

SENIOR TIMES

**"OUR MISSION IS TO IMPROVE THE LIVES OF OUR MEMBERS THROUGH
FUN ACTIVITIES AND EVENTS WHILE MAKING FRIENDS FOR LIFE"**

JANUARY 2026 Newsletter - Turlock Branch #143

FIND US ON FACEBOOK: SIR #143 - Also Find Us on the WEB: sirinc2.org/branch143

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Message From The Big Sir...

As we begin a new year, January is a perfect time to reflect on what makes our Turlock SIR Branch special—and to look ahead with enthusiasm to the months to come.



The mission of SIR has always been clear: to foster fellowship, friendship, and fun among retired and semi-retired men, while encouraging active participation in social, intellectual, and recreational activities. Here in the Turlock Branch, those goals continue to guide everything we do.

Fellowship and Friendship

Our monthly luncheons remain the heart of the branch. They give us the opportunity to reconnect with old friends, welcome new members, and enjoy good conversation in a relaxed setting. Whether you've been with SIR for years or just joined recently, you are an important part of our community.

Engagement and Activities

The strength of our branch comes from participation. From golf, walking, coffee groups, and special outings to card games and informal get-togethers, our activities are designed to keep us

socially and physically active. January is a great time to try something new—or to encourage a fellow SIR to join you.

Learning and Speakers

Our speaker program continues to support life-long learning by bringing in interesting and informative guests. We strive to offer topics that educate, entertain, and spark discussion—helping us stay connected to the world around us.

Looking Ahead

In 2026, our goal is simple: maintain a strong, welcoming branch that values involvement, mutual respect, and enjoyment of life after retirement. This can only happen with your continued participation, ideas, and willingness to get involved.

If you have suggestions for speakers, activities, or ways to strengthen our branch, please share them. SIR is not just an organization—it's a group of men supporting one another in staying active, informed, and connected. Here's to a healthy, happy, and engaging New Year for the Turlock SIR Branch.

**Warm regards,
Dan Gorman**

**To open the SIR
BRANCH 143
WEBSITE Click
on QR Code.**



REMEMBER SIR LUNCHEON

**It is Now Time to pay
your SIR Dues for 2025
DUES ARE NOW \$40 for the year**

**please send your check
(\$40 made out to "SIR") to: Leonard Zumstein
2645 Mira Flores, Turlock, CA 95380**



SIR TRAVEL

Travel Chairman John Cardoza



16 NIGHT HAWAIIAN ISLANDS CRUISE

**ABOARD THE
RUBY PRINCESS
ROUND TRIP
SAN FRANCISCO
OCTOBER 23 to
NOVEMBER 8, 2026**



A \$500 pp deposit
is required to
reserve a cabin.

PORTS OF CALL

**Hilo, Big Island/Kahuli, Maui/Honolulu,
Oahu/ Nawiliwili, Kauai and
Ensenada, Mexico**

TOUR FEATURES:

Round Trip from Turlock and Modesto Area to Cruise Terminal in San Francisco. **16 Night HAWAIIAN ISLANDS CRUISE** aboard the **RUBY PRINCESS** including shipboard meals, entertainment and shipboard activities. Includes Port Taxes.

STATEROOMS & PRICES:

**OCEAN VIEW \$3750 PP DBL. -
BALCONY BB \$4790 PP DBL -
MINI-SUITE MB \$6055 PP DBL**



QUESTIONS? Please contact John Cardoza (209) 483-7722

SIR 143 - 2026 OFFICERS

Working For You!



Dan Gorman
Big Sir



Ken Gomes
Little Sir



Rock Libby
Secretary



Greg Back
Assistant Secretary



Leonard Zumstein
Treasurer



John Cardoza
Travel Chairman



Mike Johnson
Membership



Fred Courter
Newsletter



Al Kusters
Assistant Treasurer



Gary Toombs
Dine Out - Activities

REMEMBER:

It is Now Time to
pay your SIR
Dues for 2026
DUES ARE \$40
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please send your check
(\$40 made out to "SIR") to:
Leonard Zumstein, 2645
Mira Flores, Turlock,
CA 95380

