

SENIOR TIMES

"OUR MISSION IS TO IMPROVE THE LIVES OF OUR MEMBERS THROUGH FUN ACTIVITIES AND EVENTS WHILE MAKING FRIENDS FOR LIFE"

DECEMBER 2024 Newsletter - Turlock Branch #143

**FIND US ON FACEBOOK: SIR #143 - Also Find Us on the
WEB: sirinc2.org/branch143**



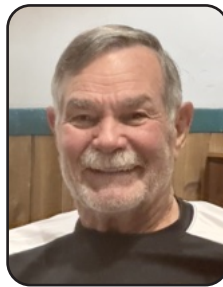
**PLEASE FIND
BELOW OUR
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The way it works if you don't know already, take your cell phone, open your camera app and take a picture of the QR code. If you have a QR code reader app you simply open your QR code reader on your cell phone and hold it over the QR code and your cell phone will open the SIR BRANCH 143 WEBSITE.



Message From The Big Sir...

We are in the final month of the year of 2024. There are a lot of changes coming in the year of 2025 for SIR. Your officers and board members of this year and next year have and will continue to work diligently to help branch 143 grow. Our meeting for this month (our Ladies Luncheon) will be at the Fruit Yard, for those who have purchased the tickets for the luncheon. If you would like to purchase a ticket, contact Leonard Zumstein at (209) 634-8878. The meeting will start at 11:00, with the doors opening at 10:30. I want to thank all of you for being a part of SIR Branch 143. I hope that each of you will continue to be part of SIR in the coming years. Please talk to friends and acquaintances about becoming part of the SIR organization.



I want to Thank All of our members for the year!!!!!!

**BIG SIR Bob Holly
Trivia for December:**

December 3 (1933) Prohibition ended in U.S. following Utah's vote

December 7 (1941) Japan opened Pacific war by bombing Pearl Harbor

December 15 (1791) Bill of Rights adopted

December 25 (SINCE THE BIRTH OF CHRIST) Christmas Day !!!!!

December 31 (1890) Ellis Island Immigration depot opened in New York Harbor

**MERRY CHRISTMAS TO ALL AND TO ALL
A GOOD NIGHT!**

NEXT DEADLINE: JANUARY 1-2 and 3 of 2025

REMEMBER:

**It is Now Time to pay
your SIR Dues for 2025
DUES ARE NOW \$40 for the year**

**please send your check
(\$40 made out to "SIR") to: Leonard Zumstein
2645 Mira Flores, Turlock, CA 95380**



From Travel
Chairman
**John
Cardoza**



Turlock SIR #143
Train Experience – Turlock to Reno
January 9 – 10, 2025

\$150/person - Roundtrip (rates vary and subject to change)

Book Flex-Rates / Senior-Military Discount (10%)

Amtrak Website link: www.amtrak.com [800-872-7245](tel:800-872-7245)

NOTE: When you book with an agent or direct, be sure to reserve the same train numbers.

Itinerary

TRAIN	ORIGIN	DATE	DEPART	Destination	DATE	ARRIVAL
711	TURLOCK	1/9/25	7:45 AM	STOCKTON	1/9/25	8:36AM
Bus 3711	Stockton	1/9/25	8:45 AM	Sacramento	1/9/25	9:50AM
6	Sacramento	1/9/25	10:23 AM	Reno	1/9/25	3:27PM
5	Reno	1/10/25	9:24 AM	Martinez	1/10/25	4:13PM
718	Martinez	1/10/25	6:15 PM	Turlock	1/10/25	8:08PM

Please join us on this train experience when we take **Amtrak/BUS** to Sacramento and the California Zephyr from Sacramento to Reno. We will make stops in Roseville, Colfax and Truckee, before arriving in Reno.

The higher up we will go in elevation, the more stunning and gorgeous the views will become. We will see bright, sunlit woodsy meadows, farmland, mountains, huge pine trees, Donner Lake and the Truckee River, which flows right beside us. We will travel through several dark tunnels. The views will change from bright green grass to snowy mountains, and the skies will go from sunshine to thick cloud cover.

Gradually, we will start seeing patches of snow higher up and then maybe a foot or more of snow on either side of the train.

