

SENIOR



TIMES

“ OUR MISSION IS TO IMPROVE THE LIVES OF OUR MEMBERS THROUGH FUN ACTIVITIES AND EVENTS WHILE MAKING FRIENDS FOR LIFE”

APRIL 2026 Newsletter - Turlock Branch #143

FIND US ON FACEBOOK: SIR #143 - Also Find Us on the WEB: sirinc2.org/branch143

WHAT IS INSIDE:

Page 1
Message from Big Sir
Dan Gorman
Page 2
Cruise to Hawaii
Page 3
Bowling on Tuesday
Page 4
BEC Meeting
Minutes
Page 5
What is happening in the
Sir #143
Page 6
-Sir Field Trips and
-Golf Schedule
Page 7
Speaker for APRIL
Birthdays, Anniversaries
Page 8
Castle Noz Dinner
Page 9
SIR Needs You!
Page 10
Officers & Chairmen

Message From The Big Sir...

Sons In Retirement: The April Outlook

Spring is here, and there's no better time to be a SIR! As the landscape turns green and the days stretch longer, April brings a sense of renewal and fresh energy. This month is all about growth—not just in our gardens, but in our friendships and our community. Our mission has always been to promote the independence and dignity of retirement through sociability and meaningful connection, and this April, we are doing exactly that.



Why April is the Perfect Month to Connect

April is a month of "firsts." The first warm afternoons, the first chance to get back out on the golf course without a heavy jacket, and the first opportunity of the season to truly enjoy the outdoors.

We have an incredible lineup of activities planned that celebrate this season of action. Whether it's our upcoming luncheon, a round of golf, or a casual coffee meet-up, there is a seat at the table waiting for you.

The Power of the Pack

Retirement shouldn't mean slowing down your social life; it should mean having the time to finally enjoy it. We know that men, in particular, benefit immensely from staying active and engaged. Our club is built on the foundation of "Friends for Life." We aren't just a group that meets once a month—we are a support system, a source of laughter, and a way to ensure that these "golden years" are spent with great company.

An Open Invitation: Help Us Grow

Do you have a friend, a neighbor, or a former colleague who is looking for a way to stay connected? April is "Invite a Guest" month. There is a unique energy that comes with welcoming new faces. We are looking for men who want to add a little more fun and fellowship to their calendar. If you know someone who would enjoy our camaraderie, bring them along to our next gathering. Let's show them what being a member of Sons In Retirement is all about! "The best way to enjoy retirement is to share it with friends who are in the same boat—and maybe a few who know where the fish are biting."

Upcoming April Highlights

Monthly Luncheon: Join us for good food and even better conversation.
Interest Groups: From bowling and hiking to investment chats and travel planning, there's a group for every hobby.
Community Growth: We are focused on expanding our reach. Let's make this April our biggest month for new memberships yet!

SIRs field trip! 4/26-5/1 RVs to Jackson Rancheria

Castle Noz Party 5:30 pm Happy hour 6:00-7:00 pm Dinner 7:00-9:00 music

Stay active, stay involved, and let's make this April one to remember.

**Big SIR
Dan Gorman
Big Sir In Retirement**

**To open the SIR
BRANCH 143
WEBSITE Click
on QR Code.**





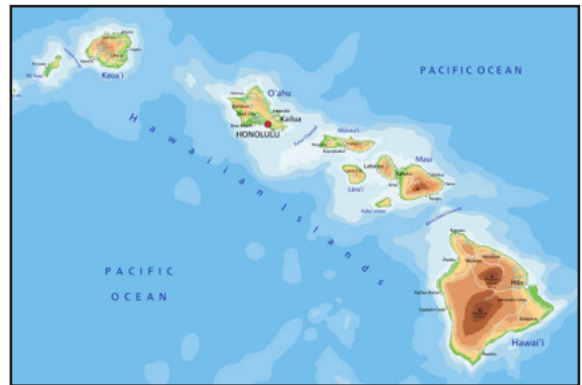
SIR TRAVEL

Travel Chairman John Cardoza



16 NIGHT HAWAIIAN ISLANDS CRUISE

ABOARD THE RUBY PRINCESS ROUND TRIP SAN FRANCISCO OCTOBER 23 to NOVEMBER 8, 2026



PORTS OF CALL Hilo, Big Island/Kahuli, Maui/Honolulu, Oahu/ Nawiliwili, Kauai and Ensenada, Mexico



A \$500 pp deposit is required to reserve a cabin.

