blender, puree blackberries, sugar, water, and cornstarch until smooth. Strain to remove seeds. Set aside (I didn't use a blender, I just squished them a lot before pressing through a sieve, catching the juice in a bowl). Beat cream cheese with sugar and vanilla until smooth. Add eggs one at a time, then stir in sour cream. Pour cream cheese mixture over crust. Dollop blackberry sauce on top and use a knife to create swirls. Bake for 40-45 minutes or until set but slightly wobbly in the center. Cool, then refrigerate for at least 3 hours.

Potato Chip Cookies

¾ cup butter softened
 ¾ cup packed brown sugar
 ½ cup granulated sugar

2 large eggs
 2 tsp vanilla extract
 1 8oz bag Ruffles potato chips crushed Divided
 2 cups all purpose flour
 1 tsp baking soda
 ¼ tsp salt
 1 ½ cups semisweet chocolate chips

Preheat the oven to 350 degrees. In a large bowl, cream together butter and both sugars until light and fluffy. Beat in the Eggs and Vanilla, Mix in half the crushed potato chips. In a separate bowl combine the flour, baking soda and salt. Fold this into the creamed mixture. Fold in the chocolate chips. Chill the dough in the fridge for at least an hour (BTW, I never do this). Form the dough into rounded tablespoons and roll in the remaining potato chips. Place balls on a parchment lined or greased baking sheet and bake for 11 to 15 minutes until the edges begin to brown.



THE WINE LINE

By Russ Winton

Wine Investigation for Novices and Oenophiles (W.I.N.O.)



Beautiful Beach, Great Restaurants and 3 Award Winning Winerie—All at Avila Beach

The name Avila commemorates Miguel Avila, who was granted Rancho San Miguelito in 1842. The town was established in the latter half of the 19th century, when it served as the main shipping port for San Luis Obispo. Although Avila Beach still has a working commercial fishing pier and inland areas have apple orchards and grape vineyards, tourism is now the main industry, according to Wikipedia.

Avila Beach is less than 10 miles south of San Luis Obispo and about the same distance north of Pismo Beach.

Three Wineries With Three Talented Winemakers:

Mike Sinor, owner and winemaker of the Sinor-LaVallee Winery, worked his first harvest in 1993. Three years later he married Cheri LaVallee and in 2013 they released their own label. They acquired the Bassi Vineyard located 1.2 miles from the ocean and within the San Luis Obispo Ocean AVA. Their estate wines come from this vineyard planted to Pinot Noir, Syrah, Chardonnay, Albarino, Pinot Gris and Grenache. Located at 550 First Street, the Sinor-LaVallee tasting room offers a flight of 4-6 wines for \$25. wines by the glass, beer, cider and non-alcoholic beverages. The Shuck Shack, which is part of the tasting room, offers a locally curated menu serving fresh Morro Bay oysters, cheese plates, caviar, and breads from local purveyors, Fresh oysters, award winning sparkling wines from Sinor-LaVallee Winery, outside on a sunny day? Wowza, why not?

Scott Remmenga graduated from Cal Poly in the mid-80's with a major in Graphic Communications. He opened a printing shop printing labels for wineries all over the country. After 14 years, the wine bug bit and he sold the business. The first year he made 12 barrels and Alapay Cellars became a reality. He and his partner opened the first wine tasting room in Avila Beach in 2002 and moved into their new and spacious tasting room at 415 First Street in 2006. Alapay Cellars is open every day.

The tasting fee is \$25. They offer live music Wednesday and Sunday 4:00-6:00 pm and food is available for purchase. Alapay Cellars scored a Best of Class Medal for their 2019 Santa Barbara County Blend and Gold Medals to the 2023 Santa Barbara County Viognier and the 2021 Paso Robles Barbera in the 2024 Central Coast Wine Competition. Cheers to Scott and Rebecca Remmenga!

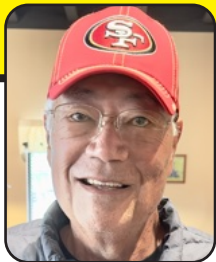
Peloton Cellars started with two friends making their first wine with borrowed equipment, a half-used barrel and donated Zinfandel grapes in 1999. Every year they made more and quality improved to the point that more people wanted to join. In 2005, four longtime friends named their winery Peloton Cellars. The word "peloton" is a French word meaning 'group' or the main pack of riders in a cycling race. The partners love wine and have a passion for riding bikes. Naming their winery 'Peloton Cellars' was the right choice. Bill Kesselring, co-owner and winemaker, believes that the best wines start with the best farming practices. He owns a vineyard consulting company and manages vineyards all over the Central Coast. This allows him to select the best fruit for Peloton Cellars. Their wines consistently receive high praise and awards from wine and food industry experts. Located on 470 Front Street, Peloton Cellars' tasting fee is \$25. You can also purchase wine by the glass or bottle. The vibe is very relaxed, much like a cool Paris Bistro. A votre sante'.