Once the train arrives in Reno around 3:30 p.m., we will walk a short distance to the hotel. It's recommended you make reservations, for Thursday night, January 9th, at the **Silver Legacy 775-329-4777**, or a hotel of your choice.

Contact John Cardoza at 209-483-7722, if you have any questions or need help!
PLEASE contact John when you have booked your trip.

SIR 143 - 2024 OFFICERS

Working For You!



Bob Holly
BIG Sir



Roger Jackson
Little Sir



Greg Back
Secretary/Web Master



Rock Libby
Assistant Secretary



Leonard Zumstein
Treasurer



John Cardoza
Travel Chairman



Mike Johnson
Membership



Fred Courter
Newsletter



Vern Segars
Assistant Treasurer



Gary Toombs
Dine Out

INCOMING 2025 BRANCH OFFICERS

Election of officers for 2025 took place at the August luncheon meeting by a unanimous vote. Here are the incoming 2025 Branch 143 officers:

Big SIR	Roger Jackson
Little SIR	Dan Gorman
Secretary	Greg Back
Asst. Secretary	Rock Libby
Treasurer	Leonard Zumstein
Asst. Treasurer	Vern Segars
Director 1	Bob Holly
Director 2	Kevin Byrne
Director 3	Gary Toombs
Director 4	Mike Johnson
Director 5	John Cordoza
Director 6	Fred Courter

Respectively Submitted,
Greg Back
Chairman - Nominating Committee

NEXT BEC MEETING

to be held at

MY GARDEN CAFE
FRIDAY December 20th

Meeting Starts at 8:30am

Be there early for breakfast starting at 7:30am

SIR BRANCH #143 BOWLING EVERY TUESDAY



at McHenry Bowl
CONTACT:

Tom Mickelson
209-632-2917

Turlock SIR #143 BEC Meeting

My Garden Cafe, Turlock

November 22, 2024 - 8:30AM

Officers Present: Bob Holly, Roger Jackson, Leonard Zumstein, Vern Segars, Kevin Byrne, Gary Toombs, Fred Courter, John Cardoza, Mike Johnson, Dan Gorman.

Members/Guests Present: Rick Ahlborn

Quorum: Acting Secretary Roger Jackson reported that a quorum is present.

Minutes from Previous Meeting: Motion to accept the minutes as published in the newsletter by Leonard Zumstein and seconded by Vern Segar. Motion carried unanimously.

Treasurer Report: Treasurer Leonard Zumstein reviewed Form 28 from last month and reported:

Checking = \$4651.39 Cash on hand = \$275.00.

Receipts = \$800 for Christmas luncheon;

\$38.00 taken in from raffle

Total Cash on Hand = \$4926.39

Expenditures:

State Board Pro Rata Assessment \$225.00 (Paid by Leonard); \$20.00 for Printing supplies, \$28.80 Constant Contact, \$73.41 Fred Courter for postage, copying, envelopes.

Approval of expenditures; Gary Toombs 1st and Kevin Byrnes 2nd unanimous

Membership Report: Chairman Mike Johnson reported:

Members who have not paid dues this year to give one last chance or be dropped for 2024:

Kevin / Dan will make phone calls to: Larry Date, Mario Dominguez, Luis Duran, Elvin Evans, Robert Lusetich, Bill Nixon, Lonnie Sloan, Richard Brown has moved out of state and needs to be dropped. Dan Gorman to call.

Approval of New member application: John Perez (Mike Johnson 1st and Vern Segars 2nd) – unanimous approval) Roger will make contact with Mr. Perez to induct.

Mike mentioned we are holding at 92 current members.

Committee Reports

Bocce Ball: Chairman Mike Johnson reported successful attendance with around 6-8 regular players; Will continue to have games on the 5th Fridays of each month, and next Friday following Thanksgiving will be a game at Just Bowl. It was suggested we call Branches in Modesto to join us.

Golf: Chairman Ken Kajiooka - ABSENT

Travel / Day Trips: Chairman John Cardoza reported Ken Kajiooka provided trip ideas from a travel agent in Modesto; John also reported on the Train Trip to Reno with (24 members currently attending); John has 7 cabins booked for the Panama Canal trip in January; John Cardoza mentioned the possibility of a Motorcycle group for riding trip? John Cardoza place this idea in the monthly newsletter.