TOUR FEATURES:

Round Trip from Turlock and Modesto Area to Cruise Terminal in San Francisco. **16 Night HAWAIIAN ISLANDS CRUISE** aboard the **RUBY PRINCESS** including shipboard meals, entertainment and shipboard activities. Includes Port Taxes.



STATEROOMS & PRICES:
OCEAN VIEW \$3750 PP DBL. -
BALCONY BB \$4790 PP DBL -
MINI-SUITE MB \$6055 PP DBL



QUESTIONS? Please contact John Cardoza (209) 483-7722

SIR #143 - 2026 OFFICERS

Working For You!



Dan Gorman
Big Sir



Ken Gomes
Little Sir



Rock Libby
Secretary



Greg Back
Assistant Secretary



Leonard Zumstein
Treasurer



John Cardoza
Travel Chairman



Mike Johnson
Membership



Fred Courter
Newsletter



Al Kusters
Assistant Treasurer



Gary Toombs
Dine Out - Activities

REMEMBER:

It is Now Time to pay your SIR
Dues for 2026 ARE \$40
for the year

please send
your check (\$40 made out to "SIR")
to: Leonard Zumstein,
2645 Mira Flores, Turlock, CA 95380



Kim Castro
Sunshine & Branch
Chaplain

Kim writes notes and
sends cards to seriously
sick members or
recovering surgery, etc.

NEXT BEC MEETING

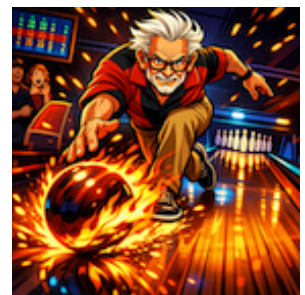
to be held at
MY GARDEN CAFE
FRIDAY APRIL 17th

Meeting Starts at 8:30am
Be there early for breakfast starting at 7:30am



SIR BRANCH #143 BOWLING EVERY TUESDAY

at McHenry Bowl
CONTACT:
Tom Mickelson
209-632-2917



Turlock SIR #143 BEC Meeting
My Garden Cafe, Turlock
MARCH 20, 2026 - 8:30AM

Officers Present: Dan Gorman, Ken Gomes, Leonard Zumstein, Greg Back, Rock Libby, Roger Jackson, John Cardoza, Bob Holly and Fred Courter.

Secretary's Report: Minutes of last meeting were approved as emailed to the Board and included in the Newsletter with 1st by Leonard Zumstein and 2nd by Bob Holly.

Treasurer's Report:

General Accounts: Leonard reports Receipts of \$360 in dues and contributions.

Disbursements include Printing, supplies, etc \$30.91. Officer's Expense (badges, certificates) \$168.76.

Custodial Accounts:

Receipts: Special Activities: Fiddler on the Roof \$673 and Castle Noz \$500. Raffle: \$125
and Donation: \$120.

Disbursements: Monthly Luncheon (Guest Lunch) \$20. Special Activities, Fiddler on the Roof \$192, Covenant Village \$150 and Carnegie \$237.50.

Cash Elements:

Checkbook \$6175.24, Petty Cash \$275.00

Total Cash \$6450.24

Membership this month 88. Assessment due next month \$236.25

Membership Report: Mike Johnson was absent

Bocce Ball: Mike Johnson was absent but Roger Jackson reports 14 people played.

Golf: Ken Kajioka was absent but Ken Gomes reports 4-8 people playing regularly at River Oaks on Thursdays.

Lenoard Zumstein reports 31 in attendance at Fiddler on the Roof with 8 going to Kobe Steak House for dinner.

RV: Roger Jackson says Ken Gomes is taking over the Jackson trip with 17 Rigs attending 4/26-5/1. Ken Gomes reports the Fall RV trip is scheduled for Paso Robles in mid October.

Locations are under consideration. This trip approved with 1st by Greg Back and 2nd by Leonard Zumstein.

Car Club, Hiking have nothing to report.

Travel: John Cardoza is planning a Washington, DC trip for September/October 2027.

Recruitment: Rick Kindle was absent but reports signs are going to Dutcher School and Monte Vista and Geer Roads. Rock Libby will speak with Denis RV re: placement of banner sign at their location.

Dine Out: Gary Toombs was absent but Lenny reports that we will visit Gray's Tavern on April 2nd with cocktails at 5:30 and dining at 6:00 PM.