NEXT BEC MEETING

to be held at
MY GARDEN CAFE
FRIDAY JANUARY 24th

Meeting Starts at 8:30am
Be there early for breakfast starting at 7:30am

SIR BRANCH #143 BOWLING EVERY TUESDAY, 1pm \$14



at McHenry Bowl
CONTACT:
Tom Mickelson
209-632-2917



Turlock SIR #143 BEC Meeting
My Garden Cafe, Turlock
DECEMBER 19, 2025 - 8:30AM



Officers Present: Bob Holly, Roger Jackson, Greg Back, Rock Libby, Leonard Zumstein, Gary Toombs, Fred Courter, John Cardoza, Mike Johnson, Dan Gorman.

Members/Guests Present: Rick Kindel, Ken Gomes, Ken Kajioka, Al Kosters.

Quorum: Secretary Greg Back reported that a quorum is present.

Minutes from Previous Meeting: Motion to accept the minutes as published in the newsletter by Roger Jackson and seconded by Leonard Zumstein. Motion carried unanimously.

Treasurer Report: Treasurer Leonard Zumstein reviewed Form 28 from last month and reported –

Checking = \$5,305.34

Cash on hand = \$275.00

Receipts = \$1,245.00 (Christmas lunch tickets, raffle)

Expenditures = \$1,630.33 (expense reimbursements, Christmas lunch, publicity)

New expenses submitted for reimbursement:

Greg Back \$46.40 for Constant Contact subscription

Fred Courter \$24.70 printing/postage

Rick Kindel \$607.04 gift baskets for Christmas Luncheon

Rick Kindel \$28.70 certificate frames

Roger Jackson \$54.99 flowers for Christmas Luncheon

Motion to approve these expense reimbursements by Rock Libby and seconded by Bob Holly. Motion carried unanimously.

An audit committee consisting of Ken Kajioka and Gary Toombs will meet with Leonard in January to audit the branch financials and submit Form 29 to State SIR.

Membership Report: Chairman Mike Johnson reported that 68 members and spouses/guests attended the Christmas Luncheon at Covenant Living and that there were 7 cancellations or no shows.

Committee Reports

Bocce Ball: Chairman Mike Johnson reported the group is playing today with 7 members.

Golf: Chairman Ken Kajioka reported he has a new assistant golf chairman, Al Kosters.

Travel: Chairman John Cardoza reported he has 7 cabins going on the upcoming Hawaii cruise. He is researching a Japan cruise and a tour to Washington DC.

RV: Wagon Master Roger Jackson reported he has 17 rigs going to the Jackson Rancheria campout. Non-RV owners are welcome to stay at the hotel and join in the group activities. Ken Gomes is the new Trail Boss (Assistant Wagon Master).

Dine Out/Other Activities; Chairman Gary Toombs reported that there will be a Dine Out Thursday, January 29, at First and Main. Call Gary to RSVP.

Recruitment & Publicity: Chairman Rick Kindel reported that he has SIR yard signs available to place in members yards or public areas. If interested call Rick.

Old Business: Little SIR Dan Gorman reviewed the schedule of branch operations:

-Roger Jackson is the new Nominating Committee Chairman and will appoint a committee to recruit officer candidates for 2027.

-Current officers will hand off all relevant documents to incoming officers in January.

Roger Jackson reported we have a full schedule of programs for 2026 (except for September).

Roger also reported that the Castle Noz event is good to go and that ticket price is \$45/person.

New Business: Final order of business for the year was the hand off of the ceremonial gavel from Roger to new Big SIR Dan Gorman.

Motion to Adjourn: Motion by Rock Libby and seconded by Ken Kajioka. Motion carried and meeting adjourned at 9:45am.

Minutes respectfully submitted by
Secretary Greg Back.



What's Happening at the SIR #143

CONGRATULATIONS TO OUR NEWEST INDUCTEES



Inducted on December 17th, Left to Right
Jeffrey Young, Jeff Rose
and future Little Sir Ken Gomes, with Little Sir Dan Gorman.