RV: Wagon Master Roger Jackson reported that we have 10 RV

rigs scheduled to attend the annual spring event the week of April 27 – May 2 at Jackson Rancheria. Activities during the week will begin to be developed after the new year.

Sunshine: Rocky ABSENT

Wine Tasting: Russ Winton doesn't have anything scheduled

RC Planes: Greg Back ABSENT

Dine Out/Other Activities; Chairman Gary Toombs reported about TITO's evening.

Possible other choices include New Town Café in Turlock, Hot Rod Café in Hilmar, Las Casuelas in Turlock and Alfonso's in Ceres; as well as Outback in Modesto.

Recruitment & Publicity: Chairman Rick Kindel (ABSENT) Bob Holly discussed the AREA #18 meeting on December 10 in Modesto at Denny's to generate ideas about advertisement; Bob asked that if anyone had ideas about marketing our Branch to please forward those ideas.

Area # 18 Costs for advertisement were discussed with Rick Kindel (via phone call) stating we now have matching funding approval for all Area #18 branches.

Old Business:

Little SIR Roger Jackson reviewed the schedule of branch operations.

New Business:

Roger will call last year's members who attended the December Luncheon to check in with them about attending this year's luncheon.

A motion was made to purchase – 5 poinsettias and a Gift Basket for a cost of up to \$150 John/ Cardoza 1st and Leonard Zumstein 2nd motion, with 6 yes, 3 no 1 abstention.

A discussion was had regarding a BEC meeting time change due to Bocce ball. It was agreed that Mike will change the Bocce ball start time as needed.

Ideas for PRESENTERS for 2025 were generated – It was discussed that we should have Lori Crevelli for October for MEDICARE; Turlock Police Chief Jason Hedden – Community Services; Stanislaus County Sherriff, Lynn Dirkse; TID General Manager - Brad Koehn;

Ladies Once a Month Luncheon – We will Poll LADIES at DECEMBER LUNCHEON if they are interested.

Presenter COASTERS – We will order 12 coasters for 2025 after we CHECK OUT THE COST FIRST
SHIRTS WITH LOGO – Rick Kindel sent a business card, and members can have their shirts embroidered from a vendor in Denair.

Motion to Adjourn: Motion by Fred Courter and seconded by John Cardoza. Motion carried and meeting adjourned at 10:17a.m.

Minutes respectfully submitted by Acting Secretary Roger Jackson.



RV TRAVEL

Roger Jackson
RV Chairman



Jackson Rancheria RV Park

**Sunday, April 27 –
Friday, May 2, 2025**

**11407 Dalton Road,
Jackson, CA 95642**

**Deadline to book is
March 15th, 2025**

1. Call to make your reservation: (800) 822-9466 Mention you are with SIRS2025
2. Once you have confirmed your reservation
Call or text Roger, RV Chairman
209-658-2673 or Email: rogjaxn@me.com
3. **IMPORTANT: Reservations are transferrable:**
Please call Roger before cancelling
10 rigs = a 15% group discount

Dine-In or Dine Out



Thursday, January 16th
NEW TOWN CAFE

811 West Hawkeye Ave., Turlock
Drinks at 5:30pm - Dine 6pm

Join us for a fun night with your fellow SIR's
and guests. Please RSVP right away:

Gary Toombs at 209-604-8406



THE WINE LINE

By Russ Winton

Wine Investigation for Novices and Oenophiles (W.I.N.O.)



Why Champagne Is the Most Versatile of All Wines

I like Champagne. I'm pretty sure you know that. I covered the basics of bubbly just two months ago. Here is the problem, we tend to drink it just two or three times a year, if that. I personally think you should have a glass whenever you want maybe just because it's Monday or when you pay all your bills and maybe money left over. Champagne should be just like daily wine because it is superb with food. It pairs well with most everything. Actually, according to Wes Marshall in his book "What's a Wine Lover to Do?" Champagne is the most versatile of all wines because of three secrets. One, the carbonation acts like tiny scrubbing bubbles to cleanse the palate to ready you for the next bite. Two, the acidity works to make each taste as rousing as the first, like adding a lemon spritz on raw oysters. Three, it is available in levels of sweetness so you can even fine-tune the pairing. The most common levels of sweetness in Champagne, from driest to sweetness are brut, extra dry and demi-sec.