Old Business: The Schedule of Branch Operations was reviewed. The nominating committee consists thus far of John Cardoza and Rick Kindle. Regarding Castle Noz, we are still in need of a Certificate of Insurance from Neto's Catering. There was discussion of Chapter owned equipment. Also discussion of disposal of our Rooster. We will have a booth at the Turlock Farmer's Market on May 16th, June 20th and July 18th. Motion to approve this activity was approved with a 1st by Greg Back and 2nd by Bob Holly.

New Business: Presenters Committee consists of Dan Gorman, Ken Gomes, Ken Kajioka, Roger Jackson and Gary Potter. Our next speaker will be Kaitlin Mogentale representing Divert, a recycler of waste food.

SADLY, Fred Courter has given us notice of his leaving his position of Newsletter Editor at the end of the year.

Meeting adjourned at 9:37 AM

Respectfully submitted,
Rock Libby, Secretary
Branch 143



What's Happening in the SIR #143



L to R: Ken Gomes ,Little Sir, March Speaker
Josh Weimer and Dan Gorman, Big Sir

A Few Images From Our Dine-Out at
Gray's Tavern on April 2nd -
Organized by Gary Toombs



FROM THE BOCCE BALL COURT



Join us for a funtime of Bocce
Ball 1st, 3rd and 5th Friday's
10am at Dust Bowl
Contact Mike Johnson
209-613-6801





SIR FIELD TRIPS

Jackson Rancheria

11407 Dalton Road, Jackson, CA 95642

Deadline to book is **March 1, 2026**



Sunday, April 26 – Friday, May 1, 2026

1. Call to make your reservation:
(800) 822-9466

Mention you are with SIRS2026
2. Once you have confirmed your reservation Call or text Roger, RV Chairman

209-658-2673 or Email: rogjaxn@me.com

Dinner on Wednesday the 29th at National Hotel

Wine Tasting Tuesday the 28th, Rumbauer Winery - \$25 pp

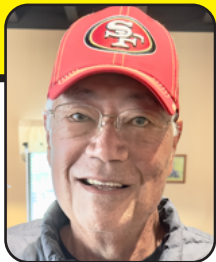
3. IMPORTANT:

Reservations are transferrable:

Please call Roger before cancelling - 10 rigs = a 15% group discount

UPCOMING TRIP TO SUN OUTDOORS - PASO ROBLES

Central Coast - Wine Country - OCTOBER 10-16 2026
MORE INFO COMING or Come to a Luncheon



SIR AREA 18 GOLF SCHEDULE 2026

DATE	DAY	TIME	HOST	COURSE	GF	CART	PRIZE	TOT	REMARKS
Apr 6	Mon	8:00 SG	Jay	Ripon	\$21	\$16	\$10	\$47	Carts Optional
13	Mon	8:00 SG	Bob K	Castle Oaks	\$53		\$10	\$63	Carts Included
20	Mon	8:00 SG	Roger	Dryden	\$31	\$20	\$10	\$61	Carts Optional
27	Mon	8:00 SG	Jay	Elkhorn	\$50		\$10	\$60	Carts Included
May 4	Mon	8:00 SG	Bob K	Creekside	\$33	\$20	\$10	\$63	Carts Optional
11	Mon	8:00 SG	Roger	Atwater	\$50		\$10	\$60	Carts Included
18	Mon	8:00 SG	Jay	Dryden	\$31	\$20	\$10	\$61	Carts Optional
26	Tue	8:00 SG	Bob K	Swenson	\$48		\$10	\$58	Carts Included

GOLF
Chairman
Ken Kajioka

Every Thursday we will have Golf at Creekside Golf Course 9 hole or 18 hole, contact Ken Kajioka for more info or to sign-up. Also golf on Thursday at River Oaks \$7 for 9 holes (1 week in advance, contact Greg Back)

REMINDER: When you sign-up for golf it also means you will attend 50% of the luncheons Every Third Wednesday.

Our Speaker for the April Luncheon will be...

Kaitlin Mogentale

**Business Development
Manager - Industrials**

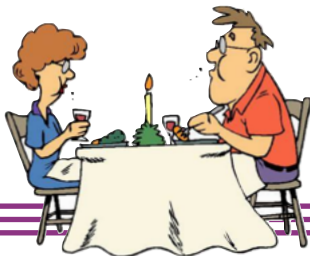
**Scaling Climate Solutions Across the
Food System / Unlocking
Value in Waste / BD. - @ Divert**

Kaitlin Mogentale is a business development manager at divert, partnering with food and beverage companies to convert waste streams into renewable energy through scalable diversion programs.