JUST A REMINDER...
OUR ANNUAL
CASTLE NOZ CELEBRATION
PUT IT ON YOUR 2026 CALENDAR:
MAY 22, 2026





SIR FIELD TRIPS

Jackson Rancheria

11407 Dalton Road, Jackson, CA 95642

**Deadline to book is
March 1, 2026**



Sunday, April 26 – Friday, May 1, 2026

1. Call to make your reservation:

(800) 822-9466

Mention you are with SIRS2026

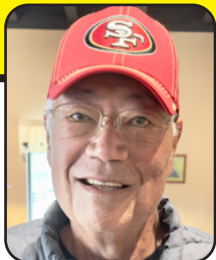
2. Once you have confirmed your reservation Call or text Roger, RV Chairman

209-658-2673 or Email: rogjaxn@me.com

3. IMPORTANT:

Reservations are transferrable:

Please call Roger before cancelling - 10 rigs = a 15% group discount



SIR AREA 18 GOLF SCHEDULE 2026

MO	DATE	DAY	TIME	HOST	COURSE	GF	CART	PRIZE	TOT	REMARKS
Jan	5	Mon	9:00 SG	Roger	Creekside	\$33	\$20	\$10	\$63	Carts Optional
	12	Mon	9:00 TT	Jay	Micke Grove	\$35	\$18	\$10	\$63	Carts Optional
	20	Tue	9:00 SG	Bob K	Swenson	\$48		\$10	\$58	Carts Included
	26	Mon	9:00 SG	Roger	Dryden	\$31	\$20	\$10	\$61	Carts Optional
Feb	2	Mon	9:00 SG	Jay	Elkhorn	\$50		\$10	\$60	Carts Included
	9	Mon	9:00 SG	Bob K	River Oaks	\$25	\$10	\$10	\$45	Carts Optional
	17	Tue	9:00 SG	Roger	Atwater	\$50		\$10	\$60	Carts Included
	23	Mon	9:00 SG	Jay	Dryden	\$31	\$20	\$10	\$61	Carts Optional

GOLF

**Chairman
Ken Kajioka**

Every Thursday we will have Golf at Creekside Golf Course 9 hole or 18 hole, contact Ken Kajioka for more info or to sign-up. Also golf on Thursday at River Oaks \$7 for 9 holes (1 week in advance, contact Greg Back)

REMINDER: When you sign-up for golf it also means you will attend 50% of the luncheons Every Third Wednesday.

Our Speaker for the January Luncheon will be...

Jason Hedden

Police Chief,
Turlock Police Dept.

Jason Hedden is an 18-year veteran of Law Enforcement and Turlock's current Police Chief. Chief Hedden started his path towards a career in law enforcement at age 16, joining the Explorer Program with the California Highway Patrol and then the Stanislaus County Sheriff's Department, also serving as a Code Enforcement Officer in Waterford from 2001 to 2003. After graduating from the police academy in 2004, he went to work for the Los Banos Police Department, serving as a police officer, gang investigator, detective, and traffic unit supervisor. In 2007, Chief Hedden taught a gang education program to elementary school students from 2nd to 6th grade.

Chief Hedden was promoted to Sergeant in 2010, and then Commander in 2013. Chief Hedden was assigned as the Administrative Commander overseeing investigations, narcotics task force, school resource officers, code enforcement, and animal control. Chief Hedden has also served as the Commander of operations leading the patrol division, jail operations, fleet services, facilities, and the traffic division.

Chief Hedden served as the Los Banos Interim Police

Chief from March 2021 to October 2021. As Interim Chief, he focused on improving morale, public outreach, and recruitment. Chief Hedden also served as the Los Banos Traffic Safety Committee chair during the same time period. Chief Hedden has served as a court-qualified gang expert providing testimony in the prosecution of gang-motivated crimes and he holds a current FAA Remote Pilot certificate.

Chief Hedden is a lifelong resident of Stanislaus County and Turlock has been his home for over 16 years. Chief Hedden is married to his wife Casey, a second-grade elementary school teacher in the City of Modesto. They have three children who all attend schools in Turlock. The Hedden family enjoys camping and outdoor activities including watersports and recreation.