Marshall's book recommends the following pairings: Brut Blanc de Blanc (100% Chardonnay) pairs well with delicate white fish, shell fish or pasta with light sauces. Brut Blanc Noir (100% Pinot Noir) works well with dark poultry and oily fish like tuna. Brut Cuvee (a mixture of grapes) pairs well with light poultry, most cheeses, sushi, and lightly smoked fish. Brut Rose' is ideal for pink meats such as pork and veal, salmon and rich shellfish. Extra-dry is tasty with spicy Asian foods and demi-sec works with cheese and unsweetened berries.

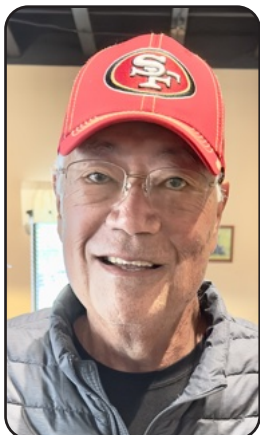
The best thing and my secret number Four is California bubbly are a good deal. Under \$15: I like Korbel Brut Rose', Domain Ste. Michelle Brut and two Spanish Cavas, Freixenet Cordon Negro Brut and Segura Viudes Reserve Brut. Above \$15: Chandon Brut Rose', Mumm Napa Brut Rose' and Roederer Estate Brut. And a true French Champagne for just \$20 at Costco. So, pop a cork for that Monday or try a Brut Cuvee with your favorite sushi.

What's on Our Table

The Navigator and I got the jump on the Come Over October campaign. We were invited to Santa Rosa for a two night stay from a good friend we haven't seen in years. She wasn't aware of the COO campaign. I explained that it promotes friends, family, and colleagues to "come over" during the month of October to share wine and celebrate friendships. We were "Coming Over" just a wee-bit early. We had a great time catching up, enjoying wonderful wines, food and plenty of laughter.

Here are a few wines that made our table. The 2021 Puerta Plata is a Spanish red wine with 60% Tempranillo and 40% Garnacha. This is a Trader Joe's steal at \$7.95. We also set up a five bottle Cabernet Sauvignon tasting, all with a 'cellared and bottled by' designations. The North Coast 2019 Complicated Cabernet (\$9.99) and the Alexander Valley 2020 Bound Cabernet (\$9.99) tied for first. The 2021 California Pyramid Scheme Cabernet came in second (\$5.99). With plenty of good bulk wine available, these are great buys, all from Costco. Cheers!

Comments? Find me on Facebook or rgwinton@yahoo.com.



GOLF Chairman Ken Kajioka

SIR AREA 18 GOLF SCHEDULE 2024

All Dates Monday,

December 2, 8:00am SG Host 144 at Manteca GF \$40, Prize \$9 TOT \$49, carts included

December 9, 9:00am SG, Host 103A at Dryden GC, GF \$24, Prize \$9, TOT \$53, \$20 carts optional

December 16, 9:00am SG 103B, at Creekside, GF \$26, Prize \$9, TOT \$55, \$20 carts optional

REMINDER: When you sign-up for golf it also means you will attend 50% of the luncheons Every Third Wednesday.

Speaker for month of DECEMBER will be **ERIN NELSON** of Jessica's House

Erin is the founding Executive Director of Jessica's House, which launched through EMC in 2011. Under her leadership, Jessica's House has helped thousands of children, teens and young adults by providing a safe place to grieve for children and their families.

Erin is a trauma practitioner through the National Institute of Trauma and Loss in Children. She entered the grief world when her late husband, Tyler, died when her children were five and three. Soon after Tyler's death, she became a survivor of her mom's suicide and began raising her 15-year-old sister. She learned the importance of grief support for families while raising her own children and sister who were grieving. In 2019, Erin's son, Carter, died in an accident.

Erin and her husband, Bryan, live in the Turlock area and enjoy spending time with their children and grandchildren. Since Carter's death, Erin has been writing about child loss. She is co-writing a book with fellow staff member Colleen Montague for parents raising grieving children, to be released in Spring 2025 through Baker Books.