Note: All three waive tasting fees with bottle purchase, have excellent staff who can answer your questions and offer advice on restaurant choices...just ask. Park your car and spend a day at Avila Beach walking, tasting, eating, snoozing on the beach and then of course.....repeat, Cheers!

What's on Our Table

The 2023 Les Hauts Du Vallon Bandol Rose' is another Jeff Welburn Selection winner from the Grocery Outlet. It's dark salmon color with a bit of mid-palate weight reflects the 66% Mourvedre in the blend along with Grenache and Cinsault. This delicious pinkie from Provence is a steal at just \$5.95.

Cheers! Comments? Find me on Facebook or rgwinton@yahoo.com



GOLF

Chairman
Ken Kajioaka

SIR AREA 18 GOLF SCHEDULE 2025

MO	DATE	DAY	TIME	HOST	COURSE	GF	CART	PRIZE	TOT	REMARKS
May	5	Mon	8:00 SG	144				\$9	\$9	
	12	Mon	8:00 SG	103A	Tracy GC	\$50		\$9	\$59	Carts Included
	19	Mon	8:00 SG	103B	Creekside	\$27	\$20	\$9	\$56	Carts Optional
	27	Tue	8:00 SG	144				\$9	\$9	
Jun	2	Mon	8:00 SG	103A	Dryden	\$25	\$20	\$9	\$54	Carts Optional
	9	Mon	8:00 SG	103B	Elkhorn	\$44		\$9	\$53	Carts Included
	16	Mon	8:00 SG	144	Creekside	\$27	\$20	\$9	\$56	Carts Optional
	23	Mon	8:00 SG	103A				\$9	\$9	
	30	Mon	8:00 SG	103B	Tracy GC	\$50		\$9	\$59	Carts Included

Every Thursday we will have Golf at Creekside Golf Course 9 hole or 18 hole, contact Ken Kajioaka for more info or to sign-up.

REMINDER: When you sign-up for golf it also means you will attend 50% of the luncheons Every Third Wednesday.

Speakers for month of MAY will be

4 SPEAKERS FROM COVENANT CARE IN TURLOCK

At Covenant Living of Turlock, we offer opportunities to work toward wellness, share the joys of friendship and explore paths to your personal goals, always backed by caring staff members who are inspired to serve. Our community promises supportive and secure senior living in an enriching environment, with the peace of mind that you'll live your best life at every stage.

Covenant Living of Turlock is a community where you'll grow, believe and belong. Please join us on May 21 for more information.

Christi Kronberg
Sales Assistant

Tel: 209-216-5696 | Cell: 209-485- 7198
Fax: 209-632-7885

Covenant Living of Turlock
2125 N Olive Avenue, Turlock CA 95382
covlivingturlock.org



**LADIES
WELCOME
TO THIS
EVENT**



TRIBUTE TO THE BEACH BOYS
THURSDAY, JUNE 12 - 2 p.m.
East Sonora Theater

Limited Seating
CONTACT KEN KAJIOKA 209-602-8351



BIRTHDAYS IN MAY

Rick Ahlborn, Gunner Bruce, Andy Elder, Darrell Leaman, Jan Pyle,
Brad Sleeper, Les Stokes, Jeff Wilson

ANNIVERSARIES IN MAY

Brent Bohlender, Bill First, Larry Hughes, Hartley Spycher,

HAPPENINGS IN SIR #143

Tickets now on sale !



ABBA's hits tell the hilarious story of a young woman's search for her birth father. This sunny and funny tale unfolds on a Greek island paradise. On the eve of her wedding, a daughter's quest to discover the identity of her father brings three men from her mother's past back to the island they last visited 20 years ago.

Showtime: Thursday, July 24, 2025, 7:00 PM

\$35 / person - Orchestra seating

Dinner before the show (Optional) - at 5:00 p.m. - Galletto Ristorante

Please check with Gallo Center for the Arts for more info and to make a reservation call 209-338-2100

For dinner reservations, let Roger know ASAP - 209-658-2673

WE PURCHASED 16 TICKETS FOR SIR, ORCHESTRA SEATING, and we have sold all 16 tickets.