Chief Hedden's formal education includes a Master of Science Degree from the University of San Diego, completion of the Federal Bureau of Investigations National Academy, and a Bachelor of Science Degree from California Coast University.



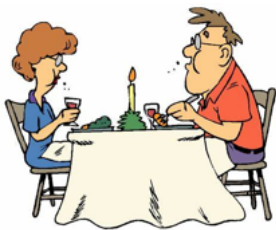
IT'S DINE-IN-DINE OUT TIME

January 29th

First & Main Restaurant

100 W. Main Street, Turlock

5:30 Drinks, 6 pm Dinner



FULL
MENU
SEPARATE
CHECKS



BIRTHDAYS IN JANUARY

Charles Golding, Charles Greer, Marvin Souza,
Wally Spycher, Kevin Storms, Jeffery Young

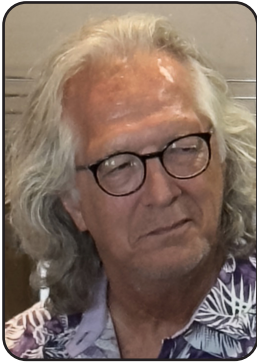
ANNIVERSARIES IN JANUARY

Russ Winton



A FEW PHOTOS FROM OUR DECEMBER LADIES CHRISTMAS LUNCHEON - HELD AT COVENANT VILLAGE ON DECEMBER 17th





Kim Castro
Sunshine & Branch
Chaplain

Kim writes notes and sends cards to seriously sick members or recovering surgery, etc.

COMING - FRIDAY,
MAY 22, 2026
Castle Noz Dinner Activity
More Info To Come

Our new yard signs have arrived, and we are looking for some volunteers:

We need 4-5 members who will be in charge of 10 signs each. These can be placed in member's yards, preferably in high traffic areas, like Seniors walking routes, shopping centers, etc. and then keep track of the signs and move them every 30-60 days for maximum exposure.



Members who are willing to place signs in their yards. If you are willing drop an email to Rick at

rick@kindleandassoc.com
 or call **209-652-8608**

and we will get a sign to you. I am proud of how the signs came out and we are hopeful we can gain some exposure to welcome in some new members.



FROM
THE
BOCCE
BALL
COURT

Join us for a funtime of Bocce Ball 1st, 3rd and 5th Friday's
 10am at Dust Bowl
 Contact Mike Johnson
 209-613-6801





TURLOCK BRANCH NO. 143 OFFICERS & CHAIRMEN FOR 2026

Big Sir	Dan Gorman	404-3799
Little Sir	Ken Gomes	620-9420
Secretary	Rock Libby	634-6508
Assistant Secretary	Greg Back	585-6862
Treasurer.....	Leonard Zumstein	634-8878
Assistant Treasurer.....	Al Kusters	408-691-8795
Membership	Mike Johnson	613-6801
Assistant Membership/Mailing	Rick Kindle	652-8608
Recruiting	Rick Kindle	652-8608
Bowling.....	Tom Mickelson	632-2917
Travel Chairman	John Cardoza	483-7722
Travel Assistant.....	OPEN	
Golf	Ken Kajioka	602-8351
Assistant Golf	Al Kusters	408-691-8795
Sunshine	Kim Castro	613-5111
Newsletter Editor/Photo	Fred Courter	202-1926
Bocce Ball.....	Mike Johnson	613-6801
Program	Gary Potter	667-8516
Assistant Program	Ken Kajioka	602-8351
Chaplain	Kim Castro	613-5111
RV Chairman.....	Roger Jackson	658-2673
Assistant RV/Trail Boss.....	Ken Gomes	620-9420
Web Master	Greg Back	585-6862
Nominating Com. Chair	Bob Holly	688-2986
Activities Dining Out.....	Gary Toombs	604-8406

Directors: Kevin Byrne, Fred Courter, John Cardoza,
Mike Johnson, Bob Holly, Roger Jackson

STATE OFFICERS

State President: Richard Carlston - rich.carlston@icloud.com - 925-324-0838

State Vice President: Fred Serena - pizzanight@comcast.net - 510-489-0964

Area 18 Representative:

Anthony Butera, Anthony.btr@gmail.com, 209-988-3473