**It is Now Time to pay
your SIR Dues for 2025
DUES ARE NOW \$40 for the year**

**please send your check
(\$40 made out to "SIR") to: Leonard Zumstein
2645 Mira Flores, Turlock, CA 95380**



BIRTHDAYS IN DECEMBER

Mario Dominguez, Tom Mickelsen



ANNIVERSARIES IN DECEMBER

**Joe Adams 12/28/1968, Ed Boyle 12/31, Toby Masterson 12/16/1989,
Jack Miller 12/10/1961, Don Petersen 12/20/1963,
Anthony Silva 12/17/2010,**



REMINDER to those 56 who signed up:
Christmas Ladies Day Luncheon

When: Wednesday, December 18, 2024

Where: The Fruit Yard, 7948 Yosemite Blvd, Modesto

Time: 11:00am, doors open at 10:30am

Our special guest speaker will be Erin Nelson from Jessica's House.



**Please Support
our Branch Sponsors**

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Rigo Arteaga
Owner

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Cell: (209) 620-1450
CarsEtc2010@hotmail.com

CARS ETC

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TURLOCK

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Fax: (209) 667-1247
M-F, 7-5:30pm
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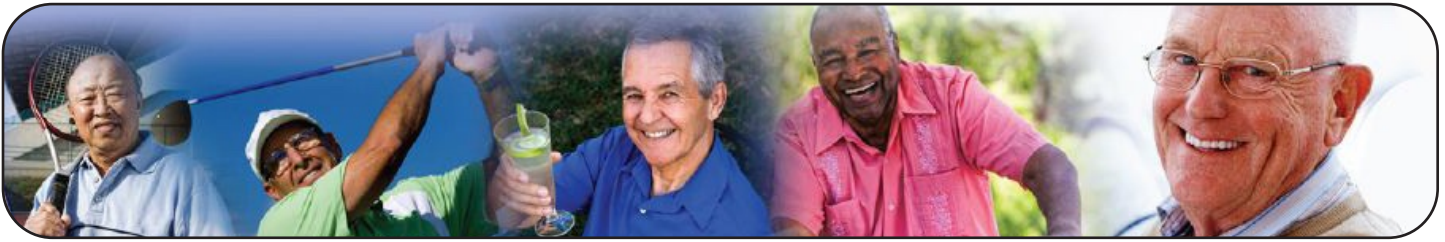
Agent

DRE #02087638

209-277-7644
kstorms@pmz.com
kstorms.pmz.com

3800 GEER ROAD, SUITE 105
TURLOCK, CA 95382





TURLOCK BRANCH NO. 143 OFFICERS & CHAIRMEN FOR 2024

Big Sir.....	Robert Holly	668-2786
Little Sir	Roger Jackson	658-2673
Secretary	Greg Back	585-6862
Assistant Secretary	Rock Libby	634-6508
Treasurer.....	Leonard Zumstein	634-8878
Assistant Treasurer	Vern Segars	634-2142
Membership	Mike Johnson	613-6801
Assistant Membership/Mailing	Rick Kindle	652-8608
Recruiting	Rick Kindle	652-8608
Bowling.....	Tom Mickelson	632-2917
Travel Chairman	John Cardoza	483-7722
Travel Assistant.....	OPEN	
Golf	Ken Kajioaka	602-8351
Assistant Golf	Ray Walker	606-9889
Sunshine	Rock Libby	634-6508
Newsletter Editor/Photo	Fred Courter	226-1173
Bocce Ball.....	Mike Johnson	613-6801
Program	Gary Potter	667-8516
Assistant Program	Ken Kajioaka	602-8351
Chaplain.....	OPEN	
RV Chairman	Ken Kajioaka	602-8351
Assistant RV Chairman	Roger Jackson	658-2673
Web Master	Greg Back	585-6862
Nominating Com. Chair	Greg Back	585-6862

Directors: Kevin Byrne, Gary Toombs, Fred Courter,
John Cardoza, Mike Johnson, Dan Gorman

STATE OFFICERS

State President: Richard Carlston - rich.carlston@icloud.com - 925-324-0838

State Vice President: Lee Lamp - lel4355@yahoo.com - 530-921-1375

Interim Area 18 Representative:

Rick Kindle - rick@kindleandassoc.com - 209-652-8608