Her work focuses on solving complex operational and sustainability challenges across the supply chain. She previously founded an upcycled food company featured on Shark Tank.



IT'S DINE-IN-DINE OUT TIME



More Info Next Month



BIRTHDAYS IN APRIL

Jim Artrip, Greg Back, Lon Bishop, Charles Crivilli,
Rick Kindle, Mike Lazar, Bernie Mailloux,
Tim Pflueger, Anthony Silva, Fred Zumstein

ANNIVERSARIES IN APRIL

Jan Pyle, Jeff Wilson, Wayne Rickey, Paul Milligan,
Ken Kajioaka, David Land, Jim McRoberts, Rock Libby, Ron Martella



CASTLE NOZ Dine Out

FUN
TIMES!



Friday, May 22, 2026 Catered Dinner - 5:30 to 9pm

Tri-Tip, Chicken Quarters, Scalloped Potatoes, Green Beans and Roll
Wine, Beer, Soda and Water



Live Music by:
"NO WAY BACK BAND"

Send Your Check payable to: SIR
To: Leonard Zumstein no later than May 15th, 2026
2645 Mira Flores Dr. Turlock, CA 95380



What's Happening in the SIR #143

REMEMBER SIR LUNCHEON

**It is Now Time to pay
your SIR Dues for 2026**
DUES ARE NOW \$40 for the year
 please send your check
 (\$40 made out to "SIR") to: Leonard Zumstein
 2645 Mira Flores, Turlock, CA 95380



REMEMBER LUNCHEON

11:00 am - Sir Lunch meeting Wednesday, APRIL 15th -
WILL BE HELD AT BLACK BEAR DINER, doors open at 10:30.

NOTE: When you arrive at Black Bear Diner Order your food
 as soon as possible. Our speaker will start at 12 noon,
 also please try to finish your meal by 12 noon.

Luncheon Location: BLACK BEAR DINER
3050 N. Tegner Rd., Turlock



SIR #143 NEEDS YOU!
TO VOLUNTEER TO DO THE NEWSLETTER

**Contact Fred Courter: fredcourter@gmail.com
 or Cell Phone: 209-202-1926**



**TURLOCK BRANCH NO. 143
OFFICERS & CHAIRMEN FOR 2026**

Big Sir	Dan Gorman	404-3799
Little Sir	Ken Gomes	620-9420
Secretary	Rock Libby	634-6508
Assistant Secretary	Greg Back	585-6862
Treasurer.....	Leonard Zumstein	634-8878
Assistant Treasurer.....	Al Kusters	408-691-8795
Membership	Mike Johnson	613-6801
Assistant Membership/Mailing	Rick Kindle	652-8608
Recruiting	Rick Kindle	652-8608
Bowling.....	Tom Mickelson	632-2917
Travel Chairman	John Cardoza	483-7722
Travel Assistant.....	OPEN	
Golf	Ken Kajioaka	602-8351
Assistant Golf	Al Kusters	408-691-8795
Sunshine	Kim Castro	613-5111
Newsletter Editor/Photo	Fred Courter	202-1926
Bocce Ball.....	Mike Johnson	613-6801
Program	Gary Potter	667-8516
Assistant Program	Ken Kajioaka	602-8351
Chaplain	Kim Castro	613-5111
RV Chairman.....	Roger Jackson	658-2673
Assistant RV/Trail Boss.....	Ken Gomes	620-9420
Web Master	Greg Back	585-6862
Nominating Com. Chair.....	Roger Jackson	658-2673
Activities Dining Out.....	Gary Toombs	604-8406

Directors: Kevin Byrne, Fred Courter, John Cardoza,
Mike Johnson, Bob Holly, Roger Jackson

STATE OFFICERS

State President: Fred Serena -pizzanight@comcast.net - 510-489-0964
Branch 59 - 3213 Lake Mead Court, Fremont, CA 94555

State Vice President: Nick Feimer -nrf1000@sbcglobal.net -
317 Delmer Way, San Mateo, CA 94403 - 650-341-3015 - Branch 1

Area 18 Representative:
Anthony Butera, Anthony.btr@gmail.com, 209-988-3473