SIR DISTINGUISHED SERVICE AWARD TO **VERN SEGARS** AT THE APRIL LUNCHEON



"SIR DINE-OUT"

MAY 16, 2025

5:30 – 9:00 P.M.

At

The Castle

6101 Keyes Rd, Snelling, CA

The cutoff date for reservations has come and gone

Tickets are \$45 / person

Send Your Check payable to: S I R

To: Leonard Zumstein

2645 Mira Flores Dr. Turlock, CA 95380

Dinner: Catered by Neto's

Tri-tip, Chicken Quarters, Scalloped Potatoes, Green Beans, Salad and Roll

Beer / Wine / Soda / Water

Music by: **"No Way Back"** 60s, 70s, 80s band



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our Branch Sponsors**

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www.greenerynsy.com

Rigo Arteaga
Owner

Office: (209) 634-2244
Cell: (209) 620-1450
CarsEtc2010@hotmail.com

CARS ETC

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After many years of crafting bread, Edith's is getting ready to bring local and Fresh ingredients From around the valley to the heart of Turlock, Ca. Come visit Crust & Crumb at
428 E. MAIN ST.

Family Owned & Operated Since 1960



TURLOCK

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Fax: (209) 667-1247
M-F, 7-5:30pm
donsmobileglass.com

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Email: netocatering1@aol.com
Fax: (209) 669-0545



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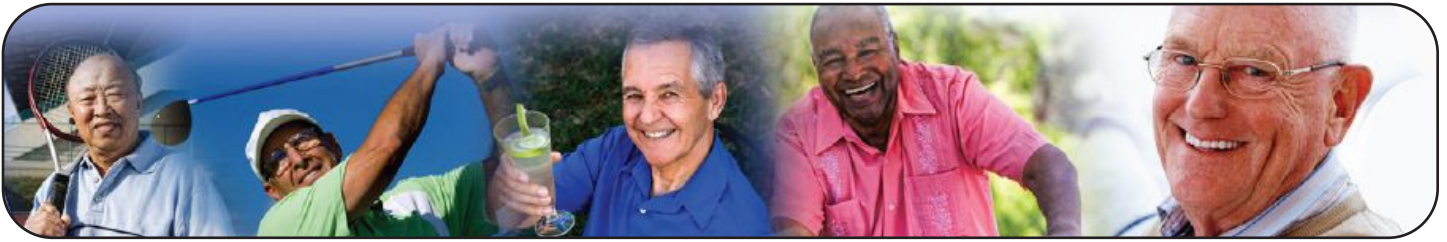
Agent

DRE #02087638

209-277-7644
kstorms@pmz.com
kstorms.pmz.com

3800 GEER ROAD, SUITE 105
TURLOCK, CA 95382





TURLOCK BRANCH NO. 143 OFFICERS & CHAIRMEN FOR 2025

Big Sir	Roger Jackson	658-2673
Little Sir	Dan Gorman	404-3799
Secretary	Greg Back	585-6862
Assistant Secretary	Rock Libby	634-6508
Treasurer	Leonard Zumstein	634-8878
Assistant Treasurer	Vern Segars	634-2142
Membership	Mike Johnson	613-6801
Assistant Membership/Mailing	Rick Kindle	652-8608
Recruiting	Rick Kindle	652-8608
Bowling	Tom Mickelson	632-2917
Travel Chairman	John Cardoza	483-7722
Travel Assistant	OPEN	
Golf	Ken Kajioka	602-8351
Assistant Golf	Ray Walker	606-9889
Sunshine	Rock Libby	634-6508
Newsletter Editor/Photo	Fred Courter	226-1173
Bocce Ball	Mike Johnson	613-6801
Program	Gary Potter	667-8516
Assistant Program	Ken Kajioka	602-8351
Chaplain	OPEN	
RV Chairman	Roger Jackson	658-2673
Assistant RV Chairman	OPEN	
Web Master	Greg Back	585-6862
Nominating Com. Chair	Greg Back	585-6862

Directors: Kevin Byrne, Gary Toombs, Fred Courter,
John Cardoza, Mike Johnson, Dan Gorman

STATE OFFICERS

State President: Richard Carlston - rich.carlston@icloud.com - 925-324-0838

State Vice President: Lee Lamp - lel4355@yahoo.com - 530-921-1375

Area 18 Representative:

Anthony Butera, Anthony.btr@gmail.com, 209-988-3473